

# Trojan Early Bird Invitational

**Varsity Girls Ashton Cross Country Course - Iowa City, IA 8/29/2019 Sunny, Wind W10-25mph & 84°**

Place	School	1	2	3	4	5	6	7	Total	TTL Time	Ave Time	Spread
1	Bettendorf	4	6	7	9	15	16	19	= 41	1:46:17.4	21:15.5	1:00.5
2	Iowa City Liberty	1	2	3	23	25	32	34	= 54	1:43:27.6	20:41.5	3:35.9
3	Williamsburg	5	8	12	13	27	33		= 65	1:47:48.5	21:33.7	1:37.2
4	Iowa City West	10	11	14	18	20	24	26	= 73	1:48:29.1	21:41.8	0:42.4
5	North Scott	17	21	22	28	29	30	31	= 117	1:51:29.8	22:18.0	0:45.1

Incomplete Teams: Wapello

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Ashlyn Keeney	SO	Iowa City Liberty	18:45.0	6:02
2	2	Camille Mac	SO	Iowa City Liberty	19:19.0	6:13
3	3	McKenzie Logan	SO	Iowa City Liberty	20:49.0	6:42
4	4	Hannah Bientema	SO	Bettendorf	20:54.0	6:44
5	5	Megan Rathjen	SR	Williamsburg	20:58.0	6:45
6	6	Sami Fohrt	JR	Bettendorf	21:08.4	6:48
7	7	Madison Temple	SR	Bettendorf	21:08.7	6:48
8	8	Taylor Winegarden	SO	Williamsburg	21:10.3	6:49
9	9	Sarah Schmidt	JR	Bettendorf	21:11.8	6:49
10	10	Katie Hoefer	JR	Iowa City West	21:19.5	6:52
11	11	Camden Zirker	SO	Iowa City West	21:28.6	6:55
12	12	Grace Schaefer	SR	Williamsburg	21:32.3	6:56
13	13	Ruth Jennings	SO	Williamsburg	21:32.8	6:56
14	14	Maddy Negley	JR	Iowa City West	21:37.4	6:58
15	15	Layken Bytnar	SR	Bettendorf	21:54.5	7:03
16	16	Ella Schmit	SO	Bettendorf	21:57.8	7:04
17	17	Bailey Boddicker	FR	North Scott	21:58.8	7:04
18	18	Minou Emmad	FR	Iowa City West	22:01.7	7:05
19	19	Sarah Defauw	SO	Bettendorf	22:01.8	7:05
20	20	Erica Buetner	JR	Iowa City West	22:02.0	7:05
21	21	Abbi Lafrenz	SR	North Scott	22:04.9	7:06
22	22	Ava Garrard	SO	North Scott	22:06.6	7:07
23	23	Elizabeth Jaeger	FR	Iowa City Liberty	22:13.6	7:09
24	24	Anna Moore	JR	Iowa City West	22:16.4	7:10
25	25	Isabelle Woody	FR	Iowa City Liberty	22:21.0	7:12
26	26	Vicki Carrica	FR	Iowa City West	22:29.3	7:14
27		Lucy Westemeyer	JR	Iowa City West	22:33.5	7:16
28		Annie Swartz	FR	Iowa City West	22:33.7	7:16
29	27	MacEY Marovets	FR	Williamsburg	22:35.2	7:16
30		Amanda Scott	SO	Bettendorf	22:35.2	7:16
31	28	Kaitlyn Knoche	FR	North Scott	22:35.7	7:16
32	29	Grace Sindt	JR	North Scott	22:43.9	7:19
33		Peyton Bytnar	SR	Bettendorf	22:47.2	7:20
34	30	Emily Kundel	SR	North Scott	22:59.6	7:24
35		Emma Kearney	JR	Iowa City West	23:07.8	7:27
36	31	Zoe Warm	SR	North Scott	23:11.2	7:28
37		Megan Smith	JR	North Scott	23:12.3	7:28
38	32	Chaise Lange	SO	Iowa City Liberty	23:13.3	7:28
39	33	Kendra Eichhorn	SO	Williamsburg	23:27.3	7:33
40		Madison Fohrt	SR	Bettendorf	23:32.9	7:35
41		Hattie Hagedorn	FR	North Scott	23:56.9	7:43
42	34	Lily Nicknash	SO	Iowa City Liberty	24:43.6	7:58
43		Bella Warm	FR	North Scott	25:19.4	8:09
44		Evelyn Peck	SO	Wapello	25:47.7	8:18
45		Jessica Kusick	SO	Iowa City Liberty	26:22.4	8:29
46		Eryka Dickey	SR	Wapello	26:59.8	8:41
47		Madi Lundvall	FR	Wapello	27:21.8	8:48

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**Varsity Girls Ashton Cross Country Course - Iowa City, IA 8/29/2019 Sunny, Wind W10-25mph & 84°**

