

Cascade Invitational

Varsity Girls Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	School	1	2	3	4	5	6	7	Total	TTL Time	Ave Time	Spread
1	Monticello	1	2	8	9	10	22	24	= 30	1:47:29	21:30	1:42
2	Benton Community	3	6	11	14	34	37	44	= 68	1:52:17	22:27	3:36
3	Iowa City Regina	4	7	13	25	28	35	38	= 77	1:52:59	22:36	2:32
4	Prince of Peace	15	17	23	31	36			= 122	1:57:29	23:30	2:16
5	Anamosa	16	18	20	26	47			= 127	2:00:30	24:06	5:39
6	Cascade	5	12	30	39	41			= 127	1:59:47	23:57	4:52
7	Maquoketa Valley	19	21	33	49	51			= 173	2:09:10	25:50	6:44
8	Maquoketa	27	29	42	43	45	48	50	= 186	2:07:59	25:36	3:37
9	Beckman Catholic	32	40	46	52	53			= 223	2:17:35	27:31	5:34

Incomplete Teams: Durant, Shullsburg - WI

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Emma Althoff	FR	Monticello	20:24	6:34
2	2	Karle Kramer	SO	Monticello	20:58	6:45
3	3	Abby Rinderknecht	SO	Benton Community	21:07	6:48
4	4	Annalee Bartles	JR	Iowa City Regina	21:16	6:51
5	5	Emma Ostwinkle	JR	Cascade	21:29	6:55
6	6	Hailee Ricklefs	JR	Benton Community	21:40	6:58
7	7	Josie Voss	SO	Iowa City Regina	21:46	7:00
8	8	Lydia Recker	SO	Monticello	21:56	7:04
9	9	Emily Hendricks	FR	Monticello	22:03	7:06
10	10	Triniti Etzel	SO	Monticello	22:07	7:07
11	11	Jaden Thys	JR	Benton Community	22:15	7:10
12	12	Grace Rhomberg	FR	Cascade	22:24	7:13
13		Carlie Jo Fusco	FR	Durant	22:31	7:15
14	13	Mya Whitaker	FR	Iowa City Regina	22:31	7:15
15	14	Lauren Woeste	SR	Benton Community	22:33	7:15
16	15	Sophie Griffin	JR	Prince of Peace	22:34	7:16
17	16	Dakota Bierer	SR	Anamosa	22:38	7:17
18	17	Kaelyn Goodman	SO	Prince of Peace	22:44	7:19
19	18	Elizabeth Riniker	JR	Anamosa	22:56	7:23
20	19	Emma Doyl	SO	Maquoketa Valley	22:57	7:23
21	20	Natalie Hersom	JR	Anamosa	22:59	7:24
22	21	Jaiden Porter	SR	Maquoketa Valley	23:00	7:24
23	22	Katie Roher	FR	Monticello	23:04	7:25
24	23	Ava Ruden	JR	Prince of Peace	23:05	7:26
25		Hildie Sigwarth	JR	Shullsburg - WI	23:11	7:28
26		Ella Reilly	SR	Shullsburg - WI	23:20	7:31
27	24	Mya Postel	FR	Monticello	23:21	7:31
28	25	Kennedy Scott	SR	Iowa City Regina	23:37	7:36
29	26	Lily Rogers	JR	Anamosa	23:41	7:37
30	27	Cari Pickup	SR	Maquoketa	23:44	7:38
31	28	Josie Pursley	SO	Iowa City Regina	23:48	7:40
32	29	Sydney Miller	SR	Maquoketa	24:01	7:44
33	30	Harley Bradtke-Stelken	SO	Cascade	24:05	7:45
34	31	Madison Anglese	JR	Prince of Peace	24:15	7:48
35	32	Isabelle Kluesner	JR	Beckman Catholic	24:17	7:49
36	33	Kriya Atwell	SO	Maquoketa Valley	24:23	7:51
37	34	Gwen King	FR	Benton Community	24:43	7:57
38	35	Claire Gaarde	SR	Iowa City Regina	24:48	7:59
39	36	Mary Schnier	JR	Prince of Peace	24:51	8:00
40	37	Katelyn Buscher	JR	Benton Community	24:54	8:01
41	38	Allison Hein	SO	Iowa City Regina	25:07	8:05
42	39	Lilly Topping	FR	Cascade	25:29	8:12
43	40	Olivia Thier	SR	Beckman Catholic	25:33	8:13
44		Heidi Wolf	SR	Durant	25:34	8:14
45	41	Grace Bower	FR	Cascade	26:21	8:29
46	42	Harley Eye	SO	Maquoketa	26:25	8:30
47	43	Savannah Dykstra	SO	Maquoketa	26:28	8:31
48	44	Olivia Price	JR	Benton Community	26:30	8:32
49	45	Ariana Payton	SO	Maquoketa	27:21	8:48
50	46	Savannah Oberbroeckling	JR	Beckman Catholic	28:11	9:04
51	47	Paige Fahey	SR	Anamosa	28:16	9:06
52		Jaidyn Strang	SO	Shullsburg - WI	28:40	9:14
53	48	Kaitlyn Hanken	SO	Maquoketa	28:49	9:17
54	49	Reece Mensen	JR	Maquoketa Valley	29:11	9:24
55	50	Sarah Vazquez	SO	Maquoketa	29:39	9:33
56	51	Jordan Hogan	SO	Maquoketa Valley	29:40	9:33
57	52	Sydney Reiter	SO	Beckman Catholic	29:45	9:34
58	53	Jordan Thier	FR	Beckman Catholic	29:50	9:36
59		Kaitlyn Paustian	SO	Durant	38:31	12:24

