

# MVC Valley Divisional Cross Country Meet Varsity Girls

## Dubuque Cross Country Course

### Oct. 17, 2019

57° Sunny, ESE 2 MPH, 46% Humidity  
Results by B & W Racing Services

PLACE	TEAM	POINTS	SCORES								AVG. TIME	SPREAD
1	Linn-Mar	34	2	3	7	9	13	25	36	19:08	1:46	
2	Hempstead	58	6	10	11	15	16	17	28	19:42	0:59	
3	Wahlert Catholic	68	4	12	14	18	20	23	26	19:44	1:26	
4	Iowa City Liberty	96	1	5	22	33	35	39	40	19:49	3:43	
5	Iowa City West	99	8	19	21	24	27	29	34	20:15	1:08	
6	Cedar Rapids Kennedy	178	30	32	37	38	41	43	46	21:23	0:51	
7	Cedar Rapids Jefferso	221	31	44	47	49	50	52	53	23:04	3:19	
8	Waterloo East & West	240	42	45	48	51	54			24:02	4:34	

PLACE	FINISHER	TIME	PACE	PLACE	FINISHER	TIME	PACE
1. Linn-Mar				6. Cedar Rapids Kennedy			
2	Micah Poellet, Jr	18:04	5:49	30	Anabel Bradley, Fr	20:59	6:45
3	Chloe Skidmore, Jr	18:44	6:02	32	Bethany Smeed, So	20:59	6:45
7	Jordyn Beck, Fr	19:20	6:13	37	Kayleigh Duncan, So	21:30	6:55
9	Lilly Geelan, Jr	19:42	6:20	38	Emily Fusselman, Sr	21:35	6:57
13	Sarah Murphy, Jr	19:50	6:23	41	Erica Schulte, Jr	21:49	7:01
25	Dimia Burrell, Sr	20:32	6:36	43	Riley Parker, Fr	22:10	7:08
36	Jamison Feldman, Sr	21:16	6:51	46	Kelsie Kolthoff, Fr	23:10	7:27
Total Time = 1:35:40		Total Places = 34		Total Time = 1:46:52		Total Places = 178	
2. Hempstead				7. Cedar Rapids Jefferso			
6	Hannah Brown, Sr	19:01	6:07	31	Rachel Nagel, Sr	20:59	6:45
10	Kaylee Leicht, Sr	19:46	6:22	44	Aidrana Brandis, Fr	22:43	7:19
11	Brooke O'Brein, Fr	19:46	6:22	47	Katrina Truitt, Jr	23:10	7:28
15	Audrey Franklin, Jr	19:55	6:25	49	Bella Dougherty, Fr	24:08	7:46
16	Emma Holesinger, Sr	20:00	6:26	50	Isabelle Bushman, Sr	24:17	7:49
17	Shaelyn Hostager, Sr	20:02	6:27	52	Hannah Hoeger, Jr	24:27	7:52
28	Emily Richter, Jr	20:50	6:42	53	Megan Bumpus, Fr	24:58	8:02
Total Time = 1:38:28		Total Places = 58		Total Time = 1:55:17		Total Places = 221	
3. Wahlert Catholic				8. Waterloo East & West			
4	Gabby Moran, Jr	18:46	6:02	42	Madison Tieskotter, So	22:01	7:05
12	Alix Oliver, Jr	19:46	6:22	45	Victoria Knight, Jr	22:58	7:24
14	Ellie Meyer, So	19:51	6:23	48	Jordyn Smith, Sr	24:08	7:46
18	Lilah Takes, Fr	20:03	6:27	51	Emma Hickman, Sr	24:27	7:52
20	Alana Duggan, So	20:11	6:30	54	Makayla Hanson, Sr	26:34	8:33
23	Aunna Huseman, Sr	20:21	6:33	Total Time = 2:00:08		Total Places = 240	
26	Maya Wachter, Jr	20:41	6:39				
Total Time = 1:38:37		Total Places = 68					
4. Iowa City Liberty							
1	Ashlyn Keeney, So	17:32	5:39				
5	McKenzie Logan, Jr	18:55	6:05				
22	Camille Mac, Jr	20:12	6:30				
33	Elizabeth Jaeger, So	21:11	6:49				
35	Isabelle Woody, So	21:14	6:50				
39	Carly Sulwer, So	21:37	6:57				
40	Malia Taylor, Fr	21:46	7:00				
Total Time = 1:39:04		Total Places = 96					
5. Iowa City West							
8	Maddy Negley, Jr	19:41	6:20				
19	Camden Zirker, So	20:07	6:28				
21	Annie Schwartz, Fr	20:11	6:30				
24	Emma Kearney, Jr	20:28	6:35				
27	Minou Emmad, Fr	20:48	6:42				
29	Lucy Westemeyer, Jr	20:52	6:43				
34	Erica Buetner, Jr	21:14	6:50				
Total Time = 1:41:15		Total Places = 99					

1	1	Ashlyn Keeney, So	17:32	5:39	Iowa City Liberty
2	2	Micah Poellet, Jr	18:04	5:49	Linn-Mar
			6:00 Pace		
3	3	Chloe Skidmore, Jr	18:44	6:02	Linn-Mar
4	4	Gabby Moran, Jr	18:46	6:02	Wahlert Catholic
5	5	McKenzie Logan, Jr	18:55	6:05	Iowa City Liberty
6	6	Hannah Brown, Sr	19:01	6:07	Hempstead
7	7	Jordyn Beck, Fr	19:20	6:13	Linn-Mar
8	8	Maddy Negley, Jr	19:41	6:20	Iowa City West
9	9	Lilly Geelan, Jr	19:42	6:20	Linn-Mar
10	10	Kaylee Leicht, Sr	19:46	6:22	Hempstead
11	11	Brooke O'Brein, Fr	19:46	6:22	Hempstead
12	12	Alix Oliver, Jr	19:46	6:22	Wahlert Catholic
13	13	Sarah Murphy, Jr	19:50	6:23	Linn-Mar
14	14	Ellie Meyer, So	19:51	6:23	Wahlert Catholic
15	15	Audrey Franklin, Jr	19:55	6:25	Hempstead
16	16	Emma Holesinger, Sr	20:00	6:26	Hempstead
17	17	Shaelyn Hostager, Sr	20:02	6:27	Hempstead
18	18	Lilah Takes, Fr	20:03	6:27	Wahlert Catholic
19	19	Camden Zirker, So	20:07	6:28	Iowa City West
20	20	Alana Duggan, So	20:11	6:30	Wahlert Catholic
21	21	Annie Schwartz, Fr	20:11	6:30	Iowa City West
22	22	Camille Mac, Jr	20:12	6:30	Iowa City Liberty
23	23	Aunna Huseman, Sr	20:21	6:33	Wahlert Catholic
24	24	Emma Kearney, Jr	20:28	6:35	Iowa City West
25	25	Dimia Burrell, Sr	20:32	6:36	Linn-Mar
26	26	Maya Wachter, Jr	20:41	6:39	Wahlert Catholic
27	27	Minou Emmad, Fr	20:48	6:42	Iowa City West
28	28	Emily Richter, Jr	20:50	6:42	Hempstead
29	29	Lucy Westemeyer, Jr	20:52	6:43	Iowa City West
30	30	Anabel Bradley, Fr	20:59	6:45	Cedar Rapids Kennedy
31	31	Rachel Nagel, Sr	20:59	6:45	Cedar Rapids Jefferso
32	32	Bethany Smeed, So	20:59	6:45	Cedar Rapids Kennedy
33	33	Elizabeth Jaeger, So	21:11	6:49	Iowa City Liberty
34	34	Erica Buetner, Jr	21:14	6:50	Iowa City West
35	35	Isabelle Woody, So	21:14	6:50	Iowa City Liberty
36	36	Jamison Feldman, Sr	21:16	6:51	Linn-Mar
37		Emily Schmidt, So	21:26	6:54	Linn-Mar
38		Abbey Vezina, Fr	21:28	6:55	Linn-Mar
39	37	Kayleigh Duncan, So	21:30	6:55	Cedar Rapids Kennedy
40	38	Emily Fusselman, Sr	21:35	6:57	Cedar Rapids Kennedy
41	39	Carly Sulwer, So	21:37	6:57	Iowa City Liberty
			7:00 Pace		
42	40	Malia Taylor, Fr	21:46	7:00	Iowa City Liberty
43	41	Erica Schulte, Jr	21:49	7:01	Cedar Rapids Kennedy
44		Jillian Christensen, So	21:59	7:05	Linn-Mar
45	42	Madison Tieskotter, So	22:01	7:05	Waterloo East & West
46		346a13d	22:10	7:08	
47	43	Riley Parker, Fr	22:10	7:08	Cedar Rapids Kennedy
48		Tess Breslin, So	22:23	7:12	Wahlert Catholic
49	44	Aidрана Brandis, Fr	22:43	7:19	Cedar Rapids Jefferso
50		34620b6	22:53	7:22	
51	45	Victoria Knight, Jr	22:58	7:24	Waterloo East & West
52		Lily Nicknish, Jr	22:58	7:24	Iowa City Liberty
53		Samantha Schildroth, Jr	23:09	7:27	Iowa City Liberty
54	46	Kelsie Kolthoff, Fr	23:10	7:27	Cedar Rapids Kennedy
55	47	Katrina Truitt, Jr	23:10	7:28	Cedar Rapids Jefferso
56		3464ef1	23:57	7:43	
57	48	Jordyn Smith, Sr	24:08	7:46	Waterloo East & West
58	49	Bella Dougherty, Fr	24:08	7:46	Cedar Rapids Jefferso
59	50	Isabelle Bushman, Sr	24:17	7:49	Cedar Rapids Jefferso
60		3468728	24:18	7:49	
61	51	Emma Hickman, Sr	24:27	7:52	Waterloo East & West
62	52	Hannah Hoeger, Jr	24:27	7:52	Cedar Rapids Jefferso
			8:00 Pace		
63	53	Megan Bumpus, Fr	24:58	8:02	Cedar Rapids Jefferso
64		Anna Deam, So	25:07	8:05	Cedar Rapids Jefferso
65		Lily Brown, So	25:11	8:06	Cedar Rapids Jefferso
66	54	Makayla Hanson, Sr	26:34	8:33	Waterloo East & West

