

AHSTW Co-Ed Cross Country Meet 2019
Avoca Golf and Country Club 9/17/2019
Partly Cloudy 84 Deg Distance: 5K -2 mile Jr. High
Host: AHSTW High School

Results By: Ascent Sports Technology - www.ascentsportstech.com

***** Varsity Girls Team Scores *****

1. 24 Logan-Magnolia (21:36 1:48:00 3:34)

1	1	Taylor	Sporrer	19:54
2	2	Courtney	Sporrer	20:03
3	4	Violet	Lapke	21:30
4	8	Mya	Moss	23:05
5	9	Erica	Nolting	23:28
6	(11)	Eowyn	Sieck	24:00
7	(15)	Marissa	Brenden	24:53

2. 46 AHSTW (23:31 1:57:32 3:53)

1	5	Julia	Kock	22:11
2	6	Jade	Dramen	22:38
3	7	Chloe	Falkena	23:01
4	10	Holly	Hoepner	23:38
5	18	Jordan	Blotzer	26:04
6	(19)	Grace	Luna	26:35
7	(27)	Talia	Welsh	33:49

3. 63 Treynor (24:14 2:01:08 4:28)

1	3	Tori	Castle	21:01
2	13	Carissa	Spanier	24:44
3	14	Claire	Yochum	24:45
4	16	Mira	Dreyer	25:09
5	17	Josie	Davidson	25:29
6	(26)	Mia	Nichols	32:28
7	(28)	Emily	Morse	39:45

4. 98 Exira-EHK (26:46 2:13:50 3:21)

1	12	Ella	Petersen	24:27
2	20	Camrynn	Paulsen	26:57
3	21	Kate	Hansen	27:00
4	22	Haley	Harris	27:38
5	23	McKenzie	Yoshida	27:48
6	(24)	Macy	Emgarten	28:28
7	(25)	Claire	Schlueter	28:50

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***** Varsity Girls Results *****

Place	TmPl	No.	Name	Course Record: Karley Larson - Underwood - 20:05 - 2015	Gr	School	Time	Pace
1	1	111	Taylor Sporrer	12 Logan-Magnolia	19:54	6:25		
2	2	110	Courtney Sporrer	10 Logan-Magnolia	20:03	6:27		
3		39	Grace Slater	10 Audubon	20:13	6:31		
4	3	177	Tori Castle	12 Treynor	21:01	6:46		
5	4	100	Violet Lapke	12 Logan-Magnolia	21:30	6:56		
6		41	Hannah Thygesen	10 Audubon	21:58	7:05		
7	5	17	Julia Kock	11 AHSTW	22:11	7:09		
8	6	9	Jade Dramen	11 AHSTW	22:38	7:17		
9		151	Carly McKeever	9 St Albert HS	22:44	7:19		
10		221	Jordyn Reimer	9 Underwood	22:48	7:21		
11	7	10	Chloe Falkena	11 AHSTW	23:01	7:25		
12	8	104	Mya Moss	9 Logan-Magnolia	23:05	7:26		
13	9	106	Erica Nolting	11 Logan-Magnolia	23:28	7:33		
14		67	Morgan Hanson	9 IKM-Manning	23:30	7:34		
15	10	15	Holly Hoepner	11 AHSTW	23:38	7:37		
16		85	Kate Sutton	12 IKM-Manning	23:51	7:41		
17	11	109	Eowyn Sieck	9 Logan-Magnolia	24:00	7:44		
18		241	Riley Kerger	10 Woodbine	24:02	7:44		
19	12	50	Ella Petersen	9 Exira-EHK	24:27	7:52		
20		235	Kylee Cogdill	10 Woodbine	24:34	7:55		
21	13	206	Carissa Spanier	10 Treynor	24:44	7:58		
22	14	212	Claire Yochum	11 Treynor	24:45	7:58		
23		113	Maggie Boruff	12 Riverside	24:46	7:59		
24	15	88	Marissa Brenden	11 Logan-Magnolia	24:53	8:01		
25	16	185	Mira Dreyer	9 Treynor	25:09	8:06		
26	17	182	Josie Davidson	10 Treynor	25:29	8:13		
27		92	Ava Goldsmith	9 Logan-Magnolia	25:35	8:14		
28		155	Brenna Smith	10 St Albert HS	25:51	8:19		
29		120	Stormy Noble	9 Riverside	25:53	8:20		
30		224	Phoebe Wilson	10 Underwood	25:54	8:20		
31		82	Kaitlynn Spoelstra	10 IKM-Manning	26:03	8:23		
32	18	2	Jordan Blotzer	10 AHSTW	26:04	8:24		
33		36	Katelyn Nielsen	11 Audubon	26:29	8:32		
34		107	Mariah Nolting	9 Logan-Magnolia	26:30	8:32		
35	19	18	Grace Luna	12 AHSTW	26:35	8:34		
36		94	Charleigh Hammitt	12 Logan-Magnolia	26:49	8:38		
37	20	49	Camryn Paulsen	11 Exira-EHK	26:57	8:41		
38	21	46	Kate Hansen	10 Exira-EHK	27:00	8:42		
39		140	Mallory Daly	11 St Albert HS	27:01	8:42		
40		73	McKenna Mullen	10 IKM-Manning	27:03	8:43		
41		219	Madi Ogle	11 Underwood	27:28	8:51		
42	22	47	Haley Harris	10 Exira-EHK	27:38	8:54		
43	23	53	McKenzie Yoshida	10 Exira-EHK	27:48	8:57		
44	24	45	Macy Emgarten	10 Exira-EHK	28:28	9:10		
45		91	Amelia Evans	10 Logan-Magnolia	28:47	9:16		
46	25	51	Claire Schlueter	11 Exira-EHK	28:50	9:17		
47		102	Marissa McCoy	11 Logan-Magnolia	30:40	9:53		
48		116	Cailee Manzer	11 Riverside	30:55	9:57		
49		145	Ava Hughes	9 St Albert HS	31:55	10:17		
50	26	200	Mia Nichols	11 Treynor	32:28	10:27		
51		43	Kassidy Chadwick	10 Exira-EHK	33:17	10:43		
52	27	28	Talia Welsh	11 AHSTW	33:49	10:54		