Cascade Invitational

Varsity Girls Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	Name	Time	mpm	Place	Name	Time	mpm
1)	Monticello	Score =	30		Shullsburg - WI		
1	Emma Althoff, FR	20:24	6:34	25	Hildie Sigwarth, JR	23:11	7:28
2	Karle Kramer, SO	20:58	6:45	26	Ella Reilly, SR	23:20	7:31
8	Lydia Recker, SO	21:56	7:04	52	Jaidyn Strang, SO	28:40	9:14
9	Emily Hendricks, FR	22:03	7:06				
10	Triniti Etzel, SO	22:07	7:07				
22	Katie Roher, FR	23:04	7:25				
24	Mya Postel, FR	23:21	7:31				
2)	Benton Community	Score =	68				
3	Abby Rinderknecht, SO	21:07	6:48				
6	Hailee Ricklefs, JR	21:40	6:58				
11	Jaden Thys, JR	22:15	7:10				
14	Lauren Woeste, SR	22:33	7:15				
34	Gwen King, FR	24:43	7:57				
37	Katelyn Buscher, JR	24:54	8:01				
44	Olivia Price, JR	26:30	8:32				
3)	Iowa City Regina	Score =	77				
4	Annalee Bartles, JR	21:16	6:51				
7	Josie Voss, SO	21:46	7:00				
13	Mya Whitaker, FR	22:31	7:15				
25	Kennedy Scott, SR	23:37	7:36				
28	Josie Pursley, SO	23:48	7:40				
35	Claire Gaarde, SR	24:48	7:59				
38	Allison Hein, SO	25:07	8:05				
4)	Prince of Peace	Score =	122				
15	Sophie Griffin, JR	22:34	7:16				
17	Kaelyn Goodsman, SO	22:44	7:19				
23	Ava Ruden, JR	23:05	7:26				
31	Madison Anglese, JR	24:15	7:48				
36	Mary Schnier, JR	24:51	8:00				
5)	Anamosa	Score =	127				
16	Dakota Bierer, SR	22:38	7:17				
18	Elizabeth Riniker, JR	22:56	7:23				
20	Natalie Hersom, JR	22:59	7:24				
26	Lily Rogers, JR	23:41	7:37				
47	Paige Fahey, SR	28:16	9:06				
6)	Cascade	Score =	127				
5	Emma Ostwinkle, JR	21:29	6:55				
12	Grace Rhomberg, FR	22:24	7:13				
30	Harley Bradtke-Stelken, SO	24:05	7:45				
39	Lilly Topping, FR	25:29	8:12				
41	Grace Bower, FR	26:21	8:29				
7)	Maquoketa Valley	Score =	173				
19	Emma Doyl, SO	22:57	7:23				
21	Jaiden Porter, SR	23:00	7:24				
33	Kriya Atwell, SO	24:23	7:51				
49	Reece Mensen, JR	29:11	9:24				
51	Jordan Hogan, SO	29:40	9:33				
8)	Maquoketa	Score =	186				
27	Cari Pickup, SR	23:44	7:38				
29	Sydney Miller, SR	24:01	7:44				
42	Harley Eye, SO	26:25	8:30				
43	Savannah Dykstra, SO	26:28	8:31				
45	Ariana Payton, SO	27:21	8:48				
48	Kaitlyn Hanken, SO	28:49	9:17				
50	Sarah Vazquez, SO	29:39	9:33				
9)	Beckman Catholic	Score =	223				
32	Isabelle Kluesner, JR	24:17	7:49				
40	Olivia Thier, SR	25:33	8:13				
46	Savanah Oberbroeckling, JR	28:11	9:04				
52	Sydney Reiter, SO	29:45	9:34				
53	Jordan Thier, FR	29:50	9:36				

Incomplete Teams:

Durant

13	Carlie Jo Fusco, FR	22:31	7:15
44	Heidi Wolf, SR	25:34	8:14
59	Kaitlyn Paustian, SO	38:31	12:24

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Varsity Boys Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	School	1	2	3	4	5	6	7	Total	TTL Time	Ave Time	Spread
1	Monticello	1	2	3	4	6	20	28	= 16	1:28:36	17:43	0:27
2	Maquoketa Valley	5	8	9	10	18	21	49	= 50	1:31:28	18:18	0:49
3	Benton Community	11	19	27	29	32	33	34	= 118	1:35:20	19:04	1:05
4	Cascade	12	15	17	39	40	41	44	= 123	1:35:46	19:09	1:39
5	Iowa City Regina	7	14	16	42	45	46	48	= 124	1:35:41	19:08	2:00
6	Anamosa	13	22	24	25	43	47	55	= 127	1:36:13	19:15	1:41
7	Durant	23	30	31	35	50	57	62	= 169	1:39:04	19:49	1:53
8	East Dubuque - IL	36	37	54	56	65	66		= 248	1:48:36	21:43	4:43
9	Beckman Catholic	38	51	52	53	58	60	61	= 252	1:46:30	21:18	2:38
10	Midland	26	59	63	64	67			= 279	1:55:23	23:05	5:53

Incomplete Teams: Maquoketa, Prince of Peace, Shullsburg - WI

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Jasper Nietert	JR	Monticello	17:29	5:38
2	2	Zach Chapman	JR	Monticello	17:39	5:41
3	3	Cole Cruise	SR	Monticello	17:40	5:41
4	4	Marcus Blount	FR	Prince of Peace	17:52	5:45
5	5	Carter Kurt	SO	Monticello	17:52	5:45
6	5	Cy Huber	SO	Maquoketa Valley	17:55	5:46
7		Niko Karavergos	JR	Shullsburg - WI	17:56	5:46
8	6	Harrison Ahlrichs	FR	Monticello	17:56	5:46
9	7	Joe Maley	FR	Iowa City Regina	18:12	5:51
10	8	Chance Downs	SR	Maquoketa Valley	18:12	5:52
11	9	Nolan Ries	SO	Maquoketa Valley	18:16	5:53
12	10	Michael Schaul	SO	Maquoketa Valley	18:21	5:54
13	11	Trey Schulte	FR	Benton Community	18:22	5:55
14	12	Cole Miller	SO	Cascade	18:26	5:56
15	13	Ben Moss	SR	Anamosa	18:29	5:57
16	14	Ethan Boileau	SR	Iowa City Regina	18:32	5:58
17	15	Adam Knepper	FR	Cascade	18:33	5:58
18	16	Dan Maley	FR	Iowa City Regina	18:39	6:00
19	17	Carson Nauman	JR	Cascade	18:39	6:00
20	18	Mason Lubben	SR	Maquoketa Valley	18:44	6:02
21	19	Gage Offill	FR	Benton Community	18:44	6:02
22	20	Carter Cruise	SR	Monticello	18:52	6:04
23	21	Derek Mensen	SR	Maquoketa Valley	18:55	6:05
24	22	Will King	SR	Anamosa	19:04	6:08
25	23	Drake Shelangoski	SO	Durant	19:10	6:10
26	24	Kole Haverly	JR	Anamosa	19:15	6:12
27	25	Shea Keister	FR	Anamosa	19:16	6:12
28	26	Trent Rickels	SO	Midland	19:19	6:13
29	27	Drew Lange	SR	Benton Community	19:21	6:14
30	28	Gavin Baugh	JR	Monticello	19:23	6:14
31	29	Nicson Franck	JR	Benton Community	19:26	6:15
32	30	Kayden Johnson	SO	Durant	19:26	6:15
33	31	Nathan Moomey	SO	Durant	19:26	6:15
34	32	Craig Morris	SR	Benton Community	19:27	6:16
35	33	Brady Osborn	SO	Benton Community	19:38	6:19
36	34	Owen Sadler	SO	Benton Community	19:55	6:25
37	35	Xander Fleming	JR	Durant	19:57	6:25
38	36	Matt Foote	SO	East Dubuque - IL	19:58	6:26
39	37	Cross Oberman	JR	East Dubuque - IL	19:58	6:26
40	38	Daniel Wall	JR	Beckman Catholic	20:03	6:27
41	39	Max Nadeau	FR	Cascade	20:04	6:27
42	40	Sam Noonan	SR	Cascade	20:05	6:28
43	41	Jonah Manternach	JR	Cascade	20:06	6:28
44	42	Evan Lacina	FR	Iowa City Regina	20:07	6:29
45	43	Giovanny Lopez	FR	Anamosa	20:09	6:29
46	44	Tyler Kaalberg	JR	Cascade	20:11	6:30
47	45	Andrew Miller	SR	Iowa City Regina	20:11	6:30
48	46	Adam Boblenz	SO	Iowa City Regina	20:14	6:31
49	47	Tristan Weers	SO	Anamosa	20:30	6:36
50	48	Nick Kratz	JR	Iowa City Regina	20:33	6:37
51	49	Brock Trenkamp	SO	Maquoketa Valley	20:35	6:37
52	50	Braden Wagner	JR	Durant	21:04	6:47
53	51	Isaac Schlarmann	SR	Beckman Catholic	21:06	6:47
54	52	Nate Schaefer	JR	Beckman Catholic	21:18	6:51
55	53	Jack Gehling	JR	Beckman Catholic	21:22	6:53
56	54	Braydon Yoerger	FR	East Dubuque - IL	21:38	6:58
57	55	Sean Hollett	FR	Anamosa	21:42	6:59
58		Gage Ruden	SR	Prince of Peace	21:43	6:59
59		Garrett Ray	FR	Shullsburg - WI	21:49	7:01
60		Luke Unbehaun	SO	Shullsburg - WI	22:08	7:07
61		Jack Charles	JR	Shullsburg - WI	22:08	7:08
62	56	Braedyn Budde	JR	East Dubuque - IL	22:20	7:11
63	57	Colyn Dean	FR	Durant	22:27	7:14
64		Ivan Martin	SO	Maquoketa	22:30	7:15

