Southern New Hampshire University

Graduate Course Syllabus

MHC 610: Treatment Planning in Clinical Mental Health Counseling
Center: Online

Course Prerequisites
COU 680

Course Description
Integrate the content learned throughout the program regarding evaluation, assessment, and diagnosis so that it may be utilized in practicum. Develop treatment plans that include risk assessment, goal setting, and treatment intervention strategies. Communicate treatment plans to clients.

Course Outcomes
- Evaluate legal, ethical, and contemporary issues as it relates to treatment planning
- Apply principles of advocacy toward promoting culturally competent counseling as it supports treatment planning
- Formulate developmentally appropriate, culturally sensitive goals, objectives, and interventions to inform treatment planning
- Evaluate the use of evidence-based intervention strategies to inform treatment planning
- Create a comprehensive, client-centered, culturally relevant treatment plan to complete a comprehensive case conceptualization
- Assess current trends and contemporary issues across mental health service delivery modalities as they relate to treatment planning
- Evaluate culturally specific assessment strategies to inform client-centered treatment goals

Required Materials
Using your learning resources is critical to your success in this course. Please purchase directly through the [SNHU Online Bookstore](#) rather than any other vendor. Purchasing directly from the bookstore ensures that you will obtain the correct materials and that the IT Service Desk, your advisor, and the instructor can provide you with support if you have problems.

Case Conceptualization and Effective Interventions
Lynn Zubernis and Matthew Snyder
SAGE Publishing
2016
ISBN: 978-1483340081

Publication Manual of the American Psychological Association (2nd Printing)

American Psychological Association

Seventh Edition

2020

ISBN: 978-1-4338-3216-1

Bongo

The following equipment will be needed to complete the Bongo activities in this course:

- Mac or PC desktop or laptop (not a mobile device or tablet)
- Webcam
- Microphone

For more detailed technical requirements, refer to [this document](#).

Diversity, Equity, and Inclusion

As indicated in our core values, SNHU is committed to "embrace diversity where we encourage and respect diverse identities, ideas, and perspectives by honoring difference, amplifying belonging, engaging civilly, and breaking down barriers to bring our mission to life."

This may or will be reflected in SNHU's curriculum as we embrace and practice diversity, equity, and inclusion (DEI) to provide the most transformative experience for our students, faculty, and staff. Because topics pertaining to DEI can be sensitive, please remember that embodying and practicing diversity, equity, and inclusion is one of our core values that you will encounter throughout the academic experience. In higher education, we are expected to think and engage critically. Use a growth mindset to embrace the diverse readings, course assignments, and experiences of your peers and faculty.

For more information about DEI at SNHU, please visit our website at the [Office of Diversity and Inclusion](#).

Instructor Availability and Response Time

Your class interaction with the instructor and your classmates will take place on a regular, ongoing basis. Your instructor will be actively engaged within the course throughout the week. You will normally communicate with your instructor in the weekly discussions or the General Questions discussion topic so that your questions and the instructor's answers benefit the entire class. You should feel free, however, to communicate with your instructor via SNHU email at any time, particularly when you want to discuss something of a personal or sensitive nature. Your instructor will generally provide a response within 24 hours. Instructors will post grades and feedback (as applicable) within seven days of an assignment's due date, or within seven days of a late submission.

Grade Distribution

Assignment Category	Number of Graded Items	Point Value per Item	Total Points
Getting Started	1	5	5
Discussions	2	30	60
Bongo Discussions	6	45	270
Journals	2	40	80
Assignments	3	35	105
Comprehensive Case Conceptualization Section One Draft	1	60	60
Final Project			
Final Project Part One: Assessment	1	100	100
Final Project Part Two: Diagnosis	1	110	110
Final Project Part Three: Treatment Plan	1	135	135
Final Project Part Four: Reflection	1	75	75
			Total Course Points: 1,000

This course may also contain practice activities. The purpose of these non-graded activities is to assist you in mastering the learning outcomes in the graded activity items listed above.

