

Benton Invitational

Varsity Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 Sunny, SSW 5-10mph & 66°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Total | Ttl Time | Ave Time | Spread |
|-------|------------------------|----|----|----|----|----|----|----|-------|-----------|----------|--------|
| 1 | Williamsburg | 3 | 4 | 5 | 8 | 13 | 15 | 41 | = 33 | 1:43:53.7 | 20:46.7 | 1:10.8 |
| 2 | Solon | 6 | 7 | 10 | 22 | 24 | 25 | 26 | = 69 | 1:46:39.1 | 21:19.8 | 1:22.1 |
| 3 | Cedar Rapids Kennedy | 2 | 18 | 27 | 28 | 29 | 33 | 51 | = 104 | 1:49:04.7 | 21:48.9 | 2:11.4 |
| 4 | Mount Vernon-Lisbon | 9 | 14 | 19 | 30 | 32 | 37 | 42 | = 104 | 1:50:18.8 | 22:03.8 | 1:59.9 |
| 5 | Benton Community | 12 | 16 | 17 | 23 | 48 | 53 | 57 | = 116 | 1:51:34.8 | 22:19.0 | 3:20.7 |
| 6 | Clear Creek-Amana | 1 | 20 | 31 | 38 | 40 | 43 | 45 | = 130 | 1:52:59.6 | 22:35.9 | 3:48.0 |
| 7 | Independence | 21 | 34 | 35 | 49 | 50 | 54 | 56 | = 189 | 1:58:16.5 | 23:39.3 | 2:59.1 |
| 8 | Cedar Rapids Jefferson | 11 | 44 | 47 | 58 | 59 | 60 | | = 219 | 2:06:50.8 | 25:22.2 | 6:49.3 |
| 9 | Vinton-Shellsburg | 36 | 39 | 46 | 52 | 55 | 61 | | = 228 | 2:04:49.4 | 24:57.9 | 3:28.0 |

Incomplete Teams: Columbus Catholic, Isaac Newton Christian Academy-CVC, Meskwaki Settlement School, Valley Lutheran

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-------------------|------|--------------------------------|---------|----------|
| 1 | 1 | Haidyn Barker | FR | Clear Creek-Amana | 20:11.7 | 6:30 |
| 2 | 2 | Lauren Gray | JR | Cedar Rapids Kennedy | 20:12.5 | 6:30 |
| 3 | 3 | Grace Schaefer | SR | Williamsburg | 20:22.8 | 6:34 |
| 4 | 4 | Megan Rathjen | SR | Williamsburg | 20:30.8 | 6:36 |
| 5 | 5 | Ruth Jennings | SO | Williamsburg | 20:36.8 | 6:38 |
| 6 | 6 | Emma Bock | SO | Solon | 20:38.2 | 6:39 |
| 7 | 7 | Kiersten Conway | JR | Solon | 20:41.7 | 6:40 |
| 8 | 8 | Taylor Winegarden | SO | Williamsburg | 20:49.8 | 6:42 |
| 9 | 9 | Aubrey Frey | SR | Mount Vernon-Lisbon | 21:03.3 | 6:47 |
| 10 | 10 | Mary Fiala | FR | Solon | 21:20.2 | 6:52 |
| 11 | 11 | Rachel Nagel | SR | Cedar Rapids Jefferson | 21:24.6 | 6:53 |
| 12 | 12 | Abby Rinderknecht | SO | Benton Community | 21:24.8 | 6:54 |
| 13 | 13 | Kendra Eichhorn | SO | Williamsburg | 21:33.6 | 6:56 |
| 14 | 14 | Laura Swart | FR | Mount Vernon-Lisbon | 21:36.9 | 6:57 |
| 15 | 15 | MacEy Marovets | FR | Williamsburg | 21:38.8 | 6:58 |
| 16 | 16 | Lauren Woeste | SR | Benton Community | 21:41.3 | 6:59 |
| 17 | 17 | Jaden Thys | JR | Benton Community | 21:44.4 | 7:00 |
| 18 | 18 | Bethany Smeed | SO | Cedar Rapids Kennedy | 21:45.4 | 7:00 |
| 19 | 19 | Caroline See | SR | Mount Vernon-Lisbon | 21:50.3 | 7:02 |
| 20 | 20 | Emily Coleman | SO | Clear Creek-Amana | 21:55.8 | 7:04 |
| 21 | 21 | Marleigh Louvar | FR | Independence | 21:58.0 | 7:04 |
| 22 | 22 | Ella Duster | SR | Solon | 21:58.7 | 7:04 |
| 23 | 23 | Hailee Ricklefs | JR | Benton Community | 21:58.8 | 7:04 |
| 24 | 24 | Kaia Holtkamp | SO | Solon | 22:00.3 | 7:05 |
| 25 | 25 | Nicole Shafer | SR | Solon | 22:00.7 | 7:05 |
| 26 | 26 | Meghan O'Neill | SO | Solon | 22:02.7 | 7:06 |
| 27 | 27 | Kayleigh Duncan | SO | Cedar Rapids Kennedy | 22:20.7 | 7:12 |
| 28 | 28 | Anabel Bradley | FR | Cedar Rapids Kennedy | 22:22.2 | 7:12 |
| 29 | 29 | Emily Fusselman | SR | Cedar Rapids Kennedy | 22:23.9 | 7:13 |
| 30 | | Shye Johnson | FR | Meskwaki Settlement School | 22:39.3 | 7:18 |
| 31 | 30 | Nadia Telecky | SO | Mount Vernon-Lisbon | 22:45.2 | 7:19 |
| 32 | | Lauren Dawson | JR | Valley Lutheran | 22:52.9 | 7:22 |
| 33 | 31 | Kayla Jiras | JR | Clear Creek-Amana | 23:00.4 | 7:24 |
| 34 | 32 | Laila Moellering | FR | Mount Vernon-Lisbon | 23:03.2 | 7:25 |
| 35 | 33 | Erica Schulte | JR | Cedar Rapids Kennedy | 23:08.8 | 7:27 |
| 36 | 34 | Alyssa Larson | SO | Independence | 23:11.4 | 7:28 |
| 37 | 35 | Dakota Whitman | FR | Independence | 23:17.9 | 7:30 |
| 38 | 36 | Charlee Johnson | SO | Vinton-Shellsburg | 23:43.2 | 7:38 |
| 39 | 37 | Grace Morningstar | SR | Mount Vernon-Lisbon | 23:49.9 | 7:40 |
| 40 | | Elysse Trost | SR | Columbus Catholic | 23:50.7 | 7:40 |
| 41 | 38 | Karsyn Stratton | SR | Clear Creek-Amana | 23:51.9 | 7:41 |
| 42 | 39 | Sophia Dilley | JR | Vinton-Shellsburg | 23:52.8 | 7:41 |
| 43 | 40 | Madeline Fox | JR | Clear Creek-Amana | 23:59.7 | 7:43 |
| 44 | 41 | Charlotte Wetjen | JR | Williamsburg | 24:03.4 | 7:45 |
| 45 | 42 | Sabrina Bleile | JR | Mount Vernon-Lisbon | 24:11.5 | 7:47 |
| 46 | 43 | Avery Allan | FR | Clear Creek-Amana | 24:11.9 | 7:47 |
| 47 | | Megan Mason | FR | Valley Lutheran | 24:18.3 | 7:49 |
| 48 | 44 | Hannah Hoeger | JR | Cedar Rapids Jefferson | 24:24.6 | 7:51 |
| 49 | 45 | Allie Kounkel | FR | Clear Creek-Amana | 24:24.9 | 7:52 |
| 50 | | Alissa Sinnwell | SO | Columbus Catholic | 24:31.5 | 7:54 |
| 51 | 46 | Molly Haisman | FR | Vinton-Shellsburg | 24:40.4 | 7:57 |
| 52 | 47 | Katrina Truitt | JR | Cedar Rapids Jefferson | 24:40.6 | 7:57 |
| 53 | 48 | Gwen King | FR | Benton Community | 24:45.5 | 7:58 |
| 54 | 49 | Shay Whitman | SR | Independence | 24:52.0 | 8:00 |
| 55 | 50 | Bella Ressler | FR | Independence | 24:57.1 | 8:02 |
| 56 | 51 | Riley Parker | FR | Cedar Rapids Kennedy | 25:21.2 | 8:10 |
| 57 | 52 | Aspen Ahrenholz | FR | Vinton-Shellsburg | 25:21.7 | 8:10 |
| 58 | 53 | Katelyn Buscher | JR | Benton Community | 25:44.2 | 8:17 |
| 59 | 54 | Melody Kremer | SO | Independence | 27:00.6 | 8:42 |
| 60 | | Danielle Clayberg | SO | Isaac Newton Christian Academy | 27:00.9 | 8:42 |
| 61 | | Miriam Kearney | SO | Valley Lutheran | 27:03.8 | 8:43 |
| 62 | 55 | Bailey Weeks | SO | Vinton-Shellsburg | 27:11.2 | 8:45 |
| 63 | 56 | Ashlyn Martin | SO | Independence | 27:14.6 | 8:46 |
| 64 | 57 | Delaynee Slouha | FR | Benton Community | 27:35.8 | 8:53 |

Benton Invitational

Varsity Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 Sunny, SSW 5-10mph & 66°

| Place | Score | Name | Year | School | Time | Pace | mpm |
|-------|-------|----------------------|------|------------------------|---------|-------|-----|
| 65 | 58 | Bella Dougherty | FR | Cedar Rapids Jefferson | 28:07.2 | 9:03 | |
| 66 | 59 | Anna Deam | SO | Cedar Rapids Jefferson | 28:13.9 | 9:05 | |
| 67 | 60 | Aidrana Brandis | FR | Cedar Rapids Jefferson | 28:14.3 | 9:05 | |
| 68 | 61 | Annabelle Newton | FR | Vinton-Shellsburg | 28:53.2 | 9:18 | |
| 69 | | Isabella Lorenz | SO | Columbus Catholic | 29:11.5 | 9:24 | |
| 70 | | Meia Kearney-Ledesma | SO | Valley Lutheran | 32:58.9 | 10:37 | |
| 71 | | Awbey Mast | SO | Columbus Catholic | 34:07.7 | 10:59 | |

Benton Invitational

Varsity Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 Sunny, SSW 5-10mph & 66°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|----------------------------------|-----------------------|---------|------|------------------------------------|--------------------------|---------|-------|
| 1) Williamsburg | | | | Score = 33 | | | |
| 3 | Grace Schaefer, SR | 20:22.8 | 6:34 | Incomplete Teams: | | | |
| 4 | Megan Rathjen, SR | 20:30.8 | 6:36 | Columbus Catholic | | | |
| 5 | Ruth Jennings, SO | 20:36.8 | 6:38 | 40 | Elysse Trost, SR | 23:50.7 | 7:40 |
| 8 | Taylor Winegarden, SO | 20:49.8 | 6:42 | 50 | Alissa Sinnwell, SO | 24:31.5 | 7:54 |
| 13 | Kendra Eichhorn, SO | 21:33.6 | 6:56 | 69 | Isabella Lorenz, SO | 29:11.5 | 9:24 |
| 15 | MacEy Marovets, FR | 21:38.8 | 6:58 | 71 | Awbey Mast, SO | 34:07.7 | 10:59 |
| 41 | Charlotte Wetjen, JR | 24:03.4 | 7:45 | Isaac Newton Christian Acad | | | |
| 2) Solon | | | | 60 | Danielle Clayberg, SO | 27:00.9 | 8:42 |
| 6 | Emma Bock, SO | 20:38.2 | 6:39 | Meskwaki Settlement School | | | |
| 7 | Kiersten Conway, JR | 20:41.7 | 6:40 | 30 | Shye Johnson, FR | 22:39.3 | 7:18 |
| 10 | Mary Fiala, FR | 21:20.2 | 6:52 | Valley Lutheran | | | |
| 22 | Ella Duster, SR | 21:58.7 | 7:04 | 32 | Lauren Dawson, JR | 22:52.9 | 7:22 |
| 24 | Kaia Holtkamp, SO | 22:00.3 | 7:05 | 47 | Megan Mason, FR | 24:18.3 | 7:49 |
| 25 | Nicole Shafer, SR | 22:00.7 | 7:05 | 61 | Miriam Kearney, SO | 27:03.8 | 8:43 |
| 26 | Meghan O'Neill, SO | 22:02.7 | 7:06 | 70 | Meia Kearney-Ledesma, SO | 32:58.9 | 10:37 |
| 3) Cedar Rapids Kennedy | | | | Score = 104 | | | |
| 2 | Lauren Gray, JR | 20:12.5 | 6:30 | 4) Mount Vernon-Lisbon | | | |
| 18 | Bethany Smeed, SO | 21:45.4 | 7:00 | 9 | Aubrey Frey, SR | 21:03.3 | 6:47 |
| 27 | Kayleigh Duncan, SO | 22:20.7 | 7:12 | 14 | Laura Swart, FR | 21:36.9 | 6:57 |
| 28 | Anabel Bradley, FR | 22:22.2 | 7:12 | 19 | Caroline See, SR | 21:50.3 | 7:02 |
| 29 | Emily Fusselman, SR | 22:23.9 | 7:13 | 30 | Nadia Telecky, SO | 22:45.2 | 7:19 |
| 33 | Erica Schulte, JR | 23:08.8 | 7:27 | 32 | Laila Moellering, FR | 23:03.2 | 7:25 |
| 51 | Riley Parker, FR | 25:21.2 | 8:10 | 37 | Grace Morningstar, SR | 23:49.9 | 7:40 |
| 4) Mount Vernon-Lisbon | | | | 42 | Sabrina Bleile, JR | 24:11.5 | 7:47 |
| 9 | Aubrey Frey, SR | 21:03.3 | 6:47 | 5) Benton Community | | | |
| 14 | Laura Swart, FR | 21:36.9 | 6:57 | Score = 116 | | | |
| 19 | Caroline See, SR | 21:50.3 | 7:02 | 12 | Abby Rinderknecht, SO | 21:24.8 | 6:54 |
| 30 | Nadia Telecky, SO | 22:45.2 | 7:19 | 16 | Lauren Woeste, SR | 21:41.3 | 6:59 |
| 32 | Laila Moellering, FR | 23:03.2 | 7:25 | 17 | Jaden Thys, JR | 21:44.4 | 7:00 |
| 37 | Grace Morningstar, SR | 23:49.9 | 7:40 | 23 | Hailee Ricklefs, JR | 21:58.8 | 7:04 |
| 42 | Sabrina Bleile, JR | 24:11.5 | 7:47 | 48 | Gwen King, FR | 24:45.5 | 7:58 |
| 5) Benton Community | | | | 53 | Katelyn Buscher, JR | 25:44.2 | 8:17 |
| Score = 116 | | | | 57 | Delaynee Slouha, FR | 27:35.8 | 8:53 |
| 12 | Abby Rinderknecht, SO | 21:24.8 | 6:54 | 6) Clear Creek-Amana | | | |
| 16 | Lauren Woeste, SR | 21:41.3 | 6:59 | Score = 130 | | | |
| 17 | Jaden Thys, JR | 21:44.4 | 7:00 | 1 | Haidyn Barker, FR | 20:11.7 | 6:30 |
| 23 | Hailee Ricklefs, JR | 21:58.8 | 7:04 | 20 | Emily Coleman, SO | 21:55.8 | 7:04 |
| 48 | Gwen King, FR | 24:45.5 | 7:58 | 31 | Kayla Jiras, JR | 23:00.4 | 7:24 |
| 53 | Katelyn Buscher, JR | 25:44.2 | 8:17 | 38 | Karsyn Stratton, SR | 23:51.9 | 7:41 |
| 57 | Delaynee Slouha, FR | 27:35.8 | 8:53 | 40 | Madeline Fox, JR | 23:59.7 | 7:43 |
| 6) Clear Creek-Amana | | | | 43 | Avery Allan, FR | 24:11.9 | 7:47 |
| Score = 130 | | | | 45 | Allie Kounkel, FR | 24:24.9 | 7:52 |
| 1 | Haidyn Barker, FR | 20:11.7 | 6:30 | 7) Independence | | | |
| 20 | Emily Coleman, SO | 21:55.8 | 7:04 | Score = 189 | | | |
| 31 | Kayla Jiras, JR | 23:00.4 | 7:24 | 21 | Marleigh Louvar, FR | 21:58.0 | 7:04 |
| 38 | Karsyn Stratton, SR | 23:51.9 | 7:41 | 34 | Alyssa Larson, SO | 23:11.4 | 7:28 |
| 40 | Madeline Fox, JR | 23:59.7 | 7:43 | 35 | Dakota Whitman, FR | 23:17.9 | 7:30 |
| 43 | Avery Allan, FR | 24:11.9 | 7:47 | 49 | Shay Whitman, SR | 24:52.0 | 8:00 |
| 45 | Allie Kounkel, FR | 24:24.9 | 7:52 | 50 | Bella Ressler, FR | 24:57.1 | 8:02 |
| 7) Independence | | | | 54 | Melody Kremer, SO | 27:00.6 | 8:42 |
| Score = 189 | | | | 56 | Ashlyn Martin, SO | 27:14.6 | 8:46 |
| 21 | Marleigh Louvar, FR | 21:58.0 | 7:04 | 8) Cedar Rapids Jefferson | | | |
| 34 | Alyssa Larson, SO | 23:11.4 | 7:28 | Score = 219 | | | |
| 35 | Dakota Whitman, FR | 23:17.9 | 7:30 | 11 | Rachel Nagel, SR | 21:24.6 | 6:53 |
| 49 | Shay Whitman, SR | 24:52.0 | 8:00 | 44 | Hannah Hoeger, JR | 24:24.6 | 7:51 |
| 50 | Bella Ressler, FR | 24:57.1 | 8:02 | 47 | Katrina Truitt, JR | 24:40.6 | 7:57 |
| 54 | Melody Kremer, SO | 27:00.6 | 8:42 | 58 | Bella Dougherty, FR | 28:07.2 | 9:03 |
| 56 | Ashlyn Martin, SO | 27:14.6 | 8:46 | 59 | Anna Deam, SO | 28:13.9 | 9:05 |
| 8) Cedar Rapids Jefferson | | | | 60 | Aidrana Brandis, FR | 28:14.3 | 9:05 |
| Score = 219 | | | | 9) Vinton-Shellsburg | | | |
| 11 | Rachel Nagel, SR | 21:24.6 | 6:53 | Score = 228 | | | |
| 44 | Hannah Hoeger, JR | 24:24.6 | 7:51 | 36 | Charlee Johnson, SO | 23:43.2 | 7:38 |
| 47 | Katrina Truitt, JR | 24:40.6 | 7:57 | 39 | Sophia Dilley, JR | 23:52.8 | 7:41 |
| 58 | Bella Dougherty, FR | 28:07.2 | 9:03 | 46 | Molly Haisman, FR | 24:40.4 | 7:57 |
| 59 | Anna Deam, SO | 28:13.9 | 9:05 | 52 | Aspen Ahrenholz, FR | 25:21.7 | 8:10 |
| 60 | Aidrana Brandis, FR | 28:14.3 | 9:05 | 55 | Bailey Weeks, SO | 27:11.2 | 8:45 |
| 9) Vinton-Shellsburg | | | | 61 | Annabelle Newton, FR | 28:53.2 | 9:18 |
| Score = 228 | | | | | | | |
| 36 | Charlee Johnson, SO | 23:43.2 | 7:38 | | | | |
| 39 | Sophia Dilley, JR | 23:52.8 | 7:41 | | | | |
| 46 | Molly Haisman, FR | 24:40.4 | 7:57 | | | | |
| 52 | Aspen Ahrenholz, FR | 25:21.7 | 8:10 | | | | |
| 55 | Bailey Weeks, SO | 27:11.2 | 8:45 | | | | |
| 61 | Annabelle Newton, FR | 28:53.2 | 9:18 | | | | |

Benton Invitational

Varsity Boys Roundhouse Nature Trails - Atkins, IA 9/14/2019 Sunny, SSW 5-10mph & 66°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Total | Ttl Time | Ave Time | Spread |
|-------|------------------------|----|----|----|----|----|----|----|-------|-----------|----------|--------|
| 1 | Cedar Rapids Kennedy | 1 | 5 | 7 | 9 | 10 | 15 | 30 | = 32 | 1:26:38.7 | 17:19.7 | 1:04.8 |
| 2 | Cedar Rapids Jefferson | 2 | 8 | 12 | 13 | 26 | 29 | 34 | = 61 | 1:29:03.8 | 17:48.8 | 1:37.5 |
| 3 | Mount Vernon-Lisbon | 6 | 14 | 16 | 19 | 23 | 28 | 45 | = 78 | 1:30:19.8 | 18:04.0 | 1:04.9 |
| 4 | Williamsburg | 4 | 11 | 20 | 22 | 27 | 32 | 33 | = 84 | 1:30:41.4 | 18:08.3 | 1:15.7 |
| 5 | Solon | 3 | 18 | 24 | 35 | 42 | 43 | 47 | = 122 | 1:33:03.0 | 18:36.6 | 2:49.2 |
| 6 | Benton Community | 17 | 21 | 31 | 36 | 37 | 38 | 53 | = 142 | 1:34:25.8 | 18:53.2 | 1:22.1 |
| 7 | Vinton-Shellsburg | 25 | 48 | 49 | 57 | 59 | 62 | 64 | = 238 | 1:44:37.1 | 20:55.4 | 3:59.1 |
| 8 | Valley Lutheran | 39 | 46 | 50 | 51 | 52 | | | = 238 | 1:43:50.1 | 20:46.0 | 1:41.2 |
| 9 | Independence | 40 | 41 | 54 | 60 | 61 | 65 | 66 | = 256 | 1:46:59.9 | 21:24.0 | 2:46.1 |
| 10 | Columbus Catholic | 44 | 55 | 56 | 58 | 63 | | | = 276 | 1:50:14.1 | 22:02.8 | 3:35.8 |

Incomplete Teams: Isaac Newton Christian Academy-CVC

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|----------------------|------|--------------------------------|---------|----------|
| 1 | 1 | Jacob Green | SR | Cedar Rapids Kennedy | 16:35.0 | 5:20 |
| 2 | 2 | Lukas Lamparek | JR | Cedar Rapids Jefferson | 17:00.2 | 5:28 |
| 3 | 3 | Gabe Hinman | SO | Solon | 17:10.0 | 5:32 |
| 4 | 4 | Kaiden Royster | SR | Williamsburg | 17:22.3 | 5:35 |
| 5 | 5 | Levi Sullivan | SR | Cedar Rapids Kennedy | 17:24.6 | 5:36 |
| 6 | 6 | Zach Fall | FR | Mount Vernon-Lisbon | 17:25.9 | 5:37 |
| 7 | 7 | Kenzie Reed | FR | Cedar Rapids Kennedy | 17:27.4 | 5:37 |
| 8 | 8 | Gavin Hall | SO | Cedar Rapids Jefferson | 17:27.6 | 5:37 |
| 9 | 9 | Lucas Middlekauff | SR | Cedar Rapids Kennedy | 17:32.0 | 5:39 |
| 10 | 10 | Kayde Bowers | SR | Cedar Rapids Kennedy | 17:39.8 | 5:41 |
| 11 | 11 | Harrison Garber | SO | Williamsburg | 17:49.1 | 5:44 |
| 12 | 12 | Zac Goodall | SR | Cedar Rapids Jefferson | 17:57.3 | 5:47 |
| 13 | 13 | Brandon Cano | SR | Cedar Rapids Jefferson | 18:01.1 | 5:48 |
| 14 | 14 | Eli Dickson | FR | Mount Vernon-Lisbon | 18:03.0 | 5:49 |
| 15 | 15 | Miles Wilson | FR | Cedar Rapids Kennedy | 18:04.4 | 5:49 |
| 16 | 16 | Riley Dolan | SR | Mount Vernon-Lisbon | 18:05.8 | 5:49 |
| 17 | 17 | Trey Schulte | FR | Benton Community | 18:11.0 | 5:51 |
| 18 | 18 | Ben Devalk | JR | Solon | 18:12.9 | 5:52 |
| 19 | 19 | Kaleb Brand | SR | Mount Vernon-Lisbon | 18:14.3 | 5:52 |
| 20 | 20 | Chase Malloy | SR | Williamsburg | 18:23.2 | 5:55 |
| 21 | 21 | Gage Offill | FR | Benton Community | 18:25.3 | 5:56 |
| 22 | 22 | Trenton Iburg | FR | Williamsburg | 18:28.8 | 5:57 |
| 23 | 23 | Quincy Happel | SO | Mount Vernon-Lisbon | 18:30.9 | 5:58 |
| 24 | 24 | Tyler Bilskie | JR | Solon | 18:30.9 | 5:58 |
| 25 | 25 | Cameron Karr | SR | Vinton-Shellsburg | 18:36.3 | 5:59 |
| 26 | 26 | Brendan Suter | SR | Cedar Rapids Jefferson | 18:37.7 | 6:00 |
| 27 | 27 | Felipe Stevenson | JR | Williamsburg | 18:38.0 | 6:00 |
| 28 | 28 | Ashton Hunt | JR | Mount Vernon-Lisbon | 18:38.8 | 6:00 |
| 29 | 29 | Andrew French | SR | Cedar Rapids Jefferson | 18:39.3 | 6:00 |
| 30 | 30 | Jack Schissel | SO | Cedar Rapids Kennedy | 18:43.1 | 6:02 |
| 31 | 31 | Drew Lange | SR | Benton Community | 18:46.8 | 6:03 |
| 32 | 32 | Sam Rich | FR | Williamsburg | 18:50.1 | 6:04 |
| 33 | 33 | Josiah Zook | SR | Williamsburg | 18:51.6 | 6:04 |
| 34 | 34 | Zach Egger | SO | Cedar Rapids Jefferson | 18:57.2 | 6:06 |
| 35 | 35 | Oliver Burns | SO | Solon | 19:10.1 | 6:10 |
| 36 | | Elliot Potter | SR | Isaac Newton Christian Academy | 19:17.4 | 6:13 |
| 37 | 36 | Brady Osborn | SO | Benton Community | 19:29.7 | 6:16 |
| 38 | 37 | Craig Morris | SR | Benton Community | 19:33.0 | 6:18 |
| 39 | 38 | Nicson Franck | JR | Benton Community | 19:43.4 | 6:21 |
| 40 | 39 | Isaac Natvig | SO | Valley Lutheran | 19:51.6 | 6:24 |
| 41 | 40 | Robert Hansen | SO | Independence | 19:55.6 | 6:25 |
| 42 | 41 | Cameron Kriens | SO | Independence | 19:56.1 | 6:25 |
| 43 | 42 | Noelan Garbes | JR | Solon | 19:59.1 | 6:26 |
| 44 | 43 | Ty Becicka | SO | Solon | 20:08.9 | 6:29 |
| 45 | 44 | Roberto Herrera-Ruiz | SO | Columbus Catholic | 20:10.0 | 6:29 |
| 46 | 45 | Kode Banwart | SR | Mount Vernon-Lisbon | 20:11.0 | 6:30 |
| 47 | 46 | Westley Determan | SO | Valley Lutheran | 20:11.3 | 6:30 |
| 48 | 47 | Brad Yeomans | JR | Solon | 20:18.5 | 6:32 |
| 49 | 48 | Philip Kalina | JR | Vinton-Shellsburg | 20:25.1 | 6:34 |
| 50 | 49 | Elijah Blix | FR | Vinton-Shellsburg | 20:47.1 | 6:41 |
| 51 | 50 | Ethan L'Heureux | FR | Valley Lutheran | 20:48.8 | 6:42 |
| 52 | 51 | Adric Schmitz | FR | Valley Lutheran | 21:25.6 | 6:54 |
| 53 | | Jonathan Holt | SR | Isaac Newton Christian Academy | 21:32.0 | 6:56 |
| 54 | 52 | Isaac Dawson | FR | Valley Lutheran | 21:32.8 | 6:56 |
| 55 | 53 | Brady Ellis | JR | Benton Community | 21:46.1 | 7:00 |
| 56 | 54 | Alek Gruber | SO | Independence | 21:50.6 | 7:02 |
| 57 | 55 | Luis Rodriguez | SR | Columbus Catholic | 21:51.9 | 7:02 |
| 58 | | Jack Kendall | SO | Isaac Newton Christian Academy | 21:53.5 | 7:03 |
| 59 | 56 | Justin Hoffman | SR | Columbus Catholic | 21:56.5 | 7:04 |
| 60 | 57 | Reid Hermanson | FR | Vinton-Shellsburg | 22:13.2 | 7:09 |
| 61 | 58 | Brock Hagedorn | FR | Columbus Catholic | 22:29.9 | 7:14 |
| 62 | 59 | Elias Colsch | JR | Vinton-Shellsburg | 22:35.4 | 7:16 |
| 63 | 60 | Ryan Eddy | SO | Independence | 22:35.8 | 7:16 |
| 64 | 61 | Jake Dinger | JR | Independence | 22:41.7 | 7:18 |

Benton Invitational

Varsity Boys Roundhouse Nature Trails - Atkins, IA 9/14/2019 Sunny, SSW 5-10mph & 66°

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-----------------|------|--------------------------------|---------|------------|
| 65 | 62 | Isaac Allsup | JR | Vinton-Shellsburg | 22:58.4 | 7:24 |
| 66 | 63 | Tyler Timmerman | JR | Columbus Catholic | 23:45.8 | 7:39 |
| 67 | 64 | Ashton Slaton | FR | Vinton-Shellsburg | 24:17.5 | 7:49 |
| 68 | | Joshua Jackson | SO | Isaac Newton Christian Academy | 25:12.4 | 8:07 |
| 69 | 65 | Sam Gorman | JR | Independence | 25:13.1 | 8:07 |
| 70 | 66 | Sawyer Wendling | SO | Independence | 25:13.2 | 8:07 |