Cascade Invitational

Varsity Boys Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	Score	Name	Year	School	Time	Pace	mpm
65	58	Joe Schneider	FR	Beckman Catholic	22:41	7:18	
66	59	Ethan Milder	JR	Midland	22:54	7:22	
67	60	Auden Recker	SO	Beckman Catholic	22:57	7:23	
68	61	Cassius McGrane	SO	Beckman Catholic	22:58	7:24	
69		Kaleb Flenker	SR	Maquoketa	23:21	7:31	
70	62	Michael Frisch	SO	Durant	23:35	7:35	
71	63	Milo Smith	FR	Midland	23:43	7:38	
72	64	Bryce Rushford	SO	Midland	24:15	7:48	
73		Gabe Gardner	JR	Maquoketa	24:24	7:51	
74	65	Sam Culbertson	JR	East Dubuque - IL	24:41	7:57	
75	66	Wil Quinn	FR	East Dubuque - IL	24:49	7:59	
76	67	Jon Thomsen	SO	Midland	25:12	8:07	

Cascade Invitational

Varsity Boys Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Monticello		Score = 16		9) Beckman Catholic		Score = 252	
1	Jasper Nietert, JR	17:29	5:38	38	Danil Wall, JR	20:03	6:27
2	Zach Chapman, JR	17:39	5:41	51	Isaac Schlaremann, SR	21:06	6:47
3	Cole Cruise, SR	17:40	5:41	52	Nate Schaefer, JR	21:18	6:51
4	Carter Kurt, SO	17:52	5:45	53	Jack Gehling, JR	21:22	6:53
6	Harrison Ahlrichs, FR	17:56	5:46	58	Joe Schneider, FR	22:41	7:18
20	Carter Cruise, SR	18:52	6:04	60	Auden Recker, SO	22:57	7:23
28	Gavin Baugh, JR	19:23	6:14	61	Cassius McGrane, SO	22:58	7:24
2) Maquoketa Valley		Score = 50		10) Midland		Score = 279	
5	Cy Huber, SO	17:55	5:46	26	Trent Rickels, SO	19:19	6:13
8	Chance Downs, SR	18:12	5:52	59	Ethan Milder, JR	22:54	7:22
9	Nolan Ries, SO	18:16	5:53	63	Milo Smith, FR	23:43	7:38
10	Michael Schaul, SO	18:21	5:54	64	Bryce Rushford, SO	24:15	7:48
18	Mason Lubben, SR	18:44	6:02	67	Jon Thomsen, SO	25:12	8:07
21	Derek Mensen, SR	18:55	6:05				
49	Brock Trenkamp, SO	20:35	6:37				
3) Benton Community		Score = 118					
11	Trey Schulte, FR	18:22	5:55				
19	Gage Offill, FR	18:44	6:02				
27	Drew Lange, SR	19:21	6:14				
29	Nicson Franck, JR	19:26	6:15				
32	Craig Morris, SR	19:27	6:16				
33	Brady Osborn, SO	19:38	6:19				
34	Owen Sadler, SO	19:55	6:25				
4) Cascade		Score = 123					
12	Cole Miller, SO	18:26	5:56				
15	Adam Knepper, FR	18:33	5:58				
17	Carson Nauman, JR	18:39	6:00				
39	Max Nadeau, FR	20:04	6:27				
40	Sam Noonan, SR	20:05	6:28				
41	Jonah Manternach, JR	20:06	6:28				
44	Tyler Kaalberg, JR	20:11	6:30				
5) Iowa City Regina		Score = 124					
7	Joe Maley, FR	18:12	5:51				
14	Ethan Boileau, SR	18:32	5:58				
16	Dan Maley, FR	18:39	6:00				
42	Evan Lacina, FR	20:07	6:29				
45	Andrew Miller, SR	20:11	6:30				
46	Adam Boblenz, SO	20:14	6:31				
48	Nick Kratz, JR	20:33	6:37				
6) Anamosa		Score = 127					
13	Ben Moss, SR	18:29	5:57				
22	Will King, SR	19:04	6:08				
24	Kole Haverly, JR	19:15	6:12				
25	Shea Keister, FR	19:16	6:12				
43	Giovanny Lopez, FR	20:09	6:29				
47	Tristan Weers, SO	20:30	6:36				
55	Sean Hollett, FR	21:42	6:59				
7) Durant		Score = 169					
23	Drake Shelangoski, SO	19:10	6:10				
30	Kayden Johnson, SO	19:26	6:15				
31	Nathan Moomey, SO	19:26	6:15				
35	Xander Fleming, JR	19:57	6:25				
50	Braden Wagner, JR	21:04	6:47				
57	Colyn Dean, FR	22:27	7:14				
62	Michael Frisch, SO	23:35	7:35				
8) East Dubuque - IL		Score = 248					
36	Matt Foote, SO	19:58	6:26				
37	Cross Oberman, JR	19:58	6:26				
54	Braydon Yoerger, FR	21:38	6:58				
56	Braedyn Budde, JR	22:20	7:11				
65	Sam Culbertson, JR	24:41	7:57				
66	Wil Quinn, FR	24:49	7:59				

