



SYMPOSIUM 2016:
Therapeutic Challenges
in the Management of
Parkinson Disease

APRIL 29, 2016

**Auburn Hills Marriott Centerpoint
Hotel and Conference Center
3600 Centerpoint Parkway
Pontiac MI 48341**

Health Professional Track

- 8:15 am** Welcome and Introduction
Drs. Paul Cullis and Kelvin Chou
- 8:30 am** Recent Advances in Understanding and Treating PD
Dr. Hubert Fernandez
- 9:15 am** Challenges in Treating PD and
Novel Approaches for Medication
Dr. Peter LeWitt
- 9:45 am** Update on Deep Brain Stimulation Surgery
Dr. Jason Schwalb
- 10:05 am** Communication and Cognition Deficits in PD
Dr. Richard Merson
- 10:25 am** Break
- 10:40 am** Special Issues: Mood Disturbances
Dr. Doree-Ann Espiritu
- 11:25 am** Special Issues: Cognitive Disorders and PD
Dr. Jennifer G. Goldman
- 12:00** Lunch
- 1:00 pm** **Managing Freezing of Gait and Falls**
Dr. Sotirios Parashos
-

2:00 pm BREAKOUT SESSION 2 – FOR PERSONS WITH PD AND FAMILY; AND FOR HEALTH PROFESSIONALS

A. Approaches to Speech Therapy

Drs. Richard Merson, Karen Kluin, Alice Silbergleit,
Ramya Konnai

B. Mental Health Issues

Terrencio McGlasson, Dr. Doree-Ann Espiritu,
Denise Van Etten, RN

C. Medication Management Issues

Dr. John Goudreau

D. Caregiver Session 1

Nancy Knitter, Paula Gibeson, RN;
Karen Bugg-Foley, RN, LMSW, Laura Zeitlin, LMSW

Persons with Parkinson Disease and Family Members Track

- 9:15 am** Welcome and Introduction
Drs. Edwin B. George and John Goudreau
- 9:30 am** What's new in PD: An Overview and Panel Discussion
Drs. Paul Cullis, Edwin B. George and John Goudreau;
Karen Freshwater, PA-C; Denise Van Effen, RN
- 10:45 am** Break
- 11:00 am** Complementary Therapies and Panel
Drs. Danette Taylor, Shana Krstevska
& Barbara Pickut
- 12:00** Lunch
- 1:00 pm** **BREAKOUT SESSION 1**
- A. Exercise Potpourri**
Dr. Stuart Blatt, Brian Cooper, OTR; and others
 - B. Mindfulness Training in PD Management**
Dr. Barbara Pickut
 - C. Managing Freezing of Gait and Falls**
Dr. Sotirios Parashos

3:00 pm BREAKOUT SESSION 3 – FOR PERSONS WITH PD AND FAMILY; AND FOR HEALTH PROFESSIONALS

- A. Exercise** – Dr. Stuart Blatt
 - B. Deep Brain Stimulation Surgery**
Drs. Jason Schwalb and Kelvin Chou
 - C. Legal Issues** Jeff Appel, Esq.
 - D. Caregiver Session 2**
Nancy Knitter, Paula Gibeson, RN;
Karen Bugg-Foley, RN, LMSW, Laura Zeitlin, LMSW
- 4:00 pm** Conclusion

OBJECTIVES

At the conclusion of the Professional track sessions, participants will:

1. Summarize advances in understanding Parkinson disease:
 - New diagnostic initiatives
 - New therapeutic developments in the treatment of Parkinson disease
2. Explain new medications and administration techniques in treatment of Parkinson disease.
3. Summarize current practice of the use of deep brain stimulation surgery in Parkinson disease.
4. Describe the expanding role of speech and language pathology in improving the quality of life of people with Parkinson's through focus on language, cognition and swallowing.
5. Describe three challenging issues impacting the health and quality of life of patients with Parkinson disease - cognition, mood disorders and freezing of gait, and emerging treatment methodologies for each.
 - Discuss diagnosis and treatment of cognitive changes in PD, contrasted with other dementias.
 - Outline common mood disorders in PD and their management.
 - Describe current understanding of freezing of gait and falls and their prevention and management using an interdisciplinary approach.