53	29	Chloe Anderson	11	Audubon	33:50	10:54
54	222	Josie Rosas	10	Underwood	34:06	10:59
55	119	Katie Messerschmid	11	Riverside	36:31	11:46
56	5	Bella Canada	9	AHSTW	38:01	12:14
57	28	198 Emily Morse	12	Treynor	39:45	12:48
58	27	Azzie Welsh	9	AHSTW	40:44	13:07

***** Varsity Girls Results *****

20:29:39 on 09/17/19

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***** Varsity Boys Team Score *****

1. 38 St Albert HS (17:53 1:29:23 2:46)

1	1	Bennett	Heisterkamp	16:22
2	4	Ryan	Hughes	17:39
3	6	Colin	Lillie	17:57
4	10	Hadyn	Piskorski	18:17
5	17	Jason	Mardesen	19:08
6	(27)	Adam	Denny	19:52
7	(29)	Chase	Morton	20:08

2. 47 Treynor (18:17 1:31:23 1:56)

1	2	Derrick	Thompson	17:20
2	5	Cole	Dooley	17:45
3	7	Ryan	Konz	18:00
4	13	Jacob	Hrasky	19:02
5	20	Jacob	Reelfs	19:16
6	(23)	Mason	Yochum	19:32
7	(26)	Jacob	Keay	19:50

3. 76 IKM-Manning (18:57 1:34:41 2:33)

1	3	Quentin	Dreyer	17:26
2	12	Connor	Keller	19:00
3	15	Tanner	Spoelstra	19:05
4	18	Adam	Gruhn	19:11
5	28	Timothy	Conner	19:59
6	(36)	Carter	Sorensen	21:29
7	(41)	Caden	Keller	22:04

4. 103 Woodbine (19:36 1:37:59 2:01)

1	11	Nate	Wright	18:55
2	16	Adam	Sherer	19:07
3	19	Conrad	Schafer	19:12
4	25	Payton	Bush	19:49
5	32	Lane	Vennink	20:56
6	(40)	Luke	Ryerson	21:50
7	(42)	Easton	Reisz	22:56

5. 114 Riverside (19:46 1:38:48 2:49)

1	8	Ben	Schroder	18:04
2	21	Dennis	Pilling	19:21
3	24	Mason	Wichman	19:43
4	30	Wyatt	Sparr	20:47
5	31	Clayton	Spies	20:53
6	(33)	Lance	Skank	20:58
7	(35)	Alex	Baker	21:24

***** Varsity Boys Team Score *****

Printed at 20:29:01 on 09/17/19

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***** Varsity Boys Team Score *****

6. 116 Logan-Magnolia (19:54 1:39:28 3:24)