Cascade Invitational

JV Boys Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	School	1	2	3	4	5	6	7	Total	TTL Time	Ave Time	Spread
1	Monticello	1	2	3	5	8	9	16	= 19	1:40:26	20:05	1:07
2	Cascade	6	7	10	12	15	17	26	= 50	1:44:37	20:55	1:13
3	Benton Community	4	11	13	19	20	21	24	= 67	1:46:57	21:23	2:01
4	Iowa City Regina	14	18	22	23	25	27	28	= 102	1:52:12	22:26	2:39

Incomplete Teams: Anamosa, Beckman Catholic, Durant, Maquoketa Valley

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Levi Temple	JR	Monticello	19:37	6:19
2	2	Dylan Ponder	FR	Monticello	19:40	6:20
3	3	Grant Hspodarsky	SO	Monticello	20:11	6:30
4	4	Brady Ellis	JR	Benton Community	20:13	6:30
5	5	Kale Hansen	FR	Monticello	20:15	6:31
6	6	Tyson Hill	FR	Cascade	20:18	6:32
7	7	Dane Bertling	JR	Cascade	20:32	6:37
8	8	Jayden Orcutt	JR	Monticello	20:44	6:40
9		Landin Frasher	FR	Maquoketa Valley	20:46	6:41
10	9	Jacob Miller	FR	Monticello	20:55	6:44
11	10	Davis Manternach	SO	Cascade	21:01	6:46
12	11	Eben Ellis	JR	Benton Community	21:03	6:46
13	12	Vic Kauder	JR	Cascade	21:15	6:50
14	13	Ryan Lange	SO	Benton Community	21:16	6:51
15	14	Nicholas Abusada	JR	Iowa City Regina	21:22	6:52
16	15	Sean Pry	FR	Cascade	21:31	6:56
17		Drew Pate	SO	Anamosa	21:52	7:02
18	16	Dominik Chally	JR	Monticello	21:53	7:02
19	17	Ben Boffeli	FR	Cascade	21:55	7:03
20	18	Henry May	SR	Iowa City Regina	22:02	7:06
21		Nathan Oswald	SO	Monticello	22:04	7:06
22		Keagan Glawatz	JR	Monticello	22:05	7:06
23	19	Isaac Lueckenotto	SO	Benton Community	22:11	7:08
24	20	Tristan West	SO	Benton Community	22:14	7:09
25		Connor Hynick	FR	Monticello	22:14	7:09
26		Jacob Koopmann	SR	Anamosa	22:16	7:10
27	21	Brandon Schultz	FR	Benton Community	22:20	7:11
28		Hayden Tomkins	FR	Monticello	22:21	7:12
29	22	Peter Chen	JR	Iowa City Regina	22:22	7:12
30	23	Jack Keating	JR	Iowa City Regina	22:25	7:13
31		Erlin Bell	SO	Monticello	22:29	7:14
32		Cord Nietert	FR	Monticello	22:45	7:19
33		Nick Ralston	JR	Anamosa	22:57	7:23
34		Trey Kuper	FR	Monticello	22:58	7:23
35		Nathan Sauser	FR	Monticello	23:12	7:28
36		Spencer Rea	FR	Beckman Catholic	23:22	7:31
37	24	Jaren Jones	SR	Benton Community	23:29	7:34
38		Noah Webber	SO	Monticello	23:32	7:34
39	25	Jack Meyer	JR	Iowa City Regina	24:01	7:44
40	26	Gavin Foust-Wollenberg-	SR	Cascade	24:31	7:54
41		Joel Ellis	SO	Anamosa	24:46	7:58
42		Sheldon Corkery	SO	Beckman Catholic	25:03	8:04
43	27	Dane Christians	SO	Iowa City Regina	25:06	8:05
44	28	Jack Kelly	SO	Iowa City Regina	25:06	8:05
45		Isaac Westhoff	FR	Beckman Catholic	25:13	8:07
46		Joseph Miller	SR	Benton Community	25:49	8:18
47		Peter Noonan	FR	Cascade	27:21	8:48
48		Ean Brown	FR	Beckman Catholic	27:58	9:00
49		Jackson Kleinmeyer	FR	Benton Community	28:10	9:04
50		Luke Abels	JR	Durant	28:54	9:18
51		Michael Berta	FR	Monticello	30:14	9:44
52		Gray Christians	SO	Iowa City Regina	30:44	9:53

Cascade Invitational

JV Boys Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Monticello		Score = 19					
1	Levi Temple, JR	19:37	6:19				
2	Dylan Ponder, FR	19:40	6:20				
3	Grant Hospodarsky, SO	20:11	6:30				
5	Kale Hansen, FR	20:15	6:31				
8	Jayden Orcutt, JR	20:44	6:40				
9	Jacob Miller, FR	20:55	6:44				
16	Dominik Chally, JR	21:53	7:02				
	Nathan Oswald, SO	22:04	7:06				
	Keagan Glawatz, JR	22:05	7:06				
	Connor Hynick, FR	22:14	7:09				
	Hayden Tomkins, FR	22:21	7:12				
	Erlin Bell, SO	22:29	7:14				
	Cord Nietert, FR	22:45	7:19				
	Trey Kuper, FR	22:58	7:23				
	Nathan Sauser, FR	23:12	7:28				
	Noah Webber, SO	23:32	7:34				
	Michael Berta, FR	30:14	9:44				
2) Cascade		Score = 50					
6	Tyson Hill, FR	20:18	6:32				
7	Dane Bertling, JR	20:32	6:37				
10	Davis Manternach, SO	21:01	6:46				
12	Vic Kauder, JR	21:15	6:50				
15	Sean Pry, FR	21:31	6:56				
17	Ben Boffeli, FR	21:55	7:03				
26	Gavin Foust-Wollenberg-, SR	24:31	7:54				
	Peter Noonan, FR	27:21	8:48				
3) Benton Community		Score = 67					
4	Brady Ellis, JR	20:13	6:30				
11	Eben Ellis, JR	21:03	6:46				
13	Ryan Lange, SO	21:16	6:51				
19	Isaac Lueckenotto, SO	22:11	7:08				
20	Tristan West, SO	22:14	7:09				
21	Brandon Schultz, FR	22:20	7:11				
24	Jaren Jones, SR	23:29	7:34				
	Joseph Miller, SR	25:49	8:18				
	Jackson Kleinmeyer, FR	28:10	9:04				
4) Iowa City Regina		Score = 102					
14	Nicholas Abusada, JR	21:22	6:52				
18	Henry May, SR	22:02	7:06				
22	Peter Chen, JR	22:22	7:12				
23	Jack Keating, JR	22:25	7:13				
25	Jack Meyer, JR	24:01	7:44				
27	Dane Christians, SO	25:06	8:05				
28	Jack Kelly, SO	25:06	8:05				
	Gray Christians, SO	30:44	9:53				

