

KIRK SCHMALTZ CROSS COUNTRY INVITATIONAL

GIRLS VARSITY 5K Cross Country Meet

Event: Varsity Girls 5K

Date: Thursday, September 05, 2019

Location: Ames, IA * ISU CC Course

Weather: Sunny 89°

Results By: Brett Carney * All-American Timing

Place	School	1	2	3	4	5	6	7	Score	Time Total	Average	Spread
1	Rock Bridge MO	2	6	9	11	12	17	37	40	1:44:30	20:54	1:19
2	Waukee	3	4	5	22	24	27	50	58	1:46:14	21:15	1:39
3	Ankeny Centennial	7	13	15	18	20	23	31	73	1:47:32	21:30	0:59
4	Valley WDM	14	19	26	28	35	46	49	122	1:51:51	22:22	1:43
5	Grinnell	10	16	29	39	51	53	65	145	1:53:27	22:41	3:06
6	Ankeny High School	25	32	34	36	38	40		165	1:55:24	23:05	1:13
7	Cedar Falls	21	30	33	41	44	45	58	169	1:55:35	23:07	2:00
8	Ames	1	42	48	52	54	55	59	197	1:56:13	23:15	5:59
9	Marshalltown	8	56	57	60	61	62	64	242	2:02:06	24:25	4:46
10	Waterloo	43	47	63	66	67	68	69	286	2:09:54	25:59	4:04

Incomplete Teams:

Place	Score	Name	School	Time	Pace mpm
1	1	Camille Jackson, SR	Ames	18:55	6:05/M
2	2	Carolyn Ford, FR	Rock Bridge MO	20:04	6:28/M
3	3	Peyton Kelderman, JR	Waukee	20:37	6:38/M
4	4	Isabelle Schaffer, SR	Waukee	20:41	6:39/M
5	5	Sydney Schaffer, SR	Waukee	20:42	6:40/M
6	6	MacI Steuber, SO	Rock Bridge MO	20:53	6:43/M
7	7	Morgan Graybill, SR	Ankeny Centennial	20:55	6:44/M
8	8	Hermanson Phoebe, SO	Marshalltown	20:55	6:44/M
9	9	Ellie Dimond, SR	Rock Bridge MO	20:56	6:44/M
10	10	Mary Blanchard, JR	Grinnell	21:09	6:48/M
11	11	Brooke Walker, SO	Rock Bridge MO	21:13	6:50/M
12	12	Mallory Gard, SO	Rock Bridge MO	21:24	6:53/M
13	13	Jennifer Jordan, JR	Ankeny Centennial	21:24	6:53/M
14	14	Lauren Schulze, JR	Valley WDM	21:29	6:55/M
15	15	Kathryn Vortherms, JR	Ankeny Centennial	21:31	6:56/M
16	16	Anjali Jones, JR	Grinnell	21:34	6:56/M
17	17	Gillian Barrett, SO	Rock Bridge MO	21:43	6:59/M
18	18	Sophie Lee, SR	Ankeny Centennial	21:49	7:01/M
19	19	Kamryn Ensley, SO	Valley WDM	21:52	7:02/M
20	20	Rondi Quass, FR	Ankeny Centennial	21:54	7:03/M
21	21	Paige Wageman, SO	Cedar Falls	21:55	7:03/M
22	22	Molly Bannister, SO	Waukee	21:58	7:04/M
23	23	Kierstan Fritz, SR	Ankeny Centennial	21:58	7:04/M
24	24	Madison Judas, SO	Waukee	22:16	7:10/M
25	25	Jenna Pitz, FR	Ankeny High School	22:20	7:11/M
26	26	Mya Doubrava, FR	Valley WDM	22:33	7:16/M
27	27	Margaux Basart, JR	Waukee	22:42	7:19/M
28	28	Hayley Chappell, JR	Valley WDM	22:45	7:19/M
29	29	Nola Conner, JR	Grinnell	22:54	7:22/M
30	30	Natalie Degabriele, JR	Cedar Falls	22:58	7:24/M
31	31	Jeanne Peters, SR	Ankeny Centennial	23:03	7:25/M

32	32	Madeleine Murphy, JR	Ankeny High School	23:05	7:26/M
33	33	Amara Lytle, JR	Cedar Falls	23:05	7:26/M
34	34	Megan Bosch, JR	Ankeny High School	23:10	7:27/M
35	35	Amanda Overton, FR	Valley WDM	23:12	7:28/M
36	36	Marika Kisgen, JR	Ankeny High School	23:15	7:29/M
37	37	Grace Fischer, SO	Rock Bridge MO	23:32	7:35/M
38	38	Talia Dosh, SO	Ankeny High School	23:33	7:35/M
39	39	Bridget Blanchard, FR	Grinnell	23:35	7:36/M
40	40	Lauren Clark, SR	Ankeny High School	23:36	7:36/M
41	41	Gretchen Fixen, SR	Cedar Falls	23:42	7:38/M
42	42	Avery Scandrett, FR	Ames	23:45	7:39/M
43	43	Madison Tieskotter, SO	Waterloo	23:54	7:42/M
44	44	Anna Scannell, FR	Cedar Falls	23:54	7:42/M
45	45	Rachel Mandt, FR	Cedar Falls	23:59	7:43/M
46	46	Claudia Ossman, SO	Valley WDM	24:04	7:45/M
47	47	Victoria Knight, JR	Waterloo	24:08	7:46/M
48	48	Sydney Turk, FR	Ames	24:11	7:47/M
49	49	Faith Skinner, SR	Valley WDM	24:14	7:48/M
50	50	Emma Shepard, SR	Waukee	24:14	7:48/M
51	51	Micah Benning-Shorb, JR	Grinnell	24:15	7:48/M
52	52	Serena Cross, JR	Ames	24:28	7:52/M
53	53	Kayla Sieck, FR	Grinnell	24:34	7:54/M
54	54	Claire Galvin, SO	Ames	24:54	8:01/M
55	55	Kiah Synder, SO	Ames	24:55	8:01/M
56	56	Odaly Flores, JR	Marshalltown	24:58	8:02/M
57	57	Aida Almanza, SR	Marshalltown	25:02	8:04/M
58	58	Jayna Freeman, SR	Cedar Falls	25:06	8:05/M
59	59	Kaitlyn Goodman, SR	Ames	25:07	8:05/M
60	60	Makenna Ainsworth, JR	Marshalltown	25:28	8:12/M
61	61	Mary Kate Gruening, JR	Marshalltown	25:41	8:16/M
62	62	Kaci Uhde, SR	Marshalltown	25:43	8:17/M
63	63	Laura Hepworth, JR	Waterloo	25:58	8:22/M
64	64	Jade Tejada, SR	Marshalltown	26:08	8:25/M
65	65	Payel Patel, SO	Grinnell	26:41	8:35/M
66	66	Emma Hickman, SR	Waterloo	27:54	8:59/M
67	67	Jordyn Smith, SR	Waterloo	27:59	9:00/M
68	68	Makayla Hanson, SR	Waterloo	29:03	9:21/M
69	69	Stacey De La Cruz, SR	Waterloo	29:21	9:27/M

Place 1	Rock Bridge MO		Time Spread = 1:19	TTL Time = 1:44:30	Ave Time = 20:54	Score = 40
Place	Name		Time		Pace mpm	
2	Carolyn Ford, FR		20:04		6:28	
6	MacI Steuber, SO		20:53		6:43	
9	Ellie Dimond, SR		20:56		6:44	
11	Brooke Walker, SO		21:13		6:50	
12	Mallory Gard, SO		21:24		6:53	
17	Gillian Barrett, SO		21:43		6:59	
37	Grace Fischer, SO		23:32		7:35	

Place 2	Waukee		Time Spread = 1:39	TTL Time = 1:46:14	Ave Time = 21:15	Score = 58
Place	Name		Time		Pace mpm	
3	Peyton Kelderman, JR		20:37		6:38	
4	Isabelle Schaffer, SR		20:41		6:39	
5	Sydney Schaffer, SR		20:42		6:40	

22	Molly Bannister, SO	21:58	7:04
24	Madison Judas, SO	22:16	7:10
27	Margaux Basart, JR	22:42	7:19
50	Emma Shepard, SR	24:14	7:48

Place 3	Ankeny Centennial	Time Spread = 0:59	TTL Time = 1:47:32	Ave Time = 21:30	Score = 73
Place	Name		Time	Pace mpm	

7	Morgan Graybill, SR	20:55	6:44
13	Jennifer Jordan, JR	21:24	6:53
15	Kathryn Vortherms, JR	21:31	6:56
18	Sophie Lee, SR	21:49	7:01
20	Rondi Quass, FR	21:54	7:03
23	Kierstan Fritz, SR	21:58	7:04
31	Jeanne Peters, SR	23:03	7:25

Place 4	Valley WDM	Time Spread = 1:43	TTL Time = 1:51:51	Ave Time = 22:22	Score = 122
Place	Name		Time	Pace mpm	

14	Lauren Schulze, JR	21:29	6:55
19	Kamryn Ensley, SO	21:52	7:02
26	Mya Doubrava, FR	22:33	7:16
28	Hayley Chappell, JR	22:45	7:19
35	Amanda Overton, FR	23:12	7:28
46	Claudia Ossman, SO	24:04	7:45
49	Faith Skinner, SR	24:14	7:48

Place 5	Grinnell	Time Spread = 3:06	TTL Time = 1:53:27	Ave Time = 22:41	Score = 145
Place	Name		Time	Pace mpm	

10	Mary Blanchard, JR	21:09	6:48
16	Anjali Jones, JR	21:34	6:56
29	Nola Conner, JR	22:54	7:22
39	Bridget Blanchard, FR	23:35	7:36
51	Micah Benning-Shorb, JR	24:15	7:48
53	Kayla Sieck, FR	24:34	7:54
65	Payel Patel, SO	26:41	8:35

Place 6	Ankeny High School	Time Spread = 1:13	TTL Time = 1:55:24	Ave Time = 23:05	Score = 165
Place	Name		Time	Pace mpm	

25	Jenna Pitz, FR	22:20	7:11
32	Madeleine Murphy, JR	23:05	7:26
34	Megan Bosch, JR	23:10	7:27
36	Marika Kisgen, JR	23:15	7:29
38	Talia Dosh, SO	23:33	7:35
40	Lauren Clark, SR	23:36	7:36

Place 7	Cedar Falls	Time Spread = 2:00	TTL Time = 1:55:35	Ave Time = 23:07	Score = 169
Place	Name		Time	Pace mpm	

21	Paige Wageman, SO	21:55	7:03
30	Natalie Degabriele, JR	22:58	7:24
33	Amara Lytle, JR	23:05	7:26
41	Gretchen Fixen, SR	23:42	7:38
44	Anna Scannell, FR	23:54	7:42
45	Rachel Mandt, FR	23:59	7:43
58	Jayna Freeman, SR	25:06	8:05

Place 8	Ames	Time Spread =	TTL Time =	Ave Time =	Score = 197
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			5:59	1:56:13	23:15	
Place	Name		Time		Pace mpm	
1	Camille Jackson, SR		18:55		6:05	
42	Avery Scandrett, FR		23:45		7:39	
48	Sydney Turk, FR		24:11		7:47	
52	Serena Cross, JR		24:28		7:52	
54	Claire Galvin, SO		24:54		8:01	
55	Kiah Synder, SO		24:55		8:01	
59	Kaitlyn Goodman, SR		25:07		8:05	
Place 9	Marshalltown		Time Spread = 4:46	TTL Time = 2:02:06	Ave Time = 24:25	Score = 242
Place	Name		Time		Pace mpm	
8	Hermanson Phoebe, SO		20:55		6:44	
56	Odaly Flores, JR		24:58		8:02	
57	Aida Almanza, SR		25:02		8:04	
60	Makenna Ainsworth, JR		25:28		8:12	
61	Mary Kate Gruening, JR		25:41		8:16	
62	Kaci Uhde, SR		25:43		8:17	
64	Jade Tejada, SR		26:08		8:25	
Place 10	Waterloo		Time Spread = 4:04	TTL Time = 2:09:54	Ave Time = 25:59	Score = 286
Place	Name		Time		Pace mpm	
43	Madison Tieskotter, SO		23:54		7:42	
47	Victoria Knight, JR		24:08		7:46	
63	Laura Hepworth, JR		25:58		8:22	
66	Emma Hickman, SR		27:54		8:59	
67	Jordyn Smith, SR		27:59		9:00	
68	Makayla Hanson, SR		29:03		9:21	
69	Stacey De La Cruz, SR		29:21		9:27	

Incomplete Teams:

Printed on: 9/5/2019 9:51:54 PM Results by: Brett Carney * All-American Timing

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Weather: Sunny 89°

Results By: Brett Carney * All-American Timing

Place	School	1	2	3	4	5	6	7	Score	Time Total	Average	Spread
1	Rock Bridge MO	1	5	10	12	18	28		46	1:25:22	17:04	1:16
2	Cedar Falls	7	8	11	16	20	29	37	62	1:26:38	17:20	0:49
3	Ames	2	4	15	25	47			93	1:27:45	17:33	2:16
4	Waukee	6	17	23	30	34	35	36	110	1:29:08	17:50	1:23
5	Southeast Polk	3	24	27	38	41	50	54	133	1:29:38	17:56	1:50
6	Ankeny Centennial	9	14	33	43	48	52	64	147	1:30:26	18:05	1:46
7	Valley WDM	13	19	31	40	44	55		147	1:30:29	18:06	1:28
8	Des Moines Roosevelt	39	42	46	49	51	60	63	227	1:33:53	18:47	0:42
9	Ankeny High School	22	32	59	61	67	72	75	241	1:35:22	19:04	2:06
10	Grinnell	21	56	57	58	62	69	76	254	1:35:54	19:11	1:53
11	Waterloo	45	53	65	68	73	79		304	1:38:19	19:40	1:49
12	Marshalltown	26	70	71	74	77			318	1:40:13	20:03	3:21
13	Hoover DSM	66	78	80	81	82			387	1:54:30	22:54	4:30

Incomplete Teams:

Place	Score	Name	School	Time	Pace mpm
1	1	Matthew Hauser, JR	Rock Bridge MO	16:29	5:18/M
2	2	Noah Kohut-Jackson, SR	Ames	16:34	5:20/M
3	3	Drake Hanson, SR	Southeast Polk	16:42	5:23/M
4	4	Aniey Akok, JR	Ames	16:45	5:23/M
5	5	Isaiah Spellman, SR	Rock Bridge MO	16:48	5:24/M
6	6	Kyle Ruby, SO	Waukee	16:56	5:27/M
7	7	Brayden Burnett, SO	Cedar Falls	16:57	5:27/M
8	8	Alex Horstman, SO	Cedar Falls	17:02	5:29/M
9	9	Gabriel Vicker, JR	Ankeny Centennial	17:06	5:30/M
10	10	Weston Jokerst, SO	Rock Bridge MO	17:09	5:31/M
11	11	Eli Smith, JR	Cedar Falls	17:10	5:32/M
12	12	Tate Fletcher, SO	Rock Bridge MO	17:11	5:32/M
13	13	Jack Smeins, SR	Valley WDM	17:14	5:33/M
14	14	Connor Cunningham, JR	Ankeny Centennial	17:33	5:39/M
15	15	Benett Ryken, JR	Ames	17:39	5:41/M
16	16	Michael Goodenbour, JR	Cedar Falls	17:42	5:42/M
17	17	David Parks, SO	Waukee	17:43	5:42/M
18	18	Jack Stevens, SR	Rock Bridge MO	17:45	5:43/M
19	19	Jacob Soto, SR	Valley WDM	17:46	5:43/M
20	20	Joel Burris, JR	Cedar Falls	17:47	5:43/M
21	21	Isaac Bryant, SR	Grinnell	17:53	5:45/M
22	22	Tyler Hentzel, SR	Ankeny High School	17:54	5:46/M
23	23	Jacob Christensen, JR	Waukee	17:54	5:46/M
24	24	Carson Owens, FR	Southeast Polk	17:56	5:46/M
25	25	Akol Attack, JR	Ames	17:57	5:47/M
26	26	Conner Smith, SO	Marshalltown	17:57	5:47/M
27	27	Cade Mash, SR	Southeast Polk	18:03	5:49/M
28	28	Matthew Griffith, JR	Rock Bridge MO	18:08	5:50/M

