Nuclide	Z	N	Isotopic mass	Decay mode	Daughter isotope	Mass of Daughter	Mass of decay	M(D)+M(Decay)	Delta M	Delta M * 931.5
O-11	8	3	11.05125	2p	9-C	9.0310372	2.014552933	11.04559013	0.005659866758	5.272165885
12-0	8	4	12.034368	2p	10-C	10.01685322	2.014552933	12.03140615	0.002961846758	2.758960255
				β+ (89.1(2)%)	13-N	13.00573861	0.51099895	13.51673756	-0.49192256	-458.2258646
13-O	8	5	13.024815	β+p (10.9(2)%)	12-C	12	1.518275417	13.51827542	-0.4934604166	-459.658378
14-0	8	6	14.00859671	β+	14-N	14.003074	0.51099895	14.51407295	-0.5054762483	-470.8511252
15-O	8	7	15.0030656	β+	15-N	15.0001089	0.51099895	15.51110785	-0.5080422483	-473.2413543
16-O	8	8	15.99491462			-	-			
17-0	8	9	16.99913176			-	-			
18-O	8	10	17.99915961			-	-			
19-O	8	11	19.003578	β-	19-F	18.99840316	0.51099895	19.50940211	-0.5058241121	-471.175160
20-O	8	12	20.0040754	β-	20-F	19.99998125	0.51099895	20.5109802	-0.5069048	-472.181821
				β-	21-F	20.9999489	0.51099895	21.51094785	-0.50229285	-467.885789
21-0	8	13	21.008655	β-n	20-F	19.99998125	1.519663866	21.51964512	-0.5109901159	-475.987292
				β- (> 78%)	22-F	22.002999	0.51099895	22.51399795	-0.50402795	-469.502035
22-0	8	14	22.00997	β-n (< 22%)	21-F	20.9999489	1.519663866	22.51961277	-0.5096427659	-474.7322364
				β- (93(2)%)	23-F	23.00353	0.51099895	23.51452895	-0.49882895	-464.6591669
23-O	8	15	23.0157	β-n (7(2)%)	22-F	22.002999	1.519663866	23.52266287	-0.5069628659	-472.235909
				β- (57(4)%)	24-F	24.0081	0.51099895	24.51909895	-0.49923895	-465.0410819
24-0	8	16	24.01986	β-n (43(4)%)	23-F	23.00353	1.519663866	24.52319387	-0.5033338659	-468.855496
25-O	8	17	25.02934	n	24-0	24.01986	1.008664916	25.02852492	0.00081508412	0.759250857
26-O	8	18	26.03721	2n	24-0	24.01986	2.017329832	26.03718983	0.00002016824	0.0187867155
				n	26-O	26.03721	1.008664916	27.04587492	0.00208508412	1.942255858
27-O	8	19	27.04796	2n	25-O	25.02934	2.017329832	27.04666983	0.00129016824	1.20179171
				2n	26-O	26.03721	2.017329832	28.05453983	0.00137016824	1.276311716
28-O	8	20	28.05591	β- (0%)	28-F	28.03586	0.51099895	28.54685895	-0.49094895	-457.3189469