Benton Invitational

Varsity Boys Roundhouse Nature Trails - Atkins, IA 9/14/2019 Sunny, SSW 5-10mph & 66°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|----------------------------------|-----------------------|---------|------|------------------------------------|--------------------------|---------|------|
| 1) Cedar Rapids Kennedy | | | | Score = 32 | | | |
| 1 | Jacob Green, SR | 16:35.0 | 5:20 | | | | |
| 5 | Levi Sullivan, SR | 17:24.6 | 5:36 | | | | |
| 7 | Kenzie Reed, FR | 17:27.4 | 5:37 | | | | |
| 9 | Lucas Middlekauff, SR | 17:32.0 | 5:39 | | | | |
| 10 | Kayde Bowers, SR | 17:39.8 | 5:41 | | | | |
| 15 | Miles Wilson, FR | 18:04.4 | 5:49 | | | | |
| 30 | Jack Schissel, SO | 18:43.1 | 6:02 | | | | |
| 2) Cedar Rapids Jefferson | | | | Score = 61 | | | |
| 2 | Lukas Lamparek, JR | 17:00.2 | 5:28 | | | | |
| 8 | Gavin Hall, SO | 17:27.6 | 5:37 | | | | |
| 12 | Zac Goodall, SR | 17:57.3 | 5:47 | | | | |
| 13 | Brandon Cano, SR | 18:01.1 | 5:48 | | | | |
| 26 | Brendan Suter, SR | 18:37.7 | 6:00 | | | | |
| 29 | Andrew French, SR | 18:39.3 | 6:00 | | | | |
| 34 | Zach Egger, SO | 18:57.2 | 6:06 | | | | |
| 3) Mount Vernon-Lisbon | | | | Score = 78 | | | |
| 6 | Zach Fall, FR | 17:25.9 | 5:37 | | | | |
| 14 | Eli Dickson, FR | 18:03.0 | 5:49 | | | | |
| 16 | Riley Dolan, SR | 18:05.8 | 5:49 | | | | |
| 19 | Kaleb Brand, SR | 18:14.3 | 5:52 | | | | |
| 23 | Quincy Happel, SO | 18:30.9 | 5:58 | | | | |
| 28 | Ashton Hunt, JR | 18:38.8 | 6:00 | | | | |
| 45 | Kode Banwart, SR | 20:11.0 | 6:30 | | | | |
| 4) Williamsburg | | | | Score = 84 | | | |
| 4 | Kaiden Royster, SR | 17:22.3 | 5:35 | | | | |
| 11 | Harrison Garber, SO | 17:49.1 | 5:44 | | | | |
| 20 | Chase Malloy, SR | 18:23.2 | 5:55 | | | | |
| 22 | Trenton Iburg, FR | 18:28.8 | 5:57 | | | | |
| 27 | Felipe Stevenson, JR | 18:38.0 | 6:00 | | | | |
| 32 | Sam Rich, FR | 18:50.1 | 6:04 | | | | |
| 33 | Josiah Zook, SR | 18:51.6 | 6:04 | | | | |
| 5) Solon | | | | Score = 122 | | | |
| 3 | Gabe Hinman, SO | 17:10.0 | 5:32 | | | | |
| 18 | Ben Devalk, JR | 18:12.9 | 5:52 | | | | |
| 24 | Tyler Bilskie, JR | 18:30.9 | 5:58 | | | | |
| 35 | Oliver Burns, SO | 19:10.1 | 6:10 | | | | |
| 42 | Noelan Garbes, JR | 19:59.1 | 6:26 | | | | |
| 43 | Ty Becicka, SO | 20:08.9 | 6:29 | | | | |
| 47 | Brad Yeomans, JR | 20:18.5 | 6:32 | | | | |
| 6) Benton Community | | | | Score = 142 | | | |
| 17 | Trey Schulte, FR | 18:11.0 | 5:51 | | | | |
| 21 | Gage Offill, FR | 18:25.3 | 5:56 | | | | |
| 31 | Drew Lange, SR | 18:46.8 | 6:03 | | | | |
| 36 | Brady Osborn, SO | 19:29.7 | 6:16 | | | | |
| 37 | Craig Morris, SR | 19:33.0 | 6:18 | | | | |
| 38 | Nicson Franck, JR | 19:43.4 | 6:21 | | | | |
| 53 | Brady Ellis, JR | 21:46.1 | 7:00 | | | | |
| 7) Vinton-Shellsburg | | | | Score = 238 | | | |
| 25 | Cameron Karr, SR | 18:36.3 | 5:59 | | | | |
| 48 | Philip Kalina, JR | 20:25.1 | 6:34 | | | | |
| 49 | Elijah Blix, FR | 20:47.1 | 6:41 | | | | |
| 57 | Reid Hermanson, FR | 22:13.2 | 7:09 | | | | |
| 59 | Elias Colsch, JR | 22:35.4 | 7:16 | | | | |
| 62 | Isaac Allsup, JR | 22:58.4 | 7:24 | | | | |
| 64 | Ashton Slaton, FR | 24:17.5 | 7:49 | | | | |
| 8) Valley Lutheran | | | | Score = 238 | | | |
| 39 | Isaac Natvig, SO | 19:51.6 | 6:24 | | | | |
| 46 | Westley Determan, SO | 20:11.3 | 6:30 | | | | |
| 50 | Ethan L'Heureux, FR | 20:48.8 | 6:42 | | | | |
| 51 | Adric Schmitz, FR | 21:25.6 | 6:54 | | | | |
| 52 | Isaac Dawson, FR | 21:32.8 | 6:56 | | | | |
| 9) Independence | | | | Score = 256 | | | |
| 40 | Robert Hansen, SO | 19:55.6 | 6:25 | | | | |
| 41 | Cameron Kriens, SO | 19:56.1 | 6:25 | | | | |
| 54 | Alek Gruber, SO | 21:50.6 | 7:02 | | | | |
| 60 | Ryan Eddy, SO | 22:35.8 | 7:16 | | | | |
| 61 | Jake Dinger, JR | 22:41.7 | 7:18 | | | | |
| 65 | Sam Gorman, JR | 25:13.1 | 8:07 | | | | |
| 66 | Sawyer Wendling, SO | 25:13.2 | 8:07 | | | | |
| | | | | 10) Columbus Catholic | | | |
| | | | | Score = 276 | | | |
| | | | | 44 | Roberto Herrera-Ruiz, SO | 20:10.0 | 6:29 |
| | | | | 55 | Luis Rodriguez, SR | 21:51.9 | 7:02 |
| | | | | 56 | Justin Hoffman, SR | 21:56.5 | 7:04 |
| | | | | 58 | Brock Hagedorn, FR | 22:29.9 | 7:14 |
| | | | | 63 | Tyler Timmerman, JR | 23:45.8 | 7:39 |
| Incomplete Teams: | | | | | | | |
| | | | | Isaac Newton Christian Acad | | | |
| | | | | 36 | Elliott Potter, SR | 19:17.4 | 6:13 |
| | | | | 53 | Jonathan Holt, SR | 21:32.0 | 6:56 |
| | | | | 58 | Jack Kendall, SO | 21:53.5 | 7:03 |
| | | | | 68 | Joshua Jackson, SO | 25:12.4 | 8:07 |

Benton Invitational

JV Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 Sunny, SSW 5-10mph & 66°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Total | Ttl Time | Ave Time | Spread |
|-------|------------------------|----|----|----|----|----|----|----|-------|-----------|----------|--------|
| 1 | Solon | 1 | 2 | 3 | 6 | 7 | 12 | 17 | = 19 | 1:58:15.4 | 23:39.1 | 1:41.2 |
| 2 | Williamsburg | 4 | 5 | 8 | 11 | 13 | 15 | 20 | = 41 | 2:02:33.5 | 24:30.7 | 1:37.8 |
| 3 | Mount Vernon-Lisbon | 9 | 10 | 14 | 16 | 19 | 21 | 22 | = 68 | 2:06:40.8 | 25:20.2 | 0:45.0 |
| 4 | Benton Community | 18 | 23 | 24 | 25 | 26 | 32 | 36 | = 116 | 2:11:47.8 | 26:21.6 | 1:07.5 |
| 5 | Independence | 27 | 29 | 30 | 31 | 33 | 34 | 35 | = 150 | 2:18:47.9 | 27:45.6 | 0:52.0 |
| 6 | Cedar Rapids Jefferson | 28 | 37 | 38 | 39 | 40 | 41 | | = 182 | 2:25:32.6 | 29:06.5 | 4:49.9 |

Incomplete Teams: Cedar Rapids Kennedy, Clear Creek-Amana, Meskwaki Settlement School

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|---------------------|------|----------------------------|---------|----------|
| 1 | 1 | Aira Foster | SR | Solon | 22:53.0 | 7:22 |
| 2 | 2 | Mara Duster | FR | Solon | 23:05.7 | 7:26 |
| 3 | 3 | Ashley Stinocher | JR | Solon | 23:12.0 | 7:28 |
| 4 | | Sarah Grams | JR | Cedar Rapids Kennedy | 23:22.5 | 7:31 |
| 5 | 4 | Inga Dovre | JR | Williamsburg | 23:33.6 | 7:35 |
| 6 | 5 | Agneta Mbiriri | JR | Williamsburg | 24:01.4 | 7:44 |
| 7 | 6 | Rayna Manternach | SO | Solon | 24:30.5 | 7:53 |
| 8 | 7 | Bella Feaker | SO | Solon | 24:34.2 | 7:54 |
| 9 | 8 | Regan Sandersfeld | SO | Williamsburg | 24:40.6 | 7:57 |
| 10 | | Lauren Lasswell | JR | Clear Creek-Amana | 24:55.0 | 8:01 |
| 11 | 9 | Annie Leopold | SR | Mount Vernon-Lisbon | 25:03.4 | 8:04 |
| 12 | 10 | Emmaline Campbell | FR | Mount Vernon-Lisbon | 25:05.5 | 8:05 |
| 13 | 11 | Maiha Richardson | SO | Williamsburg | 25:06.6 | 8:05 |
| 14 | 12 | Annika Kruse | SO | Solon | 25:11.2 | 8:06 |
| 15 | 13 | Anna Walderhaug | JR | Williamsburg | 25:11.4 | 8:06 |
| 16 | 14 | Addisen Santee | SR | Mount Vernon-Lisbon | 25:20.1 | 8:09 |
| 17 | 15 | Nicole Wardenburg | JR | Williamsburg | 25:20.4 | 8:09 |
| 18 | 16 | Ranae Hasselbusch | SR | Mount Vernon-Lisbon | 25:23.4 | 8:10 |
| 19 | 17 | Gracie Chapman | JR | Solon | 25:24.9 | 8:11 |
| 20 | | Olivia Heesh | JR | Solon | 25:40.1 | 8:16 |
| 21 | 18 | Olivia Price | JR | Benton Community | 25:44.1 | 8:17 |
| 22 | 19 | Claire Gaffney | FR | Mount Vernon-Lisbon | 25:48.4 | 8:18 |
| 23 | | Anna Tegatz | SO | Cedar Rapids Kennedy | 25:48.4 | 8:18 |
| 24 | 20 | Ally Garringer | SO | Williamsburg | 26:01.3 | 8:23 |
| 25 | 21 | Lily Booth | SO | Mount Vernon-Lisbon | 26:01.5 | 8:23 |
| 26 | 22 | Kambree Hultquist | SO | Mount Vernon-Lisbon | 26:01.7 | 8:23 |
| 27 | | Lilly Houtakker | FR | Solon | 26:04.6 | 8:24 |
| 28 | | Nora Slevinski | SO | Williamsburg | 26:08.5 | 8:25 |
| 29 | | Elizabeth Barns | FR | Mount Vernon-Lisbon | 26:12.2 | 8:26 |
| 30 | 23 | Raynee Lagrange | SO | Benton Community | 26:12.8 | 8:26 |
| 31 | | Mari Stevenson | FR | Williamsburg | 26:28.8 | 8:31 |
| 32 | 24 | Megan Gorkow | SR | Benton Community | 26:29.1 | 8:31 |
| 33 | 25 | Jaden St. John | SR | Benton Community | 26:30.3 | 8:32 |
| 34 | | Tori Oelrich | FR | Mount Vernon-Lisbon | 26:35.3 | 8:33 |
| 35 | | Olivia Smyka | SR | Clear Creek-Amana | 26:41.5 | 8:35 |
| 36 | 26 | Jessica Crawford | SO | Benton Community | 26:51.5 | 8:39 |
| 37 | | Grace Fiala | FR | Solon | 26:52.6 | 8:39 |
| 38 | | Allison Capper | SR | Solon | 26:54.9 | 8:40 |
| 39 | | Jadyn Hanes | JR | Solon | 27:03.3 | 8:42 |
| 40 | | Reilly Johnson | SO | Solon | 27:03.8 | 8:43 |
| 41 | 27 | Laura Smith | SO | Independence | 27:14.3 | 8:46 |
| 42 | | Neva Cllauide | SO | Solon | 27:14.3 | 8:46 |
| 43 | 28 | Makayla Poock | SR | Cedar Rapids Jefferson | 27:18.1 | 8:47 |
| 44 | | Sophie Snow | 8th | Meskwaki Settlement School | 27:19.2 | 8:48 |
| 45 | 29 | Mattea Wall | SR | Independence | 27:41.6 | 8:55 |
| 46 | | Quinlan Denes | SO | Mount Vernon-Lisbon | 27:42.3 | 8:55 |
| 47 | 30 | Grace Krueger | SO | Independence | 27:50.3 | 8:58 |
| 48 | 31 | Emma Hansen | SR | Independence | 27:55.5 | 8:59 |
| 49 | 32 | Emma Schwake | FR | Benton Community | 27:59.3 | 9:01 |
| 50 | 33 | Annabelle Magsamen | SR | Independence | 28:06.2 | 9:03 |
| 51 | 34 | Lara Theil | JR | Independence | 28:07.5 | 9:03 |
| 52 | 35 | Jenna Amerson | SO | Independence | 28:08.9 | 9:04 |
| 53 | 36 | Madelyn Wolf | FR | Benton Community | 28:12.8 | 9:05 |
| 54 | 37 | Taylor Troy | SO | Cedar Rapids Jefferson | 28:17.2 | 9:06 |
| 55 | | Sylvia Havliceck | SR | Solon | 28:17.3 | 9:06 |
| 56 | | Nicole Duncalf | SR | Benton Community | 28:21.6 | 9:08 |
| 57 | | Alexis Ponce | JR | Clear Creek-Amana | 28:32.4 | 9:11 |
| 58 | 38 | Kira Stauffacher | SO | Cedar Rapids Jefferson | 28:33.7 | 9:12 |
| 59 | | Lydia Armbrrecht | JR | Williamsburg | 28:50.1 | 9:17 |
| 60 | | Sophie Bertelli | JR | Independence | 29:15.5 | 9:25 |
| 61 | 39 | Kristin Urquhart | SR | Cedar Rapids Jefferson | 29:15.5 | 9:25 |
| 62 | | Hadley Anderson | SR | Mount Vernon-Lisbon | 29:21.2 | 9:27 |
| 63 | | Trinity Lagrange | SO | Benton Community | 29:40.3 | 9:33 |
| 64 | | Makenzie Homan | SR | Independence | 30:33.3 | 9:50 |
| 65 | | Baylee Schoenfelder | SR | Benton Community | 30:42.5 | 9:53 |
| 66 | | Alex Locke | SO | Solon | 30:53.3 | 9:57 |
| 67 | | Caylie Cruise | SR | Benton Community | 30:55.6 | 9:57 |
| 68 | | Elizabeth Moore | SR | Independence | 30:56.5 | 9:58 |

Benton Invitational

JV Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 Sunny, SSW 5-10mph & 66°

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|--------------------|------|------------------------|---------|----------|
| 69 | | MacY Eskelsen | SO | Mount Vernon-Lisbon | 31:04.3 | 10:00 |
| 70 | | Heather Bachus | JR | Solon | 31:18.6 | 10:05 |
| 71 | | Nicole Hasselbusch | FR | Mount Vernon-Lisbon | 31:19.2 | 10:05 |
| 72 | | Isabella Dibeasi | JR | Clear Creek-Amana | 31:21.3 | 10:06 |
| 73 | | Whitney Markham | JR | Cedar Rapids Kennedy | 31:22.2 | 10:06 |
| 74 | | Rachel Blaker | FR | Independence | 31:22.7 | 10:06 |
| 75 | | Katelyn Coons | JR | Solon | 31:33.2 | 10:09 |
| 76 | | Selma Kliensmith | JR | Solon | 31:33.3 | 10:09 |
| 77 | 40 | Lily Brown | SO | Cedar Rapids Jefferson | 32:08.0 | 10:21 |
| 78 | | Reagan Light | SR | Mount Vernon-Lisbon | 34:47.9 | 11:12 |
| 79 | 41 | Ava Blakey | JR | Cedar Rapids Jefferson | 36:05.8 | 11:37 |
| 80 | | Alivia Thomas | JR | Independence | 36:49.9 | 11:51 |
| 81 | | Ellie Naboltz | SR | Independence | 36:52.0 | 11:52 |

Benton Invitational

JV Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 Sunny, SSW 5-10mph & 66°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|-------------------------------|-------------------------|---------|-------|-----------------------------------|----------------------|---------|-------|
| 1) Solon | | | | 6) Cedar Rapids Jefferson | | | |
| Score = 19 | | | | Score = 182 | | | |
| 1 | Aira Foster, SR | 22:53.0 | 7:22 | 28 | Makayla Poock, SR | 27:18.1 | 8:47 |
| 2 | Mara Duster, FR | 23:05.7 | 7:26 | 37 | Taylor Troy, SO | 28:17.2 | 9:06 |
| 3 | Ashley Stinocher, JR | 23:12.0 | 7:28 | 38 | Kira Stauffacher, SO | 28:33.7 | 9:12 |
| 6 | Rayna Manternach, SO | 24:30.5 | 7:53 | 39 | Kristin Urquhart, SR | 29:15.5 | 9:25 |
| 7 | Bella Feaker, SO | 24:34.2 | 7:54 | 40 | Lily Brown, SO | 32:08.0 | 10:21 |
| 12 | Annika Kruse, SO | 25:11.2 | 8:06 | 41 | Ava Blakey, JR | 36:05.8 | 11:37 |
| 17 | Gracie Chapman, JR | 25:24.9 | 8:11 | Incomplete Teams: | | | |
| | Olivia Heesh, JR | 25:40.1 | 8:16 | Cedar Rapids Kennedy | | | |
| | Lilly Houtakker, FR | 26:04.6 | 8:24 | 4 | Sarah Grams, JR | 23:22.5 | 7:31 |
| | Grace Fiala, FR | 26:52.6 | 8:39 | 23 | Anna Teggatz, SO | 25:48.4 | 8:18 |
| | Allison Capper, SR | 26:54.9 | 8:40 | 73 | Whitney Markham, JR | 31:22.2 | 10:06 |
| | Jadyn Hanes, JR | 27:03.3 | 8:42 | Clear Creek-Amana | | | |
| | Reilly Johnson, SO | 27:03.8 | 8:43 | 10 | Lauren Lasswell, JR | 24:55.0 | 8:01 |
| | Neva Cllaude, SO | 27:14.3 | 8:46 | 35 | Olivia Smyka, SR | 26:41.5 | 8:35 |
| | Sylvia Havlicek, SR | 28:17.3 | 9:06 | 57 | Alexis Ponce, JR | 28:32.4 | 9:11 |
| | Alex Locke, SO | 30:53.3 | 9:57 | 72 | Isabella Dibeasi, JR | 31:21.3 | 10:06 |
| | Heather Bachus, JR | 31:18.6 | 10:05 | Meskwaki Settlement School | | | |
| | Katelyn Coons, JR | 31:33.2 | 10:09 | 44 | Sophie Snow, 8th | 27:19.2 | 8:48 |
| | Selma Kliensmith, JR | 31:33.3 | 10:09 | | | | |
| 2) Williamsburg | | | | | | | |
| Score = 41 | | | | | | | |
| 4 | Inga Dovre, JR | 23:33.6 | 7:35 | | | | |
| 5 | Agneta Mbiri, JR | 24:01.4 | 7:44 | | | | |
| 8 | Regan Sandersfeld, SO | 24:40.6 | 7:57 | | | | |
| 11 | Maiha Richardson, SO | 25:06.6 | 8:05 | | | | |
| 13 | Anna Walderhaug, JR | 25:11.4 | 8:06 | | | | |
| 15 | Nicole Wardenburg, JR | 25:20.4 | 8:09 | | | | |
| 20 | Ally Garringer, SO | 26:01.3 | 8:23 | | | | |
| | Nora Slevinski, SO | 26:08.5 | 8:25 | | | | |
| | Mari Stevenson, FR | 26:28.8 | 8:31 | | | | |
| | Lydia Armbrecht, JR | 28:50.1 | 9:17 | | | | |
| 3) Mount Vernon-Lisbon | | | | | | | |
| Score = 68 | | | | | | | |
| 9 | Annie Leopold, SR | 25:03.4 | 8:04 | | | | |
| 10 | Emmaline Campbell, FR | 25:05.5 | 8:05 | | | | |
| 14 | Addisen Santee, SR | 25:20.1 | 8:09 | | | | |
| 16 | Ranae Hasselbusch, SR | 25:23.4 | 8:10 | | | | |
| 19 | Claire Gaffney, FR | 25:48.4 | 8:18 | | | | |
| 21 | Lily Booth, SO | 26:01.5 | 8:23 | | | | |
| 22 | Kambree Hultquist, SO | 26:01.7 | 8:23 | | | | |
| | Elizabeth Barns, FR | 26:12.2 | 8:26 | | | | |
| | Tori Oelrich, FR | 26:35.3 | 8:33 | | | | |
| | Quinlan Denes, SO | 27:42.3 | 8:55 | | | | |
| | Hadley Anderson, SR | 29:21.2 | 9:27 | | | | |
| | MacY Eskelsen, SO | 31:04.3 | 10:00 | | | | |
| | Nicole Hasselbusch, FR | 31:19.2 | 10:05 | | | | |
| | Reagan Light, SR | 34:47.9 | 11:12 | | | | |
| 4) Benton Community | | | | | | | |
| Score = 116 | | | | | | | |
| 18 | Olivia Price, JR | 25:44.1 | 8:17 | | | | |
| 23 | Raynee Lagrange, SO | 26:12.8 | 8:26 | | | | |
| 24 | Megan Gorkow, SR | 26:29.1 | 8:31 | | | | |
| 25 | Jaden St. John, SR | 26:30.3 | 8:32 | | | | |
| 26 | Jessica Crawford, SO | 26:51.5 | 8:39 | | | | |
| 32 | Emma Schwake, FR | 27:59.3 | 9:01 | | | | |
| 36 | Madelyn Wolf, FR | 28:12.8 | 9:05 | | | | |
| | Nicole Duncalf, SR | 28:21.6 | 9:08 | | | | |
| | Trinity Lagrange, SO | 29:40.3 | 9:33 | | | | |
| | Baylee Schoenfelder, SR | 30:42.5 | 9:53 | | | | |
| | Caylie Cruise, SR | 30:55.6 | 9:57 | | | | |
| 5) Independence | | | | | | | |
| Score = 150 | | | | | | | |
| 27 | Laura Smith, SO | 27:14.3 | 8:46 | | | | |
| 29 | Mattea Wall, SR | 27:41.6 | 8:55 | | | | |
| 30 | Grace Krueger, SO | 27:50.3 | 8:58 | | | | |
| 31 | Emma Hansen, SR | 27:55.5 | 8:59 | | | | |
| 33 | Annabelle Magsamen, SR | 28:06.2 | 9:03 | | | | |
| 34 | Lara Theil, JR | 28:07.5 | 9:03 | | | | |
| 35 | Jenna Amerson, SO | 28:08.9 | 9:04 | | | | |
| | Sophie Bertelli, JR | 29:15.5 | 9:25 | | | | |
| | Makenzie Homan, SR | 30:33.3 | 9:50 | | | | |
| | Elizabeth Moore, SR | 30:56.5 | 9:58 | | | | |
| | Rachel Blaker, FR | 31:22.7 | 10:06 | | | | |
| | Alivia Thomas, JR | 36:49.9 | 11:51 | | | | |
| | Ellie Naboltz, SR | 36:52.0 | 11:52 | | | | |

Benton Invitational

JV Boys Roundhouse Nature Trails - Atkins, IA 9/14/2019 Sunny, SSW 5-10mph & 66°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Total | Ttl Time | Ave Time | Spread |
|-------|------------------------|----|----|----|----|----|----|----|-------|-----------|----------|--------|
| 1 | Cedar Rapids Kennedy | 1 | 2 | 5 | 6 | 22 | 23 | 27 | = 36 | 1:35:40.7 | 19:08.1 | 1:48.1 |
| 2 | Mount Vernon-Lisbon | 3 | 4 | 7 | 10 | 16 | 17 | 19 | = 40 | 1:36:06.8 | 19:13.4 | 1:03.9 |
| 3 | Williamsburg | 11 | 15 | 18 | 20 | 25 | 31 | 34 | = 89 | 1:39:49.9 | 19:58.0 | 0:50.1 |
| 4 | Solon | 12 | 13 | 14 | 26 | 29 | 33 | 39 | = 94 | 1:40:24.5 | 20:04.9 | 1:22.1 |
| 5 | Cedar Rapids Jefferson | 8 | 9 | 28 | 30 | 35 | 36 | 37 | = 110 | 1:42:16.7 | 20:27.3 | 2:25.9 |
| 6 | Benton Community | 21 | 24 | 32 | 38 | 40 | 41 | 42 | = 155 | 1:46:43.3 | 21:20.7 | 2:31.5 |
| 7 | Vinton-Shellsburg | 43 | 44 | 45 | 46 | 47 | | | = 225 | 2:20:35.9 | 28:07.2 | 8:13.2 |

Incomplete Teams: Independence, Isaac Newton Christian Academy-CVC, Meskwaki Settlement School