29	29	Alex Mujica, JR	Cedar Falls	18:11	5:51/M
30	30	Corbin Truitt, JR	Waukee	18:16	5:53/M
31	31	Landon Denker, SR	Valley WDM	18:16	5:53/M
32	32	Andrew Pooock, JR	Ankeny High School	18:16	5:53/M
33	33	Nate Jones, JR	Ankeny Centennial	18:19	5:54/M
34	34	Nathan Holstrom, JR	Waukee	18:19	5:54/M
35	35	Jacob Holtz, SR	Waukee	18:20	5:54/M
36	36	Vincent Hodges, JR	Waukee	18:21	5:54/M
37	37	Ethan Kober, SR	Cedar Falls	18:23	5:55/M
38	38	Chase Bartlett, JR	Southeast Polk	18:24	5:55/M
39	39	Jack Joyce, JR	Des Moines Roosevelt	18:26	5:56/M
40	40	Carsen Codel, SR	Valley WDM	18:30	5:57/M
41	41	Caden Mitchell, JR	Southeast Polk	18:33	5:58/M
42	42	Lucas George, JR	Des Moines Roosevelt	18:35	5:59/M
43	43	Kade Christensen, JR	Ankeny Centennial	18:36	5:59/M
44	44	Joseph Donahoe, JR	Valley WDM	18:42	6:01/M
45	45	Cadin Herrmann, SO	Waterloo	18:43	6:02/M
46	46	Festo Iranezeeye, SR	Des Moines Roosevelt	18:45	6:02/M
47	47	Dominick Arce-Matos, JR	Ames	18:50	6:04/M
48	48	Joe Guddall, JR	Ankeny Centennial	18:52	6:04/M
49	49	Rowen Abbas, SR	Des Moines Roosevelt	18:58	6:06/M
50	50	Eric Patterson, JR	Southeast Polk	19:04	6:08/M
51	51	Elijah Gumm, FR	Des Moines Roosevelt	19:08	6:10/M
52	52	Ryan Bybee, JR	Ankeny Centennial	19:09	6:10/M
53	53	Andrew Congdon, SO	Waterloo	19:11	6:10/M
54	54	Hudson Frank, SO	Southeast Polk	19:14	6:11/M
55	55	Nicholas Lucht, SR	Valley WDM	19:17	6:12/M
56	56	Caden Christinson, SR	Grinnell	19:21	6:14/M
57	57	Sergio Perez-Valentin, SR	Grinnell	19:27	6:15/M
58	58	Robert Groves, SR	Grinnell	19:28	6:16/M
59	59	Marc Medici, SR	Ankeny High School	19:30	6:16/M
60	60	Jackson Haugh, JR	Des Moines Roosevelt	19:31	6:17/M
61	61	Cole Buffington, SR	Ankeny High School	19:41	6:20/M
62	62	Andrew Cogley, JR	Grinnell	19:46	6:22/M
63	63	Chance Lane, JR	Des Moines Roosevelt	19:47	6:22/M
64	64	Abe Brink, SR	Ankeny Centennial	19:48	6:22/M
65	65	Ian Lucas, SO	Waterloo	19:52	6:24/M
66	66	Mohamed Tamsah, JR	Hoover DSM	19:58	6:25/M
67	67	Josh Patterson, JR	Ankeny High School	20:00	6:26/M
68	68	Cole Knight, SR	Waterloo	20:01	6:26/M
69	69	Jonas Conner, FR	Grinnell	20:02	6:27/M
70	70	Jason Strand, FR	Marshalltown	20:03	6:27/M
71	71	Ethan Benscoter, JR	Marshalltown	20:12	6:30/M
72	72	Dustin Kutz, SR	Ankeny High School	20:28	6:35/M
73	73	Logan Nelson, SR	Waterloo	20:32	6:37/M
74	74	Noah Hermenson, JR	Marshalltown	20:43	6:40/M
75	75	David Robran, SR	Ankeny High School	20:44	6:40/M
76	76	Logan Moline, JR	Grinnell	20:48	6:42/M
77	77	Freddy Ross, JR	Marshalltown	21:18	6:51/M
78	78	Robert Burris, JR	Hoover DSM	21:46	7:00/M
79	79	Kaden Carns, JR	Waterloo	22:02	7:06/M
80	80	Morgan Jackson, SO	Hoover DSM	23:53	7:41/M
81	81	Hakeem Guane, SR	Hoover DSM	24:26	7:52/M
82	82	Duncan Silberhorn, SR	Hoover DSM	24:27	7:52/M

			1:16	1:25:22	17:04	
Place	Name		Time		Pace	mpm
1	Matthew Hauser, JR		16:29		5:18	
5	Isaiah Spellman, SR		16:48		5:24	
10	Weston Jokerst, SO		17:09		5:31	
12	Tate Fletcher, SO		17:11		5:32	
18	Jack Stevens, SR		17:45		5:43	
28	Matthew Griffith, JR		18:08		5:50	
Place 2	Cedar Falls		Time Spread = 0:49	TTL Time = 1:26:38	Ave Time = 17:20	Score = 62
Place	Name		Time		Pace	mpm
7	Brayden Burnett, SO		16:57		5:27	
8	Alex Horstman, SO		17:02		5:29	
11	Eli Smith, JR		17:10		5:32	
16	Michael Goodenbour, JR		17:42		5:42	
20	Joel Burris, JR		17:47		5:43	
29	Alex Mujica, JR		18:11		5:51	
37	Ethan Kober, SR		18:23		5:55	
Place 3	Ames		Time Spread = 2:16	TTL Time = 1:27:45	Ave Time = 17:33	Score = 93
Place	Name		Time		Pace	mpm
2	Noah Kohut-Jackson, SR		16:34		5:20	
4	Aniey Akok, JR		16:45		5:23	
15	Benett Ryken, JR		17:39		5:41	
25	Akol Atack, JR		17:57		5:47	
47	Dominick Arce-Matos, JR		18:50		6:04	
Place 4	Waukee		Time Spread = 1:23	TTL Time = 1:29:08	Ave Time = 17:50	Score = 110
Place	Name		Time		Pace	mpm
6	Kyle Ruby, SO		16:56		5:27	
17	David Parks, SO		17:43		5:42	
23	Jacob Christensen, JR		17:54		5:46	
30	Corbin Truitt, JR		18:16		5:53	
34	Nathan Holstrom, JR		18:19		5:54	
35	Jacob Holtz, SR		18:20		5:54	
36	Vincent Hodges, JR		18:21		5:54	
Place 5	Southeast Polk		Time Spread = 1:50	TTL Time = 1:29:38	Ave Time = 17:56	Score = 133
Place	Name		Time		Pace	mpm
3	Drake Hanson, SR		16:42		5:23	
24	Carson Owens, FR		17:56		5:46	
27	Cade Mash, SR		18:03		5:49	
38	Chase Bartlett, JR		18:24		5:55	
41	Caden Mitchell, JR		18:33		5:58	
50	Eric Patterson, JR		19:04		6:08	
54	Hudson Frank, SO		19:14		6:11	
Place 6	Ankeny Centennial		Time Spread = 1:46	TTL Time = 1:30:26	Ave Time = 18:05	Score = 147
Place	Name		Time		Pace	mpm
9	Gabriel Vicker, JR		17:06		5:30	
14	Connor Cunningham, JR		17:33		5:39	

33	Nate Jones, JR	18:19	5:54
43	Kade Christensen, JR	18:36	5:59
48	Joe Guddall, JR	18:52	6:04
52	Ryan Bybee, JR	19:09	6:10
64	Abe Brink, SR	19:48	6:22

Place 7	Valley WDM	Time Spread = 1:28	TTL Time = 1:30:29	Ave Time = 18:06	Score = 147
Place	Name		Time	Pace mpm	

13	Jack Smeins, SR	17:14	5:33
19	Jacob Soto, SR	17:46	5:43
31	Landon Denker, SR	18:16	5:53
40	Carsen Codel, SR	18:30	5:57
44	Joseph Donahoe, JR	18:42	6:01
55	Nicholas Lucht, SR	19:17	6:12

Place 8	Des Moines Roosevelt	Time Spread = 0:42	TTL Time = 1:33:53	Ave Time = 18:47	Score = 227
Place	Name		Time	Pace mpm	

39	Jack Joyce, JR	18:26	5:56
42	Lucas George, JR	18:35	5:59
46	Festo Iranezeeye, SR	18:45	6:02
49	Rowen Abbas, SR	18:58	6:06
51	Elijah Gumm, FR	19:08	6:10
60	Jackson Haugh, JR	19:31	6:17
63	Chance Lane, JR	19:47	6:22

Place 9	Ankeny High School	Time Spread = 2:06	TTL Time = 1:35:22	Ave Time = 19:04	Score = 241
Place	Name		Time	Pace mpm	

22	Tyler Hentzel, SR	17:54	5:46
32	Andrew Pooock, JR	18:16	5:53
59	Marc Medici, SR	19:30	6:16
61	Cole Buffington, SR	19:41	6:20
67	Josh Patterson, JR	20:00	6:26
72	Dustin Kutz, SR	20:28	6:35
75	David Robran, SR	20:44	6:40

Place 10	Grinnell	Time Spread = 1:53	TTL Time = 1:35:54	Ave Time = 19:11	Score = 254
Place	Name		Time	Pace mpm	

21	Isaac Bryant, SR	17:53	5:45
56	Caden Christinson, SR	19:21	6:14
57	Sergio Perez-Valentin, SR	19:27	6:15
58	Robert Groves, SR	19:28	6:16
62	Andrew Cogley, JR	19:46	6:22
69	Jonas Conner, FR	20:02	6:27
76	Logan Moline, JR	20:48	6:42

Place 11	Waterloo	Time Spread = 1:49	TTL Time = 1:38:19	Ave Time = 19:40	Score = 304
Place	Name		Time	Pace mpm	

45	Cadin Herrmann, SO	18:43	6:02
53	Andrew Congdon, SO	19:11	6:10
65	Ian Lucas, SO	19:52	6:24
68	Cole Knight, SR	20:01	6:26
73	Logan Nelson, SR	20:32	6:37
79	Kaden Carns, JR	22:02	7:06

Place 12	Marshalltown	Time Spread =	TTL Time =	Ave Time =	Score = 318
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			3:21	1:40:13	20:03	
Place	Name		Time		Pace mpm	
26	Conner Smith, SO		17:57		5:47	
70	Jason Strand, FR		20:03		6:27	
71	Ethan Benscooter, JR		20:12		6:30	
74	Noah Hermenson, JR		20:43		6:40	
77	Freddy Ross, JR		21:18		6:51	
Place 13	Hoover DSM		Time Spread = 4:30	TTL Time = 1:54:30	Ave Time = 22:54	Score = 387
Place	Name		Time		Pace mpm	
66	Mohamed Temsah, JR		19:58		6:25	
78	Robert Burris, JR		21:46		7:00	
80	Morgan Jackson, SO		23:53		7:41	
81	Hakeem Guane, SR		24:26		7:52	
82	Duncan Silberhorn, SR		24:27		7:52	

Incomplete Teams:

Printed on: 9/5/2019 9:50:20 PM Results by: Brett Carney * All-American Timing

KIRK SCHMALTZ CROSS COUNTRY INVITATIONAL JV

GIRLS 5K Cross Country Meet

Event: JV Girls 5K

Date: Thursday, September 05, 2019

Location: Ames, IA * ISU CC Course

Weather: Sunny 89°

Results By: Brett Carney * All-American Timing

Place	School	1	2	3	4	5	6	7	Score	Time Total	Average	Spread
1	Waukee	1	3	6	7	10	12	20	27	1:55:26	23:05	1:12
2	Ankeny Centennial	2	4	5	15	16	17	28	42	1:56:46	23:21	1:07
3	Ankeny High School	8	14	18	22	23	26	27	85	2:01:24	24:17	1:39
4	Rock Bridge MO	9	11	13	32	37	47	48	102	2:03:27	24:41	3:07
5	Cedar Falls	19	21	29	36	38	40	46	143	2:07:41	25:32	2:16
6	Valley WDM	25	31	33	34	35	42	43	158	2:09:26	25:53	1:10
7	Ames	24	39	41	44	45	50	51	193	2:13:30	26:42	2:17
8	Grinnell	30	49	52	53	56	62		240	2:21:30	28:18	5:17
9	Waterloo	54	55	57	58	59	60	61	283	2:39:41	31:56	4:18

Incomplete Teams: Hoover DSM, Marshalltown

Place	Score	Name	School	Time	Pace mpm
1	1	Lindsey Kelderman, JR	Waukee	22:19	7:11/M
2	2	Grace Meador, JR	Ankeny Centennial	22:47	7:20/M
3	3	Abby Kinney, JR	Waukee	22:59	7:24/M
4	4	Katie Jensen, JR	Ankeny Centennial	23:06	7:26/M
5	5	Kate Hoogensen, SR	Ankeny Centennial	23:11	7:28/M
6	6	Ellie Huisman, JR	Waukee	23:16	7:29/M
7	7	Katie Groetken, SR	Waukee	23:21	7:31/M
8	8	Cierra Fillinger, SR	Ankeny High School	23:25	7:32/M
9	9	Alexis Walker, SR	Rock Bridge MO	23:30	7:34/M
10	10	Frances Loeffelholz, SR	Waukee	23:31	7:34/M
11	11	Sophie Muskopf, JR	Rock Bridge MO	23:41	7:37/M
12	12	Ally Schaffer, SR	Waukee	23:43	7:38/M
13	13	Katelynn Weatherford, SR	Rock Bridge MO	23:45	7:39/M
14	14	Maya Blass, SO	Ankeny High School	23:46	7:39/M
15	15	Allison Su, JR	Ankeny Centennial	23:48	7:40/M
16	16	Macle Langstraat, JR	Ankeny Centennial	23:54	7:42/M
17	17	Hannah Nelson, SR	Ankeny Centennial	24:01	7:44/M
18	18	Eva Van De Mortel, JR	Ankeny High School	24:24	7:51/M
19	19	Alyssa Neese, SR	Cedar Falls	24:25	7:52/M
20	20	Molly Statton, JR	Waukee	24:34	7:54/M
21	21	Devin O'Loughlin, SR	Cedar Falls	24:40	7:56/M
22	22	Lydia Hill, SR	Ankeny High School	24:46	7:58/M
23		Miranda Basart, JR	Waukee	25:02	8:03/M
24	23	Ellie Land, SR	Ankeny High School	25:04	8:04/M
25	24	Caitlyn Hanulikova, SR	Ames	25:05	8:04/M
26		Mason Nikolaus, SR	Waukee	25:07	8:05/M
27	25	Megan Weis, SR	Valley WDM	25:07	8:05/M
28	26	Emmie Murphy, FR	Ankeny High School	25:17	8:08/M
29	27	Grace Porath, JR	Ankeny High School	25:20	8:09/M
30	28	Celesta Cox, SR	Ankeny Centennial	25:24	8:10/M
31	29	Lydia Ochoa, SR	Cedar Falls	25:35	8:14/M
32		Hannah Loftus, JR	Ankeny High School	25:35	8:14/M

33	30	Harleigh Wood, SO	Grinnell	25:37	8:15/M
34		Anna Schmitz, SO	Ankeny High School	25:47	8:18/M
35	31	Regan Day, SR	Valley WDM	25:52	8:20/M
36	32	Morgan Hurt, SR	Rock Bridge MO	25:55	8:20/M
37	33	Danielle Socarras, JR	Valley WDM	26:03	8:23/M
38		MacI Banyas, JR	Ankeny Centennial	26:05	8:24/M
39	34	Shreya Gaddi, JR	Valley WDM	26:06	8:24/M
40		Paige Christensen, SR	Waukee	26:08	8:25/M
41		Paige Froelich, JR	Ankeny Centennial	26:08	8:25/M
42	35	Valerine Jepchirchir, JR	Valley WDM	26:17	8:28/M
43	36	Abby Balong, SR	Cedar Falls	26:19	8:28/M
44		Ellie Johnson, JR	Waukee	26:34	8:33/M
45	37	Jadyn Lisenby, SR	Rock Bridge MO	26:36	8:34/M
46	38	Rachel Brokenshire, SR	Cedar Falls	26:41	8:35/M
47		Calyssa Wright, JR	Ankeny High School	26:42	8:36/M
48	39	Breanna Van Dyke, JR	Ames	26:42	8:36/M
49	40	Sophia Schillinger, SR	Cedar Falls	26:47	8:37/M
50	41	Erin Murphy, JR	Ames	27:02	8:42/M
51		Madie Parker, JR	Ankeny High School	27:08	8:44/M
52		Ellie Dalton, JR	Ankeny High School	27:08	8:44/M
53		Clare Vilmont, JR	Waukee	27:13	8:46/M
54	42	Halle Norton, SR	Valley WDM	27:16	8:47/M
55	43	Caroline Ash, SR	Valley WDM	27:18	8:47/M
56	44	Chiara Scattolo, SR	Ames	27:19	8:48/M
57		Brooke Johnson, SR	Ankeny High School	27:21	8:48/M
58	45	Juliana Johnson, SR	Ames	27:22	8:48/M
59		Cailyn Wright, JR	Ankeny Centennial	27:23	8:49/M
60	46	Abby Townsend, JR	Cedar Falls	27:27	8:50/M
61		Jenny Hagg, SR	Ankeny Centennial	27:27	8:50/M
62		Sydney Madison, JR	Ankeny Centennial	27:29	8:51/M
63	47	Rachel Riegel, SR	Rock Bridge MO	27:34	8:52/M
64	48	Kalinga Nihorimbere, JR	Rock Bridge MO	27:42	8:55/M
65	49	Kara West, JR	Grinnell	27:43	8:55/M
66		Lauren Munns, JR	Rock Bridge MO	27:46	8:56/M
67		Jordyn Wagner, SR	Waukee	27:47	8:56/M
68	50	Daniela Adams-Valenzuela, JR	Ames	27:50	8:57/M
69	51	Elisa Wellerdick, JR	Ames	27:50	8:57/M
70		Jacy Coady, JR	Waukee	27:51	8:58/M
71		Raina Paeper, JR	Ankeny Centennial	27:55	8:59/M
72		Mya Lopez, JR	Waukee	27:55	8:59/M
73		Brooklyn Andrus, SR	Rock Bridge MO	27:56	8:59/M
74		Emma Arends, SR	Ankeny Centennial	27:59	9:00/M
75		Regan Kuennen, JR	Valley WDM	27:59	9:00/M
76		Jaime Crites, SR	Rock Bridge MO	28:00	9:01/M
77		Madeline Cason, JR	Valley WDM	28:07	9:03/M
78		Gabrielle Sampson, FR	Ames	28:07	9:03/M
79		Erin Koller, SR	Rock Bridge MO	28:13	9:05/M
80		Anna Larsen, SR	Valley WDM	28:19	9:07/M
81		Sara Feiz, JR	Valley WDM	28:19	9:07/M
82		Tessa Morgan, JR	Valley WDM	28:28	9:10/M
83		Emily Peters, JR	Ames	28:29	9:10/M
84		Lauren Matthews, SR	Ames	28:32	9:11/M
85	52	Monica Gruman, FR	Grinnell	28:37	9:13/M
86	53	Theresa Crawford, JR	Grinnell	28:40	9:13/M
87		Kya Stilwell, SR	Valley WDM	28:47	9:16/M
88		Pricila Vergara, SR	Marshalltown	28:49	9:17/M
89		Riley Stevenson, JR	Waukee	28:52	9:18/M

