

# Iowa City West Invitational

Varsity Girls Ashton Cross Country Course - Iowa City, IA 10/1/2019 Partly Cloudy S 10MPH 84°

Place	School	1	2	3	4	5	6	7	Total	TTL	Time	Ave Time	Spread
1	Cedar Rapids Prairie	2	3	5	19	20	22	23	= 49	1:43:44.4	20:44.9	1:19.2	
2	Hempstead	4	8	10	12	16	24	34	= 50	1:44:49.5	20:57.9	0:53.1	
3	Ankeny Centennial	6	7	9	11	21	26		= 54	1:45:12.9	21:02.6	0:38.1	
4	North Scott	15	28	29	32	33	40	42	= 137	1:51:09.7	22:13.9	1:32.4	
5	Cedar Rapids Washington	1	35	36	44	48	55	67	= 164	1:53:54.6	22:46.9	4:15.7	
6	Iowa City Regina	17	30	39	41	43	57	59	= 170	1:54:04.2	22:48.8	2:17.7	
7	Mount Vernon-Lisbon	13	14	38	50	60	61		= 175	1:55:36.5	23:07.3	4:26.6	
8	Marion	25	27	45	47	49	52	58	= 193	1:56:00.0	23:12.0	2:30.0	
9	Muscatine	18	51	54	56	62	64	65	= 241	2:02:50.2	24:34.0	5:20.1	
10	Xavier	31	37	46	63	66			= 243	2:03:20.1	24:40.0	4:41.0	
11	Des Moines East	53	68	69	70	71			= 331	2:31:01.6	30:12.3	7:42.5	

## Incomplete Teams:

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Mary Cline	JR	Cedar Rapids Washington	19:56.7	6:25
2	2	Gabby Cortez	SO	Cedar Rapids Prairie	20:03.7	6:27
3	3	Laurdyn Meyer	JR	Cedar Rapids Prairie	20:08.5	6:29
4	4	Hannah Brown	SR	Hempstead	20:24.7	6:34
5	5	Carli Reittinger	SR	Cedar Rapids Prairie	20:46.5	6:41
6	6	Rondi Quass	FR	Ankeny Centennial	20:47.1	6:41
7	7	Morgan Graybill	SR	Ankeny Centennial	20:56.5	6:44
8	8	Emma Holesinger	SR	Hempstead	20:56.7	6:44
9	9	Kierstan Fritz	SR	Ankeny Centennial	20:58.3	6:45
10	10	Shaelyn Hostager	SR	Hempstead	21:01.3	6:46
11	11	Jeanne Peters	SR	Ankeny Centennial	21:05.8	6:47
12	12	Kaylee Leicht	SR	Hempstead	21:09.1	6:48
13	13	Aubrey Frey	SR	Mount Vernon-Lisbon	21:10.6	6:49
14	14	Laura Swart	FR	Mount Vernon-Lisbon	21:16.5	6:51
15	15	Bailey Boddicker	FR	North Scott	21:17.4	6:51
16	16	Brooke O'Brein	FR	Hempstead	21:17.7	6:51
17	17	Annalee Bartles	JR	Iowa City Regina	21:20.6	6:52
18	18	Rylee Blake	SR	Muscatine	21:22.1	6:53
19	19	Grace Long	SO	Cedar Rapids Prairie	21:22.7	6:53
20	20	Lily Johannes	SO	Cedar Rapids Prairie	21:22.9	6:53
21	21	Katie Jensen	JR	Ankeny Centennial	21:25.2	6:54
22	22	Kendall White	JR	Cedar Rapids Prairie	21:29.2	6:55
23	23	Alyza Koppes	SO	Cedar Rapids Prairie	21:36.9	6:57
24	24	Audrey Franklin	JR	Hempstead	21:41.2	6:59
25	25	Peyton Steffen	SO	Marion	21:46.3	7:00
26	26	Kathryn Vorthermans	JR	Ankeny Centennial	21:52.1	7:02
27	27	Corrina Dittmer	SR	Marion	21:54.6	7:03
28	28	Kaitlyn Knoche	FR	North Scott	22:06.8	7:07
29	29	Abbi Lafrenz	SR	North Scott	22:07.1	7:07
30	30	Mya Whitaker	FR	Iowa City Regina	22:15.9	7:10
31	31	Hannah Denman	SR	Xavier	22:23.3	7:12
32	32	Sadie West	JR	North Scott	22:48.8	7:21
33	33	Ava Garrard	SO	North Scott	22:49.8	7:21
34	34	Emily Richter	JR	Hempstead	22:51.3	7:21
35	35	Sage Slessor	FR	Cedar Rapids Washington	22:57.3	7:23
36	36	Libby Wickham	SO	Cedar Rapids Washington	22:58.2	7:24
37	37	Lizzy Schmitt	JR	Xavier	23:06.7	7:26
38	38	Laila Moellering	FR	Mount Vernon-Lisbon	23:08.8	7:27
39	39	Josie Voss	SO	Iowa City Regina	23:21.8	7:31
40	40	Emily Kundel	SR	North Scott	23:24.1	7:32
41	41	Josie Pursley	SO	Iowa City Regina	23:27.6	7:33
42	42	Zoe Warm	SR	North Scott	23:35.0	7:35
43	43	Kennedy Scott	SR	Iowa City Regina	23:38.3	7:37
44	44	Syd Mitvalsky	JR	Cedar Rapids Washington	23:50.1	7:40
45	45	Rebeckah Regenninger	FR	Marion	23:56.2	7:42
46	46	Megan Meyer	SR	Xavier	24:00.9	7:44
47	47	Addison Stearns	FR	Marion	24:06.7	7:46
48	48	Jojo Hayes	SR	Cedar Rapids Washington	24:12.4	7:47
49	49	Noelle Regenninger	FR	Marion	24:16.2	7:49
50	50	Sabrina Bleile	JR	Mount Vernon-Lisbon	24:23.4	7:51
51	51	Gwen Kuhl	JR	Muscatine	24:32.2	7:54
52	52	Hannah Brase	FR	Marion	24:42.4	7:57
53	53	Marissa Thompson	JR	Des Moines East	24:49.7	7:59
54	54	Lauren Dirth	SR	Muscatine	25:04.3	8:04
55	55	Ella Davis	JR	Cedar Rapids Washington	25:05.1	8:04
56	56	Molly Guerra	SO	Muscatine	25:09.4	8:06
57	57	Allison Hein	SO	Iowa City Regina	25:22.7	8:10
58	58	Leah Fitch	JR	Marion	25:25.2	8:11
59	59	Claire Gaarde	SR	Iowa City Regina	25:34.6	8:14
60	60	Grace Morningstar	SR	Mount Vernon-Lisbon	25:37.2	8:15
61	61	Emmaline Campbell	FR	Mount Vernon-Lisbon	25:47.9	8:18
62	62	Carlie Blazek	JR	Muscatine	26:42.2	8:36
63	63	Faith Karl	SO	Xavier	26:44.9	8:37

