

Waukon Cross Country Invitational 2019 - 9/24/2019

Waukon Golf and Country Club

Waukon, Iowa

Rankings

Women 5k Run CC Varsity

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Decorah	30	3	4	5	8	10	11	19		
	Total Time:	1:50:10.00									
	Average:	22:02.00									
2	Kee CC	60	2	6	9	13	30	33	35		
	Total Time:	1:52:48.00									
	Average:	22:33.60									
3	Starmont	89	1	14	22	25	27	40	47		
	Total Time:	1:54:25.00									
	Average:	22:53.00									
4	Waukon HS	95	7	17	20	23	28	34	39		
	Total Time:	1:55:55.00									
	Average:	23:11.00									
5	Central elkader	137	12	18	21	32	54	57	62		
	Total Time:	2:00:05.00									
	Average:	24:01.00									
6	Crestwood	143	16	24	26	36	41	42	49		
	Total Time:	1:59:34.00									
	Average:	23:54.80									
7	North Fayette Valley	224	38	43	45	46	52	58	63		
	Total Time:	2:07:13.00									
	Average:	25:26.60									
8	New Hampton	224	29	31	53	55	56	65	68		
	Total Time:	2:08:51.00									
	Average:	25:46.20									
9	Mfl Mar Mac	231	15	37	51	61	67	69	70		
	Total Time:	2:13:29.00									
	Average:	26:41.80									
10	Clayton Ridge	261	44	48	50	59	60	64	66		
	Total Time:	2:14:12.00									
	Average:	26:50.40									

Name	Year	School	Avg Mile	Finals	Points	Alternate
1 Blazek, Jalyssa	10	Turkey Valley	6:35	20:27		
2 Meisgeier, Kenna	11	Starmont	6:37	20:31	1	
3 Meyer, Haley	10	Kee CC	6:49	21:10	2	

4 Anderson, Rebecca	09 Decorah	6:58	21:38	3
5 Johnson, Leila	11 Decorah	7:01	21:48	4
6 Sessions, Meg	12 Decorah	7:05	22:00	5
7 Wagner, Alison	09 Kee CC	7:08	22:08	6
8 Benzing, Katelyn	12 Waukon HS	7:11	22:16	7
9 Leschensky, Annette	12 Decorah	7:11	22:16	8
10 Walleser, Rachel	12 Kee CC	7:14	22:26	9
11 Oftedahl, Kalea	12 Decorah	7:14	22:28	10
12 See, Sam	11 Decorah	7:16	22:34	11
13 Asche, Hannah	09 Central elkader	7:18	22:38	12
14 Peters, Makayla	12 Kee CC	7:25	23:00	13
15 Plagman, Makenzie	10 Starmont	7:25	23:01	14
16 Moser, Sydney	10 Mfl Mar Mac	7:26	23:04	15
17 Steffen, Rachel	12 Crestwood	7:26	23:05	16
18 Waters, Maddy	11 Waukon HS	7:27	23:06	17
19 Scherf, Delaney	09 Central elkader	7:27	23:07	18
20 Swanson, Britta	12 Decorah	7:29	23:12	19
21 Buresh, Fiona	11 Decorah	7:29	23:15	
22 Shafer, Bailey	11 Waukon HS	7:30	23:16	20
23 Buresh, Brielle	10 Decorah	7:31	23:21	
24 Mussman, Allie	11 Central elkader	7:32	23:22	21
25 German, Kari	12 Starmont	7:32	23:23	22
26 Headington, Annika	11 Waukon HS	7:33	23:26	23
27 Slavin, Kendel	10 Crestwood	7:33	23:27	24
28 Rosburg, Raquel	11 Starmont	7:39	23:44	25
29 Ollendick, Olivia	09 Crestwood	7:39	23:45	26
30 Vaske, Mya	10 Starmont	7:39	23:46	27
31 Griffith, Regan	11 Waukon HS	7:41	23:51	28
32 Gessner, Lydia	12 New Hampton	7:42	23:54	29
33 Mudderman, Reagan	10 Kee CC	7:45	24:04	30
34 Byrne, Jaycie	11 Turkey Valley	7:46	24:05	
35 Russler, Ali	09 New Hampton	7:46	24:06	31
36 Mueller, Jasmine	12 Central elkader	7:48	24:13	32
37 Jensen, Amy	09 Decorah	7:48	24:14	
38 Walleser, Jaylyn	09 Kee CC	7:50	24:20	33
39 Bower, Rachel	11 Decorah	7:51	24:21	
40 Helgerson, Madelyn	10 Waukon HS	7:51	24:23	34
41 Bakewell, Alaina	09 Kee CC	7:52	24:26	35
42 Labosky, Libby	12 Crestwood	7:53	24:28	36
43 Tollefson, Madison	09 Decorah	7:57	24:39	
44 White, Kayleigh	12 Mfl Mar Mac	7:57	24:40	37
45 Steffens, Alexis	09 NFV	7:57	24:41	38
46 Armstead, Ellec	12 Waukon HS	7:58	24:45	39
47 Harford, Madeline	11 Starmont	7:59	24:46	40
48 Betts, Shayla	12 Decorah	7:59	24:46	
49 Slavin, Mattie	12 Crestwood	8:00	24:49	41
50 Courtney, Brooke	12 Decorah	8:00	24:50	
51 Koshatka, Tara	09 Crestwood	8:00	24:51	42