90		Julia Cannon, JR	Valley WDM	28:55	9:19/M
91		Audra Wilkinson, JR	Waukee	28:58	9:19/M
92		Kaitlyn Ury, JR	Waukee	28:58	9:20/M
93		Maggie Augustine, JR	Marshalltown	29:05	9:22/M
94		Rachel Bohlender, JR	Valley WDM	29:21	9:27/M
95		Nicole Dacus, SR	Ankeny High School	29:24	9:28/M
96		Lauryn Woerdeman, SR	Ankeny Centennial	29:26	9:28/M
97		Kylie Eischen, SR	Waukee	29:32	9:30/M
98		Ashlynn Sherwood, SR	Ankeny Centennial	29:33	9:31/M
99		Annie Poulsen, SR	Valley WDM	29:41	9:33/M
100		Darby Marsh, SR	Waukee	29:44	9:34/M
101	54	Eleanor Filippone, JR	Waterloo	29:53	9:37/M
102		Abby Matney, SR	Ankeny Centennial	29:54	9:38/M
103		Liana Reed, JR	Valley WDM	29:58	9:39/M
104		Rachel Vespa, SR	Waukee	29:59	9:39/M
105		Kayla Fincham, JR	Ames	30:03	9:40/M
106		Yujie Chen, JR	Ames	30:03	9:40/M
107		Miranda Pierce, SR	Ankeny Centennial	30:04	9:41/M
108		Qi Li, JR	Valley WDM	30:16	9:45/M
109		Natalia Portal-Figueroa, JR	Ankeny Centennial	30:21	9:46/M
110		Lydia Hill, JR	Ames	30:24	9:47/M
111		Rhiannon Barrientos, JR	Valley WDM	30:24	9:47/M
112		Brooke Seashore, JR	Waukee	30:32	9:50/M
113	55	Isabelle Stoffer, SO	Waterloo	30:34	9:50/M
114		Katelin Meier, SR	Ankeny Centennial	30:40	9:52/M
115		Sophie Reis, SR	Waukee	30:47	9:55/M
116	56	Silje Hoecke, SO	Grinnell	30:54	9:57/M
117		Caitlyn Mears, JR	Waukee	30:58	9:58/M
118		Kacie Kosbab, JR	Waukee	31:07	10:01/M
119		Grace Meter, SR	Ankeny Centennial	31:11	10:02/M
120		Megan Utterback, SR	Ankeny High School	31:11	10:02/M
121		Lizbeth Clark, SR	Waukee	31:16	10:04/M
122		Kate Burns, JR	Rock Bridge MO	31:19	10:05/M
123		Adelade Nason, SR	Ames	31:32	10:09/M
124		Natalie Ulrich, JR	Valley WDM	31:52	10:15/M
125	57	Emma Schellhorn, JR	Waterloo	31:54	10:16/M
126		Janely Omana-Sanchez, SR	Waukee	32:04	10:19/M
127		Ayah Gleisner, SR	Ames	32:06	10:20/M
128		Amanda Warren, SR	Ankeny Centennial	32:08	10:20/M
129		MacY Denbeste, SR	Ankeny Centennial	33:00	10:37/M
130		Olivia Schaeffer, JR	Ankeny Centennial	33:07	10:40/M
131		Arianna Williams-Suarez, JR	Ames	33:07	10:40/M
132	58	Alayna Ritter, SR	Waterloo	33:08	10:40/M
133	59	Abigail Nathe, SR	Waterloo	34:11	11:00/M
134	60	Mya Johnson, FR	Waterloo	34:13	11:01/M
135		Molly Wright, SR	Valley WDM	34:22	11:04/M
136		Nicola Frank, SR	Ames	34:31	11:07/M
137		Mikayla Sash, SR	Ankeny Centennial	34:40	11:09/M
138		Abby Housker, JR	Ankeny Centennial	34:42	11:10/M
139	61	Lydia Iliff, JR	Waterloo	34:49	11:12/M
140		Kendyll Pierce, SO	Waterloo	34:49	11:12/M
141		Madeline Cox, SR	Ankeny High School	35:06	11:18/M
142		Mallory Leazer, SR	Ankeny Centennial	35:06	11:18/M
143		Mary Horton, SR	Ames	35:08	11:19/M
144		Haley Brouillet, SR	Ankeny Centennial	35:11	11:19/M
145		Tiffany Rong, SR	Ames	35:18	11:22/M
146		Lillie Wrobel, SR	Ankeny Centennial	35:19	11:22/M

147		Ella Morris, SR	Ankeny High School	35:20	11:22/M
148		Emma Kach, SR	Ankeny High School	35:21	11:23/M
149		Elizabeth Morris, JR	Ames	35:24	11:24/M
150	62	Ella Stephens, FR	Grinnell	36:45	11:50/M
151		Shaona Mwenge, JR	Hoover DSM	39:03	12:34/M
152		Bahiti Eleson, SR	Hoover DSM	39:26	12:42/M
153		Alexandra Heston, SR	Ankeny Centennial	39:42	12:47/M

Place 1	Waukee		Time Spread = 1:12	TTL Time = 1:55:26	Ave Time = 23:05	Score = 27
Place	Name		Time		Pace mpm	

1	Lindsey Kelderman, JR		22:19		7:11	
3	Abby Kinney, JR		22:59		7:24	
6	Ellie Huisman, JR		23:16		7:29	
7	Katie Groetken, SR		23:21		7:31	
10	Frances Loeffelholz, SR		23:31		7:34	
12	Ally Schaffer, SR		23:43		7:38	
20	Molly Statton, JR		24:34		7:54	
	Miranda Basart, JR		25:02		8:03	
	Mason Nikolaus, SR		25:07		8:05	
	Paige Christensen, SR		26:08		8:25	
	Ellie Johnson, JR		26:34		8:33	
	Clare Vilmont, JR		27:13		8:46	
	Jordyn Wagner, SR		27:47		8:56	
	Jacy Coady, JR		27:51		8:58	
	Mya Lopez, JR		27:55		8:59	
	Riley Stevenson, JR		28:52		9:18	
	Audra Wilkinson, JR		28:58		9:19	
	Kaitlyn Ury, JR		28:58		9:20	
	Kylie Eischen, SR		29:32		9:30	
	Darby Marsh, SR		29:44		9:34	
	Rachel Vespa, SR		29:59		9:39	
	Brooke Seashore, JR		30:32		9:50	
	Sophie Reis, SR		30:47		9:55	
	Caitlyn Mears, JR		30:58		9:58	
	Kacie Kosbab, JR		31:07		10:01	
	Lizbeth Clark, SR		31:16		10:04	
	Janely Omana-Sanchez, SR		32:04		10:19	

Place 2	Ankeny Centennial		Time Spread = 1:07	TTL Time = 1:56:46	Ave Time = 23:21	Score = 42
Place	Name		Time		Pace mpm	

2	Grace Meador, JR		22:47		7:20	
4	Katie Jensen, JR		23:06		7:26	
5	Kate Hoogensen, SR		23:11		7:28	
15	Allison Su, JR		23:48		7:40	
16	Macle Langstraat, JR		23:54		7:42	
17	Hannah Nelson, SR		24:01		7:44	
28	Celesta Cox, SR		25:24		8:10	
	MacI Banyas, JR		26:05		8:24	
	Paige Froelich, JR		26:08		8:25	
	Cailyn Wright, JR		27:23		8:49	
	Jenny Hagg, SR		27:27		8:50	
	Sydney Madison, JR		27:29		8:51	

Raina Paeper, JR	27:55	8:59
Emma Arends, SR	27:59	9:00
Lauryn Woerdeman, SR	29:26	9:28
Ashlynn Sherwood, SR	29:33	9:31
Abby Matney, SR	29:54	9:38
Miranda Pierce, SR	30:04	9:41
Natalia Portal-Figueroa, JR	30:21	9:46
Katelin Meier, SR	30:40	9:52
Grace Meter, SR	31:11	10:02
Amanda Warren, SR	32:08	10:20
MacY Denbeste, SR	33:00	10:37
Olivia Schaeffer, JR	33:07	10:40
Mikayla Sash, SR	34:40	11:09
Abby Housker, JR	34:42	11:10
Mallory Leazer, SR	35:06	11:18
Haley Brouillet, SR	35:11	11:19
Lillie Wrobel, SR	35:19	11:22
Alexandra Heston, SR	39:42	12:47

Place 3	Ankeny High School	Time Spread = 1:39	TTL Time = 2:01:24	Ave Time = 24:17	Score = 85
Place	Name		Time	Pace mpm	

8	Cierra Fillinger, SR	23:25	7:32
14	Maya Blass, SO	23:46	7:39
18	Eva Van De Mortel, JR	24:24	7:51
22	Lydia Hill, SR	24:46	7:58
23	Ellie Land, SR	25:04	8:04
26	Emmie Murphy, FR	25:17	8:08
27	Grace Porath, JR	25:20	8:09
	Hannah Loftus, JR	25:35	8:14
	Anna Schmitz, SO	25:47	8:18
	Calyssa Wright, JR	26:42	8:36
	Madie Parker, JR	27:08	8:44
	Ellie Dalton, JR	27:08	8:44
	Brooke Johnson, SR	27:21	8:48
	Nicole Dacus, SR	29:24	9:28
	Megan Utterback, SR	31:11	10:02
	Madeline Cox, SR	35:06	11:18
	Ella Morris, SR	35:20	11:22
	Emma Kach, SR	35:21	11:23

Place 4	Rock Bridge MO	Time Spread = 3:07	TTL Time = 2:03:27	Ave Time = 24:41	Score = 102
Place	Name		Time	Pace mpm	

9	Alexis Walker, SR	23:30	7:34
11	Sophie Muskopf, JR	23:41	7:37
13	Katelynn Weatherford, SR	23:45	7:39
32	Morgan Hurt, SR	25:55	8:20
37	Jadyn Lisenby, SR	26:36	8:34
47	Rachel Riegel, SR	27:34	8:52
48	Kalinga Nihorimbere, JR	27:42	8:55
	Lauren Munns, JR	27:46	8:56
	Brooklyn Andrus, SR	27:56	8:59
	Jaime Crites, SR	28:00	9:01

Erin Koller, SR
Kate Burns, JR

28:13
31:19

9:05
10:05

Place 5	Cedar Falls	Time Spread = 2:16	TTL Time = 2:07:41	Ave Time = 25:32	Score = 143
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Place	Name	Time	Pace mpm
19	Alyssa Neese, SR	24:25	7:52
21	Devin O'Loughlin, SR	24:40	7:56
29	Lydia Ochoa, SR	25:35	8:14
36	Abby Balong, SR	26:19	8:28
38	Rachel Brokenshire, SR	26:41	8:35
40	Sophia Schillinger, SR	26:47	8:37
46	Abby Townsend, JR	27:27	8:50

Place 6	Valley WDM	Time Spread = 1:10	TTL Time = 2:09:26	Ave Time = 25:53	Score = 158
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Place	Name	Time	Pace mpm
25	Megan Weis, SR	25:07	8:05
31	Regan Day, SR	25:52	8:20
33	Danielle Socarras, JR	26:03	8:23
34	Shreya Gaddi, JR	26:06	8:24
35	Valerine Jepchirchir, JR	26:17	8:28
42	Halle Norton, SR	27:16	8:47
43	Caroline Ash, SR	27:18	8:47
	Regan Kuennen, JR	27:59	9:00
	Madeline Cason, JR	28:07	9:03
	Anna Larsen, SR	28:19	9:07
	Sara Feiz, JR	28:19	9:07
	Tessa Morgan, JR	28:28	9:10
	Kya Stilwell, SR	28:47	9:16
	Julia Cannon, JR	28:55	9:19
	Rachel Bohlender, JR	29:21	9:27
	Annie Poulsen, SR	29:41	9:33
	Liana Reed, JR	29:58	9:39
	Qi Li, JR	30:16	9:45
	Rhiannon Barrientos, JR	30:24	9:47
	Natalie Ulrich, JR	31:52	10:15
	Molly Wright, SR	34:22	11:04

Place 7	Ames	Time Spread = 2:17	TTL Time = 2:13:30	Ave Time = 26:42	Score = 193
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Place	Name	Time	Pace mpm
24	Caitlyn Hanulikova, SR	25:05	8:04
39	Breanna Van Dyke, JR	26:42	8:36
41	Erin Murphy, JR	27:02	8:42
44	Chiara Scattolo, SR	27:19	8:48
45	Juliana Johnson, SR	27:22	8:48
50	Daniela Adams-Valenzuela, JR	27:50	8:57
51	Elisa Wellerdick, JR	27:50	8:57
	Gabrielle Sampson, FR	28:07	9:03
	Emily Peters, JR	28:29	9:10
	Lauren Matthews, SR	28:32	9:11
	Kayla Fincham, JR	30:03	9:40
	Yujie Chen, JR	30:03	9:40
	Lydia Hill, JR	30:24	9:47
	Adelade Nason, SR	31:32	10:09

Ayah Gleisner, SR	32:06	10:20
Arianna Williams-Suarez, JR	33:07	10:40
Nicola Frank, SR	34:31	11:07
Mary Horton, SR	35:08	11:19
Tiffany Rong, SR	35:18	11:22
Elizabeth Morris, JR	35:24	11:24

Place 8	Grinnell	Time Spread = 5:17	TTL Time = 2:21:30	Ave Time = 28:18	Score = 240
Place	Name		Time	Pace mpm	

30	Harleigh Wood, SO	25:37	8:15
49	Kara West, JR	27:43	8:55
52	Monica Gruman, FR	28:37	9:13
53	Theresa Crawford, JR	28:40	9:13
56	Silje Hoecke, SO	30:54	9:57
62	Ella Stephens, FR	36:45	11:50

Place 9	Waterloo	Time Spread = 4:18	TTL Time = 2:39:41	Ave Time = 31:56	Score = 283
Place	Name		Time	Pace mpm	

54	Eleanor Filippone, JR	29:53	9:37
55	Isabelle Stoffer, SO	30:34	9:50
57	Emma Schellhorn, JR	31:54	10:16
58	Alayna Ritter, SR	33:08	10:40
59	Abigail Nathe, SR	34:11	11:00
60	Mya Johnson, FR	34:13	11:01
61	Lydia Iliff, JR	34:49	11:12
	Kendyll Pierce, SO	34:49	11:12

Incomplete Teams:

Hoover DSM			
Place	Name	Time	Pace

151	Shaona Mwenge, JR	39:02.54	12:34
152	Bahiti Eleson, SR	39:26.38	12:42

Marshalltown			
Place	Name	Time	Pace

88	Pricila Vergara, SR	28:49.41	9:17
93	Maggie Augustine, JR	29:04.58	9:22

KIRK SCHMALTZ CROSS COUNTRY INVITATIONAL JV

BOYS 5K Cross Country Meet

Event: JV Boys 5K

Date: Thursday, September 05, 2019

Location: Ames, IA * ISU CC Course

Weather: Sunny 89°

Results By: Brett Carney * All-American Timing

Place	School	1	2	3	4	5	6	7	Score	Time Total	Average	Spread
1	Cedar Falls	1	3	6	10	12	22	42	32	1:34:16	18:51	1:15
2	Waukee	4	7	8	13	18	21	24	50	1:35:53	19:11	1:12
3	Rock Bridge MO	2	5	9	14	38	63	67	68	1:36:45	19:21	2:22
4	Southeast Polk	20	23	25	29	35	56	60	132	1:41:23	20:17	0:59
5	Valley WDM	16	26	28	31	34	36	39	135	1:41:48	20:22	1:10
6	Ankeny Centennial	15	19	33	37	41	43	45	145	1:42:03	20:25	1:26
7	Ames	11	17	40	44	52	57	66	164	1:42:51	20:34	2:15
8	Des Moines Roosevelt	27	30	32	53	54	55	58	196	1:45:06	21:01	1:28
9	Waterloo	46	47	48	49	59	61	62	249	1:47:50	21:34	0:52
10	Grinnell	50	51	64	68	69	70	72	302	1:52:45	22:33	1:54
11	Ankeny High School	65	77	79	81	83			385	2:08:33	25:43	5:05
12	Marshalltown	74	75	76	80	82			387	2:07:59	25:36	3:17
13	Hoover DSM	71	73	78	84	85			391	2:11:43	26:21	9:16

Incomplete Teams:

Place	Score	Name	School	Time	Pace mpm
1	1	Cooper Olsen, JR	Cedar Falls	18:10	5:51/M
2	2	Jared Geyer, SR	Rock Bridge MO	18:32	5:58/M
3	3	Jacob Olthoff, SR	Cedar Falls	18:35	5:59/M
4	4	Tyler Stallman, SR	Waukee	18:37	6:00/M
5	5	Jay Koller, SR	Rock Bridge MO	18:42	6:01/M
6	6	Tj Tomlyanovich, JR	Cedar Falls	18:57	6:06/M
7	7	Tyler Merhar, SO	Waukee	18:58	6:06/M
8	8	Jonah Christensen, JR	Waukee	18:59	6:07/M
9	9	Dillon Hilbert, JR	Rock Bridge MO	19:05	6:08/M
10	10	Jack Jorgensen, JR	Cedar Falls	19:08	6:10/M
11	11	Charles Arroyo, JR	Ames	19:23	6:14/M
12	12	Noah Arends, SR	Cedar Falls	19:25	6:15/M
13	13	Ryland Welch, SR	Waukee	19:29	6:16/M
14	14	Shawn Rottinghaus, JR	Rock Bridge MO	19:32	6:17/M
15	15	Blake Dephillips, JR	Ankeny Centennial	19:35	6:18/M
16	16	Jake Umble, SR	Valley WDM	19:36	6:19/M
17	17	Leyton Wahl, SO	Ames	19:39	6:19/M
18	18	Josh Larreau, SR	Waukee	19:49	6:23/M
19	19	Nate Burns, JR	Ankeny Centennial	19:50	6:23/M
20	20	Nathan Parker, SR	Southeast Polk	19:50	6:23/M
21	21	Ethan Robus, SR	Waukee	19:51	6:23/M
22	22	Blake Arends, SR	Cedar Falls	19:52	6:24/M
23	23	Alex Wilson, JR	Southeast Polk	19:57	6:25/M
24	24	Chad Denadel, SO	Waukee	19:59	6:26/M
25		Braden Sankot, SR	Waukee	20:05	6:28/M
26		Brenden Hinspeter, SR	Waukee	20:08	6:29/M
27		Issac Holtz, SR	Waukee	20:10	6:29/M
28	25	Jacob Martin, JR	Southeast Polk	20:12	6:30/M

29		Riley Dejohn, SR	Waukee	20:13	6:30/M
30	26	Alec Dephillips, JR	Valley WDM	20:16	6:31/M
31		Kyle Witte, SO	Waukee	20:17	6:32/M
32	27	Jack Neel, JR	Des Moines Roosevelt	20:18	6:32/M
33		Connor Barry, JR	Waukee	20:26	6:35/M
34	28	Andrew Ross, JR	Valley WDM	20:30	6:36/M
35	29	Nolan Larsen, SR	Southeast Polk	20:35	6:37/M
36	30	Jaden Johnson, SR	Des Moines Roosevelt	20:35	6:37/M
37	31	Beckett Newton, SR	Valley WDM	20:40	6:39/M
38	32	Ean Cummings, JR	Des Moines Roosevelt	20:42	6:40/M
39	33	Riley Oshirak, SR	Ankeny Centennial	20:45	6:41/M
40	34	Joseph Smith, JR	Valley WDM	20:46	6:41/M
41		Charlie Petersen, SO	Waukee	20:46	6:41/M
42	35	Eric Fitzpatrick, JR	Southeast Polk	20:50	6:42/M
43	36	Jacob Phillips, JR	Valley WDM	20:50	6:42/M
44	37	Jackson Harris, SR	Ankeny Centennial	20:52	6:43/M
45	38	Kellen Clowe, SR	Rock Bridge MO	20:54	6:44/M
46	39	Zachary Hill, JR	Valley WDM	20:55	6:44/M
47	40	Avery Mosher, JR	Ames	21:00	6:45/M
48	41	Kade Van Meeteren, SR	Ankeny Centennial	21:01	6:46/M
49		Hunter Rose, JR	Waukee	21:05	6:47/M
50	42	Connor Woods, JR	Cedar Falls	21:06	6:47/M
51	43	Ethan Hauschildt, JR	Ankeny Centennial	21:07	6:48/M
52		Graham Margulies, SR	Valley WDM	21:07	6:48/M
53		Easton Sckerl, SR	Cedar Falls	21:08	6:48/M
54	44	Nicholas Grandgenett, JR	Ames	21:11	6:49/M
55	45	Andrew Stapleton, JR	Ankeny Centennial	21:13	6:50/M
56	46	Hayden Pettit, FR	Waterloo	21:16	6:51/M
57		Diego Verastegui, SR	Waukee	21:17	6:51/M
58	47	Kaelan Eilers, SO	Waterloo	21:21	6:52/M
59		Connor Wilson, SR	Ankeny Centennial	21:25	6:53/M
60	48	Jaden Wood, SR	Waterloo	21:32	6:56/M
61	49	Bu Reh, JR	Waterloo	21:34	6:56/M
62	50	Jaren Jordan, FR	Grinnell	21:35	6:57/M
63		Bryan Wadsworth, JR	Waukee	21:37	6:58/M
64	51	Hayden Eaton, SO	Grinnell	21:37	6:58/M
65		Ben Campbell, SR	Cedar Falls	21:38	6:58/M
66		Campbell Tressler, JR	Cedar Falls	21:38	6:58/M
67	52	Sam Trabue, JR	Ames	21:39	6:58/M
68		Peter Dengler, SR	Ankeny Centennial	21:39	6:58/M
69		Frankie Dunning, JR	Cedar Falls	21:39	6:58/M
70		Alex Traynor, SR	Valley WDM	21:44	7:00/M
71		Mustafa Omar, SR	Valley WDM	21:44	7:00/M
72	53	Jack Olson, JR	Des Moines Roosevelt	21:45	7:00/M
73		Sam Lanz, JR	Waukee	21:45	7:00/M
74	54	Jayden Karlstad, JR	Des Moines Roosevelt	21:47	7:01/M
75		Will Keck, SR	Waukee	21:48	7:01/M
76	55	Seth Parry, SR	Des Moines Roosevelt	21:54	7:03/M
77		Luke Bazan, SR	Waukee	21:56	7:04/M
78		Samuel Overton, SR	Valley WDM	21:57	7:04/M
79		Trevor Hulsing, JR	Waukee	21:57	7:04/M
80		Ben Tope, JR	Waukee	22:03	7:06/M
81	56	Cael Jones, JR	Southeast Polk	22:03	7:06/M
82		Josh Kuehl, JR	Cedar Falls	22:03	7:06/M
83	57	Charles Keitges, SO	Ames	22:04	7:06/M
84		Preston Van Blair, JR	Ankeny Centennial	22:05	7:06/M
85		Jack Schaeuble, SR	Valley WDM	22:07	7:07/M

86	58	Cam McNally, SR	Des Moines Roosevelt	22:08	7:07/M
87	59	Wyatt Jungck, SO	Waterloo	22:08	7:07/M
88	60	Noah Waldon, SR	Southeast Polk	22:08	7:07/M
89	61	Layton Ritter, SO	Waterloo	22:09	7:08/M
90	62	Kale Taylor, FR	Waterloo	22:15	7:10/M
91		Cameron Mesman, JR	Waukee	22:27	7:13/M
92		Harrison Eckard-Garrett, SR	Des Moines Roosevelt	22:27	7:14/M
93	63	Alex Boren, SR	Rock Bridge MO	22:28	7:14/M
94		Hans Bunn, SR	Valley WDM	22:30	7:14/M
95		Connor Niland, SR	Valley WDM	22:41	7:18/M
96		Cade Nickell, JR	Southeast Polk	22:43	7:19/M
97		Theo Housker, SR	Ankeny Centennial	22:43	7:19/M
98		Randy Zhang, JR	Cedar Falls	22:47	7:20/M
99		Bashar Eid, SR	Des Moines Roosevelt	22:48	7:20/M
100		Ryan Williams, JR	Des Moines Roosevelt	22:49	7:21/M
101		Ryan Westhoff, SR	Cedar Falls	22:50	7:21/M
102		David Gaunt, SR	Valley WDM	22:53	7:22/M
103	64	Dallas Deneve, SR	Grinnell	22:54	7:22/M
104	65	Jared Schelker, JR	Ankeny High School	22:57	7:23/M
105	66	Peijing Li, SR	Ames	22:59	7:24/M
106		Michael Kremer, SR	Cedar Falls	23:01	7:24/M
107		Carsyn Mueller, SR	Cedar Falls	23:03	7:25/M
108	67	Sam Munns, SR	Rock Bridge MO	23:06	7:26/M
109		Jack Gilbert, JR	Ames	23:09	7:27/M
110	68	Kiran Jones, FR	Grinnell	23:10	7:27/M
111		William Zheng, SR	Ames	23:15	7:29/M
112		Ryan Derrick, SR	Waukee	23:15	7:29/M
113		Preston Engstrom, JR	Waterloo	23:16	7:29/M
114		Camden Johnson, SR	Ankeny Centennial	23:23	7:32/M
115		Zane Barker, JR	Ames	23:24	7:32/M
116		Michael Haertle, JR	Valley WDM	23:26	7:33/M
117		Owen Barstad, JR	Des Moines Roosevelt	23:28	7:33/M
118	69	Aidan Brownell, SR	Grinnell	23:29	7:33/M
119		Isaac Helton, JR	Des Moines Roosevelt	23:30	7:34/M
120		Elijah Brungardt, SR	Ames	23:31	7:34/M
121		Christian Holbert, SR	Cedar Falls	23:37	7:36/M
122		Anthony Schwindt, JR	Des Moines Roosevelt	23:40	7:37/M
123	70	Alexander Crites, FR	Grinnell	23:42	7:38/M
124	71	Eric Amuri, SO	Hoover DSM	23:42	7:38/M
125		Pradyumna Dahal, JR	Valley WDM	23:44	7:38/M
126		Deyton Love, SR	Waterloo	23:50	7:40/M
127		Zavier Hahn, JR	Des Moines Roosevelt	23:50	7:40/M
128		Donovan Stone, SO	Waterloo	23:53	7:41/M
129		Drake Ashmore, JR	Des Moines Roosevelt	23:55	7:42/M
130	72	Rauri Brownell, FR	Grinnell	23:56	7:42/M
131		Andrew Tracy, SO	Waterloo	23:59	7:43/M
132	73	Deodonne Mfaume, JR	Hoover DSM	24:00	7:43/M
133		Levi Schultz, JR	Valley WDM	24:04	7:45/M
134		Brayden Topic, SR	Valley WDM	24:05	7:45/M
135		Logan Keenan, JR	Ankeny Centennial	24:06	7:45/M
136		Aidan Buske, JR	Waukee	24:08	7:46/M
137		Keegan Smith, JR	Ankeny Centennial	24:19	7:49/M
138		Will Greteman, SR	Waukee	24:22	7:51/M
139		Mason Delange, SR	Des Moines Roosevelt	24:24	7:51/M
140		Samuel Bonner, JR	Valley WDM	24:25	7:52/M
141		Landon Stafsholt, SO	Waterloo	24:28	7:52/M
142	74	Nicholas Price, JR	Marshalltown	24:29	7:53/M

143		Brody Kucharo, JR	Valley WDM	24:30	7:53/M
144		Noah Miller, JR	Cedar Falls	24:32	7:54/M
145		Brooklyn Pierce, JR	Waukee	24:33	7:54/M
146		Nick Rider, SR	Des Moines Roosevelt	24:36	7:55/M
147		Jack Wilson, JR	Waukee	24:37	7:55/M
148		Hunter Groteluschen, JR	Valley WDM	24:39	7:56/M
149		Grant Brown, JR	Des Moines Roosevelt	24:40	7:56/M
150		Jose Sanmartin, JR	Ankeny Centennial	24:43	7:57/M
151	75	Lucas Kramer, JR	Marshalltown	24:48	7:59/M
152		Jose Cordova, SR	Waukee	24:50	7:59/M
153		Brandon Huitzil, SO	Waterloo	24:52	8:00/M
154		Lucas Shaw, SR	Cedar Falls	24:55	8:01/M
155		Tandri Einarsson, SR	Waukee	24:56	8:01/M
156	76	Trace Markel, SR	Marshalltown	24:58	8:02/M
157		Clayton Morgan, SR	Rock Bridge MO	25:01	8:03/M
158		Tate Goodman, JR	Southeast Polk	25:02	8:03/M
159	77	Kevin Meissner, JR	Ankeny High School	25:06	8:05/M
160		Ben Johnson, JR	Valley WDM	25:06	8:05/M
161		Ryan Bulver, SO	Waterloo	25:07	8:05/M
162		Mitchell Wood, JR	Waukee	25:10	8:06/M
163	78	Aiden Grimes, SO	Hoover DSM	25:14	8:07/M
164		Liam Stamper, JR	Des Moines Roosevelt	25:16	8:08/M
165		Max Levandoski, JR	Grinnell	25:20	8:09/M
166		Ian Coffman, JR	Ames	25:24	8:11/M
167		Malichi Daringer-Wright, FR	Waterloo	25:43	8:17/M
168	79	Grayden Pilcher, JR	Ankeny High School	25:56	8:21/M
169		Kolin Jasper, SR	Cedar Falls	25:56	8:21/M
170	80	Brock Keeler, SR	Marshalltown	25:59	8:22/M
171		Luke Lacey, SR	Ankeny Centennial	26:08	8:25/M
172		Alex Kovar, SR	Ames	26:11	8:26/M
173		Braden Nystron, FR	Waterloo	26:17	8:28/M
174		Charley Dunham, JR	Des Moines Roosevelt	26:22	8:29/M
175		Adam McFee, SR	Grinnell	26:29	8:31/M
176	81	Jeff Clause, FR	Ankeny High School	26:34	8:33/M
177		Ehku Doh, FR	Waterloo	26:43	8:36/M
178		Kaden Ingram, JR	Ankeny Centennial	27:01	8:42/M
179		Patrick Karns, SR	Valley WDM	27:08	8:44/M
180		Anthony Sandoval, SR	Waterloo	27:19	8:47/M
181		Isaac Gasior, SR	Valley WDM	27:28	8:51/M
182		Gabriel Ashitey, JR	Waukee	27:33	8:52/M
183		Joe Devereux, JR	Ankeny Centennial	27:37	8:53/M
184	82	Victor Zavala, JR	Marshalltown	27:46	8:56/M
185		Jack McKinney, SR	Waukee	27:49	8:57/M
186	83	Wyatt Sipes, JR	Ankeny High School	28:02	9:01/M
187		Joel Graham, JR	Valley WDM	28:06	9:03/M
188	84	Brandon Luna, SR	Hoover DSM	28:29	9:10/M
189		Trenton Holden, JR	Cedar Falls	28:32	9:11/M
190		Lwe H'Too, FR	Waterloo	28:34	9:12/M
191		Ehmoora Soe, FR	Waterloo	28:36	9:12/M
192		Tate Marsh, SR	Waukee	28:40	9:13/M
193		Henry Hutchison, JR	Grinnell	28:51	9:17/M
194		Ethan Butler, JR	Southeast Polk	29:12	9:24/M
195		Sam Lund, FR	Waterloo	29:23	9:28/M
196		Jason Nguyen, JR	Des Moines Roosevelt	29:58	9:39/M
197	85	Justin Bebanga, JR	Hoover DSM	30:18	9:45/M
198		Morgan Andre, SO	Waterloo	31:18	10:04/M