# MVC Valley Divisional Cross Country Meet Varsity Boys

## Dubuque Cross Country Course

### Oct. 17, 2019

Sunny, 57°, ESE 2 MPH, 46% Humidity  
Results by B & W Racing Services

PLACE	TEAM	POINTS	SCORES								AVG. TIME	SPREAD
1	Hempsstead H S.	28	1	4	5	7	11	14	19	16:09	1:02	
2	Iowa City West	73	6	8	13	16	30	32	34	16:37	0:51	
3	Iowa City - Liberty	84	9	10	18	22	25	38	39	16:41	0:36	
4	Linn-Mar	99	3	20	23	24	29	31	33	16:47	1:08	
5	Cedar Rapids Kennedy	105	2	15	21	27	40	43	48	16:47	1:45	
6	Wahlert Catholic	129	12	17	28	35	37	41	51	17:03	0:57	
7	Cedar Rapids Jefferso	195	26	36	42	45	46	49	50	17:35	0:58	
8	Waterloo	250	44	47	52	53	54	55	56	18:12	0:52	

PLACE	FINISHER	TIME	PACE	PLACE	FINISHER	TIME	PACE
1. Hempsstead H S.				6. Wahlert Catholic			
1	Ryan Winger, Jr	15:29	4:59	12	Nathan Munshower, Jr	16:31	5:19
4	Mason Suarez, Jr	16:10	5:12	17	Jacob Hocking, Sr	16:43	5:23
5	Owen Maloney, Jr	16:12	5:13	28	Brant Perry, So	17:08	5:31
7	Matthew Jungk, Sr	16:20	5:15	35	Cayden Ellis, Jr	17:23	5:36
11	Marcus Leitzen, So	16:31	5:19	37	Carter Hancock, So	17:28	5:37
14	Jacob Westermeyer, Sr	16:34	5:20	41	Luke Simcox, Sr	17:35	5:40
19	Brady Blean, So	16:45	5:23	51	Evan Poirier, Jr	18:06	5:49
Total Time = 1:20:42		Total Places = 28		Total Time = 1:25:13		Total Places = 129	
2. Iowa City West				7. Cedar Rapids Jefferso			
6	Nicolo Schianchi, So	16:19	5:15	26	Gavin Hall, So	16:59	5:28
8	Alex McKane, So	16:21	5:16	36	Lukas Lamparek, Jr	17:24	5:36
13	Ken Wilbur, Sr	16:33	5:19	42	Andrew French, Sr	17:40	5:41
16	Caden Noeller, So	16:41	5:22	45	Zac Goodall, Sr	17:55	5:46
30	Mohan Kumar, Jr	17:10	5:31	46	Nathan Lauterwasser, Sr	17:56	5:46
32	Raymond Yang, Sr	17:16	5:33	49	Brandon Cano, Sr	18:00	5:48
34	Alex Wang, Jr	17:22	5:35	50	Xander Scaglione, Jr	18:05	5:49
Total Time = 1:23:04		Total Places = 73		Total Time = 1:27:54		Total Places = 195	
3. Iowa City - Liberty				8. Waterloo			
9	Bowen Gryp, Jr	16:23	5:16	44	Andrew Congdon, So	17:42	5:42
10	Jack Kinzer, Jr	16:26	5:17	47	Ian Lucas, So	17:57	5:47
18	Peter Woodward, Sr	16:44	5:23	52	Logan Nelson, Sr	18:21	5:54
22	Caleb Schillinger, Jr	16:52	5:26	53	Luis Sanchez, Sr	18:26	5:56
25	Christian Montover, So	16:58	5:28	54	Cole Knight, Sr	18:34	5:59
38	Ethan Keeney, So	17:29	5:38	55	Caleb Moe, So	18:43	6:01
39	Logan Nelson, So	17:30	5:38	56	Preston Engstrom, Jr	18:45	6:02
Total Time = 1:23:23		Total Places = 84		Total Time = 1:31:00		Total Places = 250	
4. Linn-Mar							
3	Dylan Dolezal, Sr	16:02	5:09				
20	Zion Rios, Sr	16:49	5:25				
23	Hayden Kuhn, So	16:54	5:26				
24	Cadin Evans, Sr	16:58	5:28				
29	Jacob Derr, Jr	17:09	5:31				
31	Tryton Harper, Sr	17:13	5:33				
33	Ethan Harthun, Sr	17:20	5:35				
Total Time = 1:23:52		Total Places = 99					
5. Cedar Rapids Kennedy							
2	Jacob Green, Sr	15:46	5:04				
15	Kayde Bowers, Sr	16:41	5:22				
21	Lucas Middlekauff, Sr	16:52	5:26				
27	Levi Sullivan, Sr	17:04	5:29				
40	Matthew Hand, Sr	17:30	5:38				
43	Miles Wilson, Fr	17:41	5:41				
48	Jack Schissel, So	17:59	5:47				
Total Time = 1:23:53		Total Places = 105					

