

2019 IOWA CLASS 3A STATE QUALIFIER - INDEPENDENCE

Independence, IA

MHI Cross Country Course

Host: Independence

Thursday, October 24, 2019

MEET OFFICIALS

Meet Director:

Justin Putz

Meet Referee:

Rick Hall

Timing:

Shannon Event Timings



OFFICIAL MEET REPORT

printed: 10/24/2019 5:15 PM

Race #1
HS Varsity Girls

Final Results

RACE SUMMARY

Start Time: 4:00 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.
1 Wahlert, Dubuque	28	2-5-6-7-8(21)(22)	1:38:59	19:48
2 Decorah	63	4-10-15-16-18(25)(27)	1:41:53	20:23
3 Charles City	75	1-9-13-17-35(39)(41)	1:42:16	20:28
4 Marion	138	12-19-29-36-42(49)(68)	1:47:33	21:31
5 Benton Community	150	11-20-24-26-69(73)(75)	1:47:50	21:34
6 Iowa Falls-Alden/AG	158	3-23-32-47-53(59)(78)	1:48:08	21:38
7 Xavier, Cedar Rapids	192	14-30-33-54-61(62)(65)	1:51:03	22:13
8 Independence	198	31-37-40-44-46(50)(51)	1:51:17	22:16
9 Anamosa	210	28-38-43-45-56(60)(79)	1:52:26	22:30
10 West Delaware	299	48-52-63-66-70(71)(77)	1:57:48	23:34
11 Clear Lake	311	34-57-64-76-80(81)(82)	2:02:08	24:26
12 Vinton-Shellsburg	326	55-58-67-72-74	2:00:33	24:07
DNP Hampton-Dumont-CA				

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap
1 CONNELL, Kiki	JR	Charles City	1	19:01.9	---
2 MORAN, Gabby	JR	Wahlert, Dubuq	2	19:02.4	0:01.4
3 MEYER, Ellie	JR	Iowa Falls-Alde	3	19:03.8	0:02.8
4 ANDERSON, Rebecca	FR	Decorah	4	19:43.3	0:42.3
5 OLIVER, Alix	JR	Wahlert, Dubuq	5	19:58.2	0:57.2
6 TAKES, Lilah	FR	Wahlert, Dubuq	6	19:58.9	0:57.9
7 HUSEMAN, Aunna	SR	Wahlert, Dubuq	7	19:59.2	0:58.2
8 MEYER, Ellie	SO	Wahlert, Dubuq	8	20:00.1	0:59.1
9 STAUDT, Lydia	SO	Charles City	9	20:08.7	1:07.7
10 JOHNSON, Leila	JR	Decorah	10	20:10.6	1:09.6
11 RICKLEFS, Hailee	JR	Benton Commu	11	20:11.1	1:10.1
12 STEFFEN, Peyton	SO	Marion	12	20:20.6	1:19.6
13 BILHERZ, Mackenzy	SR	Charles City	13	20:22.7	1:21.7
14 DENMAN, Hannah	SR	Xavier, Cedar R	14	20:23.1	1:22.1
15 OFTEDAHL, Kalea	SR	Decorah	15	20:29.6	1:28.6
16 SWANSON, Britta	SR	Decorah	16	20:40.4	1:39.5
17 NEVE, Mindi	SR	Charles City	17	20:42.4	1:41.5
18 LESCHENSKY, Annett	SR	Decorah	18	20:48.7	1:47.7
19 DITTMER, Corrina	SR	Marion	19	20:52.0	1:51.0
20 WOESTE, Lauren	SR	Benton Commu	20	20:55.7	1:54.7
21 WACHTER, Maya	JR	Wahlert, Dubuq	(21)	20:57.9	1:56.9
22 DUGGAN, Alana	SO	Wahlert, Dubuq	(22)	21:03.6	2:02.6
23 MILLER, Teah	FR	Iowa Falls-Alde	23	21:06.7	2:05.7
24 THYS, Jaden	JR	Benton Commu	24	21:07.4	2:06.4
25 SESSIONS, Meg	SR	Decorah	(25)	21:09.4	2:08.4
26 RINDERKNECHT, Abb	SO	Benton Commu	26	21:31.8	2:30.8
27 SEE, Samantha	JR	Decorah	(27)	21:35.8	2:34.8
28 BIERER, Dakota	SR	Anamosa	28	21:49.3	2:48.3

