

Sioux Center XC Invitational - 9/26/2019  
 Dordt XC Course  
 Sioux Center, Iowa

Event 1 Girls 5k Run CC Varsity

Name	Year	School	Finals	Points
1 Plucker, Emily	09	Lennox	19:18.77	
2 Aesoph, Amber	12	Bishop Heelan	19:20.97	1
3 Calhoun, Chloe	12	Lemars High School	20:11.50	2
4 Wasmund, Bria	09	Sibley-Ocheyedan	20:29.12	3
5 Blum, Lizzy	12	Boyden-Hull-RV	20:30.04	4
6 Newberg, Jada	09	Bishop Heelan	20:33.50	5
7 Duffy, Lexi	10	Okoboji	20:37.84	6
8 Mahaney, Grace	11	Bishop Heelan	20:41.54	7
9 Minderhoud, Whitney	12	Western Christian	20:51.74	8
10 Van Essen, Amaya	10	Unity Christian	20:57.01	9
11 Te Krony, Megan	09	Unity Christian	20:59.32	10
12 Zeutenhorst, Ellie	11	Sioux Center	21:15.18	11
13 Albrecht, Kara	12	Lemars High School	21:21.18	12
14 Armstrong, Nevaeh	11	Okoboji	21:22.18	13
15 Wingate, Alayna	09	Sibley-Ocheyedan	21:23.11	14
16 Strubbe, Madi	11	Boyden-Hull-RV	21:24.53	15
17 Marco, Madison	09	Sibley-Ocheyedan	21:31.33	16
18 Washburn, Paige	12	Lemars High School	21:33.63	17
19 Schmidt, Kelsey	07	Lennox	21:37.22	
20 Van Maanen, Adriana	09	Unity Christian	21:41.40	18
21 Blankespoor, Madi	12	Unity Christian	21:45.64	19
22 Duffy, Lauren	10	Okoboji	21:49.26	20
23 Heemstra, Abby	11	Boyden-Hull-RV	21:52.29	21
24 Conley, Mia	10	Bishop Heelan	21:53.46	22
25 Hutchinson, Emma	11	Bishop Heelan	21:58.03	23
26 Jurrens, Lauren	12	George-LR-CL	22:02.43	24
27 Perez, Sarah	11	West Lyon	22:11.71	25
28 Brouwer, Madison	09	Sibley-Ocheyedan	22:12.15	26
29 Gulkar, Zoe	10	Western Christian	22:12.89	27
30 Amirhamzech, Roya	09	George-LR-CL	22:13.33	28
31 Joyce, Brenna	12	Bishop Heelan	22:14.59	29
32 Carstens, Carly	09	Okoboji	22:18.07	30
33 Joyce, Keara	09	Bishop Heelan	22:23.46	31
34 Bartels, Elsie	11	Unity Christian	22:28.46	32
35 Den Herder, Dana	12	Sioux Center	22:29.03	33
36 King, Jenna	11	Sioux Center	22:33.53	34
37 Zeutenhorst, Janae	10	Sioux Center	22:36.21	35
38 Britt, Kylee	09	Lemars High School	22:38.08	36
39 Muilenburg, Shay	11	Unity Christian	22:39.78	37
40 DeKam, Jamie	12	Western Christian	22:41.21	38
41 Snyders, Geena	09	West Lyon	22:41.68	39
42 Schuiteman, Darby	12	Unity Christian	22:42.14	40
43 Cunningham, Katie	10	Lemars High School	22:43.98	41
44 Fedders, Emily	10	Western Christian	22:46.23	42
45 Nielson, Nakia	12	Western Christian	22:47.81	43
46 Chamberlain, Emily	11	Lemars High School	22:50.44	44
47 DeWeerd, McKenna	09	Western Christian	22:52.71	45
48 Weber, Addison	12	Gehlen Catholic	22:53.36	46
49 Sitzmann, Kailey	10	Gehlen Catholic	22:54.75	47
50 Christion, Esther	10	Lennox	22:56.08	
51 Postma, Graycee	07	Lennox	22:57.41	
52 Tesch, Harlie	10	Gehlen Catholic	23:03.75	48
53 Munoz, Angie	10	Boyden-Hull-RV	23:04.48	49

54	DeBoer, Thea	11	George-LR-CL	23:05.31	50
55	Wiltgen, Amanda	11	West Lyon	23:09.56	51
56	Meis, Caroline	11	Lemars High School	23:15.81	52
57	Ortiz-Ayala, America	10	Sibley-Ocheyedan	23:18.46	53
58	Ramirez, Giselle	12	Sioux Center	23:19.37	54
59	Bueso, Dayana	10	West Sioux	23:19.85	
60	Hanson, Abbie	10	Boyden-Hull-RV	23:20.30	55
61	Boender, Kadence	09	George-LR-CL	23:24.39	56
62	Feucht, Sadie	11	West Lyon	23:27.12	57
63	Luevano, Jenny	09	Boyden-Hull-RV	23:28.63	58
64	Kamstra, Braelynn	11	Western Christian	23:33.54	59
65	Sitzmann, Patricia	11	Gehlen Catholic	23:37.45	60
66	Struckman, Shania	12	George-LR-CL	23:46.97	61
67	Kramer, Claire	10	George-LR-CL	24:01.54	62
68	Nilles, Mallory	12	Boyden-Hull-RV	24:13.91	63
69	Bueso, Yanira	10	West Sioux	24:15.37	
70	Scheaffer, Gracia	09	Sheldon	24:17.94	
71	McCuddin, Kelsey	09	Sheldon	24:18.31	
72	Knobloch, Ambria	11	West Lyon	24:19.91	64
73	Arens, Addison	09	Gehlen Catholic	24:27.37	65
74	Olthoff, Shay	10	Okoboji	24:39.01	66
75	Hurst, Ellie	11	Sioux Center	24:42.33	67
76	Ebel, Sami	12	George-LR-CL	24:42.90	68
77	Nasers, Grace	09	Sibley-Ocheyedan	24:51.11	69
78	Bahnson, Andraya	10	West Lyon	25:14.50	70
79	Sandbulte, Olivia	10	Okoboji	25:24.83	71
80	Zubrod, Hannah	10	Gehlen Catholic	25:28.48	72
81	Van Wyhe, Emma	10	West Sioux	25:29.95	
82	Tanner, Trista	10	Okoboji	25:52.51	73

