

Regina Jr/Sr High School

HY-TEK's Meet Manager

RIVER VALLEY CONFERENCE CHAMPIONSHIPS - 10/15/2019

Iowa City, IA

Last Completed Event

## Event 5 Girls 5k Run CC Varsity

Name	Year School	Finals	Points
1 #153 Hostetler, Marie	12 Mid Prairie	18:31.36	1
2 #149 Evans, Mitzi	10 Mid Prairie	20:27.22	2
3 #379 Fierro, Jimena	12 West Liberty	20:37.88	
4 #296 Soenksen, Cenady	09 Rebels	20:38.57	3
5 #227 Althoff, Emma	09 Monticello	20:44.13	4
6 #147 Evans, Abbagail	12 Mid Prairie	21:07.04	5
7 #116 Bartels, Annalee	11 Iowa City Regina	21:16.15	6
8 #51 Williamson, Gabby	10 Bellevue	21:24.49	
9 #74 Ostwinkle, Emma	11 Cascade	21:27.62	7
10 #148 Evans, Angelina	12 Mid Prairie	21:27.68	8
11 #126 Voss, Josie	10 Iowa City Regina	21:36.64	9
12 #161 Yoder, Sydney	10 Mid Prairie	21:38.97	10
13 #127 Whitaker, Mya	09 Iowa City Regina	21:40.40	11
14 #274 Jones, Hunter	09 North Cedar	21:40.97	12
15 #272 Chapman, Kiley	11 North Cedar	21:41.64	13
16 #235 Hendricks, Emily	09 Monticello	21:45.65	14
17 #352 Wallick, Kallie	11 Tipton	21:47.01	15
18 #345 Mente, Alyssa	10 Tipton	21:49.25	16
19 #152 Fleming, Ana	11 Mid Prairie	21:49.76	17
20 #124 Scott, Kennedy	12 Iowa City Regina	21:56.97	18
21 #378 Eriksen, Annmarie	12 West Liberty	22:06.06	
22 #237 Kramer, Karle	10 Monticello	22:18.18	19
23 #241 Recker, Lydia	10 Monticello	22:22.02	20
24 #160 Yoder, Jaden	10 Mid Prairie	22:35.77	21
25 #291 Ketelsen, Grace	09 Rebels	22:43.59	22
26 #229 Etzel, Triniti	10 Monticello	22:49.87	23
27 #10 Riniker, Elizabeth	11 Anamosa	22:56.12	24
28 #334 Bierman, Rachel	11 Tipton	22:59.30	25
29 #1 Bierer, Dakota	12 Anamosa	23:00.60	26
30 #75 Rhomberg, Grace	09 Cascade	23:02.81	27
31 #49 Dunne, Delaney	09 Bellevue	23:08.10	
32 #351 Wallick, Coryn	09 Tipton	23:14.21	28
33 #242 Roher, Katie	09 Monticello	23:20.08	29
34 #425 Low, Markee	09 Camanche	23:30.88	
35 #123 Pursley, Josie	10 Iowa City Regina	23:33.73	30
36 #290 Ketelsen, Fatih	09 Rebels	23:34.52	31
37 #77 Rhomberg, Rachel	11 Cascade	23:45.81	32
38 #239 Postel, Mya	09 Monticello	23:46.25	33
39 #154 Jones, Amara	09 Mid Prairie	23:55.27	
40 #346 Nash, Alli	11 Tipton	24:01.09	34
41 #156 Kinsinger, Brittany	10 Mid Prairie	24:01.95	
42 #150 Evans, Tabitha	09 Mid Prairie	24:02.42	
43 #9 Herson, Natalie	11 Anamosa	24:05.96	35
44 #70 Bradtke, Harley	10 Cascade	24:07.21	36
45 #395 Brown, Charllotte	09 Wilton	24:07.84	37
46 #292 Krogmann, Natalie	09 Rebels	24:10.10	38
47 #117 Gaarde, Claire	12 Iowa City Regina	24:11.21	39
48 #11 Rogers, Lily	11 Anamosa	24:15.38	40
49 #417 Ball, Ravae	09 Camanche	24:16.01	
50 #103 Fusco, Carlie Jo	09 Durant	24:21.82	41
51 #159 Schlabach, Emily	09 Mid Prairie	24:22.43	
52 #4 Dales, Emma	10 Anamosa	24:32.88	42
53 #243 Spence, Sarah	10 Monticello	24:41.16	
54 #146 Conway, Grace	09 Mid Prairie	24:41.61	
55 #106 Wolf, Heidi	12 Durant	24:52.17	43
56 #394 Brown, Abbi	12 Wilton	24:53.66	44
57 #80 Topping, Lilly	09 Cascade	24:59.46	45
58 #231 Glawatz, Ella	09 Monticello	24:59.90	
59 #120 Hein, Allison	10 Iowa City Regina	25:08.81	46
60 #151 Fisher, Zoe	10 Mid Prairie	25:15.86	
61 #234 Hansen, Faith	10 Monticello	25:17.33	
62 #381 Noda, Misato	12 West Liberty	25:34.03	

