

# **Graduate Course Syllabus**

MHC 695: Clinical Mental Health Counseling Advanced Internship II

Center: Online

### **Course Prerequisites**

MHC 690

#### **Course Description**

Integrate skills and knowledge by working with actual clients under the supervision of a licensed clinician. Meet weekly in a required synchronous group session in a seminar-style course led by a faculty supervisor. A minimum variable number of hours based on state and program requirements at an approved counseling site is required. Demonstrate success in field experience through a satisfactory/unsatisfactory grade evaluation.

#### **Course Outcomes**

- MHC-695-01: Develop a professional counseling identity in alignment with ethical and legal standards that advocates on behalf of the profession and promotes client awareness, equity, and success
- MHC-695-02: Cultivate socially, culturally, and spiritually appropriate skills and practices in professional counseling that promote social justice and minimize barriers between counselors and clients
- MHC-695-03: Apply theories and etiology of human growth and development and relevant environmental factors to promote optimum wellness for diverse clients across the lifespan
- MHC-695-04: Develop strategies for supporting and advocating for clients in relation to their career development based on client needs, industry information, and identified opportunities within the global economy
- MHC-695-05: Utilize appropriate counseling theories, models, and culturally relevant strategies in developing professional skills for client consultation, treatment, intervention, and prevention
- MHC-695-06: Assess the needs of counseling clients validly and reliably through the application of basic testing principles, key statistical concepts, and industry-appropriate procedures
- MHC-695-07: Evaluate counseling research, programs, and practices using a variety of methods and designs for advancing the counseling profession and incorporating evidence-based, data-driven approaches into current practice
- MHC-695-08: Apply culturally relevant strategies, techniques, theories, and models of clinical mental health counseling to the assessment and treatment planning of mental health issues, adhering to the legal and ethical standards of clinical and mental healthcare professionals

### **Required Materials**

Using your learning resources is critical to your success in this course. Please purchase directly through the <u>SNHU</u> <u>Online Bookstore</u> rather than any other vendor. Purchasing directly from the bookstore ensures that you will obtain the correct materials and that the IT Service Desk, your advisor, and the instructor can provide you with

support if you have problems.

Diagnostic and Statistical Manual of Mental Disorders, 5th Edition: DSM-5

American Psychiatric Association

Fifth Edition

2013

ISBN: 978-0-8904-2555-8

Publication Manual of the American Psychological Association (2nd Printing)

American Psychological Association

Seventh Edition

2020

ISBN: 978-1-4338-3216-1

Bongo

The following equipment will be needed to complete the Bongo activities in this course:

Mac or PC desktop or laptop (not a mobile device or tablet)

Webcam

Microphone

For more detailed technical requirements, refer to this document.

**Optional Materials** 

**Recording Device** 

Sony ICD-PX470 Digital Voice Recorder with USB

You should be able to use your laptop and Bongo to record your sessions for the assessments; however, you may not have a laptop, or may not be at a site that allows for video recording. In these instances, you will need a HIPAA-compliant audio recording device as a backup that can be purchased through the bookstore. Please see the bookstore for details.

**Diversity, Equity, and Inclusion** 

As indicated in our core values, SNHU is committed to "embrace diversity where we encourage and respect diverse identities, ideas, and perspectives by honoring difference, amplifying belonging, engaging civilly, and breaking down barriers to bring our mission to life."

This may or will be reflected in SNHU's curriculum as we embrace and practice diversity, equity, and inclusion (DEI) to provide the most transformative experience for our students, faculty, and staff. Because topics pertaining to DEI can be sensitive, please remember that embodying and practicing diversity, equity, and inclusion is one of our core values that you will encounter throughout the academic experience. In higher education, we are expected to think and engage critically. Use a growth mindset to embrace the diverse readings, course assignments, and experiences of your peers and faculty.

For more information about DEI at SNHU, please visit our website at the Office of Diversity and Inclusion.

#### **Instructor Availability and Response Time**

Your class interaction with the instructor and your classmates will take place on a regular, ongoing basis. Your instructor will be actively engaged within the course throughout the week. You will normally communicate with your instructor in the weekly discussions or the General Questions discussion topic so that your questions and the instructor's answers benefit the entire class. You should feel free, however, to communicate with your instructor via SNHU email at any time, particularly when you want to discuss something of a personal or sensitive nature. Your instructor will generally provide a response within 24 hours.

