



Undergraduate Course Syllabus

IHP 323: Health Aspects of Human Sexuality

Center: Online

Credits: 3

Course Prerequisites

None

Course Description

This course will introduce recent findings on the study of human sexual behavior, with emphasis on the interaction between psychological, social, and biological factors. Topics include sexual differentiation and development, the sexually transmitted infections and HIV, sexual orientation, and patterns of sexual behavior. Students will receive an overview of the dynamics of human sexuality, specifically, examining the influence and importance of human sexuality as it relates to individuals, communities, and global populations with specific aim towards health promotion activities.

Course Outcomes

- Discuss various theories related to sexual health and the different theoretical and evidence-based approaches in developing interventions and health policy
- Describe cultural, social, and ethical factors that influence sexual behavior and guide sexual health interventions
- Create a plan for promoting sexual health, including controlling communicable diseases, that considers availability, access, and quality of effective health care

Required Materials

Using your learning resources is critical to your success in this course. Please purchase directly through SNHU's online bookstore, [MBS Direct](#), rather than any other vendor. Purchasing directly from the bookstore ensures that you will obtain the correct materials and that the Help Desk, your advisor, and the instructor can provide you with support if you have problems.

American Psychological Association. (2009). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author. ISBN: 978-1-4338-0561-5

Wellings, K., Mitchell, K., & Collumbien, M. (2012). [*Sexual health: a public health perspective \(understanding public health\)*](#). Open University Press. ISBN: 978-1-308-27568-0

This book may be accessed for free online through the Shapiro Library.

Instructor Availability and Response Time

Your class interaction with the instructor and your classmates will take place on a regular, ongoing basis. Your instructor will be actively engaged within the course throughout the week. You will normally communicate with your instructor in the weekly discussions or the General Questions discussion topic so that your questions and the instructor's answers benefit the entire class. You should feel free, however, to communicate with your instructor via SNHU email at any time, particularly when you want to discuss something of a personal or sensitive nature. Your instructor will generally provide a response within 24 hours.

Grade Distribution

	Number of Graded Items	Point Value per Item	Total Points
Getting Started	1	40	40
Discussions	6	50	300
Short Papers	7	50	350
Reflection Journals	2	80	160
Health Promotion Activity	1	150	150
			Total Course Points: 1,000

This course may also contain practice activities. The purpose of these non-graded activities is to assist you in mastering the learning outcomes in the graded activity items listed above.

University Grading System: Undergraduate

Grade	Numerical Equivalent	Points
A	93–100	4
A-	90–92	3.67
B+	87–89	3.33
B	83–86	3
B-	80–82	2.67
C+	77–79	2.33
C	73–76	2
C-	70–72	1.67
D+	67–69	1.33
D	60–66	1
F	0–59	0
I	Incomplete	
IF	Incomplete/Failure *	
IP	In Progress (past end of term)	
W	Withdrawn	

* Please refer to the [policy page](#) for information on the incomplete grade process.

Grading Guides

Specific activity directions, grading guides, posting requirements, and additional deadlines can be found in the Assignments and Rubrics section of the course.

Weekly Assignment Schedule

All reading and assignment information can be found within each module of the course. Assignments and discussion posts during the first week of each term are due by 11:59 p.m. Eastern Time. Assignments and discussion posts for the remainder of the term are due by 11:59 p.m. of the student's local time zone.

In addition to the textbook readings that are listed, there may be additional required resources within each module.