Incomplete Teams:

Anamosa

17	Drew Pate, SO	21:52	7:02
26	Jacob Koopmann, SR	22:16	7:10
33	Nick Ralston, JR	22:57	7:23
41	Joel Ellis, SO	24:46	7:58

Beckman Catholic

36	Spencer Rea, FR	23:22	7:31
42	Sheldon Corkery, SO	25:03	8:04
45	Isaac Westhoff, FR	25:13	8:07
48	Ean Brown, FR	27:58	9:00

Durant

50	Luke Abels, JR	28:54	9:18
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Maquoketa Valley

9	Landin Frasher, FR	20:46	6:41
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Cascade Invitational

JV Girls Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	School	1	2	3	4	5	6	7	Total	TTL Time	Ave Time	Spread
1	Monticello	1	2	3	4	5	6	7	= 15	2:05:11	25:02	1:30
2	Benton Community	8	9	10	11	12	13	14	= 50	2:16:09	27:14	1:33

Incomplete Teams: Iowa City Regina, Maquoketa

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Sarah Spence	SO	Monticello	24:13	7:48
2	2	Karli Recker	JR	Monticello	24:25	7:51
3	3	Dru Kramer	JR	Monticello	25:22	8:10
4	4	Faith Hansen	SO	Monticello	25:29	8:12
5	5	Ella Glawatz	FR	Monticello	25:42	8:16
6	6	Maddie Stadtmueller	JR	Monticello	26:02	8:23
7	7	Gabrielle Guilford	JR	Monticello	26:37	8:34
8	8	Jaden St. John	SR	Benton Community	26:42	8:36
9	9	Delaynee Slouha	FR	Benton Community	26:43	8:36
10	10	Jessica Crawford	SO	Benton Community	26:57	8:40
11		Savannah Freese	FR	Monticello	27:01	8:42
12	11	Madelyn Wolf	FR	Benton Community	27:32	8:52
13		Lizzie Petersen	SR	Monticello	27:51	8:58
14		Jackie Stadtmueller	FR	Monticello	28:13	9:05
15	12	Nicole Duncalf	SR	Benton Community	28:15	9:06
16		Ally Greving	SO	Iowa City Regina	28:35	9:12
17	13	Emma Schwake	FR	Benton Community	29:24	9:28
18		Sam Greving	SR	Iowa City Regina	29:31	9:30
19		Jade Armbruster	SR	Maquoketa	29:45	9:35
20		Alexa Joss	SO	Iowa City Regina	29:47	9:35
21	14	Baylee Schoenfelder	SR	Benton Community	29:59	9:39
22		Trinity Lagrange	SO	Benton Community	30:21	9:46
23		Makenna McManemy	SR	Benton Community	30:23	9:47
24		Caylie Cruise	SR	Benton Community	31:05	10:00
25		Destiny Lindsey	FR	Benton Community	31:34	10:10
26		Madeline Nugent	SO	Iowa City Regina	31:43	10:13
27		Krista Machael	SO	Maquoketa	36:18	11:41

Cascade Invitational

JV Girls Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	Name	Time	mpm	Place	Name	Time	mpm
1)	Monticello	Score =	15				
1	Sarah Spence, SO	24:13	7:48				
2	Karli Recker, JR	24:25	7:51				
3	Dru Kramer, JR	25:22	8:10				
4	Faith Hansen, SO	25:29	8:12				
5	Ella Glawatz, FR	25:42	8:16				
6	Maddie Stadtmueller, JR	26:02	8:23				
7	Gabrielle Guilford, JR	26:37	8:34				
	Savannah Freese, FR	27:01	8:42				
	Lizzie Petersen, SR	27:51	8:58				
	Jackie Stadtmueller, FR	28:13	9:05				
2)	Benton Community	Score =	50				
8	Jaden St. John, SR	26:42	8:36				
9	Delaynee Slouha, FR	26:43	8:36				
10	Jessica Crawford, SO	26:57	8:40				
11	Madelyn Wolf, FR	27:32	8:52				
12	Nicole Duncalf, SR	28:15	9:06				
13	Emma Schwake, FR	29:24	9:28				
14	Baylee Schoenfelder, SR	29:59	9:39				
	Trinity Lagrange, SO	30:21	9:46				
	Makenna McManemy, SR	30:23	9:47				
	Caylie Cruise, SR	31:05	10:00				
	Destiny Lindsey, FR	31:34	10:10				

Incomplete Teams:

Iowa City Regina

16	Ally Greving, SO	28:35	9:12
18	Sam Greving, SR	29:31	9:30
20	Alexa Joss, SO	29:47	9:35
26	Madeline Nugent, SO	31:43	10:13

Maquoketa

19	Jade Armbruster, SR	29:45	9:35
27	Krista Machael, SO	36:18	11:41

Cascade Invitational

MS Girls Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	School	1	2	3	4	5	6	Total	TTL	Time	Ave Time	Spread
1	West Delaware MS	3	4	9	12	14	19	= 28	59:58	15:00	2:08	
2	Monticello MS	1	5	17	18	31	33	= 41	1:00:32	15:08	2:48	
3	Maquoketa MS	2	6	15	25	28	30	= 48	1:02:34	15:39	4:12	
4	Cascade	8	11	13	22	26		= 54	1:04:35	16:09	1:35	
5	Mazzuchelli	10	21	23	24	29	36	= 78	1:08:06	17:01	1:50	
6	Anamosa	7	16	20	39			= 82	1:10:58	17:45	7:28	
7	Maquoketa Valley	27	32	34	35	37	38	= 128	1:15:01	18:45	1:27	