#### **Hours Requirement**

Each week, you are required to spend a minimum number of hours at the field site. If you are taking the general track, you will complete two terms of internships with a minimum total of 600 hours. If you are taking the calendar elective track, you will complete three terms of internships with a minimum total of 600 hours. If you are taking the clock elective track, you will take three terms of internships with a minimum total of 900 hours. You will complete your time sheet each week in Sonia. Refer to the MHC Field Experience Tracks document to see the details of your hour requirement.

#### **Grade Distribution**

Assignment Category	Number of	Point Value	Total Points
Assignment category	Graded Items	per Item	Total Folints
Start Here: Week One Plan	1	5	5
Week One Assignment	1	8	8
Week Five Transcript	1	10	10
Week Six Hours Check	1	25	25
Synchronous Group Supervision	10	8	80
Journals	9	8	72
Required Clock Hours	1	400	400
Advanced Internship Comprehensive	1	400	400
Performance			
			Total Course Points: 1,000

This course may also contain practice activities. The purpose of these non-graded activities is to assist you in mastering the learning outcomes in the graded activity items listed above.

#### **University Grading System: Graduate**

Grade	Numerical Equivalent	Points
Α	93–100	4.00
A-	90–92	3.67
B+	87–89	3.33
В	83–86	3.00
B-	80–82	2.67

Grade	Numerical Equivalent	Points
C+	77–79	2.33
С	73–76	2.00
F	0–72	0.00
1	Incomplete	
IF	Incomplete/Failure *	
W	Withdrawn	

<sup>\*</sup> Please refer to the <u>policy page</u> for information on the incomplete grade process.

### **Grading Guides**

Specific activity directions, grading guides, posting requirements, and additional deadlines can be found in the Assignment Guidelines and Rubrics section of the course.

### **Weekly Assignment Schedule**

Assignments and discussion posts during the first week of each term are due by 11:59 p.m. Eastern Time. Assignments and discussion posts for the remainder of the term are due by 11:59 p.m. of the student's local time zone.

In addition to the textbook readings that are listed, there may be additional required resources within each week.

For more detailed information, review the comprehensive syllabus.

### **Concept One: Requirements**

Week One	Start Here Assignment
	1-1 Synchronous Group Supervision
	1-2 Assignment: Professional Counseling Identity Development Plan
	1-3 Sonia Time Sheet
	1-4 Component One: Self-Analyzed Recording Transcript (Due Week Five)
	1-5 Reminders: Week Two

# **Concept Two: Self-Reflective Practice and Case Conceptualization**

Week Two	2-1 Optional Assignment: Internship Development Plan Revisions
	2-2 Comprehensive Case Conceptualization Draft Forum
	2-3 Synchronous Group Supervision
	2-4 Student Field Experience Journal
	2-5 Sonia Time Sheet
	2-6 Reminder: Component One: Self-Analyzed Recording Transcript (Due Week Five)
Week Three	3-1 Comprehensive Case Conceptualization Draft Forum
	3-2 Synchronous Group Supervision
	3-3 Student Field Experience Journal
	3-4 Sonia Time Sheet
	3-5 Reminder: Component One: Self-Analyzed Recording Transcript (Due Week Five)
Week Four	4-1 Comprehensive Case Conceptualization Draft Forum

	4-2 Synchronous Group Supervision	
	4-3 Student Field Experience Journal	
	4-4 Sonia Time Sheet	
	4-5 Reminder: Component One: Self-Analyzed Recording Transcript (Due Week Five)	
	4-6 Reviews/Reminders	
Week Five	5-1 Synchronous Group Supervision	
	5-2 Student Field Experience Journal	
	5-3 Sonia Time Sheet	
	5-4 Component One: Self-Analyzed Recording Transcript	
Week Six	6-1 Comprehensive Case Conceptualization Draft Forum	
	6-2 Synchronous Group Supervision	
	6-3 Student Field Experience Journal	
	6-4 Sonia Time Sheet	
	6-5 Hours Checkpoint	
	6-6 Reviews/Reminders	