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|--------------------------|------|----------------------------|---------|----------|
| 1 | 1 | Matthew Hand | SR | Cedar Rapids Kennedy | 18:29.8 | 5:57 |
| 2 | 2 | Dylan Sines | JR | Cedar Rapids Kennedy | 18:38.4 | 6:00 |
| 3 | 3 | Jayden Meeker | JR | Mount Vernon-Lisbon | 18:45.2 | 6:02 |
| 4 | 4 | Jack Ossenkop | SR | Mount Vernon-Lisbon | 18:50.2 | 6:04 |
| 5 | 5 | Jaxson Hornett | SR | Cedar Rapids Kennedy | 19:04.8 | 6:08 |
| 6 | 6 | Gavin Smith | SO | Cedar Rapids Kennedy | 19:09.8 | 6:10 |
| 7 | 7 | Jensen Meeker | FR | Mount Vernon-Lisbon | 19:15.7 | 6:12 |
| 8 | 8 | Cael Abrams | JR | Cedar Rapids Jefferson | 19:17.0 | 6:12 |
| 9 | 9 | Sam Jahnke | JR | Cedar Rapids Jefferson | 19:17.3 | 6:12 |
| 10 | 10 | Ryne Moeller | FR | Mount Vernon-Lisbon | 19:26.5 | 6:15 |
| 11 | 11 | Kameron Royster | SO | Williamsburg | 19:34.0 | 6:18 |
| 12 | 12 | Nate Ferguson | SO | Solon | 19:38.1 | 6:19 |
| 13 | 13 | Nolan Pauley | SO | Solon | 19:38.2 | 6:19 |
| 14 | 14 | Ethan McLaughlin | SO | Solon | 19:40.9 | 6:20 |
| 15 | 15 | Justin Miner | FR | Williamsburg | 19:47.4 | 6:22 |
| 16 | 16 | Kolby Volesky | SR | Mount Vernon-Lisbon | 19:49.1 | 6:23 |
| 17 | 17 | Micah Knapp | FR | Mount Vernon-Lisbon | 19:52.3 | 6:24 |
| 18 | 18 | Trey O'Neil | FR | Williamsburg | 19:56.5 | 6:25 |
| 19 | 19 | Alex Fencil | SO | Mount Vernon-Lisbon | 19:57.1 | 6:25 |
| 20 | | Caleb Dausener | FR | Mount Vernon-Lisbon | 19:57.7 | 6:26 |
| 21 | | Jacob Russell | SO | Mount Vernon-Lisbon | 19:58.7 | 6:26 |
| 22 | | Juan Mendoza | JR | Mount Vernon-Lisbon | 20:00.8 | 6:27 |
| 23 | 20 | Braeden Brown | FR | Williamsburg | 20:08.0 | 6:29 |
| 24 | 21 | Owen Sadler | SO | Benton Community | 20:15.3 | 6:31 |
| 25 | 22 | Joshua Link | SO | Cedar Rapids Kennedy | 20:17.9 | 6:32 |
| 26 | 23 | Braden Jordan | FR | Cedar Rapids Kennedy | 20:20.3 | 6:33 |
| 27 | | Aden Grudzinski | SO | Mount Vernon-Lisbon | 20:20.5 | 6:33 |
| 28 | 24 | Tristan West | SO | Benton Community | 20:21.1 | 6:33 |
| 29 | 25 | Hunter Kauffman | SO | Williamsburg | 20:24.1 | 6:34 |
| 30 | | Santiago Soulere Alemany | SR | Mount Vernon-Lisbon | 20:24.4 | 6:34 |
| 31 | 26 | Gabe Yetley | JR | Solon | 20:27.1 | 6:35 |
| 32 | 27 | Drake Beauregard | SR | Cedar Rapids Kennedy | 20:27.8 | 6:35 |
| 33 | | Carter Hall | SO | Mount Vernon-Lisbon | 20:31.3 | 6:36 |
| 34 | | Ethan Stanerson | FR | Mount Vernon-Lisbon | 20:34.1 | 6:37 |
| 35 | | Jonah Hallam | SO | Cedar Rapids Kennedy | 20:47.9 | 6:42 |
| 36 | | Cale Hansen | SO | Cedar Rapids Kennedy | 20:48.2 | 6:42 |
| 37 | | Kyan Stricker | SO | Cedar Rapids Kennedy | 20:53.5 | 6:43 |
| 38 | 28 | Quinn Cohen | SO | Cedar Rapids Jefferson | 20:56.2 | 6:44 |
| 39 | 29 | Nate Shafer | FR | Solon | 21:00.3 | 6:46 |
| 40 | 30 | Emmanuel Amegandin | SR | Cedar Rapids Jefferson | 21:03.3 | 6:47 |
| 41 | | Zayton Wieneger | SO | Meskwaki Settlement School | 21:08.3 | 6:48 |
| 42 | | Ericson Morris | SO | Mount Vernon-Lisbon | 21:10.8 | 6:49 |
| 43 | | Joe Oleson | SO | Cedar Rapids Kennedy | 21:13.0 | 6:50 |
| 44 | 31 | Lucas Reihman | JR | Williamsburg | 21:14.4 | 6:50 |
| 45 | 32 | Eben Ellis | JR | Benton Community | 21:16.4 | 6:51 |
| 46 | 33 | Lewis Sutton | FR | Solon | 21:18.4 | 6:51 |
| 47 | 34 | Jake Buchholtz | FR | Williamsburg | 21:25.8 | 6:54 |
| 48 | | Dylan Falck | SR | Cedar Rapids Kennedy | 21:37.4 | 6:58 |
| 49 | 35 | Zach Smith | SO | Cedar Rapids Jefferson | 21:42.9 | 6:59 |
| 50 | 36 | Bryce Grissom | SO | Cedar Rapids Jefferson | 21:48.4 | 7:01 |
| 51 | 37 | Carter Tredway | SR | Cedar Rapids Jefferson | 21:48.4 | 7:01 |
| 52 | | Angel Torres | FR | Cedar Rapids Jefferson | 21:56.8 | 7:04 |
| 53 | | Sage Coffman | SR | Williamsburg | 21:57.6 | 7:04 |
| 54 | 38 | Ryan Lange | SO | Benton Community | 22:03.7 | 7:06 |
| 55 | | Alex Slaymaker | SO | Williamsburg | 22:06.0 | 7:07 |
| 56 | 39 | Will Frees | JR | Solon | 22:15.2 | 7:10 |
| 57 | | Dylan Winkler | FR | Mount Vernon-Lisbon | 22:18.4 | 7:11 |
| 58 | | Cem Kurt | JR | Cedar Rapids Jefferson | 22:22.1 | 7:12 |
| 59 | | Derek Anthony | SR | Cedar Rapids Jefferson | 22:23.1 | 7:12 |
| 60 | | Nathan Schadler | FR | Solon | 22:25.3 | 7:13 |
| 61 | | Ben Nydegger | FR | Mount Vernon-Lisbon | 22:25.7 | 7:13 |
| 62 | | Ryan Vig | FR | Mount Vernon-Lisbon | 22:29.3 | 7:14 |
| 63 | | Sam Melloy | JR | Solon | 22:43.2 | 7:19 |
| 64 | 40 | Brandon Schultz | FR | Benton Community | 22:46.8 | 7:20 |
| 65 | | Brian Stubblefield | SO | Cedar Rapids Kennedy | 22:47.0 | 7:20 |
| 66 | | Trevor Fernau | JR | Mount Vernon-Lisbon | 22:48.1 | 7:20 |
| 67 | 41 | Bryton Grimm | FR | Benton Community | 22:55.3 | 7:23 |

Benton Invitational

JV Boys Roundhouse Nature Trails - Atkins, IA 9/14/2019 Sunny, SSW 5-10mph & 66°

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|------------------------|------|--------------------------------|---------|----------|
| 68 | | Julius Rukundo | SR | Cedar Rapids Jefferson | 22:55.6 | 7:23 |
| 69 | | Caden Schroeder | SO | Cedar Rapids Jefferson | 23:03.1 | 7:25 |
| 70 | 42 | Isaac Lueckenotto | SO | Benton Community | 23:09.3 | 7:27 |
| 71 | | Owen Erusha | SO | Solon | 23:17.4 | 7:30 |
| 72 | 43 | Ian Allsup | FR | Vinton-Shellsburg | 23:23.7 | 7:32 |
| 73 | | Johnny Broulik | FR | Mount Vernon-Lisbon | 23:24.9 | 7:32 |
| 74 | | Lucas Dolphin | FR | Cedar Rapids Kennedy | 23:27.5 | 7:33 |
| 75 | | Hagee Jefferson | SO | Meskwaki Settlement School | 23:34.2 | 7:35 |
| 76 | | Ben Johnson | SO | Mount Vernon-Lisbon | 23:45.3 | 7:39 |
| 77 | | Nick Henry | FR | Cedar Rapids Jefferson | 23:50.2 | 7:40 |
| 78 | | Tristan Steichen | FR | Cedar Rapids Kennedy | 23:52.7 | 7:41 |
| 79 | | Jaren Jones | SR | Benton Community | 23:54.0 | 7:42 |
| 80 | | Adam Vig | JR | Mount Vernon-Lisbon | 23:54.4 | 7:42 |
| 81 | | Maxx Novak | SO | Cedar Rapids Kennedy | 23:56.7 | 7:42 |
| 82 | | Donovan Slick-Driscoll | FR | Meskwaki Settlement School | 24:10.3 | 7:47 |
| 83 | | Ian Landuyt | SO | Solon | 24:13.2 | 7:48 |
| 84 | | Drew Grimm | SO | Isaac Newton Christian Academy | 24:14.9 | 7:48 |
| 85 | | Hayden Henneberry | FR | Solon | 24:17.1 | 7:49 |
| 86 | | Nathan Ricke | FR | Mount Vernon-Lisbon | 24:24.0 | 7:51 |
| 87 | | Brody Cash | FR | Solon | 24:28.3 | 7:53 |
| 88 | | Trent Vos | SO | Cedar Rapids Jefferson | 24:39.0 | 7:56 |
| 89 | | Kaden Lamm | SO | Solon | 24:55.7 | 8:01 |
| 90 | | Jonathan Range | JR | Cedar Rapids Jefferson | 25:03.4 | 8:04 |
| 91 | | Cole Townsend | JR | Mount Vernon-Lisbon | 25:06.1 | 8:05 |
| 92 | | Jace Bell | SR | Solon | 25:09.3 | 8:06 |
| 93 | | Jackson Kleinmeyer | FR | Benton Community | 25:09.9 | 8:06 |
| 94 | | Jackson Berry | FR | Cedar Rapids Kennedy | 25:13.7 | 8:07 |
| 95 | | Daniel Dietze | FR | Williamsburg | 25:44.8 | 8:17 |
| 96 | | Braydon Sears | SR | Solon | 25:50.2 | 8:19 |
| 97 | | Ben Kremer | JR | Independence | 25:56.5 | 8:21 |
| 98 | 44 | Ian Vrba | FR | Vinton-Shellsburg | 26:07.4 | 8:24 |
| 99 | | Jeremi Bazan | JR | Cedar Rapids Jefferson | 26:33.3 | 8:33 |
| 100 | | Joel Dillman | SO | Cedar Rapids Kennedy | 26:51.5 | 8:39 |
| 101 | | Will Perry | FR | Independence | 27:04.8 | 8:43 |
| 102 | | Joseph Miller | SR | Benton Community | 27:06.1 | 8:43 |
| 103 | 45 | Sage Holmes | JR | Vinton-Shellsburg | 28:09.0 | 9:04 |
| 104 | | Matthew Tijerina | SO | Mount Vernon-Lisbon | 28:50.9 | 9:17 |
| 105 | | Kaiden Shannon | SO | Mount Vernon-Lisbon | 29:15.4 | 9:25 |
| 106 | 46 | Anthony Hilton | SR | Vinton-Shellsburg | 31:18.9 | 10:05 |
| 107 | | Connor Luensman | FR | Cedar Rapids Jefferson | 31:29.3 | 10:08 |
| 108 | | Will Von Ahsen | JR | Benton Community | 31:33.4 | 10:09 |
| 109 | 47 | Ian Sallee | FR | Vinton-Shellsburg | 31:36.9 | 10:11 |

Benton Invitational

JV Boys Roundhouse Nature Trails - Atkins, IA 9/14/2019 Sunny, SSW 5-10mph & 66°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|--------------------------------|------------------------------|-----------|------|------------------------------------|----------------------------|-------------|-------|
| 1) Cedar Rapids Kennedy | | | | 5) Cedar Rapids Jefferson | | | |
| | Score = | 36 | | | Score = | 110 | |
| 1 | Matthew Hand, SR | 18:29.8 | 5:57 | 8 | Cael Abrams, JR | 19:17.0 | 6:12 |
| 2 | Dylan Sines, JR | 18:38.4 | 6:00 | 9 | Sam Jahnke, JR | 19:17.3 | 6:12 |
| 5 | Jaxson Hornett, SR | 19:04.8 | 6:08 | 28 | Quinn Cohen, SO | 20:56.2 | 6:44 |
| 6 | Gavin Smith, SO | 19:09.8 | 6:10 | 30 | Emmanuel Amegandin, SR | 21:03.3 | 6:47 |
| 22 | Joshua Link, SO | 20:17.9 | 6:32 | 35 | Zach Smith, SO | 21:42.9 | 6:59 |
| 23 | Braden Jordan, FR | 20:20.3 | 6:33 | 36 | Bryce Grissom, SO | 21:48.4 | 7:01 |
| 27 | Drake Beauregard, SR | 20:27.8 | 6:35 | 37 | Carter Tredway, SR | 21:48.4 | 7:01 |
| | Jonah Hallam, SO | 20:47.9 | 6:42 | | Angel Torres, FR | 21:56.8 | 7:04 |
| | Cale Hansen, SO | 20:48.2 | 6:42 | | Cem Kurt, JR | 22:22.1 | 7:12 |
| | Kyan Stricker, SO | 20:53.5 | 6:43 | | Derek Anthony, SR | 22:23.1 | 7:12 |
| | Joe Oleson, SO | 21:13.0 | 6:50 | | Julius Rukundo, SR | 22:55.6 | 7:23 |
| | Dylan Falck, SR | 21:37.4 | 6:58 | | Caden Schroeder, SO | 23:03.1 | 7:25 |
| | Brian Stubblefield, SO | 22:47.0 | 7:20 | | Nick Henry, FR | 23:50.2 | 7:40 |
| | Lucas Dolphin, FR | 23:27.5 | 7:33 | | Trent Vos, SO | 24:39.0 | 7:56 |
| | Tristan Steichen, FR | 23:52.7 | 7:41 | | Jonathan Range, JR | 25:03.4 | 8:04 |
| | Maxx Novak, SO | 23:56.7 | 7:42 | | Jeremi Bazan, JR | 26:33.3 | 8:33 |
| | Jackson Berry, FR | 25:13.7 | 8:07 | | Connor Luensman, FR | 31:29.3 | 10:08 |
| | Joel Dillman, SO | 26:51.5 | 8:39 | | | | |
| 2) Mount Vernon-Lisbon | | | | 6) Benton Community | | | |
| | Score = | 40 | | | Score = | 155 | |
| 3 | Jayden Meeker, JR | 18:45.2 | 6:02 | 21 | Owen Sadler, SO | 20:15.3 | 6:31 |
| 4 | Jack Ossenkop, SR | 18:50.2 | 6:04 | 24 | Tristan West, SO | 20:21.1 | 6:33 |
| 7 | Jensen Meeker, FR | 19:15.7 | 6:12 | 32 | Eben Ellis, JR | 21:16.4 | 6:51 |
| 10 | Ryne Moeller, FR | 19:26.5 | 6:15 | 38 | Ryan Lange, SO | 22:03.7 | 7:06 |
| 16 | Kolby Volesky, SR | 19:49.1 | 6:23 | 40 | Brandon Schultz, FR | 22:46.8 | 7:20 |
| 17 | Micah Knapp, FR | 19:52.3 | 6:24 | 41 | Bryton Grimm, FR | 22:55.3 | 7:23 |
| 19 | Alex Fencil, SO | 19:57.1 | 6:25 | 42 | Isaac Lueckenotto, SO | 23:09.3 | 7:27 |
| | Caleb Dausener, FR | 19:57.7 | 6:26 | | Jaren Jones, SR | 23:54.0 | 7:42 |
| | Jacob Russell, SO | 19:58.7 | 6:26 | | Jackson Kleinmeyer, FR | 25:09.9 | 8:06 |
| | Juan Mendoza, JR | 20:00.8 | 6:27 | | Joseph Miller, SR | 27:06.1 | 8:43 |
| | Aden Grudzinski, SO | 20:20.5 | 6:33 | | Will Von Ahsen, JR | 31:33.4 | 10:09 |
| | Santiago Soulere Alemany, SR | 20:24.4 | 6:34 | | | | |
| | Carter Hall, SO | 20:31.3 | 6:36 | 7) Vinton-Shellsburg | | | |
| | Ethan Stanerson, FR | 20:34.1 | 6:37 | | Score = | 225 | |
| | Ericson Morris, SO | 21:10.8 | 6:49 | 43 | Ian Allsup, FR | 23:23.7 | 7:32 |
| | Dylan Winkler, FR | 22:18.4 | 7:11 | 44 | Ian Vrba, FR | 26:07.4 | 8:24 |
| | Ben Nydegger, FR | 22:25.7 | 7:13 | 45 | Sage Holmes, JR | 28:09.0 | 9:04 |
| | Ryan Vig, FR | 22:29.3 | 7:14 | 46 | Anthony Hilton, SR | 31:18.9 | 10:05 |
| | Trevor Fernau, JR | 22:48.1 | 7:20 | 47 | Ian Sallee, FR | 31:36.9 | 10:11 |
| | Johnny Broulik, FR | 23:24.9 | 7:32 | | | | |
| | Ben Johnson, SO | 23:45.3 | 7:39 | Incomplete Teams: | | | |
| | Adam Vig, JR | 23:54.4 | 7:42 | Independence | | | |
| | Nathan Ricke, FR | 24:24.0 | 7:51 | 97 | Ben Kremer, JR | 25:56.5 | 8:21 |
| | Cole Townsend, JR | 25:06.1 | 8:05 | 101 | Will Perry, FR | 27:04.8 | 8:43 |
| | Matthew Tijerina, SO | 28:50.9 | 9:17 | | | | |
| | Kaiden Shannon, SO | 29:15.4 | 9:25 | Isaac Newton Christian Acad | | | |
| 3) Williamsburg | | | | | Score = | 7:48 | |
| | Score = | 89 | | 84 | Drew Grimm, SO | 24:14.9 | 7:48 |
| 11 | Kameron Royster, SO | 19:34.0 | 6:18 | Meskwaki Settlement School | | | |
| 15 | Justin Miner, FR | 19:47.4 | 6:22 | | Score = | 7:47 | |
| 18 | Trey O'Neil, FR | 19:56.5 | 6:25 | 41 | Zayton Wienege, SO | 21:08.3 | 6:48 |
| 20 | Braeden Brown, FR | 20:08.0 | 6:29 | 75 | Hagee Jefferson, SO | 23:34.2 | 7:35 |
| 25 | Hunter Kauffman, SO | 20:24.1 | 6:34 | 82 | Donovan Slick-Driscoll, FR | 24:10.3 | 7:47 |
| 31 | Lucas Reihman, JR | 21:14.4 | 6:50 | | | | |
| 34 | Jake Buchholtz, FR | 21:25.8 | 6:54 | | | | |
| | Sage Coffman, SR | 21:57.6 | 7:04 | | | | |
| | Alex Slaymaker, SO | 22:06.0 | 7:07 | | | | |
| | Daniel Dietze, FR | 25:44.8 | 8:17 | | | | |
| 4) Solon | | | | | | | |
| | Score = | 94 | | | | | |
| 12 | Nate Ferguson, SO | 19:38.1 | 6:19 | | | | |
| 13 | Nolan Pauley, SO | 19:38.2 | 6:19 | | | | |
| 14 | Ethan McLaughlin, SO | 19:40.9 | 6:20 | | | | |
| 26 | Gabe Yetley, JR | 20:27.1 | 6:35 | | | | |
| 29 | Nate Shafer, FR | 21:00.3 | 6:46 | | | | |
| 33 | Lewis Sutton, FR | 21:18.4 | 6:51 | | | | |
| 39 | Will Frees, JR | 22:15.2 | 7:10 | | | | |
| | Nathan Schadler, FR | 22:25.3 | 7:13 | | | | |
| | Sam Melloy, JR | 22:43.2 | 7:19 | | | | |
| | Owen Erusha, SO | 23:17.4 | 7:30 | | | | |
| | Ian Landuyt, SO | 24:13.2 | 7:48 | | | | |
| | Hayden Henneberry, FR | 24:17.1 | 7:49 | | | | |
| | Brody Cash, FR | 24:28.3 | 7:53 | | | | |
| | Kaden Lamm, SO | 24:55.7 | 8:01 | | | | |
| | Jace Bell, SR | 25:09.3 | 8:06 | | | | |
| | Braydon Sears, SR | 25:50.2 | 8:19 | | | | |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | Total | TT1 Time | Ave Time | Spread |
|-------|-----------------------------|----|----|----|----|----|----|-------|----------|----------|--------|
| 1 | Solon MS | 2 | 3 | 7 | 8 | 9 | 11 | = 20 | 42:30.5 | 10:37.6 | 0:13.2 |
| 2 | Williamsburg MS | 4 | 5 | 6 | 12 | 17 | 21 | = 27 | 42:54.4 | 10:43.6 | 0:33.0 |
| 3 | Benton Community MS | 1 | 10 | 16 | 32 | 33 | | = 59 | 46:20.2 | 11:35.1 | 3:57.5 |
| 4 | Mount Vernon-Lisbon MS | 14 | 15 | 18 | 19 | 22 | 26 | = 66 | 47:30.2 | 11:52.5 | 0:48.9 |
| 5 | Isaac Newton Christian Acad | 13 | 20 | 23 | 24 | | | = 80 | 48:54.4 | 12:13.6 | 1:37.5 |
| 6 | Vinton-Shellsburg MS | 25 | 27 | 28 | 29 | 30 | 31 | = 109 | 52:08.7 | 13:02.2 | 0:25.2 |

Incomplete Teams: Blessed Maria Assunta Pallotta MS

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-------------------|------|--------------------------------|---------|----------|
| 1 | 1 | Jaida Lyons | 8th | Benton Community MS | 9:44.4 | 6:30 |
| 2 | 2 | Gracie Federspiel | 8th | Solon MS | 10:33.0 | 7:02 |
| 3 | 3 | Lydia Hogan | 7th | Solon MS | 10:34.0 | 7:03 |
| 4 | 4 | Shannon Finn | 8th | Williamsburg MS | 10:34.3 | 7:03 |
| 5 | 5 | MacEY Kent | 8th | Williamsburg MS | 10:36.0 | 7:04 |
| 6 | 6 | Reagan McMenomy | 8th | Williamsburg MS | 10:36.8 | 7:05 |
| 7 | 7 | Anna Quillin | 8th | Solon MS | 10:37.3 | 7:05 |
| 8 | 8 | Grace Hoeper | 7th | Solon MS | 10:46.2 | 7:11 |
| 9 | 9 | Ashlyn Williams | 8th | Solon MS | 10:55.3 | 7:17 |
| 10 | 10 | Abby Jones | 7th | Benton Community MS | 11:04.6 | 7:23 |
| 11 | 11 | Sydney Dee | 7th | Solon MS | 11:07.1 | 7:25 |
| 12 | 12 | Zada Buchholtz | 8th | Williamsburg MS | 11:07.3 | 7:25 |
| 13 | 13 | Brooke Groezinger | 7th | Isaac Newton Christian Academy | 11:07.9 | 7:25 |
| 14 | | Mia Duckett | 8th | Solon MS | 11:18.8 | 7:33 |
| 15 | 14 | Sky Rodman | 7th | Mount Vernon-Lisbon MS | 11:24.2 | 7:36 |
| 16 | | Valerie Miller | 7th | Solon MS | 11:25.0 | 7:37 |
| 17 | | Ella Sheeley | 7th | Solon MS | 11:31.2 | 7:41 |
| 18 | 15 | Sierra Snyder | 8th | Mount Vernon-Lisbon MS | 11:42.8 | 7:49 |
| 19 | | Kate Richards | 8th | Solon MS | 11:44.0 | 7:49 |
| 20 | | Rose McAtee | 7th | Solon MS | 11:45.3 | 7:50 |
| 21 | 16 | Rebecca Caldwell | 8th | Benton Community MS | 11:49.4 | 7:53 |
| 22 | | Mia Stahle | 8th | Solon MS | 11:50.2 | 7:53 |
| 23 | 17 | Briley Winegarden | 7th | Williamsburg MS | 11:55.8 | 7:57 |
| 24 | | Kobi Lietz | 7th | Solon MS | 11:59.7 | 8:00 |
| 25 | | Addi Greene | 7th | Solon MS | 12:04.2 | 8:03 |
| 26 | | Silvie Hendricks | 7th | Solon MS | 12:05.1 | 8:03 |
| 27 | | Meg Duster | 8th | Solon MS | 12:06.2 | 8:04 |
| 28 | | Olivia Scott | 7th | Solon MS | 12:07.1 | 8:05 |
| 29 | 18 | Clare Nydegger | 7th | Mount Vernon-Lisbon MS | 12:10.1 | 8:07 |
| 30 | | Peyton Pentico | 8th | Solon MS | 12:12.2 | 8:08 |
| 31 | 19 | Audrey Tucker | 8th | Mount Vernon-Lisbon MS | 12:13.0 | 8:09 |
| 32 | | Grace Yetley | 8th | Solon MS | 12:19.6 | 8:13 |
| 33 | 20 | Rya McFarland | 8th | Isaac Newton Christian Academy | 12:24.9 | 8:17 |
| 34 | 21 | ZoeY Soukup | 7th | Williamsburg MS | 12:28.7 | 8:19 |
| 35 | 22 | Emily Patten | 8th | Mount Vernon-Lisbon MS | 12:29.2 | 8:19 |
| 36 | | Sophia Miles | 7th | Solon MS | 12:30.0 | 8:20 |
| 37 | 23 | Eva Ford | 8th | Isaac Newton Christian Academy | 12:36.3 | 8:24 |
| 38 | | Tatum Holtkamp | 8th | Solon MS | 12:41.0 | 8:27 |
| 39 | | Olivia Bonnema | 7th | Solon MS | 12:43.3 | 8:29 |
| 40 | 24 | Keira Richmond | 7th | Isaac Newton Christian Academy | 12:45.4 | 8:30 |
| 41 | 25 | Olivia Primrose | 7th | Vinton-Shellsburg MS | 12:46.2 | 8:31 |
| 42 | | Farrah Hendricks | 7th | Solon MS | 12:48.0 | 8:32 |
| 43 | | Kara Vedepo | 7th | Solon MS | 12:48.5 | 8:32 |
| 44 | 26 | Kylie Pyatt | 8th | Mount Vernon-Lisbon MS | 12:49.9 | 8:33 |
| 45 | | Renee Vig | 7th | Mount Vernon-Lisbon MS | 12:52.3 | 8:35 |
| 46 | 27 | Aliza Brummer | 8th | Vinton-Shellsburg MS | 13:04.5 | 8:43 |
| 47 | 28 | McKenna Kingsbury | 8th | Vinton-Shellsburg MS | 13:06.6 | 8:44 |
| 48 | | Abby Batey | 7th | Williamsburg MS | 13:10.7 | 8:47 |
| 49 | 29 | Addy Chvala | 7th | Vinton-Shellsburg MS | 13:11.4 | 8:48 |
| 50 | 30 | Klarisa Kerkman | 8th | Vinton-Shellsburg MS | 13:17.1 | 8:51 |
| 51 | | Anna Vavricek | 8th | Mount Vernon-Lisbon MS | 13:19.9 | 8:53 |
| 52 | 31 | Albijona Tafa | 8th | Vinton-Shellsburg MS | 13:22.9 | 8:55 |
| 53 | | Mya Rivera | 8th | Williamsburg MS | 13:25.8 | 8:57 |
| 54 | | Gretchen Marcy | 8th | Solon MS | 13:26.8 | 8:58 |
| 55 | | Tori Elwick | 8th | Vinton-Shellsburg MS | 13:29.0 | 8:59 |
| 56 | | Chloe Mossman | 7th | Vinton-Shellsburg MS | 13:32.1 | 9:01 |
| 57 | 32 | Jessa Demoss | 8th | Benton Community MS | 13:41.9 | 9:08 |
| 58 | | Rachel Rollinger | 8th | Vinton-Shellsburg MS | 13:53.1 | 9:15 |
| 59 | | Lillian Bishop | 8th | Mount Vernon-Lisbon MS | 14:05.0 | 9:23 |
| 60 | | Avery Mann | 8th | Solon MS | 14:10.8 | 9:27 |
| 61 | | Kassidy Lietz | 8th | Solon MS | 14:13.7 | 9:29 |
| 62 | | Sammie Parsons | 7th | Williamsburg MS | 14:23.4 | 9:36 |
| 63 | | Molly Thomas | 7th | Williamsburg MS | 14:36.9 | 9:45 |
| 64 | | Norah Fischer | 8th | Solon MS | 14:57.6 | 9:58 |
| 65 | | Grace Marlin | 7th | Blessed Maria Assunta Pallotta | 15:32.7 | 10:22 |
| 66 | | Meg Dye | 7th | Mount Vernon-Lisbon MS | 16:04.0 | 10:43 |
| 67 | | Lauren Hepker | 7th | Mount Vernon-Lisbon MS | 16:22.2 | 10:55 |
| 68 | | Jocelyn Hendricks | 7th | Solon MS | 16:28.9 | 10:59 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | Total | TT1 Time | Ave Time | Spread |
|-------|-----------------------------|----|----|----|----|----|----|-------|----------|----------|--------|
| 1 | Solon MS | 2 | 3 | 7 | 8 | 9 | 11 | = 20 | 42:30.5 | 10:37.6 | 0:13.2 |
| 2 | Williamsburg MS | 4 | 5 | 6 | 12 | 17 | 21 | = 27 | 42:54.4 | 10:43.6 | 0:33.0 |
| 3 | Benton Community MS | 1 | 10 | 16 | 32 | 33 | | = 59 | 46:20.2 | 11:35.1 | 3:57.5 |
| 4 | Mount Vernon-Lisbon MS | 14 | 15 | 18 | 19 | 22 | 26 | = 66 | 47:30.2 | 11:52.5 | 0:48.9 |
| 5 | Isaac Newton Christian Acad | 13 | 20 | 23 | 24 | | | = 80 | 48:54.4 | 12:13.6 | 1:37.5 |
| 6 | Vinton-Shellsburg MS | 25 | 27 | 28 | 29 | 30 | 31 | = 109 | 52:08.7 | 13:02.2 | 0:25.2 |