## Team Scores

10	West Lyon	236	25	39	51	57	64	70
	Total Time:	1:55:49.98						
	Average:	23:10.00						
11	Gehlen Catholic	266	46	47	48	60	65	72
	Total Time:	1:56:56.68						
	Average:	23:23.34						

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Event 3 Boys 5k Run CC Varsity

Name	Year	School	Finals	Points
1 Roder, Will	12	Gehlen Catholic	16:27.03	1
2 Hulstein, Tage	10	Western Christian	16:46.68	2
3 VandeVegte, Carter	12	Sioux Center	16:56.33	3
4 Hulinsky, Ethan	11	Lemars High School	17:00.59	4
5 Tesch, Carson	12	Gehlen Catholic	17:10.88	5
6 Henry, Deven	11	West Sioux	17:16.71	
7 Schriever, Daniel	11	George-LR-CL	17:17.87	6
8 Vaske, Isaac	12	Gehlen Catholic	17:22.52	7
9 Harrison, Sam	12	Sioux Center	17:25.26	8
10 Sudtelgte, Jason	11	Lemars High School	17:26.48	9
11 Brunsting, Dayton	11	Boyden-Hull-RV	17:31.19	10
12 Sudtelgte, Jackson	11	Lemars High School	17:32.34	11
13 Lamb, Jacob	12	Okoboji	17:32.79	12
14 Satterwhite, Cole	12	Bishop Heelan	17:33.61	13
15 Moser, Kirk	11	West Lyon	17:35.23	14
16 Sandven, Erik	12	Okoboji	17:35.86	15
17 Roozeboom, Jager	11	Sheldon	17:36.33	16
18 Minderhoud, Zachary	09	Western Christian	17:45.45	17
19 Brummel, Braxton	11	Trinity Christian	17:48.08	18
20 Dirksen, Blake	12	Lemars High School	17:54.39	19
21 Scheaffer, Elliot	11	Sheldon	18:03.93	20
22 Greer, John	12	Bishop Heelan	18:05.28	21
23 Parsons, Taylor	12	Okoboji	18:11.00	22
24 Miller, Mason	12	Lennox	18:18.45	23
25 Leiting, Michael	12	Bishop Heelan	18:18.90	24
26 Van Westen, Keagan	10	Sibley-Ocheyedan	18:19.23	25
27 Santos, Jimmy	09	Okoboji	18:20.79	26
28 Swanson, Sam	08	Lennox	18:21.03	27
29 DeKam, Aric	10	Western Christian	18:22.72	28
30 Spiess, Carter	11	George-LR-CL	18:25.81	29
31 Vreugdenhil, John	12	Unity Christian	18:28.66	30
32 Wingert, Kaden	11	Lemars High School	18:32.28	31
33 Winkel, Noah	11	Bishop Heelan	18:34.81	32
34 Haken, Matt	12	George-LR-CL	18:36.46	33
35 Ditsworth, Xander	09	George-LR-CL	18:41.17	34
36 Bandstra, Isaac	10	Unity Christian	18:43.54	35
37 Andringa, Silas	10	Trinity Christian	18:46.02	36
38 Janzen, Evan	09	Boyden-Hull-RV	18:47.26	37
39 Augustine, Jeff	11	Gehlen Catholic	18:47.91	38
40 Ruhland, Carver	10	Gehlen Catholic	18:48.39	39
41 Van Beek, Taeden	11	Unity Christian	18:48.65	40
42 Byers, Jackson	10	Sibley-Ocheyedan	18:49.23	41
43 Meis, Michael	09	Lemars High School	18:50.44	42
44 Moore, Logan	12	Boyden-Hull-RV	18:50.99	43
45 TeGrotenhuis, Casey	12	Sioux Center	18:51.86	44
46 Hartman, Jaren	10	Lennox	18:55.37	45
47 O'Dwyer, Jacob	12	Lemars High School	18:59.73	46
48 Schrock, Caleb	10	Unity Christian	19:00.12	47
49 Meester, Sam	09	West Lyon	19:03.10	48
50 Vander Plaats, Michael	12	Western Christian	19:04.11	49
51 Van Beek, Tyce	09	Unity Christian	19:05.03	50
52 Kelderman, Marcus	11	Boyden-Hull-RV	19:06.57	51

