

# **Graduate Course Syllabus**

**COU 625: Use of Technology in Counseling** 

Center: Online

#### **Course Prerequisites**

None

#### **Course Description**

This course will introduce students to the standards of compliance and regulations of practice associated with technology-assisted counseling. Students will study the process, application, and implementation of technology-assisted counseling services that align with academic standards for the distance delivery of clinical services. Areas of study will include the integration of ethical and social responsibility, current standards of practice for technology-assisted counseling, and appropriateness of services with diverse individuals, relationships, and families.

#### **Course Competencies**

This course covers the following competencies, which represent the knowledge and skills relevant to your field:

- COU-60221: Communicate the risks, benefits, and protocols of technology-assisted counseling practices to diverse audiences
- COU-60222: Determine solutions to address legal, ethical, and professional issues specific to technologyassisted counseling
- COU-60223: Apply technology-assisted counseling approaches based on client needs

#### **Required Materials**

Using your learning resources is critical to your success in this course. Please purchase directly through the <u>SNHU</u> <u>Online Bookstore</u> rather than any other vendor. Purchasing directly from the bookstore ensures that you will obtain the correct materials and that the IT Service Desk, your advisor, and the instructor can provide you with support if you have problems.

Telemental Health and Distance Counseling
Heather Robertson
Springer Publishing Company
First Edition
2020

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ISBN: 978-0-8261-7994-4

Integrating Technology Into Modern Therapies: A Clinician's Guide to Developments and Interventions
Jessica Stone, Ed.

Routledge

First Edition

2019

ISBN: 978-1-351-01409-0

### **Bongo**

The following equipment will be needed to complete the Bongo activities in this course:

- Mac or PC desktop or laptop (not a mobile device or tablet)
- Webcam
- Microphone

For more detailed technical requirements, refer to this document.

#### Diversity, Equity, and Inclusion

As indicated in our core values, SNHU is committed to "embrace diversity where we encourage and respect diverse identities, ideas, and perspectives by honoring difference, amplifying belonging, engaging civilly, and breaking down barriers to bring our mission to life."

This may or will be reflected in SNHU's curriculum as we embrace and practice diversity, equity, and inclusion (DEI) to provide the most transformative experience for our students, faculty, and staff. Because topics pertaining to DEI can be sensitive, please remember that embodying and practicing diversity, equity, and inclusion is one of our core values that you will encounter throughout the academic experience. In higher education, we are expected to think and engage critically. Use a growth mindset to embrace the diverse readings, course assignments, and experiences of your peers and faculty.

For more information about DEI at SNHU, please visit our website at the Office of Diversity and Inclusion.

#### **Instructor Availability and Response Time**

Your class interaction with the instructor and your classmates will take place on a regular, ongoing basis. Your instructor will be actively engaged within the course throughout the week. You will normally communicate with your instructor in the weekly discussions or the General Questions discussion topic so that your questions and the instructor's answers benefit the entire class. You should feel free, however, to communicate with your instructor via SNHU email at any time, particularly when you want to discuss something of a personal or sensitive nature. Your instructor will generally provide a response within 24 hours. Instructors will post grades and feedback (as applicable) within seven days of an assignment's due date, or within seven days of a late submission.

#### **Grade Distribution**

Assignment Category	Number of	Point Value	Total Points
	Graded Items	per Item	
Discussion	3	25	75
Short Paper	5	60	300
Chart	1	50	50
Bongo Video Q&A	1	35	35
Bongo Video Discussion	2	35	70
Quiz	2	15	30
Journal	1	40	40
Project One	1	200	200
Project Two	1	200	200
		•	Total Course Points: 1,000

This course may also contain non-graded activities. The purpose of these non-graded activities is to assist you in mastering the learning outcomes in the graded activity items listed above.

## **University Grading System: Graduate**

Grade	Numerical Equivalent	Points	
А	93–100	4.00	
A-	90–92	3.67	
B+	87–89	3.33	
В	83–86	3.00	
B-	80–82	2.67	
C+	77–79	2.33	
С	73–76	2.00	
F	0–72	0.00	
1	Incomplete		
IF	Incomplete/Failure *		
W	Withdrawn		

<sup>\*</sup> Please refer to the <u>policy page</u> for information on the incomplete grade process.

## **Grading Guides**

Specific activity directions, grading guides, posting requirements, and additional deadlines can be found in the Assignment Information section of the course.

## **Weekly Assignment Schedule**

Assignments and discussion posts during the first week of each term are due by 11:59 p.m. Eastern Time. Assignments and discussion posts for the remainder of the term are due by 11:59 p.m. of the student's local time zone.

In addition to the textbook readings that are listed, there may be additional required resources within each week.