63 #273 Hoefler, Rhyan	10 North Cedar	25:35.91	47
64 #245 Stadtmueller, Maddi	11 Monticello	25:52.44	
65 #396 Drake, Emmy	12 Wilton	26:05.02	48
66 #335 Curry, Ashlyn	12 Tipton	26:05.61	49
67 #236 Kramer, Dru	11 Monticello	26:15.39	
68 #400 Randolph, Lindsey	12 Wilton	26:19.05	50
69 #233 Guilford, Gabrielle	09 Monticello	26:20.02	
70 #338 Ford, Brittany	12 Tipton	26:23.29	51
71 #230 Freese, Savannah	09 Monticello	26:32.39	
72 #121 Joss, Alexa	10 Iowa City Regina	26:33.15	
73 #232 Graver, Jaelyn	11 Monticello	26:37.17	
74 #158 Nafziger, Anna	10 Mid Prairie	26:43.43	
75 #125 Spies, Alex	10 Iowa City Regina	26:46.17	
76 #69 Bower, Grace	09 Cascade	27:04.36	52
77 #144 Beachy, Lilou	10 Mid Prairie	27:06.22	
78 #102 Collman-Long, Ellie	10 Durant	27:14.02	53
79 #157 Meader, Sarah	11 Mid Prairie	27:23.33	
80 #118 Greving, Ally	10 Iowa City Regina	27:34.14	
81 #333 Bierman, Liz	11 Tipton	27:40.59	
82 #104 Liske-Rochholz, Kyr	12 Durant	27:40.98	54
83 #350 Stroup, Becca	10 Tipton	27:50.68	
84 #244 Stadtmueller, Jacki	09 Monticello	28:03.90	
85 #276 Redhage, Sarah	09 North Cedar	28:10.16	55
86 #238 Petersen, Lizzie	12 Monticello	28:10.81	
87 #5 Fahey, Paige	12 Anamosa	28:46.52	56
88 #392 Boorn, Ansley	11 Wilton	28:55.99	57
89 #155 Kimani, Zebi	10 Mid Prairie	28:56.98	
90 #271 Cerda, Karly	11 North Cedar	29:05.24	58
91 #228 Campbell, Kehde	11 Monticello	29:11.59	
92 #71 Knapp, Maddie	11 Cascade	29:16.83	59
93 #119 Greving, Sam	12 Iowa City Regina	29:18.81	
94 #277 Spahr, Jilliet	09 North Cedar	29:23.11	60
95 #399 Hunter, Rachel	09 Wilton	30:43.57	61
96 #289 Ketelsen, Emma	11 Rebels	31:18.38	62
97 #122 Nugent, Madeline	10 Iowa City Regina	31:28.08	
98 #275 Raney, Fiona	12 North Cedar	32:12.47	63
99 #393 Breed, Michaela	12 Wilton	33:21.85	64
100 #397 Everson, Jayden	11 Wilton	34:18.90	
101 #105 Paustian, Kaitlyn	10 Durant	37:57.33	65

## Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Mid Prairie	26	1	2	5	8	10	17	21		
	Total Time:	1:43:12.28									
	Average:	20:38.46									
2	Iowa City Regina	74	6	9	11	18	30	39	46		
	Total Time:	1:50:03.89									
	Average:	22:00.78									
3	Monticello	80	4	14	19	20	23	29	33		
	Total Time:	1:49:59.85									
	Average:	21:59.97									
4	Tipton	118	15	16	25	28	34	49	51		
	Total Time:	1:53:50.86									
	Average:	22:46.18									
5	Cascade	147	7	27	32	36	45	52	59		
	Total Time:	1:57:22.91									
	Average:	23:28.59									
6	Rebels	156	3	22	31	38	62				
	Total Time:	2:02:25.16									
	Average:	24:29.04									
7	Anamosa	167	24	26	35	40	42	56			
	Total Time:	1:58:50.94									
	Average:	23:46.19									
8	North Cedar	185	12	13	47	55	58	60	63		
	Total Time:	2:06:13.92									
	Average:	25:14.79									
9	Wilton	236	37	44	48	50	57	61	64		
	Total Time:	2:10:21.57									
	Average:	26:04.32									
10	Durant	256	41	43	53	54	65				