53	Prins, Drew	09	Western Christian	19:09.32	52
54	Menting, Kanta	11	Okoboji	19:12.59	53
55	Heemskerk, Keaton	12	Western Christian	19:17.28	54
56	Dominguez, Deyvi	11	West Lyon	19:19.55	55
57	Henrichs, Lane	09	George-LR-CL	19:19.86	56
58	Steever, Levi	11	Lennox	19:20.09	57
59	TeKrony, Caleb	10	Unity Christian	19:21.66	58
60	Hofmeyer, Jonah	12	Unity Christian	19:25.56	59
61	Poppema, Drew	09	Trinity Christian	19:31.63	60
62	Nemmers, Nathan	11	Gehlen Catholic	19:34.76	61
63	Brouwer, Carter	11	Sibley-Ocheyedan	19:37.65	62
64	Holtrop, Nathan	12	Sheldon	19:37.92	63
65	Bandstra, Blake	09	Sioux Center	19:38.53	64
66	Wittrock, Tyler	12	Okoboji	19:41.08	65
67	Post, John	11	Boyden-Hull-RV	19:41.49	66
68	Bambas, Isaac	08	Lennox	19:41.78	67
69	Mouw, Hudson	11	Sioux Center	19:51.52	68
70	Schmidt, Johnny	12	George-LR-CL	19:53.17	69
71	Carlson, Jack	12	Sibley-Ocheyedan	19:57.99	70
72	VandeVegte, Graham	10	Sioux Center	20:08.61	71
73	Van Briesen, Brandon	09	George-LR-CL	20:10.00	72
74	Weist, Jake	10	Bishop Heelan	20:10.20	73
75	Carlberg, Erick	10	Bishop Heelan	20:16.65	74
76	Patel, Neil	10	Sheldon	20:26.53	75
77	Newman, Josh	11	Bishop Heelan	20:31.47	76
78	King, Matthew	10	Sioux Center	20:48.50	77
79	Meiburg, Aaron	11	West Lyon	21:03.36	78
80	Blanco, Isaiah	09	Sibley-Ocheyedan	21:08.18	79
81	Ocampo, Osvaldo	11	Sheldon	21:13.21	80
82	Brummel, Isaiah	10	Trinity Christian	21:35.62	81
83	Paca, Grant	11	Sibley-Ocheyedan	21:38.83	82
84	Perez, Johnny	12	West Lyon	22:11.68	83
85	Davelaar, Tristan	10	Trinity Christian	22:15.61	84
86	Thonstad, Ayden	11	West Sioux	22:23.37	
87	Vanden Hull, Drew	10	Sheldon	22:33.37	85
88	Strehlow, Micheal	09	Sheldon	22:38.83	86
89	VanEngen, Nicolas	09	Trinity Christian	23:21.44	87
90	Eisma, Kolton	11	West Sioux	29:58.25	

### Team Scores

	Average:	18:32.56							
7	Sioux Center High School	187	3	8	44	64	68	71	77
	Total Time:	1:32:43.50							
	Average:	18:32.70							
8	Unity Christian High Scho	202	30	35	40	47	50	58	59
	Total Time:	1:34:06.00							
	Average:	18:49.20							
9	Boyden-Hull-RV	207	10	37	43	51	66		
	Total Time:	1:33:57.50							
	Average:	18:47.50							
10	Lennox	219	23	27	45	57	67		
	Total Time:	1:34:36.72							
	Average:	18:55.35							
11	Sheldon	254	16	20	63	75	80	85	86
	Total Time:	1:36:57.92							
	Average:	19:23.59							
12	Sibley-Ocheyedan	277	25	41	62	70	79	82	
	Total Time:	1:37:52.28							
	Average:	19:34.46							
13	West Lyon	278	14	48	55	78	83		
	Total Time:	1:39:12.92							
	Average:	19:50.59							
14	Trinity Christian	279	18	36	60	81	84	87	
	Total Time:	1:39:56.96							
	Average:	19:59.40							

