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#### F.R.I.E.N.D.S

# **Self-evaluation reflective report:**

Work-Integrated Learning (WIL) is an essential component of my degree, serving as a bridge connecting the many abilities I've acquired from various academic courses. Through this engaging program, which aims to develop a holistic set of competences known as Critical Crossfield Outcomes (CCFOs), rather than only measure my proficiency in particular topics, I am challenged to apply theoretical understanding to real workplace difficulties. The previously mentioned outcomes encompass critical and creative thinking, proficient teamwork, conscientious self-management, information analysis, persuasive communication, skilful use of science and technology, systems thinking, and a more comprehensive understanding of society. WIL enhances my personal growth and societal contribution by prioritizing problem-solving and practical application in a professional setting, thereby providing me with the skills required to succeed in the ever-changing workplace. A complete evaluation of these important competences in action is reflected in the variety of assessment methods used, such as oral presentations, projects, self-reflective reports, and peer assessments. With the following, I:

<u>Media Monitoring</u>: I developed a sharp eye for pertinent information and industry trends, which helped me stay updated and make valuable contributions to conversations in a work setting.

<u>Compiling Media Kits</u>: This assignment improved my capacity to obtain and communicate information, meeting the particular requirements of stakeholders and demonstrating my expertise in gathering, compiling, and presenting pertinent data.

<u>Brainstorming Sessions:</u> I was able to express my ideas, work with team members to come up with creative solutions, and contribute ideas by participating in brainstorming sessions.

<u>Feedback sessions:</u> Giving and receiving feedback from peers and supervisors helped me improve my work by fostering good communication and allowing me to make necessary revisions.

<u>Staff meetings:</u> helped me become more proficient in professional team discussions, listening skills, and clear communication.

<u>Time management:</u> was crucial for me to meet deadlines and produce high-quality work while juggling a variety of activities during my WIL.

<u>Project Management</u>: By taking on projects, I was able to hone my abilities in organizing, planning, and supervising work from start to finish. This gave me a thorough understanding of project management in a practical setting.

Role in the team: While I didn't hold a formal leadership position, I had specific responsibilities within the team. The team leader[hiranya] provided clear instructions, and my role involved assisting with the website alongside my team mates {lokesan, Simone}. My contribution to the team's success was small as I had a great team with brilliant ideas. I participated in discussions, shared insights, and leveraged my skills to fulfil assigned tasks. I aimed to ensure my work aligned with the team objectives, trying to contribute positively to overall outcomes. Respect for one another and open communication defined the group dynamic. I participated in team conversations, creating an environment that appreciated the viewpoints of others. Working together on projects gave me the

chance to play to my ability and absorb knowledge from others, resulting in a synergistic dynamic where each team member's specialization was vital to attaining the group's objectives.

Research, technology and the presentation of information: a scenario where I had to research information is when I was designing the payment page and had to find out how to do the calculation and apply a discount in the calculation. I had to use <a href="https://www.w3schools.com/">https://www.w3schools.com/</a> In order to find out how to do the calculation and apply the discount. With the information I gained I had applied it in the payment page for our website.

# Personal strengths and weaknesses:

# Tasks I Did Well In:

**<u>Description:</u>** I contributed ideas and collaborated effectively during team discussions.

**Strengths Utilized**: Creativity, teamwork.

<u>Description:</u> I consistently delivered quality work on time, showcasing effective time management.

Strengths Utilized: Time management, prioritization.

# Tasks I Did Not Do Well In:

[1]Description: I struggled with crisis management when unexpected challenges arose.

**Reason for Poor Performance:** Lack of experience in handling unforeseen problems, initial difficulty adapting to unexpected situations.

[2]Description: I found it challenging to navigate conflicts that emerged during project execution.

<u>Reason for Poor Performance:</u> Limited experience in conflict resolution within a professional setting, initial discomfort in addressing interpersonal issues.

<u>Improvement Strategy</u>: Actively seeking mentorship and guidance from experienced colleagues, participating in workshops on crisis management, and intentionally exposing myself to varied situations to build resilience and adaptability.

<u>Improvement Strategy:</u> Enrolling in conflict resolution training, actively seeking feedback from team members on conflict resolution strategies, and proactively addressing interpersonal issues to prevent escalation.

# Stakeholder relationship:

My relationship with the WIL Coordinator [f.shaik] was pivotal during my Work-Integrated Learning (WIL) experience, and certain aspects worked exceptionally well while others presented challenges.

#### What Worked Well:

The communication aspect of our relationship was a strong point. Mam provided clear guidance on expectations, goals, and the overall structure of the WIL program. Regular check-ins and updates ensured that I felt supported and understood the trajectory of my learning experience. Additionally, the coordinator was approachable, making it easier to seek guidance or clarification when needed.

Challenges in the Relationship: Nevertheless, there were times when the expectations weren't totally in line. This disparity occasionally caused doubts regarding particular duties and goals. Furthermore, there were times when unclear communications resulted from communication breakdowns, which affected the smooth development of some initiatives.

### **Improving the Relationship:**

Taking the initiative to communicate potential issues or uncertainties promptly would have prevented misunderstandings and ensured a smoother WIL experience.

#### Impact:

#### **Team Members:**

My contributions to team projects and effective collaboration would have streamlined processes, facilitating smoother project execution. Sharing insights and leveraging my skills in media monitoring and content creation added value to our collective efforts.

# **Conclusion:**

My Work-Integrated Learning (WIL) experience was a transformative journey marked by dynamic challenges and rewarding growth. Engaging in industry-specific practices like media monitoring, compiling media kits, and crafting articles for internal communication, I honed my skills and deepened my understanding of professional contexts. The collaborative team dynamic allowed me to contribute actively, leveraging strengths in communication, critical thinking, and effective time management. While excelling in certain areas, I recognized opportunities for improvement, particularly in crisis management and conflict resolution. The relationship with the WIL Coordinator[F.SHAIK] provided valuable guidance, though occasional misalignments in expectations were navigated. Overall, my impact on the organization and its stakeholders was positive, as I aimed not only to fulfil my role but also to contribute proactively to a vibrant and innovative workplace culture. The experience was a mosaic of learning, challenges, and contributions, culminating in a holistic professional development journey.

# Reference:

https://www.w3schools.com/