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap
29 REGENNITTER, Rebekah	FR	Marion	29	21:50.5	2:49.5
30 SCHMITT, Lizzy	JR	Xavier, Cedar R	30	21:50.7	2:49.7
31 LARSON, Alyssa	SO	Independence	31	21:53.9	2:52.9
32 HARDING, Abby	FR	Iowa Falls-Alde	32	21:57.5	2:56.5
33 BEAN, Mary Clare	SO	Xavier, Cedar R	33	21:58.7	2:57.7
34 HEESCH, Jadyn	FR	Clear Lake	34	21:59.5	2:58.5
35 MCKEAG, Libbie	JR	Charles City	35	21:59.9	2:59.0
36 STEARNS, Addison	FR	Marion	36	22:00.3	2:59.3
37 LOUVAR, Marleigh	FR	Independence	37	22:03.2	3:02.2
38 BROWN, Ashlynn	FR	Anamosa	38	22:04.0	3:03.0
39 KACPRZAK, Monika	JR	Charles City	(39)	22:07.5	3:06.5
40 WHITMAN, Dakota	FR	Independence	40	22:09.0	3:08.0
41 THOMPSON, Lydia	JR	Charles City	(41)	22:10.8	3:09.8
42 BRASE, Hannah	FR	Marion	42	22:29.6	3:28.6
43 RINIKER, Elizabeth	JR	Anamosa	43	22:32.3	3:31.3
44 WHITMAN, Shay	SR	Independence	44	22:32.9	3:31.9
45 HERSON, Natalie	JR	Anamosa	45	22:38.1	3:37.1
46 SCHULTZ, Jadyn	SR	Independence	46	22:38.2	3:37.2
47 PFALTZGRAFF, Kate	JR	Iowa Falls-Alde	47	22:50.4	3:49.4
48 MCMAHON, Brigid	JR	West Delaware	48	22:53.8	3:52.8
49 REGENNITTER, Noell	FR	Marion	(49)	22:58.9	3:58.0
50 RESSLER, Bella	FR	Independence	(50)	23:03.6	4:02.6
51 KREMER, Melody	SO	Independence	(51)	23:04.7	4:03.7
52 LITTERER, Faith	FR	West Delaware	52	23:07.5	4:06.5
53 CARTER, Zoey	SO	Iowa Falls-Alde	53	23:09.4	4:08.5
54 MEYER, Megan	SR	Xavier, Cedar R	54	23:10.2	4:09.2
55 JOHNSON, Charlee	SO	Vinton-Shellsbu	55	23:19.9	4:18.9
56 ROGERS, Lily	JR	Anamosa	56	23:21.6	4:20.6
57 MCCARL, Kaylee	FR	Clear Lake	57	23:25.6	4:24.6
58 BUSEMAN, Sydney	FR	Hampton-Dumo	-	23:30.3	4:29.3
59 HAISMAN, Molly	FR	Vinton-Shellsbu	58	23:35.4	4:34.4
60 SCHAFER, Sidney	FR	Iowa Falls-Alde	(59)	23:37.7	4:36.7
61 DALES, Emma	SO	Anamosa	(60)	23:38.3	4:37.3
62 ZILLESSEN, Nike	JR	Xavier, Cedar R	61	23:40.5	4:39.5
63 JANSEN, Jordan	SO	Xavier, Cedar R	(62)	23:42.8	4:41.8
64 RICH, Faith	FR	West Delaware	63	23:46.7	4:45.7
65 ROBERTS, Emily	FR	Clear Lake	64	23:47.9	4:46.9
66 DAKE, Madelyn	SO	Xavier, Cedar R	(65)	23:50.9	4:49.9
67 MILLENKAMP, Grace	SO	West Delaware	66	23:52.4	4:51.4
68 DILLEY, Sophia	JR	Vinton-Shellsbu	67	23:53.9	4:52.9
69 FITCH, Leah	JR	Marion	(68)	23:59.8	4:58.8
70 BUSCHER, Katelyn	JR	Benton Commu	69	24:04.0	5:03.0
71 AXLINE, Hannah	SR	West Delaware	70	24:07.1	5:06.1
72 LEWIN, Brooke	FR	West Delaware	(71)	24:14.0	5:13.0

2019 IOWA CLASS 3A STATE QUALIFIER - INDEPENDENCE

Independence, IA

MHI Cross Country Course

Host: Independence

Thursday, October 24, 2019

MEET OFFICIALS**Meet Director:**

Justin Putz

Meet Referee:

Rick Hall

Timing:

Shannon Event Timings

**OFFICIAL MEET REPORT**

printed: 10/24/2019 5:15 PM

Race #1
HS Varsity Girls
Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap
73 RADEKE, Lydia	JR	Vinton-Shellsbu	72	24:42.0	5:41.0
74 PRALLE, Kennedy	SO	Hampton-Dumo	-	24:49.8	5:48.8
75 PRICE, Olivia	JR	Benton Commu	(73)	24:55.9	5:54.9
76 WEEKS, Bailey	SO	Vinton-Shellsbu	74	25:02.0	6:01.0
77 KING, Gwen	FR	Benton Commu	(75)	26:06.6	7:05.6
78 ENKE, Jillian	SO	Clear Lake	76	26:11.2	7:10.2
79 WERNER, Jadyne	JR	West Delaware	(77)	26:12.6	7:11.6
80 MARTINEZ, Maggy	SO	Iowa Falls-Alde	(78)	26:14.7	7:13.7
81 FAHEY, Paige	SR	Anamosa	(79)	26:30.4	7:29.4
82 GUILLEN, Kimberly	JR	Hampton-Dumo	-	26:39.5	7:38.5
83 GROENEWEG, Aimee	FR	Clear Lake	80	26:43.9	7:42.9
84 NIELSEN, Ella	FR	Clear Lake	(81)	27:15.0	8:14.0
85 THEOBALD, Jessica	JR	Clear Lake	(82)	27:55.6	8:54.6

2019 IOWA CLASS 3A STATE QUALIFIER - INDEPENDENCE

Independence, IA
MHI Cross Country Course
Host: Independence
Thursday, October 24, 2019

