

U-M MOVEMENT DISORDERS UPDATE:

IMPROVING PATIENT CARE



FRIDAY, SEPTEMBER 25, 2015

The Inn at St. John's, Plymouth, MI

PROGRAM SCHEDULE

FRIDAY, SEPTEMBER 25, 2015 6.5 CREDIT HOURS

7:30am	Registration and Continental Breakfast
8:00	Introduction
8:10	Diagnosis and Management of Motor Symptoms in Parkinson Disease Jonathan Snider, MD
8:50	Non-Motor Symptoms in Parkinson Disease and Their Management Praveen Dayalu, MD
9:30	BREAK
9:40	Dementia: Role in Movement Disorders Diagnosis and Management Judith L. Heidebrink, MD
10:20	Hospitalization in Patients With Parkinson Disease Kelvin L. Chou, MD
11:00	PANEL DISCUSSION Moderator: Kelvin L. Chou, MD
12:00pm	LUNCH
1:00	Essential Tremor: What's New? Daniel Leventhal, MD, PhD
1:40	Update on Restless Legs Syndrome Anita Valanju Shelgikar, MD
2:20	BREAK
2:30	Falls in Movement Disorders Vikas Kotagal, MD
3:10	PANEL DISCUSSION Moderator: Kelvin L. Chou, MD
4:00	Adjourn



PROGRAM FACULTY

Kelvin L. Chou, MD

Course Director

Thomas H. and Susan C. Brown Early Career Professor
Associate Professor, Neurology and Neurosurgery
Co-Director, Surgical Therapies Improving Movement (STIM) Program

Praveen Dayalu, MD

Assistant Professor, Neurology

Judith L. Heidebrink
Associate Professor, Neurology
Staff Neurologist, Veterans Affairs Ann Arbor Healthcare System

Vikas Kotagal, MD

Assistant Professor, Neurology

Daniel Leventhal, MD, PhD
Assistant Professor, Neurology and Biomedical Engineering

Anita Valanju Shelgikar, MD

Assistant Professor, Neurology
Director, Sleep Medicine Fellowship Program

Jonathan Snider, MD

Clinical Lecturer, Neurology
Movement Disorder Fellow

PLANNING COMMITTEE

Kelvin L. Chou, MD

Course Director

Thomas H. and Susan C. Brown Early Career Professor
Associate Professor, Neurology and Neurosurgery
Co-Director, Surgical Therapies Improving Movement (STIM) Program

Laura Zeitlin, LMSW

Educational Activities Coordinator, Udall Center for Excellence in Parkinson's Disease
Clinical Social Worker/Program Coordinator, Surgical Therapies Improving Movement (STIM) Program

COURSE OBJECTIVES

This unique full-day course focuses on issues in patients with the most common movement disorders (Parkinson disease, essential tremor, restless legs syndrome) utilizing both a didactic and case-study approach. Designed for the busy clinician, topics will provide attendees with the essential tools for recognition, diagnosis, efficient assessment and initial management of patients with Parkinson disease, essential tremor and restless legs syndrome. Management of motor and non-motor symptoms of Parkinson disease including dementia will be covered. Additionally, recognition of movement disorders contribution to falls will be presented. All course faculty have appointments at the University of Michigan Medical School. Course faculty will give a didactic lecture for each topic that includes case presentations so that participants can experience how course faculty approach cases in their own practice. The morning and afternoon sessions will end with a panel discussion so that participants have ample time to ask questions. The intended audience includes neurologists, psychiatrists, geriatricians, primary care physicians, nurses and physician assistants who are interested in learning more about these movement disorders.

Upon completion of this course, participants should:

- Recognize the motor symptoms of Parkinson disease and be familiar with the current treatment approach to motor symptoms
- Be familiar with the many non-motor symptoms of Parkinson disease and recognize their contribution to a patient's quality of life
- Recognize the clinical manifestations of dementia, how it influences diagnosis in movement disorders patients, and how to manage the symptoms
- Be familiar with the unique medication safety concerns for hospitalized PD patients.
- Diagnose and treat essential tremor
- Recognize the symptoms of restless legs syndrome and be familiar with the current treatment approach
- Identify contributors to falls in patients with movement disorders and how to best treat/prevent them

TARGET AUDIENCE

The intended audience for this course includes neurologists, psychiatrists, geriatricians, primary care physicians, nurses and physician assistants who see patients with movement disorders.

