

# On Your Mark

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# What does “On Your Mark” do?

This application aims to help individuals all around the world meet their workout and dietary goals. Instead of simply tracking workouts and food intake, On Your Mark will get you ready to go by providing the workouts and diet that will benefit you and your goals.

# Motivation

- Everyone wants to be as healthy as they can, but sometimes we all need a kick to get started on a healthier lifestyle.
- On Your Mark will be the motivation to stay the course and be strict with your diet

# The Competition



## Fooducate Weight Loss Coach

Fooducate, Ltd. Health & Fitness

★★★★★ 13,593

**E** Everyone

Contains ads · Offers in-app purchases

This app is compatible with all of your devices.

Add to Wishlist

Install



## Calorie Counter - MyFitnessPal

Editors' Choice

MyFitnessPal, Inc. Health & Fitness

★★★★★ 1,694,973

**E** Everyone

Contains ads · Offers in-app purchases

This app is compatible with all of your devices.



## Lose It! - Calorie Counter

FitNow, Inc. Health & Fitness

★★★★★ 62,774

Editors' Choice

**E** Everyone

Contains ads · Offers in-app purchases

This app is compatible with all of your devices.

Add to Wishlist

Install

## Calorie Counter & Diet Tracker

SparkPeople Health & Fitness

★★★★★ 30,356

**E** Everyone

Contains ads · Offers in-app purchases

This app is compatible with all of your devices.

Add to Wishlist

Install

# Features

- **Goal Sharing** - Share your goals on Facebook to get support from family and friends.
- **Workout Recommendations** - Get recommended workouts to directly help you reach your goals
- **Dietary Recommendations** - Get recommended meal plans based on your goals and dietary restrictions.

# Sharing the Work

- Dave
  - Layout designs
- Sohit
  - Back-end logic
- Mike
  - Third Party Integrations

# Initial Design

- Register Activity
  - Register/Login
- Main Activity
  - 3 Fragments
  - Daily Journal
    - Food consumed so far today and their “impact” on overall daily goal
  - Enter a New Food
    - Barcode scanner to add new food to daily journal
  - History
    - Overview of past days and how good or bad the user has been towards their diet
- Data will be stored locally, but can be backed up to Google Drive as a JSON object