MEET OFFICIALS

Meet Director:
Justin Putz
Meet Referee:
Rick Hall
Timing:
Shannon Event Timings



OFFICIAL MEET REPORT
printed: 10/24/2019 5:15 PM

Race #2 HS Varsity Boys

Final Results

RACE SUMMARY

Start Time: 4:30 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	INDIVIDUAL RESULTS (cont'd)					
					Athlete	YR	Team	Score	Time	Gap
1 Wahlert, Dubuque	41	3-4-7-13-14(22)(26)	1:25:26	17:06	29 MAURY, Staveley	JR	West Delaware	29	18:04.4	1:24.4
2 Decorah	55	1-5-15-16-18(24)(34)	1:25:54	17:11	30 ERDMAN, Zayden	SO	Hampton-Dumo	30	18:05.3	1:25.3
3 Marion	78	9-12-17-19-21(23)(32)	1:26:49	17:22	31 BAUER, Alex	JR	Charles City	31	18:06.0	1:26.0
4 West Delaware	137	10-28-29-33-37(40)(42)	1:29:45	17:57	32 SHINDELAR, Tanner	JR	Marion	(32)	18:07.3	1:27.3
5 Charles City	159	25-27-31-35-41(44)(67)	1:30:39	18:08	33 SALAS, Andrew	JR	West Delaware	33	18:09.0	1:29.0
6 Xavier, Cedar Rapids	185	2-20-38-62-63(66)(68)	1:31:37	18:20	34 SEO, Joseph	SR	Decorah	(34)	18:09.6	1:29.6
7 Clear Lake	208	11-45-46-52-54(55)(64)	1:31:49	18:22	35 RAND, Clayton	SO	Charles City	35	18:12.9	1:32.9
8 Benton Community	222	6-48-53-56-59(60)(69)	1:32:48	18:34	36 NICHOLSON, Andrew	SR	Iowa Falls-Alde	36	18:16.6	1:36.6
9 Anamosa	243	39-43-47-49-65(71)(82)	1:33:37	18:44	37 VASKE, Tyger	JR	West Delaware	37	18:17.7	1:37.7
10 Vinton-Shellsburg	244	8-51-57-58-70(74)(78)	1:34:15	18:51	38 KINNER, Randall	SO	Xavier, Cedar R	38	18:18.3	1:38.3
11 Iowa Falls-Alden/AG	345	36-73-76-79-81(85)(86)	1:40:26	20:06	39 KEISTER, Shea	FR	Anamosa	39	18:18.9	1:38.9
12 Independence	351	50-61-77-80-83(84)(87)	1:40:08	20:02	40 MARTINEZ, Robinson	JR	West Delaware	(40)	18:20.5	1:40.5
13 Hampton-Dumont-CA	354	30-72-75-88-89(90)(91)	1:41:19	20:16	41 GRAESER, Zach	JR	Charles City	41	18:22.8	1:42.8

