

Westwood XC Invite - 9/23/2019
Southwoods

Event 2 Girls 5k Run CC varsity & JV

| Name | Year School | Finals | Points |
|--|------------------------|----------|--------|
| Varsity Results 5000 Run | | | |
| 1 Mesz, Jolee | 09 V-Lawton Bronson | 23:23.85 | 1 |
| 2 Teager, Lilly | 12 V-Lawton Bronson | 24:56.15 | 2 |
| 3 Anderson, Jayleigh | 09 V-West Monona | 25:32.23 | 3 |
| 4 Ricke, Emma | 10 V-Lawton Bronson | 25:50.78 | 4 |
| 5 Struble, Tayah | 11 V-West Monona | 26:13.82 | 5 |
| 6 McCall, Mallory | 11 V-West Monona | 26:24.17 | 6 |
| 7 Martinez, Enya | 12 V-West Monona | 26:28.96 | 7 |
| 8 Etherington, Kindi | 12 V-Sxland Christi | 26:35.12 | 8 |
| 9 Gore, Katie | 11 V-West Harrison | 26:47.93 | 9 |
| 10 Schram, Mackenzie | 10 V-Ponca High School | 27:30.42 | |
| 11 Hageman, Hannah | 10 V-Lawton Bronson | 27:59.68 | 10 |
| 12 Murray, Halle | 11 V-Whiting Hi | 28:13.91 | 11 |
| 13 Moffitt, Ellie | 09 V-Lawton Bronson | 28:57.09 | 12 |
| 14 McClure, Trinity | 11 V-Whiting Hi | 29:14.63 | 13 |
| 15 Brewer, Kayleanna | 11 V-Sxland Christi | 29:35.75 | 14 |
| 16 Ross, Madison | 11 V-West Monona | 29:50.42 | 15 |
| 17 Lund, Kiersten | 12 V-Sxland Christi | 29:54.77 | 16 |
| 18 Rohan, Lillie | 12 V-Lawton Bronson | 30:22.00 | 17 |
| 19 Bennett, Sapphire | 10 V-Whiting Hi | 31:15.82 | 18 |
| 20 Peasley, Kali | 10 V-West Harrison | 31:23.14 | 19 |
| 21 Wallis, Sage | 10 V-West Harrison | 31:27.85 | 20 |
| 22 Davis, Courtney | 11 V-West Monona | 31:55.17 | 21 |
| 23 Kraft, Jayden | 12 V-West Harrison | 32:09.90 | 22 |
| 24 Olson, Rachael | 10 V-West Harrison | 32:37.31 | 23 |
| 25 Martin, Beatriz | 11 V-West Harrison | 32:53.78 | 24 |
| 26 Wilford, Magdala | 10 V-Sxland Christi | 36:23.81 | 25 |
| 27 Rivas, Laila | 09 V-Whiting Hi | 38:30.62 | 26 |
| 28 Ethier, Elle | 10 V-Whiting Hi | 40:28.45 | 27 |
| Junior Varsity Results 5000 Run | | | |
| 1 Olmstead, Kennedy | 09 Lawton Bronson | 28:44.37 | 1 |
| 2 Krohn, Chloe | 10 Lawton Bronson | 31:16.17 | 2 |
| 3 Roan, Quin | 09 Lawton Bronson | 32:45.33 | 3 |
| 4 Steen, Oda | 12 Lawton Bronson | 32:58.95 | 4 |
| 5 Jernberg, Breanna | 12 Lawton Bronson | 33:56.52 | 5 |
| 6 Kamm, Abby | 11 Lawton Bronson | 33:57.45 | 6 |
| 7 O'Tool, Kate | 10 Lawton Bronson | 37:11.95 | |

Team Scores

| Rank Team | Total | 1 | 2 | 3 | 4 | *5 | *6 | *7 | *8 | *9 |
|-----------|-------|---|---|---|---|----|----|----|----|----|
|-----------|-------|---|---|---|---|----|----|----|----|----|

Junior Varsity Results 5000 Run

| | | | | | | | |
|------------------|------------|---|---|---|---|---|---|
| 1 Lawton Bronson | 10 | 1 | 2 | 3 | 4 | 5 | 6 |
| Total Time: | 2:05:44.82 | | | | | | |
| Average: | 31:26.21 | | | | | | |

Varsity Results 5000 Run

| | | | | | | | |
|--------------------|------------|---|---|---|----|----|----|
| 1 V-Lawton Bronson | 17 | 1 | 2 | 4 | 10 | 12 | 17 |
| Total Time: | 1:42:10.46 | | | | | | |
| Average: | 25:32.62 | | | | | | |

| | | | | | | | |
|-----------------------------|------------|---|---|---|---|----|----|
| 2 V-West Monona High School | 21 | 3 | 5 | 6 | 7 | 15 | 21 |
| Total Time: | 1:44:39.18 | | | | | | |
| Average: | 26:09.80 | | | | | | |

| | | | | | | | |
|-------------------------|------------|---|----|----|----|--|--|
| 3 V-Siouxland Christian | 63 | 8 | 14 | 16 | 25 | | |
| Total Time: | 2:02:29.45 | | | | | | |
| Average: | 30:37.37 | | | | | | |

| | | | | | | | |
|-------------------------|------------|----|----|----|----|----|--|
| 4 V-Whiting High School | 68 | 11 | 13 | 18 | 26 | 27 | |
| Total Time: | 2:07:14.98 | | | | | | |
| Average: | 31:48.75 | | | | | | |

| | | | | | | | |
|-------------------|------------|---|----|----|----|----|----|
| 5 V-West Harrison | 70 | 9 | 19 | 20 | 22 | 23 | 24 |
| Total Time: | 2:01:48.82 | | | | | | |
| Average: | 30:27.21 | | | | | | |