Place	Name	Time	mpm	Place	Name	Time	mpm
<b>1) Bettendorf</b>		<b>Score =</b>	<b>41</b>				
4	Hannah Bientema, SO	20:54.0	6:44				
6	Sami Foht, JR	21:08.4	6:48				
7	Madison Temple, SR	21:08.7	6:48				
9	Sarah Schmidt, JR	21:11.8	6:49				
15	Layken Bytnar, SR	21:54.5	7:03				
16	Ella Schmit, SO	21:57.8	7:04				
19	Sarah Defauw, SO	22:01.8	7:05				
	Amanda Scott, SO	22:35.2	7:16				
	Peyton Bytnar, SR	22:47.2	7:20				
	Madison Foht, SR	23:32.9	7:35				
<b>2) Iowa City Liberty</b>		<b>Score =</b>	<b>54</b>				
1	Ashlyn Keeney, SO	18:45.0	6:02				
2	Camille Mac, SO	19:19.0	6:13				
3	McKenzie Logan, SO	20:49.0	6:42				
23	Elizabeth Jaeger, FR	22:13.6	7:09				
25	Isabelle Woody, FR	22:21.0	7:12				
32	Chaise Lange, SO	23:13.3	7:28				
34	Lily Nicknish, SO	24:43.6	7:58				
	Jessica Kusick, SO	26:22.4	8:29				
<b>3) Williamsburg</b>		<b>Score =</b>	<b>65</b>				
5	Megan Rathjen, SR	20:58.0	6:45				
8	Taylor Winegarden, SO	21:10.3	6:49				
12	Grace Schaefer, SR	21:32.3	6:56				
13	Ruth Jennings, SO	21:32.8	6:56				
27	MacEy Marovets, FR	22:35.2	7:16				
33	Kendra Eichhorn, SO	23:27.3	7:33				
<b>4) Iowa City West</b>		<b>Score =</b>	<b>73</b>				
10	Katie Hoefer, JR	21:19.5	6:52				
11	Camden Zirker, SO	21:28.6	6:55				
14	Maddy Negley, JR	21:37.4	6:58				
18	Minou Emmad, FR	22:01.7	7:05				
20	Erica Buetner, JR	22:02.0	7:05				
24	Anna Moore, JR	22:16.4	7:10				
26	Vicki Carrica, FR	22:29.3	7:14				
	Lucy Westemeyer, JR	22:33.5	7:16				
	Annie Swartz, FR	22:33.7	7:16				
	Emma Kearney, JR	23:07.8	7:27				
<b>5) North Scott</b>		<b>Score =</b>	<b>117</b>				
17	Bailey Boddicker, FR	21:58.8	7:04				
21	Abbi Lafrenz, SR	22:04.9	7:06				
22	Ava Garrard, SO	22:06.6	7:07				
28	Kaitlyn Knoche, FR	22:35.7	7:16				
29	Grace Sindt, JR	22:43.9	7:19				
30	Emily Kundel, SR	22:59.6	7:24				
31	Zoe Warm, SR	23:11.2	7:28				
	Megan Smith, JR	23:12.3	7:28				
	Hattie Hagedorn, FR	23:56.9	7:43				
	Bella Warm, FR	25:19.4	8:09				

Incomplete Teams:

**Wapello**

44	Evelyn Peck, SO	25:47.7	8:18
46	Eryka Dickey, SR	26:59.8	8:41
47	Madi Lundvall, FR	27:21.8	8:48

# Trojan Early Bird Invitational

**Varsity Boys Ashton Cross Country Course - Iowa City, IA 8/29/2019 Sunny, Wind W10-25mph & 84°**

Place	School	1	2	3	4	5	6	7	Total	TTL Time	Ave Time	Spread
1	Iowa City Liberty	2	3	8	9	12	14	23	= 34	1:28:05.4	17:37.1	1:14.5
2	North Scott	4	11	13	16	20	22	26	= 64	1:31:48.5	18:21.7	1:33.7
3	Williamsburg	5	7	17	18	19	21	25	= 66	1:32:04.7	18:24.9	1:23.2
4	Bettendorf	1	6	15	27	28	29	31	= 77	1:33:01.1	18:36.2	2:52.9
5	Wapello	10	24	30	32	33	34	35	= 129	1:41:16.2	20:15.2	3:57.1

Incomplete Teams: Sigourney

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Nick Moore	JR	Bettendorf	17:00.3	5:28
2	2	Bowen Gryp	JR	Iowa City Liberty	17:05.0	5:30
3	3	Jack Kinzer	JR	Iowa City Liberty	17:06.1	5:30
4	4	Owen West	JR	North Scott	17:23.2	5:36
5	5	Harrison Garber	SO	Williamsburg	17:33.2	5:39
6	6	Kyler Castro	SR	Bettendorf	17:36.2	5:40
7	7	Kaiden Royster	SR	Williamsburg	17:46.1	5:43
8	8	Caleb Schillinger	JR	Iowa City Liberty	17:46.8	5:43
9	9	Christian Montover	SO	Iowa City Liberty	17:48.1	5:44
10	10	Aiden Housman	SR	Wapello	17:56.3	5:46
11	11	Chase Porter	JR	North Scott	18:10.5	5:51
12	12	Peter Woodward	SR	Iowa City Liberty	18:19.4	5:54
13	13	Luke Crawford	SO	North Scott	18:24.9	5:56
14	14	Gavin Keeney	SO	Iowa City Liberty	18:35.4	5:59
15	15	Layton Pribyl	JR	Bettendorf	18:45.0	6:02
16	16	Ethan Jost	JR	North Scott	18:52.9	6:05
17	17	Josiah Zook	SR	Williamsburg	18:53.6	6:05
18	18	Sam Rich	FR	Williamsburg	18:55.6	6:06
19	19	Trenton Ibburg	FR	Williamsburg	18:56.3	6:06
20	20	Colin Rettig	FR	North Scott	18:56.9	6:06
21	21	Jacob Mohr	SR	Williamsburg	18:59.8	6:07
22	22	Will Dowda	JR	North Scott	19:07.1	6:09
23	23	Spencer Knight	JR	Iowa City Liberty	19:08.6	6:10
24	24	Tristin Kauffman	JR	Wapello	19:13.2	6:11
25	25	Felipe Stevenson	JR	Williamsburg	19:26.9	6:16
26	26	Tyson Haedt	SO	North Scott	19:41.4	6:20
27	27	Trey Miller	JR	Bettendorf	19:46.4	6:22
28	28	Aaron Roehr	SR	Bettendorf	19:53.2	6:24
29		Cael Straley	SO	North Scott	19:56.4	6:25
30		Bryce Golden	SR	North Scott	20:00.1	6:26
31		Chris Tague	SR	North Scott	20:18.0	6:32
32	29	Nicholas Jennings	JR	Bettendorf	20:26.4	6:35
33	30	Christopher Ewart	JR	Wapello	20:53.2	6:43
34	31	Cullen McDermott	SR	Bettendorf	21:15.9	6:51
35	32	Brian Redmond	SR	Wapello	21:20.2	6:52
36		Mason Moore	JR	Sigourney	21:23.3	6:53
37	33	Jesse Parish	SR	Wapello	21:53.3	7:03
38	34	Griffin Schoonover	SR	Wapello	22:14.4	7:10
39		Jake Ives	SR	Sigourney	22:46.2	7:20
40	35	Jacob Chamberlain	SO	Wapello	22:52.5	7:22
41		Daniel Hemphill	SR	Wapello	23:48.2	7:40
42		Collin Cincola	SR	Bettendorf	25:56.5	8:21
43		Hunter Maish	JR	Wapello	26:15.0	8:27
44		Brendan McIntyre	SO	Wapello	28:13.1	9:05