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap						
1 HOGAN, Brady	JR	Decorah	1	16:40.6	---	42 RICH, Isaiah	SR	West Delaware	(42)	18:23.9	1:43.9
2 RENNING, Jack	SR	Xavier, Cedar R	2	16:50.3	0:10.3	43 MOSS, Ben	SR	Anamosa	43	18:26.5	1:46.5
3 MUNSHOWER, Natha	SO	Wahlert, Dubuq	3	16:57.3	0:17.3	44 PLEGGENKUHLE, Ha	SR	Charles City	(44)	18:28.5	1:48.5
4 HOCKING, Jacob	JR	Wahlert, Dubuq	4	16:58.0	0:18.0	45 PEDELTY, Jacob	JR	Clear Lake	45	18:30.4	1:50.4
5 PETERSON, Spencer	SR	Decorah	5	16:58.0	0:18.0	46 MIXDORF, Andrew	FR	Clear Lake	46	18:32.3	1:52.3
6 SCHULTE, Trey	FR	Benton Commu	6	17:04.3	0:24.3	47 HAVERLY, Kole	JR	Anamosa	47	18:34.7	1:54.7
7 PERRY, Brant	FR	Wahlert, Dubuq	7	17:05.7	0:25.7	48 LANGE, Drew	SR	Benton Commu	48	18:37.3	1:57.3
8 KARR, Cameron	SR	Vinton-Shellsbu	8	17:07.8	0:27.8	49 KING, Will	SR	Anamosa	49	18:38.7	1:58.7
9 OSGOOD, Jedidiah	FR	Marion	9	17:08.4	0:28.4	50 KRIENS, Cameron	SO	Independence	50	18:43.1	2:03.1
10 GORANSON, Nathan	SR	West Delaware	10	17:09.6	0:29.6	51 BLIX, Elijah	FR	Vinton-Shellsbu	51	18:45.0	2:05.0
11 WRIGHT, Justin	SO	Clear Lake	11	17:09.9	0:29.9	52 MOLANDER, Christop	FR	Clear Lake	52	18:47.0	2:07.0
12 HILER, Gaven	SR	Marion	12	17:10.1	0:30.1	53 MORRIS, Craig	SR	Benton Commu	53	18:48.7	2:08.7
13 HANCOCK, Carter	FR	Wahlert, Dubuq	13	17:11.8	0:31.8	54 CRANE, Jack	FR	Clear Lake	54	18:49.2	2:09.2
14 SIMCOX, Luke	JR	Wahlert, Dubuq	14	17:12.7	0:32.7	55 REIMANN, Tanner	FR	Clear Lake	(55)	18:53.4	2:13.4
15 BOCKMAN, Pat	SR	Decorah	15	17:20.8	0:40.8	56 FRANCK, Nicson	JR	Benton Commu	56	18:56.3	2:16.3
16 LOVELACE, Noah	JR	Decorah	16	17:25.3	0:45.3	57 HERMANSON, Reid	FR	Vinton-Shellsbu	57	19:09.8	2:29.8
17 HEMANN, Cole	SR	Marion	17	17:25.4	0:45.4	58 KALINA, Philip	JR	Vinton-Shellsbu	58	19:17.5	2:37.5
18 HAWLEY, Willem	SR	Decorah	18	17:28.9	0:48.9	59 SADLER, Owen	SO	Benton Commu	59	19:20.6	2:40.6
19 ERB, Shane	SO	Marion	19	17:29.0	0:49.0	60 OSBORN, Brady	SO	Benton Commu	(60)	19:21.2	2:41.2
20 MUSICK, Collin	SR	Xavier, Cedar R	20	17:34.9	0:54.9	61 HANSEN, Robert	SO	Independence	61	19:22.0	2:42.0
21 COLVIN, Tyler	SR	Marion	21	17:35.6	0:55.6	62 TROTTA, John	JR	Xavier, Cedar R	62	19:25.7	2:45.7
22 ELLIS, Cayden	SO	Wahlert, Dubuq	(22)	17:39.8	0:59.8	63 HORSTMANN, Brady	SO	Xavier, Cedar R	63	19:27.5	2:47.5
23 REGENNITTER, Jakob	FR	Marion	(23)	17:40.1	1:00.1	64 GABRIELSON, Roman	SO	Clear Lake	(64)	19:36.4	2:56.4
24 EICHINGER, Izaak	SO	Decorah	(24)	17:51.2	1:11.2	65 LOPEZ, Giovanny	FR	Anamosa	65	19:37.8	2:57.8
25 SMITH, Luke	SR	Charles City	25	17:53.9	1:13.9	66 BATTIEN, Alec	FR	Xavier, Cedar R	(66)	19:38.2	2:58.2
26 POIRIER, Evan	SO	Wahlert, Dubuq	(26)	17:59.8	1:19.8	67 VAIS, Jacob	SO	Charles City	(67)	19:45.0	3:05.0
27 BACHMAN, Phillip	SR	Charles City	27	18:02.4	1:22.4	68 KARL, Will	FR	Xavier, Cedar R	(68)	19:47.2	3:07.2
28 SMITH, Blake	JR	West Delaware	28	18:03.7	1:23.7	69 ELLIS, Brady	JR	Benton Commu	(69)	19:49.0	3:09.0
						70 BODEKER, Merritt	FR	Vinton-Shellsbu	70	19:54.2	3:14.2
						71 PATE, Drew	SO	Anamosa	(71)	20:00.5	3:20.5
						72 SPURGEON, Jace	JR	Hampton-Dumo	72	20:12.0	3:32.0

2019 IOWA CLASS 3A STATE QUALIFIER - INDEPENDENCE

Independence, IA
 MHI Cross Country Course
 Host: Independence
 Thursday, October 24, 2019

MEET OFFICIALS

Meet Director:
 Justin Putz
Meet Referee:
 Rick Hall
Timing:
 Shannon Event Timings



OFFICIAL MEET REPORT
 printed: 10/24/2019 5:15 PM

Race #2
HS Varsity Boys

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap
73 HUFFMAN, Sckylar	SR	Iowa Falls-Alde	73	20:15.8	3:35.8
74 ALLSUP, Ian	FR	Vinton-Shellsbu	(74)	20:24.7	3:44.7
75 ALDEN, Elijah	SR	Hampton-Dumo	75	20:28.5	3:48.5
76 BEAUBIEN, Jase	FR	Iowa Falls-Alde	76	20:33.0	3:53.0
77 STRAW, Carter	FR	Independence	77	20:35.2	3:55.2
78 TIPPIE, Preston	JR	Vinton-Shellsbu	(78)	20:38.2	3:58.2
79 HUFFMAN, Zack	SR	Iowa Falls-Alde	79	20:40.0	4:00.0
80 EDDY, Ryan	JR	Independence	80	20:40.2	4:00.2
81 BROGDEN, Fischer	SO	Iowa Falls-Alde	81	20:40.5	4:00.5
82 WEERS, Tristan	SO	Anamosa	(82)	20:43.3	4:03.3
83 GRUBER, Alek	SO	Independence	83	20:47.4	4:07.4
84 DINGER, Jake	JR	Independence	(84)	20:50.1	4:10.1
85 WIDMANN, Eli	JR	Iowa Falls-Alde	(85)	21:01.0	4:21.0
86 FEENEY, Jaxon	FR	Iowa Falls-Alde	(86)	21:03.8	4:23.8
87 HOMAN, Nick	SO	Independence	(87)	21:06.6	4:26.6
88 SAUKE, Benji	JR	Hampton-Dumo	88	21:10.4	4:30.4
89 KAPP, Jakyb	SO	Hampton-Dumo	89	21:22.2	4:42.2
90 DRIER, Austin	JR	Hampton-Dumo	(90)	21:30.5	4:50.5
91 BARBU, Solomon	JR	Hampton-Dumo	(91)	23:34.3	6:54.3