At the conclusion of selected Breakout sessions, participants will:

- Recognize the importance of exercise in the management of Parkinson disease and the variety of programs available.
- Expand awareness of the complex interactions of PD symptoms, the side-effects of PD medications and mental health, and explore the benefits of a multi-faceted, holistic treatment approach that addresses: physiological, psychological, relational & environmental.
- Summarize mental health implications for family members of people with PD throughout the disease process.
- Discuss pros & cons of current Speech-Language Pathology interventions for management of Parkinson disease
- Describe legal issues facing people with Parkinson's, including work discrimination, social security disability, and strategies to improve client outcome.
- Describe issues people with PD face in managing the medication regimen and methods to improve patient compliance and outcome.
- Discuss strategies to use to improve timing of medication administration in hospital and other health care settings.
- Explain processes involved in establishing the need for DBS in the patient with Parkinson disease and describe the preparation for surgery, surgical procedure options, and the post-surgical period.
- Describe issues facing family members/friends who become caregivers of people with PD.

PLANNING COMMITTEE:

Edwin B. George, M.D., Ph.D, Course Director

Kelvin L. Chou, M.D., University of Michigan, Co-Chair

John B. Goudreau, D.O., Ph.D., Michigan State University, Co-Chair

Jason Schwalb, M.D., Henry Ford Hospital

Stuart Blatt, Ph.D., R.PT, Therapists on the Move

Richard Merson, Ph.D., CCC-S&LP, William Beaumont Hospital

Deborah M. Orloff, RN, MPH, Michigan Parkinson Foundation

Laura Zeitlin, MSW, University of Michigan

TARGET AUDIENCE: This program offers two tracks: one for health professionals and one for people affected by Parkinson disease and their families. The program provides valuable practical and clinically relevant information on the complexities of Parkinson disease and its management for a variety of physicians and healthcare professionals involved with people affected by Parkinson disease and their families: neurologists, family practitioners, gerontologists, physician assistants, nurse practitioners, nurses, occupational therapists, physical therapists, speech and language pathologists, social workers, mental health professionals, home care and long term care practitioners.

LOCATION: **Auburn Hills Marriott Centerpoint Hotel and Conference Center**
3600 Centerpoint Parkway, Pontiac MI 48341

FINANCIAL SUPPORT: This program has been made possible by generous grants from *Senior Helpers* and *US WorldMeds*, as well as other commercial interests.

JOINT PROVIDERSHIP ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of Wayne State University School of Medicine and the Michigan Parkinson Foundation. The Wayne State University School of Medicine is accredited by this ACCME to provide continuing medical education for physicians.

The Wayne State University School of Medicine designates this live activity for a maximum of **6.25 AMA PRA Category 1 Credits™**. Physicians should claim on the credit commensurate with the extent of their participation in this activity.

REGISTRATION FEE: Three categories of registration are available and, if CMEs are requested, there is an additional \$10 fee. Physicians: \$100; Other health care professionals and physicians-in-training: \$50; Persons with Parkinson's and family members: \$35 each. There is NOT on-line registration and completed registration forms with payment must be received by April 18, 2016 either by mail, fax (248-433-1150) or phone (248-433-1011). Payment may be by check, money order, or credit card. VISA, MasterCard, DISCOVER and American Express are accepted. Contact Michigan Parkinson Foundation for questions.

REFUNDS: Request for refunds must be made by April 1, 2016. The registration fee minus a \$25 processing fee will be refunded after the Symposium. No refunds will be given after the April 18, 2016 deadline.