1	1	Ryan Winger, Jr	15:29 5:00 Pace	Hempstead H S.
2	2	Jacob Green, Sr	15:46	Cedar Rapids Kennedy
3	3	Dylan Dolezal, Sr	16:02	Linn-Mar
4	4	Mason Suarez, Jr	16:10	Hempstead H S.
5	5	Owen Malonev, Jr	16:12	Hempstead H S.
6	6	Nicolo Schianchi, So	16:19	Iowa City West
7	7	Matthew Jungk, Sr	16:20	Hempstead H S.
8	8	Alex McKane, So	16:21	Iowa City West
9	9	Bowen Gryp, Jr	16:23	Iowa City - Liberty
10	10	Jack Kinzer, Jr	16:26	Iowa City - Liberty
11	11	Marcus Leitzen, So	16:31	Hempstead H S.
12	12	Nathan Munshower, Jr	16:31	Wahlert Catholic
13	13	Ken Wilbur, Sr	16:33	Iowa City West
14	14	Jacob Westermeyer, Sr	16:34	Hempstead H S.
15	15	Kayde Bowers, Sr	16:41	Cedar Rapids Kennedy
16	16	Caden Noeller, So	16:41	Iowa City West
17	17	Jacob Hocking, Sr	16:43	Wahlert Catholic
18	18	Peter Woodward, Sr	16:44	Iowa City - Liberty
19	19	Brady Blean, So	16:45	Hempstead H S.
20	20	Zion Rios, Sr	16:49	Linn-Mar
21	21	Lucas Middlekauff, Sr	16:52	Cedar Rapids Kennedy
22	22	Caleb Schillinger, Jr	16:52	Iowa City - Liberty
23	23	Hayden Kuhn, So	16:54	Linn-Mar
24		Derek Leicht, So	16:58	Hempstead H S.
25	24	Cadin Evans, Sr	16:58	Linn-Mar
26	25	Christian Montover, So	16:58	Iowa City - Liberty
27	26	Gavin Hall, So	16:59	Cedar Rapids Jefferso
28	27	Levi Sullivan, Sr	17:04	Cedar Rapids Kennedy
29	28	Brant Perry, So	17:08	Wahlert Catholic
30	29	Jacob Derr, Jr	17:09	Linn-Mar
31	30	Mohan Kumar, Jr	17:10	Iowa City West
32	31	Tryton Harper, Sr	17:13	Linn-Mar
33	32	Raymond Yang, Sr	17:16	Iowa City West
34	33	Ethan Harthun, Sr	17:20	Linn-Mar
35	34	Alex Wang, Jr	17:22	Iowa City West
36	35	Cayden Ellis, Jr	17:23	Wahlert Catholic
37	36	Lukas Lamparek, Jr	17:24	Cedar Rapids Jefferso
38	37	Carter Hancock, So	17:28	Wahlert Catholic
39	38	Ethan Keenev, So	17:29	Iowa City - Liberty
40	39	Logan Nelson, So	17:30	Iowa City - Liberty
41	40	Matthew Hand, Sr	17:30	Cedar Rapids Kennedy
42		Thomas Gilkes, Jr	17:35	Linn-Mar
43	41	Luke Simcox, Sr	17:35	Wahlert Catholic
44		Jordan Robinson, So	17:38	Iowa City - Liberty
45		Gavin Keeney, So	17:39	Iowa City - Liberty
46	42	Andrew French, Sr	17:40	Cedar Rapids Jefferso
47	43	Miles Wilson, Fr	17:41	Cedar Rapids Kennedy
48	44	Andrew Congdon, So	17:42	Waterloo
49	45	Zac Goodall, Sr	17:55	Cedar Rapids Jefferso
50	46	Nathan Lauterwasser, Sr	17:56	Cedar Rapids Jefferso
51	47	Ian Lucas, So	17:57	Waterloo
52	48	Jack Schissel, So	17:59	Cedar Rapids Kennedy
53	49	Brandon Cano, Sr	18:00	Cedar Rapids Jefferso
54	50	Xander Scaglione, Jr	18:05	Cedar Rapids Jefferso
55	51	Evan Poirier, Jr	18:06	Wahlert Catholic
56		Zach Egger, So	18:19	Cedar Rapids Jefferso
57	52	Logan Nelson, Sr	18:21	Waterloo
58	53	Luis Sanchez, Sr	18:26	Waterloo
59		Henry Krain, Sr	18:29	Iowa City - Liberty
60	54	Cole Knight, Sr	18:34	Waterloo
			6:00 Pace	
61	55	Caleb Moe, So	18:43	Waterloo
62	56	Preston Engstrom, Jr	18:45	Waterloo
63		Brendan Suter, Sr	18:54	Cedar Rapids Jefferso
64		Jaden Wood, Sr	19:14	Waterloo

# MVC Valley Divisional Cross Country Meet JV Girls

## Dubuque Cross Country Course

### Oct. 17, 2019

Sunny, 56°, ESE 3 MPH, 49% Humidity  
 Results by B & W Racing Services

PLACE	TEAM	POINTS	SCORES								AVG. TIME	SPREAD
1	Hempstead	44	2	3	10	13	16	17	33	22:41	1:59	
2	Iowa City West	67	1	4	5	25	32	35		22:53	3:06	
3	Wahlert Catholic	69	8	9	12	19	21	23	29	23:10	1:20	
4	Linn-Mar	76	6	7	14	22	27	31	34	23:15	1:45	
5	Iowa City Liberty	103	15	18	20	24	26	36	37	23:45	0:42	
6	Cedar Rapids Kennedy	150	11	28	30	39	42	45		25:11	4:19	
7	Waterloo East & West	206	38	40	41	43	44			27:38	3:27	

Incomplete Teams: Cedar Rapids Jefferso

PLACE FINISHER TIME PACE

1.	Hempstead	Jamie Weidemann, Jr	21:28	6:55
2		Claire Paulson, Sr	22:02	7:06
3		Amelia Benham, Jr	23:02	7:25
10		Chloe Timmerman, Jr	23:22	7:31
13		Ella Heim, Jr	23:27	7:33
16		Aaliyah Waggoner, Sr	23:30	7:34
17		Lexi Lonning, Sr	24:36	7:55

Total Time = 1:53:21 Total Places = 44

2.	Iowa City West	Natalie Katz, Sr	21:25	6:54
1		Amy Liao, Jr	22:04	7:06
4		Erin Elizalde, Sr	22:13	7:09
25		Annabel Hendrickson, Jr	24:08	7:46
32		Kaitlyn Hansen, Sr	24:31	7:53
35		Julie Shian, Sr	25:24	8:11

Total Time = 1:54:21 Total Places = 67

3.	Wahlert Catholic	Hannah Hefel, Jr	22:26	7:13
8		Belle Pole, Sr	22:41	7:18
9		Mary Kate King, Jr	23:17	7:30
12		Emma Belken, Jr	23:37	7:36
19		Allie Kutsch, Jr	23:46	7:39
21		Samara Wigginton, Sr	23:55	7:42
23		Catherine Curtiss, Jr	24:15	7:48

Total Time = 1:55:47 Total Places = 69

4.	Linn-Mar	Allison Post, Sr	22:25	7:13
6		Sadie Staker, Sr	22:26	7:13
7		Sophie Wilbanks, Sr	23:23	7:32
14		Mika Ndikumana, Jr	23:50	7:40
22		Elise Cagnard, Sr	24:10	7:47
27		Katelyn Eilders, Sr	24:30	7:53
31		Peyton Shock, Sr	24:41	7:57

Total Time = 1:56:14 Total Places = 76

5.	Iowa City Liberty	Christella Luyeye, Jr	23:27	7:33
15		Avery Clark, Jr	23:31	7:34
18		Sophie Faga, So	23:37	7:36
20		Grace Ceynar, So	24:01	7:44
24		Aleah Rees, Jr	24:08	7:46
26		Aayushma Aryal, So	25:27	8:11
36		Tessa Miller, Sr	25:32	8:13