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1	9	Tarick	Rowe	18:13
2	14	Kaleb	King	19:04
3	22	Noah	Bock	19:25
4	34	Baker	Lally	21:09
5	37	Jacob	Downey	21:37
6	(38)	Jackson	Lesline	21:39
7	(39)	Hagen	Heistand	21:41

***** Varsity Boys Team Score *****

Printed at 20:29:01 on 09/17/19

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***** Varsity Boys Results *****

Course Record: Jerry Jorgensen - Treynor - 17:59 - 2015					
Place	TmPl	No.	Name	Gr School	Time
====	====	====	=====	=====	====
1	1	144	Bennett Heisterkamp	12 St Albert HS	16:22 5:16
2	2	208	Derrick Thompson	12 Treynor	17:20 5:35
3	3	65	Quentin Dreyer	11 IKM-Manning	17:26 5:37
4	4	146	Ryan Hughes	12 St Albert HS	17:39 5:41
5	5	184	Cole Dooley	10 Treynor	17:45 5:43
6	6	148	Colin Lillie	9 St Albert HS	17:57 5:47
7	7	194	Ryan Konz	10 Treynor	18:00 5:48
8	8	126	Ben Schroder	11 Riverside	18:04 5:49
9	9	108	Tarick Rowe	9 Logan-Magnolia	18:13 5:52
10	10	153	Hadyn Piskorski	10 St Albert HS	18:17 5:53
11		220	Bryce Patten	10 Underwood	18:25 5:56
12	11	259	Nate Wright	10 Woodbine	18:55 6:06
13	12	71	Connor Keller	11 IKM-Manning	19:00 6:07
14	13	190	Jacob Hrasky	12 Treynor	19:02 6:08
15	14	98	Kaleb King	12 Logan-Magnolia	19:04 6:09
16	15	83	Tanner Spoelstra	11 IKM-Manning	19:05 6:09
17	16	250	Adam Sherer	12 Woodbine	19:07 6:10
18	17	150	Jason Mardesen	12 St Albert HS	19:08 6:10
19	18	66	Adam Gruhn	12 IKM-Manning	19:11 6:11
20	19	249	Conrad Schafer	11 Woodbine	19:12 6:11
21		54	Jaden Amend	11 Griswold	19:14 6:12
22	20	203	Jacob Reelfs	12 Treynor	19:16 6:12
23	21	121	Dennis Pilling	12 Riverside	19:21 6:14
24	22	87	Noah Bock	11 Logan-Magnolia	19:25 6:15
25	23	213	Mason Yochum	9 Treynor	19:32 6:18
26	24	138	Mason Wichman	12 Riverside	19:43 6:21
27	25	230	Payton Bush	11 Woodbine	19:49 6:23
28	26	193	Jacob Keay	12 Treynor	19:50 6:24
29		34	Jackson Deist	10 Audubon	19:51 6:24
30	27	141	Adam Denny	9 St Albert HS	19:52 6:24
31	28	64	Timothy Conner	10 IKM-Manning	19:59 6:26
32	29	152	Chase Morton	9 St Albert HS	20:08 6:29
33		188	Max Hayes	12 Treynor	20:13 6:31
34		143	Alex Gast	10 St Albert HS	20:22 6:34
35		58	Jeremy Sheeder	9 Griswold	20:29 6:36
36	30	130	Wyatt Sparr	11 Riverside	20:47 6:42
37	31	132	Clayton Spies	10 Riverside	20:53 6:44
38	32	256	Lane Vennink	9 Woodbine	20:56 6:45
39	33	127	Lance Skank	12 Riverside	20:58 6:45
40	34	99	Baker Lally	10 Logan-Magnolia	21:09 6:49
41		48	Treaven Hill-Borger	9 Exira-EHK	21:09 6:49
42		139	Zane Collett	11 St Albert HS	21:11 6:49
43		181	Cainan Davidson	12 Treynor	21:19 6:52
44		179	Brady Coffman	10 Treynor	21:21 6:53
45	35	112	Alex Baker	11 Riverside	21:24 6:54
46		199	Quinn Navara	12 Treynor	21:27 6:55
47	36	81	Carter Sorensen	12 IKM-Manning	21:29 6:55
48	37	90	Jacob Downey	10 Logan-Magnolia	21:37 6:58
49	38	101	Jackson Lesline	9 Logan-Magnolia	21:39 6:58
50	39	95	Hagen Heistand	10 Logan-Magnolia	21:41 6:59
51	40	248	Luke Ryerson	9 Woodbine	21:50 7:02
52		57	Adam Houser	10 Griswold	21:53 7:03