***Iowa City West Invitational***

Varsity Girls Ashton Cross Country Course - Iowa City, IA 10/1/2019 Partly Cloudy S 10MPH 84°

Place	Score	Name	Year	School	Time	Pace mpm
64	64	Abby Stambler	SO	Muscatine	26:56.3	8:40
65	65	Ruve Roos	FR	Muscatine	26:56.6	8:40
66	66	Hope Schulte	JR	Xavier	27:04.3	8:43
67	67	Ellen Houtz	SR	Cedar Rapids Washington	27:32.2	8:52
68	68	Rebecca Curtis	SR	Des Moines East	29:17.8	9:26
69	69	Daniela Gama	SR	Des Moines East	31:50.2	10:15
70	70	Paulina Hernandez	SR	Des Moines East	32:31.6	10:28
71	71	Sabrina Vongphandy	SR	Des Moines East	32:32.2	10:28

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Varsity Girls Ashton Cross Country Course - Iowa City, IA 10/1/2019 Partly Cloudy S 10MPH 84°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Cedar Rapids Prairie		Score = 49		10) Xavier		Score = 243	
2	Gabby Cortez, SO	20:03.7	6:27	31	Hannah Denman, SR	22:23.3	7:12
3	Laurdyn Meyer, JR	20:08.5	6:29	37	Lizzy Schmitt, JR	23:06.7	7:26
5	Carli Reittinger, SR	20:46.5	6:41	46	Megan Meyer, SR	24:00.9	7:44
19	Grace Long, SO	21:22.7	6:53	63	Faith Karl, SO	26:44.9	8:37
20	Lily Johannes, SO	21:22.9	6:53	66	Hope Schulte, JR	27:04.3	8:43
22	Kendall White, JR	21:29.2	6:55				
23	Alyza Koppes, SO	21:36.9	6:57				
2) Hempstead		Score = 50		11) Des Moines East		Score = 331	
4	Hannah Brown, SR	20:24.7	6:34	53	Marissa Thompson, JR	24:49.7	7:59
8	Emma Holesinger, SR	20:56.7	6:44	68	Rebecca Curtis, SR	29:17.8	9:26
10	Shaelyn Hostager, SR	21:01.3	6:46	69	Daniela Gama, SR	31:50.2	10:15
12	Kaylee Leicht, SR	21:09.1	6:48	70	Paulina Hernandez, SR	32:31.6	10:28
16	Brooke O'Brien, FR	21:17.7	6:51	71	Sabrina Vongphandy, SR	32:32.2	10:28
24	Audrey Franklin, JR	21:41.2	6:59				
34	Emily Richter, JR	22:51.3	7:21				
3) Ankeny Centennial		Score = 54		Incomplete Teams:			
6	Rondi Quass, FR	20:47.1	6:41				
7	Morgan Graybill, SR	20:56.5	6:44				
9	Kierstan Fritz, SR	20:58.3	6:45				
11	Jeanne Peters, SR	21:05.8	6:47				
21	Katie Jensen, JR	21:25.2	6:54				
26	Kathryn Vortherms, JR	21:52.1	7:02				
4) North Scott		Score = 137					
15	Bailey Boddicker, FR	21:17.4	6:51				
28	Kaitlyn Knoche, FR	22:06.8	7:07				
29	Abbi Lafrenz, SR	22:07.1	7:07				
32	Sadie West, JR	22:48.8	7:21				
33	Ava Garrard, SO	22:49.8	7:21				
40	Emily Kundel, SR	23:24.1	7:32				
42	Zoe Warm, SR	23:35.0	7:35				
5) Cedar Rapids Washington		Score = 164					
1	Mary Cline, JR	19:56.7	6:25				