Incomplete Teams: Blessed Maria Assunta Pallotta MS

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-------------------|------|--------------------------------|---------|----------|
| 1 | 1 | Jaida Lyons | 8th | Benton Community MS | 9:44.4 | 6:30 |
| 2 | 2 | Gracie Federspiel | 8th | Solon MS | 10:33.0 | 7:02 |
| 3 | 3 | Lydia Hogan | 7th | Solon MS | 10:34.0 | 7:03 |
| 4 | 4 | Shannon Finn | 8th | Williamsburg MS | 10:34.3 | 7:03 |
| 5 | 5 | MacEY Kent | 8th | Williamsburg MS | 10:36.0 | 7:04 |
| 6 | 6 | Reagan McMenomy | 8th | Williamsburg MS | 10:36.8 | 7:05 |
| 7 | 7 | Anna Quillin | 8th | Solon MS | 10:37.3 | 7:05 |
| 8 | 8 | Grace Hoeper | 7th | Solon MS | 10:46.2 | 7:11 |
| 9 | 9 | Ashlyn Williams | 8th | Solon MS | 10:55.3 | 7:17 |
| 10 | 10 | Abby Jones | 7th | Benton Community MS | 11:04.6 | 7:23 |
| 11 | 11 | Sydney Dee | 7th | Solon MS | 11:07.1 | 7:25 |
| 12 | 12 | Zada Buchholtz | 8th | Williamsburg MS | 11:07.3 | 7:25 |
| 13 | 13 | Brooke Groezinger | 7th | Isaac Newton Christian Academy | 11:07.9 | 7:25 |
| 14 | | Mia Duckett | 8th | Solon MS | 11:18.8 | 7:33 |
| 15 | 14 | Sky Rodman | 7th | Mount Vernon-Lisbon MS | 11:24.2 | 7:36 |
| 16 | | Valerie Miller | 7th | Solon MS | 11:25.0 | 7:37 |
| 17 | | Ella Sheeley | 7th | Solon MS | 11:31.2 | 7:41 |
| 18 | 15 | Sierra Snyder | 8th | Mount Vernon-Lisbon MS | 11:42.8 | 7:49 |
| 19 | | Kate Richards | 8th | Solon MS | 11:44.0 | 7:49 |
| 20 | | Rose McAtee | 7th | Solon MS | 11:45.3 | 7:50 |
| 21 | 16 | Rebecca Caldwell | 8th | Benton Community MS | 11:49.4 | 7:53 |
| 22 | | Mia Stahle | 8th | Solon MS | 11:50.2 | 7:53 |
| 23 | 17 | Briley Winegarden | 7th | Williamsburg MS | 11:55.8 | 7:57 |
| 24 | | Kobi Lietz | 7th | Solon MS | 11:59.7 | 8:00 |
| 25 | | Addi Greene | 7th | Solon MS | 12:04.2 | 8:03 |
| 26 | | Silvie Hendricks | 7th | Solon MS | 12:05.1 | 8:03 |
| 27 | | Meg Duster | 8th | Solon MS | 12:06.2 | 8:04 |
| 28 | | Olivia Scott | 7th | Solon MS | 12:07.1 | 8:05 |
| 29 | 18 | Clare Nydegger | 7th | Mount Vernon-Lisbon MS | 12:10.1 | 8:07 |
| 30 | | Peyton Pentico | 8th | Solon MS | 12:12.2 | 8:08 |
| 31 | 19 | Audrey Tucker | 8th | Mount Vernon-Lisbon MS | 12:13.0 | 8:09 |
| 32 | | Grace Yetley | 8th | Solon MS | 12:19.6 | 8:13 |
| 33 | 20 | Rya McFarland | 8th | Isaac Newton Christian Academy | 12:24.9 | 8:17 |
| 34 | 21 | ZoeY Soukup | 7th | Williamsburg MS | 12:28.7 | 8:19 |
| 35 | 22 | Emily Patten | 8th | Mount Vernon-Lisbon MS | 12:29.2 | 8:19 |
| 36 | | Sophia Miles | 7th | Solon MS | 12:30.0 | 8:20 |
| 37 | 23 | Eva Ford | 8th | Isaac Newton Christian Academy | 12:36.3 | 8:24 |
| 38 | | Tatum Holtkamp | 8th | Solon MS | 12:41.0 | 8:27 |
| 39 | | Olivia Bonnema | 7th | Solon MS | 12:43.3 | 8:29 |
| 40 | 24 | Keira Richmond | 7th | Isaac Newton Christian Academy | 12:45.4 | 8:30 |
| 41 | 25 | Olivia Primrose | 7th | Vinton-Shellsburg MS | 12:46.2 | 8:31 |
| 42 | | Farrah Hendricks | 7th | Solon MS | 12:48.0 | 8:32 |
| 43 | | Kara Vedepo | 7th | Solon MS | 12:48.5 | 8:32 |
| 44 | 26 | Kylie Pyatt | 8th | Mount Vernon-Lisbon MS | 12:49.9 | 8:33 |
| 45 | | Renee Vig | 7th | Mount Vernon-Lisbon MS | 12:52.3 | 8:35 |
| 46 | 27 | Aliza Brummer | 8th | Vinton-Shellsburg MS | 13:04.5 | 8:43 |
| 47 | 28 | McKenna Kingsbury | 8th | Vinton-Shellsburg MS | 13:06.6 | 8:44 |
| 48 | | Abby Batey | 7th | Williamsburg MS | 13:10.7 | 8:47 |
| 49 | 29 | Addy Chvala | 7th | Vinton-Shellsburg MS | 13:11.4 | 8:48 |
| 50 | 30 | Klarisa Kerkman | 8th | Vinton-Shellsburg MS | 13:17.1 | 8:51 |
| 51 | | Anna Vavricek | 8th | Mount Vernon-Lisbon MS | 13:19.9 | 8:53 |
| 52 | 31 | Albijona Tafa | 8th | Vinton-Shellsburg MS | 13:22.9 | 8:55 |
| 53 | | Mya Rivera | 8th | Williamsburg MS | 13:25.8 | 8:57 |
| 54 | | Gretchen Marcy | 8th | Solon MS | 13:26.8 | 8:58 |
| 55 | | Tori Elwick | 8th | Vinton-Shellsburg MS | 13:29.0 | 8:59 |
| 56 | | Chloe Mossman | 7th | Vinton-Shellsburg MS | 13:32.1 | 9:01 |
| 57 | 32 | Jessa Demoss | 8th | Benton Community MS | 13:41.9 | 9:08 |
| 58 | | Rachel Rollinger | 8th | Vinton-Shellsburg MS | 13:53.1 | 9:15 |
| 59 | | Lillian Bishop | 8th | Mount Vernon-Lisbon MS | 14:05.0 | 9:23 |
| 60 | | Avery Mann | 8th | Solon MS | 14:10.8 | 9:27 |
| 61 | | Kassidy Lietz | 8th | Solon MS | 14:13.7 | 9:29 |
| 62 | | Sammie Parsons | 7th | Williamsburg MS | 14:23.4 | 9:36 |
| 63 | | Molly Thomas | 7th | Williamsburg MS | 14:36.9 | 9:45 |
| 64 | | Norah Fischer | 8th | Solon MS | 14:57.6 | 9:58 |
| 65 | | Grace Marlin | 7th | Blessed Maria Assunta Pallotta | 15:32.7 | 10:22 |
| 66 | | Meg Dye | 7th | Mount Vernon-Lisbon MS | 16:04.0 | 10:43 |
| 67 | | Lauren Hepker | 7th | Mount Vernon-Lisbon MS | 16:22.2 | 10:55 |
| 68 | | Jocelyn Hendricks | 7th | Solon MS | 16:28.9 | 10:59 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | Total | TT1 Time | Ave Time | Spread |
|-------|-----------------------------|----|----|----|----|----|----|-------|----------|----------|--------|
| 1 | Solon MS | 2 | 3 | 7 | 8 | 9 | 11 | = 20 | 42:30.5 | 10:37.6 | 0:13.2 |
| 2 | Williamsburg MS | 4 | 5 | 6 | 12 | 17 | 21 | = 27 | 42:54.4 | 10:43.6 | 0:33.0 |
| 3 | Benton Community MS | 1 | 10 | 16 | 32 | 33 | | = 59 | 46:20.2 | 11:35.1 | 3:57.5 |
| 4 | Mount Vernon-Lisbon MS | 14 | 15 | 18 | 19 | 22 | 26 | = 66 | 47:30.2 | 11:52.5 | 0:48.9 |
| 5 | Isaac Newton Christian Acad | 13 | 20 | 23 | 24 | | | = 80 | 48:54.4 | 12:13.6 | 1:37.5 |
| 6 | Vinton-Shellsburg MS | 25 | 27 | 28 | 29 | 30 | 31 | = 109 | 52:08.7 | 13:02.2 | 0:25.2 |

Incomplete Teams: Blessed Maria Assunta Pallotta MS

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-------------------|------|--------------------------------|---------|----------|
| 1 | 1 | Jaida Lyons | 8th | Benton Community MS | 9:44.4 | 6:30 |
| 2 | 2 | Gracie Federspiel | 8th | Solon MS | 10:33.0 | 7:02 |
| 3 | 3 | Lydia Hogan | 7th | Solon MS | 10:34.0 | 7:03 |
| 4 | 4 | Shannon Finn | 8th | Williamsburg MS | 10:34.3 | 7:03 |
| 5 | 5 | MacEY Kent | 8th | Williamsburg MS | 10:36.0 | 7:04 |
| 6 | 6 | Reagan McMenomy | 8th | Williamsburg MS | 10:36.8 | 7:05 |
| 7 | 7 | Anna Quillin | 8th | Solon MS | 10:37.3 | 7:05 |
| 8 | 8 | Grace Hoeper | 7th | Solon MS | 10:46.2 | 7:11 |
| 9 | 9 | Ashlyn Williams | 8th | Solon MS | 10:55.3 | 7:17 |
| 10 | 10 | Abby Jones | 7th | Benton Community MS | 11:04.6 | 7:23 |
| 11 | 11 | Sydney Dee | 7th | Solon MS | 11:07.1 | 7:25 |
| 12 | 12 | Zada Buchholtz | 8th | Williamsburg MS | 11:07.3 | 7:25 |
| 13 | 13 | Brooke Groezinger | 7th | Isaac Newton Christian Academy | 11:07.9 | 7:25 |
| 14 | | Mia Duckett | 8th | Solon MS | 11:18.8 | 7:33 |
| 15 | 14 | Sky Rodman | 7th | Mount Vernon-Lisbon MS | 11:24.2 | 7:36 |
| 16 | | Valerie Miller | 7th | Solon MS | 11:25.0 | 7:37 |
| 17 | | Ella Sheeley | 7th | Solon MS | 11:31.2 | 7:41 |
| 18 | 15 | Sierra Snyder | 8th | Mount Vernon-Lisbon MS | 11:42.8 | 7:49 |
| 19 | | Kate Richards | 8th | Solon MS | 11:44.0 | 7:49 |
| 20 | | Rose McAtee | 7th | Solon MS | 11:45.3 | 7:50 |
| 21 | 16 | Rebecca Caldwell | 8th | Benton Community MS | 11:49.4 | 7:53 |
| 22 | | Mia Stahle | 8th | Solon MS | 11:50.2 | 7:53 |
| 23 | 17 | Briley Winegarden | 7th | Williamsburg MS | 11:55.8 | 7:57 |
| 24 | | Kobi Lietz | 7th | Solon MS | 11:59.7 | 8:00 |
| 25 | | Addi Greene | 7th | Solon MS | 12:04.2 | 8:03 |
| 26 | | Silvie Hendricks | 7th | Solon MS | 12:05.1 | 8:03 |
| 27 | | Meg Duster | 8th | Solon MS | 12:06.2 | 8:04 |
| 28 | | Olivia Scott | 7th | Solon MS | 12:07.1 | 8:05 |
| 29 | 18 | Clare Nydegger | 7th | Mount Vernon-Lisbon MS | 12:10.1 | 8:07 |
| 30 | | Peyton Pentico | 8th | Solon MS | 12:12.2 | 8:08 |
| 31 | 19 | Audrey Tucker | 8th | Mount Vernon-Lisbon MS | 12:13.0 | 8:09 |
| 32 | | Grace Yetley | 8th | Solon MS | 12:19.6 | 8:13 |
| 33 | 20 | Rya McFarland | 8th | Isaac Newton Christian Academy | 12:24.9 | 8:17 |
| 34 | 21 | ZoeY Soukup | 7th | Williamsburg MS | 12:28.7 | 8:19 |
| 35 | 22 | Emily Patten | 8th | Mount Vernon-Lisbon MS | 12:29.2 | 8:19 |
| 36 | | Sophia Miles | 7th | Solon MS | 12:30.0 | 8:20 |
| 37 | 23 | Eva Ford | 8th | Isaac Newton Christian Academy | 12:36.3 | 8:24 |
| 38 | | Tatum Holtkamp | 8th | Solon MS | 12:41.0 | 8:27 |
| 39 | | Olivia Bonnema | 7th | Solon MS | 12:43.3 | 8:29 |
| 40 | 24 | Keira Richmond | 7th | Isaac Newton Christian Academy | 12:45.4 | 8:30 |
| 41 | 25 | Olivia Primrose | 7th | Vinton-Shellsburg MS | 12:46.2 | 8:31 |
| 42 | | Farrah Hendricks | 7th | Solon MS | 12:48.0 | 8:32 |
| 43 | | Kara Vedepo | 7th | Solon MS | 12:48.5 | 8:32 |
| 44 | 26 | Kylie Pyatt | 8th | Mount Vernon-Lisbon MS | 12:49.9 | 8:33 |
| 45 | | Renee Vig | 7th | Mount Vernon-Lisbon MS | 12:52.3 | 8:35 |
| 46 | 27 | Aliza Brummer | 8th | Vinton-Shellsburg MS | 13:04.5 | 8:43 |
| 47 | 28 | McKenna Kingsbury | 8th | Vinton-Shellsburg MS | 13:06.6 | 8:44 |
| 48 | | Abby Batey | 7th | Williamsburg MS | 13:10.7 | 8:47 |
| 49 | 29 | Addy Chvala | 7th | Vinton-Shellsburg MS | 13:11.4 | 8:48 |
| 50 | 30 | Klarisa Kerkman | 8th | Vinton-Shellsburg MS | 13:17.1 | 8:51 |
| 51 | | Anna Vavricek | 8th | Mount Vernon-Lisbon MS | 13:19.9 | 8:53 |
| 52 | 31 | Albijona Tafa | 8th | Vinton-Shellsburg MS | 13:22.9 | 8:55 |
| 53 | | Mya Rivera | 8th | Williamsburg MS | 13:25.8 | 8:57 |
| 54 | | Gretchen Marcy | 8th | Solon MS | 13:26.8 | 8:58 |
| 55 | | Tori Elwick | 8th | Vinton-Shellsburg MS | 13:29.0 | 8:59 |
| 56 | | Chloe Mossman | 7th | Vinton-Shellsburg MS | 13:32.1 | 9:01 |
| 57 | 32 | Jessa Demoss | 8th | Benton Community MS | 13:41.9 | 9:08 |
| 58 | | Rachel Rollinger | 8th | Vinton-Shellsburg MS | 13:53.1 | 9:15 |
| 59 | | Lillian Bishop | 8th | Mount Vernon-Lisbon MS | 14:05.0 | 9:23 |
| 60 | | Avery Mann | 8th | Solon MS | 14:10.8 | 9:27 |
| 61 | | Kassidy Lietz | 8th | Solon MS | 14:13.7 | 9:29 |
| 62 | | Sammie Parsons | 7th | Williamsburg MS | 14:23.4 | 9:36 |
| 63 | | Molly Thomas | 7th | Williamsburg MS | 14:36.9 | 9:45 |
| 64 | | Norah Fischer | 8th | Solon MS | 14:57.6 | 9:58 |
| 65 | | Grace Marlin | 7th | Blessed Maria Assunta Pallotta | 15:32.7 | 10:22 |
| 66 | | Meg Dye | 7th | Mount Vernon-Lisbon MS | 16:04.0 | 10:43 |
| 67 | | Lauren Hepker | 7th | Mount Vernon-Lisbon MS | 16:22.2 | 10:55 |
| 68 | | Jocelyn Hendricks | 7th | Solon MS | 16:28.9 | 10:59 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | Total | TT1 Time | Ave Time | Spread |
|-------|-----------------------------|----|----|----|----|----|----|-------|----------|----------|--------|
| 1 | Solon MS | 2 | 3 | 7 | 8 | 9 | 11 | = 20 | 42:30.5 | 10:37.6 | 0:13.2 |
| 2 | Williamsburg MS | 4 | 5 | 6 | 12 | 17 | 21 | = 27 | 42:54.4 | 10:43.6 | 0:33.0 |
| 3 | Benton Community MS | 1 | 10 | 16 | 32 | 33 | | = 59 | 46:20.2 | 11:35.1 | 3:57.5 |
| 4 | Mount Vernon-Lisbon MS | 14 | 15 | 18 | 19 | 22 | 26 | = 66 | 47:30.2 | 11:52.5 | 0:48.9 |
| 5 | Isaac Newton Christian Acad | 13 | 20 | 23 | 24 | | | = 80 | 48:54.4 | 12:13.6 | 1:37.5 |
| 6 | Vinton-Shellsburg MS | 25 | 27 | 28 | 29 | 30 | 31 | = 109 | 52:08.7 | 13:02.2 | 0:25.2 |

Incomplete Teams: Blessed Maria Assunta Pallotta MS

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-------------------|------|--------------------------------|---------|----------|
| 1 | 1 | Jaida Lyons | 8th | Benton Community MS | 9:44.4 | 6:30 |
| 2 | 2 | Gracie Federspiel | 8th | Solon MS | 10:33.0 | 7:02 |
| 3 | 3 | Lydia Hogan | 7th | Solon MS | 10:34.0 | 7:03 |
| 4 | 4 | Shannon Finn | 8th | Williamsburg MS | 10:34.3 | 7:03 |
| 5 | 5 | MacEY Kent | 8th | Williamsburg MS | 10:36.0 | 7:04 |
| 6 | 6 | Reagan McMenomy | 8th | Williamsburg MS | 10:36.8 | 7:05 |
| 7 | 7 | Anna Quillin | 8th | Solon MS | 10:37.3 | 7:05 |
| 8 | 8 | Grace Hoeper | 7th | Solon MS | 10:46.2 | 7:11 |
| 9 | 9 | Ashlyn Williams | 8th | Solon MS | 10:55.3 | 7:17 |
| 10 | 10 | Abby Jones | 7th | Benton Community MS | 11:04.6 | 7:23 |
| 11 | 11 | Sydney Dee | 7th | Solon MS | 11:07.1 | 7:25 |
| 12 | 12 | Zada Buchholtz | 8th | Williamsburg MS | 11:07.3 | 7:25 |
| 13 | 13 | Brooke Groezinger | 7th | Isaac Newton Christian Academy | 11:07.9 | 7:25 |
| 14 | | Mia Duckett | 8th | Solon MS | 11:18.8 | 7:33 |
| 15 | 14 | Sky Rodman | 7th | Mount Vernon-Lisbon MS | 11:24.2 | 7:36 |
| 16 | | Valerie Miller | 7th | Solon MS | 11:25.0 | 7:37 |
| 17 | | Ella Sheeley | 7th | Solon MS | 11:31.2 | 7:41 |
| 18 | 15 | Sierra Snyder | 8th | Mount Vernon-Lisbon MS | 11:42.8 | 7:49 |
| 19 | | Kate Richards | 8th | Solon MS | 11:44.0 | 7:49 |
| 20 | | Rose McAtee | 7th | Solon MS | 11:45.3 | 7:50 |
| 21 | 16 | Rebecca Caldwell | 8th | Benton Community MS | 11:49.4 | 7:53 |
| 22 | | Mia Stahle | 8th | Solon MS | 11:50.2 | 7:53 |
| 23 | 17 | Briley Winegarden | 7th | Williamsburg MS | 11:55.8 | 7:57 |
| 24 | | Kobi Lietz | 7th | Solon MS | 11:59.7 | 8:00 |
| 25 | | Addi Greene | 7th | Solon MS | 12:04.2 | 8:03 |
| 26 | | Silvie Hendricks | 7th | Solon MS | 12:05.1 | 8:03 |
| 27 | | Meg Duster | 8th | Solon MS | 12:06.2 | 8:04 |
| 28 | | Olivia Scott | 7th | Solon MS | 12:07.1 | 8:05 |
| 29 | 18 | Clare Nydegger | 7th | Mount Vernon-Lisbon MS | 12:10.1 | 8:07 |
| 30 | | Peyton Pentico | 8th | Solon MS | 12:12.2 | 8:08 |
| 31 | 19 | Audrey Tucker | 8th | Mount Vernon-Lisbon MS | 12:13.0 | 8:09 |
| 32 | | Grace Yetley | 8th | Solon MS | 12:19.6 | 8:13 |
| 33 | 20 | Rya McFarland | 8th | Isaac Newton Christian Academy | 12:24.9 | 8:17 |
| 34 | 21 | ZoeY Soukup | 7th | Williamsburg MS | 12:28.7 | 8:19 |
| 35 | 22 | Emily Patten | 8th | Mount Vernon-Lisbon MS | 12:29.2 | 8:19 |
| 36 | | Sophia Miles | 7th | Solon MS | 12:30.0 | 8:20 |
| 37 | 23 | Eva Ford | 8th | Isaac Newton Christian Academy | 12:36.3 | 8:24 |
| 38 | | Tatum Holtkamp | 8th | Solon MS | 12:41.0 | 8:27 |
| 39 | | Olivia Bonnema | 7th | Solon MS | 12:43.3 | 8:29 |
| 40 | 24 | Keira Richmond | 7th | Isaac Newton Christian Academy | 12:45.4 | 8:30 |
| 41 | 25 | Olivia Primrose | 7th | Vinton-Shellsburg MS | 12:46.2 | 8:31 |
| 42 | | Farrah Hendricks | 7th | Solon MS | 12:48.0 | 8:32 |
| 43 | | Kara Vedepo | 7th | Solon MS | 12:48.5 | 8:32 |
| 44 | 26 | Kylie Pyatt | 8th | Mount Vernon-Lisbon MS | 12:49.9 | 8:33 |
| 45 | | Renee Vig | 7th | Mount Vernon-Lisbon MS | 12:52.3 | 8:35 |
| 46 | 27 | Aliza Brummer | 8th | Vinton-Shellsburg MS | 13:04.5 | 8:43 |
| 47 | 28 | McKenna Kingsbury | 8th | Vinton-Shellsburg MS | 13:06.6 | 8:44 |
| 48 | | Abby Batey | 7th | Williamsburg MS | 13:10.7 | 8:47 |
| 49 | 29 | Addy Chvala | 7th | Vinton-Shellsburg MS | 13:11.4 | 8:48 |
| 50 | 30 | Klarisa Kerkman | 8th | Vinton-Shellsburg MS | 13:17.1 | 8:51 |
| 51 | | Anna Vavricek | 8th | Mount Vernon-Lisbon MS | 13:19.9 | 8:53 |
| 52 | 31 | Albijona Tafa | 8th | Vinton-Shellsburg MS | 13:22.9 | 8:55 |
| 53 | | Mya Rivera | 8th | Williamsburg MS | 13:25.8 | 8:57 |
| 54 | | Gretchen Marcy | 8th | Solon MS | 13:26.8 | 8:58 |
| 55 | | Tori Elwick | 8th | Vinton-Shellsburg MS | 13:29.0 | 8:59 |
| 56 | | Chloe Mossman | 7th | Vinton-Shellsburg MS | 13:32.1 | 9:01 |
| 57 | 32 | Jessa Demoss | 8th | Benton Community MS | 13:41.9 | 9:08 |
| 58 | | Rachel Rollinger | 8th | Vinton-Shellsburg MS | 13:53.1 | 9:15 |
| 59 | | Lillian Bishop | 8th | Mount Vernon-Lisbon MS | 14:05.0 | 9:23 |
| 60 | | Avery Mann | 8th | Solon MS | 14:10.8 | 9:27 |
| 61 | | Kassidy Lietz | 8th | Solon MS | 14:13.7 | 9:29 |
| 62 | | Sammie Parsons | 7th | Williamsburg MS | 14:23.4 | 9:36 |
| 63 | | Molly Thomas | 7th | Williamsburg MS | 14:36.9 | 9:45 |
| 64 | | Norah Fischer | 8th | Solon MS | 14:57.6 | 9:58 |
| 65 | | Grace Marlin | 7th | Blessed Maria Assunta Pallotta | 15:32.7 | 10:22 |
| 66 | | Meg Dye | 7th | Mount Vernon-Lisbon MS | 16:04.0 | 10:43 |
| 67 | | Lauren Hepker | 7th | Mount Vernon-Lisbon MS | 16:22.2 | 10:55 |
| 68 | | Jocelyn Hendricks | 7th | Solon MS | 16:28.9 | 10:59 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | Total | TT1 Time | Ave Time | Spread |
|-------|-----------------------------|----|----|----|----|----|----|-------|----------|----------|--------|
| 1 | Solon MS | 2 | 3 | 7 | 8 | 9 | 11 | = 20 | 42:30.5 | 10:37.6 | 0:13.2 |
| 2 | Williamsburg MS | 4 | 5 | 6 | 12 | 17 | 21 | = 27 | 42:54.4 | 10:43.6 | 0:33.0 |
| 3 | Benton Community MS | 1 | 10 | 16 | 32 | 33 | | = 59 | 46:20.2 | 11:35.1 | 3:57.5 |
| 4 | Mount Vernon-Lisbon MS | 14 | 15 | 18 | 19 | 22 | 26 | = 66 | 47:30.2 | 11:52.5 | 0:48.9 |
| 5 | Isaac Newton Christian Acad | 13 | 20 | 23 | 24 | | | = 80 | 48:54.4 | 12:13.6 | 1:37.5 |
| 6 | Vinton-Shellsburg MS | 25 | 27 | 28 | 29 | 30 | 31 | = 109 | 52:08.7 | 13:02.2 | 0:25.2 |

Incomplete Teams: Blessed Maria Assunta Pallotta MS

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-------------------|------|--------------------------------|---------|----------|
| 1 | 1 | Jaida Lyons | 8th | Benton Community MS | 9:44.4 | 6:30 |
| 2 | 2 | Gracie Federspiel | 8th | Solon MS | 10:33.0 | 7:02 |
| 3 | 3 | Lydia Hogan | 7th | Solon MS | 10:34.0 | 7:03 |
| 4 | 4 | Shannon Finn | 8th | Williamsburg MS | 10:34.3 | 7:03 |
| 5 | 5 | MacEY Kent | 8th | Williamsburg MS | 10:36.0 | 7:04 |
| 6 | 6 | Reagan McMenomy | 8th | Williamsburg MS | 10:36.8 | 7:05 |
| 7 | 7 | Anna Quillin | 8th | Solon MS | 10:37.3 | 7:05 |
| 8 | 8 | Grace Hoeper | 7th | Solon MS | 10:46.2 | 7:11 |
| 9 | 9 | Ashlyn Williams | 8th | Solon MS | 10:55.3 | 7:17 |
| 10 | 10 | Abby Jones | 7th | Benton Community MS | 11:04.6 | 7:23 |
| 11 | 11 | Sydney Dee | 7th | Solon MS | 11:07.1 | 7:25 |
| 12 | 12 | Zada Buchholtz | 8th | Williamsburg MS | 11:07.3 | 7:25 |
| 13 | 13 | Brooke Groezinger | 7th | Isaac Newton Christian Academy | 11:07.9 | 7:25 |
| 14 | | Mia Duckett | 8th | Solon MS | 11:18.8 | 7:33 |
| 15 | 14 | Sky Rodman | 7th | Mount Vernon-Lisbon MS | 11:24.2 | 7:36 |
| 16 | | Valerie Miller | 7th | Solon MS | 11:25.0 | 7:37 |
| 17 | | Ella Sheeley | 7th | Solon MS | 11:31.2 | 7:41 |
| 18 | 15 | Sierra Snyder | 8th | Mount Vernon-Lisbon MS | 11:42.8 | 7:49 |
| 19 | | Kate Richards | 8th | Solon MS | 11:44.0 | 7:49 |
| 20 | | Rose McAtee | 7th | Solon MS | 11:45.3 | 7:50 |
| 21 | 16 | Rebecca Caldwell | 8th | Benton Community MS | 11:49.4 | 7:53 |
| 22 | | Mia Stahle | 8th | Solon MS | 11:50.2 | 7:53 |
| 23 | 17 | Briley Winegarden | 7th | Williamsburg MS | 11:55.8 | 7:57 |
| 24 | | Kobi Lietz | 7th | Solon MS | 11:59.7 | 8:00 |
| 25 | | Addi Greene | 7th | Solon MS | 12:04.2 | 8:03 |
| 26 | | Silvie Hendricks | 7th | Solon MS | 12:05.1 | 8:03 |
| 27 | | Meg Duster | 8th | Solon MS | 12:06.2 | 8:04 |
| 28 | | Olivia Scott | 7th | Solon MS | 12:07.1 | 8:05 |
| 29 | 18 | Clare Nydegger | 7th | Mount Vernon-Lisbon MS | 12:10.1 | 8:07 |
| 30 | | Peyton Pentico | 8th | Solon MS | 12:12.2 | 8:08 |
| 31 | 19 | Audrey Tucker | 8th | Mount Vernon-Lisbon MS | 12:13.0 | 8:09 |
| 32 | | Grace Yetley | 8th | Solon MS | 12:19.6 | 8:13 |
| 33 | 20 | Rya McFarland | 8th | Isaac Newton Christian Academy | 12:24.9 | 8:17 |
| 34 | 21 | ZoeY Soukup | 7th | Williamsburg MS | 12:28.7 | 8:19 |
| 35 | 22 | Emily Patten | 8th | Mount Vernon-Lisbon MS | 12:29.2 | 8:19 |
| 36 | | Sophia Miles | 7th | Solon MS | 12:30.0 | 8:20 |
| 37 | 23 | Eva Ford | 8th | Isaac Newton Christian Academy | 12:36.3 | 8:24 |
| 38 | | Tatum Holtkamp | 8th | Solon MS | 12:41.0 | 8:27 |
| 39 | | Olivia Bonnema | 7th | Solon MS | 12:43.3 | 8:29 |
| 40 | 24 | Keira Richmond | 7th | Isaac Newton Christian Academy | 12:45.4 | 8:30 |
| 41 | 25 | Olivia Primrose | 7th | Vinton-Shellsburg MS | 12:46.2 | 8:31 |
| 42 | | Farrah Hendricks | 7th | Solon MS | 12:48.0 | 8:32 |
| 43 | | Kara Vedepo | 7th | Solon MS | 12:48.5 | 8:32 |
| 44 | 26 | Kylie Pyatt | 8th | Mount Vernon-Lisbon MS | 12:49.9 | 8:33 |
| 45 | | Renee Vig | 7th | Mount Vernon-Lisbon MS | 12:52.3 | 8:35 |
| 46 | 27 | Aliza Brummer | 8th | Vinton-Shellsburg MS | 13:04.5 | 8:43 |
| 47 | 28 | McKenna Kingsbury | 8th | Vinton-Shellsburg MS | 13:06.6 | 8:44 |
| 48 | | Abby Batey | 7th | Williamsburg MS | 13:10.7 | 8:47 |
| 49 | 29 | Addy Chvala | 7th | Vinton-Shellsburg MS | 13:11.4 | 8:48 |
| 50 | 30 | Klarisa Kerkman | 8th | Vinton-Shellsburg MS | 13:17.1 | 8:51 |
| 51 | | Anna Vavricek | 8th | Mount Vernon-Lisbon MS | 13:19.9 | 8:53 |
| 52 | 31 | Albijona Tafa | 8th | Vinton-Shellsburg MS | 13:22.9 | 8:55 |
| 53 | | Mya Rivera | 8th | Williamsburg MS | 13:25.8 | 8:57 |
| 54 | | Gretchen Marcy | 8th | Solon MS | 13:26.8 | 8:58 |
| 55 | | Tori Elwick | 8th | Vinton-Shellsburg MS | 13:29.0 | 8:59 |
| 56 | | Chloe Mossman | 7th | Vinton-Shellsburg MS | 13:32.1 | 9:01 |
| 57 | 32 | Jessa Demoss | 8th | Benton Community MS | 13:41.9 | 9:08 |
| 58 | | Rachel Rollinger | 8th | Vinton-Shellsburg MS | 13:53.1 | 9:15 |
| 59 | | Lillian Bishop | 8th | Mount Vernon-Lisbon MS | 14:05.0 | 9:23 |
| 60 | | Avery Mann | 8th | Solon MS | 14:10.8 | 9:27 |
| 61 | | Kassidy Lietz | 8th | Solon MS | 14:13.7 | 9:29 |
| 62 | | Sammie Parsons | 7th | Williamsburg MS | 14:23.4 | 9:36 |
| 63 | | Molly Thomas | 7th | Williamsburg MS | 14:36.9 | 9:45 |
| 64 | | Norah Fischer | 8th | Solon MS | 14:57.6 | 9:58 |
| 65 | | Grace Marlin | 7th | Blessed Maria Assunta Pallotta | 15:32.7 | 10:22 |
| 66 | | Meg Dye | 7th | Mount Vernon-Lisbon MS | 16:04.0 | 10:43 |
| 67 | | Lauren Hepker | 7th | Mount Vernon-Lisbon MS | 16:22.2 | 10:55 |
| 68 | | Jocelyn Hendricks | 7th | Solon MS | 16:28.9 | 10:59 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | Total | TT1 Time | Ave Time | Spread |
|-------|-----------------------------|----|----|----|----|----|----|-------|----------|----------|--------|
| 1 | Solon MS | 2 | 3 | 7 | 8 | 9 | 11 | = 20 | 42:30.5 | 10:37.6 | 0:13.2 |
| 2 | Williamsburg MS | 4 | 5 | 6 | 12 | 17 | 21 | = 27 | 42:54.4 | 10:43.6 | 0:33.0 |
| 3 | Benton Community MS | 1 | 10 | 16 | 32 | 33 | | = 59 | 46:20.2 | 11:35.1 | 3:57.5 |
| 4 | Mount Vernon-Lisbon MS | 14 | 15 | 18 | 19 | 22 | 26 | = 66 | 47:30.2 | 11:52.5 | 0:48.9 |
| 5 | Isaac Newton Christian Acad | 13 | 20 | 23 | 24 | | | = 80 | 48:54.4 | 12:13.6 | 1:37.5 |
| 6 | Vinton-Shellsburg MS | 25 | 27 | 28 | 29 | 30 | 31 | = 109 | 52:08.7 | 13:02.2 | 0:25.2 |