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Place	Name	Time	mpm	Place	Name	Time	mpm
1)	Iowa City Liberty		Score = 34				
2	Bowen Gryp, JR	17:05.0	5:30				
3	Jack Kinzer, JR	17:06.1	5:30				
8	Caleb Schillinger, JR	17:46.8	5:43				
9	Christian Montover, SO	17:48.1	5:44				
12	Peter Woodward, SR	18:19.4	5:54				
14	Gavin Keeney, SO	18:35.4	5:59				
23	Spencer Knight, JR	19:08.6	6:10				
2)	North Scott		Score = 64				
4	Owen West, JR	17:23.2	5:36				
11	Chase Porter, JR	18:10.5	5:51				
13	Luke Crawford, SO	18:24.9	5:56				
16	Ethan Jost, JR	18:52.9	6:05				
20	Colin Rettig, FR	18:56.9	6:06				
22	Will Dowda, JR	19:07.1	6:09				
26	Tyson Haedt, SO	19:41.4	6:20				
	Cael Straley, SO	19:56.4	6:25				
	Bryce Golden, SR	20:00.1	6:26				
	Chris Tague, SR	20:18.0	6:32				
3)	Williamsburg		Score = 66				
5	Harrison Garber, SO	17:33.2	5:39				
7	Kaiden Royster, SR	17:46.1	5:43				
17	Josiah Zook, SR	18:53.6	6:05				
18	Sam Rich, FR	18:55.6	6:06				
19	Trenton Ibburg, FR	18:56.3	6:06				
21	Jacob Mohr, SR	18:59.8	6:07				
25	Felipe Stevenson, JR	19:26.9	6:16				
4)	Bettendorf		Score = 77				
1	Nick Moore, JR	17:00.3	5:28				
6	Kyler Castro, SR	17:36.2	5:40				
15	Layton Pribyl, JR	18:45.0	6:02				
27	Trey Miller, JR	19:46.4	6:22				
28	Aaron Roehr, SR	19:53.2	6:24				
29	Nicholas Jennings, JR	20:26.4	6:35				
31	Cullen McDermott, SR	21:15.9	6:51				
	Collin Cincola, SR	25:56.5	8:21				
5)	Wapello		Score = 129				
10	Aiden Housman, SR	17:56.3	5:46				
24	Tristin Kauffman, JR	19:13.2	6:11				
30	Christopher Ewart, JR	20:53.2	6:43				
32	Brian Redmond, SR	21:20.2	6:52				
33	Jesse Parish, SR	21:53.3	7:03				
34	Griffin Schoonover, SR	22:14.4	7:10				
35	Jacob Chamberlain, SO	22:52.5	7:22				
	Daniel Hemphill, SR	23:48.2	7:40				
	Hunter Maish, JR	26:15.0	8:27				
	Brendan McIntyre, SO	28:13.1	9:05				

Incomplete Teams:

### Sigourney

36	Mason Moore, JR	21:23.3	6:53
39	Jake Ives, SR	22:46.2	7:20

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**JV Girls Ashton Cross Country Course - Iowa City, IA 8/29/2019 Sunny, Wind W10-25mph & 84°**

Place	School	1	2	3	4	5	6	7	Total	TTL Time	Ave Time	Spread
1	Iowa City West	4	5	9	12	17	20	21	= 47	2:00:15.7	24:03.1	1:12.7
2	Bettendorf	1	6	10	15	16	22	23	= 48	2:00:28.4	24:05.7	1:34.0
3	Iowa City Liberty	2	3	7	19	24	25	34	= 55	2:00:53.1	24:10.6	2:27.5
4	North Scott	8	11	13	26	28	35	36	= 86	2:05:20.3	25:04.1	2:08.0
5	Williamsburg	14	18	27	29	31	32	33	= 119	2:08:41.5	25:44.3	2:14.5
6	Columbus	30	37	38	39	40			= 184	2:44:53.8	32:58.8	12:24.9