2019 IOWA CLASS 3A STATE QUALIFIER - INDEPENDENCE

Independence, IA

MHI Cross Country Course

Host: Independence

Thursday, October 24, 2019

MEET OFFICIALS

Meet Director:

Justin Putz

Meet Referee:

Rick Hall

Timing:

Shannon Event Timings



OFFICIAL MEET REPORT

printed: 10/24/2019 5:15 PM

Race #1
HS Varsity Girls

Final Results

RACE SUMMARY

Start Time: 4:00 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.
1 Wahlert, Dubuque	28	2-5-6-7-8(21)(22)	1:38:59	19:48
2 Decorah	63	4-10-15-16-18(25)(27)	1:41:53	20:23
3 Charles City	75	1-9-13-17-35(39)(41)	1:42:16	20:28
4 Marion	138	12-19-29-36-42(49)(68)	1:47:33	21:31
5 Benton Community	150	11-20-24-26-69(73)(75)	1:47:50	21:34
6 Iowa Falls-Alden/AG	158	3-23-32-47-53(59)(78)	1:48:08	21:38
7 Xavier, Cedar Rapids	192	14-30-33-54-61(62)(65)	1:51:03	22:13
8 Independence	198	31-37-40-44-46(50)(51)	1:51:17	22:16
9 Anamosa	210	28-38-43-45-56(60)(79)	1:52:26	22:30
10 West Delaware	299	48-52-63-66-70(71)(77)	1:57:48	23:34
11 Clear Lake	311	34-57-64-76-80(81)(82)	2:02:08	24:26
12 Vinton-Shellsburg	326	55-58-67-72-74	2:00:33	24:07
DNP Hampton-Dumont-CA				

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap
1 CONNELL, Kiki	JR	Charles City	1	19:01.9	---
2 MORAN, Gabby	JR	Wahlert, Dubuq	2	19:02.4	0:01.4
3 MEYER, Ellie	JR	Iowa Falls-Alde	3	19:03.8	0:02.8
4 ANDERSON, Rebecca	FR	Decorah	4	19:43.3	0:42.3
5 OLIVER, Alix	JR	Wahlert, Dubuq	5	19:58.2	0:57.2
6 TAKES, Lilah	FR	Wahlert, Dubuq	6	19:58.9	0:57.9
7 HUSEMAN, Aunna	SR	Wahlert, Dubuq	7	19:59.2	0:58.2
8 MEYER, Ellie	SO	Wahlert, Dubuq	8	20:00.1	0:59.1
9 STAUDT, Lydia	SO	Charles City	9	20:08.7	1:07.7
10 JOHNSON, Leila	JR	Decorah	10	20:10.6	1:09.6
11 RICKLEFS, Hailee	JR	Benton Commu	11	20:11.1	1:10.1
12 STEFFEN, Peyton	SO	Marion	12	20:20.6	1:19.6
13 BILHERZ, Mackenzy	SR	Charles City	13	20:22.7	1:21.7
14 DENMAN, Hannah	SR	Xavier, Cedar R	14	20:23.1	1:22.1
15 OFTEDAHL, Kalea	SR	Decorah	15	20:29.6	1:28.6
16 SWANSON, Britta	SR	Decorah	16	20:40.4	1:39.5
17 NEVE, Mindi	SR	Charles City	17	20:42.4	1:41.5
18 LESCHENSKY, Annett	SR	Decorah	18	20:48.7	1:47.7
19 DITTMER, Corrina	SR	Marion	19	20:52.0	1:51.0
20 WOESTE, Lauren	SR	Benton Commu	20	20:55.7	1:54.7
21 WACHTER, Maya	JR	Wahlert, Dubuq	(21)	20:57.9	1:56.9
22 DUGGAN, Alana	SO	Wahlert, Dubuq	(22)	21:03.6	2:02.6
23 MILLER, Teah	FR	Iowa Falls-Alde	23	21:06.7	2:05.7
24 THYS, Jaden	JR	Benton Commu	24	21:07.4	2:06.4
25 SESSIONS, Meg	SR	Decorah	(25)	21:09.4	2:08.4
26 RINDERKNECHT, Abb	SO	Benton Commu	26	21:31.8	2:30.8
27 SEE, Samantha	JR	Decorah	(27)	21:35.8	2:34.8
28 BIERER, Dakota	SR	Anamosa	28	21:49.3	2:48.3