Total Time: 2:22:06.32  
Average: 28:25.27

Regina Jr/Sr High School

HY-TEK's Meet Manager

RIVER VALLEY CONFERENCE CHAMPIONSHIPS - 10/15/2019

Iowa City, IA

Last Completed Event

## Event 6 Boys 5k Run CC Varsity

Name	Year	School	Finals	Points
1 #375 Shumaker, Caleb	11	Tipton	16:47.52	1
2 #430 Darsidan, Dylan	09	Camanche	16:52.84	2
3 #59 Griebel, Brady	11	Bellevue	16:59.06	3
4 #371 Pelzer, Trent	12	Tipton	17:30.73	4
5 #307 Hilgendorf, Andrew	12	Rebels	17:41.32	5
6 #362 Edens, Jackson	12	Tipton	17:46.46	6
7 #262 Nietert, Jasper	11	Monticello	17:46.95	7
8 #370 Olseien, Andrew	12	Tipton	17:57.77	8
9 #386 Burroughs, Ashton	10	West Liberty	18:02.07	9
10 #176 Stutzman, Jamison	11	Mid Prairie	18:05.63	10
11 #246 Ahlrichs, Harrison	09	Monticello	18:07.48	11
12 #357 Bohlmann, Cody	10	Tipton	18:10.88	12
13 #253 Cruise, Cole	12	Monticello	18:12.78	13
14 #439 Melchiori, Dodson	09	Camanche	18:14.95	14
15 #410 Hein, Zach	12	Wilton	18:16.60	15
16 #366 Hill, Landan	12	Tipton	18:20.14	16
17 #140 Maley, Joe	09	Iowa City Regina	18:20.82	17
18 #377 Thumma, AJ	10	Tipton	18:22.55	18
19 #259 Kurt, Carter	10	Monticello	18:31.56	19
20 #251 Chapman, Zach	11	Monticello	18:35.05	20
21 #369 Nichols, Ty	09	Tipton	18:39.75	
22 #178 Wallington, Nathan	09	Mid Prairie	18:41.06	21
23 #170 Hershberger, Chandl	10	Mid Prairie	18:41.52	22
24 #313 Machande, Thomas	11	Rebels	18:44.13	23
25 #94 Miller, Cole	10	Cascade	18:44.55	24
26 #88 Knepper, Adam	09	Cascade	18:46.28	25
27 #131 Boileau, Ethan	12	Iowa City Regina	18:50.54	26
28 #25 Keister, Shea	09	Anamosa	18:51.53	27
29 #139 Maley, Dan	09	Iowa City Regina	18:52.91	28
30 #433 Edens, Zack	09	Camanche	18:56.56	29
31 #114 Shelangoski, Drake	11	Durant	18:58.47	30
32 #57 Dunne, Sam	11	Bellevue	18:58.93	31
33 #252 Cruise, Carter	12	Monticello	18:59.65	32
34 #163 Bontrager, Lucas	11	Mid Prairie	19:06.15	33
35 #359 Butler, Troy	10	Tipton	19:10.96	
36 #97 Nauman, Carson	11	Cascade	19:12.22	34
37 #32 Moss, Ben	12	Anamosa	19:17.99	35
38 #26 King, Will	12	Anamosa	19:19.77	36
39 #256 Hospodarsky, Grant	10	Monticello	19:23.40	37
40 #429 Butt, Andrew	09	Camanche	19:24.70	38
41 #265 Ponder, Dylan	10	Monticello	19:33.19	
42 #402 Bailey, Ethan	11	Wilton	19:33.83	39
43 #428 Bussa, Jaxon	09	Camanche	19:37.41	40
44 #373 Ryan, Bob	10	Tipton	19:40.02	
45 #143 Miller, Andrew	12	Iowa City Regina	19:41.08	41
46 #64 Onken, Aiden	09	Bellevue	19:42.75	42
47 #112 Moomey, Nathan	10	Durant	19:43.42	43
48 #67 Steinbeck, Abe	12	Bellevue	19:48.13	44
49 #317 Rathje, Jace	11	Rebels	19:50.20	45
50 #364 Esbaum, Dalton	12	Tipton	19:53.50	
51 #321 Williams, Chad	12	Rebels	19:55.60	46
52 #21 Haverly, Kole	11	Anamosa	19:56.77	47
53 #179 Yoder, Mose	09	Mid Prairie	19:59.28	48
54 #53 Anderson, Marcus	12	Bellevue	20:00.95	49
55 #306 Hasken, Joe	11	Rebels	20:05.96	50
56 #437 Liddle, Noah	09	Camanche	20:07.97	51
57 #247 Baugh, Gavin	11	Monticello	20:10.14	
58 #260 Miller, Jacob	09	Monticello	20:10.91	
59 #138 Lacina, Evan	09	Iowa City Regina	20:12.07	52
60 #96 Nadeau, Max	09	Cascade	20:12.55	53
61 #99 Noonan, Sam	12	Cascade	20:13.13	54
62 #383 Alvarado, Julian	11	West Liberty	20:13.96	55

