

Lakes Conference Championships - 10/14/2019
 Storm Lake Hosts
 Sunrise Pointe Golf Course

Event 1 Girls 5k Run CC

Name	Year School	Finals	Points
Varsity Results 5000 Run			
1 Fisher, Elisa	12 V-Spencer	20:20.80	1
2 Hamilton, Grace	12 V-Spencer	21:14.03	2
3 Morey, Jenna	12 V-Spencer	21:19.30	3
4 Minderhoud, Whitney	12 V-Western Christian	21:28.77	4
5 Morey, Emma	09 V-Spencer	21:31.24	5
6 Rogge, London	10 V-Cherokee	21:32.51	6
7 Lubeck, Riley	09 V-Cherokee	21:44.35	7
8 Edwards, Aliza	09 V-Spencer	22:04.21	8
9 Fisher, Brenna	10 V-Spencer	22:20.05	9
10 Hamilton, Ivy	09 V-Spencer	22:25.97	10
11 Olson, Hannah	12 V-Estherville-Lc	22:52.46	11
12 Rosfjord, Adrienne	11 V-Estherville-Lc	22:55.76	12
13 Dykema, Jenny	11 V-Spirit Lake	22:56.49	13
14 Letsche, Julia	09 V-Cherokee	23:04.64	14
15 Rylie, Bainbridge	11 V-Cherokee	23:19.50	15
16 Gulker, Zoe	10 V-Western Christian	23:34.54	16
17 Humble, Laura	12 V-Estherville-Lc	23:37.60	17
18 Fedders, Emily	10 V-Western Christian	23:46.97	18
19 DeKam, Jamie	12 V-Western Christian	24:05.59	19
20 Carlson, Kiersten	11 V-Cherokee	24:11.52	20
21 DeWeerd, McKenna	09 V-Western Christian	24:11.84	21
22 Slight, Jessica	12 V-Storm Lake	24:15.50	
23 Young, Allison	11 V-Estherville-Lc	24:23.86	22
24 Letsche, Heidi	09 V-Cherokee	24:31.28	23
25 Miller, Breanna	09 V-Cherokee	24:33.39	24
26 Kamstra, Braelynn	11 V-Western Christian	24:44.05	25
27 Butler, Sophia	11 V-Spirit Lake	24:46.90	26
28 Domek, Margaret	11 V-Estherville-Lc	24:52.78	27
29 Hackbarth, Emma	10 V-Spirit Lake	24:59.94	28
30 Van Roekel, Grace	09 V-Western Christian	25:18.29	29
31 Sorenson, Jordyn	11 V-Spirit Lake	25:35.47	30
32 Radcliffe, Grace	11 V-Spirit Lake	26:02.34	31
33 Cervantes, Bianca	11 V-Storm Lake	26:30.48	
34 Hoff, Shelby	11 V-Spirit Lake	26:40.57	32
35 Vierkant, Allison	09 V-Spirit Lake	28:52.46	33
36 Youngstedt, Dylan	10 V-Storm Lake	31:37.57	
37 Roque, Dania	11 V-Storm Lake	38:33.14	
Junior Varsity Results 5000 Run			
1 Agnitsch, Kyrstin	10 Cherokee	22:27.27	1
2 Johnson, Lexi	10 Spencer	22:49.77	2
3 Perez, Isabel	10 Spencer	23:45.73	3
4 Nielson, Nakia	12 Western Christian	24:07.65	4
5 Schwartz, Sydney	10 Spencer	24:50.03	5
6 Simpson, Mia	11 Spencer	25:24.45	6
7 Hildebrand, Jordyn	12 Cherokee	25:32.55	7
8 Edwards, Jazmine	11 Spencer	25:34.63	8
9 Vander Broek, Taylor	11 Cherokee	25:50.04	9
10 Jacobsen, Anna	10 Spencer	25:54.95	10
11 Nelson, Sadie	10 Spencer	25:56.72	11
12 Postma, Ashlyn	09 Western Christian	26:09.28	12
13 Ten Pas, Trista	09 Western Christian	26:11.15	13
14 Patterson, Rayann	10 Cherokee	26:17.92	14

