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## Event 1 Girls 5k Run CC Varsity & JV

Name	Year School	Finals	Points
<b>Results - Women</b>			
1 Blum, Lizzy	12 V-Boyden-Hull-Rv	22:33.81	1
2 Strubbe, Madi	11 V-Boyden-Hull-Rv	23:00.86	2
3 Heemstra, Abby	11 V-Boyden-Hull-Rv	23:20.06	3
4 Den Herder, Dana	12 V-Sioux Center	23:38.63	4
5 King, Jenna	11 V-Sioux Center	23:40.86	5
6 Otto, Madison	10 V-Hartley Hms	23:42.98	
7 Jurrens, Lauren	12 V-George-Lr-Cl	23:45.59	6
8 Knobloch, Ambria	11 V-West Lyon	24:04.97	7
9 Amirhamzech, Roya	09 V-George-Lr-Cl	24:18.69	8
10 Munoz, Angie	10 V-Boyden-Hull-Rv	24:24.58	9
1 Kramer, Claire	10 V-George-Lr-Cl	24:27.14	10
2 Dorhout, Johanna	12 V-Hartley Hms	24:29.60	
3 Zeutenhorst, Janae	10 V-Sioux Center	24:41.67	11
4 Feucht, Sadie	11 V-West Lyon	24:43.96	12
5 Grond, Lydia	11 V-Boyden-Hull-Rv	24:49.40	13
6 Luevano, Jenny	09 V-Boyden-Hull-Rv	24:56.28	14
7 Wiltgen, Amanda	11 V-West Lyon	25:01.15	15
8 DeBoer, Thea	11 V-George-Lr-Cl	25:12.85	16
9 Bueso, Dayana	10 V-West Sioux	25:20.42	17
10 Nilles, Mallory	12 V-Boyden-Hull-Rv	25:24.96	18
1 Bueso, Yanira	10 V-West Sioux	25:31.94	19
2 Snyders, Geena	09 V-West Lyon	25:37.23	21
3 Hurst, Ellie	11 V-Sioux Center	25:44.16	22
4 Ramirez, Giselle	12 V-Sioux Center	25:49.19	23
5 Murray, Ashlyn	09 V-George-Lr-Cl	25:51.42	24
6 Ebel, Sami	12 V-George-Lr-Cl	25:56.05	25
7 Boender, Kadence	09 V-George-Lr-Cl	26:10.50	26
8 Leuthold, Ella	09 V-West Lyon	26:11.96	27
9 Van Wyhe, Emma	10 V-West Sioux	27:32.63	30
10 Bahnsen, Andraya	10 V-West Lyon	27:46.26	32
1 Pals, Emma	12 V-Hartley Hms	28:36.89	
2 Tift, Tristen	10 V-West Sioux	29:53.14	33
3 Rodriguez, Ashley	10 V-West Sioux	33:20.51	35
4 Hanson, Abbie	10 Boyden-Hull-RV	25:29.28	
5 Martinez, Dulce	09 Sioux Center	25:32.43	20
6 Post, Naomi	09 Boyden-Hull-RV	26:20.60	
7 DeBoom, Ciara	09 Sioux Center	26:36.38	28
8 Van Beek, Hannah	11 Sioux Center	27:24.97	29
9 Meeuwsen, Samantha	11 Sioux Center	27:45.52	31
10 Montse, Muro	12 Sioux Center	30:21.89	34
1 Moore, Allison	09 Boyden-Hull-RV	32:52.54	
2 Arriaga, Ashley	09 Sioux Center	34:27.66	36
3 Pasillas, Juliana	09 Hartley Hms	34:54.76	
4 Harper, Shelby	09 Sioux Center	37:15.04	37

Name	Year School	Finals	H#	Points
1 Blum, Lizzy	12 V-Boyden-Hull-Rv	22:33.81	1	1
2 Strubbe, Madi	11 V-Boyden-Hull-Rv	23:00.86	1	2
3 Heemstra, Abby	11 V-Boyden-Hull-Rv	23:20.06	1	3
4 Den Herder, Dana	12 V-Sioux Center	23:38.63	1	4
5 King, Jenna	11 V-Sioux Center	23:40.86	1	5
6 Otto, Madison	10 V-Hartley Hms	23:42.98	1	
7 Jurrens, Lauren	12 V-George-Lr-Cl	23:45.59	1	6
8 Knobloch, Ambria	11 V-West Lyon	24:04.97	1	7
9 Amirhamzech, Roya	09 V-George-Lr-Cl	24:18.69	1	8
10 Munoz, Angie	10 V-Boyden-Hull-Rv	24:24.58	1	9