52 Sessions, Mairi	09 Decorah	8:01	24:52
53 Halverson, Abby	10 Decorah	8:01	24:53
54 Skrade, Annalise	09 Decorah	8:02	24:55
55 Bower, Hailey	09 Decorah	8:03	24:58
56 Gamm, Brynn	11 NFV	8:04	25:01 43
57 Schumann, Rebecca	09 Clayton Ridge	8:07	25:11 44
58 Numedahl, Mya	11 Decorah	8:09	25:18
59 Kruse, Cambree	10 Turkey Valley	8:09	25:19
60 Teslow, Hannah	10 Waukon HS	8:09	25:19
61 Bushman, Rachael	11 NFV	8:11	25:24 45
62 Gibson, Gina	12 NFV	8:13	25:31 46
63 Willie, Callan	12 Starmont	8:16	25:40 47
64 Garrett, Skylar	11 Waukon HS	8:22	25:57
65 Breitbach, Isabel	10 Clayton Ridge	8:22	25:57 48
66 Brauer, Morgan	11 Decorah	8:23	26:00
67 Foster, Kyleigh	10 Crestwood	8:24	26:05 49
68 Lamphier, Avery	11 Starmont	8:25	26:06
69 Vihanto, Ella	12 Clayton Ridge	8:25	26:07 50
70 Hansmeier, Paige	Waukon HS	8:25	26:08
71 Grau, Rose	11 Mfl Mar Mac	8:26	26:09 51
72 Snitker, Meridian	10 Waukon HS	8:29	26:19
73 Brace, Madi	12 Crestwood	8:29	26:20
74 Prouty, Jillian	10 oelwein	8:30	26:22
75 Byrnes, Olivia	11 Waukon HS	8:33	26:33
76 Schupbach, Ava	11 NFV	8:34	26:36 52
77 Burrett, Grace	11 New Hampton	8:35	26:37 53
78 Mueller, Haley	10 Central elkader	8:37	26:45 54
79 Duffy, Ally	12 oelwein	8:39	26:51
80 Ahlstrom, Kiara	10 Waukon HS	8:39	26:52
81 Zilka, Ramsey	09 Decorah	8:40	26:55
82 Shatek, Riley	12 New Hampton	8:41	26:56 55
83 Madsen, Anja	11 Decorah	8:47	27:17
84 Kolbet, Campbelle	09 New Hampton	8:48	27:18 56
85 Valkosky, Katie	12 Decorah	8:48	27:18
86 Phillips, Julia	11 Decorah	8:48	27:19
87 Medberry, Maria	11 Central elkader	8:49	27:21 57
88 Stortz, Kelsey	12 Crestwood	8:49	27:22
89 Thompson, Grace	11 Decorah	8:51	27:27
90 Roe, Megan	09 Decorah	8:51	27:28
91 Neal, Kaia	10 Decorah	8:52	27:30
92 Ney, Taylor	09 NFV	8:54	27:36 58
93 Swales, Marissa	10 Starmont	8:54	27:37
94 Ahrens, Kelly	12 Decorah	8:54	27:38
95 Lovstuen, Anya	10 Decorah	8:55	27:40
96 Bechtel, Hailey	10 Waukon HS	8:55	27:41
97 Moellers, Cameron	09 Crestwood	8:56	27:45
98 Mettille, Olivia	11 Decorah	8:57	27:47
99 Lehmkuhl, Isabella	12 Crestwood	8:59	27:52