15	Balt, Jenna	09	Western Christian	26:32.82	15
16	Haak, Marlena	11	Western Christian	26:34.48	16
17	Brands, Ella	10	Western Christian	26:40.95	17
18	Honkomp, Grace	09	Spencer	26:42.51	
19	Blau, Edyn	10	Spencer	26:54.95	
20	Storey, Ella	12	Spencer	27:01.79	
21	Farver, Taylor	09	Cherokee	27:02.82	18
22	Pick, Kaylee	12	Spencer	27:03.97	
23	Spence, Delana	10	Cherokee	27:13.89	19
24	Crew, Molly	11	Spencer	27:28.82	
25	Hassman, Janae	11	Spencer	27:42.58	
26	Kinnetz, Mikayla	10	Cherokee	27:48.22	20
27	Rezac, Kory	11	Estherville-LC	27:54.17	
28	McCarthy, Noli	11	Spirit Lake	29:18.85	
29	Nyaw, Nyathijin	09	Cherokee	29:20.17	
30	Ostovic, Izzy	10	Spirit Lake	29:27.26	
31	Miller, Katie	11	Cherokee	29:30.87	
32	Mingus, Mikayla	09	Spirit Lake	29:39.36	
33	Curtis, Cassidy	10	Cherokee	30:06.33	
34	Freeman, Brooke	11	Spencer	30:36.89	
35	Martin Felipe, Olga	12	Estherville-LC	30:42.25	
36	Paepер, McKenna	09	Cherokee	33:04.24	
37	Hogge, Kiersten	12	Spencer	36:36.10	
38	Kelly, Melissa	11	Cherokee	36:54.83	
39	Schimek, Elise	10	Spirit Lake	39:22.99	

