Multistate models

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Multistate models

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SPE, Tartu, Estonia,

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Common assumptions in survival analysis

- 1. Subjects are **either** "healthy" **or** "diseased", with no intermediate state.
- 2. The disease is **irreversible**, or requires intervention to be cured.
- 3. The time of disease incidence is known **exactly**.
- 4. The disease is **accurately** diagnosed.

These assumptions are true for death and many chronic diseases.

A question of definition:

consider occurrence of recording of a given disease

A model for cervical cancer

Invasive squamous cell cancer of the cervix is preceded by cervical intraepithelial neoplasia (CIN)



Purpose of a screening programme is to detect and treat CIN — status of persons obtained at screening dates

Aim of the modeling the transition rates between states, is to be able predict how population moves between states

- ► Transition rates between states
- Probability of state occupancy

Markov models for multistate processes

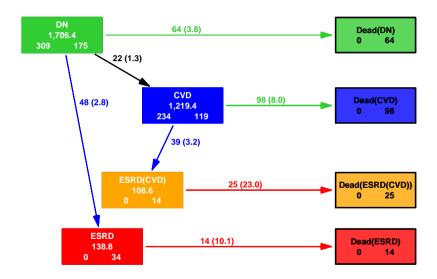
The natural generalization of Poisson regression to multiple disease states:

- transition between states depends **only** on current state
- ► this is the **Markov** property
- ▶ ⇒ transition rates are constant over time
- ▶ (time-fixed) covariates may influence transition rates
- the formal Markov property is very restrictive
- ▶ in the clinical litterature "Markov model" is often used about any type of multistate model

Components of a multistate (Markov) model

- ▶ Define the disease states
- ▶ Define which transitions between states are allowed
- ➤ Select covariates influencing transition rates (may be different between transitions)
- ▶ Not a trivial task do we want e.g.
 - cause of death (CVD, Cancer, Other)
 - disease status at death (prev.CVD, prev.Can, neither)

A more complicated multistate model



Likelihood for a multistate model

- The likelihood of the model depends on the probability of being in state j at time t_1 , given that you were in state i at time t_0 .
- ► Assume transition rates constant in small time intervals
- → each interval for a person contributes term(s) to the likelihood
- one term for each possible transition between states
- ▶ the total likelihood for person p in intervals i is a product of these terms, $d_{pi}log(\lambda_{pi}) \lambda_{pi}y_{pi}$
- \Rightarrow each term has the form of the likelihood for a Poisson variate d with mean λy

Likelihood for a multistate model

- \blacktriangleright each term has the form of the likelihood for a Poisson variate d with mean λy
- terms are **not** independent, but the total likelihood is a product; hence of the same form as the likelihood from independent Poisson variates
- but observations from intervals from one person are neither Poisson nor independent

Realms of multistate modeling

- ▶ intensities dimension time⁻¹
- state probabilities dimensionless, time⁰ integral of intensities w.r.t. to time
- sojourn times dimension time¹ integral of state probabilities w.r.t. to time

Classes of multistate models

- Markov model: transition between states depends only on current state ⇒ transition rates are constant time-homogeneous Markov model
- If transition rates depend on the **same timescale** only we have a time-inhomogeneous Markov model
- ► If transition rates depend on the time since entry to the current state we have a **semi**-Markov model
- ► If transition rates depend on several timescales we have a general multistate model (there is no name for this)

Computing state probabilities from intensities in multistate models

- time-homogeneous Markov model: closed-form formulae exist
- time-inhomogeneous Markov model: closed-form formulae exist (a bit more complicated)
- semi-Markov model: no closed form formulae exist
- general multistate model: no closed form formulae exist

No formulae means that any inference on state probabilities and sojourn times must be based on **simulation** from the model.

Multistate models (ms-Markov)

Multistate models with Lexis

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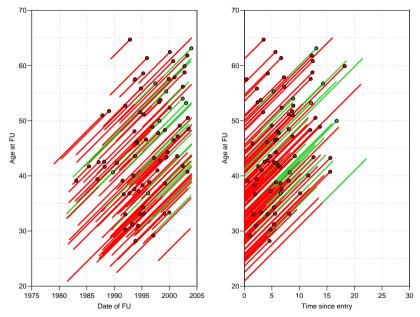
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Example: Renal failure data from Steno

Hovind P, Tarnow L, Rossing P, Carstensen B, and Parving H-H: Improved survival in patients obtaining remission of nephrotic range albuminuria in diabetic nephropathy. *Kidney Int.*, 66(3):1180–1186, 2004.