63 #416 Walton, Jake	09 Wilton	20:18.10	56
64 #319 Rowland, Daniel	09 Rebels	20:20.00	57
65 #268 Temple, Levi	11 Monticello	20:21.17	
66 #263 Orcutt, Jayden	11 Monticello	20:22.94	
67 #374 Shaffer, Craig	12 Tipton	20:23.56	
68 #283 Spahr, Jacob	11 North Cedar	20:24.55	58
69 #54 Bormann, Jake	09 Bellevue	20:27.10	59
70 #87 Kauder, Vic	11 Cascade	20:27.72	60
71 #86 Kaalberg, Tyler	11 Cascade	20:32.17	61
72 #172 Nagy, Robert	10 Mid Prairie	20:34.13	62
73 #68 Steinbeck, Ben	09 Bellevue	20:34.59	63
74 #91 Manternach, Jonah	11 Cascade	20:35.06	
75 #130 Boblenz, Adam	10 Iowa City Regina	20:38.73	64
76 #361 Deerberg, Brody	09 Tipton	20:40.28	
77 #30 Lopez, Giovanny	09 Anamosa	20:40.90	65
78 #255 Hansen, Kale	09 Monticello	20:41.34	
79 #431 Dorsey, Chris	09 Camanche	20:42.78	66
80 #387 Estrada, Erick	12 West Liberty	20:44.30	67
81 #435 Goble, Lucas	09 Camanche	20:46.70	
82 #40 Weers, Tristan	10 Anamosa	20:47.35	68
83 #129 Barnett, Jacob	10 Iowa City Regina	20:49.33	69
84 #365 Fisher, Zach	11 Tipton	20:53.14	
85 #367 Jedlicka, Caleb	11 Tipton	20:59.36	
86 #278 Choate, Sam	10 North Cedar	21:00.12	70
87 #33 Pate, Drew	10 Anamosa	21:01.56	71
88 #363 Emrich, Tiger	12 Tipton	21:04.44	
89 #297 Anderson, Riley	12 Rebels	21:07.91	72
90 #174 Stock, Jordan	09 Mid Prairie	21:08.46	73
91 #128 Abusada, Nicholas	11 Iowa City Regina	21:08.89	
92 #66 Smith, Cade	12 Bellevue	21:14.16	
93 #85 Hill, Tyson	09 Cascade	21:15.20	
94 #175 Stultz, Levi	12 Mid Prairie	21:15.63	
95 #22 Hollett, Sean	09 Anamosa	21:16.34	
96 #388 Gomez, Israel	11 West Liberty	21:17.97	74
97 #135 Keating, Jack	11 Iowa City Regina	21:28.00	
98 #171 Hostetler, Micah	10 Mid Prairie	21:31.80	
99 #90 Manternach, Davis	10 Cascade	21:33.99	
100 #280 Easterly, Milo	11 North Cedar	21:35.25	75
101 #250 Chally, Dominik	11 Monticello	21:36.86	
102 #414 Reid, Gavin	10 Wilton	21:37.67	76
103 #412 Ramsey, Chayton	09 Wilton	21:38.76	77
104 #254 Glawatz, Keagan	11 Monticello	21:40.26	
105 #141 May, Henry	12 Iowa City Regina	21:41.35	
106 #100 Pry, Sean	09 Cascade	21:52.20	
107 #390 Martinez, Kevin	11 West Liberty	21:55.01	78
108 #108 Dean, Colyn	09 Durant	21:55.40	79
109 #82 Boffeli, Ben	09 Cascade	21:58.97	
110 #427 Benavides, Ethan	09 Camanche	22:10.20	
111 #281 Redhage, David	11 North Cedar	22:13.92	80
112 #27 Koopmann, Jacob	12 Anamosa	22:14.69	
113 #180 Yoder, Sam	10 Mid Prairie	22:17.72	
114 #270 Williams, Noah	10 Monticello	22:19.50	
115 #248 Bell, Erlin	10 Monticello	22:20.19	
116 #261 Nietert, Cord	09 Monticello	22:20.55	
117 #81 Bertling, Dane	11 Cascade	22:21.00	
118 #300 Bird, Talib	09 Rebels	22:24.07	
119 #142 Meyer, Jack	11 Iowa City Regina	22:27.02	
120 #354 Belitz, Gavin	12 Tipton	22:29.65	
121 #110 Frisch, Michael	10 Durant	22:33.79	81
122 #269 Tomkins, Hayden	09 Monticello	22:37.66	
123 #441 Reuter, Nick	09 Camanche	22:40.67	
124 #266 Sauer, Nathan	09 Monticello	22:47.00	
125 #279 Cinkovich, Chance	12 North Cedar	22:56.89	82
126 #165 Gingerich, Gunnar	10 Mid Prairie	23:02.78	
127 #303 Everson, Alex	09 Rebels	23:03.73	
128 #385 Beaver, Alex	12 West Liberty	23:11.11	83
129 #264 Oswald, Nathan	10 Monticello	23:11.72	
130 #62 Koos, Jayden	09 Bellevue	23:16.71	
131 #258 Kuper, Trey	10 Monticello	23:17.35	
132 #168 Hall, Evan	10 Mid Prairie	23:23.87	
133 #391 Palma, Christopher	09 West Liberty	23:26.14	84
134 #403 Bierman, Connor	10 Wilton	23:30.54	85