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap
29 REGENNITTER, Rebekah	FR	Marion	29	21:50.5	2:49.5
30 SCHMITT, Lizzy	JR	Xavier, Cedar R	30	21:50.7	2:49.7
31 LARSON, Alyssa	SO	Independence	31	21:53.9	2:52.9
32 HARDING, Abby	FR	Iowa Falls-Alde	32	21:57.5	2:56.5
33 BEAN, Mary Clare	SO	Xavier, Cedar R	33	21:58.7	2:57.7
34 HEESCH, Jadyn	FR	Clear Lake	34	21:59.5	2:58.5
35 MCKEAG, Libbie	JR	Charles City	35	21:59.9	2:59.0
36 STEARNS, Addison	FR	Marion	36	22:00.3	2:59.3
37 LOUVAR, Marleigh	FR	Independence	37	22:03.2	3:02.2
38 BROWN, Ashlynn	FR	Anamosa	38	22:04.0	3:03.0
39 KACPRZAK, Monika	JR	Charles City	(39)	22:07.5	3:06.5
40 WHITMAN, Dakota	FR	Independence	40	22:09.0	3:08.0
41 THOMPSON, Lydia	JR	Charles City	(41)	22:10.8	3:09.8
42 BRASE, Hannah	FR	Marion	42	22:29.6	3:28.6
43 RINIKER, Elizabeth	JR	Anamosa	43	22:32.3	3:31.3
44 WHITMAN, Shay	SR	Independence	44	22:32.9	3:31.9
45 HERSON, Natalie	JR	Anamosa	45	22:38.1	3:37.1
46 SCHULTZ, Jadyn	SR	Independence	46	22:38.2	3:37.2
47 PFALTZGRAFF, Kate	JR	Iowa Falls-Alde	47	22:50.4	3:49.4
48 MCMAHON, Brigid	JR	West Delaware	48	22:53.8	3:52.8
49 REGENNITTER, Noell	FR	Marion	(49)	22:58.9	3:58.0
50 RESSLER, Bella	FR	Independence	(50)	23:03.6	4:02.6
51 KREMER, Melody	SO	Independence	(51)	23:04.7	4:03.7
52 LITTERER, Faith	FR	West Delaware	52	23:07.5	4:06.5
53 CARTER, Zoey	SO	Iowa Falls-Alde	53	23:09.4	4:08.5
54 MEYER, Megan	SR	Xavier, Cedar R	54	23:10.2	4:09.2
55 JOHNSON, Charlee	SO	Vinton-Shellsbu	55	23:19.9	4:18.9
56 ROGERS, Lily	JR	Anamosa	56	23:21.6	4:20.6
57 MCCARL, Kaylee	FR	Clear Lake	57	23:25.6	4:24.6
58 BUSEMAN, Sydney	FR	Hampton-Dumo	-	23:30.3	4:29.3
59 HAISMAN, Molly	FR	Vinton-Shellsbu	58	23:35.4	4:34.4
60 SCHAFER, Sidney	FR	Iowa Falls-Alde	(59)	23:37.7	4:36.7
61 DALES, Emma	SO	Anamosa	(60)	23:38.3	4:37.3
62 ZILLESSEN, Nike	JR	Xavier, Cedar R	61	23:40.5	4:39.5
63 JANSEN, Jordan	SO	Xavier, Cedar R	(62)	23:42.8	4:41.8
64 RICH, Faith	FR	West Delaware	63	23:46.7	4:45.7
65 ROBERTS, Emily	FR	Clear Lake	64	23:47.9	4:46.9
66 DAKE, Madelyn	SO	Xavier, Cedar R	(65)	23:50.9	4:49.9
67 MILLENKAMP, Grace	SO	West Delaware	66	23:52.4	4:51.4
68 DILLEY, Sophia	JR	Vinton-Shellsbu	67	23:53.9	4:52.9
69 FITCH, Leah	JR	Marion	(68)	23:59.8	4:58.8
70 BUSCHER, Katelyn	JR	Benton Commu	69	24:04.0	5:03.0
71 AXLINE, Hannah	SR	West Delaware	70	24:07.1	5:06.1
72 LEWIN, Brooke	FR	West Delaware	(71)	24:14.0	5:13.0

2019 IOWA CLASS 3A STATE QUALIFIER - INDEPENDENCE

Independence, IA
 MHI Cross Country Course
 Host: Independence
 Thursday, October 24, 2019

MEET OFFICIALS

Meet Director:
 Justin Putz
Meet Referee:
 Rick Hall
Timing:
 Shannon Event Timings



OFFICIAL MEET REPORT
 printed: 10/24/2019 5:15 PM

Race #1
HS Varsity Girls

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap
73 RADEKE, Lydia	JR	Vinton-Shellsbu	72	24:42.0	5:41.0
74 PRALLE, Kennedy	SO	Hampton-Dumo	-	24:49.8	5:48.8
75 PRICE, Olivia	JR	Benton Commu	(73)	24:55.9	5:54.9
76 WEEKS, Bailey	SO	Vinton-Shellsbu	74	25:02.0	6:01.0
77 KING, Gwen	FR	Benton Commu	(75)	26:06.6	7:05.6
78 ENKE, Jillian	SO	Clear Lake	76	26:11.2	7:10.2
79 WERNER, Jadyne	JR	West Delaware	(77)	26:12.6	7:11.6
80 MARTINEZ, Maggy	SO	Iowa Falls-Alde	(78)	26:14.7	7:13.7
81 FAHEY, Paige	SR	Anamosa	(79)	26:30.4	7:29.4
82 GUILLEN, Kimberly	JR	Hampton-Dumo	-	26:39.5	7:38.5
83 GROENEWEG, Aimee	FR	Clear Lake	80	26:43.9	7:42.9
84 NIELSEN, Ella	FR	Clear Lake	(81)	27:15.0	8:14.0
85 THEOBALD, Jessica	JR	Clear Lake	(82)	27:55.6	8:54.6

2019 IOWA CLASS 3A STATE QUALIFIER - INDEPENDENCE

Independence, IA
MHI Cross Country Course
Host: Independence
Thursday, October 24, 2019