35	Sage Slessor, FR	22:57.3	7:23				
36	Libby Wickham, SO	22:58.2	7:24				
44	Syd Mitvalsky, JR	23:50.1	7:40				
48	Jojo Hayes, SR	24:12.4	7:47				
55	Ella Davis, JR	25:05.1	8:04				
67	Ellen Houtz, SR	27:32.2	8:52				
6) Iowa City Regina		Score = 170					
17	Annalee Bartles, JR	21:20.6	6:52				
30	Mya Whitaker, FR	22:15.9	7:10				
39	Josie Voss, SO	23:21.8	7:31				
41	Josie Pursley, SO	23:27.6	7:33				
43	Kennedy Scott, SR	23:38.3	7:37				
57	Allison Hein, SO	25:22.7	8:10				
59	Claire Gaarde, SR	25:34.6	8:14				
7) Mount Vernon-Lisbon		Score = 175					
13	Aubrey Frey, SR	21:10.6	6:49				
14	Laura Swart, FR	21:16.5	6:51				
38	Laila Moellering, FR	23:08.8	7:27				
50	Sabrina Bleile, JR	24:23.4	7:51				
60	Grace Morningstar, SR	25:37.2	8:15				
61	Emmaline Campbell, FR	25:47.9	8:18				
8) Marion		Score = 193					
25	Peyton Steffen, SO	21:46.3	7:00				
27	Corrina Dittmer, SR	21:54.6	7:03				
45	Rebeckah Regennitter, FR	23:56.2	7:42				
47	Addison Stearns, FR	24:06.7	7:46				
49	Noelle Regennitter, FR	24:16.2	7:49				
52	Hannah Brase, FR	24:42.4	7:57				
58	Leah Fitch, JR	25:25.2	8:11				
9) Muscatine		Score = 241					
18	Rylee Blake, SR	21:22.1	6:53				
51	Gwen Kuhl, JR	24:32.2	7:54				
54	Lauren Dirth, SR	25:04.3	8:04				
56	Molly Guerra, SO	25:09.4	8:06				
62	Carlie Blazek, JR	26:42.2	8:36				
64	Abby Stambler, SO	26:56.3	8:40				
65	Ruve Roos, FR	26:56.6	8:40				

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Place	School	1	2	3	4	5	6	7	Total	TTL	Time	Ave Time	Spread
1	Cedar Rapids Prairie	1	2	12	27	39	61	63	= 81	1:26:00.9	17:12.2	1:43.8	
2	Johnston JV	9	13	18	21	24	25	42	= 85	1:27:01.3	17:24.3	0:43.4	
3	Iowa City West	4	11	14	29	32	40	45	= 90	1:27:00.5	17:24.1	1:09.7	
4	Cedar Rapids Washington	3	10	16	22	60	71		= 111	1:27:46.3	17:33.3	2:17.3	
5	Ankeny Centennial	5	8	19	41	51	52	67	= 124	1:27:58.1	17:35.6	1:32.6	
6	Bettendorf	7	15	34	46	49	50	57	= 151	1:28:55.0	17:47.0	1:23.1	
7	North Scott	17	36	37	44	47	53	64	= 181	1:30:05.1	18:01.0	0:54.1	
8	Mount Vernon-Lisbon	26	30	35	43	55	66	72	= 189	1:30:27.1	18:05.4	0:46.1	
9	Marion	28	31	33	38	65	74	78	= 195	1:30:53.5	18:10.7	1:16.5	
10	Muscatine	20	48	54	59	75	81		= 256	1:33:17.4	18:39.5	2:17.9	
11	Xavier	6	68	70	73	76	79	88	= 293	1:35:11.3	19:02.3	3:01.7	
12	Des Moines East	23	56	69	77	82	83		= 307	1:36:38.2	19:19.6	3:13.7	
13	Iowa City Regina	58	62	80	84	85	86	87	= 369	1:40:52.6	20:10.5	2:35.5	