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Event 2 Girls 5k Run CC JV

Name	Year	School	Finals	Points
1 McNaughton, Lilly	10	Lemars High School	22:56.38	1
2 Hulinsky, Rebecca	09	Lemars High School	23:11.75	2
3 Jochum, Taylor	10	Bishop Heelan	23:16.36	
4 Pollema, Anneka	11	Unity Christian	23:24.11	3
5 Post, Naomi	09	Boyden-Hull-RV	23:29.06	
6 Timmer, Katy	10	Unity Christian	23:39.73	4
7 Haak, Marlena	11	Western Christian	23:41.36	5
8 Van Roekel, Grace	09	Western Christian	23:42.77	6
9 Joiner, Courtney	10	Unity Christian	23:43.22	7
10 Cary, Hannah	09	Bishop Heelan	23:48.47	
11 O'Dwyer, Clara	09	Lemars High School	23:54.47	8
12 Martinez, Dulce	09	Sioux Center	24:02.09	9
13 Fitzpatrick, Hannah	10	Bishop Heelan	24:07.77	
14 Meeuwsen, Samantha	11	Sioux Center	24:10.56	10
15 Dekkers, Ella	10	Unity Christian	24:21.84	11
16 Ritz, Ellie	09	Bishop Heelan	24:22.68	
17 Kleinwolterink, Georgia	10	Sibley-Ocheyedan	24:33.45	
18 Ten Pas, Trista	09	Western Christian	24:39.64	12
19 Mellema, Naomi	10	Unity Christian	24:41.25	13
20 Rusche, Rachel	10	Sibley-Ocheyedan	24:45.47	
21 Van Beek, Hannah	11	Sioux Center	24:49.40	14
22 Plueger, Hailey	12	Lemars High School	24:51.81	15
23 Postma, Ashlyn	09	Western Christian	25:00.51	16
24 Van Grouw, Julianna	12	Unity Christian	25:03.01	17
25 Van Otterloo, Alli	12	Western Christian	25:15.02	18
26 Balt, Jenna	09	Western Christian	25:31.19	19
27 Moore, Allison	09	Boyden-Hull-RV	25:42.70	
28 DeBoom, Ciara	09	Sioux Center	25:43.59	20
29 Huizenga, Katelyn	09	Unity Christian	25:54.43	21
30 McShane, Payton	10	Lemars High School	26:04.74	22
31 Smidt, Sierra	09	Lennox	26:07.94	
32 Slenk, Maddie	11	Unity Christian	26:08.20	
33 Michael, Emma	11	Lemars High School	26:10.59	23
34 Murray, Ashlyn	09	George-LR-CL	26:23.30	
35 Lopez, Daisy	08	Boyden-Hull-RV	26:39.68	
36 Gomez, Mayra	09	Sioux Center	26:42.54	24
37 Loewe, Madeline	12	Lennox	26:46.67	
38 Stoebner, Rylee	12	Lennox	26:50.01	
39 Albrecht, Hannah	10	Lemars High School	27:08.78	25
40 VanderWaal, Kyla	09	Sioux Center	27:11.79	26
41 Dake, Autumn	11	Sibley-Ocheyedan	27:31.53	
42 Chung, Sera	11	Gehlen Catholic	27:37.00	
43 Prewitt, Emily	12	Sheldon	27:47.82	
44 Wittrock, Alissa	10	Okoboji	28:16.91	
45 Hanson, Soraya	09	Okoboji	28:17.92	
46 Montse, Muro	12	Sioux Center	28:18.11	27
47 Mogler, Mallorie	10	West Lyon	28:42.34	
48 Arriaga, Ashley	09	Sioux Center	28:53.50	
49 Vander Kooi, Megan	11	Unity Christian	28:57.13	
50 Mason, Makenzie	11	Sheldon	29:00.53	
51 Prewitt, Katie	10	Sheldon	29:02.92	
52 Taylor, Jane	10	Unity Christian	29:21.54	

53 Bixenman, Sophie	11 Lemars High School	29:24.46
54 Vos, Meghan	09 Unity Christian	29:31.88
55 Harper, Shelby	09 Sioux Center	30:00.76
56 Mata, Jasmin	09 Lemars High School	32:21.04
57 Rodriguez, Ashley	10 West Sioux	33:26.09
58 Morales, Mitzully	11 Lemars High School	35:28.97
59 Heimdal, Rikka	12 Okoboji	35:49.31

## Team Scores

Sioux Center XC Invitational - 9/26/2019  
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Event 4 Boys 5k Run CC JV

Name	Year	School	Finals	Points
1 Rathbun, Gabe	12	Sioux Center	18:55.60	1
2 Dykstra, Jacksen	10	Unity Christian	19:04.22	2
3 Herbst, Kyle	12	Lemars High School	19:08.26	3
4 Sanchez, Juan	09	Lemars High School	19:11.74	4
5 Horst, Maverick	07	Lennox	19:12.16	5
6 Westra, Caleb	12	Boyden-Hull-RV	19:23.02	6
7 Jones, Caleb	10	Okoboji	19:27.08	7
8 Macias, Ulises	09	George-LR-CL	19:36.32	
9 VanDenBerg, Easton	09	Sioux Center	19:41.72	8
10 Haworth, Austin	09	Lemars High School	19:47.74	9
11 Atkins, Landon	08	Lennox	20:00.02	10
12 Newton, Brayden	11	Okoboji	20:00.75	11
13 Schreurs, Levi	10	Western Christian	20:04.88	
14 Paez, Luis	12	Lemars High School	20:08.56	12
15 Hinds, Daniel	11	Lemars High School	20:13.43	13
16 Flores, Miguel	12	Sioux Center	20:16.64	14
17 Werner, Noah	08	Lennox	20:19.15	15
18 Wurth, Caden	09	Lemars High School	20:29.90	16
19 Hesse, Christian	09	Okoboji	20:31.52	17
20 Brantsen, Case	10	Sioux Center	20:36.26	18
21 Moreau, Levi	11	Unity Christian	20:36.80	19
22 Rundquist, Roberto	10	Bishop Heelan	20:37.08	20
23 DeJager, Aiden	09	Sioux Center	20:37.38	21
24 Thompson, Kyle	11	Okoboji	20:45.83	22
25 Langel, Logan	11	Okoboji	20:46.24	23
26 Lokhorst, Tanner	12	Boyden-Hull-RV	20:53.39	24
27 McInnis, Jack	11	Lemars High School	20:55.26	25
28 Muniz, Daniel	09	Boyden-Hull-RV	21:00.13	26
29 Heeren, Tucker	12	Lemars High School	21:05.64	
30 Van Oort, Drew	10	Western Christian	21:11.89	
31 Van Kley, Cowan	09	Western Christian	21:13.11	
32 Albers, Seth	12	Lemars High School	21:14.99	
33 Yesda, Caden	09	Unity Christian	21:16.10	27
34 Carstens, Kole	11	Okoboji	21:20.54	28
35 Faber, Reese	09	Sioux Center	21:20.78	29
36 Temmeh, Pierce	08	Lennox	21:28.65	30
37 Sealey, Henry	12	Bishop Heelan	21:29.66	31
38 Dekkers, Gabe	09	Sioux Center	21:31.07	32
39 Burrell, Reddeck	09	Lemars High School	21:34.20	
40 Dekkers, Reese	09	Sioux Center	21:37.49	
41 Dykstra, Gaven	10	Boyden-Hull-RV	21:39.20	33
42 Fynaardt, Gideon	12	Unity Christian	21:40.88	34
43 ReynosoPerez, Keivy	10	Sioux Center	21:45.10	
44 Downing, Chase	11	Okoboji	21:45.74	35
45 Gruis, Sam	09	George-LR-CL	21:46.52	
46 Monroe, Iain	09	Unity Christian	21:53.09	36
47 Buiiter, Edwin	11	Unity Christian	21:53.34	37
48 Batman, Gabe	09	Okoboji	21:57.65	
49 LaFleur, Jacob	09	Bishop Heelan	21:58.90	38
50 Breems, Jonathon	09	Unity Christian	22:02.28	39
51 Carlsen, Dylan	12	Lemars High School	22:06.21	
52 Atherton, Garrett	09	Sibley-Ocheyedan	22:08.49	