100 Smith, Lily	12 Decorah	8:59	27:53	
101 Sandhorst, Sylvia	09 Decorah	8:59	27:54	
102 Rogne, Bree	09 Crestwood	9:02	28:01	
103 Moen, Abby	11 Decorah	9:03	28:06	
104 Bolson, Abby	10 Decorah	9:05	28:11	
105 Blume, Michaela	11 Clayton Ridge	9:06	28:14	59
106 Kiel, Malayna	10 oelwein	9:07	28:18	
107 Kruger, Sierra	11 Decorah	9:08	28:21	
108 Engen, Lexie	10 Decorah	9:11	28:30	
109 Rooney, Clara	11 Decorah	9:13	28:38	
110 Gaul, Abby	11 Clayton Ridge	9:15	28:43	60
111 Powell, Celia	10 Starmont	9:18	28:53	
112 Syverson, Cora	11 Decorah	9:19	28:56	
113 Schubert, Jordan	12 Mfl Mar Mac	9:20	28:57	61
114 Mahoney, Hailey	11 Central elkader	9:22	29:06	62
115 Riley, Krista	12 Crestwood	9:24	29:10	
116 Everman, Rachel	09 NFV	9:25	29:14	63
117 McTaggart, Kalyn	12 Starmont	9:28	29:22	
118 Stammeyer, Lexie	10 Decorah	9:28	29:24	
119 Meier, Grace	12 Clayton Ridge	9:29	29:25	64
120 Schutte, Haley	09 Crestwood	9:29	29:26	
121 Pethoud, Catherine	09 New Hampton	9:29	29:27	65
122 Wingert, Mylee	10 Central elkader	9:30	29:28	
123 Born, Katlin	12 Crestwood	9:30	29:29	
124 Gibbs, Anna	09 Crestwood	9:36	29:47	
125 Neal, Grace	09 Decorah	9:36	29:48	
126 Sullivan, Mya	12 Decorah	9:38	29:53	
127 Schaefers, Emily	12 Clayton Ridge	9:40	30:02	66
128 Kluesner, Maci	11 Central elkader	9:41	30:03	
129 Otdoerfer, Madelyn	09 Starmont	9:42	30:07	
130 Lundtvedt, Jenna	11 Decorah	9:44	30:14	
131 Cotant, Karissa	11 Crestwood	9:46	30:20	
132 Elsbernd, Hailey	10 Turkey Valley	9:51	30:36	
133 Jaster, Mckenna	11 Central elkader	9:52	30:38	
134 Bogdonovich, Isabella	10 Mfl Mar Mac	9:52	30:39	67
135 Embretson, Eva	09 Central elkader	9:54	30:43	
136 Hepperle, Rosita	12 Starmont	9:54	30:44	
137 Schwickerath, Michaela	10 New Hampton	9:58	30:55	68
138 Weber, Cadence	09 Mfl Mar Mac	10:00	31:02	69
139 Cox, Bailey	09 New Hampton	10:01	31:06	
140 Henriquez, Karen	10 Decorah	10:01	31:07	
141 Gillitzer, Kayden	11 Mfl Mar Mac	10:03	31:12	70
142 Christman, Sophia	09 Decorah	10:05	31:18	
143 Bjork, Ashley	09 Decorah	10:07	31:25	
144 Roman, Laura	12 Postville	10:14	31:47	
145 Chensvold, Drew	09 NFV	10:15	31:50	
146 Harber, Whitley	10 Clayton Ridge	10:24	32:17	
147 Kemp, McKenna	11 NFV	10:28	32:31	

148 Ferrie, Ashley	11 Crestwood	10:55	33:54
149 Gruman, Maria	09 Starmont	10:56	33:56
150 Harford, Lydia	09 Starmont	10:59	34:05
151 O'Connell, Kortni	09 Decorah	11:01	34:13
152 Crouch, Hannah	09 Crestwood	11:03	34:18
153 Runestad, Ella	12 Decorah	11:05	34:26
154 Sobolik, Cassie	09 Crestwood	11:12	34:45
155 Ollendick, Cameron	12 Crestwood	11:19	35:08
156 Ferrie, Allison	09 Crestwood	11:21	35:14
157 Astillero, Maria	11 Decorah	11:35	35:58
158 Baldwin, Katya	12 Decorah	11:35	35:59
159 Baerg, Megan	12 oelwein	12:21	38:20

### Men 5k Run CC Varsity

#### Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Decorah	30	1	2	8	9	10	12	13		
	Total Time:	1:32:51.00									
	Average:	18:34.20									
2	Crestwood	79	3	6	15	24	31	37	38		
	Total Time:	1:36:30.00									
	Average:	19:18.00									
3	North Fayette Valley	90	11	18	19	20	22	33	39		
	Total Time:	1:36:41.00									
	Average:	19:20.20									
4	Waukon	114	7	14	21	28	44	45	47		
	Total Time:	1:38:46.00									
	Average:	19:45.20									
5	Starmont	139	5	16	17	49	52	68	72		
	Total Time:	1:41:27.00									
	Average:	20:17.40									
6	Clayton Ridge	181	23	25	26	41	66	74	76		
	Total Time:	1:44:18.00									
	Average:	20:51.60									
7	oelwein	218	27	30	48	50	63	64	77		
	Total Time:	1:47:26.00									
	Average:	21:29.20									
8	Mfl Mar Mac	236	32	35	55	56	58	71	73		
	Total Time:	1:49:11.00									
	Average:	21:50.20									
9	New Hampton	239	29	46	53	54	57	59	60		
	Total Time:	1:49:14.00									
	Average:	21:50.80									
10	Central elkader	252	36	40	42	65	69	70	80		