Incomplete Teams: Sigourney

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Ashlynn Whitcanack	SO	Bettendorf	23:05.2	7:26
2	2	Hannah Smith	FR	Iowa City Liberty	23:10.1	7:27
3	3	Malia Taylor	FR	Iowa City Liberty	23:19.3	7:30
4	4	Natalie Katz	SR	Iowa City West	23:27.5	7:33
5	5	Sara Alaya	SO	Iowa City West	23:32.9	7:35
6	6	Klara Skogman	FR	Bettendorf	23:52.0	7:41
7	7	Carly Sulwer	FR	Iowa City Liberty	23:56.3	7:42
8	8	Sadie West	JR	North Scott	24:10.4	7:47
9	9	Amy Liao	JR	Iowa City West	24:14.7	7:48
10	10	Delaney Ward	SO	Bettendorf	24:16.6	7:49
11	11	Anna Nichols	FR	North Scott	24:19.0	7:50
12	12	Jasmine Ortega	SO	Iowa City West	24:20.4	7:50
13	13	Natalie Naber	FR	North Scott	24:25.2	7:52
14	14	Inga Dovre	JR	Williamsburg	24:34.3	7:55
15	15	Amber Thomsen	SR	Bettendorf	24:35.4	7:55
16	16	Stephanie Rice	JR	Bettendorf	24:39.2	7:56
17	17	Erin Elizalde	SR	Iowa City West	24:40.2	7:56
18	18	Kathryn Sitas	JR	Williamsburg	24:47.7	7:59
19	19	Samantha Schildroth	SO	Iowa City Liberty	24:49.9	8:00
20	20	Annabel Hendrickson	JR	Iowa City West	24:51.5	8:00
21	21	Cora Abbas	FR	Iowa City West	25:16.0	8:08
22	22	Kate McAleer	SO	Bettendorf	25:22.2	8:10
23	23	Audrey Scarlett	FR	Bettendorf	25:23.5	8:10
24	24	Avery Clark	SO	Iowa City Liberty	25:37.5	8:15
25		Payton Devena	SO	Iowa City West	25:41.5	8:16
26		Izzy Appel	SO	Bettendorf	25:44.7	8:17
27		Ceci Rasmer	SO	Bettendorf	25:46.6	8:18
28		Kristine Elias	FR	Bettendorf	25:52.1	8:20
29		Lily Teagarden	SR	Bettendorf	25:52.3	8:20
30		Ella Woods	SO	Iowa City West	25:57.3	8:21
31	25	Christella Luyeye	SO	Iowa City Liberty	25:59.5	8:22
32		Faye Blackman	SR	Bettendorf	26:00.3	8:22
33	26	Glory Hansel	JR	North Scott	26:07.4	8:24
34	27	Regan Sandersfeld	SO	Williamsburg	26:11.6	8:26
35		Alyssa Newton	SR	Bettendorf	26:12.7	8:26
36		Kaisa Whittaker	JR	Iowa City West	26:17.6	8:28
37	28	Elsie Rieck	JR	North Scott	26:18.3	8:28
38	29	Megan Lamparek	JR	Williamsburg	26:19.1	8:28
39		Eva Rasmer	SR	Bettendorf	26:25.6	8:30
40	30	Van Iang	FR	Columbus	26:32.7	8:33
41	31	Maiha Richardson	SO	Williamsburg	26:48.9	8:38
42		Brianna Newton	SO	Iowa City West	26:53.0	8:39
43	32	Ally Garringer	SO	Williamsburg	27:01.0	8:42
44		Olivia Vincent	SR	Bettendorf	27:03.4	8:43
45	33	Nicole Wardenburg	JR	Williamsburg	27:12.3	8:45
46		Olivia Bert	SR	Bettendorf	27:24.5	8:49
47	34	Grace Ceynar	FR	Iowa City Liberty	27:25.1	8:50
48		Emmersen Haugland	JR	Bettendorf	27:27.4	8:50
49		Sophie Faga	FR	Iowa City Liberty	27:29.2	8:51
50		Maddie Yenter	SR	Williamsburg	27:30.8	8:51
51		Mari Stevenson	FR	Williamsburg	27:36.6	8:53
52		Kaitlyn Hansen	SR	Iowa City West	27:48.8	8:57
53		Faith Weis	SR	Bettendorf	27:58.1	9:00
54		Aleah Rees	SO	Iowa City Liberty	28:06.5	9:03
55		Julie Shian	SR	Iowa City West	28:09.5	9:04
56		Tessa Miller	JR	Iowa City Liberty	28:39.4	9:13
57		Abby Whitehill	SR	Williamsburg	28:43.1	9:15
58		Nora Slevinski	SO	Williamsburg	28:46.7	9:16
59		Madalyn Champion	SO	Bettendorf	28:49.9	9:17
60		Gabby Manion	SR	Bettendorf	29:15.1	9:25
61	35	Brenna Bullock	SR	North Scott	29:22.3	9:27
62	36	Ava Hagedorn	FR	North Scott	29:23.4	9:28
63		Aayushma Aryal	SO	Iowa City Liberty	29:29.3	9:29
64		Greta Solbrig	SR	Bettendorf	29:33.5	9:31
65	37	Averi Sipes	FR	Columbus	29:37.0	9:32
66		Chloe Brabant	SR	North Scott	29:40.9	9:33
67		Lydia Armbrecht	JR	Williamsburg	29:52.8	9:37
68		Maddison Hofmann	SR	North Scott	29:56.9	9:38

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**JV Girls Ashton Cross Country Course - Iowa City, IA 8/29/2019 Sunny, Wind W10-25mph & 84°**

