Apple fruit can be consumed daily. And a famous saying is that An Apple a Day Keeps the Doctor AwayBanana is yellow colored fruit Banana is sweet. Banana Apple Grapes are sour and sweet. It is a lush fruit, contains a lot of juice. Grapes are used to making many things and drinks like resins, juices, jams, wines, etc. Grapes are mostly used in every part of the world. Apple are usually grown in winters. And generally, Apple are grown in mountain areas.