University Grading System: Graduate

Grade	Numerical Equivalent	Points
A	93–100	4.00
A-	90–92	3.67
B+	87–89	3.33
B	83–86	3.00
B-	80–82	2.67
C+	77–79	2.33
C	73–76	2.00
F	0–72	0.00
I	Incomplete	
IF	Incomplete/Failure *	
W	Withdrawn	

* Please refer to the policy page for information on the incomplete grade process.

Grading Guides

Specific activity directions, grading guides, posting requirements, and additional deadlines can be found in the Assignment Guidelines and Rubrics section of the course.

Weekly Assignment Schedule

Assignments and discussion posts during the first week of each term are due by 11:59 p.m. Eastern Time. Assignments and discussion posts for the remainder of the term are due by 11:59 p.m. of the student's local time zone.

In addition to the textbook readings that are listed, there may be additional required resources within each week.

For more detailed information, review the comprehensive syllabus.

Concept One: Introduction to Treatment Planning

Week One	Introduction to Treatment Planning
	Start Here Assignment
	Case Conceptualization and Effective Interventions, Chapters 2 and 3
	1-1 Discussion: Comprehensive Case Conceptualization
	1-2 Journal: Reflection on Theory
	1-3 Meet Your Client

Concept Two: Assessment Review

Week Two	Assessment Review
	2-1 Comprehensive Case Conceptualization Section One Draft
	2-2 Video Discussion: Cultural Implications and Treatment
	2-3 Reviews and Reminders
Week Three	Assessment Review Continued
	3-1 Final Project Part One Submission: Assessment
	3-2 Video Discussion: Diagnosis
	3-3 Reviews and Reminders

Concept Three: Diagnosis Review

Week Four	Diagnosis Review
	Case Conceptualization and Effective Interventions, Chapters 4, 5, 6, and 11
	4-1 Video Discussion: Assessments
	4-2 Final Project Part Two Submission: Diagnosis
Week Five	Introduction to Treatment Planning
	5-1 Video Discussion: Ethics in Counseling
	5-2 Journal: Conceptualization of Goals and Objectives
	5-3 Reviews and Reminders

Concept Four: Treatment Planning

Week Six	Culture and Treatment Planning
	6-1 Discussion: Evidence-Based Treatment Practices
	6-2 Assignment: Draft of Goals, Objectives, and Interventions
	6-3 Reviews and Reminders

Week Seven	Research and Treatment Planning
	7-1 Video Discussion: Treatment Obstacles and Treatment Planning
	7-2 Assignment: Draft of the Themes, Strategy, Prognosis, and Reevaluation of Treatment Plan
	7-3 Reviews and Reminders
Week Eight	Severe Mental Illness
	8-1 Video Discussion: ROSC Reflections
	8-2 Assignment: ROSC Resources
	8-3 Reviews and Reminders
Week Nine	Treatment Plan
	9-1 Final Project Part Three Submission: Treatment Plan
	9-2 Reviews and Reminders
Week Ten	Reflection
	10-1 Final Project Part Four Submission: Reflection