Total Time: 1:50:46.00

Average: 22:09.20

11 Kee CC 273 4 51 61 78 79

Total Time: 1:59:04.00

Average: 23:48.80

12 Postville 281 34 43 62 67 75

Total Time: 1:55:21.00

Average: 23:04.20

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Name	Year	School	Avg	Mile	Finals	Points	Alternate
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1 Hogan, Brady	11	Decorah	5:39	17:33	1		
2 Peterson, Spencer	12	Decorah	5:58	18:31	2		
3 Govern, Ethan	10	Crestwood	6:01	18:39	3		
4 Wagner, Chris	11	Kee CC	6:01	18:40	4		
5 Conner, Dylan	12	Starmont	6:02	18:42	5		
6 Juelsgaard, Bryden	12	Crestwood	6:03	18:47	6		
7 Logan, Houg	12	Waukon	6:04	18:48	7		
8 Schutte, Bennett	10	Decorah	6:05	18:53	8		
9 Lovelace, Noah	11	Decorah	6:06	18:55	9		
10 Bockman, Pat	12	Decorah	6:07	18:59	10		
11 Miller, Ben	10	NFV	6:08	19:03	11		
12 Witt, August	10	Decorah	6:09	19:04	12		
13 Eichinger, Izaak	10	Decorah	6:09	19:05	13		
14 Zach, Davision	12	Waukon	6:09	19:06	14		
15 Nibaur, Justin	11	Crestwood	6:09	19:06	15		
16 Seo, Joseph	12	Decorah	6:10	19:07			
17 Smith, Hogan	10	Decorah	6:10	19:08			
18 Robinson, Samuel	12	Decorah	6:11	19:11			
19 Hayes, Henry	10	Starmont	6:12	19:14	16		
20 Sieck, Charlie	09	Starmont	6:13	19:18	17		
21 Hawley, Willem	12	Decorah	6:14	19:19			
22 Clark, Weller	12	NFV	6:14	19:21	18		
23 Halverson, Peyton	11	NFV	6:15	19:25	19		
24 Crooker, Davan	10	NFV	6:15	19:25	20		
25 Nathan, O'Neill	09	Waukon	6:16	19:26	21		
26 Crooker, Nathan	10	NFV	6:16	19:27	22		
27 Harwick, Jake	11	Clayton Ridge	6:18	19:32	23		
28 Bigalk, Nathaniel	11	Crestwood	6:23	19:48	24		
29 Reimer, Keaton	09	Clayton Ridge	6:24	19:53	25		
30 Moser, Gavin	09	Clayton Ridge	6:25	19:55	26		
31 Sauser, Brennan	10	oelwein	6:25	19:56	27		
32 Ryan, Lubahn	11	Waukon	6:26	19:58	28		
33 Usher, Dylan	10	New Hampton	6:27	20:00	29		
34 Gearhart, Ray	09	oelwein	6:28	20:04	30		
35 Mast, Ethan	10	Crestwood	6:30	20:10	31		
36 Rowley, Evan	09	Decorah	6:30	20:11			

37 Hayes, Arlo	10 Decorah	6:32	20:15	
38 Schissel, Tate	11 Decorah	6:34	20:24	
39 Nordheim, Caleb	10 Mfl Mar Mac	6:35	20:26	32
40 Olson, David	11 Decorah	6:36	20:28	
41 Magner, Jake	09 Decorah	6:37	20:31	
42 Hook, Bradyn	10 Decorah	6:38	20:35	
43 Zurbriggen, Caleb	10 NFV	6:39	20:37	33
44 Runestad, Leo	09 Decorah	6:41	20:43	
45 Solis, Raul	10 Postville	6:42	20:46	34
46 Moses, Colin	11 Mfl Mar Mac	6:43	20:49	35
47 Moser, William	10 Central elkader	6:43	20:50	36
48 Kammerer, Caleb	10 Crestwood	6:44	20:53	37
49 Moser, Brooks	07 Crestwood	6:46	20:59	38
50 Cole, Dane	10 Decorah	6:47	21:04	
51 Yauk, Korbin	10 NFV	6:48	21:05	39
52 Finley, Brayden	10 Central elkader	6:48	21:06	40
53 Garwood, Zach	12 Decorah	6:48	21:07	
54 Flores, Erik	09 Clayton Ridge	6:50	21:11	41
55 Weber, Corey	10 Central elkader	6:51	21:14	42
56 Olson, Cade	09 Decorah	6:51	21:15	
57 Franzen, Isaac	12 Turkey Valley	6:51	21:16	
58 Berns, Drew	10 Decorah	6:52	21:17	
59 Shea, Caleb	12 Crestwood	6:52	21:18	
60 Henning, Owen	12 Decorah	6:53	21:23	
61 Jensen, Trevin	11 NFV	6:54	21:25	
62 Hernandez, Brandon	10 Postville	6:54	21:26	43
63 Logan, Delaney	10 Waukon	6:55	21:28	44
64 Roberts, Isaac	12 Decorah	6:57	21:33	
65 Wilson, Max	09 Decorah	6:57	21:35	
66 Aidan, Jones	11 Waukon	6:58	21:36	45
67 Rowley, Nicholas	10 Decorah	6:58	21:37	
68 Brickley, Casey	09 Decorah	6:59	21:39	
69 Jensen, Nathan	10 NFV	6:59	21:40	
70 Hauser, Hayden	09 New Hampton	6:59	21:41	46
71 Andera, Jeremy	09 Crestwood	7:00	21:42	
72 Rude, Darin	11 Decorah	7:00	21:44	
73 Michael, Smith	12 Waukon	7:02	21:49	47
74 Stortz, Luke	09 Crestwood	7:04	21:55	
75 Rogers, Brody	10 oelwein	7:04	21:56	48
76 Wedo, Braydon	09 Starmont	7:05	22:00	49
77 Wilkes, Austin	12 oelwein	7:05	22:00	50
78 Groux, James	11 Decorah	7:06	22:02	
79 Wagner, Daniel	10 Kee CC	7:08	22:07	51
80 Irwin, Tyler	11 Decorah	7:09	22:12	
81 Einck, Karter	10 Decorah	7:09	22:12	
82 Wittman, Connor	10 Starmont	7:10	22:13	52
83 Brincks, Aiden	09 New Hampton	7:10	22:15	53
84 Scheidel, Lucas	12 Turkey Valley	7:11	22:18	