Total Time = 1:58:44 Total Places = 103

PLACE FINISHER TIME PACE

6.	Cedar Rapids Kennedy	Sarah Grams, Jr	23:15	7:29
11		Kallie Kolthoff, Jr	24:14	7:48
28		Annabelle Hallam, Sr	24:23	7:51
30		Anna Teggatz, So	26:28	8:31
39		Whitney Markham, Jr	27:34	8:52
42		Tiernan Sullivan, Fr	33:31	10:47

Total Time = 2:05:54 Total Places = 150

7.	Waterloo East & West	Alayna Ritter, Sr	26:24	8:30
38		Isabelle Stoffer, So	26:29	8:32
40		Eleanor Filippone, Jr	27:29	8:51
41		Lydia Iliff, Jr	27:57	9:00
43		Mya Johnson, Fr	29:50	9:36

Total Time = 2:18:09 Total Places = 206

1	1	Natalie Katz, Sr	21:25	6:54	Iowa City West
2	2	Jamie Weidemann, Jr	21:28	6:55	Hempstead
			7:00 Pace		
3	3	Claire Paulson, Sr	22:02	7:06	Hempstead
4	4	Amy Liao, Jr	22:04	7:06	Iowa City West
5	5	Erin Elizalde, Sr	22:13	7:09	Iowa City West
6	6	Allison Post, Sr	22:25	7:13	Linn-Mar
7	7	Sadie Staker, Sr	22:26	7:13	Linn-Mar
8	8	Hannah Hefel, Jr	22:26	7:13	Wahlert Catholic
9	9	Belle Pole, Sr	22:41	7:18	Wahlert Catholic
10	10	Amelia Benham, Jr	23:02	7:25	Hempstead
11	11	Sarah Grams, Jr	23:15	7:29	Cedar Rapids Kennedy
12	12	Mary Kate King, Jr	23:17	7:30	Wahlert Catholic
13	13	Chloe Timmerman, Jr	23:22	7:31	Hempstead
14	14	Sophie Wilbanks, Sr	23:23	7:32	Linn-Mar
15	15	Christella Luyeye, Jr	23:27	7:33	Iowa City Liberty
16	16	Ella Heim, Jr	23:27	7:33	Hempstead
17	17	Aaliyah Waggoner, Sr	23:30	7:34	Hempstead
18	18	Avery Clark, Jr	23:31	7:34	Iowa City Liberty
19	19	Emma Belken, Jr	23:37	7:36	Wahlert Catholic
20	20	Sophie Faga, So	23:37	7:36	Iowa City Liberty
21	21	Allie Kutsch, Jr	23:46	7:39	Wahlert Catholic
22	22	Mika Ndikumana, Jr	23:50	7:40	Linn-Mar
23	23	Samara Wigginton, Sr	23:55	7:42	Wahlert Catholic
24	24	Grace Ceynar, So	24:01	7:44	Iowa City Liberty
25	25	Annabel Hendrickson, Jr	24:08	7:46	Iowa City West
26	26	Aleah Rees, Jr	24:08	7:46	Iowa City Liberty
27	27	Elise Cagnard, Sr	24:10	7:47	Linn-Mar
28	28	Kallie Kolthoff, Jr	24:14	7:48	Cedar Rapids Kennedy
29	29	Catherine Curtiss, Jr	24:15	7:48	Wahlert Catholic
30		Ana Chandlee, Jr	24:20	7:50	Wahlert Catholic
31	30	Annabelle Hallam, Sr	24:23	7:51	Cedar Rapids Kennedy
32	31	Katelyn Eilders, Sr	24:30	7:53	Linn-Mar
33	32	Kaitlyn Hansen, Sr	24:31	7:53	Iowa City West
34		Morgan Herrig, Sr	24:35	7:55	Wahlert Catholic
35	33	Lexi Lonning, Sr	24:36	7:55	Hempstead
36		Allison Ehlinger, Jr	24:38	7:56	Hempstead
37		Abby Kallaher, Sr	24:38	7:56	Hempstead
38	34	Peyton Shock, Sr	24:41	7:57	Linn-Mar
39		Anna Huggins, Sr	24:42	7:57	Linn-Mar
40		Haley Hartshorne, Jr	24:49	7:59	Linn-Mar
			8:00 Pace		
41		Hannah Krapfl, Jr	24:52	8:00	Wahlert Catholic
42		Bailey Tonn, Sr	25:05	8:05	Hempstead
43		Marin Doyle, Sr	25:08	8:05	Linn-Mar
44	35	Julie Shian, Sr	25:24	8:11	Iowa City West
45	36	Aayushma Aryal, So	25:27	8:11	Iowa City Liberty
46	37	Tessa Miller, Sr	25:32	8:13	Iowa City Liberty
47		Skylynn Redding, Sr	25:32	8:13	Hempstead
48		Erin Scott, Sr	25:41	8:16	Wahlert Catholic
49		Grace Becker, Jr	25:44	8:17	Hempstead
50		Helena Perez-Gonzales, Jr	25:56	8:21	Wahlert Catholic
51		Claire Schadl, Sr	26:17	8:28	Hempstead
52		Lily Jochum, Jr	26:18	8:28	Wahlert Catholic
53		Victoria Larson, Sr	26:21	8:29	Hempstead
54		Maria Gourley, Sr	26:23	8:29	Wahlert Catholic
55	38	Alayna Ritter, Sr	26:24	8:30	Waterloo East & West
56	39	Anna Teggatz, So	26:28	8:31	Cedar Rapids Kennedy
57	40	Isabelle Stoffer, So	26:29	8:32	Waterloo East & West
58		Amber Loney, Jr	26:31	8:32	Hempstead
59		Julie Cagnard, Jr	26:36	8:34	Linn-Mar
60		Jessica Kusick, Jr	26:57	8:40	Iowa City Liberty
61		Nora Mahoney, Jr	26:59	8:41	Wahlert Catholic
62		Ella Deeny, Sr	26:59	8:41	Wahlert Catholic
63		Kristin Urquhart, Sr	27:20	8:48	Cedar Rapids Jefferso
64		Taylor Troy, So	27:20	8:48	Cedar Rapids Jefferso
65	41	Eleanor Filippone, Jr	27:29	8:51	Waterloo East & West
66	42	Whitney Markham, Jr	27:34	8:52	Cedar Rapids Kennedy
67		Peyton Connolly, Jr	27:35	8:53	Hempstead
68		Lauren Gudenkauf, Sr	27:35	8:53	Hempstead
			9:00 Pace		
69	43	Lydia Iliff, Jr	27:57	9:00	Waterloo East & West
70		Sam McPherson, Sr	28:14	9:05	Iowa City Liberty
71		Emily Unsen, Jr	28:20	9:07	Wahlert Catholic
72		Jennifer Villanueva, Jr	28:52	9:17	Hempstead

73		Clairie Bennet, Jr	29:07	9:22	Hempstead
74		Lizzy Bushlack, Sr	29:18	9:26	Linn-Mar
75	44	Mya Johnson, Fr	29:50	9:36	Waterloo East & West
76		Paige Hanson, Sr	29:50	9:36	Hempstead
77		Daisy Palmer, Jr	30:10	9:43	Iowa City Liberty
78		Nadia Vang, Jr	30:20	9:46	Hempstead
				10:00	Pace
79		Ava Blakey, Jr	31:37	10:11	Cedar Rapids Jefferso
80		Haley Rindfleisch, Jr	32:14	10:22	Hempstead
81	45	Tiernan Sullivan, Fr	33:31	10:47	Cedar Rapids Kennedy
				11:00	Pace
82		Kaylee Lex, Sr	36:10	11:39	Hempstead
83		Maddie Timmerman, Jr	36:10	11:39	Hempstead