## Incomplete Teams:

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Jack Pendergast	SR	Cedar Rapids Prairie	16:22.3	5:16
2	2	Hunter Kalous	JR	Cedar Rapids Prairie	16:33.4	5:20
3	3	Lewis Kleman	SR	Cedar Rapids Washington	16:40.9	5:22
4	4	Nicolo Schianchi	SO	Iowa City West	16:45.2	5:24
5	5	Gabriel Vicker	JR	Ankeny Centennial	16:52.0	5:26
6	6	Jack Renning	SR	Xavier	16:52.9	5:26
7	7	Kyler Castro	SR	Bettendorf	16:56.9	5:27
8	8	Connor Cunningham	JR	Ankeny Centennial	16:59.4	5:28
9	9	Hunter Briggs	SR	Johnston JV	17:00.3	5:28
10	10	Max Locher	SR	Cedar Rapids Washington	17:07.4	5:31
11	11	Alex McKane	SO	Iowa City West	17:08.0	5:31
12	12	Carlo Dannenfelser	SR	Cedar Rapids Prairie	17:10.1	5:32
13	13	Nathan Tegeler	SR	Johnston JV	17:10.3	5:32
14	14	Ken Wilbur	SR	Iowa City West	17:19.7	5:35
15	15	Nick Moore	JR	Bettendorf	17:21.9	5:35
16	16	Ethan Stout	JR	Cedar Rapids Washington	17:22.1	5:35
17	17	Owen West	JR	North Scott	17:25.0	5:36
18	18	Nathan Kellar	JR	Johnston JV	17:30.4	5:38
19	19	Nate Jones	JR	Ankeny Centennial	17:33.7	5:39
20	20	Sam Gordon	SO	Muscatine	17:35.2	5:40
21	21	Carter Eckhoff	SO	Johnston JV	17:36.6	5:40
22	22	Lukas Engledow	JR	Cedar Rapids Washington	17:37.6	5:40
23	23	Andres Cruz-Castro	SO	Des Moines East	17:42.3	5:42
24	24	Carson Stanley	JR	Johnston JV	17:43.7	5:42
25	25	Drew Schmidt	SR	Johnston JV	17:45.7	5:43
26	26	Zach Fall	FR	Mount Vernon-Lisbon	17:47.2	5:43
27	27	Andrew Bickford	JR	Cedar Rapids Prairie	17:48.9	5:44
28	28	Shane Erb	SO	Marion	17:50.9	5:45
29	29	Raymond Yang	SR	Iowa City West	17:52.6	5:45
30	30	Kaleb Brand	SR	Mount Vernon-Lisbon	17:53.6	5:46
31	31	Jedidiah Osgood	FR	Marion	17:54.9	5:46
32	32	Mohan Kumar	JR	Iowa City West	17:54.9	5:46
33	33	Tanner Shindelar	JR	Marion	17:55.6	5:46
34	34	Layton Pribyl	JR	Bettendorf	17:57.7	5:47
35	35	Eli Dickson	FR	Mount Vernon-Lisbon	18:02.2	5:48
36	36	Ethan Jost	JR	North Scott	18:03.1	5:49
37	37	Luke Crawford	SO	North Scott	18:03.8	5:49
38	38	Gaven Hiler	SR	Marion	18:04.9	5:49
39	39	McKade Adams	SR	Cedar Rapids Prairie	18:06.2	5:50
40	40	Caden Noeller	SO	Iowa City West	18:07.8	5:50
41	41	Ryan Bybee	JR	Ankeny Centennial	18:08.4	5:50
42	42	Malachi Thompson	SR	Johnston JV	18:09.6	5:51
43	43	Riley Dolan	SR	Mount Vernon-Lisbon	18:10.9	5:51
44	44	Chase Porter	JR	North Scott	18:14.2	5:52
45	45	Seth Cheney	FR	Iowa City West	18:17.5	5:53
46	46	Ethan Cole	FR	Bettendorf	18:18.6	5:54
47	47	Will Dowda	JR	North Scott	18:19.1	5:54
48	48	Eli Roeth	SR	Muscatine	18:19.7	5:54
49	49	Aaron Roehr	SR	Bettendorf	18:20.0	5:54
50	50	Thomas Hughes	SO	Bettendorf	18:21.6	5:55
51	51	Kade Christensen	JR	Ankeny Centennial	18:24.6	5:56
52	52	Cooper Majors	SO	Ankeny Centennial	18:28.4	5:57
53	53	Colin Rettig	FR	North Scott	18:31.1	5:58
54	54	Dawson Sweat	SR	Muscatine	18:32.4	5:58
55	55	Quincy Happel	SO	Mount Vernon-Lisbon	18:33.3	5:58
56	56	Ryan Trujillo	FR	Des Moines East	18:41.7	6:01
57	57	Carter Wolf	JR	Bettendorf	18:49.2	6:03
58	58	Joe Maley	FR	Iowa City Regina	18:56.9	6:06
59	59	Trevor Diedrichs	JR	Muscatine	18:56.9	6:06
60	60	Britt Edwards	SR	Cedar Rapids Washington	18:58.3	6:06
61	61	Jaxon Sickels	FR	Cedar Rapids Prairie	18:58.8	6:07