85 Huang, Adrian	10 Decorah	7:13	22:24
86 Taylor, Brock	09 Decorah	7:14	22:26
87 Orr, Treyce	09 New Hampton	7:16	22:34 54
88 Mathis, Kashton	10 Mfl Mar Mac	7:17	22:35 55
89 Grau, Joseph	09 Mfl Mar Mac	7:17	22:36 56
90 Gilson, Shawn	09 NFV	7:17	22:37
91 Schwamman, Dale	10 Turkey Valley	7:19	22:43
92 Reicks, Lance	10 New Hampton	7:20	22:44 57
93 Koether, William	09 Mfl Mar Mac	7:20	22:45 58
94 Aguilar, Edgar	10 Decorah	7:23	22:54
95 Cook, Conner	12 Decorah	7:23	22:54
96 Semionov, Marius	12 New Hampton	7:23	22:56 59
97 Trower, Preston	10 New Hampton	7:24	22:57 60
98 Croell, Kaiser	10 New Hampton	7:24	22:57
99 Mattson, Michael	11 Kee CC	7:25	23:01 61
100 Tanner, Marting	09 Waukon	7:26	23:03
101 Cael, Rethwisch	09 Waukon	7:27	23:07
102 Agudo, Jose	11 Decorah	7:28	23:09
103 White, Drew	10 Decorah	7:31	23:19
104 Hernandez, Jesus	09 Postville	7:32	23:22 62
105 Hunter, O'Neill	10 Waukon	7:33	23:25
106 James, VanderVelden	09 Waukon	7:34	23:28
107 Josh, Keenan	09 Waukon	7:34	23:29
108 Rael, Ryan	09 oelwein	7:34	23:30 63
109 Hamilton, Cole	10 oelwein	7:34	23:30 64
110 Connor, Stegen	11 Waukon	7:35	23:33
111 Berns, Tate	09 Central elkader	7:37	23:39 65
112 Phan, Leo	09 NFV	7:39	23:45
113 Ihde, Seth	12 Clayton Ridge	7:40	23:47 66
114 Kubadi, Suber	11 Postville	7:40	23:47 67
115 Wettleson, Ryan	09 NFV	7:40	23:48
116 Newhouse, Benson	09 Decorah	7:41	23:50
117 Rosburg, Owen	09 Starmont	7:41	23:52 68
118 Orr, Lane	10 Central elkader	7:43	23:57 69
119 Dietzenbach, Nate	09 Crestwood	7:44	23:59
120 Lares, Daniel	12 Crestwood	7:44	24:00
121 Walter, Luke	11 Decorah	7:45	24:02
122 Slifka, Matthew	12 Crestwood	7:45	24:03
123 Dietzenbach, Nick	10 Crestwood	7:46	24:06
124 Starrett, John	09 NFV	7:48	24:11
125 Helgerson, Jordan	10 Central elkader	7:48	24:13 70
126 Smerud, Keagan	12 Mfl Mar Mac	7:48	24:14 71
127 Henry, Domanick	09 Crestwood	7:49	24:15
128 Patrick, Will	10 Starmont	7:51	24:22 72
129 Schemmel, Clay	11 Crestwood	7:53	24:27
130 Tapscott, Noah	11 Decorah	7:54	24:32
131 Betts, Lange	09 Decorah	7:55	24:34
132 Foster, Thomas	11 Decorah	7:55	24:35

133 Brady, Beyer	12 Waukon	8:03	25:00
134 Moore, Elijah	09 Starmont	8:07	25:10
135 Klenk, Koal	11 Mfl Mar Mac	8:08	25:14 73
136 Nate, Keenan	09 Waukon	8:12	25:28
137 Hidding, Jacob	10 New Hampton	8:14	25:32
138 Patino, Jackson	09 Clayton Ridge	8:15	25:35 74
139 McShane, Ashton	11 New Hampton	8:18	25:47
140 Bennett, Aaron	09 Starmont	8:19	25:50
141 Kugel, Hunter	10 Mfl Mar Mac	8:20	25:51
142 Hernandez Farinas, Jose	11 Postville	8:23	26:00 75
143 Breuer, Jesse	12 Mfl Mar Mac	8:24	26:03
144 Gomez, Francisco	12 Clayton Ridge	8:26	26:10 76
145 Schemmel, Landon	10 Crestwood	8:28	26:17
146 Cahoy, Carter	09 New Hampton	8:30	26:22
147 Recker, Evan	09 Starmont	8:31	26:25
148 Henrichs, Colton	09 oelwein	8:32	26:28 77
149 Stocks, Anthony	09 Starmont	8:38	26:47
150 Mumford, Simon	10 Decorah	8:38	26:48
151 Meier, Nathan	09 Clayton Ridge	8:38	26:48
152 Knight, Colten	09 Crestwood	8:44	27:06
153 Brown, Lawson	11 Crestwood	8:46	27:12
154 Stade, Joshua	09 Clayton Ridge	8:48	27:20
155 Conway, Kyle	12 Kee CC	8:51	27:28 78
156 Castro, Moises	12 New Hampton	8:53	27:34
157 Dabas, Deepanshu	11 Kee CC	8:57	27:48 79
158 Buxton, Monty	09 Crestwood	9:00	27:55
159 Gibney, Aaron	12 Central elkader	9:27	29:20 80
160 Frahm, Jake	09 New Hampton	9:31	29:31