# MVC Valley Divisional Cross Country Meet JV Boys

## Dubuque Cross Country Course

### Oct. 17, 2019

Sunny, 56°, ESE 4 MPH, 55% Humidity  
Results by B & W Racing Services

PLACE	TEAM	POINTS	SCORES								AVG. TIME	SPREAD
1	Hemstead H S.	17	1	2	3	5	6	9	11	17:10	0:20	
2	Iowa City West	47	4	7	8	12	16	20	22	17:55	1:21	
3	Cedar Rapids Jefferso	99	13	15	21	23	27	32	36	18:51	1:37	
4	Cedar Rapids Kennedy	110	10	14	24	29	33			19:13	2:19	
5	Iowa City - Liberty	114	17	18	19	26	34	38		19:15	1:52	
6	Waterloo	149	25	28	30	31	35	37		20:06	1:15	

Incomplete Teams: Linn-Mar, Wahlert Catholic

PLACE	FINISHER	TIME	PACE	PLACE	FINISHER	TIME	PACE
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1. Hemstead H S.  
 1 Justin Schultz, Sr 16:56 5:27  
 2 Carter Welbes, Sr 17:09 5:31  
 3 Josh Davis, Jr 17:13 5:32  
 5 Nick Turnis, Jr 17:15 5:33  
 6 Andrew Johnson, Jr 17:16 5:33  
 9 Tate Billmeyer, Sr 17:53 5:45  
 11 Adam Curtis, Sr 18:03 5:48

Total Time = 1:25:49 Total Places = 17

6. Waterloo  
 25 Deyton Love, Sr 19:38 6:19  
 28 Kaden Carns, Jr 19:51 6:23  
 30 Bu Reh, Jr 20:02 6:27  
 31 Damon Schmidt, Sr 20:07 6:28  
 35 Savian Moss, Sr 20:52 6:43  
 37 Anthony Sandoval, Sr 21:31 6:55

Total Time = 1:40:30 Total Places = 149

2. Iowa City West  
 4 Erik Whittaker, Fr 17:14 5:33  
 7 Calvin Greene, Jr 17:46 5:43  
 8 Allen Liao, Sr 17:49 5:44  
 12 Thomas Pierce, So 18:09 5:50  
 16 Carlo Tran, Fr 18:35 5:59  
 20 Paul Ode, Fr 18:45 6:02  
 22 Julian Wemmie, Sr 18:47 6:03

Total Time = 1:29:33 Total Places = 47

3. Cedar Rapids Jefferso  
 13 Cael Abrams, Jr 18:12 5:51  
 15 Sam Jahnke, Jr 18:33 5:58  
 21 Adam Haut, Sr 18:45 6:02  
 23 Jack Goudy, Jr 18:57 6:06  
 27 Emmanuel Amegandjin, Sr  
                           19:48 6:22  
 32 Carter Tredway, Sr 20:12 6:30  
 36 Cem Kurt, Jr 20:53 6:43

Total Time = 1:34:15 Total Places = 99

4. Cedar Rapids Kennedy  
 10 Dylan Sines, Jr 18:00 5:48  
 14 Jaxson Hornett, Sr 18:15 5:52  
 24 Drew Jensen, Sr 19:31 6:17  
 29 Drake Beauregard, Sr 19:57 6:25  
 33 Dylan Falck, Sr 20:19 6:32

Total Time = 1:36:02 Total Places = 110

5. Iowa City - Liberty  
 17 Spencer Knight, Jr 18:40 6:00  
 18 Gavin Hayes, Jr 18:40 6:00  
 19 Ethan Benedict, Sr 18:43 6:01  
 26 Sam Ross, Jr 19:38 6:19  
 34 Nicholas Moore, Sr 20:31 6:36  
 38 Caden Sadler, Jr 22:37 7:17

Total Time = 1:36:12 Total Places = 114

1	1	Justin Schultz, Sr	16:56	5:27	Hempsptead H S.
2	2	Carter Welbes, Sr	17:09	5:31	Hempsptead H S.
3	3	Josh Davis, Jr	17:13	5:32	Hempsptead H S.
4	4	Erik Whittaker, Fr	17:14	5:33	Iowa City West
5	5	Nick Turnis, Jr	17:15	5:33	Hempsptead H S.
6	6	Andrew Johnson, Jr	17:16	5:33	Hempsptead H S.
7	7	Calvin Greene, Jr	17:46	5:43	Iowa City West
8	8	Allen Liao, Sr	17:49	5:44	Iowa City West
9	9	Tate Billmeyer, Sr	17:53	5:45	Hempsptead H S.
10	10	Dylan Sines, Jr	18:00	5:48	Cedar Rapids Kennedy
11	11	Adam Curtis, Sr	18:03	5:48	Hempsptead H S.
12	12	Thomas Pierce, So	18:09	5:50	Iowa City West
13	13	Cael Abrams, Jr	18:12	5:51	Cedar Rapids Jefferso
14	14	Jaxson Hornett, Sr	18:15	5:52	Cedar Rapids Kennedy
15		Adam Riffel, Sr	18:19	5:54	Hempsptead H S.
16		Scott Hostager, Sr	18:31	5:57	Hempsptead H S.
17		Adam Lange, Jr	18:33	5:58	Hempsptead H S.
18	15	Sam Jahnke, Jr	18:33	5:58	Cedar Rapids Jefferso
19	16	Carlo Tran, Fr	18:35	5:59	Iowa City West
		6:00 Pace			
20		Cesar Campa, Jr	18:37	6:00	Hempsptead H S.
21	17	Spencer Knight, Jr	18:40	6:00	Iowa City - Liberty
22	18	Gavin Hayes, Jr	18:40	6:00	Iowa City - Liberty
23	19	Ethan Benedict, Sr	18:43	6:01	Iowa City - Liberty
24	20	Paul Ode, Fr	18:45	6:02	Iowa City West
25	21	Adam Haut, Sr	18:45	6:02	Cedar Rapids Jefferso
26	22	Julian Wemmie, Sr	18:47	6:03	Iowa City West
27		Joe Chapman, So	18:52	6:04	Wahlert Catholic
28		Ryan Christenson, Sr	18:57	6:06	Linn-Mar
29	23	Jack Goudy, Jr	18:57	6:06	Cedar Rapids Jefferso
30		Jackson Bradley, Jr	18:58	6:06	Hempsptead H S.
31		Gabe Solis, Jr	19:06	6:09	Hempsptead H S.
32		Eli Shubatt, Sr	19:10	6:10	Wahlert Catholic
33		Sean McGrath, Sr	19:10	6:10	Hempsptead H S.
34		Marek Ghabel, So	19:20	6:13	Iowa City West
35		Tosh Klever, Jr	19:23	6:14	Iowa City West
36		Cole Kaufmann, Jr	19:30	6:16	Hempsptead H S.
37	24	Drew Jensen, Sr	19:31	6:17	Cedar Rapids Kennedy
38		Luke Kotz, Jr	19:34	6:18	Hempsptead H S.
39	25	Deyton Love, Sr	19:38	6:19	Waterloo
40	26	Sam Ross, Jr	19:38	6:19	Iowa City - Liberty
41	27	Emmanuel Amegandjin, Sr	19:48	6:22	Cedar Rapids Jefferso
42	28	Kaden Carns, Jr	19:51	6:23	Waterloo
43	29	Drake Beauregard, Sr	19:57	6:25	Cedar Rapids Kennedy
44	30	Bu Reh, Jr	20:02	6:27	Waterloo
45	31	Damon Schmidt, Sr	20:07	6:28	Waterloo
46	32	Carter Tredway, Sr	20:12	6:30	Cedar Rapids Jefferso
47		Max Breitbach, Sr	20:13	6:30	Hempsptead H S.
48	33	Dylan Falck, Sr	20:19	6:32	Cedar Rapids Kennedy
49		Devin Tigges, Jr	20:28	6:35	Hempsptead H S.
50	34	Nicholas Moore, Sr	20:31	6:36	Iowa City - Liberty
51		Kameron Sanders, Sr	20:32	6:37	Hempsptead H S.
52		Cameron Davis, Jr	20:36	6:38	Hempsptead H S.
53	35	Savian Moss, Sr	20:52	6:43	Waterloo
54	36	Cem Kurt, Jr	20:53	6:43	Cedar Rapids Jefferso
55		Nick O'Toole, Sr	20:58	6:45	Linn-Mar
56		Jaydon Vaughn, Jr	20:58	6:45	Hempsptead H S.
57		Jimmy Driskell, Sr	21:08	6:48	Cedar Rapids Jefferso
58		Alexander Nelson, Sr	21:16	6:51	Iowa City West
59		Derek Anthony, Sr	21:21	6:52	Cedar Rapids Jefferso
60	37	Anthony Sandoval, Sr	21:31	6:55	Waterloo
		7:00 Pace			
61		Boris Miller, Jr	21:50	7:02	Hempsptead H S.
62		John Flanagan, Jr	22:07	7:07	Wahlert Catholic
63		Chris Caruthers, Sr	22:13	7:09	Iowa City West
64		Julius Rukundo, Sr	22:15	7:10	Cedar Rapids Jefferso
65	38	Caden Sadler, Jr	22:37	7:17	Iowa City - Liberty
66		Sam Hearden, Sr	22:40	7:18	Hempsptead H S.
67		Sharik Khan, Sr	22:41	7:18	Hempsptead H S.
68		Robbie Keller, Jr	23:12	7:28	Wahlert Catholic
69		Cameron Burnell, Sr	23:55	7:42	Cedar Rapids Jefferso
70		Jeremi Bazan, Jr	24:42	7:57	Cedar Rapids Jefferso
		8:00 Pace			
71		Justin Cano, Jr	25:49	8:19	Cedar Rapids Jefferso
72		Ewan Greear, Jr	27:32	8:52	Cedar Rapids Jefferso