Team Scores

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Event 3 Boys 5k Run CC

Name	Year School	Finals	Points
Varsity Results 5000 Run			
1 Myers, Taylor	12 V-Estherville-Lc	17:22.89	1
2 Hulstein, Tage	10 V-Western Christian	17:25.97	2
3 Kremer, Bryce	12 V-Cherokee	17:56.24	3
4 Moon, Tyler	10 V-Storm Lake	18:05.15	4
5 Schmidt, Ethan	12 V-Spencer	18:16.47	5
6 Cauthron, Case	11 V-Spencer	18:18.37	6
7 Minderhoud, Zachary	09 V-Western Christian	18:27.95	7
8 Discua, Luis	12 V-Spencer	18:28.32	8
9 Vandenberg, Damon	09 V-Spirit Lake	18:38.22	9
10 Cline, Kadyn	11 V-Spencer	18:39.80	10
11 Hartbecke, Kalen	09 V-Western Christian	18:47.33	11
12 Burton, Jaxon	10 V-Storm Lake	18:55.95	12
13 Lenzmeier, Matt	10 V-Storm Lake	19:03.63	13
14 Vander Plaats, Michael	12 V-Western Christian	19:05.38	14
15 Tuttle, Jacob	11 V-Spirit Lake	19:13.65	15
16 Samsel, Colton	09 V-Cherokee	19:28.30	16
17 Prins, Drew	09 V-Western Christian	19:28.68	17
18 Castro, Gabe	11 V-Cherokee	19:34.66	18
19 King, Owen	10 V-Spencer	19:35.96	19
20 Block, Will	11 V-Spirit Lake	19:38.64	20
21 Kueper, Connor	09 V-Spirit Lake	19:59.22	21
22 Jensen, Jacob	12 V-Estherville-Lc	20:00.85	22
23 Dvergsten, Sam	10 V-Storm Lake	20:01.95	23
24 Bare, Andrew	12 V-Spencer	20:05.82	24
25 Radcliffe, Walker	11 V-Spirit Lake	20:08.38	25
26 Schreurs, Levi	10 V-Western Christian	20:15.41	26
27 Heemskerk, Keaton	12 V-Western Christian	20:15.93	27
28 Goeken, Noah	09 V-Spencer	20:17.97	28
29 Alingh, Nick	09 V-Cherokee	20:30.22	29
30 Eldridge, Jonah	12 V-Spirit Lake	20:34.06	30
31 Dvergsten, Tyler	12 V-Storm Lake	20:54.24	31
32 Dixon, Isaac	12 V-Spirit Lake	20:56.08	32
33 Reusch, Jonathon	09 V-Cherokee	21:37.36	33
34 Martin, Will	09 V-Estherville-Lc	21:45.75	34
35 Wilkie, Austin	11 V-Cherokee	21:54.73	35
36 Sander, Izaak	12 V-Estherville-Lc	22:05.57	36
37 Mendigorian, Vincent	10 V-Storm Lake	22:11.56	37
38 Brown, Calvin	10 V-Cherokee	22:33.92	38
39 Young, Kaleb	09 V-Estherville-Lc	22:34.86	39
40 Morales, Emmanuel	10 V-Storm Lake	23:02.59	40
41 Ingvall, Blake	10 V-Estherville-Lc	24:18.38	41
42 Knudson, Jake	09 V-Estherville-Lc	25:51.71	42
Junior Varsity Results 5000 Run			
1 Kierscht, Otis	12 Spencer	19:39.77	1
2 Frostestad, Ben	12 Spirit Lake	20:27.69	2
3 Partello, Parker	10 Spirit Lake	20:44.94	3
4 Petty, Caden	09 Spirit Lake	20:56.66	4
5 Steele, Charlie	10 Spencer	20:57.47	5
6 Crane, Will	10 Spencer	20:57.86	6
7 Van Kley, Cowan	09 Western Christian	21:35.16	
8 Richards, Carson	12 Spirit Lake	21:41.92	7
9 Reiman, Noah	12 Spencer	21:48.48	8
10 Thoreson, Carter	11 Spirit Lake	21:51.25	9
11 Rees, Devin	09 Spencer	21:53.79	10
12 Robinson, Skyler	09 Cherokee	21:55.94	11
13 Profit, Tommy	09 Spirit Lake	22:06.80	12
14 Harscamp, Nick	09 Spirit Lake	22:07.77	13
15 Schueder, Mekhi	10 Cherokee	22:17.84	14

16	Hodgdon, Jacob	10	Cherokee	22:32.34	15
17	Norris, Sam	10	Spirit Lake	22:43.81	
18	Van Oort, Drew	10	Western Christian	22:55.78	
19	Placido, Ulises	11	Cherokee	23:00.31	16
20	Halder, Parker	10	Spencer	23:20.20	17
21	Erickson, Gavin	11	Spirit Lake	23:28.17	
22	Frostestad, Caleb	09	Spirit Lake	23:31.03	
23	Jacobson, Carter	11	Cherokee	23:32.17	18
24	Kutz, Andrew	11	Storm Lake	23:38.42	
25	Keller, Lucas	10	Storm Lake	23:41.52	
26	Stienke, Matt	12	Cherokee	23:51.49	19
27	Schendel, Jackson	11	Spencer	23:53.41	20
28	Benson, Trey	10	Cherokee	24:05.69	21
29	Zheng, Ivan	09	Spirit Lake	24:24.53	
30	Donkersloot, Cail	12	Spirit Lake	24:27.30	
31	Miller, Ian	09	Spirit Lake	24:47.93	
32	Creel, Andrew	10	Cherokee	26:41.57	
33	Burbridge, Kaleb	11	Spirit Lake	28:13.09	
34	Quail, Colby	09	Spencer	28:14.94	
35	Reineke, Isaac	09	Estherville-LC	28:58.42	
36	Williams, James	10	Estherville-LC	29:07.58	
37	Hernandez, Chris	12	Spencer	33:04.03	
38	Johnson, Keegan	12	Spencer	33:04.55	