Incomplete Teams: Blessed Maria Assunta Pallotta MS

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-------------------|------|--------------------------------|---------|----------|
| 1 | 1 | Jaida Lyons | 8th | Benton Community MS | 9:44.4 | 6:30 |
| 2 | 2 | Gracie Federspiel | 8th | Solon MS | 10:33.0 | 7:02 |
| 3 | 3 | Lydia Hogan | 7th | Solon MS | 10:34.0 | 7:03 |
| 4 | 4 | Shannon Finn | 8th | Williamsburg MS | 10:34.3 | 7:03 |
| 5 | 5 | MacEY Kent | 8th | Williamsburg MS | 10:36.0 | 7:04 |
| 6 | 6 | Reagan McMenomy | 8th | Williamsburg MS | 10:36.8 | 7:05 |
| 7 | 7 | Anna Quillin | 8th | Solon MS | 10:37.3 | 7:05 |
| 8 | 8 | Grace Hoeper | 7th | Solon MS | 10:46.2 | 7:11 |
| 9 | 9 | Ashlyn Williams | 8th | Solon MS | 10:55.3 | 7:17 |
| 10 | 10 | Abby Jones | 7th | Benton Community MS | 11:04.6 | 7:23 |
| 11 | 11 | Sydney Dee | 7th | Solon MS | 11:07.1 | 7:25 |
| 12 | 12 | Zada Buchholtz | 8th | Williamsburg MS | 11:07.3 | 7:25 |
| 13 | 13 | Brooke Groezinger | 7th | Isaac Newton Christian Academy | 11:07.9 | 7:25 |
| 14 | | Mia Duckett | 8th | Solon MS | 11:18.8 | 7:33 |
| 15 | 14 | Sky Rodman | 7th | Mount Vernon-Lisbon MS | 11:24.2 | 7:36 |
| 16 | | Valerie Miller | 7th | Solon MS | 11:25.0 | 7:37 |
| 17 | | Ella Sheeley | 7th | Solon MS | 11:31.2 | 7:41 |
| 18 | 15 | Sierra Snyder | 8th | Mount Vernon-Lisbon MS | 11:42.8 | 7:49 |
| 19 | | Kate Richards | 8th | Solon MS | 11:44.0 | 7:49 |
| 20 | | Rose McAtee | 7th | Solon MS | 11:45.3 | 7:50 |
| 21 | 16 | Rebecca Caldwell | 8th | Benton Community MS | 11:49.4 | 7:53 |
| 22 | | Mia Stahle | 8th | Solon MS | 11:50.2 | 7:53 |
| 23 | 17 | Briley Winegarden | 7th | Williamsburg MS | 11:55.8 | 7:57 |
| 24 | | Kobi Lietz | 7th | Solon MS | 11:59.7 | 8:00 |
| 25 | | Addi Greene | 7th | Solon MS | 12:04.2 | 8:03 |
| 26 | | Silvie Hendricks | 7th | Solon MS | 12:05.1 | 8:03 |
| 27 | | Meg Duster | 8th | Solon MS | 12:06.2 | 8:04 |
| 28 | | Olivia Scott | 7th | Solon MS | 12:07.1 | 8:05 |
| 29 | 18 | Clare Nydegger | 7th | Mount Vernon-Lisbon MS | 12:10.1 | 8:07 |
| 30 | | Peyton Pentico | 8th | Solon MS | 12:12.2 | 8:08 |
| 31 | 19 | Audrey Tucker | 8th | Mount Vernon-Lisbon MS | 12:13.0 | 8:09 |
| 32 | | Grace Yetley | 8th | Solon MS | 12:19.6 | 8:13 |
| 33 | 20 | Rya McFarland | 8th | Isaac Newton Christian Academy | 12:24.9 | 8:17 |
| 34 | 21 | ZoeY Soukup | 7th | Williamsburg MS | 12:28.7 | 8:19 |
| 35 | 22 | Emily Patten | 8th | Mount Vernon-Lisbon MS | 12:29.2 | 8:19 |
| 36 | | Sophia Miles | 7th | Solon MS | 12:30.0 | 8:20 |
| 37 | 23 | Eva Ford | 8th | Isaac Newton Christian Academy | 12:36.3 | 8:24 |
| 38 | | Tatum Holtkamp | 8th | Solon MS | 12:41.0 | 8:27 |
| 39 | | Olivia Bonnema | 7th | Solon MS | 12:43.3 | 8:29 |
| 40 | 24 | Keira Richmond | 7th | Isaac Newton Christian Academy | 12:45.4 | 8:30 |
| 41 | 25 | Olivia Primrose | 7th | Vinton-Shellsburg MS | 12:46.2 | 8:31 |
| 42 | | Farrah Hendricks | 7th | Solon MS | 12:48.0 | 8:32 |
| 43 | | Kara Vedepo | 7th | Solon MS | 12:48.5 | 8:32 |
| 44 | 26 | Kylie Pyatt | 8th | Mount Vernon-Lisbon MS | 12:49.9 | 8:33 |
| 45 | | Renee Vig | 7th | Mount Vernon-Lisbon MS | 12:52.3 | 8:35 |
| 46 | 27 | Aliza Brummer | 8th | Vinton-Shellsburg MS | 13:04.5 | 8:43 |
| 47 | 28 | McKenna Kingsbury | 8th | Vinton-Shellsburg MS | 13:06.6 | 8:44 |
| 48 | | Abby Batey | 7th | Williamsburg MS | 13:10.7 | 8:47 |
| 49 | 29 | Addy Chvala | 7th | Vinton-Shellsburg MS | 13:11.4 | 8:48 |
| 50 | 30 | Klarisa Kerkman | 8th | Vinton-Shellsburg MS | 13:17.1 | 8:51 |
| 51 | | Anna Vavricek | 8th | Mount Vernon-Lisbon MS | 13:19.9 | 8:53 |
| 52 | 31 | Albijona Tafa | 8th | Vinton-Shellsburg MS | 13:22.9 | 8:55 |
| 53 | | Mya Rivera | 8th | Williamsburg MS | 13:25.8 | 8:57 |
| 54 | | Gretchen Marcy | 8th | Solon MS | 13:26.8 | 8:58 |
| 55 | | Tori Elwick | 8th | Vinton-Shellsburg MS | 13:29.0 | 8:59 |
| 56 | | Chloe Mossman | 7th | Vinton-Shellsburg MS | 13:32.1 | 9:01 |
| 57 | 32 | Jessa Demoss | 8th | Benton Community MS | 13:41.9 | 9:08 |
| 58 | | Rachel Rollinger | 8th | Vinton-Shellsburg MS | 13:53.1 | 9:15 |
| 59 | | Lillian Bishop | 8th | Mount Vernon-Lisbon MS | 14:05.0 | 9:23 |
| 60 | | Avery Mann | 8th | Solon MS | 14:10.8 | 9:27 |
| 61 | | Kassidy Lietz | 8th | Solon MS | 14:13.7 | 9:29 |
| 62 | | Sammie Parsons | 7th | Williamsburg MS | 14:23.4 | 9:36 |
| 63 | | Molly Thomas | 7th | Williamsburg MS | 14:36.9 | 9:45 |
| 64 | | Norah Fischer | 8th | Solon MS | 14:57.6 | 9:58 |
| 65 | | Grace Marlin | 7th | Blessed Maria Assunta Pallotta | 15:32.7 | 10:22 |
| 66 | | Meg Dye | 7th | Mount Vernon-Lisbon MS | 16:04.0 | 10:43 |
| 67 | | Lauren Hepker | 7th | Mount Vernon-Lisbon MS | 16:22.2 | 10:55 |
| 68 | | Jocelyn Hendricks | 7th | Solon MS | 16:28.9 | 10:59 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | Total | TT1 Time | Ave Time | Spread |
|-------|-----------------------------|----|----|----|----|----|----|-------|----------|----------|--------|
| 1 | Solon MS | 2 | 3 | 7 | 8 | 9 | 11 | = 20 | 42:30.5 | 10:37.6 | 0:13.2 |
| 2 | Williamsburg MS | 4 | 5 | 6 | 12 | 17 | 21 | = 27 | 42:54.4 | 10:43.6 | 0:33.0 |
| 3 | Benton Community MS | 1 | 10 | 16 | 32 | 33 | | = 59 | 46:20.2 | 11:35.1 | 3:57.5 |
| 4 | Mount Vernon-Lisbon MS | 14 | 15 | 18 | 19 | 22 | 26 | = 66 | 47:30.2 | 11:52.5 | 0:48.9 |
| 5 | Isaac Newton Christian Acad | 13 | 20 | 23 | 24 | | | = 80 | 48:54.4 | 12:13.6 | 1:37.5 |
| 6 | Vinton-Shellsburg MS | 25 | 27 | 28 | 29 | 30 | 31 | = 109 | 52:08.7 | 13:02.2 | 0:25.2 |

Incomplete Teams: Blessed Maria Assunta Pallotta MS

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-------------------|------|--------------------------------|---------|----------|
| 1 | 1 | Jaida Lyons | 8th | Benton Community MS | 9:44.4 | 6:30 |
| 2 | 2 | Gracie Federspiel | 8th | Solon MS | 10:33.0 | 7:02 |
| 3 | 3 | Lydia Hogan | 7th | Solon MS | 10:34.0 | 7:03 |
| 4 | 4 | Shannon Finn | 8th | Williamsburg MS | 10:34.3 | 7:03 |
| 5 | 5 | MacEY Kent | 8th | Williamsburg MS | 10:36.0 | 7:04 |
| 6 | 6 | Reagan McMenomy | 8th | Williamsburg MS | 10:36.8 | 7:05 |
| 7 | 7 | Anna Quillin | 8th | Solon MS | 10:37.3 | 7:05 |
| 8 | 8 | Grace Hoeper | 7th | Solon MS | 10:46.2 | 7:11 |
| 9 | 9 | Ashlyn Williams | 8th | Solon MS | 10:55.3 | 7:17 |
| 10 | 10 | Abby Jones | 7th | Benton Community MS | 11:04.6 | 7:23 |
| 11 | 11 | Sydney Dee | 7th | Solon MS | 11:07.1 | 7:25 |
| 12 | 12 | Zada Buchholtz | 8th | Williamsburg MS | 11:07.3 | 7:25 |
| 13 | 13 | Brooke Groezinger | 7th | Isaac Newton Christian Academy | 11:07.9 | 7:25 |
| 14 | | Mia Duckett | 8th | Solon MS | 11:18.8 | 7:33 |
| 15 | 14 | Sky Rodman | 7th | Mount Vernon-Lisbon MS | 11:24.2 | 7:36 |
| 16 | | Valerie Miller | 7th | Solon MS | 11:25.0 | 7:37 |
| 17 | | Ella Sheeley | 7th | Solon MS | 11:31.2 | 7:41 |
| 18 | 15 | Sierra Snyder | 8th | Mount Vernon-Lisbon MS | 11:42.8 | 7:49 |
| 19 | | Kate Richards | 8th | Solon MS | 11:44.0 | 7:49 |
| 20 | | Rose McAtee | 7th | Solon MS | 11:45.3 | 7:50 |
| 21 | 16 | Rebecca Caldwell | 8th | Benton Community MS | 11:49.4 | 7:53 |
| 22 | | Mia Stahle | 8th | Solon MS | 11:50.2 | 7:53 |
| 23 | 17 | Briley Winegarden | 7th | Williamsburg MS | 11:55.8 | 7:57 |
| 24 | | Kobi Lietz | 7th | Solon MS | 11:59.7 | 8:00 |
| 25 | | Addi Greene | 7th | Solon MS | 12:04.2 | 8:03 |
| 26 | | Silvie Hendricks | 7th | Solon MS | 12:05.1 | 8:03 |
| 27 | | Meg Duster | 8th | Solon MS | 12:06.2 | 8:04 |
| 28 | | Olivia Scott | 7th | Solon MS | 12:07.1 | 8:05 |
| 29 | 18 | Clare Nydegger | 7th | Mount Vernon-Lisbon MS | 12:10.1 | 8:07 |
| 30 | | Peyton Pentico | 8th | Solon MS | 12:12.2 | 8:08 |
| 31 | 19 | Audrey Tucker | 8th | Mount Vernon-Lisbon MS | 12:13.0 | 8:09 |
| 32 | | Grace Yetley | 8th | Solon MS | 12:19.6 | 8:13 |
| 33 | 20 | Rya McFarland | 8th | Isaac Newton Christian Academy | 12:24.9 | 8:17 |
| 34 | 21 | ZoeY Soukup | 7th | Williamsburg MS | 12:28.7 | 8:19 |
| 35 | 22 | Emily Patten | 8th | Mount Vernon-Lisbon MS | 12:29.2 | 8:19 |
| 36 | | Sophia Miles | 7th | Solon MS | 12:30.0 | 8:20 |
| 37 | 23 | Eva Ford | 8th | Isaac Newton Christian Academy | 12:36.3 | 8:24 |
| 38 | | Tatum Holtkamp | 8th | Solon MS | 12:41.0 | 8:27 |
| 39 | | Olivia Bonnema | 7th | Solon MS | 12:43.3 | 8:29 |
| 40 | 24 | Keira Richmond | 7th | Isaac Newton Christian Academy | 12:45.4 | 8:30 |
| 41 | 25 | Olivia Primrose | 7th | Vinton-Shellsburg MS | 12:46.2 | 8:31 |
| 42 | | Farrah Hendricks | 7th | Solon MS | 12:48.0 | 8:32 |
| 43 | | Kara Vedepo | 7th | Solon MS | 12:48.5 | 8:32 |
| 44 | 26 | Kylie Pyatt | 8th | Mount Vernon-Lisbon MS | 12:49.9 | 8:33 |
| 45 | | Renee Vig | 7th | Mount Vernon-Lisbon MS | 12:52.3 | 8:35 |
| 46 | 27 | Aliza Brummer | 8th | Vinton-Shellsburg MS | 13:04.5 | 8:43 |
| 47 | 28 | McKenna Kingsbury | 8th | Vinton-Shellsburg MS | 13:06.6 | 8:44 |
| 48 | | Abby Batey | 7th | Williamsburg MS | 13:10.7 | 8:47 |
| 49 | 29 | Addy Chvala | 7th | Vinton-Shellsburg MS | 13:11.4 | 8:48 |
| 50 | 30 | Klarisa Kerkman | 8th | Vinton-Shellsburg MS | 13:17.1 | 8:51 |
| 51 | | Anna Vavricek | 8th | Mount Vernon-Lisbon MS | 13:19.9 | 8:53 |
| 52 | 31 | Albijona Tafa | 8th | Vinton-Shellsburg MS | 13:22.9 | 8:55 |
| 53 | | Mya Rivera | 8th | Williamsburg MS | 13:25.8 | 8:57 |
| 54 | | Gretchen Marcy | 8th | Solon MS | 13:26.8 | 8:58 |
| 55 | | Tori Elwick | 8th | Vinton-Shellsburg MS | 13:29.0 | 8:59 |
| 56 | | Chloe Mossman | 7th | Vinton-Shellsburg MS | 13:32.1 | 9:01 |
| 57 | 32 | Jessa Demoss | 8th | Benton Community MS | 13:41.9 | 9:08 |
| 58 | | Rachel Rollinger | 8th | Vinton-Shellsburg MS | 13:53.1 | 9:15 |
| 59 | | Lillian Bishop | 8th | Mount Vernon-Lisbon MS | 14:05.0 | 9:23 |
| 60 | | Avery Mann | 8th | Solon MS | 14:10.8 | 9:27 |
| 61 | | Kassidy Lietz | 8th | Solon MS | 14:13.7 | 9:29 |
| 62 | | Sammie Parsons | 7th | Williamsburg MS | 14:23.4 | 9:36 |
| 63 | | Molly Thomas | 7th | Williamsburg MS | 14:36.9 | 9:45 |
| 64 | | Norah Fischer | 8th | Solon MS | 14:57.6 | 9:58 |
| 65 | | Grace Marlin | 7th | Blessed Maria Assunta Pallotta | 15:32.7 | 10:22 |
| 66 | | Meg Dye | 7th | Mount Vernon-Lisbon MS | 16:04.0 | 10:43 |
| 67 | | Lauren Hepker | 7th | Mount Vernon-Lisbon MS | 16:22.2 | 10:55 |
| 68 | | Jocelyn Hendricks | 7th | Solon MS | 16:28.9 | 10:59 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | Total | TT1 Time | Ave Time | Spread |
|-------|-----------------------------|----|----|----|----|----|----|-------|----------|----------|--------|
| 1 | Solon MS | 2 | 3 | 7 | 8 | 9 | 11 | = 20 | 42:30.5 | 10:37.6 | 0:13.2 |
| 2 | Williamsburg MS | 4 | 5 | 6 | 12 | 17 | 21 | = 27 | 42:54.4 | 10:43.6 | 0:33.0 |
| 3 | Benton Community MS | 1 | 10 | 16 | 32 | 33 | | = 59 | 46:20.2 | 11:35.1 | 3:57.5 |
| 4 | Mount Vernon-Lisbon MS | 14 | 15 | 18 | 19 | 22 | 26 | = 66 | 47:30.2 | 11:52.5 | 0:48.9 |
| 5 | Isaac Newton Christian Acad | 13 | 20 | 23 | 24 | | | = 80 | 48:54.4 | 12:13.6 | 1:37.5 |
| 6 | Vinton-Shellsburg MS | 25 | 27 | 28 | 29 | 30 | 31 | = 109 | 52:08.7 | 13:02.2 | 0:25.2 |

Incomplete Teams: Blessed Maria Assunta Pallotta MS

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-------------------|------|--------------------------------|---------|----------|
| 1 | 1 | Jaida Lyons | 8th | Benton Community MS | 9:44.4 | 6:30 |
| 2 | 2 | Gracie Federspiel | 8th | Solon MS | 10:33.0 | 7:02 |
| 3 | 3 | Lydia Hogan | 7th | Solon MS | 10:34.0 | 7:03 |
| 4 | 4 | Shannon Finn | 8th | Williamsburg MS | 10:34.3 | 7:03 |
| 5 | 5 | MacEY Kent | 8th | Williamsburg MS | 10:36.0 | 7:04 |
| 6 | 6 | Reagan McMenomy | 8th | Williamsburg MS | 10:36.8 | 7:05 |
| 7 | 7 | Anna Quillin | 8th | Solon MS | 10:37.3 | 7:05 |
| 8 | 8 | Grace Hoeper | 7th | Solon MS | 10:46.2 | 7:11 |
| 9 | 9 | Ashlyn Williams | 8th | Solon MS | 10:55.3 | 7:17 |
| 10 | 10 | Abby Jones | 7th | Benton Community MS | 11:04.6 | 7:23 |
| 11 | 11 | Sydney Dee | 7th | Solon MS | 11:07.1 | 7:25 |
| 12 | 12 | Zada Buchholtz | 8th | Williamsburg MS | 11:07.3 | 7:25 |
| 13 | 13 | Brooke Groezinger | 7th | Isaac Newton Christian Academy | 11:07.9 | 7:25 |
| 14 | | Mia Duckett | 8th | Solon MS | 11:18.8 | 7:33 |
| 15 | 14 | Sky Rodman | 7th | Mount Vernon-Lisbon MS | 11:24.2 | 7:36 |
| 16 | | Valerie Miller | 7th | Solon MS | 11:25.0 | 7:37 |
| 17 | | Ella Sheeley | 7th | Solon MS | 11:31.2 | 7:41 |
| 18 | 15 | Sierra Snyder | 8th | Mount Vernon-Lisbon MS | 11:42.8 | 7:49 |
| 19 | | Kate Richards | 8th | Solon MS | 11:44.0 | 7:49 |
| 20 | | Rose McAtee | 7th | Solon MS | 11:45.3 | 7:50 |
| 21 | 16 | Rebecca Caldwell | 8th | Benton Community MS | 11:49.4 | 7:53 |
| 22 | | Mia Stahle | 8th | Solon MS | 11:50.2 | 7:53 |
| 23 | 17 | Briley Winegarden | 7th | Williamsburg MS | 11:55.8 | 7:57 |
| 24 | | Kobi Lietz | 7th | Solon MS | 11:59.7 | 8:00 |
| 25 | | Addi Greene | 7th | Solon MS | 12:04.2 | 8:03 |
| 26 | | Silvie Hendricks | 7th | Solon MS | 12:05.1 | 8:03 |
| 27 | | Meg Duster | 8th | Solon MS | 12:06.2 | 8:04 |
| 28 | | Olivia Scott | 7th | Solon MS | 12:07.1 | 8:05 |
| 29 | 18 | Clare Nydegger | 7th | Mount Vernon-Lisbon MS | 12:10.1 | 8:07 |
| 30 | | Peyton Pentico | 8th | Solon MS | 12:12.2 | 8:08 |
| 31 | 19 | Audrey Tucker | 8th | Mount Vernon-Lisbon MS | 12:13.0 | 8:09 |
| 32 | | Grace Yetley | 8th | Solon MS | 12:19.6 | 8:13 |
| 33 | 20 | Rya McFarland | 8th | Isaac Newton Christian Academy | 12:24.9 | 8:17 |
| 34 | 21 | ZoeY Soukup | 7th | Williamsburg MS | 12:28.7 | 8:19 |
| 35 | 22 | Emily Patten | 8th | Mount Vernon-Lisbon MS | 12:29.2 | 8:19 |
| 36 | | Sophia Miles | 7th | Solon MS | 12:30.0 | 8:20 |
| 37 | 23 | Eva Ford | 8th | Isaac Newton Christian Academy | 12:36.3 | 8:24 |
| 38 | | Tatum Holtkamp | 8th | Solon MS | 12:41.0 | 8:27 |
| 39 | | Olivia Bonnema | 7th | Solon MS | 12:43.3 | 8:29 |
| 40 | 24 | Keira Richmond | 7th | Isaac Newton Christian Academy | 12:45.4 | 8:30 |
| 41 | 25 | Olivia Primrose | 7th | Vinton-Shellsburg MS | 12:46.2 | 8:31 |
| 42 | | Farrah Hendricks | 7th | Solon MS | 12:48.0 | 8:32 |
| 43 | | Kara Vedepo | 7th | Solon MS | 12:48.5 | 8:32 |
| 44 | 26 | Kylie Pyatt | 8th | Mount Vernon-Lisbon MS | 12:49.9 | 8:33 |
| 45 | | Renee Vig | 7th | Mount Vernon-Lisbon MS | 12:52.3 | 8:35 |
| 46 | 27 | Aliza Brummer | 8th | Vinton-Shellsburg MS | 13:04.5 | 8:43 |
| 47 | 28 | McKenna Kingsbury | 8th | Vinton-Shellsburg MS | 13:06.6 | 8:44 |
| 48 | | Abby Batey | 7th | Williamsburg MS | 13:10.7 | 8:47 |
| 49 | 29 | Addy Chvala | 7th | Vinton-Shellsburg MS | 13:11.4 | 8:48 |
| 50 | 30 | Klarisa Kerkman | 8th | Vinton-Shellsburg MS | 13:17.1 | 8:51 |
| 51 | | Anna Vavricek | 8th | Mount Vernon-Lisbon MS | 13:19.9 | 8:53 |
| 52 | 31 | Albijona Tafa | 8th | Vinton-Shellsburg MS | 13:22.9 | 8:55 |
| 53 | | Mya Rivera | 8th | Williamsburg MS | 13:25.8 | 8:57 |
| 54 | | Gretchen Marcy | 8th | Solon MS | 13:26.8 | 8:58 |
| 55 | | Tori Elwick | 8th | Vinton-Shellsburg MS | 13:29.0 | 8:59 |
| 56 | | Chloe Mossman | 7th | Vinton-Shellsburg MS | 13:32.1 | 9:01 |
| 57 | 32 | Jessa Demoss | 8th | Benton Community MS | 13:41.9 | 9:08 |
| 58 | | Rachel Rollinger | 8th | Vinton-Shellsburg MS | 13:53.1 | 9:15 |
| 59 | | Lillian Bishop | 8th | Mount Vernon-Lisbon MS | 14:05.0 | 9:23 |
| 60 | | Avery Mann | 8th | Solon MS | 14:10.8 | 9:27 |
| 61 | | Kassidy Lietz | 8th | Solon MS | 14:13.7 | 9:29 |
| 62 | | Sammie Parsons | 7th | Williamsburg MS | 14:23.4 | 9:36 |
| 63 | | Molly Thomas | 7th | Williamsburg MS | 14:36.9 | 9:45 |
| 64 | | Norah Fischer | 8th | Solon MS | 14:57.6 | 9:58 |
| 65 | | Grace Marlin | 7th | Blessed Maria Assunta Pallotta | 15:32.7 | 10:22 |
| 66 | | Meg Dye | 7th | Mount Vernon-Lisbon MS | 16:04.0 | 10:43 |
| 67 | | Lauren Hepker | 7th | Mount Vernon-Lisbon MS | 16:22.2 | 10:55 |
| 68 | | Jocelyn Hendricks | 7th | Solon MS | 16:28.9 | 10:59 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | Total | TT1 Time | Ave Time | Spread |
|-------|-----------------------------|----|----|----|----|----|----|-------|----------|----------|--------|
| 1 | Solon MS | 2 | 3 | 7 | 8 | 9 | 11 | = 20 | 42:30.5 | 10:37.6 | 0:13.2 |
| 2 | Williamsburg MS | 4 | 5 | 6 | 12 | 17 | 21 | = 27 | 42:54.4 | 10:43.6 | 0:33.0 |
| 3 | Benton Community MS | 1 | 10 | 16 | 32 | 33 | | = 59 | 46:20.2 | 11:35.1 | 3:57.5 |
| 4 | Mount Vernon-Lisbon MS | 14 | 15 | 18 | 19 | 22 | 26 | = 66 | 47:30.2 | 11:52.5 | 0:48.9 |
| 5 | Isaac Newton Christian Acad | 13 | 20 | 23 | 24 | | | = 80 | 48:54.4 | 12:13.6 | 1:37.5 |
| 6 | Vinton-Shellsburg MS | 25 | 27 | 28 | 29 | 30 | 31 | = 109 | 52:08.7 | 13:02.2 | 0:25.2 |