MEET OFFICIALS

Meet Director:
Justin Putz
Meet Referee:
Rick Hall
Timing:
Shannon Event Timings



OFFICIAL MEET REPORT
printed: 10/24/2019 5:15 PM

Race #2 HS Varsity Boys

Final Results

RACE SUMMARY

Start Time: 4:30 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	INDIVIDUAL RESULTS (cont'd)					
					Athlete	YR	Team	Score	Time	Gap
1 Wahlert, Dubuque	41	3-4-7-13-14(22)(26)	1:25:26	17:06	29 MAURY, Staveley	JR	West Delaware	29	18:04.4	1:24.4
2 Decorah	55	1-5-15-16-18(24)(34)	1:25:54	17:11	30 ERDMAN, Zayden	SO	Hampton-Dumo	30	18:05.3	1:25.3
3 Marion	78	9-12-17-19-21(23)(32)	1:26:49	17:22	31 BAUER, Alex	JR	Charles City	31	18:06.0	1:26.0
4 West Delaware	137	10-28-29-33-37(40)(42)	1:29:45	17:57	32 SHINDELAR, Tanner	JR	Marion	(32)	18:07.3	1:27.3
5 Charles City	159	25-27-31-35-41(44)(67)	1:30:39	18:08	33 SALAS, Andrew	JR	West Delaware	33	18:09.0	1:29.0
6 Xavier, Cedar Rapids	185	2-20-38-62-63(66)(68)	1:31:37	18:20	34 SEO, Joseph	SR	Decorah	(34)	18:09.6	1:29.6
7 Clear Lake	208	11-45-46-52-54(55)(64)	1:31:49	18:22	35 RAND, Clayton	SO	Charles City	35	18:12.9	1:32.9
8 Benton Community	222	6-48-53-56-59(60)(69)	1:32:48	18:34	36 NICHOLSON, Andrew	SR	Iowa Falls-Alde	36	18:16.6	1:36.6
9 Anamosa	243	39-43-47-49-65(71)(82)	1:33:37	18:44	37 VASKE, Tyger	JR	West Delaware	37	18:17.7	1:37.7
10 Vinton-Shellsburg	244	8-51-57-58-70(74)(78)	1:34:15	18:51	38 KINNER, Randall	SO	Xavier, Cedar R	38	18:18.3	1:38.3
11 Iowa Falls-Alden/AG	345	36-73-76-79-81(85)(86)	1:40:26	20:06	39 KEISTER, Shea	FR	Anamosa	39	18:18.9	1:38.9
12 Independence	351	50-61-77-80-83(84)(87)	1:40:08	20:02	40 MARTINEZ, Robinson	JR	West Delaware	(40)	18:20.5	1:40.5
13 Hampton-Dumont-CA	354	30-72-75-88-89(90)(91)	1:41:19	20:16	41 GRAESER, Zach	JR	Charles City	41	18:22.8	1:42.8