135 #115 Wagner, Braden	11	Durant	23:33.42	86
136 #84 Foust-Wollenburg, G	12	Cascade	23:33.89	
137 #132 Chen, Peter	11	Iowa City Regina	23:56.05	
138 #177 Timpe, Owen	09	Mid Prairie	24:07.90	
139 #389 Mahoney, Jack	10	West Liberty	24:16.98	
140 #257 Hynick, Connor	09	Monticello	24:24.98	
141 #299 Berggren, Jarrod	12	Rebels	24:30.07	
142 #405 Brown, Colby	12	Wilton	24:59.54	87
143 #133 Christians, Dane	10	Iowa City Regina	25:10.74	
144 #45 Wilmoth, Kolin	10	Anamosa	25:12.55	
145 #310 Lamp, Garrett	09	Rebels	25:17.14	
146 #286 VanOort, Marshall	10	North Cedar	25:23.73	88
147 #438 Marquez, Javier	09	Camanche	25:29.34	
148 #58 Fite, Jared	09	Bellevue	25:44.18	
149 #167 Hall, Ethan	12	Mid Prairie	25:49.40	
150 #55 Both, Nathan	09	Bellevue	26:24.99	
151 #444 Chiu, Joey	12	Tipton	26:34.93	
152 #134 Christians, Gray	10	Iowa City Regina	26:39.00	
153 #164 Ganibegovic, Irman	10	Mid Prairie	26:54.56	
154 #107 Abels, Luke	11	Durant	27:04.93	89
155 #98 Noonan, Peter	09	Cascade	27:33.45	
156 #284 Spahr, Ryan	12	North Cedar	27:36.53	90
157 #285 Tjaden, Leighton	10	North Cedar	29:09.48	
158 #411 Keith, Cam	12	Wilton	30:07.49	

## Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Tipton	31	1	4	6	8	12	16	18		
	Total Time:	1:28:13.36									
	Average:	17:38.68									
2	Monticello	70	7	11	13	19	20	32	37		
	Total Time:	1:31:13.82									
	Average:	18:14.77									
3	Camanche	123	2	14	29	38	40	51	66		
	Total Time:	1:33:06.46									
	Average:	18:37.30									
4	Mid Prairie	134	10	21	22	33	48	62	73		
	Total Time:	1:34:33.64									
	Average:	18:54.73									
5	Iowa City Regina	164	17	26	28	41	52	64	69		
	Total Time:	1:35:57.42									
	Average:	19:11.49									
6	Rebels	169	5	23	45	46	50	57	72		
	Total Time:	1:36:17.21									
	Average:	19:15.45									
7	Bellevue	169	3	31	42	44	49	59	63		
	Total Time:	1:35:29.82									
	Average:	19:05.97									
8	Cascade	190	24	25	34	53	54	60	61		
	Total Time:	1:37:08.73									
	Average:	19:25.75									
9	Anamosa	210	27	35	36	47	65	68	71		
	Total Time:	1:38:06.96									
	Average:	19:37.40									
10	Wilton	263	15	39	56	76	77	85	87		
	Total Time:	1:41:24.96									
	Average:	20:17.00									
11	West Liberty	283	9	55	67	74	78	83	84		
	Total Time:	1:42:13.31									
	Average:	20:26.67									
12	Durant	319	30	43	79	81	86	88			
	Total Time:	1:46:44.50									
	Average:	21:20.90									
13	North Cedar	365	58	70	75	80	82	88	90		
	Total Time:	1:48:10.73									
	Average:	21:38.15									

