

Report from Nov 26, 2025, 5:52:43 PM

https://www.sorinpyle.com/

Analyze



Mobile



Desktop



Discover what your real users are experiencing



No Data



Diagnose performance issues



Performance



Accessibility



Best Practices



SEO



Performance

Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. [See calculator.](#)



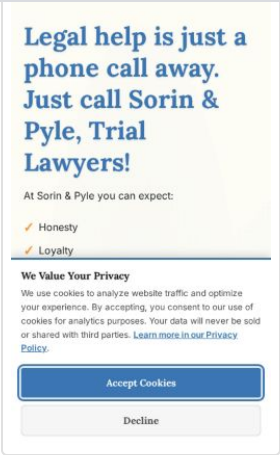
0-49



50-89



90-100



METRICS

Expand view

■ First Contentful Paint

2.5 s

● Total Blocking Time

20 ms

● Speed Index

2.5 s

■ Largest Contentful Paint

3.3 s

● Cumulative Layout Shift

0

📅 Captured at Nov 26, 2025, 5:52 PM EST

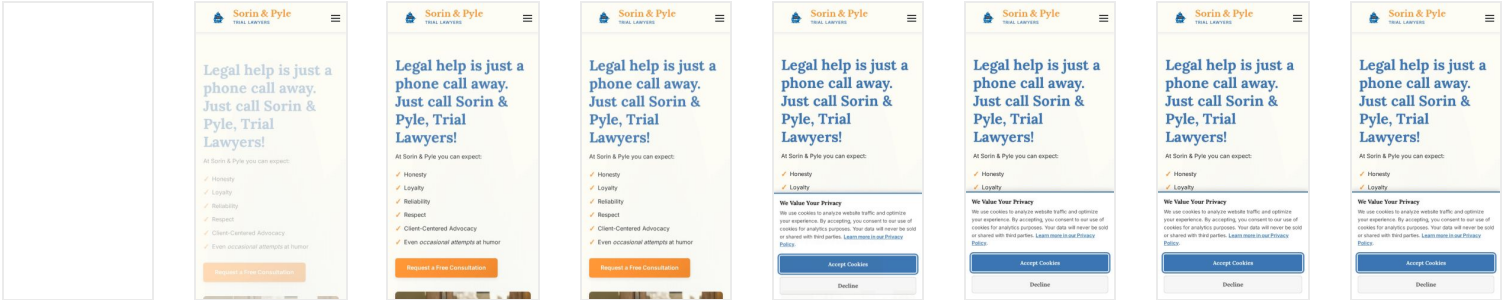
📱 Emulated Moto G Power with Lighthouse 13.0.1

🔗 Single page session

🕒 Initial page load

🔌 Slow 4G throttling

🌀 Using HeadlessChromium 137.0.7151.119 with Ir



Show audits relevant to: **All** FCP LCP TBT CLS

INSIGHTS

▲ Render blocking requests — Est savings of 210 ms

Requests are blocking the page's initial render, which may delay LCP. Deferring or inlining can move these network requests out of the critical path. LCP FCP Unscored

/js/analytics.js (www.sorinpyle.com)

2.7 KiB

560 ms

▲ Network dependency tree

Avoid [chaining critical requests](#) by reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load. LCP Unscored

Maximum critical path latency: **495 ms**

Initial Navigation



Preconnected origins

[preconnect](#) hints help the browser establish a connection earlier in the page load, saving time when the first request for that origin is made. The following are the origins that the page preconnected to.

no origins were preconnected

Preconnect candidates

Add [preconnect](#) hints to your most important origins, but try to use no more than 4.

No additional origins are good candidates for preconnecting

■ Use efficient cache lifetimes — Est savings of 5 KiB

A long cache lifetime can speed up repeat visits to your page. [Learn more about caching.](#) LCP FCP Unscored

☒ Show 3rd-party resources (6)

Request	Cache TTL	Transfer Size
Cloudflare Utility		7 KiB
/beacon.min.js/vcd15cbe... (static.cloudflareinsights.com)	1d	7 KiB
sorinpyle.com 1st Party		1 KiB
...cloudflare-static/email-decode.min.js (www.sorinpyle.com)	47m 54s	1 KiB
Google Tag Manager Tag-Manager		1 KiB
/a?id=... (www.googletagmanager.com)	None	0 KiB

/a?id=... (www.googletagmanager.com)	None	0 KiB
/a?id=... (www.googletagmanager.com)	None	0 KiB
/a?id=... (www.googletagmanager.com)	None	0 KiB

- ☐ LCP breakdown
- ☐ 3rd parties

These insights are also available in the Chrome DevTools Performance Panel - [record a trace](#) to view more detailed information.

DIAGNOSTICS

- ▲

Reduce unused JavaScript — Est savings of 53 KiB
- Reduce unused CSS — Est savings of 10 KiB
- Avoid non-composited animations — 55 animated elements found
- Avoid long main-thread tasks — 2 long tasks found

More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

PASSED AUDITS (18)

Show



Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Automatic detection can only detect a subset of issues and does not guarantee the accessibility of your web app, so [manual testing](#) is also encouraged.

CONTRAST

▲ Links rely on color to be distinguishable.

These are opportunities to improve the legibility of your content.

ADDITIONAL ITEMS TO MANUALLY CHECK (10) Show

These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#).

PASSED AUDITS (24) Show

NOT APPLICABLE (34) Show



Best Practices

TRUST AND SAFETY

- ☐ Ensure CSP is effective against XSS attacks ▼
- ☐ Mitigate DOM-based XSS with Trusted Types ▼

PASSED AUDITS (13) Show

NOT APPLICABLE (5) Show



SEO

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on [Core Web Vitals](#). [Learn more about Google Search Essentials](#).

ADDITIONAL ITEMS TO MANUALLY CHECK (1)

[Hide](#)
☐ Structured data is valid


Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (10)

[Show](#)

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