Week Seven	7-1 Comprehensive Case Conceptualization Draft Forum
	7-2 Synchronous Group Supervision
	7-3 Student Field Experience Journal
	7-4 Sonia Time Sheet
	7-5 Reviews/Reminders
Week Eight	8-1 Comprehensive Case Conceptualization Draft Forum
	8-2 Synchronous Group Supervision
	8-3 Student Field Experience Journal
	8-4 Sonia Time Sheet
	8-5 Advanced Internship II Comprehensive Performance

#### **Concept Three: Evaluate Your Growth**

Week Nine	9-1 Synchronous Group Supervision
	9-2 Student Field Experience Journal
	9-3 Sonia Time Sheet
Week Ten	10-1 Synchronous Group Supervision
	10-2 Student Field Experience Journal
	10-3 Sonia Time Sheet
	10-4 Reminder: Comprehensive Case Conceptualization
	10-5 Assignment: Acknowledgement

#### **Attendance Policy**

Online students are required to submit a graded assignment/discussion during the first week of class. If a student does not submit a graded assignment/discussion during the first week of class, the student is automatically dropped from the course for non-participation. Review the <u>full attendance policy</u>.

#### **Late Assignments Policy**

Meeting assigned due dates is critical for demonstrating progress and ensuring appropriate time for instructor feedback on assignments. Students are expected to submit their assignments on or before the due date. Review the <u>full late assignment policy</u>.

### **SNHU Student Handbook**

Review the student handbook.

#### **ADA/504 Compliance Statement**

In accordance with Section 504 of the Rehabilitation Act of 1973, Title III of the Americans with Disabilities Act (ADA) of 1990, and the Americans with Disabilities Act Amendments Act (ADAAA) of 2008, Southern New Hampshire University does not discriminate on the basis of disability, including intellectual disability, in admission, treatment, or access to its programs or activities, nor does it discriminate in employment in its programs or activities.

The university prohibits unlawful discrimination on the basis of disability and takes action to prevent such discrimination by providing reasonable accommodations to eligible individuals with disabilities. A disability is a condition or impairment that impacts a "major life activity" or "major bodily function."

 Major life activities include, but are not limited to, caring for oneself, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating, and working.

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• Major bodily functions include, but are not limited to, functions of the immune system, normal cell

growth, and digestive, bowel, bladder, neurological, brain, respiratory, circulatory, endocrine, and

reproductive functions. Disabilities include physical, medical (including pregnancy), mental health, and

learning needs.

At the beginning of each term, or as soon as you become aware of a disability or accessibility concern, we

encourage you to contact the Online Accessibility Center (OAC) to discuss accommodations for which you may be

qualified. Reasonable accommodations are established through an interactive process between the student and

the OAC.

Note that accommodations are not retroactive and that disability accommodations are not provided until

acceptable documentation of a disability and its impact is received and an accommodation letter has been

processed. If you are unsure whether your condition qualifies as a disability or accessibility concern, please contact

the OAC for determination.

**Contact Information:** 

Online Accessibility Center

Phone: 866-305-9430

Email: oac@snhu.edu

For questions concerning support services, documentation guidelines, or general disability issues, please visit

the Online Accessibility Center website.

If you feel you have been denied appropriate disability-related accommodations, including appropriate auxiliary

aids and services, you may file a grievance as described in the ADA/504 Grievance Policy found on the Disability

and Accessibility Services website.

**Academic Honesty Policy** 

Southern New Hampshire University requires all students to adhere to high standards of integrity in their academic

work. Activities such as plagiarism and cheating are not condoned by the university. Review the <u>full academic</u>

honesty policy.

**Copyright Policy** 

Southern New Hampshire University abides by the provisions of United States Copyright Act (Title 17 of the United

States Code). Any person who infringes the copyright law is liable. Review the full copyright policy.

**SNHU Withdrawal Policy** 

Review the full withdrawal policy.

# **Southern New Hampshire University Policies**

More information about SNHU policies can be found on the policy page.

# **Student Work Samples**

For the purpose of continuous improvement of our educational training, Southern New Hampshire University may, on occasion, utilize anonymous student work samples for internal professional development and staff training. If you would like to withdraw permission for use of your work, please complete the <u>Student Work Sample Survey</u>.