Module	Topics and Assignments
1	Defining Sexual Health Sexual Health: A Public Health Perspective (Understanding Public Health), Chapter 1 1-1 Discussion: Getting Started 1-2 Reflection Journal: What is Sexual Health? 1-3 Short Paper: Intervention
2	Sexual Health Outcomes, Part 1 Sexual Health: A Public Health Perspective (Understanding Public Health), Chapters 2 and 3 2-1 Discussion: STDs in Society 2-2 Short Paper: HIV
3	Sexual Health Outcomes, Part 2 Sexual Health: A Public Health Perspective (Understanding Public Health), Chapters 4 and 5 3-1 Discussion: Sexual Violence 3-2 Short Paper: FSFI
4	Risk and Vulnerability, Part 1 Sexual Health: A Public Health Perspective (Understanding Public Health), Chapters 6, 7, and 8 4-1 Discussion: Early Engagement of Sexual Intercourse 4-2 Short Paper: Influences of Sexual Behaviors
5	Risk and Vulnerability, Part 2 Sexual Health: A Public Health Perspective (Understanding Public Health), Chapters 9 and 10 5-1 Discussion: Structural Influences 5-2 Short Paper: Mobile Populations
6	Interventions to Improve Sexual Health, Part 1 <i>Sexual Health: A Public Health Perspective (Understanding Public Health), Chapters 11 and 12</i> 6-1 Discussion: Best Practices in Communication 6-2 Activity: Sexual Health Promotion Strategy

Module	Topics and Assignments
7	Interventions to Improve Sexual Health, Part 2 <i>Sexual Health: A Public Health Perspective (Understanding Public Health)</i> , Chapters 13 and 14 7-1 Discussion: Researching Service Provider 7-2 Short Paper: Critique of Sexual Health Programs
8	Measuring and Assessing <i>Sexual Health: A Public Health Perspective (Understanding Public Health)</i> , Chapters 15 and 16 8-1 Reflection Journal: What is Sexual Health? 8-2 Short Paper: Evaluation of Programs

Attendance Policy

Online students are required to submit a graded assignment/discussion during the first week of class. If a student does not submit a posting to the graded assignment/discussion during the first week of class, the student is automatically withdrawn from the course for non-participation. Review the [full attendance policy](#).

Late Assignments Policy

Meeting assigned due dates is critical for demonstrating progress and ensuring appropriate time for instructor feedback on assignments. Students are expected to submit their assignments on or before the due date. Review the [full late assignment policy](#).

SNHU College of Online and Continuing Education Student Handbook

Review the [student handbook](#).

ADA/504 Compliance Statement

Southern New Hampshire University is dedicated to providing equal access to individuals with disabilities, including intellectual disabilities, in accordance with Section 504 of the Rehabilitation Act of 1973, Title III of the Americans with Disabilities Act (ADA) of 1990, and the ADA Amendments Act of 2008. The university prohibits unlawful discrimination on the basis of disability and takes action to prevent such discrimination by providing reasonable accommodations to eligible individuals with disabilities.

As soon as you become aware of a disability, we encourage you to contact the Online Accessibility Center (OAC) to discuss accommodations for which you may be qualified. Reasonable accommodations are established through an interactive process between the student and the OAC. Note that accommodations are not retroactive and that disability accommodations are not provided until an accommodation letter has been processed.

Contact Information:

Online Accessibility Center

Phone: 866-305-9430

Email: oad@snhu.edu

For questions concerning support services, documentation guidelines, or general disability issues, visit the [Online Accessibility Center](#) website.

If you feel you have been denied appropriate disability-related accommodations, including appropriate auxiliary aids and services, you may file a grievance as described in the ADA/504 Grievance Policy found on the [Disability Services](#) webpage.

Academic Honesty Policy

Southern New Hampshire University requires all students to adhere to high standards of integrity in their academic work. Activities such as plagiarism and cheating are not condoned by the university. Review the [full academic honesty policy](#).

Copyright Policy

Southern New Hampshire University abides by the provisions of United States Copyright Act (Title 17 of the United States Code). Any person who infringes the copyright law is liable. Review the [full copyright policy](#).

SNHU College of Online and Continuing Education Withdrawal Policy

Review the [full withdrawal policy](#).

Southern New Hampshire University Policies

More information about SNHU policies can be found on the [policy page](#).

Student Work Samples

For the purpose of continuous improvement of our educational training, Southern New Hampshire University may, on occasion, utilize anonymous student work samples for internal professional development and staff training. If you would like to withdraw permission for use of your work, please complete the [Student Work Sample Survey](#).