53	Wilson, Dason	10	Lennox	22:08.69	40
54	Kruse, Gavin	09	West Lyon	22:18.85	
55	Van Meeteren, Brayden	10	Western Christian	22:24.59	
56	Sullivan, Andrew	09	Okoboji	22:26.01	
57	Osler, Ethan	10	Okoboji	22:27.16	
58	Huisman, Cody	12	George-LR-CL	22:31.09	
59	Fjeldheim, Kameron	09	Bishop Heelan	22:31.32	41
60	Bruhn, Dylan	11	Sioux Center	22:33.41	
61	Van Beek, Torii	11	Unity Christian	22:34.74	
62	Schuiteman, Marshall	12	Sioux Center	22:48.89	
63	Westerbeek, Pieter	11	Unity Christian	22:49.53	
64	Boysen, Joey	07	Lennox	22:51.29	42
65	Hurst, William	09	Sioux Center	22:57.46	
66	Van Schouwen, Tyler	10	Unity Christian	23:05.81	
67	McGill, Jacob	09	Lemars High School	23:16.20	
68	Langholdt, Matthew	09	George-LR-CL	23:19.01	
69	Francis, Dylan	10	Boyden-Hull-RV	23:23.56	43
70	Schmit, Brian	10	Gehlen Catholic	23:26.22	
71	Ferguson, Scott	12	Lemars High School	23:26.46	
72	Szczech, Trevor	12	Lemars High School	23:26.66	
73	Alexander, John	12	Okoboji	23:26.87	
74	Jensen, Braden	12	Lemars High School	23:27.12	
75	Van Middendorp, Ethan	09	Unity Christian	23:27.40	
76	Obbink, Elias	10	Unity Christian	23:28.53	
77	Hasselmann, Carter	09	West Lyon	23:28.71	
78	Spencer, Jacob	10	Lemars High School	23:37.98	
79	Holzman, Chris	12	Gehlen Catholic	23:45.06	
80	Butler, Gage	12	Sheldon	23:50.08	44
81	Venteicher, Noah	09	Lemars High School	23:52.59	
82	Jostand, Caden	09	Okoboji	24:11.40	
83	Frohwein, Andrew	09	Sheldon	24:22.08	45
84	Cunningham, Connor	09	Okoboji	24:28.77	
85	LaFleur, Lucas	09	Bishop Heelan	24:41.23	46
86	Brent, Ayden	09	Lemars High School	24:54.08	
87	Stanley, Nathan	09	Sioux Center	24:54.44	
88	Jager, Noah	10	Sheldon	24:55.35	47
89	Dagel, Noah	09	Sheldon	24:56.68	48
90	Hesseltine, Ashton	10	Okoboji	25:19.36	
91	Schuiteman, Miles	09	Sioux Center	25:35.05	
92	Orosco, Collin	09	Okoboji	25:48.76	
93	Nonhof, Samuel	09	Unity Christian	25:49.09	
94	Krommendyk, Isaac	09	Unity Christian	25:49.53	
95	Wiersma, David	09	Sheldon	25:52.86	49
96	Zimmer, Aiden	12	Lennox	25:59.50	50
97	Batman, Joseph	10	Okoboji	26:16.53	
98	Hubbell, Kyle	10	Lemars High School	26:34.18	
99	Pomrenke, Eddie	09	Sheldon	26:38.67	51
100	Moreau, Landon	09	Unity Christian	26:43.57	
101	Conover, Paul	09	Okoboji	27:20.82	
102	Guevara, Diego	09	Sheldon	27:32.38	52
103	Myers, Evan	11	Boyden-Hull-RV	27:55.75	53
104	Sickels, Justice	10	Sheldon	28:48.56	
105	Heronemus, Darian	09	Sheldon	29:32.51	
106	Stahle, Jack	09	Bishop Heelan	29:37.76	54
107	Vera, Anthony	12	Gehlen Catholic	30:10.62	
108	Reiter, Keian	12	Boyden-Hull-RV	30:26.97	55
109	Aesoph, Keenan	09	Bishop Heelan	32:19.50	56
110	Osborn, Truman	12	Bishop Heelan	32:42.10	