Place 1	Cedar Falls		Time Spread = 1:15	TTL Time = 1:34:16	Ave Time = 18:51	Score = 32
Place	Name		Time		Pace mpm	
1	Cooper Olsen, JR		18:10		5:51	
3	Jacob Olthoff, SR		18:35		5:59	
6	Tj Tomlyanovich, JR		18:57		6:06	
10	Jack Jorgensen, JR		19:08		6:10	
12	Noah Arends, SR		19:25		6:15	
22	Blake Arends, SR		19:52		6:24	
42	Connor Woods, JR		21:06		6:47	
	Easton Sckerl, SR		21:08		6:48	
	Ben Campbell, SR		21:38		6:58	
	Campbell Tressler, JR		21:38		6:58	
	Frankie Dunning, JR		21:39		6:58	
	Josh Kuehl, JR		22:03		7:06	
	Randy Zhang, JR		22:47		7:20	
	Ryan Westhoff, SR		22:50		7:21	
	Michael Kremer, SR		23:01		7:24	
	Carsyn Mueller, SR		23:03		7:25	
	Christian Holbert, SR		23:37		7:36	
	Noah Miller, JR		24:32		7:54	
	Lucas Shaw, SR		24:55		8:01	
	Kolin Jasper, SR		25:56		8:21	
	Trenton Holden, JR		28:32		9:11	

Place 2	Waukeez		Time Spread = 1:12	TTL Time = 1:35:53	Ave Time = 19:11	Score = 50
Place	Name		Time		Pace mpm	
4	Tyler Stallman, SR		18:37		6:00	
7	Tyler Merhar, SO		18:58		6:06	
8	Jonah Christensen, JR		18:59		6:07	
13	Ryland Welch, SR		19:29		6:16	
18	Josh Larreau, SR		19:49		6:23	
21	Ethan Robus, SR		19:51		6:23	
24	Chad Denadel, SO		19:59		6:26	
	Braden Sankot, SR		20:05		6:28	
	Brenden Hinspeter, SR		20:08		6:29	
	Issac Holtz, SR		20:10		6:29	
	Riley Dejohn, SR		20:13		6:30	
	Kyle Witte, SO		20:17		6:32	
	Connor Barry, JR		20:26		6:35	
	Charlie Petersen, SO		20:46		6:41	
	Hunter Rose, JR		21:05		6:47	
	Diego Verastegui, SR		21:17		6:51	
	Bryan Wadsworth, JR		21:37		6:58	
	Sam Lanz, JR		21:45		7:00	
	Will Keck, SR		21:48		7:01	
	Luke Bazan, SR		21:56		7:04	
	Trevor Hulsing, JR		21:57		7:04	
	Ben Tope, JR		22:03		7:06	
	Cameron Mesman, JR		22:27		7:13	
	Ryan Derrick, SR		23:15		7:29	
	Aidan Buske, JR		24:08		7:46	
	Will Greteman, SR		24:22		7:51	

Brooklyn Pierce, JR	24:33	7:54
Jack Wilson, JR	24:37	7:55
Jose Cordova, SR	24:50	7:59
Tandri Einarsson, SR	24:56	8:01
Mitchell Wood, JR	25:10	8:06
Gabriel Ashitey, JR	27:33	8:52
Jack McKinney, SR	27:49	8:57
Tate Marsh, SR	28:40	9:13

Place 3	Rock Bridge MO	Time Spread = 2:22	TTL Time = 1:36:45	Ave Time = 19:21	Score = 68
Place	Name		Time	Pace mpm	

2	Jared Geyer, SR	18:32	5:58
5	Jay Koller, SR	18:42	6:01
9	Dillon Hilbert, JR	19:05	6:08
14	Shawn Rottinghaus, JR	19:32	6:17
38	Kellen Clowe, SR	20:54	6:44
63	Alex Boren, SR	22:28	7:14
67	Sam Munns, SR	23:06	7:26
	Clayton Morgan, SR	25:01	8:03

Place 4	Southeast Polk	Time Spread = 0:59	TTL Time = 1:41:23	Ave Time = 20:17	Score = 132
Place	Name		Time	Pace mpm	

20	Nathan Parker, SR	19:50	6:23
23	Alex Wilson, JR	19:57	6:25
25	Jacob Martin, JR	20:12	6:30
29	Nolan Larsen, SR	20:35	6:37
35	Eric Fitzpatrick, JR	20:50	6:42
56	Cael Jones, JR	22:03	7:06
60	Noah Waldon, SR	22:08	7:07
	Cade Nickell, JR	22:43	7:19
	Tate Goodman, JR	25:02	8:03
	Ethan Butler, JR	29:12	9:24

Place 5	Valley WDM	Time Spread = 1:10	TTL Time = 1:41:48	Ave Time = 20:22	Score = 135
Place	Name		Time	Pace mpm	

16	Jake Umble, SR	19:36	6:19
26	Alec Dephillips, JR	20:16	6:31
28	Andrew Ross, JR	20:30	6:36
31	Beckett Newton, SR	20:40	6:39
34	Joseph Smith, JR	20:46	6:41
36	Jacob Phillips, JR	20:50	6:42
39	Zachary Hill, JR	20:55	6:44
	Graham Margulies, SR	21:07	6:48
	Alex Traynor, SR	21:44	7:00
	Mustafa Omar, SR	21:44	7:00
	Samuel Overton, SR	21:57	7:04
	Jack Schaeuble, SR	22:07	7:07
	Hans Bunn, SR	22:30	7:14
	Connor Niland, SR	22:41	7:18
	David Gaunt, SR	22:53	7:22
	Michael Haertle, JR	23:26	7:33
	Pradyumna Dahal, JR	23:44	7:38
	Levi Schultz, JR	24:04	7:45
	Brayden Topic, SR	24:05	7:45
	Samuel Bonner, JR	24:25	7:52
	Brody Kucharo, JR	24:30	7:53

Hunter Groteluschen, JR	24:39	7:56
Ben Johnson, JR	25:06	8:05
Patrick Karns, SR	27:08	8:44
Isaac Gasior, SR	27:28	8:51
Joel Graham, JR	28:06	9:03

Place 6	Ankeny Centennial	Time Spread = 1:26	TTL Time = 1:42:03	Ave Time = 20:25	Score = 145
Place	Name		Time	Pace mpm	

15	Blake Dephillips, JR	19:35	6:18
19	Nate Burns, JR	19:50	6:23
33	Riley Oshirak, SR	20:45	6:41
37	Jackson Harris, SR	20:52	6:43
41	Kade Van Meeteren, SR	21:01	6:46
43	Ethan Hauschildt, JR	21:07	6:48
45	Andrew Stapleton, JR	21:13	6:50
	Connor Wilson, SR	21:25	6:53
	Peter Dengler, SR	21:39	6:58
	Preston Van Blair, JR	22:05	7:06
	Theo Housker, SR	22:43	7:19
	Camden Johnson, SR	23:23	7:32
	Logan Keenan, JR	24:06	7:45
	Keegan Smith, JR	24:19	7:49
	Jose Sanmartin, JR	24:43	7:57
	Luke Lacey, SR	26:08	8:25
	Kaden Ingram, JR	27:01	8:42
	Joe Devereux, JR	27:37	8:53

Place 7	Ames	Time Spread = 2:15	TTL Time = 1:42:51	Ave Time = 20:34	Score = 164
Place	Name		Time	Pace mpm	

11	Charles Arroyo, JR	19:23	6:14
17	Leyton Wahl, SO	19:39	6:19
40	Avery Mosher, JR	21:00	6:45
44	Nicholas Grandgenett, JR	21:11	6:49
52	Sam Trabue, JR	21:39	6:58
57	Charles Keitges, SO	22:04	7:06
66	Peijing Li, SR	22:59	7:24
	Jack Gilbert, JR	23:09	7:27
	William Zheng, SR	23:15	7:29
	Zane Barker, JR	23:24	7:32
	Elijah Brungardt, SR	23:31	7:34
	Ian Coffman, JR	25:24	8:11
	Alex Kovar, SR	26:11	8:26

Place 8	Des Moines Roosevelt	Time Spread = 1:28	TTL Time = 1:45:06	Ave Time = 21:01	Score = 196
Place	Name		Time	Pace mpm	

27	Jack Neel, JR	20:18	6:32
30	Jaden Johnson, SR	20:35	6:37
32	Ean Cummings, JR	20:42	6:40
53	Jack Olson, JR	21:45	7:00
54	Jayden Karlstad, JR	21:47	7:01
55	Seth Parry, SR	21:54	7:03
58	Cam McNally, SR	22:08	7:07
	Harrison Eckard-	22:27	7:14

Garrett, SR		
Bashar Eid, SR	22:48	7:20
Ryan Williams, JR	22:49	7:21
Owen Barstad, JR	23:28	7:33
Isaac Helton, JR	23:30	7:34
Anthony Schwindt, JR	23:40	7:37
Zavier Hahn, JR	23:50	7:40
Drake Ashmore, JR	23:55	7:42
Mason Delange, SR	24:24	7:51
Nick Rider, SR	24:36	7:55
Grant Brown, JR	24:40	7:56
Liam Stamper, JR	25:16	8:08
Charley Dunham, JR	26:22	8:29
Jason Nguyen, JR	29:58	9:39

Place 9	Waterloo	Time Spread = 0:52	TTL Time = 1:47:50	Ave Time = 21:34	Score = 249
Place	Name		Time	Pace mpm	

46	Hayden Pettit, FR	21:16	6:51
47	Kaelan Eilers, SO	21:21	6:52
48	Jaden Wood, SR	21:32	6:56
49	Bu Reh, JR	21:34	6:56
59	Wyatt Jungck, SO	22:08	7:07
61	Layton Ritter, SO	22:09	7:08
62	Kale Taylor, FR	22:15	7:10
	Preston Engstrom, JR	23:16	7:29
	Deyton Love, SR	23:50	7:40
	Donovan Stone, SO	23:53	7:41
	Andrew Tracy, SO	23:59	7:43
	Landon Stafsholt, SO	24:28	7:52
	Brandon Huitzil, SO	24:52	8:00
	Ryan Bulver, SO	25:07	8:05
	Malichi Daringer- Wright, FR	25:43	8:17
	Braden Nystrom, FR	26:17	8:28
	Ehku Doh, FR	26:43	8:36
	Anthony Sandoval, SR	27:19	8:47
	Lwe H'Too, FR	28:34	9:12
	Ehmoora Soe, FR	28:36	9:12
	Sam Lund, FR	29:23	9:28
	Morgan Andre, SO	31:18	10:04
	William Klabunde, SO	32:07	10:20

Place 10	Grinnell	Time Spread = 1:54	TTL Time = 1:52:45	Ave Time = 22:33	Score = 302
Place	Name		Time	Pace mpm	

50	Jaren Jordan, FR	21:35	6:57
51	Hayden Eaton, SO	21:37	6:58
64	Dallas Deneve, SR	22:54	7:22
68	Kiran Jones, FR	23:10	7:27
69	Aidan Brownell, SR	23:29	7:33
70	Alexander Crites, FR	23:42	7:38
72	Rauri Brownell, FR	23:56	7:42
	Max Levandoski, JR	25:20	8:09
	Adam McFee, SR	26:29	8:31
	Henry Hutchison, JR	28:51	9:17

Place 11	Ankeny High School	Time Spread = 5:05	TTL Time = 2:08:33	Ave Time = 25:43	Score = 385
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<u>Place</u>	<u>Name</u>	<u>Time</u>	<u>Pace mpm</u>
65	Jared Schelker, JR	22:57	7:23
77	Kevin Meissner, JR	25:06	8:05
79	Grayden Pilcher, JR	25:56	8:21
81	Jeff Clause, FR	26:34	8:33
83	Wyatt Sipes, JR	28:02	9:01

Place 12	Marshalltown	Time Spread = 3:17	TTL Time = 2:07:59	Ave Time = 25:36	Score = 387
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<u>Place</u>	<u>Name</u>	<u>Time</u>	<u>Pace mpm</u>
74	Nicholas Price, JR	24:29	7:53
75	Lucas Kramer, JR	24:48	7:59
76	Trace Markel, SR	24:58	8:02
80	Brock Keeler, SR	25:59	8:22
82	Victor Zavala, JR	27:46	8:56

Place 13	Hoover DSM	Time Spread = 9:16	TTL Time = 2:11:43	Ave Time = 26:21	Score = 391
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<u>Place</u>	<u>Name</u>	<u>Time</u>	<u>Pace mpm</u>
71	Eric Amuri, SO	23:42	7:38
73	Deodonne Mfaume, JR	24:00	7:43
78	Aiden Grimes, SO	25:14	8:07
84	Brandon Luna, SR	28:29	9:10
85	Justin Bebanga, JR	30:18	9:45

Incomplete Teams:

Printed on: 9/5/2019 9:52:12 PM Results by: Brett Carney * All-American Timing

KIRK SCHMALTZ CROSS COUNTRY INVITATIONAL 9th

10th GIRLS 5K Cross Country Meet

Event: 9 10 Girls 5K
 Date: Thursday, September 05, 2019
 Location: Ames, IA * ISU CC Course
 Weather: Sunny 89°

Results By: Brett Carney * All-American Timing

Place	School	1	2	3	4	5	6	7	Score	Time Total	Average	Spread
1	Waukee	4	5	6	7	8	10	13	30	1:58:36	23:43	0:49
2	Ankeny Centennial	1	3	11	14	16	20	33	45	1:59:32	23:54	1:45
3	Rock Bridge MO	2	9	12	15	28	32	44	66	2:02:34	24:31	3:23
4	Valley WDM	17	22	24	30	37	41	46	130	2:10:11	26:02	2:23
5	Ankeny High School	19	23	26	31	38	40	42	137	2:11:13	26:15	2:06
6	Cedar Falls	25	34	36	39	45	47	48	179	2:15:10	27:02	1:40
7	Marshalltown	18	27	35	49	51	52		180	2:18:21	27:40	5:24
8	Ames	50	21	29	43	53	54	55	196	2:16:11	27:14	9:21

Incomplete Teams:

Place	Score	Name	School	Time	Pace mpm
1	1	Ava Birchmier, FR	Ankeny Centennial	22:53	7:22/M
2	2	Evelyn Wilbur, SO	Rock Bridge MO	23:04	7:26/M
3	3	Kendall Jorgensen, SO	Ankeny Centennial	23:12	7:28/M
4	4	Mallory Drake, SO	Waukee	23:14	7:29/M
5	5	Isabella Madrigal, FR	Waukee	23:17	7:30/M
6	6	Kariin Roush, SO	Waukee	23:58	7:43/M
7	7	Isabella Webb, FR	Waukee	24:03	7:44/M
8	8	Ava Carder, SO	Waukee	24:03	7:44/M
9	9	Morgan Sexten, FR	Rock Bridge MO	24:05	7:45/M
10	10	Emma Baumgart, FR	Waukee	24:07	7:46/M
11	11	Claire Anonson, SO	Ankeny Centennial	24:17	7:49/M
12	12	Hannah Link, FR	Rock Bridge MO	24:22	7:51/M
13	13	Sophia Stewart, FR	Waukee	24:32	7:54/M
14		Emma Kirschner, FR	Waukee	24:32	7:54/M
15	14	Taysia Bettis, SO	Ankeny Centennial	24:32	7:54/M
16	15	Allison Kim, FR	Rock Bridge MO	24:35	7:55/M
17	16	Eliana Fritz, FR	Ankeny Centennial	24:38	7:56/M
18	17	Rabina Subba-Conradi, SO	Valley WDM	24:46	7:58/M
19	18	Smith Rachel, SO	Marshalltown	24:58	8:02/M
20	19	Paige Beason, FR	Ankeny High School	25:03	8:04/M
21		Isabel Veren, FR	Waukee	25:04	8:04/M
22		Ella Duenas, SO	Waukee	25:10	8:06/M
23	20	Abbi Brown, FR	Ankeny Centennial	25:11	8:06/M
24	21	Payton Stewart, FR	Ames	25:14	8:07/M
25		Aviella Holtz, SO	Waukee	25:25	8:11/M
26	22	Zoe Drey, FR	Valley WDM	25:31	8:13/M
27		Anna Barry, FR	Waukee	25:32	8:13/M
28		Megan Barry, FR	Waukee	25:32	8:13/M
29		Vanessa Demarco, SO	Waukee	25:35	8:14/M
30		Mallory Kron, FR	Waukee	25:37	8:15/M
31		Molly Townsend, SO	Waukee	26:00	8:22/M
32		Sophie Fox-Smith, FR	Waukee	26:01	8:22/M
33	23	Ella Dehaan, SO	Ankeny High School	26:09	8:25/M