### Girls 2 Mile Run CC Junior High Girls

#### Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	oelwein	46	1	4	6	17	18	29	33		

Total Time: 1:16:15.00  
 Average: 15:15.00

2 decorah vikings 50 5 7 11 12 15 16 22  
 Total Time: 1:17:56.00  
 Average: 15:35.20

3 Mfl Mar Mac 102 3 14 19 23 43 51 53  
 Total Time: 1:21:10.00  
 Average: 16:14.00

4 Waukon HS 112 9 13 26 27 37 50  
 Total Time: 1:22:55.00  
 Average: 16:35.00

5 Central elkader 131 10 24 25 30 42 44 45

Total Time: 1:23:44.00

Average: 16:44.80

6 Crestwood 132 2 28 31 35 36 41 52

Total Time: 1:23:55.00

Average: 16:47.00

7 North Fayette Valley 159 20 21 34 38 46 47 48

Total Time: 1:26:42.00

Average: 17:20.40

8 Starmont 168 8 32 39 40 49 54 55

Total Time: 1:27:26.00

Average: 17:29.20

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Name	Year	School	Avg	Mile	Finals	Points	Alternate
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1 Rulapaugh, Rachel 08 oelwein 7:03 14:06 1

2 Peter, Laney 07 Crestwood 7:12 14:23 2

3 Grau, Clare 08 Mfl Mar Mac 7:17 14:34 3

4 Rael, Maria 08 oelwein 7:26 14:52 4

5 Losen, Danielle 08 decorah vikings 7:31 15:02 5

6 Gearhart, Libby 08 oelwein 7:37 15:13 6

7 Kelly, Kathryn 08 decorah vikings 7:37 15:14 7

8 Kent-Thomas, Annika 08 Starmont 7:38 15:15 8

9 Kurth, Mia Waukon HS 7:43 15:25 9

10 Moser, Taylor 08 Central elkader 7:43 15:26 10

11 Johnson, Elsa 07 decorah vikings 7:55 15:49 11

12 Schutte, Claire 08 decorah vikings 7:55 15:50 12

13 Stewart, Breckan Waukon HS 7:59 15:58 13

14 Ruff, Evelyn 07 Mfl Mar Mac 8:00 15:59 14

15 Simmon, Naomi 08 decorah vikings 8:01 16:01 15

16 Wadsworth, Amelia 07 decorah vikings 8:01 16:01 16

17 Rogers, Merissa 07 oelwein 8:01 16:02 17

18 Berryman, Alexa 08 oelwein 8:01 16:02 18

19 Gerndt, Ayla 08 Mfl Mar Mac 8:02 16:03 19

20 Bilden, Ava 08 NFV 8:10 16:20 20

21 Meyer, Braelyn 07 NFV 8:13 16:25 21

22 Hook, Elyna 08 decorah vikings 8:13 16:26 22

23 Walch, Kaylee 08 Mfl Mar Mac 8:14 16:27 23

24 Cummer, Gracie 08 Central elkader 8:14 16:28 24

25 Berns, Reese 07 Central elkader 8:20 16:40 25

26 Day, Alice Waukon HS 8:27 16:54 26

27 Cooper, Faith Waukon HS 8:28 16:55 27

28 Ollendick, Erica 07 Crestwood 8:28 16:56 28

29 Patrick, Hannah 07 oelwein 8:30 17:00 29

30 Kuehl, Grace 08 Central elkader 8:32 17:04 30

31 Leitz, Evon 08 decorah vikings 8:33 17:05

32 Valkosky, Abbie 08 decorah vikings 8:35 17:10

33 Horns, Cloey 08 Crestwood 8:37 17:13 31

34 Sandhorst, Lily	07 decorah vikings	8:40	17:19	
35 Fletcher, Gracie	08 Starmont	8:42	17:24	32
36 Prouty, Claire	07 oelwein	8:43	17:25	33
37 Cole, Skyler	08 decorah vikings	8:43	17:26	
38 Lemke, Jenna	08 decorah vikings	8:44	17:27	
39 Davis, Brianna	07 NFV	8:44	17:28	34
40 Church, Elise	08 Crestwood	8:51	17:41	35
41 Cummings, Blair	07 Crestwood	8:51	17:42	36
42 Marti, Olivia	Waukon HS	8:52	17:43	37
43 Bentley, Bridget	07 NFV	8:52	17:44	38
44 Rahe, Avarie	07 oelwein	8:53	17:45	
45 Haynes, Kristen	07 Starmont	8:53	17:46	39
46 Duvel, Jaidyn	07 decorah vikings	8:56	17:51	