11 Kramer, Claire	10 V-George-Lr-CI	24:27.14	2	10
12 Dorhout, Johanna	12 V-Hartley Hms	24:29.60	2	
13 Zeutenhorst, Janae	10 V-Sioux Center	24:41.67	2	11
14 Feucht, Sadie	11 V-West Lyon	24:43.96	2	12
15 Grond, Lydia	11 V-Boyden-Hull-Rv	24:49.40	2	13
16 Luevano, Jenny	09 V-Boyden-Hull-Rv	24:56.28	2	14
17 Wiltgen, Amanda	11 V-West Lyon	25:01.15	2	15
18 DeBoer, Thea	11 V-George-Lr-CI	25:12.85	2	16
19 Bueso, Dayana	10 V-West Sioux	25:20.42	2	17
20 Nilles, Mallory	12 V-Boyden-Hull-Rv	25:24.96	2	18
21 Hanson, Abbie	10 Boyden-Hull-RV	25:29.28	4	
22 Bueso, Yanira	10 V-West Sioux	25:31.94	3	19
23 Martinez, Dulce	09 Sioux Center	25:32.43	4	20
24 Snyders, Geena	09 V-West Lyon	25:37.23	3	21
25 Hurst, Ellie	11 V-Sioux Center	25:44.16	3	22
26 Ramirez, Giselle	12 V-Sioux Center	25:49.19	3	23
27 Murray, Ashlyn	09 V-George-Lr-CI	25:51.42	3	24
28 Ebel, Sami	12 V-George-Lr-CI	25:56.05	3	25
29 Boender, Kadence	09 V-George-Lr-CI	26:10.50	3	26
30 Leuthold, Ella	09 V-West Lyon	26:11.96	3	27
31 Post, Naomi	09 Boyden-Hull-RV	26:20.60	4	
32 DeBoom, Ciara	09 Sioux Center	26:36.38	4	28
33 Van Beek, Hannah	11 Sioux Center	27:24.97	4	29
34 Van Wyhe, Emma	10 V-West Sioux	27:32.63	3	30
35 Meeuwsen, Samantha	11 Sioux Center	27:45.52	4	31
36 Bahnsen, Andraya	10 V-West Lyon	27:46.26	3	32
37 Pals, Emma	12 V-Hartley Hms	28:36.89	4	
38 Tift, Tristen	10 V-West Sioux	29:53.14	4	33
39 Montse, Muro	12 Sioux Center	30:21.89	4	34
40 Moore, Allison	09 Boyden-Hull-RV	32:52.54	5	
41 Rodriguez, Ashley	10 V-West Sioux	33:20.51	4	35
42 Arriaga, Ashley	09 Sioux Center	34:27.66	5	36
43 Pasillas, Juliana	09 Hartley Hms	34:54.76	5	
44 Harper, Shelby	09 Sioux Center	37:15.04	5	37

## Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9

## Results - Women

1 V-Boyden-Hull-Rv	28	1	2	3	9	13	14	18	1	2
Total Time:	1:58:08.71									
Average:	23:37.75									
2 V-George-Lr-CI	64	6	8	10	16	24	25	26	6	8
Total Time:	2:03:35.69									
Average:	24:43.14									
3 V-Sioux Center High Schoo	65	4	5	11	22	23	4	5	11	22
Total Time:	2:03:34.51									
Average:	24:42.91									
4 V-West Lyon	82	7	12	15	21	27	32	7	12	15
Total Time:	2:05:39.27									
Average:	25:07.86									
5 V-West Sioux-Hawarden	134	17	19	30	33	35	17	19	30	33
Total Time:	2:21:38.64									
Average:	28:19.73									
6 Sioux Center High School	142	20	28	29	31	34	36	37	20	28
Total Time:	2:17:41.19									
Average:	27:32.24									