## Team Scores

Sioux Center XC Invitational - 9/26/2019  
 Dordt XC Course  
 Sioux Center, Iowa

Event 5 Mixed 2 Mile Run CC Junior High

Name	Year School	Finals	Points
<b>Results - Women 2Mile Mile Run</b>			
1 Kellenberger, Zoe	W07 West Lyon	13:04.06	
2 Bandstra, Blair	W08 Sioux Center	13:37.83	1
3 Bousema, Autumn	W07 Unity Christian	13:48.08	
4 Schriever, Mary	W08 George-LR-CL	13:58.87	
5 Landis, Alexis	W08 George-LR-CL	14:05.21	
6 Hoekstra, Macey	W08 Sibley-Ocheyedan	14:08.46	
7 Zeutenhorst, Kendra	W08 Sioux Center	14:26.01	2
8 Romero, Mya	W08 Sioux Center	14:27.63	3
9 McCord, Corinne	W07 Sioux Center	14:28.06	4
10 MartinezDeLira, Lupita	W07 Sioux Center	14:28.64	5
11 Goslinga, Annika	W08 Unity Christian	14:28.94	
12 Jager, Ella	W08 George-LR-CL	14:37.11	
13 Kass, Sienna	W07 Lemars MS	14:39.71	6
14 Zwart, Elyse	W07 Boyden-Hull-RV	14:46.99	7
15 Hench, Olivia	W08 Sibley-Ocheyedan	14:47.52	
16 Kraayenbrink, Olivia	W08 Sioux Center	14:50.59	8
17 Ramirez, Geonella	W07 Sioux Center	14:52.96	9
18 Rubio, Marla	W07 West Sioux	15:05.51	
19 DeGroot, Kyrin	W07 Western Christian	15:08.99	
20 Frerichs, Adison	W08 Okoboji	15:09.63	10
21 Breems, Kendra	W07 Unity Christian	15:16.75	
22 Pausley, Grace	W08 Okoboji	15:17.95	11
23 Fedders, Makenna	W07 Western Christian	15:32.16	
24 Van Es, Isabella	W08 Sioux Center	15:33.38	
25 Olvera, Jackquelyn	W07 Sioux Center	15:34.56	
26 Holmes, Zoey	W08 Okoboji	15:35.19	12
27 Ferguson, Brooklyn	W08 Okoboji	15:37.60	13
28 Bunde, Lydia	W08 Okoboji	15:38.79	14
29 Kluver, Callie	W08 Lemars MS	15:42.36	15
30 Meyer, Grace	W07 Lemars MS	15:42.71	16
31 Miller, Lily	W08 Okoboji	15:44.24	17
32 Vermeer, Emalee	W08 Sioux Center	15:44.50	
33 McCabe-Nuckols, Brinda	WMS Sheldon	15:45.67	
34 Clarey, Alexa	W07 Boyden-Hull-RV	15:46.37	18
35 Duncan, Jenna	W07 Lennox	15:47.93	
36 Nunes, Madison	WMS Sheldon	15:50.02	
37 Scheaffer, Elisa	WMS Sheldon	15:50.39	
38 Boender, Aubree	W07 Boyden-Hull-RV	16:05.62	19
39 Hamerlinck, Kendal	W08 Gehlen Catholic	16:08.57	
40 Rentschler, Malison	W07 West Lyon	16:21.39	
41 Quanbeck, Emily	W08 Okoboji	16:28.42	20
42 Hoogland, Madison	W07 Unity Christian	16:29.95	
43 Kelderman, Ashtyn	W08 Boyden-Hull-RV	16:32.54	21
44 Downing, Lydia	W07 Okoboji	16:33.59	
45 Graves, Emma	W08 Okoboji	16:34.33	
46 Hammerstrom, Callie	W08 Lennox	16:35.78	
47 Henry, Lilly	W08 George-LR-CL	16:42.96	
48 Johnson, Addison	W07 Okoboji	16:43.90	
49 Lopez, Daisy	W08 Boyden-Hull-RV	16:52.06	22
50 Cunningham, Kari	W08 Lemars MS	16:56.23	23
51 Cooper, Hannah	W07 Lemars MS	16:59.73	24

52	Chamorro, Lcanna	W07	West Sioux	17:35.31	
53	Lambertus, Brylee	W07	Okoboji	17:38.17	
54	Sickels, Liberty	WMS	Sheldon	17:42.18	
55	Rensink, Aria	W08	Boyden-Hull-RV	17:42.94	25
56	Brockshus, Emma	W08	Sibley-Ocheyedan	17:45.27	
57	Cunningham, Addison	W08	Okoboji	17:48.49	
58	Thill, Ellianna	W07	Lennox	17:53.30	
59	Ness, Brynn	W07	Okoboji	18:14.90	
60	Heie, Averi	W07	Sioux Center	18:27.19	
61	Christoffels, Lauren	W07	Okoboji	18:49.71	
62	Remmerde, Avery	W07	Boyden-Hull-RV	18:51.02	26
63	Campos, Alexa	W07	Boyden-Hull-RV	18:53.62	
64	Lange, Carlee	W07	Boyden-Hull-RV	18:55.39	
65	Pick, Ellaina	W07	Lemars MS	19:02.86	27
66	Curiel, Aika	W08	Boyden-Hull-RV	19:24.54	
67	Tilberg, Greta	W07	Lemars MS	19:33.39	28
68	Kaufman, Jozephine	W08	Boyden-Hull-RV	20:57.66	
69	Spencer, Ava	W07	Lemars MS	21:39.28	