47 Goodner, Natalie	07 decorah vikings	8:56	17:52	
48 Sieck, Abby	07 Starmont	8:57	17:53	40
49 Mahr, Heidi	08 Crestwood	9:03	18:05	41
50 Gregerson, Madylen	08 Central elkader	9:03	18:06	42
51 Bacon, Tricia	07 Mfl Mar Mac	9:04	18:07	43
52 Rork, Coral	07 Central elkader	9:06	18:11	44
53 Suhr, Leah	07 decorah vikings	9:08	18:15	
54 Rork, Aspen	07 Central elkader	9:13	18:26	45
55 Blikre, Grace	07 decorah vikings	9:17	18:34	
56 Riley, McKenzie	07 decorah vikings	9:22	18:44	
57 Buitenwerf, Bethany	07 NFV	9:23	18:45	46
58 Ney, Mady	08 NFV	9:26	18:52	47
59 Feldman, Grace	08 NFV	9:34	19:07	48
60 Hamlett, Natalie	07 Starmont	9:34	19:08	49
61 Havens, Mikael	Waukon HS	9:35	19:09	50
62 Curran, Keeley	07 Central elkader	9:38	19:16	
63 Thiese, Alexis	07 Central elkader	9:44	19:28	
64 Rahe, Sydney	08 oelwein	9:48	19:36	
65 Kishman, Ava	07 Mfl Mar Mac	9:49	19:37	51
66 Hammell, Izzy	07 Kee CC	9:50	19:40	
67 Henry, Mati	07 Crestwood	9:54	19:47	52
68 Bergan, Ella	07 Crestwood	10:00	19:59	
69 Isaacson, Addie	08 Crestwood	10:18	20:36	
70 Herman, Staci	08 Central elkader	10:22	20:44	
71 Torkelson, Isabella	07 Mfl Mar Mac	10:28	20:56	53
72 Koeller, Ruby	08 Mfl Mar Mac	10:53	21:46	
73 Meade, Katie	08 Starmont	10:54	21:48	54
74 Delphey, Kathleen	08 decorah vikings	11:19	22:38	
75 Lopez, Sandra	08 Postville	11:20	22:39	
76 White, Kinsey	07 decorah vikings	11:35	23:09	
77 Donat, Kelly	07 Starmont	11:44	23:27	55
78 Gaul, Hailey	07 Clayton Ridge	12:05	24:09	
79 Tieden, Brooke	07 Central elkader	12:08	24:16	
80 Hegdahl, Eily	08 decorah vikings	25:42	51:23	
81 Burgin, Brooke	07 NFV	25:42	51:23	

82 Brodbeck, Elliana	07 decorah vikings	25:42	51:23
83 Hrdlicka, Korey	07 Crestwood	25:42	51:23
84 Stocks, Elizabeth	08 Starmont	25:42	51:23
85 Kluth, Karish	07 Mfl Mar Mac	25:42	51:23
86 Arias, Kaylee	07 NFV	25:42	51:23
87 Thompson, Gwenyth	07 decorah vikings	25:42	51:23

### Boys 2 Mile Run CC Junior High Boys

#### Team Scores

Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9
1 Waukon	57	2	4	11	13	27	28	29		
Total Time:	1:09:02.00									
Average:	13:48.40									
2 decorah vikings	61	3	9	15	16	18	19	21		
Total Time:	1:09:39.00									
Average:	13:55.80									
3 Mfl Mar Mac	79	6	7	10	26	30	35	38		
Total Time:	1:10:59.00									
Average:	14:11.80									
4 North Fayette Valley	84	1	5	22	25	31	33	34		
Total Time:	1:10:49.00									
Average:	14:09.80									
5 oelwein	89	8	12	14	23	32	36	42		
Total Time:	1:11:58.00									
Average:	14:23.60									
6 Starmont	137	17	20	24	37	39	40	41		
Total Time:	1:17:29.00									
Average:	15:29.80									

Name	Year	School	Avg Mile	Finals	Points	Alternate
86 Unknown			10:56	21:51		
1 McGowan, Lukas	08	NFV	6:25	12:49	1	
2 Ethan, Gibbs	07	Waukon	6:28	12:55	2	
3 Bigalk, Dominic	08	Crestwood	6:32	13:03		
4 Weis, Henry	08	decorah vikings	6:34	13:07	3	
5 Wyatt, Gulla	08	Waukon	6:35	13:09	4	
6 Schupbach, Brody	07	NFV	6:35	13:09	5	
7 Schellhorn, Jacob	07	Mfl Mar Mac	6:35	13:10	6	
8 Kuehl, Parker	07	Mfl Mar Mac	6:55	13:49	7	
9 Sauser, Conall	07	oelwein	6:55	13:49	8	
10 Zilka, Grant	07	decorah vikings	6:55	13:50	9	