Place	Score	Name	Year	School	Time	Pace mpm
69		Aundrea Crain	JR	North Scott	30:09.1	9:42
70		Abby Kayser	JR	North Scott	30:10.0	9:43
71		McKenna Santee	JR	North Scott	30:11.0	9:43
72		Gillian Borden	SR	Bettendorf	30:33.4	9:50
73	38	Esther Lian	JR	Columbus	31:01.0	9:59
74		Hope Hansel	FR	North Scott	31:28.1	10:08
75		Emily Bahns	FR	North Scott	31:57.6	10:17
76		Devynn Johnson	SO	North Scott	32:11.8	10:22
77		Alyssa Landgrebe	JR	Sigourney	32:16.9	10:23
78		Marin Smith	FR	North Scott	32:32.5	10:28
79		Josie McMeen	FR	Williamsburg	32:41.7	10:31
80		Mathilde Damgaard	SR	Bettendorf	32:47.0	10:33
81		Sam McPherson	SR	Iowa City Liberty	32:47.7	10:33
82		Megan Stuhr	SR	Sigourney	32:51.4	10:35
83		Clarisse Roscio	SO	Bettendorf	33:01.7	10:38
84		Georgia Atwood	FR	Sigourney	33:07.7	10:40
85		Bailey Wuestenberg	JR	North Scott	33:23.4	10:45
86		Lexi Wentink	SO	Bettendorf	33:44.1	10:52
87		Amanda Jefferson	SO	Bettendorf	33:44.2	10:52
88		Macie Zimmerman	SO	Bettendorf	33:44.3	10:52
89		Paige Johnson	FR	Bettendorf	33:49.9	10:53
90		Sydney Strief	SO	Bettendorf	34:15.0	11:01
91		Rachel Lapaczonek	SR	Bettendorf	35:13.1	11:20
92		Lizzie Murcia	SO	Bettendorf	35:16.2	11:21
93		Emilee Mitchell	SO	North Scott	35:40.5	11:29
94		Jenna Alden	FR	Iowa City West	35:56.4	11:34
95		Mena Wagner	SO	Bettendorf	36:20.9	11:42
96		Ava Young	SR	Bettendorf	36:21.2	11:42
97		Sophia Hazelett	SR	Bettendorf	36:43.0	11:49
98		Juliana Schadel	SR	North Scott	37:38.4	12:07
99		Erin Peck	SO	North Scott	38:07.0	12:16
100	39	Julie Sosa	JR	Columbus	38:45.6	12:29
101	40	Martha Garcia	SR	Columbus	38:57.6	12:32
102		Isabelle Ireland	SO	Sigourney	41:09.9	13:15
103		Carly Dexter	SR	North Scott	44:16.4	14:15

# Trojan Early Bird Invitational

JV Girls Ashton Cross Country Course - Iowa City, IA 8/29/2019 Sunny, Wind W10-25mph & 84°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Iowa City West		Score = 47		4) North Scott		Score = 86	
4	Natalie Katz, SR	23:27.5	7:33	8	Sadie West, JR	24:10.4	7:47
5	Sara Alaya, SO	23:32.9	7:35	11	Anna Nichols, FR	24:19.0	7:50
9	Amy Liao, JR	24:14.7	7:48	13	Natalie Naber, FR	24:25.2	7:52
12	Jasmine Ortega, SO	24:20.4	7:50	26	Glory Hansel, JR	26:07.4	8:24
17	Erin Elizalde, SR	24:40.2	7:56	28	Elsie Rieck, JR	26:18.3	8:28
20	Annabel Hendrickson, JR	24:51.5	8:00	35	Brenna Bullock, SR	29:22.3	9:27
21	Cora Abbas, FR	25:16.0	8:08	36	Ava Hagedorn, FR	29:23.4	9:28
	Payton Devena, SO	25:41.5	8:16		Chloe Brabant, SR	29:40.9	9:33
	Ella Woods, SO	25:57.3	8:21		Maddison Hofmann, SR	29:56.9	9:38
	Kaisa Whittaker, JR	26:17.6	8:28		Aundrea Crain, JR	30:09.1	9:42
	Brianna Newton, SO	26:53.0	8:39		Abby Kayser, JR	30:10.0	9:43
	Kaitlyn Hansen, SR	27:48.8	8:57		McKenna Santee, JR	30:11.0	9:43
	Julie Shian, SR	28:09.5	9:04		Hope Hansel, FR	31:28.1	10:08
	Jenna Alden, FR	35:56.4	11:34		Emily Bahns, FR	31:57.6	10:17
2) Bettendorf		Score = 48			Devynn Johnson, SO	32:11.8	10:22
1	Ashlynn Whitcanack, SO	23:05.2	7:26		Marin Smith, FR	32:32.5	10:28
6	Klara Skogman, FR	23:52.0	7:41		Bailey Wuestenberg, JR	33:23.4	10:45
10	Delaney Ward, SO	24:16.6	7:49		Emilee Mitchell, SO	35:40.5	11:29
15	Amber Thomsen, SR	24:35.4	7:55		Juliana Schadel, SR	37:38.4	12:07
16	Stephanie Rice, JR	24:39.2	7:56		Erin Peck, SO	38:07.0	12:16
22	Kate McAleer, SO	25:22.2	8:10		Carly Dexter, SR	44:16.4	14:15
23	Audrey Scarlett, FR	25:23.5	8:10	5) Williamsburg		Score = 119	
	Izzy Appel, SO	25:44.7	8:17	14	Inga Dovre, JR	24:34.3	7:55
	Ceci Rasmer, SO	25:46.6	8:18	18	Kathryn Sitas, JR	24:47.7	7:59
	Kristine Elias, FR	25:52.1	8:20	27	Regan Sandersfeld, SO	26:11.6	8:26
	Lily Teagarden, SR	25:52.3	8:20	29	Megan Lamparek, JR	26:19.1	8:28
	Faye Blackman, SR	26:00.3	8:22	31	Maiha Richardson, SO	26:48.9	8:38
	Alyssa Newton, SR	26:12.7	8:26	32	Ally Garringer, SO	27:01.0	8:42
	Eva Rasmer, SR	26:25.6	8:30	33	Nicole Wardenburg, JR	27:12.3	8:45
	Olivia Vincent, SR	27:03.4	8:43		Maddie Yenter, SR	27:30.8	8:51
	Olivia Bert, SR	27:24.5	8:49		Mari Stevenson, FR	27:36.6	8:53
	Emmersen Haugland, JR	27:27.4	8:50		Abby Whitehill, SR	28:43.1	9:15
	Faith Weis, SR	27:58.1	9:00		Nora Slevinski, SO	28:46.7	9:16
	Madalyn Champion, SO	28:49.9	9:17		Lydia Armbrecht, JR	29:52.8	9:37
	Gabby Manion, SR	29:15.1	9:25		Josie McMeen, FR	32:41.7	10:31
	Greta Solbrig, SR	29:33.5	9:31	6) Columbus		Score = 184	
	Gillian Borden, SR	30:33.4	9:50	30	Van Iang, FR	26:32.7	8:33
	Mathilde Damgaard, SR	32:47.0	10:33	37	Averi Sipes, FR	29:37.0	9:32
	Clarisse Roscio, SO	33:01.7	10:38	38	Esther Lian, JR	31:01.0	9:59
	Lexi Wentink, SO	33:44.1	10:52	39	Julie Sosa, JR	38:45.6	12:29
	Amanda Jefferson, SO	33:44.2	10:52	40	Martha Garcia, SR	38:57.6	12:32
	MacIE Zimmerman, SO	33:44.3	10:52				
	Paige Johnson, FR	33:49.9	10:53				
	Sydney Strief, SO	34:15.0	11:01				
	Rachel Lapaczonek, SR	35:13.1	11:20				
	Lizzie Murcia, SO	35:16.2	11:21				
	Mena Wagner, SO	36:20.9	11:42				
	Ava Young, SR	36:21.2	11:42				
	Sophia Hazelett, SR	36:43.0	11:49				
3) Iowa City Liberty		Score = 55					
2	Hannah Smith, FR	23:10.1	7:27				
3	Malia Taylor, FR	23:19.3	7:30				
7	Carly Sulwer, FR	23:56.3	7:42				
19	Samantha Schildroth, SO	24:49.9	8:00				
24	Avery Clark, SO	25:37.5	8:15				
25	Christella Luyeye, SO	25:59.5	8:22				
34	Grace Ceynar, FR	27:25.1	8:50				
	Sophie Faga, FR	27:29.2	8:51				
	Aleah Rees, SO	28:06.5	9:03				
	Tessa Miller, JR	28:39.4	9:13				
	Aayushma Aryal, SO	29:29.3	9:29				
	Sam McPherson, SR	32:47.7	10:33				