Module	Topics and Assignments		
1	Reading: Telemental Health and Distance Counseling, Chapters 1 and 2		
	Reading: Integrating Technology Into Modern Therapies, Chapters 2 and 3		
	1-1 Discussion: What You Know About Technology-Assisted Counseling		
	1-2 Quiz: Overview of Technology Assisted-Counseling		
2	Reading: Integrating Technology Into Modern Therapies, Chapters 6–8 and 16		
	2-1 Chart: Technology Evaluation		
	2-2 Short Paper: Serving Clients		
3	Reading: Telemental Health and Distance Counseling, Chapter 3		
	3-1 Short Paper: Informed Consent Document		
	3-2 Bongo Video Q&A: Potential Safety Risks		
4	Reading: Telemental Health and Distance Counseling, Chapters 3 and 4		
	4-1 Bongo Video Discussion: Cultural Considerations and Lived Experiences		
	4-2 Quiz: Technology Platforms and Record-Keeping Systems		
5	Reading: Telemental Health and Distance Counseling, Chapters 5 and 6		
	5-1 Discussion: Virtual Group Counseling		
	5-2 Short Paper: Frequently Asked Questions (FAQ)		
6	6-1 Project One: Informed Consent and Case Analyses		
7	7-1 Discussion: Ms. Lopez's Case		
	7-2 Short Paper: Technology News Article		
8	Reading: Telemental Health and Distance Counseling, Chapter 12		
	8-1 Bongo Video Discussion: Future of Technology-Assisted Counseling		
	8-2 Short Paper: Technology Review		
9	9-1 Project Two: Bongo Q&A and Supporting Research		
10	Reading: Telemental Health and Distance Counseling, Chapter 12, "Counselor Self-Care" section		
	10-1 Journal: Reflection		

#### **Course Participation**

Course participation is required within the first week of the term for all online courses. *Participation* in this context is defined as completing one graded assignment during the first week of the course. Otherwise, students will be administratively removed for nonparticipation. Students who do not participate during the first week may forfeit their rights to be reinstated into the course. Students who stop attending a course after the first week and who do not officially withdraw will receive a grade calculated based on all submitted and missed graded assignments for the course. Missed assignments will earn a grade of zero. See the <u>course withdrawal policy</u> and the <u>full attendance policy</u> for further information.

## **Late Assignments**

Students who need extra time may submit assignments (excluding discussion board postings) up to one week after the assignment due date. Discussion board submissions will not be accepted for credit after the deadline except in extenuating circumstances.

- A penalty of 10 percent of the total value of the assignment will be applied to the grade achieved on the late assignment regardless of the day of the week on which the work is submitted.
- Students who submit assignments more than one week late will receive a grade of zero on the assignment unless they have made prior arrangements with the instructor.

Students must submit all assignments no later than 11:59 p.m. (in their own time zone) on the last day of the term. No assignments are accepted after the last day of the term unless an incomplete has been submitted. See the incomplete grades policy.

There may be times an instructor makes an exception to the late assignment policy. Instructors may accept late work, including discussion board posts, with or without prior arrangement.

- Exceptions to the late policy on these grounds are left to the instructor's discretion, including whether the late penalty is applied or waived. Students should not assume that they will be allowed to submit assignments after the due dates.
- If an instructor finds that they are unable to determine whether an exception to the late policy would be appropriate without documentation, the collection and review of student documentation should be handled through the Dispute Resolution team in order to protect the student's privacy. In these cases, students should file a <a href="Student Concern Dispute form">Student Concern Dispute form</a> to have the circumstances reviewed.

If a student is experiencing (or knows they will experience) a circumstance, including pregnancy, that is protected under the Americans with Disabilities Act or Title IX, they are encouraged to contact the Online Accessibility Center (OAC) as soon as possible to explore what academic accommodations might be offered. Instructors must honor all deadlines established through the OAC.

## **Student Handbook**

Review the student handbook.

## **ADA/504 Compliance Statement**

Southern New Hampshire University (SNHU) is dedicated to providing equal access to individuals with disabilities in accordance with Section 504 of the Rehabilitation Act of 1973 and with Title III of the Americans with Disabilities Act (ADA) of 1990, as amended by the Americans with Disabilities Act Amendments Act (ADAAA) of 2008.

SNHU prohibits unlawful discrimination on the basis of disability and takes action to prevent such discrimination by providing reasonable accommodations to eligible individuals with disabilities. The university has adopted the <a href="ADA/504 Grievances Policy">ADA/504 Grievances Policy</a> (version 1.2 effective October 16, 2017), providing for prompt and equitable resolution of complaints regarding any action prohibited by Section 504 or the ADA.

For further information on accessibility support and services, visit the Disability and Accessibility Services webpage.

## **Academic Integrity Policy**

Southern New Hampshire University requires all students to adhere to high standards of integrity in their academic

work. Activities such as plagiarism and cheating are not condoned by the university. Review the <u>full academic</u> <u>integrity policy</u>.

# **Copyright Policy**

Southern New Hampshire University abides by the provisions of United States Copyright Act (Title 17 of the United States Code). Any person who infringes the copyright law is liable. Review the <u>full copyright policy</u>.

# **Withdrawal Policy**

Review the <u>full withdrawal policy</u>.

# **Southern New Hampshire University Policies**

More information about SNHU policies can be found on the policy page.