11 Keehner, Sawyer	08 Mfl Mar Mac	6:58	13:55	10
12 Cashton, Lloyd	08 Waukon	6:59	13:57	11
13 Latham, Christian	07 oelwein	6:59	13:58	12
14 Caleb, Helgerson	07 Waukon	7:01	14:02	13
15 Rechkemmer, Lane	08 oelwein	7:02	14:04	14
16 Nalaem-Carlson, Aidan	08 decorah vikings	7:03	14:05	15
17 Reynolds-Dunlap, LaQuinn	08 decorah vikings	7:05	14:10	16
18 Kramer, Ashton	08 Starmont	7:12	14:24	17
19 Hook, Landyn	07 decorah vikings	7:14	14:27	18
20 Knaack, Isaac	08 decorah vikings	7:14	14:28	19
21 Otdoerfer, Ian	07 Starmont	7:14	14:28	20
22 Coppola, Davis	07 decorah vikings	7:18	14:35	21
23 Campos, Cesar	08 NFV	7:24	14:48	22
24 Brewer, Landyn	07 oelwein	7:25	14:50	23
25 Patrick, Jack	07 Starmont	7:26	14:52	24
26 Bentley, Doug	08 NFV	7:27	14:54	25
27 Ruff, Tucker	07 Mfl Mar Mac	7:29	14:58	26
28 Caleb, Perkins	08 Waukon	7:30	14:59	27
29 Rowley, Elan	07 decorah vikings	7:32	15:03	
30 Kaedyn, Anderson	08 Waukon	7:32	15:04	28
31 Nordheim, Travis	08 decorah vikings	7:33	15:05	
32 Hernandez, Isaac	07 Postville	7:33	15:06	
33 Skyler, Dugan	08 Waukon	7:33	15:06	29
34 Moses, Cody	08 Mfl Mar Mac	7:34	15:07	30
35 Hammel, Tommy	07 decorah vikings	7:34	15:08	
36 Starkweather, Anden	08 NFV	7:35	15:09	31
37 Stammeyer, Joe	08 decorah vikings	7:37	15:13	
38 Hamilton, Dylan	07 oelwein	7:39	15:17	32
39 McGrane, Keagan	08 NFV	7:41	15:21	33
40 Isaac, Reisinger	07 Waukon	7:42	15:23	
41 Stansbery, Zeke	08 NFV	7:44	15:27	34
42 Schiller, Gavin	08 NFV	7:48	15:35	
43 Pape, Kole	08 Mfl Mar Mac	7:51	15:42	35
44 Moser, Brooks	07 Crestwood	7:52	15:44	
45 Hanson, Lucas	08 Turkey Valley	7:53	15:46	
46 Smith, Jackson	08 Clayton Ridge	7:54	15:47	
47 Essa, Peter	08 decorah vikings	7:54	15:48	
48 Arendt, Lukas	08 decorah vikings	7:55	15:49	
49 Wagenknect, Corbyn	07 oelwein	7:57	15:53	36
50 McGohan, Alex	08 decorah vikings	7:57	15:54	
51 Remington, Grant	07 decorah vikings	7:58	15:55	
52 Branum, Caden	08 decorah vikings	7:59	15:57	
53 Vorvick, Ezra	07 decorah vikings	7:59	15:58	
54 Marcks, Carter	07 NFV	8:08	16:15	
55 Gruman, Jace	07 Starmont	8:18	16:36	37
56 Monroe, Creed	08 decorah vikings	8:25	16:49	
57 Olson, Andrew	07 decorah vikings	8:27	16:53	
58 Streicher, Carter	07 Mfl Mar Mac	8:28	16:55	38

59	Jump-Gerleman, Montana	08 decorah vikings	8:30	17:00
60	Chamberlain, Liam	07 decorah vikings	8:32	17:03
61	Brace, Sam	08 Crestwood	8:33	17:05
62	Schaefers, Clay	08 NFV	8:33	17:06
63	Rodas, Trent	07 Starmont	8:35	17:09 39
64	Gamm, Ben	08 NFV	8:41	17:21
65	Pryson, Rasmussen	07 Waukon	8:41	17:22
66	Memphis, Miller	07 Waukon	8:43	17:26
67	Cummings, Reed	07 NFV	8:45	17:29
68	Ethan, Lewey	08 Waukon	8:48	17:35
69	Nelson, Wyatt	07 Starmont	8:48	17:36 40
70	Willie, Garrett	07 decorah vikings	8:52	17:44
71	Zittergruen, Vaughn	07 Central elkader	8:53	17:45
72	Langreck, Luke	08 Turkey Valley	8:53	17:45
73	Druecker, Cameron	07 Starmont	8:53	17:46 41
74	Wagenknect, Malachi	08 oelwein	8:54	17:48 42
75	Balk, Bode	08 Turkey Valley	8:58	17:55
76	Kuehner, Reid	07 decorah vikings	9:02	18:03
77	Newhouse, Beau	07 decorah vikings	9:03	18:06
78	Roberts, Nat	08 decorah vikings	9:11	18:22
79	McLellan, Zach	07 NFV	9:34	19:07
80	Moore, Kenai	07 oelwein	9:54	19:47
81	Kruger, Andy	07 decorah vikings	9:56	19:51
82	Shaffer, Carter	08 Starmont	10:04	20:07
83	Praska, Matt	07 Crestwood	10:10	20:20
84	Delgado, Carlos	07 NFV	10:33	21:06
85	Pik, Zean	07 Clayton Ridge	10:52	21:44
86	Cooksley, Ryker	07 NFV	11:02	22:03