Incomplete Teams: Beckman Catholic, East Dubuque - IL, Midland, Prince of Peace

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Ava Capron	7th	Monticello MS	13:28	6:44
2	2	Reese Kuhlman	8th	Maquoketa MS	13:36	6:48
3		Madison Schnier	8th	Prince of Peace	13:37	6:49
4	3	Noelle Bardgett	8th	West Delaware MS	13:47	6:53
5		Maria Kruse	8th	Beckman Catholic	14:01	7:01
6	4	Josie McMahon	7th	West Delaware MS	14:31	7:16
7	5	Leah Koehler	7th	Monticello MS	14:31	7:16
8		Carmella Martinez	8th	East Dubuque - IL	14:59	7:29
9	6	Olivia McDermott	8th	Maquoketa MS	14:59	7:30
10	7	Leah Sleep	8th	Anamosa	15:17	7:39
11	8	Delaney Kremer	7th	Cascade	15:35	7:47
12	9	Abby Kass	7th	West Delaware MS	15:45	7:53
13	10	Anna Dehn	8th	Mazzuchelli	15:50	7:55
14	11	Ella Nauman	7th	Cascade	15:55	7:57
15	12	Lanae Leclere	8th	West Delaware MS	15:55	7:57
16		Madelyn Reiter	7th	Beckman Catholic	15:56	7:58
17	13	Kennedy Simon	7th	Cascade	15:56	7:58
18	14	Lili Shappell	7th	West Delaware MS	15:57	7:58
19	15	Ali Simmons	8th	Maquoketa MS	16:09	8:05
20	16	Jalyn Christensen	8th	Anamosa	16:13	8:06
21	17	Riley Evans	7th	Monticello MS	16:15	8:08
22	18	Rylee Kraus	8th	Monticello MS	16:17	8:08
23	19	Trudy Loecke	7th	West Delaware MS	16:30	8:15
24		Sophia Raubs	8th	Midland	16:33	8:16
25		Isabelle Schmitz	8th	West Delaware MS	16:36	8:18
26	20	Mickala Herrick	8th	Anamosa	16:43	8:22
27		Kennedy Recker	8th	Beckman Catholic	16:55	8:28
28		Maggie Millenkamp	8th	West Delaware MS	17:04	8:32
29	21	Alison Munshower	8th	Mazzuchelli	17:06	8:33
30	22	Leah Schwenker	8th	Cascade	17:09	8:35
31	23	Callie Dolphin	8th	Mazzuchelli	17:31	8:46
32	24	Grace Schroeder	8th	Mazzuchelli	17:39	8:50
33	25	Finley Starr	7th	Maquoketa MS	17:49	8:54
34	26	Issie Rhomberg	7th	Cascade	17:52	8:56
35	27	Zari Ambundo	8th	Maquoketa Valley	17:52	8:56
36	28	Evelyn Nelson	7th	Maquoketa MS	17:57	8:59
37	29	Alison Unsen	7th	Mazzuchelli	18:17	9:09
38	30	Bekah Pawlowski	8th	Maquoketa MS	18:20	9:10
39	31	Ella Sauser	7th	Monticello MS	18:34	9:17
40	32	McKenna Bush	7th	Maquoketa Valley	18:45	9:22
41		Addison Grau	7th	Maquoketa MS	18:51	9:25
42	33	Kaitlyn Weber	8th	Monticello MS	18:51	9:25
43		Joanna Patterson	7th	Monticello MS	18:52	9:26
44	34	Cecily Trenkamp	8th	Maquoketa Valley	19:05	9:32
45	35	Claira Gray	7th	Maquoketa Valley	19:19	9:40
46	36	Ella Donovan	8th	Mazzuchelli	19:28	9:44
47		Payton Portzen	7th	Mazzuchelli	19:41	9:51
48		Scarlett Misiahbeckler	7th	Mazzuchelli	19:44	9:52
49	37	Allison Hogan	7th	Maquoketa Valley	20:50	10:25
50	38	Adeline Rudd	8th	Maquoketa Valley	21:30	10:45
51		Monika Hernandez	7th	West Delaware MS	21:38	10:49
52		Sydney Shover	7th	West Delaware MS	21:45	10:52
53		Jahria Mixon	7th	Prince of Peace	21:54	10:57
54		Mia Ruley	7th	Midland	22:21	11:11
55	39	Caejyn Helgens	7th	Anamosa	22:45	11:22
56		Tiana Washington	7th	West Delaware MS	23:14	11:37
57		Bianca Johnson	7th	West Delaware MS	24:16	12:08
58		Lorelei Rieken	7th	Monticello MS	28:47	14:23

Cascade Invitational

MS Girls Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) West Delaware MS		Score = 28		Prince of Peace			
3	Noelle Bardgett, 8th	13:47	6:53	3	Madison Schnier, 8th	13:37	6:49
4	Josie McMahon, 7th	14:31	7:16	53	Jahria Mixon, 7th	21:54	10:57
9	Abby Kass, 7th	15:45	7:53				
12	Lanae Leclere, 8th	15:55	7:57				
14	Lili Shappell, 7th	15:57	7:58				
19	Trudy Loecke, 7th	16:30	8:15				
	Isabelle Schmitz, 8th	16:36	8:18				
	Maggie Millenkamp, 8th	17:04	8:32				
	Monika Hernandez, 7th	21:38	10:49				
	Sydney Shover, 7th	21:45	10:52				
	Tiana Washington, 7th	23:14	11:37				
	Bianca Johnson, 7th	24:16	12:08				
2) Monticello MS		Score = 41					
1	Ava Capron, 7th	13:28	6:44				
5	Leah Koehler, 7th	14:31	7:16				
17	Riley Evans, 7th	16:15	8:08				
18	Rylee Kraus, 8th	16:17	8:08				
31	Ella Sauser, 7th	18:34	9:17				
33	Kaitlyn Weber, 8th	18:51	9:25				
	Joanna Patterson, 7th	18:52	9:26				
	Lorelei Rieken, 7th	28:47	14:23				
3) Maquoketa MS		Score = 48					
2	Reese Kuhlman, 8th	13:36	6:48				
6	Olivia McDermott, 8th	14:59	7:30				
15	Ali Simmons, 8th	16:09	8:05				
25	Finley Starr, 7th	17:49	8:54				
28	Evelyn Nelson, 7th	17:57	8:59				
30	Bekah Pawlowski, 8th	18:20	9:10				
	Addison Grau, 7th	18:51	9:25				
4) Cascade		Score = 54					
8	Delaney Kremer, 7th	15:35	7:47				
11	Ella Nauman, 7th	15:55	7:57				
13	Kennedy Simon, 7th	15:56	7:58				
22	Leah Schwenker, 8th	17:09	8:35				
26	Issie Rhomberg, 7th	17:52	8:56				
5) Mazzuchelli		Score = 78					
10	Anna Dehn, 8th	15:50	7:55				
21	Alison Munshower, 8th	17:06	8:33				
23	Callie Dolphin, 8th	17:31	8:46				
24	Grace Schroeder, 8th	17:39	8:50				
29	Alison Unsen, 7th	18:17	9:09				
36	Ella Donovan, 8th	19:28	9:44				
	Payton Portzen, 7th	19:41	9:51				
	Scarlett Misiahbeckler, 7th	19:44	9:52				
6) Anamosa		Score = 82					
7	Leah Sleep, 8th	15:17	7:39				
16	Jalyn Christensen, 8th	16:13	8:06				
20	Mickala Herrick, 8th	16:43	8:22				
39	Caejyn Helgens, 7th	22:45	11:22				
7) Maquoketa Valley		Score = 128					
27	Zari Ambundo, 8th	17:52	8:56				
32	McKenna Bush, 7th	18:45	9:22				
34	Cecily Trenkamp, 8th	19:05	9:32				
35	Claira Gray, 7th	19:19	9:40				
37	Allison Hogan, 7th	20:50	10:25				
38	Adeline Rudd, 8th	21:30	10:45				