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### Event 3 Boys 5k Run CC Varsity

Name	Year School	Finals	Points
<b>Results - Men</b>			
1 VandeVegte, Carter	12 Sioux Center	17:48.57	1
2 Henry, Deven	11 V-West Sioux	18:23.26	
3 Lopez, Marco	11 V-Boyden-Hull-Rv	18:26.35	2
4 Schiever, Daniel	11 V-George-Lr-Cl	18:37.23	3
5 Brunsting, Dayton	11 V-Boyden-Hull-Rv	19:13.40	4
6 Moser, Kirk	11 V-West Lyon	19:23.82	
7 Brummel, Braxton	11 V-Trinity Christian	19:50.76	5
8 TeGrotenhuis, Casey	12 Sioux Center	20:13.91	6
9 Kelderman, Marcus	11 V-Boyden-Hull-Rv	20:17.25	7
10 Rueter, Jaden	12 V-Harris-Lake Park	20:20.83	
1 Meester, Sam	09 V-West Lyon	20:21.47	
2 Spiess, Carter	11 V-George-Lr-Cl	20:22.95	8
3 Andringa, Silas	10 V-Trinity Christian	20:28.19	9
4 Poppema, Drew	09 V-Trinity Christian	20:29.61	10
5 Peters, Clint	12 V-Hartley Hms	20:30.25	
6 Ditsworth, Xander	09 V-George-Lr-Cl	20:31.99	11
7 Moore, Logan	12 V-Boyden-Hull-Rv	20:37.48	12
8 Haken, Matt	12 V-George-Lr-Cl	20:39.23	13
9 Janzen, Evan	09 V-Boyden-Hull-Rv	20:40.79	14
10 Henrichs, Lane	09 V-George-Lr-Cl	20:47.71	15
1 VandeVegte, Graham	10 Sioux Center	20:59.61	16
2 Bandstra, Blake	09 Sioux Center	21:03.09	17
3 Dominguez, Deyvi	11 V-West Lyon	21:03.70	
4 Schmidt, Johnny	12 V-George-Lr-Cl	21:07.04	18
5 King, Matthew	10 Sioux Center	21:25.18	19
6 Post, John	11 V-Boyden-Hull-Rv	21:48.61	20
7 Ihnen, Cole	11 V-Harris-Lake Park	22:12.50	
8 Brummel, Isaiah	10 V-Trinity Christian	22:13.14	21
9 Van Briesen, Brandon	09 V-George-Lr-Cl	22:29.43	22
10 Perez, Johnny	12 V-West Lyon	23:58.17	
1 Davelaar, Tristan	10 V-Trinity Christian	24:27.66	23
2 VanEngen, Nicolas	09 V-Trinity Christian	27:12.76	24

Name	Year School	Finals	H#	Points
1 VandeVegte, Carter	12 Sioux Center	17:48.57	1	1
2 Henry, Deven	11 V-West Sioux	18:23.26	1	
3 Lopez, Marco	11 V-Boyden-Hull-Rv	18:26.35	1	2
4 Schiever, Daniel	11 V-George-Lr-Cl	18:37.23	1	3
5 Brunsting, Dayton	11 V-Boyden-Hull-Rv	19:13.40	1	4
6 Moser, Kirk	11 V-West Lyon	19:23.82	1	
7 Brummel, Braxton	11 V-Trinity Christian	19:50.76	1	5
8 TeGrotenhuis, Casey	12 Sioux Center	20:13.91	1	6
9 Kelderman, Marcus	11 V-Boyden-Hull-Rv	20:17.25	1	7
10 Rueter, Jaden	12 V-Harris-Lake Park	20:20.83	1	
11 Meester, Sam	09 V-West Lyon	20:21.47	2	
12 Spiess, Carter	11 V-George-Lr-Cl	20:22.95	2	8
13 Andringa, Silas	10 V-Trinity Christian	20:28.19	2	9
14 Poppema, Drew	09 V-Trinity Christian	20:29.61	2	10
15 Peters, Clint	12 V-Hartley Hms	20:30.25	2	
16 Ditsworth, Xander	09 V-George-Lr-Cl	20:31.99	2	11
17 Moore, Logan	12 V-Boyden-Hull-Rv	20:37.48	2	12
18 Haken, Matt	12 V-George-Lr-Cl	20:39.23	2	13
19 Janzen, Evan	09 V-Boyden-Hull-Rv	20:40.79	2	14
20 Henrichs, Lane	09 V-George-Lr-Cl	20:47.71	2	15
21 VandeVegte, Graham	10 Sioux Center	20:59.61	3	16
22 Bandstra, Blake	09 Sioux Center	21:03.09	3	17

