Undergraduate Course Syllabus

PSY 108: Introduction to Psychology
Center: Online

Course Prerequisites
None

Course Description
This course provides students an introduction to the scientific study of behavior and mental processes. Students prepare for more advanced concepts in upper-level psychology courses by learning the basics of how to evaluate research and exploring various areas of specialization within the discipline. Offered every semester.

Course Outcomes

- Explain how fundamental theories and perspectives in the field of psychology can be utilized to approach personal and professional problems
- Determine the credibility of sources in psychology for supporting claims with appropriate evidence
- Develop basic recommendations for improving problems experienced by individuals, families, groups, or communities that are supported by fundamental theories and perspectives in the field of psychology
- Explain how research and plans supported by psychological theory and perspectives align with the ethical guidelines of psychology

Required Materials
Using your learning resources is critical to your success in this course. Please purchase directly through SNHU's online bookstore, MBS Direct, rather than any other vendor. Purchasing directly from the bookstore ensures that you will obtain the correct materials and that the Help Desk, your advisor, and the instructor can provide you with support if you have problems.

Psychology
Southern New Hampshire University
Soomo Learning
Third Edition
2015
ISBN: 978-0-9893097-2-1

Instructor Availability and Response Time
Your class interaction with the instructor and your classmates will take place in Blackboard on a regular, ongoing basis. Your instructor will be actively engaged within the course throughout the week. You will normally

communicate with your instructor in the weekly discussions or the General Questions forum in Blackboard so that your questions and the instructor's answers benefit the entire class. You should feel free, however, to communicate with your instructor via SNHU email at any time, particularly when you want to discuss something of a personal or sensitive nature. Your instructor will generally provide a response within 24 hours.

Grade Distribution

Assignment Category	Number of Graded Items	Point Value per Item	Total Points
Discussions	7	20	140
Soomo Chapter Activities (P/F)	8	35	280
Soomo Action Plan Activities (P/F)	8	25	200
Final Project I			
Milestone One	1	30	30
Milestone Two	1	40	40
Milestone Three	1	50	50
Milestone Four	1	60	60
Final Project I Submission	1	150	150
Final Project II	1	50	50
		Total Course Points:	1,000

This course may also contain practice activities. The purpose of these non-graded activities is to assist you in mastering the learning outcomes in the graded activity items listed above.

University Grading System: Undergraduate

		Total Points:	1,000		
Grade	**Numerical Equivalent**		**Points**	**Points Equivalent**	
				Lower	*Upper*
A	93-100		4	930	1000
A-	90-92		3.67	900	929
B+	87-89		3.33	870	899
B	83-86		3	830	869
B-	80-82		2.67	800	829
C+	77-79		2.33	770	799
C	73-76		2	730	769
C-	70-72		1.67	700	729
D+	67-69		1.33	670	699
D	60-66		1	600	669
F	0-59		0	0	599
I	Incomplete				
IF	Incomplete/Failure*				
IP	In Progress (past end of term)				
W	Withdrawn				

*Please refer to the policy page for information on the incomplete grade process.

Grading Guides

Specific activity directions, grading guides, posting requirements, and additional deadlines can be found in the Course Information area in the Assignment Guidelines and Rubrics folder.

Weekly Assignment Schedule

The Learning Modules area in Blackboard contains one module folder for each week of the course. All reading and assignment information can be found in the folders. Assignments and discussion board posts during the first week of each term are due by 11:59 p.m. Eastern Time. Assignments and discussion posts for the remainder of the term are due by 11:59 p.m. of the student's local time zone.

In addition to the textbook readings that are listed, there may be additional required resources within each module in Blackboard.