- ► Endpoint of interest: Death or end stage renal disease (ESRD), i.e. dialysis or kidney transplant.
- ▶ 96 patients entering at nephrotic range albuminuria (NRA), i.e. U-alb> 300mg/day.
- ► Is remission from this condition (i.e return to U-alb < 300mg/day) predictive of the prognosis?

		Remission	
	Total	Yes	No
No. patients No. events Follow-up time (years)	125 77 1084.7	32 8 259.9	93 69 824.8
Cox-model: Timescale: Time since nephrotic range albuminuria (NRA) Entry: 2.5 years of GFR-measurements after NRA Outcome: ESRD or Death			
Estimates:	RR	95% c.i.	p
Fixed covariates: Sex (F vs. M): Age at NRA (per 10 years):	0.92 1.42	(0.53,1.57) (1.08,1.87)	0.740 0.011
Time-dependent covariate: Obtained remission:	0.28	(0.13,0.59)	0.001



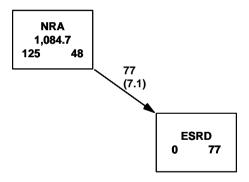
Features of the analysis

- Remission is included as a time-dependent variable.
- Age at entry is included as a fixed variable.

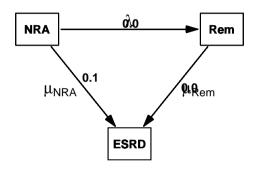
```
renal[1:5,]
id dob doe dor dox event
17 1967.944 1996.013 NA 1997.094 2
26 1959.306 1989.535 1989.814 1996.136 1
27 1962.014 1987.846 NA 1993.239 3
33 1950.747 1995.243 1995.717 2003.993 0
42 1961.296 1987.884 1996.650 2003.955 0
```

Note patient 26, 33 and 42 obtain remission.

```
> Lr <- Lexis(entry = list(per = doe,
                           age = doe-dob,
                           tfi = 0),
+
               exit = list(per = dox),
        exit.status = event>0,
             states = c("NRA", "ESRD"),
               data = renal)
> summary(Lr)
Transitions:
     To
From
     NRA ESRD
               Records: Events: Risk time:
                                              Persons:
  NRA 48
            77
                     125
                               77
                                      1084.67
                                                    125
```



Illness-death model



 λ : remission rate.

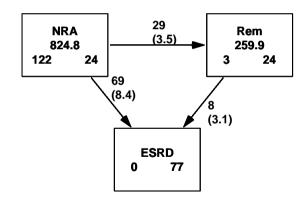
 μ_{NRA} : mortality/ESRD rate **before** remission.

 μ_{rem} : mortality/ESRD rate **after** remission.

Cutting follow-up at remission: cutLexis

```
> Lc <- cutLexis(Lr, cut = Lr$dor,
                 timescale = "per",
                 new.state = "Rem".
+
          precursor.states = "NRA")
  summary(Lc)
Transitions:
     Tο
From
      NRA Rem ESRD
                    Records:
                               Events: Risk time:
                                                   Persons:
       24
           29
  NR.A
                69
                         122
                                    98
                                           824.77
                                                         122
                          32
                                                          32
  Rem
           24 8
                                        259.90
                         154
  Sum
       24
                                   106
                                          1084.67
                                                         125
```

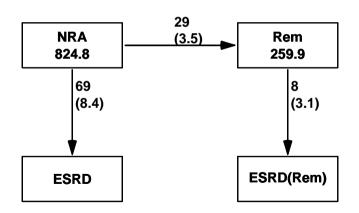
Showing states and FU: boxes.Lexis



Cutting follow up at events: cutLexis

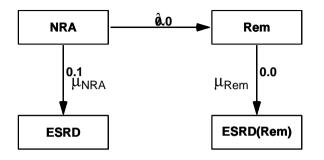
```
> Lc <- cutLexis( Lr, cut = Lr$dor,
                timescale = "per",
                new.state = "Rem".
         precursor.states = "NRA",
             split.states = TRUE )
 summary( Lc )
Transitions:
     Tο
     NRA Rem ESRD ESRD(Rem)
                              Records: Events: Risk time:
From
                                                             Persons:
           29
 NR.A
      24
                69
                                    122
                                              98
                                                     824.77
                                                                    122
                                     32
           24
                                                      259.90
                                                                    32
 Rem
                                    154
 Sum
       24
                69
                                             106
                                                     1084.67
                                                                    125
```