23 Dominguez, Deyvi	11 V-West Lyon	21:03.70	3
24 Schmidt, Johnny	12 V-George-Lr-CI	21:07.04	3 18
25 King, Matthew	10 Sioux Center	21:25.18	3 19
26 Post, John	11 V-Boyden-Hull-Rv	21:48.61	3 20
27 Ihnen, Cole	11 V-Harris-Lake Park	22:12.50	3
28 Brummel, Isaiah	10 V-Trinity Christian	22:13.14	3 21
29 Van Briesen, Brandon	09 V-George-Lr-CI	22:29.43	3 22
30 Perez, Johnny	12 V-West Lyon	23:58.17	3
31 Davelaar, Tristan	10 V-Trinity Christian	24:27.66	4 23
32 VanEngen, Nicolas	09 V-Trinity Christian	27:12.76	4 24

## Team Scores

Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9
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## Results - Men

1 V-Boyden-Hull-Rv	39	2	4	7	12	14	20	2	4	7
Total Time: 1:39:15.27										
Average: 19:51.06										
2 V-George-Lr-CI										
50 3 8 11 13 15 18 22 3 8										
Total Time: 1:40:59.11										
Average: 20:11.83										
3 Sioux Center High School										
59 1 6 16 17 19 1 6 16 17										
Total Time: 1:41:30.36										
Average: 20:18.08										
4 V-Trinity Christian										
68 5 9 10 21 23 24 5 9 10										
Total Time: 1:47:29.36										
Average: 21:29.88										

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## Event 4 Boys 5k Run CC JV

Name	Year School	Finals	Points
<b>Results - Men</b>			
1 VanDenBerg, Easton	09 Sioux Center	21:26.06	1
2 Muniz, Daniel	09 Boyden-Hull-RV	22:01.90	2
3 VandeKop, Trey	11 George-LR-CL	22:07.65	3
4 Lokhorst, Tanner	12 Boyden-Hull-RV	22:28.27	4
5 Brantsen, Case	10 Sioux Center	22:35.68	5
6 ReynosoPerez, Keivy	10 Sioux Center	22:43.63	6
7 Dodge, Bryce	09 Hartley Hms	22:43.91	
8 Meiburg, Aaron	11 West Lyon	22:54.17	
9 Faber, Reese	09 Sioux Center	23:02.65	7
10 Bruhn, Dylan	11 Sioux Center	23:06.67	8
1 Crumrine, Jake	12 Sioux Center	23:26.58	9
2 Macias, Ulises	09 George-LR-CL	23:27.37	10
3 Huisman, Cody	12 George-LR-CL	23:44.94	11
4 Dykstra, Gaven	10 Boyden-Hull-RV	23:52.15	12
5 Dekkers, Gabe	10 Sioux Center	24:02.17	13
6 Gruis, Sam	09 George-LR-CL	24:18.57	14
7 Westra, Caleb	12 Boyden-Hull-RV	24:33.53	15
8 Langholdt, Matthew	09 George-LR-CL	24:34.65	16
9 Kruse, Gavin	09 West Lyon	25:14.06	
10 Heyn, Sam	11 Hartley Hms	25:28.62	
1 Hasselmann, Carter	09 West Lyon	25:34.55	
2 Francis, Dylan	10 Boyden-Hull-RV	25:40.64	17
3 Schuiteman, Miles	09 Sioux Center	26:28.41	
4 Hurst, William	09 Sioux Center	26:31.29	
5 Wielenga, Keegan	12 Boyden-Hull-RV	26:37.85	18
6 Jones, August	09 Harris-Lake Park	27:33.86	
7 Ortega, Jordan	10 Hartley Hms	27:34.19	
8 Stanley, Nathan	09 Sioux Center	28:22.82	
9 Gierhan, Ashten	09 George-LR-CL	30:56.89	19
10 Eisma, Kolton	11 West Sioux	31:16.93	
1 Pasillas, Connor	11 Hartley Hms	37:35.24	