#### Results - Men 2Mile Mile Run

1	Vonk, Hudson	M08	Sioux Center	12:15.11	1
2	Douma, Caleb	M08	Western Christian	12:17.31	
3	Schruers, Stephen	MMS	Sheldon	12:18.79	2
4	Helkenn, Matt	M08	George-LR-CL	12:29.02	3
5	Schouten, Caden	M08	Sioux Center	12:33.49	4
6	Dean, Kellan	M08	Sioux Center	12:47.09	5
7	Nilles, Eric	M08	Boyden-Hull-RV	12:48.20	6
8	Paramo, Adrian	M08	West Sioux	12:50.68	
9	Heimdal, Trigg	M07	Okoboji	12:51.61	7
10	Barba, Nico	M08	Okoboji	12:52.83	8
11	Duin, Chase	M08	George-LR-CL	12:56.41	9
12	Schreurs, Laremy	M08	Western Christian	12:59.77	
13	DeLeon, Eric	M08	Boyden-Hull-RV	13:00.39	10
14	Obbink, Trace	M08	Lemars MS	13:01.44	11
15	DeWeerd, Noah	M08	Western Christian	13:02.32	
16	Springer, Aaron	M08	George-LR-CL	13:04.68	12
17	Jostand, Akron	M08	Okoboji	13:08.79	13
18	Wynia, Ethan	M07	Unity Christian	13:11.89	14
19	Kroese, Easton	M08	Sioux Center	13:12.29	15
20	Blum, Ben	M08	Boyden-Hull-RV	13:14.80	16
21	Jumbeck, Micah	M08	George-LR-CL	13:15.11	17
22	Metten, Wyatt	M08	Lemars MS	13:21.39	18
23	Huisman, Jesse	M08	Unity Christian	13:23.51	19
24	Hamilton, Charlie	M08	George-LR-CL	13:26.63	20
25	Chamberlain, Miles	M08	Lemars MS	13:28.16	21
26	Borchers, Jaden	M07	Unity Christian	13:32.36	22
27	Sayler, Noah	M07	Lennox	13:32.64	23
28	Sprock, Quintin	M07	George-LR-CL	13:33.15	24
29	Dahm, Nicholas	M08	Sioux Center	13:33.51	25
30	VandeVegte, Micah	M07	Sioux Center	13:36.03	26
31	Miller, Sawyer	M08	Okoboji	13:36.65	27
32	Johnson, Damian	M08	Boyden-Hull-RV	14:04.94	28
33	Smit, Gavin	M08	George-LR-CL	14:06.43	29
34	Landman, Ezra	M08	Unity Christian	14:14.06	30
35	Van Es, Jett	M07	Sioux Center	14:14.35	31
36	Hessenius, Brock	M07	Lemars MS	14:18.25	32
37	Penne, Ian	M08	Lemars MS	14:18.87	33
38	Sherard, Connor	M07	Lennox	14:19.75	34
39	Steichen, Jacob	M08	Lemars MS	14:20.76	35
40	Dubbelde, Jerad	M08	Sioux Center	14:21.55	
41	Byl, Asa	M07	Unity Christian	14:21.95	36