Showing states and FU: boxes.Lexis



Likelihood for a general MS-model

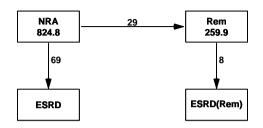
- Product of likelihoods for each transition
 - each one as for a survival model
- ▶ **Risk time** is the risk time in the "From" state
- **Events** are transitions to the "To" state
- ► All other transitions out of "From" are treated as **censorings**
- Possible to fit models separately for each transition



Cox-analysis with remission as time-dependent covariate:

- \triangleright Ignores λ , the remission rate.
- lacktriangle Assumes μ_{NRA} and μ_{rem} use the same timescale.

Model for all transitions



Cox-model:

- ► Different timescales for transitions possible
- only one per transition
- No explicit representation of estimated rates

Poisson-model:

- ► Timescales can be different
- Multiple timescales can be accomodated simultaneously
- Explicit representation of all transition rates

Calculating state probabilities

P {Remission **before** time t}

$$= \int_0^t \lambda(u) \exp\left(-\int_0^u \lambda(s) + \mu_{\mathsf{NRA}} \, \mathrm{d}s\right) \, \mathrm{d}u$$

P {Being in remission **at** time t}

$$= \int_0^t \lambda(u) \exp\left(-\int_0^u \lambda(s) + \mu_{\mathsf{NRA}}(s) \, \mathrm{d}s\right) \times \exp\left(-\int_0^t \mu_{\mathsf{rem}}(s) \, \mathrm{d}s\right) \, \mathrm{d}u$$

Note μ_{rem} could also depend on u, time since obtained remission.

Sketch of programming, assuming that λ (lambda), $\mu_{\rm NRA}$ (mu.nra) and $\mu_{\rm rem}$ (mu.rem) are known at any age (stored in vectors)

If μ_{rem} also depends on time since remission, then c.mort.rem should have an extra argument—technically very complicated

Prediction in multistate models: simLexis and renal failure

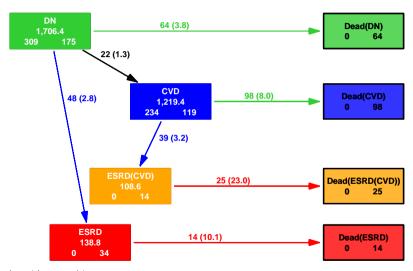
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Multistate models

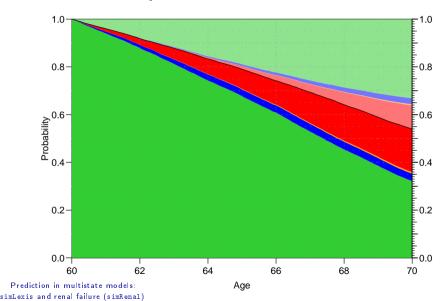
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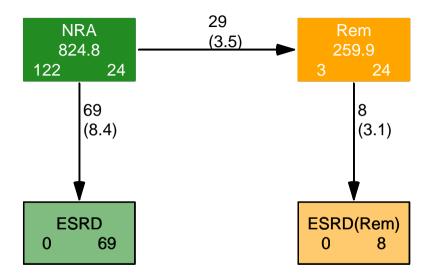
June 2023

A more complicated multistate model



A more complicated multistate model





Modeling rates in a multistate model

Each transition modeled by a model for rates (Cox-model, Poisson-model for split data, glm or gam)

Requires that follow-up is split in small intervals:

```
> sLc <- splitLexis(Lc, "tfi", breaks = seq(0, 30, 1/12))
> summary(sLc)
Transitions:
    To
      NRA Rem ESRD ESRD(Rem)
                               Records:
                                          Events: Risk time:
                                                              Persons:
From
 NRA 9854
          29
                                    9952
                                               98
                                                      824.77
                                                                   122
                                                                    32
        0 3139
                                    3147
                                                      259.90
 Rem
 Sum 9854 3168
                                   13099
                                              106 1084.67
                                                                    125
```

