

Good ask. This is about mental hygiene, not learning more.

We'll freeze the chaos into drawers so your brain knows where to put things.

No mixing. No poetry now. Pure clarity.

THE CLEAN SYSTEM

Think in DOMAINS → SUBGROUPS → SKILLS

You have 5 main domains.

Everything you want to do fits only one place.

1 DESIGN (Static Visual Intelligence)

Design = still frame thinking

Design answers:

"If this never moved, would it still work?"

DESIGN → Subgroups

A. Composition & Hierarchy

Visual hierarchy

Scale & contrast

Alignment

Negative space

Rule of thirds / golden ratio

👉 What the eye sees first

B. Typography

Font personality

Kerning & tracking

Leading

Readability vs expression

Kinetic typography (rules only, motion comes later)

👉 Voice of text

C. Color & Tone

Color theory

Color psychology

Complementary palettes

Contrast ratios

Mood boards

👉 Emotional temperature

D. Vector & Asset Design (MISSING – CRITICAL)

Illustrator / SVG

Shape logic

Scalable assets

Icon systems

Clean geometry

👉 Professional-grade assets

E. Layout Systems

Grid systems

Modular layouts

UI rhythm

Balance vs tension

👉 Structure

🧠 Design never deals with time or motion.

If it moves → it's not design anymore.

2 CINEMATOGRAPHY (Light, Space, Reality)

Cinematography = writing with light & space

Answers:

"Does this feel physically real?"

CINEMATOGRAPHY → Subgroups

A. Light Physics

Key / Fill / Back ratios

Hard vs soft light

Falloff

Color temperature

Contrast control

B. Motivated Lighting (MISSING – CRITICAL)

Practical lights

Light justification

Source logic

Shadow motivation

👉 Why this light exists

C. Camera Optics

Focal length behavior

Compression vs distortion

Lens personality

Sensor size effect

D. Exposure Control

Aperture (DoF)

Shutter speed

ISO

Noise vs texture

E. Blocking & Camera Movement

Actor movement

Camera placement

Eye lines

Movement motivation

👉 Story without dialogue

🧠 Cinematography stops when the clip ends.

Meaning is created later.

3 SOUND (Invisible Reality Glue)

Sound = emotional realism

Answers:

"Would this feel real with eyes closed?"

SOUND → Subgroups

A. Production Sound

Mic placement

Signal-to-noise

Clean capture

B. Room Tone (MISSING – CRITICAL)

Ambient silence

Continuity glue

Edit patching

C. Foley & SFX

Layering

Texture building

Weight creation

D. Sound Design Logic

Diegetic vs non-diegetic

Emotional sound cues

Silence usage

E. Mixing

EQ (mud removal)

Compression

Loudness balance

 Bad sound kills great visuals. Always.

4 EDITING (Meaning + Time Control)

Editing = where meaning is born

Answers:

"What does this sequence say?"

EDITING → Subgroups

A. Narrative Editing

Kuleshov effect

Cause & effect

Emotional continuity

B. Pacing & Rhythm

Cut timing

Breathing room

Tension control

C. Montage

Time compression

Emotional escalation

Visual metaphors

D. Technical Discipline (MISSING – CRITICAL)

File organization

Version control

Iteration safety

👉 Freedom without fear

🧠 Editing is not effects.

It's decision-making.

5 MOTION (Design + Time)

Motion = design obeying physics over time

Answers:

"Does this feel alive?"

MOTION → Subgroups

A. Motion Physics

12 principles of animation

Weight & inertia

Cause → reaction

B. Easing & Interpolation

Speed graph

Bezier curves

Organic vs robotic motion

C. Motion Blur & Shutter Phase (MISSING – CRITICAL)

180° shutter logic

Artificial blur sync

Cinematic consistency

D. Secondary Animation (MISSING – VIBE BRIDGE)

Follow-through

Environmental reaction

Micro-movement

👉 Life leakage

E. Parallax & Depth

2.5D space

Scale illusion

Foreground / background logic

🧠 Motion is where vibe sneaks in.

FINAL LOCK (Memorize This)

Design → What it looks like (still)

Cinematography → How reality behaves

Sound → Emotional truth

Editing → Meaning over time

Motion → Life & energy

ONE LAST RULE (IMPORTANT)

If you're confused, you're mixing domains.

So when your brain panics, ask:

"Is this still or moving?" → Design or Motion

"Is this light & space?" → Cinematography

"Is this emotion without visuals?" → Sound

"Is this meaning?" → Editing

Your mind will calm down.

This is not too much. It's correctly organized.

If you want next:

I can turn this into a daily study rotation

Or map what to learn first, second, third so you don't overload

Just say the word  