Name	Year School	Finals H#	Points
1 VanDenBerg, Easton	09 Sioux Center	21:26.06	1 1
2 Muniz, Daniel	09 Boyden-Hull-RV	22:01.90	1 2
3 VandeKop, Trey	11 George-LR-CL	22:07.65	1 3
4 Lokhorst, Tanner	12 Boyden-Hull-RV	22:28.27	1 4
5 Brantsen, Case	10 Sioux Center	22:35.68	1 5
6 ReynosoPerez, Keivy	10 Sioux Center	22:43.63	1 6
7 Dodge, Bryce	09 Hartley Hms	22:43.91	1
8 Meiburg, Aaron	11 West Lyon	22:54.17	1
9 Faber, Reese	09 Sioux Center	23:02.65	1 7
10 Bruhn, Dylan	11 Sioux Center	23:06.67	1 8
11 Crumrine, Jake	12 Sioux Center	23:26.58	2 9
12 Macias, Ulises	09 George-LR-CL	23:27.37	2 10
13 Huisman, Cody	12 George-LR-CL	23:44.94	2 11
14 Dykstra, Gaven	10 Boyden-Hull-RV	23:52.15	2 12
15 Dekkers, Gabe	10 Sioux Center	24:02.17	2 13
16 Gruis, Sam	09 George-LR-CL	24:18.57	2 14
17 Westra, Caleb	12 Boyden-Hull-RV	24:33.53	2 15
18 Langholdt, Matthew	09 George-LR-CL	24:34.65	2 16
19 Kruse, Gavin	09 West Lyon	25:14.06	2
20 Heyn, Sam	11 Hartley Hms	25:28.62	2
21 Hasselmann, Carter	09 West Lyon	25:34.55	3
22 Francis, Dylan	10 Boyden-Hull-RV	25:40.64	3 17
23 Schuiteman, Miles	09 Sioux Center	26:28.41	3

24 Hurst, William	09 Sioux Center	26:31.29	3
25 Wielenga, Keegan	12 Boyden-Hull-RV	26:37.85	3 18
26 Jones, August	09 Harris-Lake Park	27:33.86	3
27 Ortega, Jordan	10 Hartley Hms	27:34.19	3
28 Stanley, Nathan	09 Sioux Center	28:22.82	3
29 Gierhan, Ashten	09 George-LR-CL	30:56.89	3 19
30 Eisma, Kolton	11 West Sioux	31:16.93	3
31 Pasillas, Connor	11 Hartley Hms	37:35.24	4

## Team Scores

Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9
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## Results - Men

1 Sioux Center High School	27	1	5	6	7	8	9	13	1	5
Total Time:	1:52:54.69									
Average:	22:34.94									
2 Boyden-Hull-RV	50	2	4	12	15	17	18	2	4	12
Total Time:	1:58:36.49									
Average:	23:43.30									
3 George-LR-CL	54	3	10	11	14	16	19	3	10	11
Total Time:	1:58:13.18									
Average:	23:38.64									

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## Event 5 Mixed 2 Mile Run CC Junior High