Regina Jr/Sr High School  
 RIVER VALLEY CONFERENCE CHAMPIONSHIPS - 10/15/2019  
 Iowa City, IA  
 Last Completed Event

## Event 7 Mixed 3200 Meter Run CC Jr. High

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Name	Year School	Finals	Points
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## Results - Women 3200 Run

1 #183 Hostetler, Danielle	W08 Mid-Prairie MS	12:59.75	1
2 #181 Fleming, Abby	W08 Mid-Prairie MS	13:16.12	2
3 #348 Nerem, Addie	W08 Tipton	13:38.96	3
4 #336 Edens, Alivia	W08 Tipton	13:44.78	4
5 #213 Capron, Ava	W07 Monticello	13:55.08	5
6 #293 Neumann, Jeorgia	W07 Rebels	14:06.31	
7 #401 Rogers, Hannah	W08 Wilton	14:16.01	
8 #340 Hinderaker, Becca	W08 Tipton	14:16.54	6
9 #339 Hamilton, Saidee	W07 Tipton	14:18.39	7
10 #342 Klabo, Chloe	W08 Tipton	14:32.81	8
11 #72 Kremer, Delaney	W07 Cascade	14:42.47	9
12 #13 Sleep, Leah	W08 Anamosa	14:48.77	
13 #192 Shetler, Phoebe	W08 Mid-Prairie MS	14:52.75	10
14 #337 Fogg, Koda	W07 Tipton	14:57.15	11
15 #341 Hines, Karli	W07 Tipton	14:57.44	
16 #188 Poll, Annika	W08 Mid-Prairie MS	14:57.65	12
17 #215 Koehler, Leah	W07 Monticello	14:58.77	13
18 #79 Simon, Kennedy	W07 Cascade	15:08.81	14
19 #73 Nauman, Ella	W07 Cascade	15:10.90	15
20 #216 Kraus, Rylee	W08 Monticello	15:15.06	16
21 #190 Puttmann, Grace	W07 Mid-Prairie MS	15:18.36	17
22 #193 Sieren, Charlotte	W07 Mid-Prairie MS	15:19.56	18
23 #194 Sieren, Greta	W08 Mid-Prairie MS	15:32.22	
24 #380 Guerra, Lyla	W08 West Liberty	15:36.15	
25 #3 Christensen, Jalyn	W08 Anamosa	15:40.91	
26 #420 Fairlie, Geneva	W07 Camanche	15:51.68	19
27 #288 Holst, Addison	W07 Rebels	15:57.69	
28 #419 Davis, Madi	W07 Camanche	16:07.00	20
29 #187 Pennington, Nora	W08 Mid-Prairie MS	16:15.11	
30 #47 Braet, Hannah	W08 Bellevue	16:21.57	
31 #196 Warnstaff, Kailey	W08 Mid-Prairie MS	16:22.63	
32 #347 Nebergall, Tatum	W07 Tipton	16:49.55	
33 #78 Schwenker, Leah	W08 Cascade	16:57.62	21
34 #214 Evans, Riley	W08 Monticello	16:59.04	22
35 #182 Flynn, Anna	W07 Mid-Prairie MS	17:03.58	
36 #189 Poll, Dessa	W07 Mid-Prairie MS	17:04.75	
37 #191 Shaw, Delaney	W07 Mid-Prairie MS	17:15.54	
38 #185 Nafziger, Morgyn	W07 Mid-Prairie MS	17:18.38	
39 #8 Herrick, Mickala	W08 Anamosa	17:27.92	
40 #344 McDonald, Nicole	W08 Tipton	17:31.01	
41 #76 Rhomberg, Issie	W07 Cascade	17:40.42	23
42 #398 Fagner, Olivia	W07 Wilton	17:49.45	
43 #426 Welch, Amara	W07 Camanche	17:49.69	24
44 #421 Fairlie, Gretchyn	W07 Camanche	17:54.32	25
45 #186 Parks, Aliza	W07 Mid-Prairie MS	17:55.50	
46 #418 Coverdale, Aleese	W07 Camanche	18:06.03	26
47 #219 Sauser, Ella	W07 Monticello	18:10.48	27
48 #343 Lemburg, Bree	W07 Tipton	18:19.42	
49 #220 Weber, Kaitlyn	W08 Monticello	18:21.82	28
50 #349 Owen, Laura	W07 Tipton	18:23.43	
51 #184 Kimani, Vanessa	W07 Mid-Prairie MS	18:44.56	
52 #295 Samson, Haley	W07 Rebels	19:23.10	
53 #217 Patterson, JoAnna	W07 Monticello	21:08.05	
54 #218 Rieken, Lorelei	W07 Monticello	24:28.10	
55 #195 Skelton, Grace	W07 Mid-Prairie MS	24:33.47	