CACREP Alignment Map

Week 1:	CACREP Standard(s)	Course Objective(s)	Program Outcome(s)	Assessment
1-1 Discussion: Comprehensive Case Conceptualization	2.F.5.g	CO5	PO7	Discussion Rubric
1-2 Journal: Reflection on Theory	2.F.5.g, 5.C.1.b	CO5	PO7	Week One Journal Rubric
Week 2:	**CACREP Standard(s)**	**Course Objective(s)**	**Program Outcome(s)**	**Assessment**
2-1 Comprehensive Case Conceptualization Section One Draft	2.F.1.i, 2.F.7.i, 5.C.2.g, 5.C.3.a	CO1, CO2	PO1, PO2	Comprehensive Case Conceptualization Section One Draft Guidelines and Rubric
2-2 Video Discussion: Cultural Implications and Treatment	2.F.5.h, 5.C.2.j	CO3	PO3	Week Two Bongo Discussion Rubric
Week 3:	**CACREP Standard(s)**	**Course Objective(s)**	**Program Outcome(s)**	**Assessment**
3-1 Final Project Part One Submission: Assessment	2.F.1.i, 2.F.7.i, 5.C.2.g, 5.C.3.a	CO1, CO2	PO1, PO2	Final Project Part One Rubric
3-2 Video Discussion: Diagnosis	2.F.5.h, 2.F.7.e, 2.F.7.l, 5.C.2.b, 5.C.2.d, 5.C.2.e	CO7	PO9	Week Three Bongo Discussion Rubric
Week 4:	**CACREP Standard(s)**	**Course Objective(s)**	**Program Outcome(s)**	**Assessment**
4-1 Video Discussion: Assessments	2.F.5.g, 2.F.5.j, 2.F.8.i	CO3	PO3	Week Four Bongo Discussion Rubric

4-2 Final Project Part Two Submission: Diagnosis	2.F.1.i, 2.F.5.h, 2.F.5.i, 2.F.7.e, 2.F.7.i, 2.F.8.i, 5.C.2.b, 5.C.2.d	CO2, CO4	PO2, PO5	Final Project Part Two Rubric
Week 5:	**CACREP Standard(s)**	**Course Objective(s)**	**Program Outcome(s)**	**Assessment**
5-1 Video Discussion: Ethics in Counseling	2.F.1.b, 2.F.1.d, 5.C.2.l	CO1	PO1	Week Five Bongo Discussion Rubric
5-2 Journal: Conceptualization of Goals and Objectives	2.F.5.g, 2.F.5.h, 2.F.8.e	CO3	PO3	Week Five Journal Rubric
Week 6:	**CACREP Standard(s)**	**Course Objective(s)**	**Program Outcome(s)**	**Assessment**
6-1 Discussion: Evidence-Based Treatment Practices	2.F.5.h, 2.F.5.i, 2.F.5.j, 2.F.8.b	CO4, CO6	PO5, PO8	Discussion Rubric
6-2 Assignment: Draft of Goals, Objectives, and Interventions	2.F.5.h, 2.F.8.b, 5.C.2.b, 5.C.3.b	CO3	PO3	Week Six Assignment Guidelines and Rubric
Week 7:	**CACREP Standard(s)**	**Course Objective(s)**	**Program Outcome(s)**	**Assessment**
7-1 Video Discussion: Treatment Obstacles and Treatment Planning	2.F.5.h, 2.F.5.i, 5.C.2.b	CO6, CO7	PO8, PO9	Week Seven Bongo Discussion Rubric
7-2 Assignment: Draft of the Themes, Strategy, Prognosis, and Reevaluation of Treatment Plan	2.F.5.h, 2.F.5.i, 2.F.8.b, 2.F.8.e, 5.C.2.b	CO5, CO6	PO7, PO8	Week Seven Assignment Rubric
Week 8:	**CACREP Standard(s)**	**Course Objective(s)**	**Program Outcome(s)**	**Assessment**
8-1 Video Discussion: ROSC Reflections	2.F.5.a, 2.F.5.g, 2.F.5.k	CO6	PO8	Week Eight Bongo Discussion Rubric
8-2 Assignment: ROSC Resources	2.F.1.b, 2. F.1.c, 2.F.1.d, 2.F.5.a, 2.F.5.g, 2.F.5.k, 5.C.2.b, 5.C.2.f	CO1, CO6	PO1, PO8	Week Eight Assignment Rubric
Week 9:	**CACREP Standard(s)**	**Course Objective(s)**	**Program Outcome(s)**	**Assessment**
9-1 Final Project Part Three Submission: Treatment Plan	2.F.5.a., 2.F.5.h, 2.F.5.i, 2.F.7.e, 2.F.8.b, 2.F.8.d, 2.F.8.e, 2.F.8.i, 5.C.2.b, 5.C.2.g, 5.C.2.j, 5.C.3.a, 5.C.3.b	CO3, CO4, CO5, CO6	PO3, PO5, PO7, PO8	Final Project Part Three Rubric
Week 10:	**CACREP Standard(s)**	**Course Objective(s)**	**Program Outcome(s)**	**Assessment**
10-1 Final Project Part Four	2.F.1.i, 2.F.5.a., 2.F.8.c,			Final Project Part