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Place	Score	Name	Year	School	Time	Pace	mpm
62	62	Ethan Boileau	SR	Iowa City Regina	18:59.4	6:07	
63	63	Anthony Lee	SO	Cedar Rapids Prairie	19:02.6	6:08	
64	64	Tyson Haedt	SO	North Scott	19:04.9	6:09	
65	65	Blake Roling	SO	Marion	19:07.3	6:09	
66	66	Jack Ossenkopf	SR	Mount Vernon-Lisbon	19:08.7	6:10	
67	67	Joe Guddall	JR	Ankeny Centennial	19:15.4	6:12	
68	68	Collin Musick	SR	Xavier	19:21.9	6:14	
69	69	Jose Dominguez	SR	Des Moines East	19:23.2	6:14	
70	70	Randall Kinner	SO	Xavier	19:25.6	6:15	
71	71	Finn Deboom	SO	Cedar Rapids Washington	19:31.6	6:17	
72	72	Jayden Meeker	JR	Mount Vernon-Lisbon	19:36.3	6:19	
73	73	Bryor Hansel	JR	Xavier	19:36.3	6:19	
74	74	Nicholas Verduzco	SO	Marion	19:41.6	6:20	
75	75	Aidan Daufeldt	JR	Muscatine	19:53.1	6:24	
76	76	Brady Horstmann	SO	Xavier	19:54.6	6:25	
77	77	Andrew Lamb	SR	Des Moines East	19:55.0	6:25	
78	78	Cole Hemann	SR	Marion	19:58.9	6:26	
79	79	John Trotta	JR	Xavier	20:06.8	6:28	
80	80	Andrew Miller	SR	Iowa City Regina	20:18.2	6:32	
81	81	Joel Larue	JR	Muscatine	20:53.1	6:43	
82	82	Xander Wallace	SR	Des Moines East	20:56.0	6:44	
83	83	Cosmas Nyaika	SR	Des Moines East	21:05.3	6:47	
84	84	Evan Lacina	FR	Iowa City Regina	21:05.8	6:47	
85	85	Nick Kratz	JR	Iowa City Regina	21:32.4	6:56	
86	86	Adam Boblenz	SO	Iowa City Regina	21:37.5	6:58	
87	87	Nicholas Abusada	JR	Iowa City Regina	21:40.1	6:58	
88	88	Blake Bohon	JR	Xavier	23:03.7	7:25	

