

Drug abuse-Awareness & Prevention.

How do drug abuse and illicit trafficking affect Indian society?

Many youngsters in India have fallen into the hands of drug abuse of which most are stage performers such as musicians, singers, and dancers, and also homeless people. Heroin/brown sugar is the most commonly used drug in India.

Drugs are mostly used to relieve stress or fear and getting a feeling of euphoria. Most common signs of drug abuse are sudden weight loss, neglect in grooming, bloodshot eyes, anxiety, Abnormality in pupil size, Slurred speech, lack of concentration or poor memory, and secret behavior.

There are many psychological effects of drug abuse such as euphoria, illusion, anxiety, depression, and mental illness. Now coming to its effects on health. Drugs can cause irrational behavior which can cause injuries and accidents. They can also affect internal organs in the body and have a risk of infectious diseases like HIV / AIDS, Hepatitis C, Hepatitis B due to needle-sharing for injecting drugs. Illicit trafficking has become the major income source of criminal organizations that affect the well-being of society. And some such criminal organizations also have ties with terrorists. Some social effects of drug abuse are safety, financial pressure and mounting debts, violence, homelessness.

What preventive measures are to be taken?

Parents should monitor their children in these situations and search if there are any signs of drug abuse. School drug prevention programs serve a valuable purpose in first-time users aged 12-17. Schools should strict policies and counseling support for the students. Rehab centers can also serve the purpose of adults as well as teens. Helplines can also help in some situations. Up to now we have seen from the user point let's focus on sellers. It is up to parents to ensure the type of people their children are hanging out with and the government has to ensure that no drugs are available to anyone by setting up a special task force and monitoring citizens in public places looking for suspicious activity. Adolescent community support is required to reduce the negative

environmental influences. This helps build positive structures for healthier societies and behavior. Socializing with friends and family frequently or involving in a social group will be of great help. sometimes therapy can also help. educating parents can also help in some situations. Explaining the effects of drug abuse in pregnant women or who wish to conceive to avoid possible damage to the fetus.

THANK YOU
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