

Chapter 1: Essence as Action – Breaking the Illusion of a Static Universe

1.1 Why Humanity Mistakes the Universe for a Static Entity

From ancient times to today, humanity's understanding of the universe has been rooted in the presumption of *existence*. We speak of the sun, the planets, gravity, the flow of time, and the structure of space—yet all these expressions point to one core assumption: that the universe consists of a series of static entities undergoing change, but whose existence itself is identifiable, observable, and nameable.

However, such understanding is shaped by the limitations of language and experience. Language tends to turn phenomena into nouns, while human experience is accustomed to treating the world as an object to be observed. People are more comfortable asking *what it is*, rather than *how it happens*. But the universe itself has never stood still. Any perceived "state" of existence is merely a midpoint, a cross-section, a paused frame in an ongoing behavior—not the thing itself.

This misalignment leads to a fundamental error in understanding: we mistake a dynamic universe for a fixed structure.

1.2 The Universe Is Not a Result, but a Process

If we instead understand the universe as an ongoing action—a ceaseless system of transformation—then what we call *existence* is not a starting point or an end, but merely a product of that transformation.

This implies that the essence of the universe is not a stable *state*, but *action itself*. And what is this action? I call it **restoration**. Not *construction*, not *operation*, not *maintenance*, but the process by which all structures return to their original, undifferentiated state.

This restoration is not repair, nor the reappearance of memory—it is an active, irreversible *forgetting*. The essence of the universe is not to create, but to reset; not to accumulate, but to release. It is a constant act of self-disappearance—clearing, deconstructing, and dissolving any structure that has ever emerged.

1.3 The Self of the Universe: Memory as Temporary Existence

So what, then, are all the observable, describable, recordable phenomena of the universe?

They are the *self* of the universe. This *self* is the temporary expression of the universe's essence under specific stages, environments, or structural arrangements. It is *memory*—like a storage device, holding information in the form of structure, for a limited time.

Gravity is memory; time is memory; life is memory; material electrons are memory. Everything that can be sensed, measured, or recorded is a *temporary phenomenon generated by the actions of the universe's essence*. These are not static existences, but *states of memory*.

And all of these memories will eventually be erased, returned to nothingness by the universe's *mechanism of forgetting*.

1.4 The Logic of the Universe: A Bridge of Change

Then what is *logic*?

Logic is the bridge between essence and self. It is not a criterion for right or wrong, but a predictable pattern that links *forgetting* to *memory*, and *memory* back to *forgetting*. Dreams are logic. Illusions are logic. Hallucinations are logic. Mathematics is logic. If something has appeared, it exists; and if it exists, it conforms to the unfolding pathway of the universe.

Thus, logic is not a tool for us to judge the world, but a trace left by the world's own transformations. Logic is the rule governing the conversion between phenomena—not the legitimacy of the phenomena themselves.

Summary

In this chapter, we redefined the *essence of the universe* not as a noun-like state, but as the *action of forgetting* (or restoration). We also defined the *self of the universe* as a structural manifestation of memory—temporary and visible. Logic, then, emerges as the ever-present bridge between the two, representing the true trajectory and rhythm by which the universe operates.