## Results - Men 3200 Run

1 #356 Bohlmann, Clay	M07 Tipton	11:29.55	1
2 #60 Griebel, Payton	M08 Bellevue	12:26.05	
3 #407 Duffe, Deacon	M08 Wilton	12:29.74	2
4 #38 Troester, Jack	M08 Anamosa	12:32.02	3
5 #312 Machande, Kelvin	M08 Rebels	12:34.20	4

6	#61 Guenther, Kaden	M08 Bellevue	12:39.67	
7	#83 Feldmann, Payton	M08 Cascade	12:52.04	5
8	#311 Lange, Carver	M08 Rebels	13:05.97	6
9	#443 Witt, Ian	M07 Camanche	13:10.21	7
10	#330 Smith, Riordan	M08 Regina JH Regals	13:13.57	8
11	#320 Tegeler, Jacob	M08 Rebels	13:14.87	9
12	#36 Reiss, Carver	M07 Anamosa	13:15.07	10
13	#203 Hoffman, Junior	M07 Mid-Prairie MS	13:15.24	11
14	#360 Butler, Zach	M07 Tipton	13:16.62	12
15	#211 Yoder, Jayse	M07 Mid-Prairie MS	13:28.44	13
16	#210 Swartzentruber, Emm	M07 Mid-Prairie MS	13:32.41	14
17	#16 Burnough, Bryce	M08 Anamosa	13:37.11	15
18	#18 Countryman, Seth	M07 Anamosa	13:37.92	16
19	#315 Messerich, Parker	M07 Rebels	13:39.36	17
20	#324 Noble, Owen	M08 Regina JH Regals	13:48.69	18
21	#316 Mommsen, Carter	M07 Rebels	13:49.58	19
22	#301 Burken, Carsen	M08 Rebels	13:50.84	20
23	#305 Frame, Michael	M07 Rebels	13:51.53	
24	#353 Barton, Jacob	M07 Tipton	13:52.58	21
25	#326 Olney, Colin	M08 Regina JH Regals	13:57.12	22
26	#436 Homan, Maddox	M07 Camanche	13:58.34	23
27	#92 Manternach, Nathani	M08 Cascade	14:03.16	24
28	#309 Knutson, Corbin	M08 Rebels	14:03.41	
29	#208 Miller, Dalton	M08 Mid-Prairie MS	14:07.30	25
30	#24 Jess, Jaret	M07 Anamosa	14:07.69	26
31	#93 Merfeld, Eli	M07 Cascade	14:09.57	27
32	#328 Sinnwell-Herrera, E	M08 Regina JH Regals	14:12.89	28
33	#37 Reiss, Kinnick	M07 Anamosa	14:13.37	29
34	#332 Welter, Sam	M07 Regina JH Regals	14:13.80	30
35	#44 Wilmoth, Gabe	M07 Anamosa	14:14.25	
36	#368 McDonald, Dalton	M08 Tipton	14:16.94	31
37	#384 Axsom, Seth	M07 West Liberty	14:19.38	
38	#329 Smith, Cohen	M07 Regina JH Regals	14:20.82	32
39	#376 Stepper, Josh	M07 Tipton	14:34.62	33
40	#201 Gerber, Micah	M07 Mid-Prairie MS	14:36.71	34
41	#322 Evans, Kyle	M07 Regina JH Regals	14:37.58	
42	#318 Rowland, August	M08 Rebels	14:46.05	
43	#413 Reid, Casen	M08 Wilton	14:46.56	35
44	#355 Boeve, Cooper	M07 Tipton	14:48.09	36
45	#101 Topping, Trenton	M07 Cascade	14:49.82	37
46	#63 Meyer, Ben	M08 Bellevue	14:50.87	
47	#282 Redhage, Michael	M09 North Cedar	14:54.08	
48	#205 Humphrey, Dylan	M07 Mid-Prairie MS	14:57.82	38
49	#212 Yutzy, Preston	M07 Mid-Prairie MS	14:58.04	
50	#197 Blossom, Jesse	M07 Mid-Prairie MS	15:04.86	
51	#89 Koppes, Riley	M08 Cascade	15:08.23	39
52	#15 Burgess, Cam	M07 Anamosa	15:08.51	
53	#404 Breed, Gabriel	M07 Wilton	15:09.16	40
54	#225 Siebels, Dane	M08 Monticello	15:23.98	41
55	#440 Reuter, Frank	M07 Camanche	15:31.65	42
56	#200 Freeman, Noah	M08 Mid-Prairie MS	15:37.96	
57	#408 Garvin, Ben	M07 Wilton	15:48.83	43
58	#314 McCormack, Dustin	M07 Rebels	15:49.58	
59	#17 Classan-Tubbs, Ike	M08 Anamosa	15:50.03	
60	#34 Pultz, Mason	M07 Anamosa	15:58.46	
61	#23 Hollett, Skylar	M08 Anamosa	15:59.06	
62	#222 Kiburz, Royce	M07 Monticello	16:01.57	44
63	#224 Oswald, Alex	M08 Monticello	16:02.03	45
64	#204 Hough, Sawyer	M08 Mid-Prairie MS	16:03.87	
65	#199 Flynn, Thomas	M07 Mid-Prairie MS	16:13.84	
66	#202 Hall, Joe	M08 Mid-Prairie MS	16:23.93	
67	#325 Nwaneri, Obinna	M08 Regina JH Regals	16:48.86	
68	#445 Turner, Soren	M07 North Cedar	17:03.37	
69	#442 Snodgrass, Tanner	M07 Camanche	17:08.88	46
70	#331 Wade, Will	M07 Regina JH Regals	17:09.10	
71	#206 Keaough, Josh	M08 Mid-Prairie MS	17:10.17	
72	#358 Boldt, Owen	M07 Tipton	17:13.87	
73	#304 Fenzel, Jacob	M08 Rebels	17:23.05	
74	#409 Grace, Aiden	M07 Wilton	17:29.60	47
75	#415 Tyler, Brady	M07 Wilton	17:30.48	48
76	#323 Locher, Luke	M08 Regina JH Regals	17:43.02	
77	#226 Smith, River	M07 Monticello	17:45.42	49