30400 Telegraph Rd., Suite 150, Bingham Farms, MI 48025
248-433-1011

PHYSICIAN/HEALTH PROFESSIONALS

SYMPOSIUM 2016: THERAPEUTIC CHALLENGES IN THE MANAGEMENT OF PARKINSON DISEASE -- APRIL 29, 2016

You may register by mail: Michigan Parkinson Foundation, 30400 Telegraph Rd., Suite 150, Bingham Farms, MI 48025; by phone: (248) 433-1011, (800) 852-9781 or by fax: (248) 433-1150. On-site registration is limited. **Registration Deadline: (to guarantee lunch and educational materials): April 18, 2016**

Personal Information (please print) -

1 PERSON PER FORM for Physicians and Healthcare Professionals

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms. ☐ Other _____

Name _____ (MD, DO, etc.) _____

Company (if applicable): _____

Address: ☐ Home ☐ Work _____

City/State _____ Zip _____

Phone _____ Fax _____

Email _____

Special Needs _____

CME Required: (note: \$10 fee additional) Yes ☐ No ☐

BREAKOUT SESSIONS

Note: Attendee 1 is Person with Parkinson's. Attendee 2 is PD family member. Physicians and Health Professionals – use Attendee 1

Breakout Session 1: 1:00 pm (please check one below per attendee)

ATTENDEE 1

- ☐ A. Managing Freezing of Gait/Falls
☐ B. Exercise/Movement
☐ C. Mindfulness

ATTENDEE 2

- ☐ A. Managing Freezing of Gait/Falls
☐ B. Exercise/Movement
☐ C. Mindfulness

Breakout Session 2: 2:00 pm (please check one below per attendee)

ATTENDEE 1

- ☐ A. Approaches to Speech Therapy
☐ B. Mental Health
☐ C. Medication Management
☐ D. Caregiver Session 1

ATTENDEE 2

- ☐ A. Approaches to Speech Therapy
☐ B. Mental Health
☐ C. Medication Management
☐ D. Caregiver Session 1

Breakout Session 3: 3:00 – 4:00 pm (Please check one below per attendee)

ATTENDEE 1

- ☐ A. Exercise
☐ B. Deep Brain Stimulation
☐ C. Legal Issues
☐ D. Caregiver Session 2

ATTENDEE 2

- ☐ A. Exercise
☐ B. Deep Brain Stimulation
☐ C. Legal Issues
☐ D. Caregiver Session 2

PERSONS WITH PARKINSON DISEASE AND FAMILY MEMBERS

SYMPOSIUM 2016: THERAPEUTIC CHALLENGES IN THE MANAGEMENT OF PARKINSON DISEASE -- APRIL 29, 2016

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Personal Information (please print)

Note: *Attendee 1 is Person with Parkinson's Attendee 2 is PD family member.*

___ Mr. & Mrs. ___ Mr. ___ Mrs. ___ Ms. ___ Other _____

Attendee 1: Name _____
 ___ PD ___ Care Partner ___ Other _____

Attendee 2: Name _____
 ___ PD ___ Care Partner ___ Other _____

Address _____

Phone _____ Fax _____

Email _____

Special Needs _____

PAYMENT

Please enclose a check (U.S. currency) payable to the
"Michigan Parkinson Foundation" or pay by credit card below.

Request for refunds must be made by April 1, 2016. The registration fee minus a \$25 processing fee will be refunded after the Symposium. No refunds will be given after the April 18, 2016 deadline

___ \$100 Physician ___ \$10 for CME

___ \$50 Healthcare Professional or Physician-In-Training ___ \$10 for CME

___ Person with PD/ Family \$35 fee per person

Total amount enclosed/to be charged \$ _____

Credit Card: ___ MasterCard ___ Visa ___ Discover ___ American Express

Account # _____

Exp. Date _____ Card Security Code _____

Cardholder Name (print) _____

Signature _____

(Not valid without signature)

FACULTY

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Kelvin L. Chou, MD

Thomas H. and Susan C. Brown Early Career
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