Team Scores

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Event 6 Mixed 2 Mile Run CC Junior High

Name	Year	School	Finals	Points
Results - Women 2Mile Mile Run				
1 Morey, Peyton	W07	Spencer	13:00.08	1
2 Christensen, Aurora	WMS	Cherokee	13:33.35	2
3 Blair, Emerson	WMS	Estherville-LC	13:34.21	
4 Kahley, Saddie	W08	Spencer	14:06.77	3
5 Olson, Anna	W07	Spencer	14:12.71	4
6 Schoelman, Adalyn	W08	Spencer	14:19.04	5
7 Wyman, Addison	W07	Spencer	14:19.47	6
8 Dalhauser, Lilian	WMS	Storm Lake	14:22.76	7
9 Perez, Eliana	W07	Spencer	14:30.43	8
10 Hinrickson, Paige	W08	Spirit Lake	14:43.34	9
11 Maves, Kate	WMS	Cherokee	14:59.63	10
12 Matheson, Ava	WMS	Estherville-LC	14:59.93	
13 Booth, Allie	WMS	Cherokee	15:02.09	11
14 Hemann, Millie	W07	Spencer	15:15.20	12
15 Wassom, Sarah	W08	Spencer	15:34.93	
16 Hackbarth, Cassi	W07	Spirit Lake	15:43.74	13
17 Muilenberg, Ellie	W07	Spencer	15:46.86	
18 Munson, Sophie	W08	Spencer	15:50.79	
19 Moser, Jill	W08	Spencer	15:53.01	
20 Brown, Amelia	WMS	Cherokee	16:03.35	14
21 miller, emeelie	WMS	Cherokee	16:06.52	15
22 Leistikow, Kiana	W07	Spirit Lake	16:09.16	16
23 Olguin, Jessalynne	WMS	Cherokee	16:16.91	17
24 De Vos, Julia	WMS	Cherokee	16:25.33	18
25 Gerlock, Stella	W07	Spencer	16:28.52	
26 Ruden, Sylvia	W07	Spencer	16:30.88	
27 Kohn, Kelsee	WMS	Cherokee	16:31.42	
28 Leach, Jayleen	WMS	Cherokee	17:13.13	
29 Ellis, Leah	WMS	Cherokee	17:20.99	
30 Mills, Miranda	WMS	Storm Lake	17:24.99	19
31 Ussery, Liliana	W08	Spirit Lake	17:28.40	20
32 Holdorf, Lilly	W07	Spirit Lake	17:29.02	21
33 Jackson, Brooklyn	W07	Spirit Lake	17:49.28	22
34 James, Addison	WMS	Cherokee	17:56.48	
35 Cahal, Zoe	WMS	Cherokee	18:08.12	
36 Lindahl, Madison	W07	Spencer	18:21.78	
37 Menough, Kazhmyr	W07	Spirit Lake	18:22.75	23
38 Castillo, Sylvia	WMS	Storm Lake	18:31.90	24
39 Azurdia, Jaylena	WMS	Storm Lake	18:43.46	25
40 Loucks, Lena	WMS	Cherokee	19:05.96	
41 Borges, Eileen	WMS	Storm Lake	20:08.65	26
42 Garcia-Pantoja, Sharenni	WMS	Storm Lake	21:00.68	27
43 Mallet, Izabel	WMS	Cherokee	25:47.09	
44 Gosch, Baillie	W07	Spirit Lake	28:28.42	
Results - Men 2Mile Mile Run				
1 Muson, Van	M08	Spencer	10:55.01	1
2 Heinrichs, Tyler	M08	Spencer	11:12.52	2
3 Duitsman, Parker	MMS	Estherville-LC	11:19.50	3
4 Harberts, Uchan	M08	Western Christian	11:25.11	4
5 Douma, Caleb	M08	Western Christian	11:28.63	5
6 Martinez, Luiz	M08	Storm Lake	11:34.87	
7 Jerge, Ethan	M07	Spirit Lake	11:41.24	6