Incomplete Teams: Blessed Maria Assunta Pallotta MS

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-------------------|------|--------------------------------|---------|----------|
| 1 | 1 | Jaida Lyons | 8th | Benton Community MS | 9:44.4 | 6:30 |
| 2 | 2 | Gracie Federspiel | 8th | Solon MS | 10:33.0 | 7:02 |
| 3 | 3 | Lydia Hogan | 7th | Solon MS | 10:34.0 | 7:03 |
| 4 | 4 | Shannon Finn | 8th | Williamsburg MS | 10:34.3 | 7:03 |
| 5 | 5 | MacEY Kent | 8th | Williamsburg MS | 10:36.0 | 7:04 |
| 6 | 6 | Reagan McMenomy | 8th | Williamsburg MS | 10:36.8 | 7:05 |
| 7 | 7 | Anna Quillin | 8th | Solon MS | 10:37.3 | 7:05 |
| 8 | 8 | Grace Hoeper | 7th | Solon MS | 10:46.2 | 7:11 |
| 9 | 9 | Ashlyn Williams | 8th | Solon MS | 10:55.3 | 7:17 |
| 10 | 10 | Abby Jones | 7th | Benton Community MS | 11:04.6 | 7:23 |
| 11 | 11 | Sydney Dee | 7th | Solon MS | 11:07.1 | 7:25 |
| 12 | 12 | Zada Buchholtz | 8th | Williamsburg MS | 11:07.3 | 7:25 |
| 13 | 13 | Brooke Groezinger | 7th | Isaac Newton Christian Academy | 11:07.9 | 7:25 |
| 14 | | Mia Duckett | 8th | Solon MS | 11:18.8 | 7:33 |
| 15 | 14 | Sky Rodman | 7th | Mount Vernon-Lisbon MS | 11:24.2 | 7:36 |
| 16 | | Valerie Miller | 7th | Solon MS | 11:25.0 | 7:37 |
| 17 | | Ella Sheeley | 7th | Solon MS | 11:31.2 | 7:41 |
| 18 | 15 | Sierra Snyder | 8th | Mount Vernon-Lisbon MS | 11:42.8 | 7:49 |
| 19 | | Kate Richards | 8th | Solon MS | 11:44.0 | 7:49 |
| 20 | | Rose McAtee | 7th | Solon MS | 11:45.3 | 7:50 |
| 21 | 16 | Rebecca Caldwell | 8th | Benton Community MS | 11:49.4 | 7:53 |
| 22 | | Mia Stahle | 8th | Solon MS | 11:50.2 | 7:53 |
| 23 | 17 | Briley Winegarden | 7th | Williamsburg MS | 11:55.8 | 7:57 |
| 24 | | Kobi Lietz | 7th | Solon MS | 11:59.7 | 8:00 |
| 25 | | Addi Greene | 7th | Solon MS | 12:04.2 | 8:03 |
| 26 | | Silvie Hendricks | 7th | Solon MS | 12:05.1 | 8:03 |
| 27 | | Meg Duster | 8th | Solon MS | 12:06.2 | 8:04 |
| 28 | | Olivia Scott | 7th | Solon MS | 12:07.1 | 8:05 |
| 29 | 18 | Clare Nydegger | 7th | Mount Vernon-Lisbon MS | 12:10.1 | 8:07 |
| 30 | | Peyton Pentico | 8th | Solon MS | 12:12.2 | 8:08 |
| 31 | 19 | Audrey Tucker | 8th | Mount Vernon-Lisbon MS | 12:13.0 | 8:09 |
| 32 | | Grace Yetley | 8th | Solon MS | 12:19.6 | 8:13 |
| 33 | 20 | Rya McFarland | 8th | Isaac Newton Christian Academy | 12:24.9 | 8:17 |
| 34 | 21 | ZoeY Soukup | 7th | Williamsburg MS | 12:28.7 | 8:19 |
| 35 | 22 | Emily Patten | 8th | Mount Vernon-Lisbon MS | 12:29.2 | 8:19 |
| 36 | | Sophia Miles | 7th | Solon MS | 12:30.0 | 8:20 |
| 37 | 23 | Eva Ford | 8th | Isaac Newton Christian Academy | 12:36.3 | 8:24 |
| 38 | | Tatum Holtkamp | 8th | Solon MS | 12:41.0 | 8:27 |
| 39 | | Olivia Bonnema | 7th | Solon MS | 12:43.3 | 8:29 |
| 40 | 24 | Keira Richmond | 7th | Isaac Newton Christian Academy | 12:45.4 | 8:30 |
| 41 | 25 | Olivia Primrose | 7th | Vinton-Shellsburg MS | 12:46.2 | 8:31 |
| 42 | | Farrah Hendricks | 7th | Solon MS | 12:48.0 | 8:32 |
| 43 | | Kara Vedepo | 7th | Solon MS | 12:48.5 | 8:32 |
| 44 | 26 | Kylie Pyatt | 8th | Mount Vernon-Lisbon MS | 12:49.9 | 8:33 |
| 45 | | Renee Vig | 7th | Mount Vernon-Lisbon MS | 12:52.3 | 8:35 |
| 46 | 27 | Aliza Brummer | 8th | Vinton-Shellsburg MS | 13:04.5 | 8:43 |
| 47 | 28 | McKenna Kingsbury | 8th | Vinton-Shellsburg MS | 13:06.6 | 8:44 |
| 48 | | Abby Batey | 7th | Williamsburg MS | 13:10.7 | 8:47 |
| 49 | 29 | Addy Chvala | 7th | Vinton-Shellsburg MS | 13:11.4 | 8:48 |
| 50 | 30 | Klarisa Kerkman | 8th | Vinton-Shellsburg MS | 13:17.1 | 8:51 |
| 51 | | Anna Vavricek | 8th | Mount Vernon-Lisbon MS | 13:19.9 | 8:53 |
| 52 | 31 | Albijona Tafa | 8th | Vinton-Shellsburg MS | 13:22.9 | 8:55 |
| 53 | | Mya Rivera | 8th | Williamsburg MS | 13:25.8 | 8:57 |
| 54 | | Gretchen Marcy | 8th | Solon MS | 13:26.8 | 8:58 |
| 55 | | Tori Elwick | 8th | Vinton-Shellsburg MS | 13:29.0 | 8:59 |
| 56 | | Chloe Mossman | 7th | Vinton-Shellsburg MS | 13:32.1 | 9:01 |
| 57 | 32 | Jessa Demoss | 8th | Benton Community MS | 13:41.9 | 9:08 |
| 58 | | Rachel Rollinger | 8th | Vinton-Shellsburg MS | 13:53.1 | 9:15 |
| 59 | | Lillian Bishop | 8th | Mount Vernon-Lisbon MS | 14:05.0 | 9:23 |
| 60 | | Avery Mann | 8th | Solon MS | 14:10.8 | 9:27 |
| 61 | | Kassidy Lietz | 8th | Solon MS | 14:13.7 | 9:29 |
| 62 | | Sammie Parsons | 7th | Williamsburg MS | 14:23.4 | 9:36 |
| 63 | | Molly Thomas | 7th | Williamsburg MS | 14:36.9 | 9:45 |
| 64 | | Norah Fischer | 8th | Solon MS | 14:57.6 | 9:58 |
| 65 | | Grace Marlin | 7th | Blessed Maria Assunta Pallotta | 15:32.7 | 10:22 |
| 66 | | Meg Dye | 7th | Mount Vernon-Lisbon MS | 16:04.0 | 10:43 |
| 67 | | Lauren Hepker | 7th | Mount Vernon-Lisbon MS | 16:22.2 | 10:55 |
| 68 | | Jocelyn Hendricks | 7th | Solon MS | 16:28.9 | 10:59 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-----------------|------|------------------------|---------|----------|
| 69 | | Brandy Hills | 7th | Mount Vernon-Lisbon MS | 16:32.0 | 11:01 |
| 70 | 33 | Madilyn Colburn | 8th | Benton Community MS | 16:34.6 | 11:03 |
| 71 | | Kira Burkum | 8th | Solon MS | 16:39.1 | 11:06 |
| 72 | | Izzie Birker | 7th | Vinton-Shellsburg MS | 17:23.9 | 11:36 |
| 73 | | Brenna Trinkle | 7th | Vinton-Shellsburg MS | 17:24.1 | 11:36 |

Benton Invitational

MS Girls

Roundhouse Nature Trails - Atkins, IA

9/14/2019

0°

| Place | Score | Name | Year | School | Time | Pace m/m |
|-------|-------|-----------------|------|------------------------|---------|-------------|
| 69 | | Brandy Hills | 7th | Mount Vernon-Lisbon MS | 16:32.0 | 11:01 |
| 70 | 33 | Madilyn Colburn | 8th | Benton Community MS | 16:34.6 | 11:03 |
| 71 | | Kira Burkum | 8th | Solon MS | 16:39.1 | 11:06 |
| 72 | | Izzie Birker | 7th | Vinton-Shellsburg MS | 17:23.9 | 11:36 |
| 73 | | Brenna Trinkle | 7th | Vinton-Shellsburg MS | 17:24.1 | 11:36 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Score | Name | Year | School | Time | Pace m/m |
|-------|-------|-----------------|------|------------------------|---------|-------------|
| 69 | | Brandy Hills | 7th | Mount Vernon-Lisbon MS | 16:32.0 | 11:01 |
| 70 | 33 | Madilyn Colburn | 8th | Benton Community MS | 16:34.6 | 11:03 |
| 71 | | Kira Burkum | 8th | Solon MS | 16:39.1 | 11:06 |
| 72 | | Izzie Birker | 7th | Vinton-Shellsburg MS | 17:23.9 | 11:36 |
| 73 | | Brenna Trinkle | 7th | Vinton-Shellsburg MS | 17:24.1 | 11:36 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Score | Name | Year | School | Time | Pace m/m |
|-------|-------|-----------------|------|------------------------|---------|-------------|
| 69 | | Brandy Hills | 7th | Mount Vernon-Lisbon MS | 16:32.0 | 11:01 |
| 70 | 33 | Madilyn Colburn | 8th | Benton Community MS | 16:34.6 | 11:03 |
| 71 | | Kira Burkum | 8th | Solon MS | 16:39.1 | 11:06 |
| 72 | | Izzie Birker | 7th | Vinton-Shellsburg MS | 17:23.9 | 11:36 |
| 73 | | Brenna Trinkle | 7th | Vinton-Shellsburg MS | 17:24.1 | 11:36 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Score | Name | Year | School | Time | Pace m/m |
|-------|-------|-----------------|------|------------------------|---------|-------------|
| 69 | | Brandy Hills | 7th | Mount Vernon-Lisbon MS | 16:32.0 | 11:01 |
| 70 | 33 | Madilyn Colburn | 8th | Benton Community MS | 16:34.6 | 11:03 |
| 71 | | Kira Burkum | 8th | Solon MS | 16:39.1 | 11:06 |
| 72 | | Izzie Birker | 7th | Vinton-Shellsburg MS | 17:23.9 | 11:36 |
| 73 | | Brenna Trinkle | 7th | Vinton-Shellsburg MS | 17:24.1 | 11:36 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-----------------|------|------------------------|---------|----------|
| 69 | | Brandy Hills | 7th | Mount Vernon-Lisbon MS | 16:32.0 | 11:01 |
| 70 | 33 | Madilyn Colburn | 8th | Benton Community MS | 16:34.6 | 11:03 |
| 71 | | Kira Burkum | 8th | Solon MS | 16:39.1 | 11:06 |
| 72 | | Izzie Birker | 7th | Vinton-Shellsburg MS | 17:23.9 | 11:36 |
| 73 | | Brenna Trinkle | 7th | Vinton-Shellsburg MS | 17:24.1 | 11:36 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-----------------|------|------------------------|---------|----------|
| 69 | | Brandy Hills | 7th | Mount Vernon-Lisbon MS | 16:32.0 | 11:01 |
| 70 | 33 | Madilyn Colburn | 8th | Benton Community MS | 16:34.6 | 11:03 |
| 71 | | Kira Burkum | 8th | Solon MS | 16:39.1 | 11:06 |
| 72 | | Izzie Birker | 7th | Vinton-Shellsburg MS | 17:23.9 | 11:36 |
| 73 | | Brenna Trinkle | 7th | Vinton-Shellsburg MS | 17:24.1 | 11:36 |

Benton Invitational

MS Girls

Roundhouse Nature Trails - Atkins, IA

9/14/2019

0°

| Place | Score | Name | Year | School | Time | Pace m/m |
|-------|-------|-----------------|------|------------------------|---------|-------------|
| 69 | | Brandy Hills | 7th | Mount Vernon-Lisbon MS | 16:32.0 | 11:01 |
| 70 | 33 | Madilyn Colburn | 8th | Benton Community MS | 16:34.6 | 11:03 |
| 71 | | Kira Burkum | 8th | Solon MS | 16:39.1 | 11:06 |
| 72 | | Izzie Birker | 7th | Vinton-Shellsburg MS | 17:23.9 | 11:36 |
| 73 | | Brenna Trinkle | 7th | Vinton-Shellsburg MS | 17:24.1 | 11:36 |