Modeling rates in a multistate model

...using the Lexis properties

```
> # Remisson-rate
> mr <- gam.Lexis(sLc, from = "NRA", to = "Rem",
                 formula = ~s(tfi, k = 10) + sex)
+
mgcv::gam Poisson analysis of Lexis object sLc with log link:
Rates for the transition:
NRA - > Rem
> # ESRD-rates
> mx <- gam.Lexis(sLc,
                 I((doe - dob - 40) / 10) + I(lex.Cst == "Rem"))
mgcv::gam Poisson analysis of Lexis object sLc with log link:
Rates for transitions:
NRA->ESRD
Rem->ESRD(Rem)
```

Default is to model all transitions to absorbing states

State probabilities

How do we get from rates (Poisson-models) to probabilities:

- 1 Analytic calculations:
 - immensely complicated formulae
 - computationally fast (once implemented)
 - difficult to generalize
- 2 Simulation of persons' histories
 - conceptually simple
 - computationally not quite simple
 - easy to generalize
 - hard to get confidence intervals (bootstrap)

Simulation of a survival time

► For a rate function $\lambda(t)$, $\Lambda(t) = \int_0^t \lambda(s) \, \mathrm{d}s$:

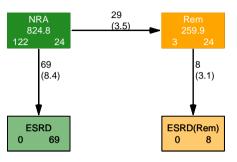
$$S(t) = \exp(-\Lambda(t))$$

lacksquare Simulate a survival probability $u \in [0,1]$:

$$u = S(t) \Leftrightarrow \Lambda(t) = -\log(u)$$

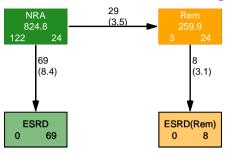
lacktriangle Knowledge of $\Lambda(t)$ makes it easy to find a survival time — essentially just linear interpolation.

Simulation in a multistate model



- ▶ Simulate a "survival time" for each transition **out** of a state.
- ▶ The smallest of these is the transition time.
- Choose the corresponding transition type as transition.

Transition objects are glm/gam



```
> Tr <- list("NRA" = list("ESRD" = mx,
+ "Rem" = mr),
+ "Rem" = list("ESRD(Rem)" = mx))
```

simLexis

Input required:

- ► A Lexis object with the initial state of the persons to be simulated.
 - (lex.dur and lex.Xst will be ignored—they are outcomes to be simulated)
- ► A transition object with the estimated Poisson models collected in a list of lists.

Output produced:

► A Lexis object with simulated event histories for may persons

Using simLexis I

Put one record a new Lexis object (init, say). representing a person with the desired covariate values.

Must have same structure as the one used for estimation — time scales must be initiated even if not used in models

Using simLexis II

```
> system.time(sim1 <- simLexis(Tr, init, N = 10000, t.range = 15))
       system elapsed
 24.69 1.52 26.21
> summary(sim1)
Transitions:
    To
     NRA Rem ESRD ESRD(Rem) Records:
From
                                       Events: Risk time: Persons:
 NRA 969 1847 7184
                                10000
                                          9031 72599.26
                                                             10000
                        623
                                          623 15654.67
 Rem
       0 1224
                                1847
                                                             1847
 Sum 969 3071 7184
                        623
                                11847
                                         9654 88253.94
                                                             10000
```

This is a simulated cohort of 10,000 persons with NRA aged 40 in 1994.