Name	Year School	Finals	Points
Results - Mixed			
1 Lange, Carlee	W07 Boyden-Hull-RV	12:46.80	1
2 Van Beek, Keyanna	W08 Hartley Hms	13:02.70	
3 Remmerde, Avery	W07 Boyden-Hull-RV	13:06.24	2
4 Kaufman, Jozephine	W08 Boyden-Hull-RV	13:06.68	3
5 Campos, Alexa	W07 Boyden-Hull-RV	13:28.86	4
6 Heie, Averi	W07 Sioux Center	13:32.77	5
7 Chamorro, Lcanna	W07 West Sioux	14:00.06	
8 Kellenberger, Zoe	W07 West Lyon	14:00.32	
9 Blankespoor, Kylie	W08 Boyden-Hull-RV	14:14.81	6
10 Rensink, Aria	W08 Boyden-Hull-RV	14:15.14	7
1 McCord, Corinne	W07 Sioux Center	14:16.51	8
2 McEldowney, Sarah	W07 Sioux Center	14:40.72	9
3 Kelderman, Ashtyn	W08 Boyden-Hull-RV	14:53.87	10
4 Vermeer, Emalee	W08 Sioux Center	15:03.82	11
5 Lopez, Daisy	W08 Boyden-Hull-RV	15:13.57	
6 Boender, Aubree	W07 Boyden-Hull-RV	15:17.14	
7 Henry, Lilly	W08 George-LR-CL	15:23.12	
8 Van Es, Isabella	W08 Sioux Center	15:28.31	12
9 Rentschler, Malison	W07 West Lyon	15:28.72	
10 Ramirez, Geonella	W07 Sioux Center	16:09.68	13
1 Irwin, Lilly	W08 Harris-Lake Park	16:12.67	
2 Croatt, Lexi	W08 Hartley Hms	16:23.36	
3 Knobloch, Gracie	W07 Hartley Hms	16:26.41	
4 Rubio, Marla	W07 West Sioux	16:34.55	
5 Zwart, Elyse	W07 Boyden-Hull-RV	16:36.72	
6 Ebel, Kamryn	W07 Hartley Hms	16:37.24	
7 Clarey, Alexa	W07 Boyden-Hull-RV	16:39.66	
8 Romero, Mya	W08 Sioux Center	16:57.80	14
9 Kraayenbrink, Olivia	W08 Sioux Center	17:04.84	
10 Jager, Ella	W08 George-LR-CL	17:12.26	
1 Zeutenthaler, Kendra	W08 Sioux Center	17:34.93	
2 MartinezDeLira, Lupita	W07 Sioux Center	17:51.28	
3 Landis, Alexis	W08 George-LR-CL	18:23.69	
4 Schriver, Mary	W08 George-LR-CL	18:26.62	
5 Bandstra, Blair	W08 Sioux Center	19:01.44	
6 Nellis, Dylan	M08 Hartley Hms	12:44.37	1
7 DeVine, Jared	M08 West Lyon	12:45.41	
8 Dodge, Damien	M07 Hartley Hms	13:13.74	2
9 Harms, Oliver	M07 George-LR-CL	13:17.19	3
10 Grotsluchen, Ryan	M07 Hartley Hms	14:33.77	4
1 Bulthuis, Miles	M08 Boyden-Hull-RV	14:35.25	5
2 Krummen, Clayton	M08 Harris-Lake Park	14:39.93	
3 ReynosoPerez, Andy	M08 Sioux Center	14:54.25	6
4 Lauters, Evan	M08 West Sioux	14:56.53	
5 Vargas, George	M08 Hartley Hms	14:59.87	7
6 DenHartog, Tommy	M08 Hartley Hms	15:05.97	8
7 Faulkner, Gavin	M08 Hartley Hms	15:26.59	9
8 Sohl, Taylor	M07 Boyden-Hull-RV	15:27.23	10
9 Martinez, Jesus	M08 George-LR-CL	15:29.28	11
10 Thonstad, Morgan	M08 West Sioux	15:31.20	
1 Van Otterloo, Ryan	M08 Boyden-Hull-RV	15:36.28	12
2 Herrera, Felipe	M08 Boyden-Hull-RV	15:39.53	13
3 Finster, Blaine	M07 Hartley Hms	15:43.92	14
4 Moser, Cole	M07 West Lyon	15:48.45	
5 Tomas, Luis	M08 Boyden-Hull-RV	16:06.40	15
6 Dubbelde, Jerad	M08 Sioux Center	16:58.13	16
7 Greve, Landon	M08 Harris-Lake Park	17:11.63	