Benton Invitational

MS Girls

Roundhouse Nature Trails - Atkins, IA

9/14/2019

0°

| Place | Score | Name | Year | School | Time | Pace m/m |
|-------|-------|-----------------|------|------------------------|---------|-------------|
| 69 | | Brandy Hills | 7th | Mount Vernon-Lisbon MS | 16:32.0 | 11:01 |
| 70 | 33 | Madilyn Colburn | 8th | Benton Community MS | 16:34.6 | 11:03 |
| 71 | | Kira Burkum | 8th | Solon MS | 16:39.1 | 11:06 |
| 72 | | Izzie Birker | 7th | Vinton-Shellsburg MS | 17:23.9 | 11:36 |
| 73 | | Brenna Trinkle | 7th | Vinton-Shellsburg MS | 17:24.1 | 11:36 |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|----------------------------------|------------------------|---------|-------|-----------------------------------------|------------------------|---------|-------|
| 1) Solon MS | | | | 6) Vinton-Shellsburg MS | | | |
| Score = 20 | | | | Score = 109 | | | |
| 2 | Gracie Federspiel, 8th | 10:33.0 | 7:02 | 25 | Olivia Primrose, 7th | 12:46.2 | 8:31 |
| 3 | Lydia Hogan, 7th | 10:34.0 | 7:03 | 27 | Aliza Brummer, 8th | 13:04.5 | 8:43 |
| 7 | Anna Quillin, 8th | 10:37.3 | 7:05 | 28 | McKenna Kingsbury, 8th | 13:06.6 | 8:44 |
| 8 | Grace Hooper, 7th | 10:46.2 | 7:11 | 29 | Addy Chvala, 7th | 13:11.4 | 8:48 |
| 9 | Ashlyn Williams, 8th | 10:55.3 | 7:17 | 30 | Klarisa Kerkman, 8th | 13:17.1 | 8:51 |
| 11 | Sydney Dee, 7th | 11:07.1 | 7:25 | 31 | Albijona Tafa, 8th | 13:22.9 | 8:55 |
| | Mia Duckett, 8th | 11:18.8 | 7:33 | | Tori Elwick, 8th | 13:29.0 | 8:59 |
| | Valerie Miller, 7th | 11:25.0 | 7:37 | | Chloe Mossman, 7th | 13:32.1 | 9:01 |
| | Ella Sheeley, 7th | 11:31.2 | 7:41 | | Rachel Rollinger, 8th | 13:53.1 | 9:15 |
| | Kate Richards, 8th | 11:44.0 | 7:49 | | Izzie Birker, 7th | 17:23.9 | 11:36 |
| | Rose McAtee, 7th | 11:45.3 | 7:50 | | Brenna Trinkle, 7th | 17:24.1 | 11:36 |
| | Mia Stahle, 8th | 11:50.2 | 7:53 | Incomplete Teams: | | | |
| | Kobi Lietz, 7th | 11:59.7 | 8:00 | Blessed Maria Assunta Pallo | | | |
| | Addi Greene, 7th | 12:04.2 | 8:03 | 65 | Grace Marlin, 7th | 15:32.7 | 10:22 |
| | Silvie Hendricks, 7th | 12:05.1 | 8:03 | | | | |
| | Meg Duster, 8th | 12:06.2 | 8:04 | | | | |
| | Olivia Scott, 7th | 12:07.1 | 8:05 | | | | |
| | Peyton Pentico, 8th | 12:12.2 | 8:08 | | | | |
| | Grace Yetley, 8th | 12:19.6 | 8:13 | | | | |
| | Sophia Miles, 7th | 12:30.0 | 8:20 | | | | |
| | Tatum Holtkamp, 8th | 12:41.0 | 8:27 | | | | |
| | Olivia Bonnema, 7th | 12:43.3 | 8:29 | | | | |
| | Farrah Hendricks, 7th | 12:48.0 | 8:32 | | | | |
| | Kara Vedepo, 7th | 12:48.5 | 8:32 | | | | |
| | Gretchen Marcy, 8th | 13:26.8 | 8:58 | | | | |
| | Avery Mann, 8th | 14:10.8 | 9:27 | | | | |
| | Kassidy Lietz, 8th | 14:13.7 | 9:29 | | | | |
| | Norah Fischer, 8th | 14:57.6 | 9:58 | | | | |
| | Jocelyn Hendricks, 7th | 16:28.9 | 10:59 | | | | |
| | Kira Burkum, 8th | 16:39.1 | 11:06 | | | | |
| 2) Williamsburg MS | | | | 3) Benton Community MS | | | |
| Score = 27 | | | | Score = 59 | | | |
| 4 | Shannon Finn, 8th | 10:34.3 | 7:03 | 1 | Jaida Lyons, 8th | 9:44.4 | 6:30 |
| 5 | MacEy Kent, 8th | 10:36.0 | 7:04 | 10 | Abby Jones, 7th | 11:04.6 | 7:23 |
| 6 | Reagan McMenomy, 8th | 10:36.8 | 7:05 | 16 | Rebecca Caldwell, 8th | 11:49.4 | 7:53 |
| 12 | Zada Buchholtz, 8th | 11:07.3 | 7:25 | 32 | Jessa Demoss, 8th | 13:41.9 | 9:08 |
| 17 | Briley Winegarden, 7th | 11:55.8 | 7:57 | 33 | Madilyn Colburn, 8th | 16:34.6 | 11:03 |
| 21 | Zoey Soukup, 7th | 12:28.7 | 8:19 | | | | |
| | Abby Batey, 7th | 13:10.7 | 8:47 | | | | |
| | Mya Rivera, 8th | 13:25.8 | 8:57 | | | | |
| | Sammie Parsons, 7th | 14:23.4 | 9:36 | | | | |
| | Molly Thomas, 7th | 14:36.9 | 9:45 | | | | |
| 4) Mount Vernon-Lisbon MS | | | | 5) Isaac Newton Christian Academ | | | |
| Score = 66 | | | | Score = 80 | | | |
| 14 | Sky Rodman, 7th | 11:24.2 | 7:36 | 13 | Brooke Groezinger, 7th | 11:07.9 | 7:25 |
| 15 | Sierra Snyder, 8th | 11:42.8 | 7:49 | 20 | Rya McFarland, 8th | 12:24.9 | 8:17 |
| 18 | Clare Nydegger, 7th | 12:10.1 | 8:07 | 23 | Eva Ford, 8th | 12:36.3 | 8:24 |
| 19 | Audrey Tucker, 8th | 12:13.0 | 8:09 | 24 | Keira Richmond, 7th | 12:45.4 | 8:30 |
| 22 | Emily Patten, 8th | 12:29.2 | 8:19 | | | | |
| 26 | Kylie Pyatt, 8th | 12:49.9 | 8:33 | | | | |
| | Renee Vig, 7th | 12:52.3 | 8:35 | | | | |
| | Anna Vavricek, 8th | 13:19.9 | 8:53 | | | | |
| | Lillian Bishop, 8th | 14:05.0 | 9:23 | | | | |
| | Meg Dye, 7th | 16:04.0 | 10:43 | | | | |
| | Lauren Hepker, 7th | 16:22.2 | 10:55 | | | | |
| | Brandy Hills, 7th | 16:32.0 | 11:01 | | | | |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|----------------------------------|------------------------|---------|-------|-----------------------------------------|------------------------|---------|-------|
| 1) Solon MS | | | | 6) Vinton-Shellsburg MS | | | |
| Score = 20 | | | | Score = 109 | | | |
| 2 | Gracie Federspiel, 8th | 10:33.0 | 7:02 | 25 | Olivia Primrose, 7th | 12:46.2 | 8:31 |
| 3 | Lydia Hogan, 7th | 10:34.0 | 7:03 | 27 | Aliza Brummer, 8th | 13:04.5 | 8:43 |
| 7 | Anna Quillin, 8th | 10:37.3 | 7:05 | 28 | McKenna Kingsbury, 8th | 13:06.6 | 8:44 |
| 8 | Grace Hooper, 7th | 10:46.2 | 7:11 | 29 | Addy Chvala, 7th | 13:11.4 | 8:48 |
| 9 | Ashlyn Williams, 8th | 10:55.3 | 7:17 | 30 | Klarisa Kerkman, 8th | 13:17.1 | 8:51 |
| 11 | Sydney Dee, 7th | 11:07.1 | 7:25 | 31 | Albijona Tafa, 8th | 13:22.9 | 8:55 |
| | Mia Duckett, 8th | 11:18.8 | 7:33 | | Tori Elwick, 8th | 13:29.0 | 8:59 |
| | Valerie Miller, 7th | 11:25.0 | 7:37 | | Chloe Mossman, 7th | 13:32.1 | 9:01 |
| | Ella Sheeley, 7th | 11:31.2 | 7:41 | | Rachel Rollinger, 8th | 13:53.1 | 9:15 |
| | Kate Richards, 8th | 11:44.0 | 7:49 | | Izzie Birker, 7th | 17:23.9 | 11:36 |
| | Rose McAtee, 7th | 11:45.3 | 7:50 | | Brenna Trinkle, 7th | 17:24.1 | 11:36 |
| | Mia Stahle, 8th | 11:50.2 | 7:53 | Incomplete Teams: | | | |
| | Kobi Lietz, 7th | 11:59.7 | 8:00 | Blessed Maria Assunta Pallo | | | |
| | Addi Greene, 7th | 12:04.2 | 8:03 | 65 | Grace Marlin, 7th | 15:32.7 | 10:22 |
| | Silvie Hendricks, 7th | 12:05.1 | 8:03 | | | | |
| | Meg Duster, 8th | 12:06.2 | 8:04 | | | | |
| | Olivia Scott, 7th | 12:07.1 | 8:05 | | | | |
| | Peyton Pentico, 8th | 12:12.2 | 8:08 | | | | |
| | Grace Yetley, 8th | 12:19.6 | 8:13 | | | | |
| | Sophia Miles, 7th | 12:30.0 | 8:20 | | | | |
| | Tatum Holtkamp, 8th | 12:41.0 | 8:27 | | | | |
| | Olivia Bonnema, 7th | 12:43.3 | 8:29 | | | | |
| | Farrah Hendricks, 7th | 12:48.0 | 8:32 | | | | |
| | Kara Vedepo, 7th | 12:48.5 | 8:32 | | | | |
| | Gretchen Marcy, 8th | 13:26.8 | 8:58 | | | | |
| | Avery Mann, 8th | 14:10.8 | 9:27 | | | | |
| | Kassidy Lietz, 8th | 14:13.7 | 9:29 | | | | |
| | Norah Fischer, 8th | 14:57.6 | 9:58 | | | | |
| | Jocelyn Hendricks, 7th | 16:28.9 | 10:59 | | | | |
| | Kira Burkum, 8th | 16:39.1 | 11:06 | | | | |
| 2) Williamsburg MS | | | | 3) Benton Community MS | | | |
| Score = 27 | | | | Score = 59 | | | |
| 4 | Shannon Finn, 8th | 10:34.3 | 7:03 | 1 | Jaida Lyons, 8th | 9:44.4 | 6:30 |
| 5 | MacEy Kent, 8th | 10:36.0 | 7:04 | 10 | Abby Jones, 7th | 11:04.6 | 7:23 |
| 6 | Reagan McMenomy, 8th | 10:36.8 | 7:05 | 16 | Rebecca Caldwell, 8th | 11:49.4 | 7:53 |
| 12 | Zada Buchholtz, 8th | 11:07.3 | 7:25 | 32 | Jessa Demoss, 8th | 13:41.9 | 9:08 |
| 17 | Briley Winegarden, 7th | 11:55.8 | 7:57 | 33 | Madilyn Colburn, 8th | 16:34.6 | 11:03 |
| 21 | Zoey Soukup, 7th | 12:28.7 | 8:19 | | | | |
| | Abby Batey, 7th | 13:10.7 | 8:47 | | | | |
| | Mya Rivera, 8th | 13:25.8 | 8:57 | | | | |
| | Sammie Parsons, 7th | 14:23.4 | 9:36 | | | | |
| | Molly Thomas, 7th | 14:36.9 | 9:45 | | | | |
| 4) Mount Vernon-Lisbon MS | | | | 5) Isaac Newton Christian Academ | | | |
| Score = 66 | | | | Score = 80 | | | |
| 14 | Sky Rodman, 7th | 11:24.2 | 7:36 | 13 | Brooke Groezinger, 7th | 11:07.9 | 7:25 |
| 15 | Sierra Snyder, 8th | 11:42.8 | 7:49 | 20 | Rya McFarland, 8th | 12:24.9 | 8:17 |
| 18 | Clare Nydegger, 7th | 12:10.1 | 8:07 | 23 | Eva Ford, 8th | 12:36.3 | 8:24 |
| 19 | Audrey Tucker, 8th | 12:13.0 | 8:09 | 24 | Keira Richmond, 7th | 12:45.4 | 8:30 |
| 22 | Emily Patten, 8th | 12:29.2 | 8:19 | | | | |
| 26 | Kylie Pyatt, 8th | 12:49.9 | 8:33 | | | | |
| | Renee Vig, 7th | 12:52.3 | 8:35 | | | | |
| | Anna Vavricek, 8th | 13:19.9 | 8:53 | | | | |
| | Lillian Bishop, 8th | 14:05.0 | 9:23 | | | | |
| | Meg Dye, 7th | 16:04.0 | 10:43 | | | | |
| | Lauren Hepker, 7th | 16:22.2 | 10:55 | | | | |
| | Brandy Hills, 7th | 16:32.0 | 11:01 | | | | |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|----------------------------------|------------------------|---------|-------|-----------------------------------------|------------------------|---------|-------|
| 1) Solon MS | | | | 6) Vinton-Shellsburg MS | | | |
| Score = 20 | | | | Score = 109 | | | |
| 2 | Gracie Federspiel, 8th | 10:33.0 | 7:02 | 25 | Olivia Primrose, 7th | 12:46.2 | 8:31 |
| 3 | Lydia Hogan, 7th | 10:34.0 | 7:03 | 27 | Aliza Brummer, 8th | 13:04.5 | 8:43 |
| 7 | Anna Quillin, 8th | 10:37.3 | 7:05 | 28 | McKenna Kingsbury, 8th | 13:06.6 | 8:44 |
| 8 | Grace Hooper, 7th | 10:46.2 | 7:11 | 29 | Addy Chvala, 7th | 13:11.4 | 8:48 |
| 9 | Ashlyn Williams, 8th | 10:55.3 | 7:17 | 30 | Klarisa Kerkman, 8th | 13:17.1 | 8:51 |
| 11 | Sydney Dee, 7th | 11:07.1 | 7:25 | 31 | Albijona Tafa, 8th | 13:22.9 | 8:55 |
| | Mia Duckett, 8th | 11:18.8 | 7:33 | | Tori Elwick, 8th | 13:29.0 | 8:59 |
| | Valerie Miller, 7th | 11:25.0 | 7:37 | | Chloe Mossman, 7th | 13:32.1 | 9:01 |
| | Ella Sheeley, 7th | 11:31.2 | 7:41 | | Rachel Rollinger, 8th | 13:53.1 | 9:15 |
| | Kate Richards, 8th | 11:44.0 | 7:49 | | Izzie Birker, 7th | 17:23.9 | 11:36 |
| | Rose McAtee, 7th | 11:45.3 | 7:50 | | Brenna Trinkle, 7th | 17:24.1 | 11:36 |
| | Mia Stahle, 8th | 11:50.2 | 7:53 | Incomplete Teams: | | | |
| | Kobi Lietz, 7th | 11:59.7 | 8:00 | Blessed Maria Assunta Pallo | | | |
| | Addi Greene, 7th | 12:04.2 | 8:03 | 65 | Grace Marlin, 7th | 15:32.7 | 10:22 |
| | Silvie Hendricks, 7th | 12:05.1 | 8:03 | | | | |
| | Meg Duster, 8th | 12:06.2 | 8:04 | | | | |
| | Olivia Scott, 7th | 12:07.1 | 8:05 | | | | |
| | Peyton Pentico, 8th | 12:12.2 | 8:08 | | | | |
| | Grace Yetley, 8th | 12:19.6 | 8:13 | | | | |
| | Sophia Miles, 7th | 12:30.0 | 8:20 | | | | |
| | Tatum Holtkamp, 8th | 12:41.0 | 8:27 | | | | |
| | Olivia Bonnema, 7th | 12:43.3 | 8:29 | | | | |
| | Farrah Hendricks, 7th | 12:48.0 | 8:32 | | | | |
| | Kara Vedepo, 7th | 12:48.5 | 8:32 | | | | |
| | Gretchen Marcy, 8th | 13:26.8 | 8:58 | | | | |
| | Avery Mann, 8th | 14:10.8 | 9:27 | | | | |
| | Kassidy Lietz, 8th | 14:13.7 | 9:29 | | | | |
| | Norah Fischer, 8th | 14:57.6 | 9:58 | | | | |
| | Jocelyn Hendricks, 7th | 16:28.9 | 10:59 | | | | |
| | Kira Burkum, 8th | 16:39.1 | 11:06 | | | | |
| 2) Williamsburg MS | | | | 3) Benton Community MS | | | |
| Score = 27 | | | | Score = 59 | | | |
| 4 | Shannon Finn, 8th | 10:34.3 | 7:03 | 1 | Jaida Lyons, 8th | 9:44.4 | 6:30 |
| 5 | MacEy Kent, 8th | 10:36.0 | 7:04 | 10 | Abby Jones, 7th | 11:04.6 | 7:23 |
| 6 | Reagan McMenomy, 8th | 10:36.8 | 7:05 | 16 | Rebecca Caldwell, 8th | 11:49.4 | 7:53 |
| 12 | Zada Buchholtz, 8th | 11:07.3 | 7:25 | 32 | Jessa Demoss, 8th | 13:41.9 | 9:08 |
| 17 | Briley Winegarden, 7th | 11:55.8 | 7:57 | 33 | Madilyn Colburn, 8th | 16:34.6 | 11:03 |
| 21 | Zoey Soukup, 7th | 12:28.7 | 8:19 | | | | |
| | Abby Batey, 7th | 13:10.7 | 8:47 | | | | |
| | Mya Rivera, 8th | 13:25.8 | 8:57 | | | | |
| | Sammie Parsons, 7th | 14:23.4 | 9:36 | | | | |
| | Molly Thomas, 7th | 14:36.9 | 9:45 | | | | |
| 4) Mount Vernon-Lisbon MS | | | | 5) Isaac Newton Christian Academ | | | |
| Score = 66 | | | | Score = 80 | | | |
| 14 | Sky Rodman, 7th | 11:24.2 | 7:36 | 13 | Brooke Groezinger, 7th | 11:07.9 | 7:25 |
| 15 | Sierra Snyder, 8th | 11:42.8 | 7:49 | 20 | Rya McFarland, 8th | 12:24.9 | 8:17 |
| 18 | Clare Nydegger, 7th | 12:10.1 | 8:07 | 23 | Eva Ford, 8th | 12:36.3 | 8:24 |
| 19 | Audrey Tucker, 8th | 12:13.0 | 8:09 | 24 | Keira Richmond, 7th | 12:45.4 | 8:30 |
| 22 | Emily Patten, 8th | 12:29.2 | 8:19 | | | | |
| 26 | Kylie Pyatt, 8th | 12:49.9 | 8:33 | | | | |
| | Renee Vig, 7th | 12:52.3 | 8:35 | | | | |
| | Anna Vavricek, 8th | 13:19.9 | 8:53 | | | | |
| | Lillian Bishop, 8th | 14:05.0 | 9:23 | | | | |
| | Meg Dye, 7th | 16:04.0 | 10:43 | | | | |
| | Lauren Hepker, 7th | 16:22.2 | 10:55 | | | | |
| | Brandy Hills, 7th | 16:32.0 | 11:01 | | | | |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|----------------------------------|------------------------|---------|-------|-----------------------------------------|------------------------|---------|-------|
| 1) Solon MS | | | | 6) Vinton-Shellsburg MS | | | |
| Score = 20 | | | | Score = 109 | | | |
| 2 | Gracie Federspiel, 8th | 10:33.0 | 7:02 | 25 | Olivia Primrose, 7th | 12:46.2 | 8:31 |
| 3 | Lydia Hogan, 7th | 10:34.0 | 7:03 | 27 | Aliza Brummer, 8th | 13:04.5 | 8:43 |
| 7 | Anna Quillin, 8th | 10:37.3 | 7:05 | 28 | McKenna Kingsbury, 8th | 13:06.6 | 8:44 |
| 8 | Grace Hooper, 7th | 10:46.2 | 7:11 | 29 | Addy Chvala, 7th | 13:11.4 | 8:48 |
| 9 | Ashlyn Williams, 8th | 10:55.3 | 7:17 | 30 | Klarisa Kerkman, 8th | 13:17.1 | 8:51 |
| 11 | Sydney Dee, 7th | 11:07.1 | 7:25 | 31 | Albijona Tafa, 8th | 13:22.9 | 8:55 |
| | Mia Duckett, 8th | 11:18.8 | 7:33 | | Tori Elwick, 8th | 13:29.0 | 8:59 |
| | Valerie Miller, 7th | 11:25.0 | 7:37 | | Chloe Mossman, 7th | 13:32.1 | 9:01 |
| | Ella Sheeley, 7th | 11:31.2 | 7:41 | | Rachel Rollinger, 8th | 13:53.1 | 9:15 |
| | Kate Richards, 8th | 11:44.0 | 7:49 | | Izzie Birker, 7th | 17:23.9 | 11:36 |
| | Rose McAtee, 7th | 11:45.3 | 7:50 | | Brenna Trinkle, 7th | 17:24.1 | 11:36 |
| | Mia Stahle, 8th | 11:50.2 | 7:53 | Incomplete Teams: | | | |
| | Kobi Lietz, 7th | 11:59.7 | 8:00 | Blessed Maria Assunta Pallo | | | |
| | Addi Greene, 7th | 12:04.2 | 8:03 | 65 | Grace Marlin, 7th | 15:32.7 | 10:22 |
| | Silvie Hendricks, 7th | 12:05.1 | 8:03 | | | | |
| | Meg Duster, 8th | 12:06.2 | 8:04 | | | | |
| | Olivia Scott, 7th | 12:07.1 | 8:05 | | | | |
| | Peyton Pentico, 8th | 12:12.2 | 8:08 | | | | |
| | Grace Yetley, 8th | 12:19.6 | 8:13 | | | | |
| | Sophia Miles, 7th | 12:30.0 | 8:20 | | | | |
| | Tatum Holtkamp, 8th | 12:41.0 | 8:27 | | | | |
| | Olivia Bonnema, 7th | 12:43.3 | 8:29 | | | | |
| | Farrah Hendricks, 7th | 12:48.0 | 8:32 | | | | |
| | Kara Vedepo, 7th | 12:48.5 | 8:32 | | | | |
| | Gretchen Marcy, 8th | 13:26.8 | 8:58 | | | | |
| | Avery Mann, 8th | 14:10.8 | 9:27 | | | | |
| | Kassidy Lietz, 8th | 14:13.7 | 9:29 | | | | |
| | Norah Fischer, 8th | 14:57.6 | 9:58 | | | | |
| | Jocelyn Hendricks, 7th | 16:28.9 | 10:59 | | | | |
| | Kira Burkum, 8th | 16:39.1 | 11:06 | | | | |
| 2) Williamsburg MS | | | | 3) Benton Community MS | | | |
| Score = 27 | | | | Score = 59 | | | |
| 4 | Shannon Finn, 8th | 10:34.3 | 7:03 | 1 | Jaida Lyons, 8th | 9:44.4 | 6:30 |
| 5 | MacEy Kent, 8th | 10:36.0 | 7:04 | 10 | Abby Jones, 7th | 11:04.6 | 7:23 |
| 6 | Reagan McMenomy, 8th | 10:36.8 | 7:05 | 16 | Rebecca Caldwell, 8th | 11:49.4 | 7:53 |
| 12 | Zada Buchholtz, 8th | 11:07.3 | 7:25 | 32 | Jessa Demoss, 8th | 13:41.9 | 9:08 |
| 17 | Briley Winegarden, 7th | 11:55.8 | 7:57 | 33 | Madilyn Colburn, 8th | 16:34.6 | 11:03 |
| 21 | Zoey Soukup, 7th | 12:28.7 | 8:19 | | | | |
| | Abby Batey, 7th | 13:10.7 | 8:47 | | | | |
| | Mya Rivera, 8th | 13:25.8 | 8:57 | | | | |
| | Sammie Parsons, 7th | 14:23.4 | 9:36 | | | | |
| | Molly Thomas, 7th | 14:36.9 | 9:45 | | | | |
| 4) Mount Vernon-Lisbon MS | | | | 5) Isaac Newton Christian Academ | | | |
| Score = 66 | | | | Score = 80 | | | |
| 14 | Sky Rodman, 7th | 11:24.2 | 7:36 | 13 | Brooke Groezinger, 7th | 11:07.9 | 7:25 |
| 15 | Sierra Snyder, 8th | 11:42.8 | 7:49 | 20 | Rya McFarland, 8th | 12:24.9 | 8:17 |
| 18 | Clare Nydegger, 7th | 12:10.1 | 8:07 | 23 | Eva Ford, 8th | 12:36.3 | 8:24 |
| 19 | Audrey Tucker, 8th | 12:13.0 | 8:09 | 24 | Keira Richmond, 7th | 12:45.4 | 8:30 |
| 22 | Emily Patten, 8th | 12:29.2 | 8:19 | | | | |
| 26 | Kylie Pyatt, 8th | 12:49.9 | 8:33 | | | | |
| | Renee Vig, 7th | 12:52.3 | 8:35 | | | | |
| | Anna Vavricek, 8th | 13:19.9 | 8:53 | | | | |
| | Lillian Bishop, 8th | 14:05.0 | 9:23 | | | | |
| | Meg Dye, 7th | 16:04.0 | 10:43 | | | | |
| | Lauren Hepker, 7th | 16:22.2 | 10:55 | | | | |
| | Brandy Hills, 7th | 16:32.0 | 11:01 | | | | |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|----------------------------------|------------------------|---------|-------|-----------------------------------------|------------------------|---------|-------|
| 1) Solon MS | | | | 6) Vinton-Shellsburg MS | | | |
| Score = 20 | | | | Score = 109 | | | |
| 2 | Gracie Federspiel, 8th | 10:33.0 | 7:02 | 25 | Olivia Primrose, 7th | 12:46.2 | 8:31 |
| 3 | Lydia Hogan, 7th | 10:34.0 | 7:03 | 27 | Aliza Brummer, 8th | 13:04.5 | 8:43 |
| 7 | Anna Quillin, 8th | 10:37.3 | 7:05 | 28 | McKenna Kingsbury, 8th | 13:06.6 | 8:44 |
| 8 | Grace Hooper, 7th | 10:46.2 | 7:11 | 29 | Addy Chvala, 7th | 13:11.4 | 8:48 |
| 9 | Ashlyn Williams, 8th | 10:55.3 | 7:17 | 30 | Klarisa Kerkman, 8th | 13:17.1 | 8:51 |
| 11 | Sydney Dee, 7th | 11:07.1 | 7:25 | 31 | Albijona Tafa, 8th | 13:22.9 | 8:55 |
| | Mia Duckett, 8th | 11:18.8 | 7:33 | | Tori Elwick, 8th | 13:29.0 | 8:59 |
| | Valerie Miller, 7th | 11:25.0 | 7:37 | | Chloe Mossman, 7th | 13:32.1 | 9:01 |
| | Ella Sheeley, 7th | 11:31.2 | 7:41 | | Rachel Rollinger, 8th | 13:53.1 | 9:15 |
| | Kate Richards, 8th | 11:44.0 | 7:49 | | Izzie Birker, 7th | 17:23.9 | 11:36 |
| | Rose McAtee, 7th | 11:45.3 | 7:50 | | Brenna Trinkle, 7th | 17:24.1 | 11:36 |
| | Mia Stahle, 8th | 11:50.2 | 7:53 | Incomplete Teams: | | | |
| | Kobi Lietz, 7th | 11:59.7 | 8:00 | Blessed Maria Assunta Pallo | | | |
| | Addi Greene, 7th | 12:04.2 | 8:03 | 65 | Grace Marlin, 7th | 15:32.7 | 10:22 |
| | Silvie Hendricks, 7th | 12:05.1 | 8:03 | | | | |
| | Meg Duster, 8th | 12:06.2 | 8:04 | | | | |
| | Olivia Scott, 7th | 12:07.1 | 8:05 | | | | |
| | Peyton Pentico, 8th | 12:12.2 | 8:08 | | | | |
| | Grace Yetley, 8th | 12:19.6 | 8:13 | | | | |
| | Sophia Miles, 7th | 12:30.0 | 8:20 | | | | |
| | Tatum Holtkamp, 8th | 12:41.0 | 8:27 | | | | |
| | Olivia Bonnema, 7th | 12:43.3 | 8:29 | | | | |
| | Farrah Hendricks, 7th | 12:48.0 | 8:32 | | | | |
| | Kara Vedepo, 7th | 12:48.5 | 8:32 | | | | |
| | Gretchen Marcy, 8th | 13:26.8 | 8:58 | | | | |
| | Avery Mann, 8th | 14:10.8 | 9:27 | | | | |
| | Kassidy Lietz, 8th | 14:13.7 | 9:29 | | | | |
| | Norah Fischer, 8th | 14:57.6 | 9:58 | | | | |
| | Jocelyn Hendricks, 7th | 16:28.9 | 10:59 | | | | |
| | Kira Burkum, 8th | 16:39.1 | 11:06 | | | | |
| 2) Williamsburg MS | | | | 3) Benton Community MS | | | |
| Score = 27 | | | | Score = 59 | | | |
| 4 | Shannon Finn, 8th | 10:34.3 | 7:03 | 1 | Jaida Lyons, 8th | 9:44.4 | 6:30 |
| 5 | MacEy Kent, 8th | 10:36.0 | 7:04 | 10 | Abby Jones, 7th | 11:04.6 | 7:23 |
| 6 | Reagan McMenomy, 8th | 10:36.8 | 7:05 | 16 | Rebecca Caldwell, 8th | 11:49.4 | 7:53 |
| 12 | Zada Buchholtz, 8th | 11:07.3 | 7:25 | 32 | Jessa Demoss, 8th | 13:41.9 | 9:08 |
| 17 | Briley Winegarden, 7th | 11:55.8 | 7:57 | 33 | Madilyn Colburn, 8th | 16:34.6 | 11:03 |
| 21 | Zoey Soukup, 7th | 12:28.7 | 8:19 | | | | |
| | Abby Batey, 7th | 13:10.7 | 8:47 | | | | |
| | Mya Rivera, 8th | 13:25.8 | 8:57 | | | | |
| | Sammie Parsons, 7th | 14:23.4 | 9:36 | | | | |
| | Molly Thomas, 7th | 14:36.9 | 9:45 | | | | |
| 4) Mount Vernon-Lisbon MS | | | | 5) Isaac Newton Christian Academ | | | |
| Score = 66 | | | | Score = 80 | | | |
| 14 | Sky Rodman, 7th | 11:24.2 | 7:36 | 13 | Brooke Groezinger, 7th | 11:07.9 | 7:25 |
| 15 | Sierra Snyder, 8th | 11:42.8 | 7:49 | 20 | Rya McFarland, 8th | 12:24.9 | 8:17 |
| 18 | Clare Nydegger, 7th | 12:10.1 | 8:07 | 23 | Eva Ford, 8th | 12:36.3 | 8:24 |
| 19 | Audrey Tucker, 8th | 12:13.0 | 8:09 | 24 | Keira Richmond, 7th | 12:45.4 | 8:30 |
| 22 | Emily Patten, 8th | 12:29.2 | 8:19 | | | | |
| 26 | Kylie Pyatt, 8th | 12:49.9 | 8:33 | | | | |
| | Renee Vig, 7th | 12:52.3 | 8:35 | | | | |
| | Anna Vavricek, 8th | 13:19.9 | 8:53 | | | | |
| | Lillian Bishop, 8th | 14:05.0 | 9:23 | | | | |
| | Meg Dye, 7th | 16:04.0 | 10:43 | | | | |
| | Lauren Hepker, 7th | 16:22.2 | 10:55 | | | | |
| | Brandy Hills, 7th | 16:32.0 | 11:01 | | | | |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|----------------------------------------------------|------------------------|---------|-------|--------------------------------------------|------------------------|---------|-------|
| 1) Solon MS Score = 20 | | | | 6) Vinton-Shellsburg MS Score = 109 | | | |
| 2 | Gracie Federspiel, 8th | 10:33.0 | 7:02 | 25 | Olivia Primrose, 7th | 12:46.2 | 8:31 |
| 3 | Lydia Hogan, 7th | 10:34.0 | 7:03 | 27 | Aliza Brummer, 8th | 13:04.5 | 8:43 |
| 7 | Anna Quillin, 8th | 10:37.3 | 7:05 | 28 | McKenna Kingsbury, 8th | 13:06.6 | 8:44 |
| 8 | Grace Hooper, 7th | 10:46.2 | 7:11 | 29 | Addy Chvala, 7th | 13:11.4 | 8:48 |
| 9 | Ashlyn Williams, 8th | 10:55.3 | 7:17 | 30 | Klarisa Kerkman, 8th | 13:17.1 | 8:51 |
| 11 | Sydney Dee, 7th | 11:07.1 | 7:25 | 31 | Albijona Tafa, 8th | 13:22.9 | 8:55 |
| | Mia Duckett, 8th | 11:18.8 | 7:33 | | Tori Elwick, 8th | 13:29.0 | 8:59 |
| | Valerie Miller, 7th | 11:25.0 | 7:37 | | Chloe Mossman, 7th | 13:32.1 | 9:01 |
| | Ella Sheeley, 7th | 11:31.2 | 7:41 | | Rachel Rollinger, 8th | 13:53.1 | 9:15 |
| | Kate Richards, 8th | 11:44.0 | 7:49 | | Izzie Birker, 7th | 17:23.9 | 11:36 |
| | Rose McAtee, 7th | 11:45.3 | 7:50 | | Brenna Trinkle, 7th | 17:24.1 | 11:36 |
| | Mia Stahle, 8th | 11:50.2 | 7:53 | Incomplete Teams: | | | |
| | Kobi Lietz, 7th | 11:59.7 | 8:00 | Blessed Maria Assunta Pallo | | | |
| | Addi Greene, 7th | 12:04.2 | 8:03 | 65 | Grace Marlin, 7th | 15:32.7 | 10:22 |
| | Silvie Hendricks, 7th | 12:05.1 | 8:03 | | | | |
| | Meg Duster, 8th | 12:06.2 | 8:04 | | | | |
| | Olivia Scott, 7th | 12:07.1 | 8:05 | | | | |
| | Peyton Pentico, 8th | 12:12.2 | 8:08 | | | | |
| | Grace Yetley, 8th | 12:19.6 | 8:13 | | | | |
| | Sophia Miles, 7th | 12:30.0 | 8:20 | | | | |
| | Tatum Holtkamp, 8th | 12:41.0 | 8:27 | | | | |
| | Olivia Bonnema, 7th | 12:43.3 | 8:29 | | | | |
| | Farrah Hendricks, 7th | 12:48.0 | 8:32 | | | | |
| | Kara Vedepo, 7th | 12:48.5 | 8:32 | | | | |
| | Gretchen Marcy, 8th | 13:26.8 | 8:58 | | | | |
| | Avery Mann, 8th | 14:10.8 | 9:27 | | | | |
| | Kassidy Lietz, 8th | 14:13.7 | 9:29 | | | | |
| | Norah Fischer, 8th | 14:57.6 | 9:58 | | | | |
| | Jocelyn Hendricks, 7th | 16:28.9 | 10:59 | | | | |
| | Kira Burkum, 8th | 16:39.1 | 11:06 | | | | |
| 2) Williamsburg MS Score = 27 | | | | | | | |
| 4 | Shannon Finn, 8th | 10:34.3 | 7:03 | | | | |
| 5 | MacEy Kent, 8th | 10:36.0 | 7:04 | | | | |
| 6 | Reagan McMenomy, 8th | 10:36.8 | 7:05 | | | | |
| 12 | Zada Buchholtz, 8th | 11:07.3 | 7:25 | | | | |
| 17 | Briley Winegarden, 7th | 11:55.8 | 7:57 | | | | |
| 21 | Zoey Soukup, 7th | 12:28.7 | 8:19 | | | | |
| | Abby Batey, 7th | 13:10.7 | 8:47 | | | | |
| | Mya Rivera, 8th | 13:25.8 | 8:57 | | | | |
| | Sammie Parsons, 7th | 14:23.4 | 9:36 | | | | |
| | Molly Thomas, 7th | 14:36.9 | 9:45 | | | | |
| 3) Benton Community MS Score = 59 | | | | | | | |
| 1 | Jaida Lyons, 8th | 9:44.4 | 6:30 | | | | |
| 10 | Abby Jones, 7th | 11:04.6 | 7:23 | | | | |
| 16 | Rebecca Caldwell, 8th | 11:49.4 | 7:53 | | | | |
| 32 | Jessa Demoss, 8th | 13:41.9 | 9:08 | | | | |
| 33 | Madilyn Colburn, 8th | 16:34.6 | 11:03 | | | | |
| 4) Mount Vernon-Lisbon MS Score = 66 | | | | | | | |
| 14 | Sky Rodman, 7th | 11:24.2 | 7:36 | | | | |
| 15 | Sierra Snyder, 8th | 11:42.8 | 7:49 | | | | |
| 18 | Clare Nydegger, 7th | 12:10.1 | 8:07 | | | | |
| 19 | Audrey Tucker, 8th | 12:13.0 | 8:09 | | | | |
| 22 | Emily Patten, 8th | 12:29.2 | 8:19 | | | | |
| 26 | Kylie Pyatt, 8th | 12:49.9 | 8:33 | | | | |
| | Renee Vig, 7th | 12:52.3 | 8:35 | | | | |
| | Anna Vavricek, 8th | 13:19.9 | 8:53 | | | | |
| | Lillian Bishop, 8th | 14:05.0 | 9:23 | | | | |
| | Meg Dye, 7th | 16:04.0 | 10:43 | | | | |
| | Lauren Hepker, 7th | 16:22.2 | 10:55 | | | | |
| | Brandy Hills, 7th | 16:32.0 | 11:01 | | | | |
| 5) Isaac Newton Christian Academ Score = 80 | | | | | | | |
| 13 | Brooke Groezinger, 7th | 11:07.9 | 7:25 | | | | |
| 20 | Rya McFarland, 8th | 12:24.9 | 8:17 | | | | |
| 23 | Eva Ford, 8th | 12:36.3 | 8:24 | | | | |
| 24 | Keira Richmond, 7th | 12:45.4 | 8:30 | | | | |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|----------------------------------|------------------------|---------|-------|-----------------------------------------|------------------------|---------|-------|
| 1) Solon MS | | | | 6) Vinton-Shellsburg MS | | | |
| Score = 20 | | | | Score = 109 | | | |
| 2 | Gracie Federspiel, 8th | 10:33.0 | 7:02 | 25 | Olivia Primrose, 7th | 12:46.2 | 8:31 |
| 3 | Lydia Hogan, 7th | 10:34.0 | 7:03 | 27 | Aliza Brummer, 8th | 13:04.5 | 8:43 |
| 7 | Anna Quillin, 8th | 10:37.3 | 7:05 | 28 | McKenna Kingsbury, 8th | 13:06.6 | 8:44 |
| 8 | Grace Hooper, 7th | 10:46.2 | 7:11 | 29 | Addy Chvala, 7th | 13:11.4 | 8:48 |
| 9 | Ashlyn Williams, 8th | 10:55.3 | 7:17 | 30 | Klarisa Kerkman, 8th | 13:17.1 | 8:51 |
| 11 | Sydney Dee, 7th | 11:07.1 | 7:25 | 31 | Albijona Tafa, 8th | 13:22.9 | 8:55 |
| | Mia Duckett, 8th | 11:18.8 | 7:33 | | Tori Elwick, 8th | 13:29.0 | 8:59 |
| | Valerie Miller, 7th | 11:25.0 | 7:37 | | Chloe Mossman, 7th | 13:32.1 | 9:01 |
| | Ella Sheeley, 7th | 11:31.2 | 7:41 | | Rachel Rollinger, 8th | 13:53.1 | 9:15 |
| | Kate Richards, 8th | 11:44.0 | 7:49 | | Izzie Birker, 7th | 17:23.9 | 11:36 |
| | Rose McAtee, 7th | 11:45.3 | 7:50 | | Brenna Trinkle, 7th | 17:24.1 | 11:36 |
| | Mia Stahle, 8th | 11:50.2 | 7:53 | Incomplete Teams: | | | |
| | Kobi Lietz, 7th | 11:59.7 | 8:00 | Blessed Maria Assunta Pallo | | | |
| | Addi Greene, 7th | 12:04.2 | 8:03 | 65 | Grace Marlin, 7th | 15:32.7 | 10:22 |
| | Silvie Hendricks, 7th | 12:05.1 | 8:03 | | | | |
| | Meg Duster, 8th | 12:06.2 | 8:04 | | | | |
| | Olivia Scott, 7th | 12:07.1 | 8:05 | | | | |
| | Peyton Pentico, 8th | 12:12.2 | 8:08 | | | | |
| | Grace Yetley, 8th | 12:19.6 | 8:13 | | | | |
| | Sophia Miles, 7th | 12:30.0 | 8:20 | | | | |
| | Tatum Holtkamp, 8th | 12:41.0 | 8:27 | | | | |
| | Olivia Bonnema, 7th | 12:43.3 | 8:29 | | | | |
| | Farrah Hendricks, 7th | 12:48.0 | 8:32 | | | | |
| | Kara Vedepo, 7th | 12:48.5 | 8:32 | | | | |
| | Gretchen Marcy, 8th | 13:26.8 | 8:58 | | | | |
| | Avery Mann, 8th | 14:10.8 | 9:27 | | | | |
| | Kassidy Lietz, 8th | 14:13.7 | 9:29 | | | | |
| | Norah Fischer, 8th | 14:57.6 | 9:58 | | | | |
| | Jocelyn Hendricks, 7th | 16:28.9 | 10:59 | | | | |
| | Kira Burkum, 8th | 16:39.1 | 11:06 | | | | |
| 2) Williamsburg MS | | | | 3) Benton Community MS | | | |
| Score = 27 | | | | Score = 59 | | | |
| 4 | Shannon Finn, 8th | 10:34.3 | 7:03 | 1 | Jaida Lyons, 8th | 9:44.4 | 6:30 |
| 5 | MacEy Kent, 8th | 10:36.0 | 7:04 | 10 | Abby Jones, 7th | 11:04.6 | 7:23 |
| 6 | Reagan McMenomy, 8th | 10:36.8 | 7:05 | 16 | Rebecca Caldwell, 8th | 11:49.4 | 7:53 |
| 12 | Zada Buchholtz, 8th | 11:07.3 | 7:25 | 32 | Jessa Demoss, 8th | 13:41.9 | 9:08 |
| 17 | Briley Winegarden, 7th | 11:55.8 | 7:57 | 33 | Madilyn Colburn, 8th | 16:34.6 | 11:03 |
| 21 | Zoey Soukup, 7th | 12:28.7 | 8:19 | | | | |
| | Abby Batey, 7th | 13:10.7 | 8:47 | | | | |
| | Mya Rivera, 8th | 13:25.8 | 8:57 | | | | |
| | Sammie Parsons, 7th | 14:23.4 | 9:36 | | | | |
| | Molly Thomas, 7th | 14:36.9 | 9:45 | | | | |
| 4) Mount Vernon-Lisbon MS | | | | 5) Isaac Newton Christian Academ | | | |
| Score = 66 | | | | Score = 80 | | | |
| 14 | Sky Rodman, 7th | 11:24.2 | 7:36 | 13 | Brooke Groezinger, 7th | 11:07.9 | 7:25 |
| 15 | Sierra Snyder, 8th | 11:42.8 | 7:49 | 20 | Rya McFarland, 8th | 12:24.9 | 8:17 |
| 18 | Clare Nydegger, 7th | 12:10.1 | 8:07 | 23 | Eva Ford, 8th | 12:36.3 | 8:24 |
| 19 | Audrey Tucker, 8th | 12:13.0 | 8:09 | 24 | Keira Richmond, 7th | 12:45.4 | 8:30 |
| 22 | Emily Patten, 8th | 12:29.2 | 8:19 | | | | |
| 26 | Kylie Pyatt, 8th | 12:49.9 | 8:33 | | | | |
| | Renee Vig, 7th | 12:52.3 | 8:35 | | | | |
| | Anna Vavricek, 8th | 13:19.9 | 8:53 | | | | |
| | Lillian Bishop, 8th | 14:05.0 | 9:23 | | | | |
| | Meg Dye, 7th | 16:04.0 | 10:43 | | | | |
| | Lauren Hepker, 7th | 16:22.2 | 10:55 | | | | |
| | Brandy Hills, 7th | 16:32.0 | 11:01 | | | | |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|----------------------------------|------------------------|---------|-------|-----------------------------------------|------------------------|---------|-------|
| 1) Solon MS | | | | 6) Vinton-Shellsburg MS | | | |
| Score = 20 | | | | Score = 109 | | | |
| 2 | Gracie Federspiel, 8th | 10:33.0 | 7:02 | 25 | Olivia Primrose, 7th | 12:46.2 | 8:31 |
| 3 | Lydia Hogan, 7th | 10:34.0 | 7:03 | 27 | Aliza Brummer, 8th | 13:04.5 | 8:43 |
| 7 | Anna Quillin, 8th | 10:37.3 | 7:05 | 28 | McKenna Kingsbury, 8th | 13:06.6 | 8:44 |
| 8 | Grace Hooper, 7th | 10:46.2 | 7:11 | 29 | Addy Chvala, 7th | 13:11.4 | 8:48 |
| 9 | Ashlyn Williams, 8th | 10:55.3 | 7:17 | 30 | Klarisa Kerkman, 8th | 13:17.1 | 8:51 |
| 11 | Sydney Dee, 7th | 11:07.1 | 7:25 | 31 | Albijona Tafa, 8th | 13:22.9 | 8:55 |
| | Mia Duckett, 8th | 11:18.8 | 7:33 | | Tori Elwick, 8th | 13:29.0 | 8:59 |
| | Valerie Miller, 7th | 11:25.0 | 7:37 | | Chloe Mossman, 7th | 13:32.1 | 9:01 |
| | Ella Sheeley, 7th | 11:31.2 | 7:41 | | Rachel Rollinger, 8th | 13:53.1 | 9:15 |
| | Kate Richards, 8th | 11:44.0 | 7:49 | | Izzie Birker, 7th | 17:23.9 | 11:36 |
| | Rose McAtee, 7th | 11:45.3 | 7:50 | | Brenna Trinkle, 7th | 17:24.1 | 11:36 |
| | Mia Stahle, 8th | 11:50.2 | 7:53 | Incomplete Teams: | | | |
| | Kobi Lietz, 7th | 11:59.7 | 8:00 | Blessed Maria Assunta Pallo | | | |
| | Addi Greene, 7th | 12:04.2 | 8:03 | 65 | Grace Marlin, 7th | 15:32.7 | 10:22 |
| | Silvie Hendricks, 7th | 12:05.1 | 8:03 | | | | |
| | Meg Duster, 8th | 12:06.2 | 8:04 | | | | |
| | Olivia Scott, 7th | 12:07.1 | 8:05 | | | | |
| | Peyton Pentico, 8th | 12:12.2 | 8:08 | | | | |
| | Grace Yetley, 8th | 12:19.6 | 8:13 | | | | |
| | Sophia Miles, 7th | 12:30.0 | 8:20 | | | | |
| | Tatum Holtkamp, 8th | 12:41.0 | 8:27 | | | | |
| | Olivia Bonnema, 7th | 12:43.3 | 8:29 | | | | |
| | Farrah Hendricks, 7th | 12:48.0 | 8:32 | | | | |
| | Kara Vedepo, 7th | 12:48.5 | 8:32 | | | | |
| | Gretchen Marcy, 8th | 13:26.8 | 8:58 | | | | |
| | Avery Mann, 8th | 14:10.8 | 9:27 | | | | |
| | Kassidy Lietz, 8th | 14:13.7 | 9:29 | | | | |
| | Norah Fischer, 8th | 14:57.6 | 9:58 | | | | |
| | Jocelyn Hendricks, 7th | 16:28.9 | 10:59 | | | | |
| | Kira Burkum, 8th | 16:39.1 | 11:06 | | | | |
| 2) Williamsburg MS | | | | 3) Benton Community MS | | | |
| Score = 27 | | | | Score = 59 | | | |
| 4 | Shannon Finn, 8th | 10:34.3 | 7:03 | 1 | Jaida Lyons, 8th | 9:44.4 | 6:30 |
| 5 | MacEy Kent, 8th | 10:36.0 | 7:04 | 10 | Abby Jones, 7th | 11:04.6 | 7:23 |
| 6 | Reagan McMenomy, 8th | 10:36.8 | 7:05 | 16 | Rebecca Caldwell, 8th | 11:49.4 | 7:53 |
| 12 | Zada Buchholtz, 8th | 11:07.3 | 7:25 | 32 | Jessa Demoss, 8th | 13:41.9 | 9:08 |
| 17 | Briley Winegarden, 7th | 11:55.8 | 7:57 | 33 | Madilyn Colburn, 8th | 16:34.6 | 11:03 |
| 21 | Zoey Soukup, 7th | 12:28.7 | 8:19 | | | | |
| | Abby Batey, 7th | 13:10.7 | 8:47 | | | | |
| | Mya Rivera, 8th | 13:25.8 | 8:57 | | | | |
| | Sammie Parsons, 7th | 14:23.4 | 9:36 | | | | |
| | Molly Thomas, 7th | 14:36.9 | 9:45 | | | | |
| 4) Mount Vernon-Lisbon MS | | | | 5) Isaac Newton Christian Academ | | | |
| Score = 66 | | | | Score = 80 | | | |
| 14 | Sky Rodman, 7th | 11:24.2 | 7:36 | 13 | Brooke Groezinger, 7th | 11:07.9 | 7:25 |
| 15 | Sierra Snyder, 8th | 11:42.8 | 7:49 | 20 | Rya McFarland, 8th | 12:24.9 | 8:17 |
| 18 | Clare Nydegger, 7th | 12:10.1 | 8:07 | 23 | Eva Ford, 8th | 12:36.3 | 8:24 |
| 19 | Audrey Tucker, 8th | 12:13.0 | 8:09 | 24 | Keira Richmond, 7th | 12:45.4 | 8:30 |
| 22 | Emily Patten, 8th | 12:29.2 | 8:19 | | | | |
| 26 | Kylie Pyatt, 8th | 12:49.9 | 8:33 | | | | |
| | Renee Vig, 7th | 12:52.3 | 8:35 | | | | |
| | Anna Vavricek, 8th | 13:19.9 | 8:53 | | | | |
| | Lillian Bishop, 8th | 14:05.0 | 9:23 | | | | |
| | Meg Dye, 7th | 16:04.0 | 10:43 | | | | |
| | Lauren Hepker, 7th | 16:22.2 | 10:55 | | | | |
| | Brandy Hills, 7th | 16:32.0 | 11:01 | | | | |