DATE

Friday, September 25, 2015

TIME

7:30 am - 4:00 pm

LOCATION

The Inn at St. John's
44045 Five Mile Rd., Plymouth, MI 48170
Phone: (734) 414-0600
Fax: (734) 414-0606
www.stjohnsgolfconference.com

REGISTRATION

You are urged to register as soon as you are certain of attending as we cannot guarantee education materials for applicants who are not preregistered and prepaid by September 11, 2015. Registration fees include continental breakfast, lunch, and educational materials for each participant. Checks should be made payable to the University of Michigan. Payments made via American Express, Visa or MasterCard are also accepted.

RECORDING THE PROGRAM

Recording the program with battery-operated devices not requiring podium microphones is permitted for the registrant's personal use.

PROGRAM FUNDING

This program is supported under the Education and Outreach Core of the University of Michigan Udall Center for Excellence in Parkinson's Disease. The Education and Outreach Core pursues a comprehensive program to educate caregivers about the etiology, clinical features and state-of-the-art management of Parkinson disease, including the clinical education of Udall Center Fellows and an aggressive outreach program to inform and educate traditionally underserved communities about Parkinson Disease and related movement disorders.

<http://www.udallpd.umich.edu/>

FOR MORE INFORMATION:

University of Michigan
Department of Internal Medicine
Continuing Medical Education
24 Frank Lloyd Wright Dr., Lobby J, Suite 1200
Ann Arbor, MI 48106

U-M MOVEMENT DISORDERS CONFERENCE
Friday, September 25, 2015

ACCREDITATION AND CREDIT DESIGNATION:

The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Michigan Medical School designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, U-M Movement Disorders Update: Improving Patient Care, with a beginning date of 09/25/2015, has been reviewed and is acceptable for up to 6.50 prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Osteopathic Association has approved this live activity for 6.50 credit hours.

DRIVING DIRECTIONS

From the East

Follow I-96 until it turns into M-14. Follow M-14 west to Sheldon Road exit. Turn right onto Sheldon Road. Follow Sheldon Road for about half a mile. Turn right onto Five Mile Road. Entrance to The Inn at St. John's is on the right.

From the West

Follow M-14 east to Sheldon Road exit. Turn right onto Sheldon Road. Follow Sheldon Road for about half a mile. Turn right onto Five Mile Road. Entrance to The Inn at St. John's is on the right.

From the South

Take I-275 north to M-14. Exit onto M-14 west towards Ann Arbor. Follow M-14 west to Sheldon Road exit. Turn right onto Sheldon Road. Follow Sheldon Road for about half a mile. Turn right onto Five Mile Road. Entrance to The Inn at St. John's is on the right.

From the North

Take I-275 south to M-14. Exit onto M-14 west towards Ann Arbor. Follow M-14 west to Sheldon Road exit. Turn right onto Sheldon Road. Follow Sheldon Road for about half a mile. Turn right onto Five Mile Road. Entrance to The Inn at St. John's is on the right.