Module	Topics and Assignments
1	Introduction to the History and Science of Psychology
	Soomo Webtext: *Psychology*, Chapter 1
	1-1 Read and Complete Chapter Activities: Soomo Webtext Chapter 1
	1-2 Discussion: Everyday Psychology
	1-3 Read and Complete Action Plan Activities: Soomo Webtext Chapter 1
	1-4 Milestone One: Getting Started—Problem and Claim
2	Introduction to APA Style
	Soomo Webtext: *Psychology*, Chapter 2
	2-1 Read and Complete Chapter Activities: Soomo Webtext Chapter 2
	2-2 Soomo Chapter Activity: Evaluating Sources
	2-3 Read and Complete Action Plan Activities: Soomo Webtext Chapter 3
	2-4 Milestone Two: Credible Evidence Evaluation
3	The Brain and Nervous System
	Soomo Webtext: *Psychology*, Chapter 3
	3-1 Read and Complete Chapter Activities: Soomo Webtext Chapter 3
	3-2 Discussion: Lie Detection
	3-3 Read and Complete Action Plan Activities: Soomo Webtext Chapter 3
	3-4 Milestone Three: Plan Support
4	Lifespan Development
	Soomo Webtext: *Psychology*, Chapter 4
	4-1 Read and Complete Chapter Activities: Soomo Webtext Chapter 4
	4-2 Discussion: Nature vs. Nurture
	4-3 Read and Complete Action Plan Activities: Soomo Webtext Chapter 4
5	Learning and Intelligence
	Soomo Webtext: *Psychology*, Chapter 5
	5-1 Read and Complete Chapter Activities: Soomo Webtext Chapter 5
	5-2 Discussion: Intelligence Tests
	5-3 Read and Complete Action Plan Activities: Soomo Webtext Chapter 5
	5-4 Milestone Four: Draft of Action Plan
6	Motivation, Emotion, and Personality
	Soomo Webtext: *Psychology*, Chapter 6
	6-1 Read and Complete Chapter Activities: Soomo Webtext Chapter 6
	6-2 Discussion: Motivation
	6-3 Read and Complete Action Plan Activities: Soomo Webtext Chapter 6
7	Social Psychology
	Soomo Webtext: *Psychology*, Chapter 7
	7-1 Read and Complete Chapter Activities: Soomo Webtext Chapter 7
	7-2 Read and Complete Action Plan Activities: Soomo Webtext Chapter 7
	7-3 Final Project I Submission: Action Plan

8	Psychological Disorders
	Soomo Webtext: *Psychology*, Chapter 8
	8-1 Read and Complete Chapter Activities: Soomo Webtext Chapter 8
	8-2 Discussion: Psychological Disorders
	8-3 Read and Complete Action Plan Activities: Soomo Webtext Chapter 8
	8-3 Final Project II Submission: Reflection

Attendance Policy

Online students are required to post to the Blackboard discussion board during the first week of class. If a student does not submit a posting to the discussion board during the first week of class, the student is automatically withdrawn from the course for non-participation. Review the full attendance policy.

Late Assignments Policy

Meeting assigned due dates is critical for demonstrating progress and ensuring appropriate time for instructor feedback on assignments. Students are expected to submit their assignments on or before the due date. Review the full late assignment policy.

SNHU College of Online and Continuing Education Guide to Student Success

Review the guide to student success.

Diversity and Disability Statement

The College of Online and Continuing Education (COCE) at SNHU values diversity and inclusion. SNHU strives to create inclusive and welcoming academic environments. If there are aspects of the instruction or design of this course that present barriers to your inclusion, please notify the Disability Resource Center (DRC) as soon as possible. We will work with you and your instructor to address needs and concerns.

We encourage all students with known or suspected physical, medical, sensory, psychiatric, and/or learning disabilities to register with the Disability Resource Center (DRC) in order to assess learning needs and take advantage of available academic accommodations and support services. We look forward to hearing from you. Our contact information is below.

Disability Resource Center (DRC)
(877) 591-4723 (select option 4)
(877) 520-8916 (fax)
drc@snhu.edu

We welcome COCE students, faculty, and staff to consult with the Disability Resource Center (DRC) on disability-related questions or concerns.

Academic Honesty Policy

Southern New Hampshire University requires all students to adhere to high standards of integrity in their academic work. Activities such as plagiarism and cheating are not condoned by the university. Review the full academic honesty policy.

Copyright Policy

Southern New Hampshire University abides by the provisions of United States Copyright Act (Title 17 of the United States Code). Any person who infringes the copyright law is liable. Review the full copyright policy.

SNHU College of Online and Continuing Education Withdrawal Policy

Review the full withdrawal policy.

Southern New Hampshire University Policies

More information about SNHU policies can be found on the policy page.