Incomplete Teams:

Beckman Catholic

5	Maria Kruse, 8th	14:01	7:01
16	Madelyn Reiter, 7th	15:56	7:58
27	Kennedy Recker, 8th	16:55	8:28

East Dubuque - IL

8	Carmella Martinez, 8th	14:59	7:29
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Midland

24	Sophia Raubs, 8th	16:33	8:16
54	Mia Ruley, 7th	22:21	11:11

Cascade Invitational

MS Boys Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	School	1	2	3	4	5	6	Total	TTL	Time	Ave Time	Spread
1	Anamosa	1	3	6	8	9	11	= 18	49:35	12:24	0:39	
2	West Delaware MS	5	7	16	18	28	29	= 46	52:39	13:10	1:35	
3	Maquoketa MS	2	10	14	34	39	41	= 60	54:10	13:33	3:11	
4	Mazzuchelli	12	15	17	21	22	23	= 65	54:21	13:35	1:05	
5	Beckman Catholic	4	24	25	26	27	35	= 79	55:46	13:57	2:07	
6	Cascade	13	19	20	31	33	37	= 83	56:07	14:02	1:17	
7	Monticello MS	30	32	36	38	40		= 136	1:03:18	15:49	2:49	

Incomplete Teams: Maquoketa Valley, Midland, Prince of Peace

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Jack Troester	8th	Anamosa	12:02	6:01
2	2	Tye Hardin	8th	Maquoketa MS	12:17	6:09
3	3	Grayson Weers	8th	Anamosa	12:18	6:09
4	4	Jacob Schlarmann	8th	Beckman Catholic	12:21	6:11
5	5	Zach Wenger	8th	West Delaware MS	12:28	6:14
6	6	Easton Wheeler	8th	Anamosa	12:34	6:17
7	7	Brayden Maury	8th	West Delaware MS	12:35	6:18
8	8	Nate Fischer	7th	Anamosa	12:41	6:20
9	9	Grant Lubben	8th	Anamosa	12:57	6:29
10	10	Cameron Tracy	8th	Maquoketa MS	12:57	6:29
11	11	Miken Wheeler	7th	Anamosa	13:04	6:32
12		Seth Countryman	7th	Anamosa	13:04	6:32
13	12	Caden Soppe	7th	Mazzuchelli	13:05	6:32
14		Toby Grimm	8th	Maquoketa Valley	13:09	6:34
15		Arion Rave	7th	Maquoketa Valley	13:15	6:37
16	13	Payton Feldmann	8th	Cascade	13:19	6:40
17		Gabe Wilmoth	7th	Anamosa	13:26	6:43
18	14	Brandt Bennis	7th	Maquoketa MS	13:28	6:44
19	15	Carlyle Meehan	7th	Mazzuchelli	13:30	6:45
20		Carter Kuehl	8th	Anamosa	13:31	6:45
21	16	Evan Kartman	8th	West Delaware MS	13:33	6:46
22	17	Isaac Lee	7th	Mazzuchelli	13:37	6:48
23		Bryce Burnough	8th	Anamosa	13:41	6:51
24		Jaret Jess	7th	Anamosa	13:52	6:56
25		Kinnick Reiss	7th	Anamosa	13:53	6:57
26		Tate Ruden	7th	Prince of Peace	13:57	6:58
27	18	Nick Mensen	8th	West Delaware MS	14:03	7:01
28	19	Eli Merfeld	7th	Cascade	14:05	7:02
29	20	Nathaniel Manternach	8th	Cascade	14:07	7:03
30	21	Walter Freund	7th	Mazzuchelli	14:09	7:05
31	22	Eden Schrack	8th	Mazzuchelli	14:13	7:07
32	23	Jaxon Oglesby	7th	Mazzuchelli	14:15	7:07
33		Tristan Kunde	8th	Midland	14:18	7:09
34		Jayson Ruley	7th	Midland	14:19	7:10
35		Owen McCleary	7th	Mazzuchelli	14:24	7:12
36	24	Parker Domeyer	7th	Beckman Catholic	14:27	7:14
37	25	Jonah Recker	7th	Beckman Catholic	14:29	7:14
38	26	Cooper Klas	7th	Beckman Catholic	14:29	7:14
39	27	Andrew Salrin	8th	Beckman Catholic	14:30	7:15
40	28	Braden Wenger	7th	West Delaware MS	14:34	7:17
41	29	Dominic Mastin	8th	West Delaware MS	14:35	7:18
42		Ashton Fangman	7th	West Delaware MS	14:36	7:18
43	30	Dane Siebels	8th	Monticello MS	14:36	7:18
44	31	Trenton Topping	7th	Cascade	14:36	7:18
45		Adam Cook	7th	West Delaware MS	14:43	7:21
46		Nicholas Moroney	7th	Mazzuchelli	14:46	7:23
47		Jace Lakose	7th	Anamosa	14:49	7:24
48		Jase Turnis	7th	West Delaware MS	14:49	7:24
49	32	Alex Oswald	8th	Monticello MS	14:50	7:25
50		Gabe Quint	8th	West Delaware MS	14:53	7:27
51	33	Riley Koppes	8th	Cascade	15:02	7:31
52		Cam Burgess	7th	Anamosa	15:04	7:32
53		Matthew Schaul	7th	Maquoketa Valley	15:11	7:35
54		Coy Peterson	8th	Midland	15:22	7:41
55		Ethan Grawe	8th	West Delaware MS	15:22	7:41
56	34	Jace Armbruster	8th	Maquoketa MS	15:28	7:44
57		Brevin Hawkinson	8th	Mazzuchelli	15:29	7:44
58		Ike Classan-Tubbs	8th	Anamosa	15:36	7:48
59		Pierce Oberfoell	8th	Mazzuchelli	15:42	7:51
60		Gill Johnson	7th	West Delaware MS	16:15	8:08
61		Skylar Hollett	8th	Anamosa	16:17	8:08
62	35	Riley White	8th	Beckman Catholic	16:19	8:10
63	36	Royce Kiburz	7th	Monticello MS	16:26	8:13
64		Carter Hageman	7th	Beckman Catholic	16:30	8:15
65		Landen Palmer	7th	West Delaware MS	16:31	8:16
66		Michael Kephart	7th	West Delaware MS	16:44	8:22
67		Mitchel Clemen	7th	Beckman Catholic	16:46	8:23