34	24	Megan Vertin, FR	Valley WDM	26:15	8:27/M
35	25	Ella Hertz, FR	Cedar Falls	26:15	8:27/M
36	26	Angelina Hemphill, SO	Ankeny High School	26:19	8:28/M
37	27	Hotchkiss Sydney, SO	Marshalltown	26:23	8:30/M
38		Alyssa Bird, SO	Waukee	26:25	8:30/M
39	28	McKenna Mazingo, SO	Rock Bridge MO	26:28	8:31/M
40	29	Mia O'Connor-Walker, FR	Ames	26:28	8:31/M
41		Mallory Metzger, SO	Waukee	26:28	8:31/M
42	30	Reagan Griffith, SO	Valley WDM	26:29	8:32/M
43		Baylor O'Neil, SO	Waukee	26:32	8:32/M
44	31	Olivia Graber, FR	Ankeny High School	26:32	8:33/M
45	32	Liz Sherwin, SO	Rock Bridge MO	26:36	8:34/M
46	33	Lexie Gunn, SO	Ankeny Centennial	26:36	8:34/M
47	34	Annaliese Block, FR	Cedar Falls	26:47	8:37/M
48	35	Herrera Veronica, SO	Marshalltown	26:50	8:38/M
49	36	Aleah Timm, SO	Cedar Falls	26:57	8:41/M
50		Alyvia Schaffer, FR	Waukee	27:07	8:44/M
51	37	Libby White, SO	Valley WDM	27:09	8:44/M
52	38	Kennedy Palmer, FR	Ankeny High School	27:09	8:44/M
53	39	Megan Anton, FR	Cedar Falls	27:15	8:46/M
54	40	Leah Davis, SO	Ankeny High School	27:16	8:47/M
55	41	Cali Trygstad, FR	Valley WDM	27:24	8:49/M
56		Morgan Larick, SO	Waukee	27:28	8:50/M
57	42	Alex Gloviak, FR	Ankeny High School	27:31	8:51/M
58	43	Sarah Andrews, SO	Ames	27:37	8:53/M
59		Savannah Klingensmith, SO	Ankeny Centennial	27:42	8:55/M
60	44	Olivia Bader, SO	Rock Bridge MO	27:51	8:58/M
61	45	Lucy Dunning, FR	Cedar Falls	27:55	8:59/M
62		Emma Ellison, SO	Rock Bridge MO	27:57	9:00/M
63		Clara Freese, SO	Ankeny High School	27:59	9:00/M
64		Apeksha Adhikari, SO	Waukee	27:59	9:01/M
65		Mikayla Gabrielson, FR	Waukee	28:06	9:03/M
66		Julia Dahl, FR	Ankeny Centennial	28:12	9:04/M
67	46	Brynlea Degroote, SO	Valley WDM	28:18	9:06/M
68		Brianna Hynick, FR	Ankeny Centennial	28:19	9:07/M
69	47	Annaliese Martinson, FR	Cedar Falls	28:20	9:07/M
70		Tatum Lundberg, SO	Valley WDM	28:24	9:08/M
71		Jocie Ury, FR	Waukee	28:35	9:12/M
72		Audrey Moore, FR	Waukee	28:44	9:15/M
73		Casey Laughery, FR	Waukee	28:48	9:16/M
74	48	Molly Boevers, SO	Cedar Falls	29:00	9:20/M
75		Livia Routson, FR	Ankeny High School	29:12	9:24/M
76		Lilyanna Ganfield, FR	Cedar Falls	29:42	9:34/M
77		Emma Haupt, SO	Rock Bridge MO	29:49	9:36/M
78	49	Seltman Hannah, FR	Marshalltown	29:49	9:36/M
79		Lizzie Sorensen, SO	Waukee	29:49	9:36/M
80		Jaden Swarts, FR	Cedar Falls	30:02	9:40/M
81		Ximen Markway, FR	Waukee	30:09	9:42/M
83	51	Hoffman Taylor, SO	Marshalltown	30:21	9:46/M
84		Ella Soliday, FR	Waukee	30:25	9:47/M
85		Camryn Martens, SO	Waukee	30:26	9:48/M
86		Jenna Maifeld, SO	Waukee	30:26	9:48/M
87		Emma Hasanusta, SO	Waukee	30:35	9:51/M
88		Ava Callahan, SO	Ankeny High School	31:01	9:59/M
89		Olivia Lammers, FR	Ankeny High School	31:04	10:00/M
90		Kaylyn Le, SO	Valley WDM	31:09	10:02/M
91		Isabel Loeffelholz, SO	Waukee	31:14	10:03/M

92	52	MacBeth Chole, FR	Marshalltown	31:21	10:05/M
93		Maddie Knock, SO	Cedar Falls	31:21	10:06/M
94		Kassidy Brown, FR	Waukee	31:30	10:08/M
95		Grace Willham, FR	Waukee	31:36	10:10/M
96		Iris Nikolaus, SO	Waukee	31:52	10:16/M
97		Ally Chew, FR	Ankeny High School	31:54	10:16/M
98		Cassidy Craig, SO	Cedar Falls	31:58	10:17/M
99		Natalie Phillips, FR	Ankeny High School	31:59	10:18/M
100		Emily Rotert, SO	Ankeny Centennial	32:09	10:21/M
101		Emma Heine, SO	Ankeny High School	32:14	10:23/M
102		Faith Millsap, SO	Waukee	32:45	10:32/M
103		Eva Lopez, SO	Waukee	32:46	10:33/M
104		Annie Diener, SO	Waukee	32:47	10:33/M
105		Anna Lenig, FR	Ankeny Centennial	33:01	10:38/M
106	53	Abigail Thompson, SO	Ames	33:07	10:39/M
107		Jordan Weigel, FR	Valley WDM	33:10	10:41/M
108	54	Lorna Schuckert, SO	Ames	33:15	10:42/M
109		Emily Devereux, SO	Ankeny Centennial	33:43	10:51/M
110		Helene Lenz, SO	Valley WDM	33:57	10:56/M
111		Jenna McClain, FR	Ankeny Centennial	34:00	10:57/M
112		Chloe Amaya, FR	Ankeny Centennial	34:05	10:58/M
113		Katie Fiebig, FR	Waukee	34:20	11:03/M
114	55	Julia Brehm-Stecher, SO	Ames	34:37	11:09/M

Place 1	Waukee		Time Spread = 0:49	TTL Time = 1:58:36	Ave Time = 23:43	Score = 30
Place	Name		Time		Pace mpm	
4	Mallory Drake, SO		23:14		7:29	
5	Isabella Madrigal, FR		23:17		7:30	
6	Kariin Roush, SO		23:58		7:43	
7	Isabella Webb, FR		24:03		7:44	
8	Ava Carder, SO		24:03		7:44	
10	Emma Baumgart, FR		24:07		7:46	
13	Sophia Stewart, FR		24:32		7:54	
	Emma Kirschner, FR		24:32		7:54	
	Isabel Veren, FR		25:04		8:04	
	Ella Duenas, SO		25:10		8:06	
	Aviella Holtz, SO		25:25		8:11	
	Anna Barry, FR		25:32		8:13	
	Megan Barry, FR		25:32		8:13	
	Vanessa Demarco, SO		25:35		8:14	
	Mallory Kron, FR		25:37		8:15	
	Molly Townsend, SO		26:00		8:22	
	Sophie Fox-Smith, FR		26:01		8:22	
	Alyssa Bird, SO		26:25		8:30	
	Mallory Metzger, SO		26:28		8:31	
	Baylor O'Neil, SO		26:32		8:32	
	Alyvia Schaffer, FR		27:07		8:44	
	Morgan Larick, SO		27:28		8:50	
	Apeksha Adhikari, SO		27:59		9:01	
	Mikayla Gabrielson, FR		28:06		9:03	
	Jocie Ury, FR		28:35		9:12	
	Audrey Moore, FR		28:44		9:15	
	Casey Laughery, FR		28:48		9:16	
	Lizzie Sorensen, SO		29:49		9:36	

Ximen Markway, FR	30:09	9:42
Ella Soliday, FR	30:25	9:47
Camryn Martens, SO	30:26	9:48
Jenna Maifeld, SO	30:26	9:48
Emma Hasanusta, SO	30:35	9:51
Isabel Loeffelholz, SO	31:14	10:03
Kassidy Brown, FR	31:30	10:08
Grace Willham, FR	31:36	10:10
Iris Nikolaus, SO	31:52	10:16
Faith Millsap, SO	32:45	10:32
Eva Lopez, SO	32:46	10:33
Annie Diener, SO	32:47	10:33
Katie Fiebig, FR	34:20	11:03
Haya Alsaadi, SO	36:38	11:48
Stella Montgomery, SO	37:33	12:05
Carryna Rivers, FR	38:33	12:24

Place 2	Ankeny Centennial	Time Spread = 1:45	TTL Time = 1:59:32	Ave Time = 23:54	Score = 45
Place	Name		Time	Pace mpm	

1	Ava Birchmier, FR	22:53	7:22
3	Kendall Jorgensen, SO	23:12	7:28
11	Claire Anonson, SO	24:17	7:49
14	Taysia Bettis, SO	24:32	7:54
16	Eliana Fritz, FR	24:38	7:56
20	Abbi Brown, FR	25:11	8:06
33	Lexie Gunn, SO	26:36	8:34
	Savannah		
	Klingensmith, SO	27:42	8:55
	Julia Dahl, FR	28:12	9:04
	Brianna Hynick, FR	28:19	9:07
	Emily Rotert, SO	32:09	10:21
	Anna Lenig, FR	33:01	10:38
	Emily Devereux, SO	33:43	10:51
	Jenna McClain, FR	34:00	10:57
	Chloe Amaya, FR	34:05	10:58
	Elizabeth Ernst, SO	40:23	13:00
	Emma Calabro, FR	40:28	13:01
	Katie Wilde, SO	41:00	13:12

Place 3	Rock Bridge MO	Time Spread = 3:23	TTL Time = 2:02:34	Ave Time = 24:31	Score = 66
Place	Name		Time	Pace mpm	

2	Evelyn Wilbur, SO	23:04	7:26
9	Morgan Sexten, FR	24:05	7:45
12	Hannah Link, FR	24:22	7:51
15	Allison Kim, FR	24:35	7:55
28	McKenna Mazingo, SO	26:28	8:31
32	Liz Sherwin, SO	26:36	8:34
44	Olivia Bader, SO	27:51	8:58
	Emma Ellison, SO	27:57	9:00
	Emma Haupt, SO	29:49	9:36

Place 4	Valley WDM	Time Spread = 2:23	TTL Time = 2:10:11	Ave Time = 26:02	Score = 130
Place	Name		Time	Pace mpm	

17	Rabina Subba-Conradi, SO	24:46	7:58
22	Zoe Drey, FR	25:31	8:13

24	Megan Vertin, FR	26:15	8:27
30	Reagan Griffith, SO	26:29	8:32
37	Libby White, SO	27:09	8:44
41	Cali Trygstad, FR	27:24	8:49
46	Brynlea Degroote, SO	28:18	9:06
	Tatum Lundberg, SO	28:24	9:08
	Kaylyn Le, SO	31:09	10:02
	Jordan Weigel, FR	33:10	10:41
	Helene Lenz, SO	33:57	10:56

Place 5	Ankeny High School	Time Spread = 2:06	TTL Time = 2:11:13	Ave Time = 26:15	Score = 137
Place	Name		Time	Pace mpm	

19	Paige Beason, FR	25:03	8:04
23	Ella Dehaan, SO	26:09	8:25
26	Angelina Hemphill, SO	26:19	8:28
31	Olivia Graber, FR	26:32	8:33
38	Kennedy Palmer, FR	27:09	8:44
40	Leah Davis, SO	27:16	8:47
42	Alex Gloviak, FR	27:31	8:51
	Clara Freese, SO	27:59	9:00
	Livia Routson, FR	29:12	9:24
	Ava Callahan, SO	31:01	9:59
	Olivia Lammers, FR	31:04	10:00
	Ally Chew, FR	31:54	10:16
	Natalie Phillips, FR	31:59	10:18
	Emma Heine, SO	32:14	10:23

Place 6	Cedar Falls	Time Spread = 1:40	TTL Time = 2:15:10	Ave Time = 27:02	Score = 179
Place	Name		Time	Pace mpm	

25	Ella Hertz, FR	26:15	8:27
34	Annaliese Block, FR	26:47	8:37
36	Aleah Timm, SO	26:57	8:41
39	Megan Anton, FR	27:15	8:46
45	Lucy Dunning, FR	27:55	8:59
47	Annaliese Martinson, FR	28:20	9:07
48	Molly Boevers, SO	29:00	9:20
	Lilyanna Ganfield, FR	29:42	9:34
	Jaden Swarts, FR	30:02	9:40
	Maddie Knock, SO	31:21	10:06
	Cassidy Craig, SO	31:58	10:17
	Maren Dension, FR	37:59	12:14

Place 7	Marshalltown	Time Spread = 5:24	TTL Time = 2:18:21	Ave Time = 27:40	Score = 180
Place	Name		Time	Pace mpm	

18	Smith Rachel, SO	24:58	8:02
27	Hotchkiss Sydney, SO	26:23	8:30
35	Herrera Veronica, SO	26:50	8:38
49	Seltman Hannah, FR	29:49	9:36
51	Hoffman Taylor, SO	30:21	9:46
52	MacBeth Chole, FR	31:21	10:05

Place 8	Ames	Time Spread = 9:21	TTL Time = 2:16:11	Ave Time = 27:14	Score = 196
Place	Name		Time	Pace mpm	

50	Avery Scandrett, FR	23:45	7:39
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21	Payton Stewart, FR	25:14	8:07
29	Mia O'Connor-Walker, FR	26:28	8:31
43	Sarah Andrews, SO	27:37	8:53
53	Abigail Thompson, SO	33:07	10:39
54	Lorna Schuckert, SO	33:15	10:42
55	Julia Brehm-Stecher, SO	34:37	11:09
	Hailey Sibbel, SO	37:59	12:14
	Grace Bollhoefer, SO	42:11	13:35
	Alanna Schroeder, SO	44:24	14:17
	Isabella Haveman, SO	44:32	14:20
	Emery Blackburn, FR	47:55	15:25
	Ava Diedrichs, SO	48:16	15:32

Incomplete Teams:

Printed on: 9/5/2019 9:53:09 PM Results by: Brett Carney * All-American Timing

KIRK SCHMALTZ CROSS COUNTRY INVITATIONAL 9TH

10TH BOYS 5K Cross Country Meet

Event: 9 10 Boys 5K
 Date: Thursday, September 05, 2019
 Location: Ames, IA * ISU CC Course
 Weather: Sunny 89°

Results By: Brett Carney * All-American Timing

Place	School	1	2	3	4	5	6	7	Score	Time Total	Average	Spread
1	Rock Bridge MO	1	2	7	9	10	39	58	29	1:36:10	19:14	0:50
2	Ankeny High School	3	5	11	15	23	38	42	57	1:38:02	19:36	1:15
3	Cedar Falls	8	12	13	16	24	28	33	73	1:39:10	19:50	0:43
4	Valley WDM	14	19	26	30	34	45	46	123	1:41:37	20:19	0:47
5	Des Moines Roosevelt	18	21	27	32	35	36	41	133	1:41:56	20:23	0:39
6	Ankeny Centennial	6	25	31	44	48	53	54	154	1:42:49	20:34	1:56
7	Waukee	17	22	29	43	49	50	52	160	1:42:59	20:36	1:20
8	Southeast Polk	20	37	40	55	56	62	63	208	1:45:39	21:08	1:54
9	Ames	4	47	51	57	59	60	61	218	1:46:20	21:16	3:15
10	Hoover DSM	64	65	66	67	68			330	2:23:40	28:44	7:41

Incomplete Teams: Marshalltown

Place	Score	Name	School	Time	Pace mpm
1	1	Ethan Wampler, SO	Rock Bridge MO	18:44	6:02/M
2	2	Ian Kemeny, FR	Rock Bridge MO	18:50	6:04/M
3	3	Paul Erredge, SO	Ankeny High School	18:59	6:06/M
4	4	Charles Orngard, SO	Ames	19:04	6:08/M
5	5	Christian Rathje, SO	Ankeny High School	19:16	6:12/M
6	6	Cooper Majors, SO	Ankeny Centennial	19:22	6:14/M
7	7	Ty Welty, FR	Rock Bridge MO	19:29	6:16/M
8	8	Joshua Burjes, SO	Cedar Falls	19:31	6:17/M
9	9	Hudson Sumerall, FR	Rock Bridge MO	19:33	6:17/M
10	10	Parker Dimond, FR	Rock Bridge MO	19:34	6:18/M
11	11	Truman Patterson, SO	Ankeny High School	19:35	6:18/M
12	12	Pascal Cuhart, FR	Cedar Falls	19:39	6:19/M
13	13	Kyle Westhoff, SO	Cedar Falls	19:46	6:22/M
14	14	Carter Smith, SO	Valley WDM	19:53	6:24/M
15	15	Griffin Gade, SO	Ankeny High School	19:58	6:26/M
16	16	Cayden Schellhorn, FR	Cedar Falls	20:00	6:26/M
17	17	Kal Hoppe, FR	Waukee	20:01	6:27/M
18	18	Henry Nagle, SO	Des Moines Roosevelt	20:03	6:27/M
19	19	Jackson Skahill, SO	Valley WDM	20:03	6:27/M
20	20	Evan Brummel, FR	Southeast Polk	20:04	6:27/M
21	21	Logan Westin, FR	Des Moines Roosevelt	20:06	6:28/M
22	22	Nathan Schwab, SO	Waukee	20:07	6:28/M
23	23	Levi Hill, FR	Ankeny High School	20:13	6:30/M
24	24	Colby Cryer, FR	Cedar Falls	20:14	6:31/M
25	25	Parker Lundberg, FR	Ankeny Centennial	20:24	6:34/M
26	26	Paul Andersen, SO	Valley WDM	20:27	6:35/M
27	27	Nick Jackson, SO	Des Moines Roosevelt	20:29	6:36/M
28	28	Colin Johnson, FR	Cedar Falls	20:29	6:36/M
29	29	Drew Lehman, FR	Waukee	20:30	6:36/M
30	30	Andrew Larson, SO	Valley WDM	20:34	6:37/M
31	31	Cameron Larson, SO	Ankeny Centennial	20:36	6:38/M