Using a simulated Lexis object — pState I

```
> NN < - nState(sim1, at = seg(0, 15, 0.1),
                 from = 0.
           time.scale = "tfi")
> head(NN)
    State
       NR.A
                 ESRD ESRD(Rem)
when
            Rem
     10000 0
 0.1 9940 25 35
 0.2 9888 61 51
 0.3 9848 84
                68
 0.4 9789 114 97
 0.5 9737 135 128
> nw1 < - pState(NN, perm = c(1, 2, 4, 3))
> head(nw1, 3)
```

Using a simulated Lexis object — pState II

```
State
               Rem ESRD(Rem) ESRD
when
        NRA
     1.0000 1.0000
                   1.0000
 0.1 0.9940 0.9965 0.9965
 0.2 0.9888 0.9949
                  0.9949
> tail(nw1, 3)
     State
         NR.A
                    Rem ESRD(Rem) ESRD
when
 14.8 0.1020 0.22450000 0.2859000
 14.9 0.0992 0.22180000 0.2836000
      0.0000 0.06970925 0.1439466
  15
```

Using a simulated Lexis object — pState III

```
> par(mar = c(3, 3, 0.5, 2), mgp = c(3, 1, 0) / 1.6, las = 1)
> plot(nw1, col = clr[c(2, 1, 4, 3)])
> lines(as.numeric(rownames(nw1)), nw1\lceil.2\rceil, lwd = 2)
> axis(side = 4, at = 0.5 / 5)
> axis(side = 4, at = 0:10 / 10, labels = NA)
> axis(side = 4, at = 0.20 / 20, labels = NA, tcl = -0.3)
> axis(side = 4. at = 0.100/100. labels = NA. tcl = -0.2)
> nw2 <- pState(NN, perm = c(4,2,1,3))
> head(\overline{nw2}, 3)
    State
when ESRD(Rem) Rem NRA ESRD
 0 0.0000 1.0000
 0.1 0 0.0025 0.9965 1
 0.2 0.0061 0.9949
> tail( nw2, 3 )
```

Using a simulated Lexis object — pState IV

```
State
when ESRD(Rem) Rem NRA ESRD

14.8 0.06140000 0.1839000 0.2859000 1

14.9 0.06180000 0.1844000 0.2836000 1

15 0.07423737 0.1439466 0.1439466 1

> par(mar = c(3, 3, 0.5, 2), mgp = c(3, 1, 0) / 1.6, las = 1)

> plot(nw2, col = clr[c(4, 1, 2, 3)])

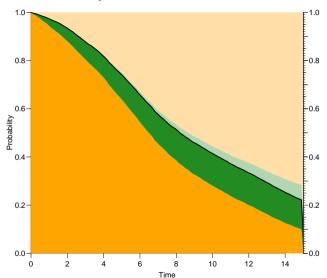
> axis(side = 4, at = 0:5 / 5)

> axis(side = 4, at = 0:10 / 10, labels = NA)

> axis(side = 4, at = 0:20 / 20, labels = NA, tcl = -0.3)

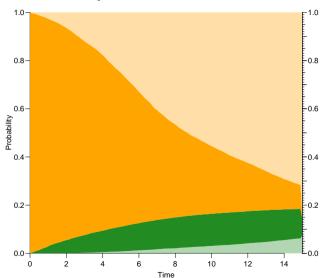
> axis(side = 4, at = 0:100/100, labels = NA, tcl = -0.2)
```

Simulated probabilities



Prediction in multistate models: simLexis and renal failure (simRenal)

Simulated probabilities



Prediction in multistate models: simLexis and renal failure (simRenal)

How many persons should you simulate?

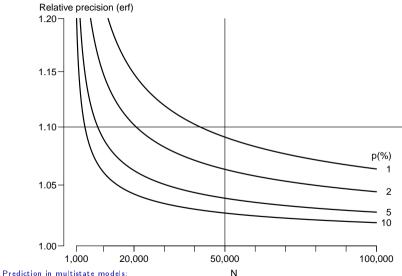
- ▶ All probabilities have the same denominator the initial number of persons in the simulation, N, say.
- ▶ Thus, any probability will be of the form p = x/N
- For small probabilities we have that:

s.e.
$$(\log(\hat{p})) = (1-p)/\sqrt{Np(1-p)}$$

▶ So c.i. of the form $p \stackrel{\times}{\div} erf$ where:

$$\operatorname{erf} = \exp(1.96 \times (1-p)/\sqrt{Np(1-p)})$$

Precision of simulated probabilities



Multistate model overview

- ► Clarifies the relevant states and transitions are
- Allows proper estimation of transition rates
- and relationships between them
- Separate model for each transition
- ► The usual survival methodology to compute probabilities breaks down
- ► Simulation allows estimation of cumulative probabilities:
 - Estimate transition rates (as usual)
 - Simulate probabilities (not quite as usual)