53	41	70	Caden Keller	9	IKM-Manning	22:04	7:07
54		217	Dalton Larson	12	Underwood	22:13	7:10
55		118	Dylan McDonald	12	Riverside	22:30	7:15
56		134	Conner Stevens	11	Riverside	22:31	7:15
57		174	John Ross Biederman	9	Treynor	22:51	7:21
58	42	246	Easton Reisz	10	Woodbine	22:56	7:23
59		78	Haven Reese	11	IKM-Manning	23:17	7:30
60		216	Scott Jensen	9	Underwood	23:19	7:31
61		201	Miles Nichols	9	Treynor	23:32	7:35
62		105	James Newton	9	Logan-Magnolia	23:37	7:36
63		214	Alan Young	9	Treynor	23:41	7:38
64		223	Jared Stark	11	Underwood	23:50	7:40
65		32	Morgan Christensen	12	Audubon	23:54	7:42
66		131	Brant Spies	9	Riverside	24:01	7:44
67		69	Nathan Johnson	9	IKM-Manning	24:11	7:47
68		72	Joel McLaws	10	IKM-Manning	24:27	7:52
69		210	Gabe Travis	10	Treynor	24:43	7:58
70		209	William Thompson	10	Treynor	24:56	8:02
71		215	James Young	12	Treynor	25:35	8:14
72		62	Brody Blom	10	IKM-Manning	25:38	8:15
73		133	Caleb Stevens	9	Riverside	25:59	8:22
74		255	Andrew Thoreson	9	Woodbine	26:12	8:26
75		147	Nick Lee	12	St Albert HS	26:22	8:29
76		30	Derek Bald	10	Audubon	26:32	8:33
77		247	Kylon Reisz	9	Woodbine	26:36	8:34
78		74	Zander Nielsen	9	IKM-Manning	27:06	8:44
79		189	Korbin Horton	9	Treynor	27:11	8:45
80		204	Andrew Saar	9	Treynor	27:16	8:47
81		252	Micah Stolley	9	Woodbine	27:55	8:59
82		137	Alex Weis	10	Riverside	28:10	9:04
83		97	Caleb Hiatt	10	Logan-Magnolia	30:58	9:58
84		242	Jeremiah Kroll	10	Woodbine	32:29	10:28

***** Varsity Boys Results *****

20:28:05 on 09/17/19

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***** MS Girls Results *****

Course Record: NA

Place	TmPl	No.	Name	Gr	G	School	Time	Pace
1		114	Becca Cody	8	F	Riverside	14:01	7:01
2		129	Cienna Sorensen	8	F	Riverside	14:30	7:15
3		115	Carly Henderson	8	F	Riverside	14:55	7:28
4	1	167	Ellie Monahan	7	F	St. Albert MS	15:09	7:35
5	2	166	Claire Kinney	7	F	St. Albert MS	15:10	7:35
6		38	Jordan Porsche	8	F	Audubon	15:21	7:41
7	3	168	Kristen Piskorski	8	F	St. Albert MS	15:24	7:42
8		180	Kallie Danker	7	F	Treynor	15:41	7:51
9		207	Ryleigh Thomas	7	F	Treynor	15:53	7:57
10		80	Olivia Robinson	7	F	IKM-Manning	15:57	7:59
11	4	169	Molly Wise	7	F	St. Albert MS	16:05	8:03
12		135	Kaylie Taylor	7	F	Riverside	16:17	8:09
13		237	Tatem Emrich	8	F	Woodbine	16:27	8:14
14		243	Adyson Lapel	7	F	Woodbine	16:37	8:19
15	5	159	Addison Duncan	7	F	St. Albert MS	16:38	8:19
16		59	Joy Smith	7	F	Griswold	17:00	8:30
17		7	Claire Denning	11	F	AHSTW	17:28	8:44
18	6	161	Sophia Finney	8	F	St. Albert MS	17:33	8:47
19		202	Gabby Pote	7	F	Treynor	17:34	8:47
20		257	Mariah Walsh	7	F	Woodbine	17:57	8:59
21	7	171	Liv Sommerville	8	F	St. Albert MS	18:05	9:03
22		8	Caitlyn Dills	7	F	AHSTW	18:32	9:16
23		61	Jozy Beerman	7	F	IKM-Manning	18:40	9:20
24		42	Autumn Zaiger	8	F	Audubon	18:58	9:29
25		52	Ruby VanderWal	7	F	Exira-EHK	20:01	10:01
26		60	Maddie Tischer	7	F	Griswold	20:27	10:14
27		55	SHelby Anderson	7	F	Griswold	23:02	11:31
28		233	Lauren Coakley	7	F	Woodbine	24:02	12:01