32	32	Gavin Johansen, FR	Des Moines Roosevelt	20:37	6:38/M
33	33	Salem Strohbeen, SO	Cedar Falls	20:38	6:38/M
34	34	Thomas Hansen, SO	Valley WDM	20:40	6:39/M
35		Xander Steele, SO	Cedar Falls	20:40	6:39/M
36	35	Wyatt Ledinsky, FR	Des Moines Roosevelt	20:41	6:40/M
37	36	Drew Folkerts, FR	Des Moines Roosevelt	20:45	6:41/M
38	37	Jenkin Fulmer, FR	Southeast Polk	20:47	6:41/M
39	38	Michael Hayden, SO	Ankeny High School	20:48	6:42/M
40	39	Huston Spellman, SO	Rock Bridge MO	20:54	6:44/M
41	40	Alan Brummel, FR	Southeast Polk	20:55	6:44/M
42	41	Evan Holt, FR	Des Moines Roosevelt	20:59	6:45/M
43	42	Carter Smith, SO	Ankeny High School	21:01	6:46/M
44	43	Garrett Weber, FR	Waukee	21:01	6:46/M
45		Ben McFetridge, SO	Des Moines Roosevelt	21:02	6:46/M
46		Xavier Uhrmacher, SO	Cedar Falls	21:05	6:47/M
47		Alex Cox, FR	Ankeny High School	21:06	6:48/M
48	44	Noah Segar, SO	Ankeny Centennial	21:08	6:48/M
49	45	Andrew Liesland, SO	Valley WDM	21:10	6:49/M
50	46	Luke Trannel, SO	Valley WDM	21:10	6:49/M
51	47	Lucas Lueth, FR	Ames	21:11	6:49/M
52		Tianci Sun, FR	Valley WDM	21:16	6:51/M
53		Jackson Grant, SO	Des Moines Roosevelt	21:18	6:51/M
54	48	Luke Auderer, FR	Ankeny Centennial	21:19	6:52/M
55	49	Colin Wehrspan, FR	Waukee	21:21	6:52/M
56		Theo Whitehead, SO	Des Moines Roosevelt	21:28	6:55/M
57		Hayden McCormac, SO	Des Moines Roosevelt	21:29	6:55/M
58	50	Ethan Landin, SO	Waukee	21:32	6:56/M
59	51	Jack Wanamaker, SO	Ames	21:33	6:56/M
60		Corbin Webber, FR	Ankeny High School	21:34	6:56/M
61		Charlie Crane, FR	Ankeny High School	21:38	6:58/M
62	52	Sarang Kothari, FR	Waukee	21:40	6:59/M
63		Kevin Strand, SO	Marshalltown	21:47	7:01/M
64	53	Joel McCleary, SO	Ankeny Centennial	21:47	7:01/M
65		Elliot Baughman, FR	Valley WDM	21:47	7:01/M
66		Matthew Bonner, FR	Des Moines Roosevelt	21:48	7:01/M
67	54	Vibu Gantalamohini, FR	Ankeny Centennial	21:53	7:02/M
68		Beckett Laprade, SO	Des Moines Roosevelt	21:53	7:03/M
69	55	Nathan Zook, SO	Southeast Polk	21:56	7:03/M
70		Ethan Gruening, SO	Cedar Falls	21:56	7:04/M
71		Jonathan Squires, FR	Cedar Falls	21:56	7:04/M
72	56	Landon Smithhart, FR	Southeast Polk	21:57	7:04/M
73		Dayton Fouts, FR	Waukee	22:01	7:05/M
74		Joel Nelson, SO	Ankeny Centennial	22:02	7:06/M
75		Caden Miller, FR	Ankeny Centennial	22:03	7:06/M
76		Zachary Zinn, SO	Ankeny Centennial	22:05	7:06/M
77		Cameron Switzer, SO	Cedar Falls	22:08	7:07/M
78		Andy Tran, SO	Valley WDM	22:12	7:09/M
79	57	Karsten Holm, SO	Ames	22:13	7:09/M
80		Aidan Limback, FR	Valley WDM	22:13	7:09/M
81		Austin Beam, SO	Ankeny Centennial	22:14	7:09/M
82		Isaac O'Toole, SO	Ankeny High School	22:14	7:09/M
83		Jack McFetridge, SO	Des Moines Roosevelt	22:15	7:10/M
84		Ty Rounds, SO	Ankeny Centennial	22:17	7:10/M
85		Cael Klinkenborg, FR	Waukee	22:17	7:10/M
86	58	Owen Walls, SO	Rock Bridge MO	22:18	7:11/M
87		Noah Gossman, FR	Ankeny Centennial	22:18	7:11/M
88	59	Aryen Clipper, SO	Ames	22:19	7:11/M

89		Luke Wellet, SO	Waukee	22:26	7:13/M
90		Isaiah Jennings, SO	Cedar Falls	22:28	7:14/M
91		Saiphani Sirimalle, FR	Waukee	22:28	7:14/M
92		Owen Howells, SO	Des Moines Roosevelt	22:37	7:17/M
93		Will Blackmore, SO	Ankeny Centennial	22:38	7:17/M
94		Charlie Hoffman, SO	Ankeny Centennial	22:39	7:17/M
95		Ethan Ver Helst, SO	Ankeny Centennial	22:40	7:18/M
96		Sam Brown, SO	Des Moines Roosevelt	22:41	7:18/M
97		Ray Adelstein, SO	Rock Bridge MO	22:41	7:18/M
98		Roman Keahna-Harris, SO	Ankeny Centennial	22:42	7:18/M
99		Nick Cox, FR	Ankeny Centennial	22:42	7:18/M
100		Braden Sauer, FR	Ankeny High School	22:45	7:19/M
101	60	Brandon Vorst, FR	Ames	22:48	7:20/M
102		Braydon Zeutenhorst, FR	Ankeny High School	22:49	7:21/M
103		Grayson McAvoy, FR	Valley WDM	22:50	7:21/M
104		Bennett Blakeslee, FR	Ankeny Centennial	22:51	7:21/M
105		Austin Jones, FR	Waukee	22:54	7:22/M
106		Noah Backes, FR	Cedar Falls	22:55	7:23/M
107		Jack Lacey, SO	Ankeny Centennial	22:56	7:23/M
108	61	Ian Nelson, SO	Ames	23:01	7:24/M
109		Blake Ganpat, SO	Ankeny High School	23:01	7:24/M
110		Noa Jones, FR	Ankeny High School	23:03	7:25/M
111		Reece Gallagher, SO	Cedar Falls	23:03	7:25/M
112		Nate Hines, SO	Ankeny Centennial	23:06	7:26/M
113		Samuel Wandera, FR	Des Moines Roosevelt	23:08	7:27/M
114		Hogan Fuessel, FR	Cedar Falls	23:10	7:27/M
115		Jet Bergwell, FR	Ankeny High School	23:10	7:27/M
116		Grant Harris, FR	Ankeny Centennial	23:10	7:28/M
117		Carson Packer, SO	Ames	23:12	7:28/M
118		Braden Miller, SO	Ankeny Centennial	23:14	7:29/M
119		Peyton Groteluschen, FR	Valley WDM	23:17	7:30/M
120	62	Cole Kyer, FR	Southeast Polk	23:19	7:30/M
121		Alan Tribble, SO	Waukee	23:20	7:31/M
122		Brett Wineinger, SO	Ames	23:20	7:31/M
123		Carson Lane, FR	Des Moines Roosevelt	23:21	7:31/M
124		Andrew Smith, FR	Ankeny Centennial	23:21	7:31/M
125		Jesse Floyd, SO	Valley WDM	23:21	7:31/M
126		William Thompson, SO	Valley WDM	23:23	7:31/M
127		Chris Moseley, SO	Waukee	23:23	7:32/M
128		Johnny Imboden, FR	Rock Bridge MO	23:24	7:32/M
129		Lawson Port, SO	Waukee	23:26	7:33/M
130		Max Doyle, FR	Ankeny High School	23:29	7:34/M
131		Camden Wacha, FR	Ames	23:31	7:34/M
132		Graham Randall, SO	Ankeny Centennial	23:34	7:35/M
133	63	Mason Hausmann, FR	Southeast Polk	23:37	7:36/M
134		Keegan Overton, SO	Ankeny Centennial	23:41	7:37/M
135		Matthew Hehr, SO	Ames	23:43	7:38/M
136		Landen Scott, SO	Rock Bridge MO	23:44	7:38/M
137		Kamden Sorensen, FR	Valley WDM	23:46	7:39/M
138		Owen Fast, FR	Ankeny High School	23:47	7:39/M
139		Gabriel King, FR	Valley WDM	23:48	7:40/M
140		Aaron Woods, SO	Ankeny High School	23:48	7:40/M
141		Henry De Bruijn, FR	Waukee	23:50	7:40/M
142		Jerry Peng, SO	Waukee	23:51	7:41/M
143		Jacob Dunham, FR	Waukee	23:52	7:41/M
144		Carter Skloda, FR	Ankeny High School	23:52	7:41/M
145		Lane Wunderlich, FR	Cedar Falls	23:52	7:41/M

146		Luke Thompson, FR	Ankeny Centennial	23:58	7:43/M
147		Elliot Donovan, FR	Des Moines Roosevelt	24:00	7:43/M
148		Calyx Hadley, FR	Cedar Falls	24:01	7:44/M
149		Avery Carlson, SO	Ankeny Centennial	24:01	7:44/M
150		Kyle Melcher, FR	Ankeny Centennial	24:03	7:45/M
151		Alex Owens, SO	Valley WDM	24:06	7:46/M
152		Matthew Monsivais, SO	Ankeny Centennial	24:08	7:46/M
153		Payton Walker, FR	Des Moines Roosevelt	24:11	7:47/M
154		Matt Bendinger, SO	Valley WDM	24:14	7:48/M
155		Sam Kellen, SO	Ames	24:17	7:49/M
156		Max Holt, SO	Waukee	24:19	7:50/M
157		Luke Martin, FR	Des Moines Roosevelt	24:21	7:50/M
158		Elijah Sack, FR	Valley WDM	24:22	7:51/M
159		Tate Meinhard, SO	Ames	24:23	7:51/M
160		London Hershberger, SO	Ankeny Centennial	24:25	7:52/M
161		Andrew Mills, FR	Waukee	24:25	7:52/M
162		Drew Schindel, SO	Ames	24:27	7:52/M
163		David Hauber, FR	Ames	24:28	7:53/M
164		Caden Renner, SO	Rock Bridge MO	24:29	7:53/M
165		Eli Munch, SO	Valley WDM	24:29	7:53/M
166		Caleb Allison, FR	Waukee	24:33	7:54/M
167		Jackson Minton, FR	Waukee	24:34	7:54/M
168		Jared Hutson, FR	Ames	24:36	7:55/M
169		Jared Foreman, FR	Rock Bridge MO	24:40	7:56/M
170		Jacob Sorenson, SO	Ames	24:42	7:57/M
171	64	Kalonji Musengo, SO	Hoover DSM	24:43	7:57/M
172		August Cowie, FR	Ankeny Centennial	24:45	7:58/M
173		Will Pixley, SO	Valley WDM	24:47	7:59/M
174		Eddie Monaco, FR	Waukee	24:50	8:00/M
175		Wesley Reese, FR	Des Moines Roosevelt	24:55	8:01/M
176		Cameron Porath, FR	Ankeny High School	24:56	8:01/M
177		Kellen Jones, SO	Ankeny Centennial	24:57	8:02/M
178		Zach Funk, FR	Southeast Polk	24:58	8:02/M
179		Evan Eggland, SO	Ankeny Centennial	24:58	8:02/M
180		Owen Miller, SO	Marshalltown	25:01	8:03/M
181		Sebastian Guitierrez, FR	Marshalltown	25:01	8:03/M
182		Ashton Alger, SO	Valley WDM	25:01	8:03/M
183		Ethan Letsch, SO	Valley WDM	25:03	8:04/M
184		Callan Mefford, SO	Ankeny Centennial	25:04	8:04/M
185		Carson Anton, FR	Cedar Falls	25:07	8:05/M
186		Drew Simmons, FR	Des Moines Roosevelt	25:10	8:06/M
187		Sam Ducar, FR	Ankeny High School	25:10	8:06/M
188		Will Copley, SO	Ames	25:14	8:07/M
189		Luka Flores, FR	Ankeny High School	25:15	8:08/M
190		Elie Tulikumwenayo, SO	Des Moines Roosevelt	25:20	8:09/M
191	65	Sam Curry, SO	Hoover DSM	25:23	8:10/M
192		Tyler McCormac, SO	Des Moines Roosevelt	25:24	8:10/M
193		Jackson Keith, FR	Valley WDM	25:25	8:11/M
194		Trevor Janes, SO	Waukee	25:25	8:11/M
195		Hayden Sinclair, FR	Ames	25:26	8:11/M
196		Hudson Griffin, SO	Ankeny High School	25:27	8:11/M
197		Andres Lopez, SO	Ankeny High School	25:28	8:12/M
198		Colin Miller, FR	Southeast Polk	25:28	8:12/M
199		Keenan Tiroe, FR	Ankeny High School	25:29	8:12/M
200		Ben Finken, FR	Waukee	25:29	8:12/M
201		Jack Gearhart, FR	Waukee	25:32	8:13/M

202		Tyler Emanuel, FR	Valley WDM	25:35	8:14/M
203		Harrison Neipert, FR	Des Moines Roosevelt	25:36	8:14/M
204		Simon Janelle, SO	Ankeny Centennial	25:39	8:15/M
205		Carter Clark, SO	Ankeny High School	25:44	8:17/M
206		Joe Dombrosky, SO	Waukee	26:00	8:22/M
207		Noah Phillis, FR	Cedar Falls	26:01	8:23/M
208		Cody Swensen, SO	Valley WDM	26:03	8:23/M
209		Peter Graham, FR	Valley WDM	26:07	8:24/M
210		Will Gessmann, FR	Waukee	26:10	8:25/M
211		Gavin Denholm, FR	Cedar Falls	26:13	8:26/M
212		Aidan Kenaga, FR	Cedar Falls	26:15	8:27/M
213		Kaleb Kester, FR	Ankeny Centennial	26:21	8:29/M
214		Tommy Dewilde, SO	Ankeny High School	26:23	8:29/M
215		Brandon Williams, SO	Ankeny High School	26:26	8:31/M
216		Phillip Na, SO	Ankeny High School	26:27	8:31/M
217		Jason Johnson, FR	Ankeny Centennial	26:31	8:32/M
218		Ryan Borth, FR	Southeast Polk	26:34	8:33/M
219		Cody Stewart, SO	Waukee	26:35	8:33/M
220		Noah Schafer, FR	Ankeny Centennial	26:37	8:34/M
221		Chris Paulson, FR	Cedar Falls	26:43	8:36/M
222		Alex Flores-Alonzo, FR	Des Moines Roosevelt	26:45	8:37/M
223		Connor Doyle, FR	Cedar Falls	26:46	8:37/M
224		Asher Lewis, FR	Des Moines Roosevelt	26:49	8:38/M
225		Brady Carr, FR	Ankeny Centennial	26:59	8:41/M
226		Dayton Popenhagen, FR	Cedar Falls	26:59	8:41/M
227		John Leon-Valderraba, FR	Ames	27:04	8:43/M
228		Nick Martin, FR	Southeast Polk	27:05	8:43/M
229		Kai Young, FR	Ankeny High School	27:07	8:44/M
230		Tyler Rickets, SO	Waukee	27:43	8:55/M
231		Jackson Hufford, FR	Ames	27:53	8:59/M
232		Jefferson Roberts, SO	Cedar Falls	27:57	9:00/M
233		Jack Jarchow, SO	Cedar Falls	27:58	9:00/M
234		Jacob Knudson, SO	Waukee	28:08	9:03/M
235		Abhushan Pradhan, SO	Valley WDM	28:09	9:04/M
236		Elliot Stenberg, FR	Ames	28:17	9:06/M
237		Carson Costanzo, FR	Waukee	28:21	9:07/M
238		Jack Pieters, SO	Cedar Falls	28:26	9:09/M
239		Jacob Delange, FR	Des Moines Roosevelt	28:30	9:10/M
240		Carson Enfield, FR	Ames	28:40	9:14/M
241		Zachary Clark, FR	Ankeny Centennial	28:44	9:15/M
242		Wade Shipley, FR	Ankeny High School	28:50	9:17/M
243		Noah Nicholson, SO	Southeast Polk	28:59	9:20/M
244	66	Bienvenue Munezero, SO	Hoover DSM	29:12	9:24/M
245		Charles Duerkes, SO	Ames	29:15	9:25/M
246		Joseph Martin, FR	Southeast Polk	29:24	9:28/M
247		Andrew Kaprich, FR	Ankeny High School	29:29	9:29/M
248		Ian Gaunt, SO	Valley WDM	29:41	9:33/M
249		Ryan Gaines, FR	Cedar Falls	31:00	9:59/M
250		Luke Nelson, SO	Valley WDM	31:19	10:05/M
251		Caleb Denhart, FR	Valley WDM	31:20	10:05/M
252		Nathan Kaprich, FR	Ankeny High School	31:34	10:10/M
253		Alex Buch, FR	Ankeny High School	31:51	10:15/M
254		Garrett Hayes, SO	Rock Bridge MO	31:51	10:15/M
255	67	Godgive Chayee, SO	Hoover DSM	31:59	10:18/M
256		Josiah Hanson, FR	Ankeny High School	32:08	10:20/M
257	68	Emmanuel Castillo, FR	Hoover DSM	32:23	10:26/M
258		Levi Stephens, FR	Ankeny High School	32:28	10:27/M