Westwood XC Invite - 9/23/2019

Event 3 Boys 5k Run CC varsity & JV

| Name | Year | School | Finals | Points |
|---------------------------------|------|---------------------|----------|--------|
| Varsity Results 5000 Run | | | | |
| 1 Brannon, Eric | 11 | V-Sxland Christi | 20:14.74 | 1 |
| 2 Ashley, Aziah | 10 | V-Lawton Bronson | 20:22.25 | |
| 3 Brannon, Sam | 10 | V-Sxland Christi | 20:31.54 | 2 |
| 4 Moseman, Theo | 09 | V-Lawton Bronson | 20:35.95 | |
| 5 Schram, Caden | 11 | V-Ponca High School | 20:51.95 | 3 |
| 6 Wilford, Alex | 09 | V-Sxland Christi | 21:04.42 | 4 |
| 7 Melton, Reuben | 10 | V-West Monona | 21:43.96 | 5 |
| 8 Gertz, Nathan | 10 | V-Sxland Christi | 21:49.71 | 6 |
| 9 Harris, Treyton | 10 | V-West Monona | 22:11.96 | 7 |
| 10 Harsma, Jackson | 11 | V-Sxland Christi | 22:22.15 | 8 |
| 11 Runyon, Jayce | 09 | V-West Monona | 22:53.32 | 9 |
| 12 King, Mason | 09 | V-West Harrison | 23:07.06 | |
| 13 Sidwell, Brennan | 11 | V-West Monona | 23:14.04 | 10 |
| 14 Warren, Austin | 12 | V-Whiting Hi | 24:09.12 | 11 |
| 15 McKinley, Eein | 09 | V-West Monona | 24:09.70 | 12 |
| 16 Longwell, Evan | 12 | V-Ponca High School | 24:51.08 | 13 |
| 17 Pekarek, Jaden | 11 | V-West Monona | 24:54.53 | 14 |
| 18 Palmsa, Kurtus | 09 | V-Lawton Bronson | 25:12.43 | |
| 19 Killian, Kade | 12 | V-Westwood S | 25:17.09 | |
| 20 Pauley, Hunter | 11 | V-Whiting Hi | 25:49.95 | 15 |
| 21 Arrasmith, Tyler | 11 | V-Ponca High School | 26:25.61 | 16 |
| 22 Acker, Riley | 09 | V-West Harrison | 26:41.75 | |
| 23 Mellick, Brandon | 11 | V-Ponca High School | 26:56.49 | 17 |
| 24 Nelson, Atley | 11 | V-Whiting Hi | 26:57.15 | 18 |
| 25 Monteith, Cole | 11 | V-Ponca High School | 27:07.41 | 19 |
| 26 O'Halloran, Nolan | 11 | V-Sxland Christi | 27:45.24 | 20 |
| 27 Patterson, Wyatt | 09 | V-Westwood S | 29:41.28 | |
| 28 Aaron, Waderich | 12 | V-Westwood S | 29:45.87 | |
| 29 Nichols, Lance | 09 | V-Whiting Hi | 32:15.50 | 21 |
| 30 Stolz, Gunnar | 09 | V-West Harrison | 32:30.59 | |
| 31 Gallardo, Ben | 09 | V-Whiting Hi | 33:50.12 | 22 |

Junior Varsity Results 5000 Run

| Junior Varsity Results 3000 Run | | | |
|---------------------------------|----|---------------------|----------|
| 1 Lu, Matthew | 11 | West Monona | 25:08.79 |
| 2 Boynton, Jesse | 09 | West Monona | 26:39.67 |
| 3 Heisterkamp, Garrett | 11 | West Monona | 27:54.92 |
| 4 Wilford, Justin | 09 | Siouxland Christian | 29:29.29 |
| 5 Erlandson, Brandon | 09 | West Monona | 30:04.75 |
| 6 Disney, Cole | 09 | West Monona | 30:27.33 |
| 7 Baker, Kemper | 09 | Siouxland Christian | 32:29.39 |

Team Scores

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Rank Team Total 1 2 3 4 *5 *6 *7 *8 *9

Junior Varsity Results 5000 Run

| Junior Varsity Results 5000 Run | | | | | | | |
|---------------------------------|-----------------------------|----|----|----|----|----|----|
| | 1 West Monona High School | 10 | 1 | 2 | 3 | 4 | 5 |
| Total Time: | 1:49:48.13 | | | | | | |
| Average: | 27:27.04 | | | | | | |
| Varsity Results 5000 Run | | | | | | | |
| | 1 V-Siouxland Christian | 13 | 1 | 2 | 4 | 6 | 8 |
| Total Time: | 1:23:40.41 | | | | | | |
| Average: | 20:55.11 | | | | | | |
| | 2 V-West Monona High School | 31 | 5 | 7 | 9 | 10 | 12 |
| Total Time: | 1:30:03.28 | | | | | | |
| Average: | 22:30.82 | | | | | | |
| | 3 V-Ponca High School | 49 | 3 | 13 | 16 | 17 | 19 |
| Total Time: | 1:39:05.13 | | | | | | |
| Average: | 24:46.29 | | | | | | |
| | 4 V-Whiting High School | 65 | 11 | 15 | 18 | 21 | 22 |
| Total Time: | 1:49:11.72 | | | | | | |
| Average: | 27:17.93 | | | | | | |

