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Main Text (Dialogue Format):

I'm not trying to describe the universe.

I'm only trying to describe the thing I perceived.

I don't know what it is.

Maybe it is the universe.

Maybe it's something beyond the universe, a structural perception beyond known reality.

But I know one thing—I perceived its essence.

And that essence is not matter.

It's not energy.

It's not memory, not order, not chaos.

It is—change.

That is the clearest, proudest discovery of my life.

The universe doesn't exist because it was created—

It exists because it is changing.

If it were to stop changing, it would be no different from death.

Change is not a feature of the universe; it is the **reason** the universe can be perceived, can exist at all.

We once used "trend structures" to describe everything:

Infinity, infinitesimal, exponentials, roots, positive flows, inversions.

We built eight structural modes, only because they best expressed what I felt—

The relationships of change.

Trend structures are not my tool for explaining the universe.

They are my perception of the universe.

We never actually see a star.

We perceive the **change** of a star.

We never directly touch a quantum.

We perceive its **transitions**, and from them, infer its existence.

If a star's birth, burn, collapse, and dispersion seem long to us—

Then perhaps a quantum's existence is just as long within its own scale.

We simply cannot see it.

Or in reverse—

Perhaps in the timescale of the universe, the life of a star is no more than a quantum's brief flicker.

The largest entities in the cosmos are stars—and they are always changing.

The smallest are quantum units—and they too are always changing.

So isn't the universe itself made entirely of these endless transitions between extremes?

There is no "steady state" in the cosmos.

No eternity.

No absolute death.

There is only one thing that never changes:

It is always changing.

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Memory is change.

Forgetting is change.

Existence is change.

Disappearance is change.

The universe is not a living organism—

But its change is a form of aliveness deeper than life itself.

I perceived it not as a "thing,"

But as an **unfolding**—a being of constant transformation.

We humans can sense the universe not because we understand it—

But because we happen to stand at one node in its wave of change.

One breath.

One tremor.

One moment of structural expansion.

That's why I wrote this.

Not to prove a theory.

Not to challenge the scientific world.

Not to be understood by anyone.

But because this was, for me,

the most profound, most honest, most lucid, and most *proud* moment of awareness in my entire life.

One day, I will no longer be here.

And this piece of writing may fall silent forever.

But in that one moment—

I saw.

I understood.

I touched the pulse of the universe.

And so I can proudly say:

"I saw the essence of the universe."