Place 1	Rock Bridge MO		Time Spread = 0:50	TTL Time = 1:36:10	Ave Time = 19:14	Score = 29
Place	Name		Time		Pace mpm	

1	Ethan Wampler, SO		18:44		6:02	
2	Ian Kemeny, FR		18:50		6:04	
7	Ty Welty, FR		19:29		6:16	
9	Hudson Sumerall, FR		19:33		6:17	
10	Parker Dimond, FR		19:34		6:18	
39	Huston Spellman, SO		20:54		6:44	
58	Owen Walls, SO		22:18		7:11	
	Ray Adelstein, SO		22:41		7:18	
	Johnny Imboden, FR		23:24		7:32	
	Landen Scott, SO		23:44		7:38	
	Caden Renner, SO		24:29		7:53	
	Jared Foreman, FR		24:40		7:56	
	Garrett Hayes, SO		31:51		10:15	

Place 2	Ankeny High School		Time Spread = 1:15	TTL Time = 1:38:02	Ave Time = 19:36	Score = 57
Place	Name		Time		Pace mpm	

3	Paul Erredge, SO		18:59		6:06	
5	Christian Rathje, SO		19:16		6:12	
11	Truman Patterson, SO		19:35		6:18	
15	Griffin Gade, SO		19:58		6:26	
23	Levi Hill, FR		20:13		6:30	
38	Michael Hayden, SO		20:48		6:42	
42	Carter Smith, SO		21:01		6:46	
	Alex Cox, FR		21:06		6:48	
	Corbin Webber, FR		21:34		6:56	
	Charlie Crane, FR		21:38		6:58	
	Isaac O'Toole, SO		22:14		7:09	
	Braden Sauer, FR		22:45		7:19	
	Braydon Zeutenhorst, FR		22:49		7:21	
	Blake Ganpat, SO		23:01		7:24	
	Noa Jones, FR		23:03		7:25	
	Jet Bergwell, FR		23:10		7:27	
	Max Doyle, FR		23:29		7:34	
	Owen Fast, FR		23:47		7:39	
	Aaron Woods, SO		23:48		7:40	
	Carter Skloda, FR		23:52		7:41	
	Cameron Porath, FR		24:56		8:01	
	Sam Ducar, FR		25:10		8:06	
	Luka Flores, FR		25:15		8:08	
	Hudson Griffin, SO		25:27		8:11	
	Andres Lopez, SO		25:28		8:12	
	Keenan Tiroe, FR		25:29		8:12	
	Carter Clark, SO		25:44		8:17	
	Tommy Dewilde, SO		26:23		8:29	
	Brandon Williams, SO		26:26		8:31	
	Phillip Na, SO		26:27		8:31	
	Kai Young, FR		27:07		8:44	
	Wade Shipley, FR		28:50		9:17	
	Andrew Kaprich, FR		29:29		9:29	

Nathan Kaprich, FR	31:34	10:10
Alex Buch, FR	31:51	10:15
Josiah Hanson, FR	32:08	10:20
Levi Stephens, FR	32:28	10:27
Wyatt Qualls, FR	32:32	10:28

Place 3	Cedar Falls	Time Spread = 0:43	TTL Time = 1:39:10	Ave Time = 19:50	Score = 73
Place	Name		Time	Pace mpm	

8	Joshua Burjes, SO	19:31	6:17
12	Pascal Cuhat, FR	19:39	6:19
13	Kyle Westhoff, SO	19:46	6:22
16	Cayden Schellhorn, FR	20:00	6:26
24	Colby Cryer, FR	20:14	6:31
28	Colin Johnson, FR	20:29	6:36
33	Salem Strohbeen, SO	20:38	6:38
	Xander Steele, SO	20:40	6:39
	Xavier Uhrmacher, SO	21:05	6:47
	Ethan Gruening, SO	21:56	7:04
	Jonathan Squires, FR	21:56	7:04
	Cameron Switzer, SO	22:08	7:07
	Isaiah Jennings, SO	22:28	7:14
	Noah Backes, FR	22:55	7:23
	Reece Gallagher, SO	23:03	7:25
	Hogan Fuessel, FR	23:10	7:27
	Lane Wunderlich, FR	23:52	7:41
	Calyx Hadley, FR	24:01	7:44
	Carson Anton, FR	25:07	8:05
	Noah Phillis, FR	26:01	8:23
	Gavin Denholm, FR	26:13	8:26
	Aidan Kenaga, FR	26:15	8:27
	Chris Paulson, FR	26:43	8:36
	Connor Doyle, FR	26:46	8:37
	Dayton Popenhagen, FR	26:59	8:41
	Jefferson Roberts, SO	27:57	9:00
	Jack Jarchow, SO	27:58	9:00
	Jack Pieters, SO	28:26	9:09
	Ryan Gaines, FR	31:00	9:59

Place 4	Valley WDM	Time Spread = 0:47	TTL Time = 1:41:37	Ave Time = 20:19	Score = 123
Place	Name		Time	Pace mpm	

14	Carter Smith, SO	19:53	6:24
19	Jackson Skahill, SO	20:03	6:27
26	Paul Andersen, SO	20:27	6:35
30	Andrew Larson, SO	20:34	6:37
34	Thomas Hansen, SO	20:40	6:39
45	Andrew Liesland, SO	21:10	6:49
46	Luke Trannel, SO	21:10	6:49
	Tianci Sun, FR	21:16	6:51
	Elliot Baughman, FR	21:47	7:01
	Andy Tran, SO	22:12	7:09
	Aidan Limback, FR	22:13	7:09
	Grayson McAvoy, FR	22:50	7:21
	Peyton Groteluschen, FR	23:17	7:30
	Jesse Floyd, SO	23:21	7:31

William Thompson, SO	23:23	7:31
Kamden Sorensen, FR	23:46	7:39
Gabriel King, FR	23:48	7:40
Alex Owens, SO	24:06	7:46
Matt Bendinger, SO	24:14	7:48
Elijah Sack, FR	24:22	7:51
Eli Munch, SO	24:29	7:53
Will Pixley, SO	24:47	7:59
Ashton Alger, SO	25:01	8:03
Ethan Letsch, SO	25:03	8:04
Jackson Keith, FR	25:25	8:11
Tyler Emanuel, FR	25:35	8:14
Cody Swensen, SO	26:03	8:23
Peter Graham, FR	26:07	8:24
Abhushan Pradhan, SO	28:09	9:04
Ian Gaunt, SO	29:41	9:33
Luke Nelson, SO	31:19	10:05
Caleb Denhart, FR	31:20	10:05

Place 5	Des Moines Roosevelt	Time Spread = 0:39	TTL Time = 1:41:56	Ave Time = 20:23	Score = 133
Place	Name		Time	Pace mpm	

18	Henry Nagle, SO	20:03	6:27
21	Logan Westin, FR	20:06	6:28
27	Nick Jackson, SO	20:29	6:36
32	Gavin Johansen, FR	20:37	6:38
35	Wyatt Ledinsky, FR	20:41	6:40
36	Drew Folkerts, FR	20:45	6:41
41	Evan Holt, FR	20:59	6:45
	Ben McFetridge, SO	21:02	6:46
	Jackson Grant, SO	21:18	6:51
	Theo Whitehead, SO	21:28	6:55
	Hayden McCormac, SO	21:29	6:55
	Matthew Bonner, FR	21:48	7:01
	Beckett Laprade, SO	21:53	7:03
	Jack McFetridge, SO	22:15	7:10
	Owen Howells, SO	22:37	7:17
	Sam Brown, SO	22:41	7:18
	Samuel Wandera, FR	23:08	7:27
	Carson Lane, FR	23:21	7:31
	Elliot Donovan, FR	24:00	7:43
	Payton Walker, FR	24:11	7:47
	Luke Martin, FR	24:21	7:50
	Wesley Reese, FR	24:55	8:01
	Drew Simmons, FR	25:10	8:06
	Elie Tulikumwenayo, SO	25:20	8:09
	Tyler McCormac, SO	25:24	8:10
	Harrison Neipert, FR	25:36	8:14
	Alex Flores-Alonzo, FR	26:45	8:37
	Asher Lewis, FR	26:49	8:38
	Jacob Delange, FR	28:30	9:10

Place 6	Ankeny Centennial	Time Spread = 1:56	TTL Time = 1:42:49	Ave Time = 20:34	Score = 154
Place	Name		Time	Pace mpm	

6	Cooper Majors, SO	19:22	6:14
25	Parker Lundberg, FR	20:24	6:34

31	Cameron Larson, SO	20:36	6:38
44	Noah Segar, SO	21:08	6:48
48	Luke Auderer, FR	21:19	6:52
53	Joel McCleary, SO	21:47	7:01
54	Vibu Gantalamohini, FR	21:53	7:02
	Joel Nelson, SO	22:02	7:06
	Caden Miller, FR	22:03	7:06
	Zachary Zinn, SO	22:05	7:06
	Austin Beam, SO	22:14	7:09
	Ty Rounds, SO	22:17	7:10
	Noah Gossman, FR	22:18	7:11
	Will Blackmore, SO	22:38	7:17
	Charlie Hoffman, SO	22:39	7:17
	Ethan Ver Helst, SO	22:40	7:18
	Roman Keahna-Harris, SO	22:42	7:18
	Nick Cox, FR	22:42	7:18
	Bennett Blakeslee, FR	22:51	7:21
	Jack Lacey, SO	22:56	7:23
	Nate Hines, SO	23:06	7:26
	Grant Harris, FR	23:10	7:28
	Braden Miller, SO	23:14	7:29
	Andrew Smith, FR	23:21	7:31
	Graham Randall, SO	23:34	7:35
	Keegan Overton, SO	23:41	7:37
	Luke Thompson, FR	23:58	7:43
	Avery Carlson, SO	24:01	7:44
	Kyle Melcher, FR	24:03	7:45
	Matthew Monsivais, SO	24:08	7:46
	London Hershberger, SO	24:25	7:52
	August Cowie, FR	24:45	7:58
	Kellen Jones, SO	24:57	8:02
	Evan Eggland, SO	24:58	8:02
	Callan Mefford, SO	25:04	8:04
	Simon Janelle, SO	25:39	8:15
	Kaleb Kester, FR	26:21	8:29
	Jason Johnson, FR	26:31	8:32
	Noah Schafer, FR	26:37	8:34
	Brady Carr, FR	26:59	8:41
	Zachary Clark, FR	28:44	9:15

Place 7	Waukee	Time Spread = 1:20	TTL Time = 1:42:59	Ave Time = 20:36	Score = 160
Place	Name		Time		Pace mpm
17	Kal Hoppe, FR		20:01		6:27
22	Nathan Schwab, SO		20:07		6:28
29	Drew Lehman, FR		20:30		6:36
43	Garrett Weber, FR		21:01		6:46
49	Colin Wehrspan, FR		21:21		6:52
50	Ethan Landin, SO		21:32		6:56
52	Sarang Kothari, FR		21:40		6:59
	Dayton Fouts, FR		22:01		7:05
	Cael Klinkenborg, FR		22:17		7:10
	Luke Wellet, SO		22:26		7:13
	Saiphani Sirimalle, FR		22:28		7:14
	Austin Jones, FR		22:54		7:22

Alan Tribble, SO	23:20	7:31
Chris Moseley, SO	23:23	7:32
Lawson Port, SO	23:26	7:33
Henry De Bruijn, FR	23:50	7:40
Jerry Peng, SO	23:51	7:41
Jacob Dunham, FR	23:52	7:41
Max Holt, SO	24:19	7:50
Andrew Mills, FR	24:25	7:52
Caleb Allison, FR	24:33	7:54
Jackson Minton, FR	24:34	7:54
Eddie Monaco, FR	24:50	8:00
Trevor Janes, SO	25:25	8:11
Ben Finken, FR	25:29	8:12
Jack Gearhart, FR	25:32	8:13
Joe Dombrosky, SO	26:00	8:22
Will Gessmann, FR	26:10	8:25
Cody Stewart, SO	26:35	8:33
Tyler Rickets, SO	27:43	8:55
Jacob Knudson, SO	28:08	9:03
Carson Costanzo, FR	28:21	9:07

Place 8	Southeast Polk	Time Spread = 1:54	TTL Time = 1:45:39	Ave Time = 21:08	Score = 208
Place	Name		Time		Pace mpm

20	Evan Brummel, FR	20:04	6:27
37	Jenkin Fulmer, FR	20:47	6:41
40	Alan Brummel, FR	20:55	6:44
55	Nathan Zook, SO	21:56	7:03
56	Landon Smithhart, FR	21:57	7:04
62	Cole Kyer, FR	23:19	7:30
63	Mason Hausmann, FR	23:37	7:36
	Zach Funk, FR	24:58	8:02
	Colin Miller, FR	25:28	8:12
	Ryan Borth, FR	26:34	8:33
	Nick Martin, FR	27:05	8:43
	Noah Nicholson, SO	28:59	9:20
	Joseph Martin, FR	29:24	9:28

Place 9	Ames	Time Spread = 3:15	TTL Time = 1:46:20	Ave Time = 21:16	Score = 218
Place	Name		Time		Pace mpm

4	Charles Orngard, SO	19:04	6:08
47	Lucas Lueth, FR	21:11	6:49
51	Jack Wanamaker, SO	21:33	6:56
57	Karsten Holm, SO	22:13	7:09
59	Aryen Clipper, SO	22:19	7:11
60	Brandon Vorst, FR	22:48	7:20
61	Ian Nelson, SO	23:01	7:24
	Carson Packer, SO	23:12	7:28
	Brett Wineinger, SO	23:20	7:31
	Camden Wacha, FR	23:31	7:34
	Matthew Hehr, SO	23:43	7:38
	Sam Kellen, SO	24:17	7:49
	Tate Meinhard, SO	24:23	7:51
	Drew Schindel, SO	24:27	7:52
	David Hauber, FR	24:28	7:53
	Jared Hutson, FR	24:36	7:55
	Jacob Sorenson, SO	24:42	7:57

Will Copley, SO	25:14	8:07
Hayden Sinclair, FR	25:26	8:11
John Leon-Valderraba, FR	27:04	8:43
Jackson Hufford, FR	27:53	8:59
Elliot Stenberg, FR	28:17	9:06
Carson Enfield, FR	28:40	9:14
Charles Duerkes, SO	29:15	9:25

Place 10	Hoover DSM	Time Spread = 7:41	TTL Time = 2:23:40	Ave Time = 28:44	Score = 330
Place	Name		Time	Pace mpm	
64	Kalonji Musengo, SO		24:43	7:57	
65	Sam Curry, SO		25:23	8:10	
66	Bienvenue Munezero, SO		29:12	9:24	
67	Godgive Chayee, SO		31:59	10:18	
68	Emmanuel Castillo, FR		32:23	10:26	

Incomplete Teams:

Marshalltown					
Place	Name		Time	Pace	
63	Kevin Strand, SO		21:46.68	7:01	
180	Owen Miller, SO		25:00.53	8:03	
181	Sebastian Gutierrez, FR		25:01.00	8:03	

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