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Place	Name	Time	mpm	Place	Name	Time	mpm
1)	Cedar Rapids Prairie	Score = 81		9)	Marion	Score = 195	
1	Jack Pendergast, SR	16:22.3	5:16	28	Shane Erb, SO	17:50.9	5:45
2	Hunter Kalous, JR	16:33.4	5:20	31	Jedidiah Osgood, FR	17:54.9	5:46
12	Carlo Dannenfelser, SR	17:10.1	5:32	33	Tanner Shindelar, JR	17:55.6	5:46
27	Andrew Bickford, JR	17:48.9	5:44	38	Gaven Hiler, SR	18:04.9	5:49
39	McKade Adams, SR	18:06.2	5:50	65	Blake Roling, SO	19:07.3	6:09
61	Jaxon Sickels, FR	18:58.8	6:07	74	Nicholas Verduzco, SO	19:41.6	6:20
63	Anthony Lee, SO	19:02.6	6:08	78	Cole Hemann, SR	19:58.9	6:26
2)	Johnston JV	Score = 85		10)	Muscatine	Score = 256	
9	Hunter Briggs, SR	17:00.3	5:28	20	Sam Gordon, SO	17:35.2	5:40
13	Nathan Tegeler, SR	17:10.3	5:32	48	Eli Roeth, SR	18:19.7	5:54
18	Nathan Kellar, JR	17:30.4	5:38	54	Dawson Sweat, SR	18:32.4	5:58
21	Carter Eckhoff, SO	17:36.6	5:40	59	Trevor Diedrichs, JR	18:56.9	6:06
24	Carson Stanley, JR	17:43.7	5:42	75	Aidan Daufeldt, JR	19:53.1	6:24
25	Drew Schmidt, SR	17:45.7	5:43	81	Joel Larue, JR	20:53.1	6:43
42	Malachi Thompson, SR	18:09.6	5:51				
3)	Iowa City West	Score = 90		11)	Xavier	Score = 293	
4	Nicolo Schianchi, SO	16:45.2	5:24	6	Jack Renning, SR	16:52.9	5:26
11	Alex McKane, SO	17:08.0	5:31	68	Collin Musick, SR	19:21.9	6:14
14	Ken Wilbur, SR	17:19.7	5:35	70	Randall Kinner, SO	19:25.6	6:15
29	Raymond Yang, SR	17:52.6	5:45	73	Bryor Hansel, JR	19:36.3	6:19
32	Mohan Kumar, JR	17:54.9	5:46	76	Brady Horstmann, SO	19:54.6	6:25
40	Caden Noeller, SO	18:07.8	5:50	79	John Trotta, JR	20:06.8	6:28
45	Seth Cheney, FR	18:17.5	5:53	88	Blake Bohon, JR	23:03.7	7:25
4)	Cedar Rapids Washington	Score = 111		12)	Des Moines East	Score = 307	
3	Lewis Kleman, SR	16:40.9	5:22	23	Andres Cruz-Castro, SO	17:42.3	5:42
10	Max Locher, SR	17:07.4	5:31	56	Ryan Trujillo, FR	18:41.7	6:01
16	Ethan Stout, JR	17:22.1	5:35	69	Jose Dominguez, SR	19:23.2	6:14
22	Lukas Engledow, JR	17:37.6	5:40	77	Andrew Lamb, SR	19:55.0	6:25
60	Britt Edwards, SR	18:58.3	6:06	82	Xander Wallace, SR	20:56.0	6:44
71	Finn Deboom, SO	19:31.6	6:17	83	Cosmas Nyaiaka, SR	21:05.3	6:47
5)	Ankeny Centennial	Score = 124		13)	Iowa City Regina	Score = 369	
5	Gabriel Vicker, JR	16:52.0	5:26	58	Joe Maley, FR	18:56.9	6:06
8	Connor Cunningham, JR	16:59.4	5:28	62	Ethan Boileau, SR	18:59.4	6:07
19	Nate Jones, JR	17:33.7	5:39	80	Andrew Miller, SR	20:18.2	6:32
41	Ryan Bybee, JR	18:08.4	5:50	84	Evan Lacina, FR	21:05.8	6:47
51	Kade Christensen, JR	18:24.6	5:56	85	Nick Kratz, JR	21:32.4	6:56
52	Cooper Majors, SO	18:28.4	5:57	86	Adam Boblenz, SO	21:37.5	6:58
67	Joe Guddall, JR	19:15.4	6:12	87	Nicholas Abusada, JR	21:40.1	6:58
6)	Bettendorf	Score = 151			Incomplete Teams:		
7	Kyler Castro, SR	16:56.9	5:27				
15	Nick Moore, JR	17:21.9	5:35				
34	Layton Pribyl, JR	17:57.7	5:47				
46	Ethan Cole, FR	18:18.6	5:54				
49	Aaron Roehr, SR	18:20.0	5:54				
50	Thomas Hughes, SO	18:21.6	5:55				
57	Carter Wolf, JR	18:49.2	6:03				
7)	North Scott	Score = 181					
17	Owen West, JR	17:25.0	5:36				
36	Ethan Jost, JR	18:03.1	5:49				
37	Luke Crawford, SO	18:03.8	5:49				
44	Chase Porter, JR	18:14.2	5:52				
47	Will Dowda, JR	18:19.1	5:54				
53	Colin Rettig, FR	18:31.1	5:58				
64	Tyson Haedt, SO	19:04.9	6:09				
8)	Mount Vernon-Lisbon	Score = 189					
26	Zach Fall, FR	17:47.2	5:43				
30	Kaleb Brand, SR	17:53.6	5:46				
35	Eli Dickson, FR	18:02.2	5:48				
43	Riley Dolan, SR	18:10.9	5:51				
55	Quincy Happel, SO	18:33.3	5:58				
66	Jack Ossenkop, SR	19:08.7	6:10				
72	Jayden Meeker, JR	19:36.3	6:19				

# Iowa City West Invitational

JV Girls Ashton Cross Country Course - Iowa City, IA 10/1/2019 Partly Cloudy S 10MPH 84°

Place	School	1	2	3	4	5	6	7	Total	TTL	Time	Ave Time	Spread
1	Ankeny Centennial	2	3	4	5	6	8	9	= 20	1:52:18.3	22:27.7	0:38.0	
2	Bettendorf JV	1	7	11	12	14	20	21	= 45	1:54:45.7	22:57.1	2:16.5	
3	North Scott	10	13	19	26	30	32	38	= 98	2:01:55.1	24:23.0	2:51.6	
4	Hempstead	15	16	22	23	24	34	37	= 100	2:02:49.4	24:33.9	0:57.2	
5	Mount Vernon-Lisbon	18	25	31	35	43	45	46	= 152	2:08:05.0	25:37.0	2:22.4	
6	Cedar Rapids Prairie	27	28	39	40	47	48	49	= 181	2:11:25.7	26:17.1	1:47.8	
7	Xavier	17	29	42	56	57	59	60	= 201	2:14:30.8	26:54.2	4:45.6	
8	Cedar Rapids Washington	33	41	52	61	63			= 250	2:21:35.7	28:19.1	4:43.8	
9	Marion	36	50	51	54	64			= 255	2:22:53.9	28:34.8	6:02.1	
10	Muscatine	44	53	55	58	62	67	70	= 272	2:23:16.5	28:39.3	3:30.5	
11	Des Moines East	65	66	68	69	71			= 339	2:53:45.1	34:45.0	2:42.1	