Incomplete Teams:

### Sigourney

77	Alyssa Landgrebe, JR	32:16.9	10:23
82	Megan Stuhr, SR	32:51.4	10:35
84	Georgia Atwood, FR	33:07.7	10:40
102	Isabelle Ireland, SO	41:09.9	13:15

# Trojan Early Bird Invitational

**JV Boys Ashton Cross Country Course - Iowa City, IA 8/29/2019 Sunny, Wind W10-25mph & 84°**

Place	School	1	2	3	4	5	6	7	Total	TTL Time	Ave Time	Spread
1	Iowa City Liberty	1	3	4	5	8	12	14	= 21	1:34:55.8	18:59.2	0:44.5
2	Bettendorf	2	6	7	10	11	19	22	= 36	1:36:58.4	19:23.7	1:13.2
3	North Scott	16	17	18	20	23	27	28	= 94	1:45:47.5	21:09.5	1:11.7
4	Columbus	9	21	24	26	30	34	35	= 110	1:47:28.9	21:29.8	2:56.6
5	Williamsburg	13	15	25	29	31	32	33	= 113	1:48:00.0	21:36.0	2:46.8
6	Wapello	36	37	38	39	40			= 190	2:27:57.3	29:35.5	7:35.9

Incomplete Teams: Sigourney

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Jordan Robinson	SO	Iowa City Liberty	18:38.1	6:00
2	2	Thomas Hughes	SO	Bettendorf	18:46.5	6:03
3	3	Ethan Keeney	SO	Iowa City Liberty	18:51.9	6:04
4	4	Logan Nelson	SO	Iowa City Liberty	18:59.8	6:07
5	5	Boden Bisgard	FR	Iowa City Liberty	19:03.6	6:08
6	6	Ethan Cole	FR	Bettendorf	19:14.9	6:12
7	7	Carter Wolf	JR	Bettendorf	19:17.9	6:13
8	8	Luke Thompson	SO	Iowa City Liberty	19:22.6	6:14
9	9	Isaac Acosta	SO	Columbus	19:29.3	6:16
10	10	Jackson Stradt	SO	Bettendorf	19:39.4	6:20
11	11	Xavier Potts	FR	Bettendorf	19:59.7	6:26
12	12	Sam Ross	JR	Iowa City Liberty	20:06.2	6:28
13	13	Trey O'Neil	FR	Williamsburg	20:11.1	6:30
14	14	Gavin Hayes	JR	Iowa City Liberty	20:26.9	6:35
15	15	Justin Miner	FR	Williamsburg	20:34.8	6:37
16	16	Jake Blowers	SR	North Scott	20:36.9	6:38
17		Ethan Benedict	SR	Iowa City Liberty	20:40.5	6:39
18	17	Nikolas Davis	FR	North Scott	20:44.3	6:41
19		Maxwell Thompson	FR	Iowa City Liberty	20:52.7	6:43
20	18	Brady Elbe	JR	North Scott	21:03.7	6:47
21		Andrew Kaczka	FR	Iowa City Liberty	21:04.6	6:47
22	19	Walter Blackman	SO	Bettendorf	21:05.9	6:47
23		Eric Colony	SO	Iowa City Liberty	21:09.8	6:49
24		Nathan Kinzer	FR	Iowa City Liberty	21:31.0	6:56
25	20	Kaiden Power	FR	North Scott	21:34.0	6:56
26	21	Garrett Palmer	JR	Columbus	21:39.0	6:58
27	22	Conner Good	JR	Bettendorf	21:39.1	6:58
28	23	Mason Herrington	FR	North Scott	21:48.6	7:01
29		Jonathan Kamba	SO	Iowa City Liberty	21:49.2	7:01
30		James Frohlich	FR	Bettendorf	21:51.4	7:02
31	24	Daniel Martinez	FR	Columbus	21:55.0	7:03
32		Luke Wiley	SO	Bettendorf	21:55.1	7:03
33		Jack Anderson	FR	Iowa City Liberty	21:56.6	7:04
34	25	Braeden Brown	FR	Williamsburg	21:57.9	7:04
35	26	Freddy Vergara	SO	Columbus	21:59.6	7:05
36	27	Austin Lee	SO	North Scott	22:00.0	7:05
37	28	Connor McMann	FR	North Scott	22:12.0	7:09
38		Paxton Bagby	SO	Bettendorf	22:16.5	7:10
39		Trent Allen	FR	Bettendorf	22:18.1	7:11
40	29	Lucas Reihman	JR	Williamsburg	22:18.4	7:11
41	30	Jesus Medrano	SR	Columbus	22:26.0	7:13
42		Nicholas Moore	SR	Iowa City Liberty	22:26.7	7:13
43		Jaden Frantz	FR	Iowa City Liberty	22:30.9	7:15
44		Ryan Doty	SO	North Scott	22:33.9	7:16
45		Ryan Harris	JR	Bettendorf	22:35.7	7:16
46		Mitch Mess	SO	North Scott	22:37.9	7:17
47		Damien Garrett	FR	Iowa City Liberty	22:49.6	7:21
48		Carter Gage	SO	Iowa City Liberty	22:53.5	7:22
49		Luke Gage	FR	Iowa City Liberty	22:55.8	7:23
50		Tyson Baker	SO	Iowa City Liberty	22:57.4	7:23
51	31	Alex Slaymaker	SO	Williamsburg	22:57.9	7:23
52	32	Hunter Kauffman	SO	Williamsburg	23:01.5	7:25
53	33	Jake Buchholtz	FR	Williamsburg	23:04.1	7:25
54	34	Mason Hills-Carrier	SO	Columbus	23:04.4	7:26
55		Robert Schwan	SO	Bettendorf	23:13.8	7:29
56		Cal Henk	FR	Iowa City Liberty	23:20.7	7:31
57		Finley Bagby	SO	Bettendorf	23:21.1	7:31
58		Luke Bullock	SO	North Scott	23:28.0	7:33
59		Sage Coffman	SR	Williamsburg	23:55.7	7:42
60		Joe Skaala	FR	North Scott	23:59.0	7:43
61		Caleb Wilshusen	FR	North Scott	24:01.8	7:44
62		Ryan Mentzer	SR	North Scott	24:16.9	7:49
63		Levi Dehne	FR	Sigourney	24:23.4	7:51
64		Logan Soedt	SO	North Scott	24:27.2	7:52
65		Timothy Welch	FR	Iowa City Liberty	24:28.0	7:53
66		Ethan Long	SO	Iowa City Liberty	24:30.6	7:53
67		Jake Skaala	SO	North Scott	24:47.1	7:59
68		Ross Willerth	SO	North Scott	24:51.3	8:00