9:00 Pace

73  
74

Andrew McCormick, Jr 29:10 9:23 Hempsstead H S.  
Chase Hohmann, Fr 30:12 9:43 Hempsstead H S.

# MVC Valley Divisional Cross Country Meet Girls Fresh Soph Dubuque Cross Country Course Oct. 17, 2019

Sunny, 57° S 1-5 MPH, 45% Humidity  
Results by B & W Racing Services

PLACE	TEAM	POINTS		SCORES						AVG. TIME	SPREAD
1	Iowa City West	20	1	2	4	6	7	12	26	21:48	0:41
2	Hempstead	42	3	5	9	11	14	16	25	22:24	1:32
3	Wahlert Catholic	81	10	15	17	19	20	21		23:35	1:45
4	Linn-Mar	84	8	13	18	22	23	24	27	23:37	2:43

PLACE	FINISHER	TIME	PACE
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- |    |                     |       |      |  |
|----|---------------------|-------|------|--|
| 1. | Iowa City West      |       |      |  |
| 1  | Sara Alaya, So      | 21:24 | 6:53 |  |
| 2  | Vicki Carrica, Fr   | 21:42 | 6:59 |  |
| 4  | Jasmine Ortega, So  | 21:47 | 7:01 |  |
| 6  | Brianna Newton, So  | 22:03 | 7:06 |  |
| 7  | Cora Abbas, Fr      | 22:04 | 7:06 |  |
| 12 | Payton DeVena, So   | 22:54 | 7:22 |  |
| 26 | Vivian Polgreen, Fr | 25:15 | 8:08 |  |

Total Time = 1:49:00 Total Places = 20

- |    |                       |         |         |
|----|-----------------------|---------|---------|
| 2. | Hempstead             |         |         |
| 3  | Natalie Schlichte, Fr | 21:46   | 7:00    |
| 5  | Maddie Digman, Fr     | 21:55   | 7:03    |
| 9  | Anna Besler, Fr       | 22:15   | 7:10    |
| 11 | Trinity Kessler, So   | 22:42   | 7:18    |
| 14 | Emily Onken, So       | 23:18   | 7:30    |
| 16 | Samantha Schmitt, So  | 23:22   | 7:31    |
| 25 | Madeline Winger, Fr   | 24:54   | 8:01    |
| T  | Total Time            | 1:51:56 | T-1 P-1 |
|    |                       |         | 42      |

Total Time = 1:51:56 Total Places = 42

- |                      |                       |                   |      |  |
|----------------------|-----------------------|-------------------|------|--|
| 3.                   | Wahlert Catholic      |                   |      |  |
| 10                   | Josie Belken, Fr      | 22:34             | 7:16 |  |
| 15                   | Katie Cushman, So     | 23:18             | 7:30 |  |
| 17                   | Tatum Manternach, Fr  | 23:27             | 7:33 |  |
| 19                   | Anna Van Otterloo, Fr | 24:14             | 7:48 |  |
| 20                   | Lydia Foy, Fr         | 24:18             | 7:49 |  |
| 21                   | Cathryn Skahill, So   | 24:21             | 7:50 |  |
| Total Time = 1:57:51 |                       | Total Places = 81 |      |  |

Total Time = 1:57:51 Total Places = 81

- |                      |                       |       |                   |  |  |
|----------------------|-----------------------|-------|-------------------|--|--|
| 4.                   | Linn-Mar              |       |                   |  |  |
| 8                    | Ella Dorman, Fr       | 22:04 | 7:06              |  |  |
| 13                   | Madi Wells, Fr        | 22:59 | 7:24              |  |  |
| 18                   | Ava Kline, Fr         | 23:28 | 7:33              |  |  |
| 22                   | Jovce Toingar, So     | 24:44 | 7:58              |  |  |
| 23                   | Emma Affeldt, Fr      | 24:46 | 7:58              |  |  |
| 24                   | Dani Sunseri, So      | 24:48 | 7:59              |  |  |
| 27                   | Isabel Van Druten, Fr | 25:37 | 8:15              |  |  |
| Total Time = 1:58:01 |                       |       | Total Places = 84 |  |  |

Total Time = 1:58:01      Total Places = 84

						TEAM			
						PLACE	PLACE	FINISHER	TIME PACE TEAM
1	1	Sara Alaya, So	21:24	6:53	Iowa City West				
2	2	Vicki Carrica, Fr	21:42	6:59	Iowa City West				
			7:00 Pace						
3	3	Natalie Schlichte, Fr	21:46	7:00	Hempstead	31		Ava Bergquist, So	25:30 8:12 Hempstead
4	4	Jasmine Ortega, So	21:47	7:01	Iowa City West	32	27	Isabel Van Druten, Fr	25:37 8:15 Linn-Mar
5	5	Maddie Digman, Fr	21:55	7:03	Hempstead	33		Kamille Berns, So	25:48 8:18 Hempstead
6	6	Brianna Newton, So	22:03	7:06	Iowa City West	34		Cecelia Darter, So	26:17 8:27 Hempstead
7	7	Cora Abbas, Fr	22:04	7:06	Iowa City West	35		Sharini Rao, Fr	27:25 8:50 Linn-Mar
8	8	Ella Dorman, Fr	22:04	7:06	Linn-Mar				9:00 Pace
9	9	Anna Besler, Fr	22:15	7:10	Hempstead	36		Emily Davisdon, Fr	28:07 9:03 Hempstead
10	10	Josie Belken, Fr	22:34	7:16	Wahlert Catholic				
11	11	Trinity Kessler, So	22:42	7:18	Hempstead				
12	12	Payton DeVena, So	22:54	7:22	Iowa City West				
13	13	Madi Wells, Fr	22:59	7:24	Linn-Mar				
14	14	Emily Onken, So	23:18	7:30	Hempstead				
15	15	Katie Cushman, So	23:18	7:30	Wahlert Catholic				
16	16	Samantha Schmitt, So	23:22	7:31	Hempstead				
17	17	Tatum Manternach, Fr	23:27	7:33	Wahlert Catholic				
18	18	Ava Kline, Fr	23:28	7:33	Linn-Mar				
19	19	Anna Van Otterloo, Fr	24:14	7:48	Wahlert Catholic				
20	20	Lydia Foy, Fr	24:18	7:49	Wahlert Catholic				
21	21	Cathrynn Skahill, So	24:21	7:50	Wahlert Catholic				
22	22	Joyce Toingar, So	24:44	7:58	Linn-Mar				
23	23	Emma Affeldt, Fr	24:46	7:58	Linn-Mar				
24	24	Dani Sunseri, So	24:48	7:59	Linn-Mar				
			8:00 Pace						
25	25	Madeline Winger, Fr	24:54	8:01	Hempstead				
26		Sophia Dallal, Fr	25:11	8:06	Hempstead				
27	26	Vivian Polgreen, Fr	25:15	8:08	Iowa City West				
28		Jenna Alden, Fr	25:19	8:09	Iowa City West				
29		Claire Lahey, So	25:22	8:10	Hempstead				
30		Anna Gehl, So	25:24	8:11	Hempstead				