Incomplete Teams: Iowa City Regina

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Ashlynn Whitcanack	SO	Bettendorf JV	21:35.9	6:57
2	2	Kate Hoogensen	SR	Ankeny Centennial	21:59.7	7:05
3	3	Grace Meador	JR	Ankeny Centennial	22:31.5	7:15
4	4	Macie Langstraat	JR	Ankeny Centennial	22:33.4	7:16
5	5	Camden Hershberger	FR	Ankeny Centennial	22:36.0	7:16
6	6	Hannah Nelson	SR	Ankeny Centennial	22:37.7	7:17
7	7	Amanda Scott	SO	Bettendorf JV	22:43.7	7:19
8	8	Allison Su	JR	Ankeny Centennial	22:48.1	7:20
9	9	Kendall Jorgensen	SO	Ankeny Centennial	22:59.4	7:24
10	10	Grace Sindt	JR	North Scott	23:03.0	7:25
11	11	Peyton Bytnar	SR	Bettendorf JV	23:09.9	7:27
12	12	Eliana Fritz	FR	Ankeny Centennial	23:12.3	7:28
13	12	Klara Skogman	FR	Bettendorf JV	23:23.7	7:32
14	13	Megan Smith	JR	North Scott	23:28.0	7:33
15		Claire Anonson	SO	Ankeny Centennial	23:39.2	7:37
16		Taysia Bettis	SO	Ankeny Centennial	23:40.6	7:37
17		Celesta Cox	SR	Ankeny Centennial	23:49.0	7:40
18	14	Stephanie Rice	JR	Bettendorf JV	23:52.4	7:41
19	15	Natalie Schlichte	FR	Hempstead	23:58.9	7:43
20	16	Jamie Weidemann	JR	Hempstead	24:04.6	7:45
21	17	Mary Clare Bean	SO	Xavier	24:12.0	7:47
22	18	Emma Bock	SR	Mount Vernon-Lisbon	24:18.9	7:50
23	19	Bella Warm	FR	North Scott	24:21.7	7:50
24	20	Audrey Scarlett	FR	Bettendorf JV	24:24.5	7:51
25	21	Madison Fohrt	SR	Bettendorf JV	24:25.7	7:52
26		Izzy Appel	SO	Bettendorf JV	24:26.1	7:52
27		Kate McAleer	SO	Bettendorf JV	24:37.4	7:56
28		Kristine Elias	FR	Bettendorf JV	24:40.9	7:57
29	22	Trinity Kessler	SO	Hempstead	24:54.5	8:01
30	23	Anna Besler	FR	Hempstead	24:55.3	8:01
31	24	Maddie Digman	FR	Hempstead	24:56.1	8:02
32	25	Alice Conroy	JR	Mount Vernon-Lisbon	24:58.8	8:02
33		Cailyn Wright	JR	Ankeny Centennial	24:59.5	8:03
34		Julianne Stevens	SO	Ankeny Centennial	25:01.2	8:03
35		MacI Banyas	JR	Ankeny Centennial	25:06.6	8:05
36		Emma Arends	SR	Ankeny Centennial	25:07.3	8:05
37	26	Anna Nichols	FR	North Scott	25:07.9	8:05
38		Faye Blackman	SR	Bettendorf JV	25:15.5	8:08
39		Alyssa Newton	SR	Bettendorf JV	25:28.2	8:12
40	27	Julianne Hodges	JR	Cedar Rapids Prairie	25:31.0	8:13
41		Delaney Ward	SO	Bettendorf JV	25:36.2	8:14
42		Lily Teagarden	SR	Bettendorf JV	25:44.5	8:17
43	28	Emilee Horak	JR	Cedar Rapids Prairie	25:47.7	8:18
44		Savannah Klingensmith	SO	Ankeny Centennial	25:51.3	8:19
45	29	Rilee Lansing	SR	Xavier	25:52.3	8:20
46	30	Hattie Hagedorn	FR	North Scott	25:54.5	8:20
47	31	Annie Leopold	SR	Mount Vernon-Lisbon	25:55.7	8:21
48		Eva Rasmer	SR	Bettendorf JV	25:56.3	8:21
49	32	Glory Hansel	JR	North Scott	25:57.9	8:21
50		Jenny Hagg	SR	Ankeny Centennial	26:02.0	8:23
51	33	Ellie Rockwell	JR	Cedar Rapids Washington	26:07.2	8:24
52	34	Amelia Benham	JR	Hempstead	26:08.1	8:25
53	35	Karly Connolly	SR	Mount Vernon-Lisbon	26:10.3	8:25
54	36	Ella Bartels	SO	Marion	26:12.4	8:26
55		Lexie Gunn	SO	Ankeny Centennial	26:12.7	8:26
56	37	Samantha Schmitt	SO	Hempstead	26:15.1	8:27
57	38	Natalie Naber	FR	North Scott	26:20.3	8:29
58	39	Natalie Bennett	JR	Cedar Rapids Prairie	26:20.9	8:29
59	40	Hannah Roe	SO	Cedar Rapids Prairie	26:27.2	8:31
60		Emmersen Haugland	JR	Bettendorf JV	26:28.8	8:31
61		Raina Paepert	JR	Ankeny Centennial	26:30.8	8:32
62	41	Sophia Davis	JR	Cedar Rapids Washington	26:31.5	8:32
63		Ceci Rasmer	SO	Bettendorf JV	26:32.2	8:32

# Iowa City West Invitational

JV Girls Ashton Cross Country Course - Iowa City, IA 10/1/2019 Partly Cloudy S 10MPH 84°