78 #223 Lloyd, Charly	M07 Monticello	17:56.13	50
79 #327 Rogers, Thomas	M08 Regina JH Regals	18:08.27	
80 #95 Milum, Nate	M07 Cascade	18:09.90	51
81 #434 Garien, Chris	M07 Camanche	18:22.74	52
82 #113 Richardson, William	M08 Durant	19:27.45	
83 #221 Boffeli, Dru	M07 Monticello	20:35.87	53
84 #298 Bauer, Gage	M07 Rebels	20:53.58	
85 #446 Driver, Tyler	M07 North Cedar	24:07.37	

## Team Scores

Rank Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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## Results - Men 3200 Run

1 Rebels	36	4	6	9	17	19	20			
Total Time:	52:34.40									
Average:	13:08.60									
2 Anamosa	44	3	10	15	16	26	29			
Total Time:	53:02.12									
Average:	13:15.53									
3 Mid-Prairie MS	63	11	13	14	25	34	38			
Total Time:	54:23.39									
Average:	13:35.85									
4 Tipton	65	1	12	21	31	33	36			
Total Time:	52:55.69									
Average:	13:13.93									
5 Regina JH Regals	76	8	18	22	28	30	32			
Total Time:	55:12.27									
Average:	13:48.07									
6 Cascade	93	5	24	27	37	39	51			
Total Time:	55:54.59									
Average:	13:58.65									
7 Camanche	118	7	23	42	46	52				
Total Time:	59:49.08									
Average:	14:57.27									
8 Wilton	120	2	35	40	43	47	48			
Total Time:	58:14.29									
Average:	14:33.58									
9 Monticello	179	41	44	45	49	50	53			
Total Time:	1:05:13.00									
Average:	16:18.25									

## Results - Women 3200 Run

1 Tipton	20	3	4	6	7	8	11			
Total Time:	55:58.67									
Average:	13:59.67									
2 Mid-Prairie MS	25	1	2	10	12	17	18			
Total Time:	56:06.27									
Average:	14:01.57									
3 Monticello	56	5	13	16	22	27	28			
Total Time:	1:01:07.95									
Average:	15:16.99									
4 Cascade	59	9	14	15	21	23				
Total Time:	1:01:59.80									
Average:	15:29.95									
5 Camanche	88	19	20	24	25	26				
Total Time:	1:07:42.69									
Average:	16:55.68									