8 Johnson, Damian	M08 Boyden-Hull-RV	17:27.52	17
9 Lincecum, Tanner	M07 George-LR-CL	17:41.32	18
10 Jennings, Aidan	M08 West Lyon	17:49.72	
1 Van Es, Jett	M07 Sioux Center	17:58.28	19
2 Spaans, Kayden	M08 Boyden-Hull-RV	18:05.65	20
3 Dahm, Nicholas	M08 Sioux Center	18:09.82	21
4 Srock, Quintin	M07 George-LR-CL	18:10.55	22
5 Hamilton, Charlie	M08 George-LR-CL	18:15.36	23
6 Jumbeck, Micah	M08 George-LR-CL	18:27.89	24
7 Kroese, Easton	M08 Sioux Center	19:43.14	25
8 VandeVege, Micah	M07 Sioux Center	19:53.54	26
9 Duin, Chase	M08 George-LR-CL	20:11.03	27
10 Paramo, Adrian	M08 West Sioux	20:14.66	
1 Dean, Kellan	M08 Sioux Center	20:57.81	28
2 Foltz, Logan	M08 Sioux Center	21:13.20	
3 Springer, Aaron	M08 George-LR-CL	21:20.06	
4 Blum, Ben	M08 Boyden-Hull-RV	21:34.44	
5 DeLeon, Eric	M08 Boyden-Hull-RV	21:50.78	
6 Nilles, Eric	M08 Boyden-Hull-RV	22:47.33	
7 Schouten, Caden	M08 Sioux Center	23:55.98	
8 Helkenn, Matt	M08 George-LR-CL	24:38.14	
9 Vonk, Hudson	M08 Sioux Center	24:51.15	

Name	Year School	Finals	H#	Points
1 Nellis, Dylan	M08 Hartley Hms	12:44.37	4	1
1 Lange, Carlee	W07 Boyden-Hull-RV	12:46.80	1	1
2 DeVine, Jared	M08 West Lyon	12:45.41	4	
2 Van Beek, Keyanna	W08 Hartley Hms	13:02.70	1	
3 Remmerde, Avery	W07 Boyden-Hull-RV	13:06.24	1	2
3 Dodge, Damien	M07 Hartley Hms	13:13.74	4	2
4 Kaufman, Jozephine	W08 Boyden-Hull-RV	13:06.68	1	3
4 Harms, Oliver	M07 George-LR-CL	13:17.19	4	3
5 Campos, Alexa	W07 Boyden-Hull-RV	13:28.86	1	4
5 Grotsluchen, Ryan	M07 Hartley Hms	14:33.77	4	4
6 Heie, Averi	W07 Sioux Center	13:32.77	1	5
6 Bulthuis, Miles	M08 Boyden-Hull-RV	14:35.25	5	5
7 Chamorro, Lcanna	W07 West Sioux	14:00.06	1	
7 Krummen, Clayton	M08 Harris-Lake Park	14:39.93	5	
8 Kellenberger, Zoe	W07 West Lyon	14:00.32	1	
8 ReynosoPerez, Andy	M08 Sioux Center	14:54.25	5	6
9 Blankespoor, Kylie	W08 Boyden-Hull-RV	14:14.81	1	6
9 Lauters, Evan	M08 West Sioux	14:56.53	5	
10 Rensink, Aria	W08 Boyden-Hull-RV	14:15.14	1	7
10 Vargas, George	M08 Hartley Hms	14:59.87	5	7
11 McCord, Corinne	W07 Sioux Center	14:16.51	2	8
11 DenHartog, Tommy	M08 Hartley Hms	15:05.97	5	8
12 McEldowney, Sarah	W07 Sioux Center	14:40.72	2	9
12 Faulkner, Gavin	M08 Hartley Hms	15:26.59	5	9
13 Kelderman, Ashtyn	W08 Boyden-Hull-RV	14:53.87	2	10
13 Sohl, Taylor	M07 Boyden-Hull-RV	15:27.23	5	10
14 Vermeer, Emalee	W08 Sioux Center	15:03.82	2	11
14 Martinez, Jesus	M08 George-LR-CL	15:29.28	5	11
15 Lopez, Daisy	W08 Boyden-Hull-RV	15:13.57	2	
15 Thonstad, Morgan	M08 West Sioux	15:31.20	5	
16 Boender, Aubree	W07 Boyden-Hull-RV	15:17.14	2	
16 Van Otterloo, Ryan	M08 Boyden-Hull-RV	15:36.28	6	12
17 Henry, Lilly	W08 George-LR-CL	15:23.12	2	
17 Herrera, Felipe	M08 Boyden-Hull-RV	15:39.53	6	13
18 Van Es, Isabella	W08 Sioux Center	15:28.31	2	12
18 Finster, Blaine	M07 Hartley Hms	15:43.92	6	14
19 Rentschler, Malison	W07 West Lyon	15:28.72	2	
19 Moser, Cole	M07 West Lyon	15:48.45	6	
20 Tomas, Luis	M08 Boyden-Hull-RV	16:06.40	6	15
20 Ramirez, Geonella	W07 Sioux Center	16:09.68	2	13
21 Irwin, Lilly	W08 Harris-Lake Park	16:12.67	3	
21 Dubbelde, Jerad	M08 Sioux Center	16:58.13	6	16
22 Croatt, Lexi	W08 Hartley Hms	16:23.36	3	
22 Greve, Landon	M08 Harris-Lake Park	17:11.63	6	
23 Knobloch, Gracie	W07 Hartley Hms	16:26.41	3	
23 Johnson, Damian	M08 Boyden-Hull-RV	17:27.52	6	17
24 Rubio, Marla	W07 West Sioux	16:34.55	3	