42	Osler, Evan	M07	Okoboji	14:25.74	37
43	Brue, Palmer	M07	Lennox	14:26.82	38
44	Alcorn, Tyson	M08	Lemars MS	14:27.14	39
45	Spaans, Kayden	M08	Boyden-Hull-RV	14:30.72	40
46	Lincecum, Tanner	M07	George-LR-CL	14:31.68	
47	Herrera, Felipe	M08	Boyden-Hull-RV	14:32.99	41
48	Smith, Layton	M07	Lennox	14:35.01	42
49	Vandersluis, Seth	M08	Lemars MS	14:35.99	
50	Gulker, Jacob	M08	Western Christian	14:36.55	
51	Schnepf, Sam	M08	Sibley-Ocheyedan	14:40.88	43
52	Utdfleisch, Ashton	MMS	Sheldon	14:41.54	44
53	Vande Voort, Dustin	M07	Unity Christian	14:44.45	45
54	Dykstra, Cole	M07	Sibley-Ocheyedan	14:47.95	46
55	Richards, CJ	MMS	Sheldon	14:48.20	47
56	Reiter, Cale	M07	Sibley-Ocheyedan	14:50.08	48
57	Hulinsky, Luke	M07	Lemars MS	14:50.90	
58	Murra, Michael	M08	Lemars MS	14:54.28	
59	Ruiz, Jose	MMS	Sheldon	14:54.70	49
60	Van Beek, Traevin	M07	Unity Christian	14:55.55	50
61	Martinez, Jesus	M08	George-LR-CL	14:58.67	
62	Lee, Aaron	M07	Lemars MS	14:58.95	
63	Hoffman, Josh	MMS	Sheldon	14:59.22	51
64	Rosales, Gabriel	M07	Boyden-Hull-RV	15:05.25	52
65	Mullally, Ryder	M07	Lemars MS	15:07.11	
66	Rice, Noah	M08	Okoboji	15:09.30	53
67	Van Otterloo, Ryan	M08	Boyden-Hull-RV	15:10.15	
68	Obbink, Dylan	M08	Unity Christian	15:10.47	
69	Groeneweg, Ryan	M08	Boyden-Hull-RV	15:11.47	
70	Huizenga, Jacen	M07	Unity Christian	15:20.02	
71	Weber, Bradan	M07	Gehlen Catholic	15:20.48	
72	Segura, Ramon	M07	West Sioux	15:25.88	
73	Webb, Dalton	M07	Lemars MS	15:31.68	
74	MacGregor, Sebastian	M07	Lemars MS	15:33.89	
75	Thonstad, Morgan	M08	West Sioux	15:35.55	
76	Rosenboon, Levi	M08	Unity Christian	15:43.02	
77	Strouth, Gavin	MMS	Sheldon	15:45.39	54
78	Sohl, Taylor	M07	Boyden-Hull-RV	15:47.07	
79	Lundula, John	M07	Lemars MS	15:48.44	
80	Poppen, David	M07	Sibley-Ocheyedan	15:53.43	55
81	Jennings, Aidan	M08	West Lyon	15:56.77	
82	Schuur, Tyler	M07	Lemars MS	15:57.15	
83	Moser, Cole	M07	West Lyon	16:00.26	
84	Schmid, Jett	M07	Lemars MS	16:01.34	
85	Jibben, Chett	M07	Lennox	16:01.98	56
86	Strantz, Tristan	M08	Okoboji	16:03.45	57
87	Krukow, Taylor	MMS	Sheldon	16:05.30	58
88	Fjelstead, Kaiden	M07	Lennox	16:08.06	59
89	Roelfs, Matt	M08	Sibley-Ocheyedan	16:23.94	60
90	DeVine, Jared	M08	West Lyon	16:30.85	
91	Lauters, Evan	M08	West Sioux	16:36.42	
92	Hallengren, Hunter	M08	Okoboji	16:43.35	
93	ReynosoPerez, Andy	M08	Sioux Center	16:49.61	
94	Visscher, Jackson	M08	Unity Christian	16:55.20	
95	Winn, David	M08	Unity Christian	16:55.38	
96	Schmit, Robert	M07	Gehlen Catholic	17:02.08	
97	Laursen, Noah	M08	Lemars MS	17:06.26	
98	Oolman, Caden	M07	Unity Christian	17:37.26	
99	Bulthuis, Miles	M08	Boyden-Hull-RV	17:43.13	
100	Ellwein, Caleb	M07	Lennox	18:01.86	61
101	Aronson, Mandrake	M07	Okoboji	18:19.59	

102	Brown, Jaxon	MMS	Sheldon	18:23.98
103	Harms, Oliver	M07	George-LR-CL	18:44.32
104	Czyz, Tyler	M07	Gehlen Catholic	18:48.27
105	Daiker, Elliot	M07	Sibley-Ocheyedan	19:28.09
106	Post, Matthew	M07	Boyden-Hull-RV	20:37.26
107	Gengler, Keegan	M07	Lemars MS	21:30.58
108	Condon, Jeremy	M08	Lemars MS	21:37.97
109	Poppen, Ben	M07	Sibley-Ocheyedan	22:47.49

## Team Scores

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Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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## Results - Men 2Mile Mile Run

Results - Men 1 Mile Mile Run								
1	Sioux Center High School		50	1	4	5	15	25
	Total Time:	1:04:21.49					26	31
	Average:	12:52.30						
2	George-LR-CL		61	3	9	12	17	20
	Total Time:	1:05:11.85					24	29
	Average:	13:02.37						
3	Okoboji		92	7	8	13	27	37
	Total Time:	1:06:55.62					53	57
	Average:	13:23.13						
4	Boyden-Hull-RV		100	6	10	16	28	40
	Total Time:	1:07:39.05					41	52
	Average:	13:31.81						
5	Lemars Middle School		115	11	18	21	32	33
	Total Time:	1:08:28.11					35	39
	Average:	13:41.63						
6	Unity Christian High Scho		121	14	19	22	30	36
	Total Time:	1:08:43.77					45	50
	Average:	13:44.76						
7	Sheldon		193	2	44	47	49	51
	Total Time:	1:11:42.45					54	58
	Average:	14:20.49						
8	Lennox		193	23	34	38	42	56
	Total Time:	1:12:56.20					59	61
	Average:	14:35.24						
9	Sibley-Ocheyedan		252	43	46	48	55	60
	Total Time:	1:16:36.28					62	63
	Average:	15:19.26						
Results - Women 2Mile Mile Run								
1	Sioux Center High School		15	1	2	3	4	5
	Total Time:	1:11:28.17					8	9
	Average:	14:17.64						
2	Okoboji		60	10	11	12	13	14
	Total Time:	1:17:19.16					17	20
	Average:	15:27.84						
3	Lemars Middle School		84	6	15	16	23	24
	Total Time:	1:20:00.74					27	28
	Average:	16:00.15						
4	Boyden-Hull-RV		87	7	18	19	21	22
	Total Time:	1:20:03.58					25	26
	Average:	16:00.72						