P: (734) 232-3469

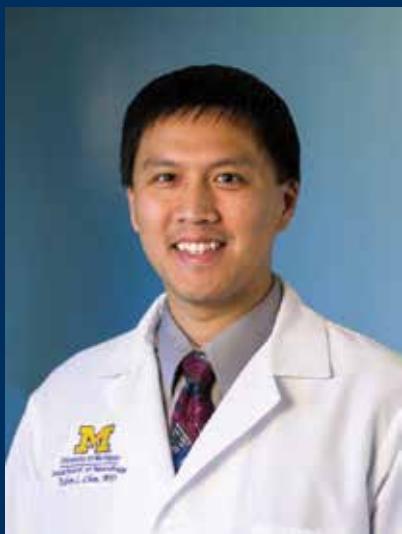
F: (734) 998-0085

Email: intmedcme@umich.edu

www.med.umich.edu/intmed/cme

COURSE DIRECTOR

Kelvin L. Chou, MD



Kelvin L. Chou, M.D., is the Thomas H. and Susan C. Brown Early Career Professor and Clinical Associate Professor of Neurology and Neurosurgery in the Department of Neurology. He is the Education and Outreach Core leader for the U-M Udall Center for Excellence in Parkinson's Disease. Dr. Chou also serves as Co-Director of the Surgical Therapies Improving Movement (STIM) Program.

Dr. Chou's research is focused on improving the ability to treat movement disorders patients through deep brain stimulation (DBS) by better understanding the relationships between patient baseline characteristics, DBS targeting, and the clinical effects of stimulation.

Dr. Chou sees all patients with movement disorders (i.e. Parkinson disease, tremors, dystonia, Huntington disease). He has particular interest in Parkinson disease (PD) and deep brain stimulation (DBS) for movement disorders, and he also has clinical expertise in botulinum toxin injections for movement disorders such as dystonia.

Dr. Chou serves on the Professional Advisory Board of the Michigan Parkinson Foundation, the Medical Advisory Board of the International Essential Tremor Foundation (IETF) and has published a book for patients and families called Deep Brain Stimulation: A New Life for People with Parkinson's, Dystonia and Essential Tremor.

FOR PATIENT CARE OR REFERRALS:

**University of Michigan Health System Department of Neurology
East Ann Arbor Health and Geriatrics Center
4260 Plymouth Rd. Level 1
734-764-6831**

<http://www.uofmhealth.org/medical-services/brain-neurological-conditions/movement-disorders>



REGISTRATION FORM

U-M MOVEMENT DISORDERS UPDATE

Friday, September 25, 2015

REGISTRATION OPTIONS

Mail this Form to:
University of Michigan
Department of Internal Medicine CME
24 Frank Lloyd Wright Dr.
Lobby J, Suite 1200
Ann Arbor, MI 48106-5750

Online: www.med.umich.edu/intmed/cme

By Phone: (734) 232-3469

By Fax: (734) 998-0085

Registration Deadline to guarantee materials:

September 11, 2015

On-site registration will also be available.

CONTACT INFORMATION

REGISTRANT NAME <i>(first, middle initial, last)</i> <i>(as you would like it to appear on your name tag)</i>		DEGREE - select all that apply			
		<input type="checkbox"/> MD	<input type="checkbox"/> DO	<input type="checkbox"/> PhD	<input type="checkbox"/> PA
		<input type="checkbox"/> NP	<input type="checkbox"/> RN	<input type="checkbox"/> Other:	
PREFERRED MAILING ADDRESS..... <i>select one</i>		<input type="checkbox"/> HOME	<input type="checkbox"/> BUSINESS		
ADDRESS					
CITY	STATE	ZIP OR POSTAL CODE	COUNTRY		
CONTACT PHONE NUMBER(S):					
<input type="checkbox"/> CELL / HOME		<input type="checkbox"/> WORK			
EMAIL ADDRESS <i>(Receipts and confirmations are sent via email. Please print clearly.)</i>		SPECIAL ACCOMMODATIONS			

RATE & PAYMENT INFORMATION

REGISTRATION OPTIONS	GENERAL RATE	ALLIED HEALTH / RETIREES
Full Course	<input type="checkbox"/> \$150	<input type="checkbox"/> \$100

There are no partial day registrations for this course. Refunds can be processed up to a week in advance but a \$50 service fee will be charged. Please enclose a check (U.S. currency) payable to the University of Michigan or pay by credit card (see below).

All registrations are considered confirmed once payment is received. All registrations taken by phone, fax or online will receive an email confirmation. Please call (734) 232-3469 with any questions or concerns.

CREDIT CARD: AmEx Discover MasterCard Visa

CARD #

EXP. DATE

NAME ON CARD *(Please print)*

SIGNATURE *(Not valid without signature)*