Cascade Invitational

MS Boys Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	Score	Name	Year	School	Time	Pace	mpm
68	37	Nate Milum	7th	Cascade	16:46	8:23	
69		Even Letts	7th	West Delaware MS	16:57	8:29	
70	38	River Smith	7th	Monticello MS	17:25	8:43	
71		Bock Mueller	7th	Mazzuchelli	17:37	8:48	
72		Mason Pultz	7th	Anamosa	17:42	8:51	
73		Jack Krow	7th	Mazzuchelli	18:26	9:13	
74		Caleb Dolan	7th	Mazzuchelli	18:29	9:14	
75		Liam Nefzger	7th	West Delaware MS	18:30	9:15	
76		Keegan Carnicle	7th	West Delaware MS	18:48	9:24	
77	39	Jacob Nabb	7th	Maquoketa MS	19:03	9:31	
78	40	Dru Boffeli	7th	Monticello MS	19:54	9:57	
79		Nehemiah Mallicoat	7th	Prince of Peace	20:54	10:27	
80		Liam Darsidan	7th	Prince of Peace	21:57	10:58	
81	41	Beau Said	7th	Maquoketa MS	25:15	12:37	

Cascade Invitational

MS Boys Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Anamosa		Score = 18		7) Monticello MS		Score = 136	
1	Jack Troester, 8th	12:02	6:01	30	Dane Siebels, 8th	14:36	7:18
3	Grayson Weers, 8th	12:18	6:09	32	Alex Oswald, 8th	14:50	7:25
6	Easton Wheeler, 8th	12:34	6:17	36	Royce Kiburz, 7th	16:26	8:13
8	Nate Fischer, 7th	12:41	6:20	38	River Smith, 7th	17:25	8:43
9	Grant Lubben, 8th	12:57	6:29	40	Dru Boffeli, 7th	19:54	9:57
11	Miken Wheeler, 7th	13:04	6:32				
	Seth Countryman, 7th	13:04	6:32				
	Gabe Wilmoth, 7th	13:26	6:43				
	Carter Kuehl, 8th	13:31	6:45				
	Bryce Burnough, 8th	13:41	6:51				
	Jaret Jess, 7th	13:52	6:56				
	Kinnick Reiss, 7th	13:53	6:57				
	Jace Lakose, 7th	14:49	7:24				
	Cam Burgess, 7th	15:04	7:32				
	Ike Classan-Tubbs, 8th	15:36	7:48				
	Skylar Hollett, 8th	16:17	8:08				
	Mason Pultz, 7th	17:42	8:51				
2) West Delaware MS		Score = 46		Maquoketa Valley		Score = 136	
5	Zach Wenger, 8th	12:28	6:14	14	Toby Grimm, 8th	13:09	6:34
7	Brayden Maury, 8th	12:35	6:18	15	Arion Rave, 7th	13:15	6:37
16	Evan Kartman, 8th	13:33	6:46	53	Matthew Schaul, 7th	15:11	7:35
18	Nick Mensen, 8th	14:03	7:01				
28	Braden Wenger, 7th	14:34	7:17				
29	Dominic Mastin, 8th	14:35	7:18				
	Ashton Fangman, 7th	14:36	7:18				
	Adam Cook, 7th	14:43	7:21				
	Jase Turnis, 7th	14:49	7:24				
	Gabe Quint, 8th	14:53	7:27				
	Ethan Grawe, 8th	15:22	7:41				
	Gill Johnson, 7th	16:15	8:08				
	Landen Palmer, 7th	16:31	8:16				
	Michael Kephart, 7th	16:44	8:22				
	Even Letts, 7th	16:57	8:29				
	Liam Nefzger, 7th	18:30	9:15				
	Keegan Carnicle, 7th	18:48	9:24				
3) Maquoketa MS		Score = 60		Midland		Score = 136	
2	Tye Hardin, 8th	12:17	6:09	33	Tristan Kunde, 8th	14:18	7:09
10	Cameron Tracy, 8th	12:57	6:29	34	Jayson Ruley, 7th	14:19	7:10
14	Brandt Bennis, 7th	13:28	6:44	54	Coy Peterson, 8th	15:22	7:41
34	Jace Armbruster, 8th	15:28	7:44				
39	Jacob Nabb, 7th	19:03	9:31				
41	Beau Said, 7th	25:15	12:37				
4) Mazzuchelli		Score = 65		Prince of Peace		Score = 136	
12	Caden Soppe, 7th	13:05	6:32	26	Tate Ruden, 7th	13:57	6:58
15	Carlyle Meehan, 7th	13:30	6:45	79	Nehemiah Mallicoat, 7th	20:54	10:27
17	Isaac Lee, 7th	13:37	6:48	80	Liam Darsidan, 7th	21:57	10:58
21	Walter Freund, 7th	14:09	7:05				
22	Eden Schrack, 8th	14:13	7:07				
23	Jaxon Oglesby, 7th	14:15	7:07				
	Owen McCleary, 7th	14:24	7:12				
	Nicholas Moroney, 7th	14:46	7:23				
	Brevin Hawkinson, 8th	15:29	7:44				
	Pierce Oberfoell, 8th	15:42	7:51				
	Bock Mueller, 7th	17:37	8:48				
	Jack Krow, 7th	18:26	9:13				
	Caleb Dolan, 7th	18:29	9:14				
5) Beckman Catholic		Score = 79					
4	Jacob Schlarmann, 8th	12:21	6:11				
24	Parker Domeyer, 7th	14:27	7:14				
25	Jonah Recker, 7th	14:29	7:14				
26	Cooper Klas, 7th	14:29	7:14				
27	Andrew Salrin, 8th	14:30	7:15				
35	Riley White, 8th	16:19	8:10				
	Carter Hageman, 7th	16:30	8:15				
	Mitchel Clemen, 7th	16:46	8:23				
6) Cascade		Score = 83					
13	Payton Feldmann, 8th	13:19	6:40				
19	Eli Merfeld, 7th	14:05	7:02				
20	Nathaniel Manternach, 8th	14:07	7:03				
31	Trenton Topping, 7th	14:36	7:18				
33	Riley Koppes, 8th	15:02	7:31				
37	Nate Milum, 7th	16:46	8:23				