8	DeWeerd, Noah	M08	Western Christian	11:53.66	7
9	Holdorf, Aiden	M08	Spirit Lake	12:04.39	8
10	Schreurs, Laremy	M08	Western Christian	12:04.63	9
11	Gathercole, Sage	M08	Spirit Lake	12:06.64	10
12	Sorenson, Riley	M08	Spirit Lake	12:09.79	11
13	Hughes, Brandon	M07	Spirit Lake	12:31.85	12
14	White, Tate	MMS	Estherville-LC	12:38.37	13
15	McCaffery, Merek	M07	Spirit Lake	12:38.87	14
16	Madagan, Brodie	M08	Spirit Lake	12:42.86	15
17	Means, Jordan	M08	Spencer	12:45.28	16
18	Fields, Rickie	MMS	Cherokee	12:50.58	17
19	Richter, Zack	M07	Spencer	12:52.12	18
20	Robinson, Bryce	MMS	Cherokee	13:02.98	19
21	Baldwin, Alex	M08	Spencer	13:06.36	20
22	Ducommun, Kyler	MMS	Cherokee	13:08.17	21
23	Shatto, Kale	MMS	Estherville-LC	13:16.02	22
24	Mazvreck, Braeden	MMS	Cherokee	13:16.32	23
25	Partello, Philip	M07	Spirit Lake	13:20.49	
26	Gulker, Jacob	M08	Western Christian	13:26.42	24
27	Morris, Blake	M08	Spencer	13:45.09	25
28	Fullhart, Jace	M08	Spencer	13:50.11	26
29	Gathercole, Sam	M08	Spirit Lake	13:55.49	
30	Griffin, Trayton	M08	Spencer	13:56.52	
31	Krogman, Carson	M07	Spencer	14:10.88	
32	Fields, Cody	M07	Spencer	14:17.83	
33	Martin, Wes	MMS	Estherville-LC	14:18.69	27
34	Gethmann, Teagan	M07	Spencer	14:20.96	
35	Essick, Conner	M07	Spencer	14:24.75	
36	Neider, Ryan	M07	Spirit Lake	14:25.16	
37	Odendahl, Sam	M08	Spirit Lake	14:29.59	
38	Flores, Alejandro	MMS	Storm Lake	14:30.15	
39	Guzman, Fernando	M08	Storm Lake	14:44.54	
40	Fliikkema, Dalton	M08	Spencer	14:54.27	
41	Hughes, Tyler	MMS	Cherokee	14:54.69	28
42	Day, Boston	M08	Spencer	15:09.56	
43	Ward, Grant	M07	Spencer	15:11.56	
44	Norgaard, Storm	M08	Spencer	15:13.22	
45	Atherton, Caden	M07	Spencer	15:13.86	
46	Zeledon-Pena, Adrian	MMS	Storm Lake	15:25.78	
47	Stickrod, Conner	M08	Spencer	15:32.03	
48	Fisher, Luke	M08	Spencer	15:34.11	
49	Manwarren, Owen	M08	Spencer	15:35.76	
50	Hollingsworth, Jerome	M07	Spencer	15:41.97	
51	Idema, Micah	M07	Spencer	15:54.55	
52	Maki, Ben	M08	Spencer	16:37.68	
53	Gillis, Alex	M07	Spencer	16:40.26	
54	Reiman, Gabe	M08	Spencer	16:43.42	
55	Steele, Trevor	M08	Spencer	16:51.32	
56	Duncan, Doug	M07	Spencer	16:53.76	
57	Zheng, Benson	M07	Spirit Lake	16:54.85	
58	Fisher, Zac	M08	Spirit Lake	16:56.06	
59	Nelson, Kaleb	MMS	Cherokee	17:34.24	29
60	Giacobbe, Timothy	M08	Spencer	18:21.06	
61	Ross, Eli	MMS	Estherville-LC	20:18.22	30
62	Keith, Samuel	M08	Spencer	20:33.06	
63	Clark, Max	MMS	Cherokee	20:59.60	31

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