

Foe web

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<ul style="list-style-type: none">• 8000m +• 7000m +• 6501m +• 6000m +• 5500m +	<ul style="list-style-type: none">• Annapurna• Everest• Langtang• Manaslu• Other treks• Off beaten treks (Camping)• Short trek• High passes treks	<ul style="list-style-type: none">• Basic Mountaineering course• Preparation for 8000m peak climbing course	<ol style="list-style-type: none">1. Canyoning2. Rafting3. Heritage Tour4. Jungle Safari5. Paragliding6. Mountain biking7. Pilgrimage tour8. Rock climbing trip9. Ice climbing		2024 /2025	<ul style="list-style-type: none">• Why with us?• Who we are?• Chairman's Massage• Our team• Certificates• To become partner with us	

Mountaineering

8000m +	7000m +	6501m+	6000m +	5501m+
1. Everest 2. Lhotse 3. Manaslu 4. Makalu 5. Annapurna 6. Dhaulagiri 7. Kanchenjunga	1. Baurntse 2. Himlung 3. Annaurna 4 4. Puthan Himchuli 5. Tilicho peak 6. Ratna Chuli	1. Amadablam Peak And other peaks	1. Island peak 2. Lobuche peak 3. Mera peak 4. Chulu west 5. Chulu Far east 6. Singa chuli 7. Pisang Peak 8. Dhampus peak 9. Amadablam Peak 10. Pachermo	1. Mardi peaks 2. Tent Peaks 3. Yala Peak 4. Naya Khang Peak 5. Sano ganjala chuli Peak 6. Ramdong Go Peak 7. Paldor Peak

Trekking

Annapurna Region	Everest Region	Langtang Region
<ol style="list-style-type: none"> 1. Annapurna circuit Trek 11/ 14 days 2. Annapurna Full circuit Trek including Annapurna Base camp 20/22 days 3. Tilicho lake and Annapurna circuit Trek 12/14 days 4. Tilicho lake and Mesokanto pass trek 12/14 days 5. Nar-Phoo Trek and Annapurna circuit Trek 16/18 days (khang-la and thorong-La) 6. Poon hill Trek 5/7 days 7. Annapurna South Base camp 6/12 days 8. Annapurna North Base camp 6/12 days 9. Mardi Himal Trek 10. Namun-la Trek (Gurung Deurali) 11. Kori trek 4/6 days 12. Khumai Dnanda Trek 13. Upper Mustang 	<ol style="list-style-type: none"> 1. Scenic Everest Base Camp Trek 12/ 16 days 2. Everest Base camp and return by helicopter from EBC to Lukla 3. Panoramic Everest view trek 7/9 days 4. Everest Base camp- Cho la-Gokyo trek 16/17 days 5. Three Pass Trek in Everest area 18/20 days 6. Gokyo Trek 12/ 13 days 7. Everest Heli Tour 1 day 	<ol style="list-style-type: none"> 1. Langtang valley trek 2. Ganja-la pass trek langtang helambu 3. Langtang and Gosaikunda trek

Trekking

Manaslu Region	Other Treks	Off beaten treks (Camping)
<ol style="list-style-type: none"> 1. Manaslu circuit trek 2. Tsum Vally trek (manaslu) 3. Manaslu circuit trek with Tsum Vally 	<ol style="list-style-type: none"> 1. Rolwaling treks 2. Kanchenjunga North base camp trek 3. Kanchedunga circuit Trek 4. Makalu BC 5. Cho-Oyu BC South 6. 	<ol style="list-style-type: none"> 1. Dhaulagiri Circuit Trek 2. Upper dolpo trek 3. Sarebung trek 4. Naumn-la Trek (Gurung Deurali) Annapurna 5. API-Saipal Himal Base camp 6. Rubi valley trek 7. Annapurna North Base Camp

High passes treks	Short Trek	
<ol style="list-style-type: none"> 1. Thourng -La Pass Annapurna 2. Larkya-La Manaslu Circuit 3. Meshokanta-la Annapurna 4. 3 pass Everest 5. Tasi lapcha-la rolwaling 6. Amphu laptse (mera to Everest) 7. Dhaulagiri French- Thapa 8. Ganjala langtang 9. Sarebung pass mustang 10. Nar-phoo Annapurna 	<ol style="list-style-type: none"> 1. Mardi himal Trek 2. Khopra trek 3. Kori Trek 4. Poon hill Trek 5. Langtang Trek 6. Khumai Danda 7. Kathmandu valley trek 8. Dhampus Trek 	