24 Lincecum, Tanner	M07 George-LR-CL	17:41.32	6	18
25 Zwart, Elyse	W07 Boyden-Hull-RV	16:36.72	3	
25 Jennings, Aidan	M08 West Lyon	17:49.72	6	
26 Ebel, Kamryn	W07 Hartley Hms	16:37.24	3	
26 Van Es, Jett	M07 Sioux Center	17:58.28	7	19
27 Clarey, Alexa	W07 Boyden-Hull-RV	16:39.66	3	
27 Spaans, Kayden	M08 Boyden-Hull-RV	18:05.65	7	20
28 Romero, Mya	W08 Sioux Center	16:57.80	3	14
28 Dahm, Nicholas	M08 Sioux Center	18:09.82	7	21
29 Kraayenbrink, Olivia	W08 Sioux Center	17:04.84	3	
29 Srock, Quintin	M07 George-LR-CL	18:10.55	7	22
30 Jager, Ella	W08 George-LR-CL	17:12.26	3	
30 Hamilton, Charlie	M08 George-LR-CL	18:15.36	7	23
31 Zeutenhorst, Kendra	W08 Sioux Center	17:34.93	4	
31 Jumbeck, Micah	M08 George-LR-CL	18:27.89	7	24
32 MartinezDeLira, Lupita	W07 Sioux Center	17:51.28	4	
32 Kroese, Easton	M08 Sioux Center	19:43.14	7	25
33 Landis, Alexis	W08 George-LR-CL	18:23.69	4	
33 VandeVegte, Micah	M07 Sioux Center	19:53.54	7	26
34 Schriver, Mary	W08 George-LR-CL	18:26.62	4	
34 Duin, Chase	M08 George-LR-CL	20:11.03	7	27
35 Bandstra, Blair	W08 Sioux Center	19:01.44	4	
35 Paramo, Adrian	M08 West Sioux	20:14.66	7	
36 Dean, Kellan	M08 Sioux Center	20:57.81	8	28
37 Foltz, Logan	M08 Sioux Center	21:13.20	8	
38 Springer, Aaron	M08 George-LR-CL	21:20.06	8	
39 Blum, Ben	M08 Boyden-Hull-RV	21:34.44	8	
40 DeLeon, Eric	M08 Boyden-Hull-RV	21:50.78	8	
41 Nilles, Eric	M08 Boyden-Hull-RV	22:47.33	8	
42 Schouten, Caden	M08 Sioux Center	23:55.98	8	
43 Helkenn, Matt	M08 George-LR-CL	24:38.14	8	
44 Vonk, Hudson	M08 Sioux Center	24:51.15	8	

## Team Scores

Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9
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## Results - Mixed

1 Boyden-Hull-RV	16	1	2	3	4	6	7	10	5	10
Total Time:	1:06:43.39									
Average:	13:20.68									
2 Hartley-Melvin-Sandborn	22	1	2	4	7	8	9	14	1	2
Total Time:	1:10:37.72									
Average:	14:07.55									
3 Sioux Center High School	45	5	8	9	11	12	13	14	6	16
Total Time:	1:13:02.13									
Average:	14:36.43									
4 George-LR-CL	77	3	11	18	22	23	24	27	3	11
Total Time:	1:22:53.70									
Average:	16:34.74									