Submission: Reflection	2.F.8.i, 5.C.2.j, 5.C.2.l			Four Rubric

Course Participation

Course participation is required within the first week of the term for all online courses. *Participation* in this context is defined as completing one graded assignment during the first week of the course. Otherwise, students will be administratively removed for nonparticipation. Students who do not participate during the first week may forfeit their rights to be reinstated into the course. Students who stop attending a course after the first week and who do not officially withdraw will receive a grade calculated based on all submitted and missed graded assignments for the course. Missed assignments will earn a grade of zero. See the course withdrawal policy and the full attendance policy for further information.

Late Assignments

Students who need extra time may submit assignments (excluding discussion board postings) up to one week after the assignment due date. Discussion board submissions will not be accepted for credit after the deadline except in extenuating circumstances.

- A penalty of 10 percent of the total value of the assignment will be applied to the grade achieved on the late assignment regardless of the day of the week on which the work is submitted.
- Students who submit assignments more than one week late will receive a grade of zero on the assignment unless they have made prior arrangements with the instructor.

Students must submit all assignments no later than 11:59 p.m. (in their own time zone) on the last day of the term. No assignments are accepted after the last day of the term unless an incomplete has been submitted. See the incomplete grades policy.

There may be times an instructor makes an exception to the late assignment policy. Instructors may accept late work, including discussion board posts, with or without prior arrangement.

- Exceptions to the late policy on these grounds are left to the instructor's discretion, including whether the late penalty is applied or waived. Students should not assume that they will be allowed to submit assignments after the due dates.
- If an instructor finds that they are unable to determine whether an exception to the late policy would be appropriate without documentation, the collection and review of student documentation should be handled through the Dispute Resolution team in order to protect the student's privacy. In these cases, students should file a Student Concern Dispute form to have the circumstances reviewed.

If a student is experiencing (or knows they will experience) a circumstance, including pregnancy, that is protected under the Americans with Disabilities Act or Title IX, they are encouraged to contact the Online Accessibility Center (OAC) as soon as possible to explore what academic accommodations might be offered. Instructors must honor all deadlines established through the OAC.

Student Handbook

Review the student handbook.

ADA/504 Compliance Statement

Southern New Hampshire University (SNHU) is dedicated to providing equal access to individuals with disabilities in accordance with Section 504 of the Rehabilitation Act of 1973 and with Title III of the Americans with Disabilities Act (ADA) of 1990, as amended by the Americans with Disabilities Act Amendments Act (ADAAA) of 2008.

SNHU prohibits unlawful discrimination on the basis of disability and takes action to prevent such discrimination by providing reasonable accommodations to eligible individuals with disabilities. The university has adopted the [ADA/504 Grievances Policy](#) (version 1.2 effective October 16, 2017), providing for prompt and equitable resolution of complaints regarding any action prohibited by Section 504 or the ADA.

For further information on accessibility support and services, visit the [Disability and Accessibility Services](#) webpage.

Academic Integrity Policy

Southern New Hampshire University requires all students to adhere to high standards of integrity in their academic work. Activities such as plagiarism and cheating are not condoned by the university. Review the [full academic integrity policy](#).

Copyright Policy

Southern New Hampshire University abides by the provisions of United States Copyright Act (Title 17 of the United States Code). Any person who infringes the copyright law is liable. Review the [full copyright policy](#).

Withdrawal Policy

Review the [full withdrawal policy](#).

Southern New Hampshire University Policies

More information about SNHU policies can be found on the [policy page](#).