# Trojan Early Bird Invitational

**JV Boys Ashton Cross Country Course - Iowa City, IA 8/29/2019 Sunny, Wind W10-25mph & 84°**

Place	Score	Name	Year	School	Time	Pace mpm
69		Ben Baker	JR	Bettendorf	25:03.9	8:04
70		Nolan Blodig	JR	North Scott	25:12.5	8:07
71		Patrick Mooney	SO	Bettendorf	25:24.0	8:11
72	35	Oscar Alcala	FR	Columbus	25:36.2	8:14
73	36	Garrett Dickey	FR	Wapello	25:38.7	8:15
74		Owen Watson	JR	Columbus	25:44.3	8:17
75		Trace Bell	JR	Sigourney	25:51.3	8:19
76		Preston Martens	SO	Bettendorf	25:54.6	8:20
77		Peter Evans	SO	Bettendorf	25:55.5	8:21
78		Isaac Simmons	SO	North Scott	26:08.7	8:25
79		Nathan Elbe	FR	North Scott	26:11.0	8:26
80		Tyler Thomsen	SR	Bettendorf	26:26.0	8:30
81		Dylan Duflot	SO	North Scott	26:36.7	8:34
82	37	Robert Drayfahl	SR	Wapello	26:58.4	8:41
83		Caden Sadler	JR	Iowa City Liberty	27:05.5	8:43
84		Nathan Berg	SO	Bettendorf	27:16.9	8:47
85		Logan Adamson	JR	Bettendorf	27:18.6	8:47
86		Andrew Cargin	SO	Iowa City Liberty	28:24.9	9:09
87		Shawn Kundel	SO	North Scott	28:28.4	9:10
88		Cody Johnston	SR	North Scott	29:19.8	9:26
89		Maltese Thomas	JR	Sigourney	29:22.3	9:27
90	38	Devon Woodsmall	SO	Wapello	29:34.0	9:31
91		Zack Ives	FR	Sigourney	29:34.9	9:31
92		Keaton Weaver	FR	Bettendorf	29:38.7	9:33
93		Ethan Farber	SR	North Scott	29:47.3	9:35
94		Daniel Dietze	FR	Williamsburg	29:49.4	9:36
95		Matt Mize	SO	North Scott	30:47.9	9:55
96		Anthony Carter	SO	North Scott	31:07.1	10:01
97		Jarret Claeys	SO	North Scott	31:28.0	10:08
98		Zachary Mosier	FR	Iowa City Liberty	32:09.1	10:21
99	39	Logan Meeker	FR	Wapello	32:31.6	10:28
100	40	Dalton Mitchell	JR	Wapello	33:14.6	10:42
101		Jackson Shea	FR	Williamsburg	34:44.9	11:11
102		Manny Estrada	SR	Columbus	39:07.1	12:35