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap						
1 HOGAN, Brady	JR	Decorah	1	16:40.6	---	42 RICH, Isaiah	SR	West Delaware	(42)	18:23.9	1:43.9
2 RENNING, Jack	SR	Xavier, Cedar R	2	16:50.3	0:10.3	43 MOSS, Ben	SR	Anamosa	43	18:26.5	1:46.5
3 MUNSHOWER, Natha	SO	Wahlert, Dubuq	3	16:57.3	0:17.3	44 PLEGGENKUHLE, Ha	SR	Charles City	(44)	18:28.5	1:48.5
4 HOCKING, Jacob	JR	Wahlert, Dubuq	4	16:58.0	0:18.0	45 PEDELTY, Jacob	JR	Clear Lake	45	18:30.4	1:50.4
5 PETERSON, Spencer	SR	Decorah	5	16:58.0	0:18.0	46 MIXDORF, Andrew	FR	Clear Lake	46	18:32.3	1:52.3
6 SCHULTE, Trey	FR	Benton Commu	6	17:04.3	0:24.3	47 HAVERLY, Kole	JR	Anamosa	47	18:34.7	1:54.7
7 PERRY, Brant	FR	Wahlert, Dubuq	7	17:05.7	0:25.7	48 LANGE, Drew	SR	Benton Commu	48	18:37.3	1:57.3
8 KARR, Cameron	SR	Vinton-Shellsbu	8	17:07.8	0:27.8	49 KING, Will	SR	Anamosa	49	18:38.7	1:58.7
9 OSGOOD, Jedidiah	FR	Marion	9	17:08.4	0:28.4	50 KRIENS, Cameron	SO	Independence	50	18:43.1	2:03.1
10 GORANSON, Nathan	SR	West Delaware	10	17:09.6	0:29.6	51 BLIX, Elijah	FR	Vinton-Shellsbu	51	18:45.0	2:05.0
11 WRIGHT, Justin	SO	Clear Lake	11	17:09.9	0:29.9	52 MOLANDER, Christop	FR	Clear Lake	52	18:47.0	2:07.0
12 HILER, Gaven	SR	Marion	12	17:10.1	0:30.1	53 MORRIS, Craig	SR	Benton Commu	53	18:48.7	2:08.7
13 HANCOCK, Carter	FR	Wahlert, Dubuq	13	17:11.8	0:31.8	54 CRANE, Jack	FR	Clear Lake	54	18:49.2	2:09.2
14 SIMCOX, Luke	JR	Wahlert, Dubuq	14	17:12.7	0:32.7	55 REIMANN, Tanner	FR	Clear Lake	(55)	18:53.4	2:13.4
15 BOCKMAN, Pat	SR	Decorah	15	17:20.8	0:40.8	56 FRANCK, Nicson	JR	Benton Commu	56	18:56.3	2:16.3
16 LOVELACE, Noah	JR	Decorah	16	17:25.3	0:45.3	57 HERMANSON, Reid	FR	Vinton-Shellsbu	57	19:09.8	2:29.8
17 HEMANN, Cole	SR	Marion	17	17:25.4	0:45.4	58 KALINA, Philip	JR	Vinton-Shellsbu	58	19:17.5	2:37.5
18 HAWLEY, Willem	SR	Decorah	18	17:28.9	0:48.9	59 SADLER, Owen	SO	Benton Commu	59	19:20.6	2:40.6
19 ERB, Shane	SO	Marion	19	17:29.0	0:49.0	60 OSBORN, Brady	SO	Benton Commu	(60)	19:21.2	2:41.2
20 MUSICK, Collin	SR	Xavier, Cedar R	20	17:34.9	0:54.9	61 HANSEN, Robert	SO	Independence	61	19:22.0	2:42.0
21 COLVIN, Tyler	SR	Marion	21	17:35.6	0:55.6	62 TROTTA, John	JR	Xavier, Cedar R	62	19:25.7	2:45.7
22 ELLIS, Cayden	SO	Wahlert, Dubuq	(22)	17:39.8	0:59.8	63 HORSTMANN, Brady	SO	Xavier, Cedar R	63	19:27.5	2:47.5
23 REGENNITTER, Jakob	FR	Marion	(23)	17:40.1	1:00.1	64 GABRIELSON, Roman	SO	Clear Lake	(64)	19:36.4	2:56.4
24 EICHINGER, Izaak	SO	Decorah	(24)	17:51.2	1:11.2	65 LOPEZ, Giovanny	FR	Anamosa	65	19:37.8	2:57.8
25 SMITH, Luke	SR	Charles City	25	17:53.9	1:13.9	66 BATTIEN, Alec	FR	Xavier, Cedar R	(66)	19:38.2	2:58.2
26 POIRIER, Evan	SO	Wahlert, Dubuq	(26)	17:59.8	1:19.8	67 VAIS, Jacob	SO	Charles City	(67)	19:45.0	3:05.0
27 BACHMAN, Phillip	SR	Charles City	27	18:02.4	1:22.4	68 KARL, Will	FR	Xavier, Cedar R	(68)	19:47.2	3:07.2
28 SMITH, Blake	JR	West Delaware	28	18:03.7	1:23.7	69 ELLIS, Brady	JR	Benton Commu	(69)	19:49.0	3:09.0
						70 BODEKER, Merritt	FR	Vinton-Shellsbu	70	19:54.2	3:14.2
						71 PATE, Drew	SO	Anamosa	(71)	20:00.5	3:20.5
						72 SPURGEON, Jace	JR	Hampton-Dumo	72	20:12.0	3:32.0

2019 IOWA CLASS 3A STATE QUALIFIER - INDEPENDENCE

Independence, IA
 MHI Cross Country Course
 Host: Independence
 Thursday, October 24, 2019

MEET OFFICIALS

Meet Director:
 Justin Putz
Meet Referee:
 Rick Hall
Timing:
 Shannon Event Timings



OFFICIAL MEET REPORT
 printed: 10/24/2019 5:15 PM

Race #2
HS Varsity Boys

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap
73 HUFFMAN, Sckylar	SR	Iowa Falls-Alde	73	20:15.8	3:35.8
74 ALLSUP, Ian	FR	Vinton-Shellsbu	(74)	20:24.7	3:44.7
75 ALDEN, Elijah	SR	Hampton-Dumo	75	20:28.5	3:48.5
76 BEAUBIEN, Jase	FR	Iowa Falls-Alde	76	20:33.0	3:53.0
77 STRAW, Carter	FR	Independence	77	20:35.2	3:55.2
78 TIPPIE, Preston	JR	Vinton-Shellsbu	(78)	20:38.2	3:58.2
79 HUFFMAN, Zack	SR	Iowa Falls-Alde	79	20:40.0	4:00.0
80 EDDY, Ryan	JR	Independence	80	20:40.2	4:00.2
81 BROGDEN, Fischer	SO	Iowa Falls-Alde	81	20:40.5	4:00.5
82 WEERS, Tristan	SO	Anamosa	(82)	20:43.3	4:03.3
83 GRUBER, Alek	SO	Independence	83	20:47.4	4:07.4
84 DINGER, Jake	JR	Independence	(84)	20:50.1	4:10.1
85 WIDMANN, Eli	JR	Iowa Falls-Alde	(85)	21:01.0	4:21.0
86 FEENEY, Jaxon	FR	Iowa Falls-Alde	(86)	21:03.8	4:23.8
87 HOMAN, Nick	SO	Independence	(87)	21:06.6	4:26.6
88 SAUKE, Benji	JR	Hampton-Dumo	88	21:10.4	4:30.4
89 KAPP, Jakyb	SO	Hampton-Dumo	89	21:22.2	4:42.2
90 DRIER, Austin	JR	Hampton-Dumo	(90)	21:30.5	4:50.5
91 BARBU, Solomon	JR	Hampton-Dumo	(91)	23:34.3	6:54.3