# MVC Valley Divisional Cross Country Meet Boys Fresh Soph Dubuque Cross Country Course Oct. 17, 2019

Sunny, 57°, SE 1-5 MPH, 46% Humidity  
Results by B & W Racing Services

PLACE	TEAM	POINTS		SCORES						AVG. TIME	SPREAD
1	Linn-Mar	29	2	3	5	6	13	18	19	17:42	1:11
2	Hempstead H S.	68	7	9	11	20	21	34	35	18:18	1:05
3	Cedar Rapids Kennedy	73	1	8	10	26	28	33	40	18:20	2:00
4	Iowa City - Liberty	81	12	14	16	17	22	24	29	18:31	0:38
5	Iowa City West	144	4	25	27	42	46	47	49	19:26	3:17
6	Waterloo	169	30	31	32	37	39	45	48	19:42	0:47
7	Cedar Rapids Jefferso	188	23	36	38	41	50	51	53	19:58	2:07
8	Wahlert Catholic	208	15	43	44	52	54	55		21:13	6:44

PLACE	FINISHER	TIME	PACE	PLACE	FINISHER	TIME	PACE
1.	Linn-Mar			53	Sean Aschenbrenner, Fr	21:18	6:51
2	Carson Burns, So	17:15	5:33		Total Time = 1:39:50	Total Places = 188	
3	Tyler Tiefel, Fr	17:30	5:38	8.	Wahlert Catholic		
5	Kaden Walker, So	17:37	5:40	15	Abe Simcox, Fr	18:28	5:56
6	Luke Steffen, Fr	17:40	5:41	43	Jacob Noonan, Fr	20:33	6:37
13	Caleb Brown, So	18:25	5:56	44	Wilson Oberfoell, So	20:40	6:39
18	Blake Pettit, So	18:35	5:59	52	Gabe Auer, Fr	21:11	6:49
19	Eli Guerrero, Fr	18:44	6:02	54	Landon Schmitt, So	25:11	8:06
	Total Time = 1:28:27	Total Places = 29		55	Jack Baird, So	25:43	8:17
2.	Hawthorne H.S.				Total Time = 1:46:03	Total Places = 208	

2. Hempsstead H S.			
7 George Holesinger, So	17:45	5:43	
9 Jonathon O'Brien, So	17:56	5:46	
11 Caleb Kass, Fr	18:12	5:51	
20 Justin Mootz, So	18:44	6:02	
21 Devin Spahn, Fr	18:50	6:04	
34 Grant Nelson, Fr	19:31	6:17	
35 Will Pitz, Fr	19:32	6:17	
Total Time = 1:31:27	Total Places	= 68	

3.	Cedar Rapids Kennedy			
1	Kenzie Reed, Fr	17:14	5:	33
8	Gavin Smith, So	17:56	5:	46
10	Connor McGovern, So	18:08	5:	50
26	Kyan Stricker, So	19:06	6:	09
28	Braden Jordan, Fr	19:13	6:	11
33	Jonah Hallam, So	19:31	6:	17
40	Cale Hansen, So	20:11	6:	30
Total Time = 1:21:27		Total Places = 72		

Total Time =	1:31:37	Total Places =	73
4.	Iowa City - Liberty		
12	Boden Bisgard, Fr	18:14	5:52
14	Jack Abel, So	18:25	5:56
16	Nathan Kinzer, Fr	18:30	5:57
17	Luke Thompson, So	18:32	5:58
22	Maxwell Thompson, Fr	18:51	6:04
24	Andrew Kaczka, Fr	19:04	6:08
29	Jaden Frantz, Fr	19:17	6:12
Total Time =	1:32:32	Total Places =	81

5.	Iowa City West			
4	Seth Cheney, Fr	17:32	5:39	
25	Abdul Wahab Muhammed, Jr	19:06	6:09	
27	Clay Bopp, So	19:12	6:11	
42	Charles Duffy, Jr	20:31	6:36	
46	Iahn Shim, So	20:48	6:42	
47	Drew Peterson, Jr	20:52	6:43	
49	Kareem Shoukikh, Sr	20:57	6:44	
Total Time = 1:37:09		Total Places = 144		

<b>6. Waterloo</b>				
30	Andrew Tracy, So	19:21	6:14	
31	Layton Ritter, So	19:23	6:14	
32	Kaelan Eilers, So	19:29	6:16	
37	Landon Stafsholt, So	20:07	6:28	
39	Ryan Bulver, So	20:08	6:29	
45	Donovan Stone, So	20:47	6:41	
48	Ehku Doh, Fr	20:56	6:44	
<b>Total Time = 1:38:28</b>		<b>Total Places = 169</b>		

7.	Cedar Rapids Jefferso		
23	Quinn Cohen, So	18:52	6:04
36	Bryce Grissom, So	19:39	6:20
38	Angel Torres, Fr	20:07	6:28
41	Zach Smith, So	20:14	6:31
50	Trent Vos, So	20:58	6:45
51	Nick Henry, Fr	21:05	6:47