***** MS Girls Results *****

20:31:49 on 09/17/19

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***** MS Boys Results *****

Course Record: NA

Place	TmPl	No.	Name	Gr	G School	Time	Pace
1	1	183	Ryder Davidson	8	M Treynor	11:38	5:49
2		218	Kaden Ogle	8	M Underwood	11:47	5:54
3	2	117	Mason McCready	8	M Riverside	12:30	6:15
4	3	37	Adam Obrecht	7	M Audubon	12:38	6:19
5	4	227	Landon Bendgen	8	M Woodbine	12:53	6:27
6	5	162	Jack Golti	8	M St. Albert MS	13:09	6:35
7		63	Josiah Conner	7	M IKM-Manning	13:15	6:38
8	6	197	Tyson McCann	8	M Treynor	13:32	6:46
9	7	225	Max Anderson	8	M Woodbine	13:34	6:47
10		68	Kasche Huehn	7	M IKM-Manning	13:41	6:51
11	8	164	Joe Hughes	8	M St. Albert MS	13:46	6:53
12	9	176	Jack Carley	8	M Treynor	13:49	6:55
13	10	165	Eli Jones	8	M St. Albert MS	13:51	6:56
14		56	Cody Dorscher	7	M Griswold	13:52	6:56
15	11	163	Parker Heisterkamp	7	M St. Albert MS	13:56	6:58
16	12	128	Dalton Smith	8	M Riverside	13:59	7:00
17	13	33	Eli Deist	8	M Audubon	14:02	7:01
18	14	226	Adam Barry	7	M Woodbine	14:06	7:03
19	15	158	Jacob Boswell	7	M St. Albert MS	14:21	7:11
20	16	170	Brady Smith	7	M St. Albert MS	14:26	7:13
21		75	Jayden Phipps	8	M IKM-Manning	14:35	7:18
22	17	12	Caden Geraghty	7	M AHSTW	14:38	7:19
23	18	35	Oliver Deist	7	M Audubon	14:44	7:22
24	19	122	Kaeden Pleas	8	M Riverside	14:50	7:25
25	20	172	Owen Wise	7	M St. Albert MS	14:53	7:27
26	21	31	Judah Burkett	8	M Audubon	15:00	7:30
27	22	26	Isaac Stamp	8	M AHSTW	15:01	7:31
28	23	234	Wyatt Coenen	7	M Woodbine	15:01	7:31
29	24	11	Braden Fineran	7	M AHSTW	15:07	7:34
30	25	229	Trey Burgmeyer	8	M Woodbine	15:12	7:36
31	26	136	John Thompson	7	M Riverside	15:18	7:39
32	27	125	Riley Rowe	7	M Riverside	15:19	7:40
33	28	191	Mason Jefferson	8	M Treynor	15:27	7:44
34	29	254	Leo Sullivan	7	M Woodbine	15:37	7:49
35	30	40	Mason Steckler	7	M Audubon	15:50	7:55
36		160	Jacob Finney	7	M St. Albert MS	15:55	7:58
37	31	205	Caden Spanier	7	M Treynor	15:58	7:59
38	32	19	Bryan Mertz	8	M AHSTW	17:04	8:32
39	33	239	Marcus Hesman	7	M Woodbine	17:05	8:33
40	34	196	Quentin LeMay	7	M Treynor	17:24	8:42
41		253	Lyrick Stueve	8	M Woodbine	17:33	8:47
42	35	25	Kaeden Rold	8	M AHSTW	17:43	8:52
43		251	Branden Steppuhn	8	M Woodbine	17:43	8:52
44		258	Owen Wingert	7	M Woodbine	17:53	8:57
45	36	195	Michael Koricic	7	M Treynor	18:00	9:00
46		79	Zander Richards	8	M IKM-Manning	18:38	9:19
47		175	Nathaniel Biederman	7	M Treynor	19:24	9:42
48		187	Griffin Gregg	7	M Treynor	19:44	9:52
49		236	Aaron Colwell	7	M Woodbine	20:31	10:16
50		228	Cash Brunow	7	M Woodbine	29:27	14:44

***** MS Boys Results *****