# Trojan Early Bird Invitational

**JV Boys Ashton Cross Country Course - Iowa City, IA 8/29/2019 Sunny, Wind W10-25mph & 84°**

Place	Name	Time	mpm	Place	Name	Time	mpm
1)	Iowa City Liberty	Score = 21		3)	North Scott	Score = 94	
1	Jordan Robinson, SO	18:38.1	6:00	16	Jake Blowers, SR	20:36.9	6:38
3	Ethan Keeney, SO	18:51.9	6:04	17	Nikolas Davis, FR	20:44.3	6:41
4	Logan Nelson, SO	18:59.8	6:07	18	Brady Elbe, JR	21:03.7	6:47
5	Boden Bisgard, FR	19:03.6	6:08	20	Kaiden Power, FR	21:34.0	6:56
8	Luke Thompson, SO	19:22.6	6:14	23	Mason Herrington, FR	21:48.6	7:01
12	Sam Ross, JR	20:06.2	6:28	27	Austin Lee, SO	22:00.0	7:05
14	Gavin Hayes, JR	20:26.9	6:35	28	Connor McMann, FR	22:12.0	7:09
	Ethan Benedict, SR	20:40.5	6:39		Ryan Doty, SO	22:33.9	7:16
	Maxwell Thompson, FR	20:52.7	6:43		Mitch Mess, SO	22:37.9	7:17
	Andrew Kaczka, FR	21:04.6	6:47		Luke Bullock, SO	23:28.0	7:33
	Eric Colony, SO	21:09.8	6:49		Joe Skaala, FR	23:59.0	7:43
	Nathan Kinzer, FR	21:31.0	6:56		Caleb Wilshusen, FR	24:01.8	7:44
	Jonathan Kamba, SO	21:49.2	7:01		Ryan Mentzer, SR	24:16.9	7:49
	Jack Anderson, FR	21:56.6	7:04		Logan Soedt, SO	24:27.2	7:52
	Nicholas Moore, SR	22:26.7	7:13		Jake Skaala, SO	24:47.1	7:59
	Jaden Frantz, FR	22:30.9	7:15		Ross Willerth, SO	24:51.3	8:00
	Damien Garrett, FR	22:49.6	7:21		Nolan Blodig, JR	25:12.5	8:07
	Carter Gage, SO	22:53.5	7:22		Isaac Simmons, SO	26:08.7	8:25
	Luke Gage, FR	22:55.8	7:23		Nathan Elbe, FR	26:11.0	8:26
	Tyson Baker, SO	22:57.4	7:23		Dylan Dufloth, SO	26:36.7	8:34
	Cal Henk, FR	23:20.7	7:31		Shawn Kundel, SO	28:28.4	9:10
	Timothy Welch, FR	24:28.0	7:53		Cody Johnston, SR	29:19.8	9:26
	Ethan Long, SO	24:30.6	7:53		Ethan Farber, SR	29:47.3	9:35
	Caden Sadler, JR	27:05.5	8:43		Matt Mize, SO	30:47.9	9:55
	Andrew Cargin, SO	28:24.9	9:09		Anthony Carter, SO	31:07.1	10:01
	Zachary Mosier, FR	32:09.1	10:21		Jarret Claeys, SO	31:28.0	10:08
2)	Bettendorf	Score = 36		4)	Columbus	Score = 110	
2	Thomas Hughes, SO	18:46.5	6:03	9	Isaac Acosta, SO	19:29.3	6:16
6	Ethan Cole, FR	19:14.9	6:12	21	Garrett Palmer, JR	21:39.0	6:58
7	Carter Wolf, JR	19:17.9	6:13	24	Daniel Martinez, FR	21:55.0	7:03
10	Jackson Stradt, SO	19:39.4	6:20	26	Freddy Vergara, SO	21:59.6	7:05
11	Xavier Potts, FR	19:59.7	6:26	30	Jesus Medrano, SR	22:26.0	7:13
19	Walter Blackman, SO	21:05.9	6:47	34	Mason Hills-Carrier, SO	23:04.4	7:26
22	Conner Good, JR	21:39.1	6:58	35	Oscar Alcala, FR	25:36.2	8:14
	James Frohlich, FR	21:51.4	7:02		Owen Watson, JR	25:44.3	8:17
	Luke Wiley, SO	21:55.1	7:03		Manny Estrada, SR	39:07.1	12:35
	Paxton Bagby, SO	22:16.5	7:10				
	Trent Allen, FR	22:18.1	7:11	5)	Williamsburg	Score = 113	
	Ryan Harris, JR	22:35.7	7:16	13	Trey O'Neil, FR	20:11.1	6:30
	Robert Schwan, SO	23:13.8	7:29	15	Justin Miner, FR	20:34.8	6:37
	Finley Bagby, SO	23:21.1	7:31	25	Braeden Brown, FR	21:57.9	7:04
	Ben Baker, JR	25:03.9	8:04	29	Lucas Reihman, JR	22:18.4	7:11
	Patrick Mooney, SO	25:24.0	8:11	31	Alex Slaymaker, SO	22:57.9	7:23
	Preston Martens, SO	25:54.6	8:20	32	Hunter Kauffmann, SO	23:01.5	7:25
	Peter Evans, SO	25:55.5	8:21	33	Jake Buchholtz, FR	23:04.1	7:25
	Tyler Thomsen, SR	26:26.0	8:30		Sage Coffman, SR	23:55.7	7:42
	Nathan Berg, SO	27:16.9	8:47		Daniel Dietze, FR	29:49.4	9:36
	Logan Adamson, JR	27:18.6	8:47		Jackson Shea, FR	34:44.9	11:11
	Keaton Weaver, FR	29:38.7	9:33	6)	Wapello	Score = 190	
				36	Garrett Dickey, FR	25:38.7	8:15
				37	Robert Drayfaul, SR	26:58.4	8:41
				38	Devon Woodsmall, SO	29:34.0	9:31
				39	Logan Meeker, FR	32:31.6	10:28
				40	Dalton Mitchell, JR	33:14.6	10:42

Incomplete Teams:

#### Sigourney

63	Levi Dehne, FR	24:23.4	7:51
75	Trace Bell, JR	25:51.3	8:19
89	Maltese Thomas, JR	29:22.3	9:27
91	Zack Ives, FR	29:34.9	9:31