					TEAM	PLACE	PLACE	FINISHER	TIME	PACE	TEAM
1	1	Kenzie Reed, Fr	17:14	5:33	Cedar Rapids Kennedy						
2	2	Carson Burns, So	17:15	5:33	Linn-Mar						
3	3	Tyler Tiefel, Fr	17:30	5:38	Linn-Mar						
4	4	Seth Cheney, Fr	17:32	5:39	Iowa City West	92		Lwe H'Too, Fr	22:02	7:05	Waterloo
5	5	Kaden Walker, So	17:37	5:40	Linn-Mar	93		William Klabunde, So	22:03	7:06	Waterloo
6	6	Luke Steffen, Fr	17:40	5:41	Linn-Mar	94		Cal Henk, Fr	22:07	7:07	Iowa City - Liberty
7	7	George Holesinger, So	17:45	5:43	Hemstead H S.	95		Alex Aguiar, So	22:12	7:09	Waterloo
8	8	Gavin Smith, So	17:56	5:46	Cedar Rapids Kennedy	96		Henrey Malcom, Fr	22:14	7:09	Hemstead H S.
9	9	Jonathon O'Brien, So	17:56	5:46	Hemstead H S.	97		Lucas Dolphin, Fr	22:17	7:10	Cedar Rapids Kennedy
10	10	Connor McGovern, So	18:08	5:50	Cedar Rapids Kennedy	98		Tate Kuennen, So	22:17	7:10	Cedar Rapids Jefferso
11	11	Caleb Kass, Fr	18:12	5:51	Hemstead H S.	99		Jacob Johnson, Fr	22:30	7:14	Hemstead H S.
12	12	Boden Bisgard, Fr	18:14	5:52	Iowa City - Liberty	100		Micah Waddell, Fr	22:40	7:18	Linn-Mar
13	13	Caleb Brown, So	18:25	5:56	Linn-Mar	101		Ryan Zuercher, So	22:46	7:20	Cedar Rapids Jefferso
14	14	Jack Abel, So	18:25	5:56	Iowa City - Liberty	102		Devon Meyer, So	22:49	7:21	Cedar Rapids Jefferso
15	15	Abe Simcox, Fr	18:28	5:56	Wahlert Catholic	103		Tyler Moores, So	23:02	7:25	Iowa City - Liberty
16	16	Nathan Kinzer, Fr	18:30	5:57	Iowa City - Liberty	104		Sai Aung, Fr	23:14	7:29	Waterloo
17	17	Luke Thompson, So	18:32	5:58	Iowa City - Liberty	105		Joel Dillman, So	23:50	7:40	Cedar Rapids Kennedy
18	18	Blake Pettit, So	18:35	5:59	Linn-Mar	106		Hayden Pettit, Fr	23:51	7:41	Waterloo
				6:00 Pace							
19	19	Eli Guerrero, Fr	18:44	6:02	Linn-Mar	108		Sam Lund, Fr	24:20	7:50	Waterloo
20	20	Justin Mootz, So	18:44	6:02	Hemstead H S.	109		Morgan Andre, So	24:29	7:53	Waterloo
21	21	Devin Spahn, Fr	18:50	6:04	Hemstead H S.	110		Jackson Berry, Fr	24:33	7:54	Cedar Rapids Kennedy
22	22	Maxwell Thompson, Fr	18:51	6:04	Iowa City - Liberty	111		Marek Ghabel, Jr	24:47	7:58	Iowa City West
23	23	Quinn Cohen, So	18:52	6:04	Cedar Rapids Jefferso			Connor Luensman, Fr	24:50	7:59	Cedar Rapids Jefferso
24	24	Andrew Kaczka, Fr	19:04	6:08	Iowa City - Liberty					8:00 Pace	
25	25	Abdul Wahab Muhammed, Jr				112		Erik Whittaker, Fr	25:08	8:05	Iowa City West
			19:06	6:09	Iowa City West	113	54	Landon Schmitt, So	25:11	8:06	Wahlert Catholic
26	26	Kyan Stricker, So	19:06	6:09	Cedar Rapids Kennedy	114		Zachary Mosier, Fr	25:22	8:10	Iowa City - Liberty
27	27	Clay Bopp, So	19:12	6:11	Iowa City West	115	55	Jack Baird, So	25:43	8:17	Wahlert Catholic
28	28	Braden Jordan, Fr	19:13	6:11	Cedar Rapids Kennedy						
29	29	Jaden Frantz, Fr	19:17	6:12	Iowa City - Liberty						
30		Jacob Kumoto, Fr	19:20	6:13	Linn-Mar						
31	30	Andrew Tracy, So	19:21	6:14	Waterloo						
32	31	Layton Ritter, So	19:23	6:14	Waterloo						
33		Eric Colonv, So	19:27	6:16	Iowa City - Liberty						
34	32	Kaelan Eilers, So	19:29	6:16	Waterloo						
35	33	Jonah Hallam, So	19:31	6:17	Cedar Rapids Kennedy						
36		Carter Ohl, Fr	19:31	6:17	Linn-Mar						
37		Ryan Skogerboe, So	19:31	6:17	Linn-Mar						
38	34	Grant Nelson, Fr	19:31	6:17	Hemstead H S.						
39	35	Will Pitz, Fr	19:32	6:17	Hemstead H S.						
40		Carter Gage, So	19:33	6:18	Iowa City - Liberty						
41		Paxton Hummer, Fr	19:38	6:19	Linn-Mar						
42		Sam Riffel, So	19:39	6:19	Hemstead H S.						
43	36	Bryce Grissom, So	19:39	6:20	Cedar Rapids Jefferso						
44		Alex Riniker, So	19:40	6:20	Hemstead H S.						
45		Jack Anderson, Fr	19:49	6:23	Iowa City - Liberty						
46		Jonathan Kamba, So	19:55	6:25	Iowa City - Liberty						
47		Connor Deahl, Fr	19:59	6:26	Linn-Mar						
48		Tyson Baker, So	20:00	6:26	Iowa City - Liberty						
49		Aiden McDermott, So	20:02	6:27	Linn-Mar						
50		Kadon Harper, Fr	20:05	6:28	Linn-Mar						
51	37	Landon Stafsholt, So	20:07	6:28	Waterloo						
52	38	Angel Torres, Fr	20:07	6:28	Cedar Rapids Jefferso						
53	39	Ryan Bulver, So	20:08	6:29	Waterloo						
54	40	Cale Hansen, So	20:11	6:30	Cedar Rapids Kennedy						
55		Timothy Welch, Fr	20:13	6:30	Iowa City - Liberty						
56	41	Zach Smith, So	20:14	6:31	Cedar Rapids Jefferso						
57		Nathan Groezinger, Fr	20:16	6:31	Linn-Mar						
58		Sean Kelly, Fr	20:17	6:32	Hemstead H S.						
59		Andrew Cargin, So	20:23	6:34	Iowa City - Liberty						
60		Reid Post, Fr	20:24	6:34	Linn-Mar						
61	42	Charles Duffy, Jr	20:31	6:36	Iowa City West						
62		Sam Firzlaff, So	20:33	6:37	Hemstead H S.						
63	43	Jacob Noonan, Fr	20:33	6:37	Wahlert Catholic						
64		Jacob Cohen, Fr	20:40	6:39	Iowa City - Liberty						
65	44	Wilson Oberfoell, So	20:40	6:39	Wahlert Catholic						
66		Damien Garrett, Fr	20:42	6:40	Iowa City - Liberty						
67		Grant Misiag-Beckler, Fr	20:43	6:40	Hemstead H S.						
68		Joe Oleson, So	20:45	6:41	Cedar Rapids Kennedy						
69	45	Donovan Stone, So	20:47	6:41	Waterloo						
70		Dante Ryan, Fr	20:47	6:41	Cedar Rapids Kennedy						
71	46	Iahn Shim, So	20:48	6:42	Iowa City West						
72	47	Drew Peterson, Jr	20:52	6:43	Iowa City West						
73		Tristan Steichen, Fr	20:55	6:44	Cedar Rapids Kennedy						
74	48	Ehku Doh, Fr	20:56	6:44	Waterloo						
75	49	Kareem Shoukikh, Sr	20:57	6:44	Iowa City West						
76		Jake Conlon, So	20:58	6:45	Hemstead H S.						
77	50	Trent Vos, So	20:58	6:45	Cedar Rapids Jefferso						
78		Luke Gage, Fr	20:59	6:45	Iowa City - Liberty						
79		Evan Strand, Fr	21:02	6:46	Linn-Mar						
80	51	Nick Henry, Fr	21:05	6:47	Cedar Rapids Jefferso						
81		Malichi Daringer-Wright, Fr			Waterloo						
82	52	Gabe Auer, Fr	21:11	6:49	Wahlert Catholic						
83		Maxx Novak, So	21:12	6:50	Cedar Rapids Kennedy						
84		Brian Stubblefield, So	21:16	6:51	Cedar Rapids Kennedy						
85	53	Sean Aschenbrenner, Fr	21:18	6:51	Cedar Rapids Jefferso						
86		Zach Buchholz, Fr	21:21	6:52	Iowa City West						
87		John Glab, So	21:23	6:53	Hemstead H S.						
88		Ehmoora Soe, Fr	21:27	6:54	Waterloo						
89		Braden Nystron, Fr	21:30	6:55	Waterloo						
90		Brandon Huitzil, So	21:34	6:56	Waterloo						
				7:00 Pace							
91		Ethan Long, So	21:52	7:02	Iowa City - Liberty						