Benton Invitational

MS Girls Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|----------------------------------------------------|------------------------|---------|-------|--------------------------------------------|------------------------|---------|-------|
| 1) Solon MS Score = 20 | | | | 6) Vinton-Shellsburg MS Score = 109 | | | |
| 2 | Gracie Federspiel, 8th | 10:33.0 | 7:02 | 25 | Olivia Primrose, 7th | 12:46.2 | 8:31 |
| 3 | Lydia Hogan, 7th | 10:34.0 | 7:03 | 27 | Aliza Brummer, 8th | 13:04.5 | 8:43 |
| 7 | Anna Quillin, 8th | 10:37.3 | 7:05 | 28 | McKenna Kingsbury, 8th | 13:06.6 | 8:44 |
| 8 | Grace Hooper, 7th | 10:46.2 | 7:11 | 29 | Addy Chvala, 7th | 13:11.4 | 8:48 |
| 9 | Ashlyn Williams, 8th | 10:55.3 | 7:17 | 30 | Klarisa Kerkman, 8th | 13:17.1 | 8:51 |
| 11 | Sydney Dee, 7th | 11:07.1 | 7:25 | 31 | Albijona Tafa, 8th | 13:22.9 | 8:55 |
| | Mia Duckett, 8th | 11:18.8 | 7:33 | | Tori Elwick, 8th | 13:29.0 | 8:59 |
| | Valerie Miller, 7th | 11:25.0 | 7:37 | | Chloe Mossman, 7th | 13:32.1 | 9:01 |
| | Ella Sheeley, 7th | 11:31.2 | 7:41 | | Rachel Rollinger, 8th | 13:53.1 | 9:15 |
| | Kate Richards, 8th | 11:44.0 | 7:49 | | Izzie Birker, 7th | 17:23.9 | 11:36 |
| | Rose McAtee, 7th | 11:45.3 | 7:50 | | Brenna Trinkle, 7th | 17:24.1 | 11:36 |
| | Mia Stahle, 8th | 11:50.2 | 7:53 | Incomplete Teams: | | | |
| | Kobi Lietz, 7th | 11:59.7 | 8:00 | Blessed Maria Assunta Pallo | | | |
| | Addi Greene, 7th | 12:04.2 | 8:03 | 65 | Grace Marlin, 7th | 15:32.7 | 10:22 |
| | Silvie Hendricks, 7th | 12:05.1 | 8:03 | | | | |
| | Meg Duster, 8th | 12:06.2 | 8:04 | | | | |
| | Olivia Scott, 7th | 12:07.1 | 8:05 | | | | |
| | Peyton Pentico, 8th | 12:12.2 | 8:08 | | | | |
| | Grace Yetley, 8th | 12:19.6 | 8:13 | | | | |
| | Sophia Miles, 7th | 12:30.0 | 8:20 | | | | |
| | Tatum Holtkamp, 8th | 12:41.0 | 8:27 | | | | |
| | Olivia Bonnema, 7th | 12:43.3 | 8:29 | | | | |
| | Farrah Hendricks, 7th | 12:48.0 | 8:32 | | | | |
| | Kara Vedepo, 7th | 12:48.5 | 8:32 | | | | |
| | Gretchen Marcy, 8th | 13:26.8 | 8:58 | | | | |
| | Avery Mann, 8th | 14:10.8 | 9:27 | | | | |
| | Kassidy Lietz, 8th | 14:13.7 | 9:29 | | | | |
| | Norah Fischer, 8th | 14:57.6 | 9:58 | | | | |
| | Jocelyn Hendricks, 7th | 16:28.9 | 10:59 | | | | |
| | Kira Burkum, 8th | 16:39.1 | 11:06 | | | | |
| 2) Williamsburg MS Score = 27 | | | | | | | |
| 4 | Shannon Finn, 8th | 10:34.3 | 7:03 | | | | |
| 5 | MacEy Kent, 8th | 10:36.0 | 7:04 | | | | |
| 6 | Reagan McMenomy, 8th | 10:36.8 | 7:05 | | | | |
| 12 | Zada Buchholtz, 8th | 11:07.3 | 7:25 | | | | |
| 17 | Briley Winegarden, 7th | 11:55.8 | 7:57 | | | | |
| 21 | Zoey Soukup, 7th | 12:28.7 | 8:19 | | | | |
| | Abby Batey, 7th | 13:10.7 | 8:47 | | | | |
| | Mya Rivera, 8th | 13:25.8 | 8:57 | | | | |
| | Sammie Parsons, 7th | 14:23.4 | 9:36 | | | | |
| | Molly Thomas, 7th | 14:36.9 | 9:45 | | | | |
| 3) Benton Community MS Score = 59 | | | | | | | |
| 1 | Jaida Lyons, 8th | 9:44.4 | 6:30 | | | | |
| 10 | Abby Jones, 7th | 11:04.6 | 7:23 | | | | |
| 16 | Rebecca Caldwell, 8th | 11:49.4 | 7:53 | | | | |
| 32 | Jessa Demoss, 8th | 13:41.9 | 9:08 | | | | |
| 33 | Madilyn Colburn, 8th | 16:34.6 | 11:03 | | | | |
| 4) Mount Vernon-Lisbon MS Score = 66 | | | | | | | |
| 14 | Sky Rodman, 7th | 11:24.2 | 7:36 | | | | |
| 15 | Sierra Snyder, 8th | 11:42.8 | 7:49 | | | | |
| 18 | Clare Nydegger, 7th | 12:10.1 | 8:07 | | | | |
| 19 | Audrey Tucker, 8th | 12:13.0 | 8:09 | | | | |
| 22 | Emily Patten, 8th | 12:29.2 | 8:19 | | | | |
| 26 | Kylie Pyatt, 8th | 12:49.9 | 8:33 | | | | |
| | Renee Vig, 7th | 12:52.3 | 8:35 | | | | |
| | Anna Vavricek, 8th | 13:19.9 | 8:53 | | | | |
| | Lillian Bishop, 8th | 14:05.0 | 9:23 | | | | |
| | Meg Dye, 7th | 16:04.0 | 10:43 | | | | |
| | Lauren Hepker, 7th | 16:22.2 | 10:55 | | | | |
| | Brandy Hills, 7th | 16:32.0 | 11:01 | | | | |
| 5) Isaac Newton Christian Academ Score = 80 | | | | | | | |
| 13 | Brooke Groezinger, 7th | 11:07.9 | 7:25 | | | | |
| 20 | Rya McFarland, 8th | 12:24.9 | 8:17 | | | | |
| 23 | Eva Ford, 8th | 12:36.3 | 8:24 | | | | |
| 24 | Keira Richmond, 7th | 12:45.4 | 8:30 | | | | |

Benton Invitational

MS Boys Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | Total | Ttl Time | Ave Time | Spread |
|-------|----------------------------|----|----|----|----|----|----|-------|----------|----------|--------|
| 1 | Solon MS | 1 | 2 | 3 | 4 | 8 | 11 | = 10 | 38:09.7 | 9:32.4 | 0:17.1 |
| 2 | Mount Vernon-Lisbon MS | 6 | 9 | 10 | 14 | 15 | 19 | = 39 | 40:39.4 | 10:09.9 | 0:55.5 |
| 3 | Williamsburg MS | 5 | 13 | 17 | 23 | 24 | 27 | = 58 | 42:56.2 | 10:44.1 | 1:41.2 |
| 4 | Vinton-Shellsburg MS | 12 | 18 | 20 | 21 | 25 | 26 | = 71 | 43:55.2 | 10:58.8 | 1:09.1 |
| 5 | Benton Community MS | 7 | 16 | 22 | 28 | 31 | 33 | = 73 | 44:42.3 | 11:10.6 | 2:30.4 |
| 6 | Meskwaki Settlement School | 29 | 30 | 32 | 34 | | | = 125 | 53:58.3 | 13:29.6 | 1:07.2 |

Incomplete Teams: Blessed Maria Assunta Pallotta MS, Isaac Newton Christian Academy-CVC

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-----------------------|------|--------------------------------|---------|----------|
| 1 | 1 | Keegan Conway | 7th | Solon MS | 9:25.1 | 6:17 |
| 2 | 2 | Michael Yeomans | 8th | Solon MS | 9:25.8 | 6:17 |
| 3 | 3 | Wyatt Applegarth | 8th | Solon MS | 9:36.5 | 6:24 |
| 4 | 4 | Brick Kabela | 8th | Solon MS | 9:42.2 | 6:28 |
| 5 | 5 | Wes Hulseberg | 8th | Williamsburg MS | 9:50.5 | 6:34 |
| 6 | 6 | Grady Olberding | 7th | Mount Vernon-Lisbon MS | 9:50.7 | 6:34 |
| 7 | 7 | Isaac Morris | 8th | Benton Community MS | 9:53.4 | 6:36 |
| 8 | 8 | Grant Bumsted | 8th | Solon MS | 9:53.7 | 6:36 |
| 9 | 9 | Luke Stephens | 8th | Mount Vernon-Lisbon MS | 9:57.3 | 6:38 |
| 10 | 10 | Seamus O'Connor | 7th | Mount Vernon-Lisbon MS | 10:05.2 | 6:43 |
| 11 | 11 | Grant Knipper | 8th | Solon MS | 10:08.6 | 6:46 |
| 12 | 12 | Ryan Sivola | 7th | Vinton-Shellsburg MS | 10:12.7 | 6:48 |
| 13 | | Josiah Hale | 8th | Solon MS | 10:14.5 | 6:50 |
| 14 | | Collin Bumsted | 8th | Solon MS | 10:17.5 | 6:52 |
| 15 | 13 | Devin Busch | 7th | Williamsburg MS | 10:34.6 | 7:03 |
| 16 | 14 | Aiden Campbell | 8th | Mount Vernon-Lisbon MS | 10:46.2 | 7:11 |
| 17 | 15 | Ryan Ross | 8th | Mount Vernon-Lisbon MS | 10:52.8 | 7:15 |
| 18 | 16 | Marcus Ricklefs | 8th | Benton Community MS | 10:55.0 | 7:17 |
| 19 | 17 | Calvin Seeman | 8th | Williamsburg MS | 10:59.4 | 7:20 |
| 20 | | Ben Duckett | 8th | Solon MS | 11:01.8 | 7:21 |
| 21 | | Caleb Skinner | 8th | Isaac Newton Christian Academy | 11:04.0 | 7:23 |
| 22 | 18 | Emmett Colsch | 8th | Vinton-Shellsburg MS | 11:04.1 | 7:23 |
| 23 | 19 | Ben Strecker | 7th | Mount Vernon-Lisbon MS | 11:04.8 | 7:23 |
| 24 | | Gage Holub | 7th | Mount Vernon-Lisbon MS | 11:09.6 | 7:26 |
| 25 | | Brody Nosek | 7th | Mount Vernon-Lisbon MS | 11:09.7 | 7:26 |
| 26 | 20 | Max Janssen | 8th | Vinton-Shellsburg MS | 11:16.6 | 7:31 |
| 27 | | Braxton Pitlik | 8th | Mount Vernon-Lisbon MS | 11:19.8 | 7:33 |
| 28 | | Tyson Wheeler | 8th | Solon MS | 11:21.3 | 7:34 |
| 29 | 21 | Eli Page | 8th | Vinton-Shellsburg MS | 11:21.8 | 7:35 |
| 30 | | Jordan Schmidt | 7th | Solon MS | 11:27.8 | 7:39 |
| 31 | 22 | Caleb Gessner | 8th | Benton Community MS | 11:30.2 | 7:40 |
| 32 | 23 | Keaton Whitehill | 7th | Williamsburg MS | 11:31.7 | 7:41 |
| 33 | | David Hultquist | 7th | Mount Vernon-Lisbon MS | 11:32.1 | 7:41 |
| 34 | 24 | Braden Yelland | 8th | Williamsburg MS | 11:32.4 | 7:42 |
| 35 | | Brady Evers | 7th | Solon MS | 11:33.6 | 7:42 |
| 36 | | Arthur Seufferlein | 7th | Isaac Newton Christian Academy | 11:35.9 | 7:44 |
| 37 | | Graham Vavricek | 7th | Mount Vernon-Lisbon MS | 11:36.8 | 7:45 |
| 38 | | Chris Rieke | 7th | Mount Vernon-Lisbon MS | 11:37.4 | 7:45 |
| 39 | | Ethan Melloy | 8th | Solon MS | 11:46.8 | 7:51 |
| 40 | 25 | Grayson Farmer | 7th | Vinton-Shellsburg MS | 11:58.4 | 7:59 |
| 41 | | Gabe Nicholson | 8th | Solon MS | 12:04.9 | 8:03 |
| 42 | 26 | Hugh Mangold | 8th | Vinton-Shellsburg MS | 12:06.7 | 8:04 |
| 43 | | Hayden Davis | 7th | Vinton-Shellsburg MS | 12:06.9 | 8:05 |
| 44 | | Wyatt Olney | 8th | Mount Vernon-Lisbon MS | 12:13.3 | 8:09 |
| 45 | 27 | Will Schulte | 7th | Williamsburg MS | 12:17.9 | 8:12 |
| 46 | | Joey Recalde | 7th | Mount Vernon-Lisbon MS | 12:19.1 | 8:13 |
| 47 | | Cayden Scheil | 7th | Mount Vernon-Lisbon MS | 12:20.0 | 8:13 |
| 48 | 28 | Noah Morris | 7th | Benton Community MS | 12:23.8 | 8:16 |
| 49 | | Zach Soukup | 7th | Williamsburg MS | 12:30.6 | 8:20 |
| 50 | | Bjorn Valberg | 8th | Isaac Newton Christian Academy | 12:31.9 | 8:21 |
| 51 | | Nathaniel Crow | 7th | Williamsburg MS | 12:33.6 | 8:22 |
| 52 | | Jubal Clapp | 8th | Williamsburg MS | 12:37.6 | 8:25 |
| 53 | | Isaac Sturtz | 8th | Vinton-Shellsburg MS | 12:39.7 | 8:26 |
| 54 | 29 | Tenoch Snow | 7th | Meskwaki Settlement School | 13:02.6 | 8:42 |
| 55 | 30 | Davion Slick-Driscoll | 7th | Meskwaki Settlement School | 13:09.4 | 8:46 |
| 56 | 31 | Ty Rulbartz | 8th | Benton Community MS | 13:13.4 | 8:49 |
| 57 | | Ryan Shipley | 7th | Vinton-Shellsburg MS | 13:18.0 | 8:52 |
| 58 | 32 | Jayven Roberts | 7th | Meskwaki Settlement School | 13:36.5 | 9:04 |
| 59 | | Taylor Young | 7th | Williamsburg MS | 13:38.3 | 9:06 |
| 60 | | Wyatt Janssen | 8th | Vinton-Shellsburg MS | 13:40.7 | 9:07 |
| 61 | | Devyn Hanson | 8th | Mount Vernon-Lisbon MS | 13:41.6 | 9:08 |
| 62 | | Logan Rudish | 7th | Solon MS | 13:41.8 | 9:08 |
| 63 | 33 | Jackson Price | 8th | Benton Community MS | 13:43.4 | 9:09 |
| 64 | | Blake Youngblut | 7th | Mount Vernon-Lisbon MS | 13:45.0 | 9:10 |
| 65 | | Aj McDermott | 7th | Mount Vernon-Lisbon MS | 14:05.0 | 9:23 |
| 66 | 34 | Tibby Billy | 8th | Meskwaki Settlement School | 14:09.8 | 9:27 |
| 67 | | Jalen Hart | 7th | Blessed Maria Assunta Pallotta | 14:25.5 | 9:37 |
| 68 | | Sam Glynn | 8th | Vinton-Shellsburg MS | 15:03.4 | 10:02 |

Benton Invitational

MS Boys Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|-------------------|------|--------------------------------|---------|----------|
| 69 | | Cyler Williamson | 8th | Williamsburg MS | 15:07.9 | 10:05 |
| 70 | | Matthew Bookmeier | 8th | Vinton-Shellsburg MS | 15:17.7 | 10:12 |
| 71 | | Brady Gammil | 7th | Benton Community MS | 15:19.5 | 10:13 |
| 72 | | Baxter Koons | 7th | Williamsburg MS | 15:26.2 | 10:17 |
| 73 | | Emmett Jordan | 7th | Mount Vernon-Lisbon MS | 15:34.9 | 10:23 |
| 74 | | Louis Minard | 8th | Blessed Maria Assunta Pallotta | 15:44.2 | 10:29 |
| 75 | | Diego Adams | 7th | Benton Community MS | 17:37.8 | 11:45 |
| 76 | | Caius Higley | 7th | Vinton-Shellsburg MS | 18:28.0 | 12:19 |
| 77 | | Michael Devalk | 7th | Solon MS | 19:20.7 | 12:54 |
| 78 | | Lane Schubach | 7th | Blessed Maria Assunta Pallotta | 23:11.9 | 15:28 |

Benton Invitational

MS Boys Roundhouse Nature Trails - Atkins, IA 9/14/2019 0°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|----------------------------------|------------------------|----------------|-----------|--------------------------------------|----------------------------|----------------|------------|
| 1) Solon MS | | | | 6) Meskwaki Settlement School | | | |
| | | Score = | 10 | | | Score = | 125 |
| 1 | Keegan Conway, 7th | 9:25.1 | 6:17 | 29 | Tenoch Snow, 7th | 13:02.6 | 8:42 |
| 2 | Michael Yeomans, 8th | 9:25.8 | 6:17 | 30 | Davion Slick-Driscoll, 7th | 13:09.4 | 8:46 |
| 3 | Wyatt Applegarth, 8th | 9:36.5 | 6:24 | 32 | Jayven Roberts, 7th | 13:36.5 | 9:04 |
| 4 | Brick Kabela, 8th | 9:42.2 | 6:28 | 34 | Tibby Billy, 8th | 14:09.8 | 9:27 |
| 8 | Grant Bumsted, 8th | 9:53.7 | 6:36 | Incomplete Teams: | | | |
| 11 | Grant Knipper, 8th | 10:08.6 | 6:46 | Blessed Maria Assunta Pallo | | | |
| | Josiah Hale, 8th | 10:14.5 | 6:50 | 67 | Jalen Hart, 7th | 14:25.5 | 9:37 |
| | Collin Bumsted, 8th | 10:17.5 | 6:52 | 74 | Louis Minard, 8th | 15:44.2 | 10:29 |
| | Ben Duckett, 8th | 11:01.8 | 7:21 | 78 | Lane Schubach, 7th | 23:11.9 | 15:28 |
| | Tyson Wheeler, 8th | 11:21.3 | 7:34 | Isaac Newton Christian Acad | | | |
| | Jordan Schmidt, 7th | 11:27.8 | 7:39 | 21 | Caleb Skinner, 8th | 11:04.0 | 7:23 |
| | Brady Evers, 7th | 11:33.6 | 7:42 | 36 | Arthur Seufferlein, 7th | 11:35.9 | 7:44 |
| | Ethan Melloy, 8th | 11:46.8 | 7:51 | 50 | Bjorn Valberg, 8th | 12:31.9 | 8:21 |
| | Gabe Nicholson, 8th | 12:04.9 | 8:03 | | | | |
| | Logan Rudish, 7th | 13:41.8 | 9:08 | | | | |
| | Michael Devalk, 7th | 19:20.7 | 12:54 | | | | |
| 2) Mount Vernon-Lisbon MS | | | | | | | |
| | | Score = | 39 | | | | |
| 6 | Grady Olberding, 7th | 9:50.7 | 6:34 | | | | |
| 9 | Luke Stephens, 8th | 9:57.3 | 6:38 | | | | |
| 10 | Seamus O'Connor, 7th | 10:05.2 | 6:43 | | | | |
| 14 | Aiden Campbell, 8th | 10:46.2 | 7:11 | | | | |
| 15 | Ryan Ross, 8th | 10:52.8 | 7:15 | | | | |
| 19 | Ben Strecker, 7th | 11:04.8 | 7:23 | | | | |
| | Gage Holub, 7th | 11:09.6 | 7:26 | | | | |
| | Brody Nosek, 7th | 11:09.7 | 7:26 | | | | |
| | Braxton Pitlik, 8th | 11:19.8 | 7:33 | | | | |
| | David Hultquist, 7th | 11:32.1 | 7:41 | | | | |
| | Graham Vavricek, 7th | 11:36.8 | 7:45 | | | | |
| | Chris Ricke, 7th | 11:37.4 | 7:45 | | | | |
| | Wyatt Olney, 8th | 12:13.3 | 8:09 | | | | |
| | Joey Recalde, 7th | 12:19.1 | 8:13 | | | | |
| | Cayden Scheil, 7th | 12:20.0 | 8:13 | | | | |
| | Devyn Hanson, 8th | 13:41.6 | 9:08 | | | | |
| | Blake Youngblut, 7th | 13:45.0 | 9:10 | | | | |
| | Aj McDermott, 7th | 14:05.0 | 9:23 | | | | |
| | Emmett Jordan, 7th | 15:34.9 | 10:23 | | | | |
| 3) Williamsburg MS | | | | | | | |
| | | Score = | 58 | | | | |
| 5 | Wes Hulseberg, 8th | 9:50.5 | 6:34 | | | | |
| 13 | Devin Busch, 7th | 10:34.6 | 7:03 | | | | |
| 17 | Calvin Seeman, 8th | 10:59.4 | 7:20 | | | | |
| 23 | Keaton Whitehill, 7th | 11:31.7 | 7:41 | | | | |
| 24 | Braden Yelland, 8th | 11:32.4 | 7:42 | | | | |
| 27 | Will Schulte, 7th | 12:17.9 | 8:12 | | | | |
| | Zach Soukup, 7th | 12:30.6 | 8:20 | | | | |
| | Nathaniel Crow, 7th | 12:33.6 | 8:22 | | | | |
| | Jubal Clapp, 8th | 12:37.6 | 8:25 | | | | |
| | Taylor Young, 7th | 13:38.3 | 9:06 | | | | |
| | Cyler Williamson, 8th | 15:07.9 | 10:05 | | | | |
| | Baxter Koons, 7th | 15:26.2 | 10:17 | | | | |
| 4) Vinton-Shellsburg MS | | | | | | | |
| | | Score = | 71 | | | | |
| 12 | Ryan Sivola, 7th | 10:12.7 | 6:48 | | | | |
| 18 | Emmett Colsch, 8th | 11:04.1 | 7:23 | | | | |
| 20 | Max Janssen, 8th | 11:16.6 | 7:31 | | | | |
| 21 | Eli Page, 8th | 11:21.8 | 7:35 | | | | |
| 25 | Grayson Farmer, 7th | 11:58.4 | 7:59 | | | | |
| 26 | Hugh Mangold, 8th | 12:06.7 | 8:04 | | | | |
| | Hayden Davis, 7th | 12:06.9 | 8:05 | | | | |
| | Isaac Sturtz, 8th | 12:39.7 | 8:26 | | | | |
| | Ryan Shipley, 7th | 13:18.0 | 8:52 | | | | |
| | Wyatt Janssen, 8th | 13:40.7 | 9:07 | | | | |
| | Sam Glynn, 8th | 15:03.4 | 10:02 | | | | |
| | Matthew Bookmeier, 8th | 15:17.7 | 10:12 | | | | |
| | Caius Higley, 7th | 18:28.0 | 12:19 | | | | |
| 5) Benton Community MS | | | | | | | |
| | | Score = | 73 | | | | |
| 7 | Isaac Morris, 8th | 9:53.4 | 6:36 | | | | |
| 16 | Marcus Ricklefs, 8th | 10:55.0 | 7:17 | | | | |
| 22 | Caleb Gessner, 8th | 11:30.2 | 7:40 | | | | |
| 28 | Noah Morris, 7th | 12:23.8 | 8:16 | | | | |
| 31 | Ty Rulbartz, 8th | 13:13.4 | 8:49 | | | | |
| 33 | Jackson Price, 8th | 13:43.4 | 9:09 | | | | |
| | Brady Gammil, 7th | 15:19.5 | 10:13 | | | | |
| | Diego Adams, 7th | 17:37.8 | 11:45 | | | | |