Place	Score	Name	Year	School	Time	Pace mpm
64		Brianna Hynick	FR	Ankeny Centennial	26:33.8	8:33
65	42	Madelyn Dake	SO	Xavier	26:35.1	8:33
66	43	Claire Gaffney	FR	Mount Vernon-Lisbon	26:41.3	8:35
67	44	Nariah Einfeldt	SO	Muscatine	26:43.6	8:36
68		Ellie Wilson	SR	Ankeny Centennial	26:45.5	8:37
69		Elsie Rieck	JR	North Scott	26:48.0	8:38
70	45	Addisen Santee	SR	Mount Vernon-Lisbon	26:53.4	8:39
71	46	Ranae Hasselbusch	SR	Mount Vernon-Lisbon	26:56.3	8:40
72		Charlie Brink	FR	Ankeny Centennial	26:59.8	8:41
73		Ava Birchmier	FR	Ankeny Centennial	26:59.9	8:41
74		Chloe Timmerman	JR	Hempstead	27:02.1	8:42
75		Kristin Boyler	SR	Bettendorf JV	27:02.1	8:42
76		Lily Booth	SO	Mount Vernon-Lisbon	27:07.7	8:44
77		Madeline Winger	FR	Hempstead	27:12.2	8:45
78		Lauryn Woerdeman	SR	Ankeny Centennial	27:13.0	8:46
79		Kamille Berns	SO	Hempstead	27:18.1	8:47
80	47	Katelyn Leitheiser	SO	Cedar Rapids Prairie	27:18.8	8:47
81		Olivia Bert	SR	Bettendorf JV	27:20.5	8:48
82	48	Marisa Kelsey	SO	Cedar Rapids Prairie	27:23.1	8:49
83		Tori Oelrich	FR	Mount Vernon-Lisbon	27:40.7	8:55
84	49	Taylor Kenny	SR	Cedar Rapids Prairie	27:42.3	8:55
85		Anna Boller	SR	Cedar Rapids Prairie	27:43.3	8:55
86	50	Molly Dunne	SO	Marion	27:45.1	8:56
87		Josie Dalton	JR	Cedar Rapids Prairie	27:46.5	8:56
88	51	Molly Schlitter	SO	Marion	28:00.9	9:01
89	52	Anna Tarvestad	FR	Cedar Rapids Washington	28:02.5	9:02
90		Emily Onken	SO	Hempstead	28:03.1	9:02
91		Ava Bergquist	SO	Hempstead	28:11.5	9:04
92		Madalyn Champion	SO	Bettendorf JV	28:13.0	9:05
93		Brenna Bullock	SR	North Scott	28:15.5	9:06
94		Miranda Pierce	SR	Ankeny Centennial	28:15.7	9:06
95		Abby Matney	SR	Ankeny Centennial	28:16.2	9:06
96		Olivia Vincent	SR	Bettendorf JV	28:18.0	9:07
97		Audrey Sellon	FR	Cedar Rapids Prairie	28:18.7	9:07
98	53	Leah Roberson	FR	Muscatine	28:19.2	9:07
99		Kambree Hultquist	SO	Mount Vernon-Lisbon	28:33.1	9:11
100		Paige Beck	SR	Mount Vernon-Lisbon	28:34.6	9:12
101		Lexi Lonning	SR	Hempstead	28:37.5	9:13
102	54	Ella Fortmann	SO	Marion	28:41.0	9:14
103		Ava Hagedorn	FR	North Scott	28:44.0	9:15
104	55	Rebekah Brunson	JR	Muscatine	28:47.9	9:16
105	56	Alma Cosgrove	FR	Xavier	28:53.9	9:18
106	57	Paige Denman	FR	Xavier	28:57.6	9:19
107		Amukta Gantalamohini	JR	Ankeny Centennial	28:58.0	9:19
108		Elizabeth Barns	FR	Mount Vernon-Lisbon	29:00.1	9:20
109		Ryley Hoffman	SR	Mount Vernon-Lisbon	29:01.6	9:21
110		Sydney Madison	JR	Ankeny Centennial	29:03.1	9:21
111		Natalia Portal-Figueroa	JR	Ankeny Centennial	29:05.2	9:22
112	58	Kiera Kreuzenstein	SO	Muscatine	29:11.7	9:24
113		Abby Kayser	JR	North Scott	29:15.7	9:25
114		Megan Fear	SR	Cedar Rapids Prairie	29:17.1	9:26
115	59	Avery Arens	JR	Xavier	29:20.4	9:27
116		Ceccelia Darter	SO	Hempstead	29:21.5	9:27
117		Anna Gehl	SO	Hempstead	29:22.4	9:27
118		Quinlan Denes	SO	Mount Vernon-Lisbon	29:22.6	9:27
119	60	Danielle Oberfoell	SR	Xavier	29:25.7	9:28
120		Shannon Beck	SR	Mount Vernon-Lisbon	29:31.7	9:30
121		Ella Kane	SR	Xavier	29:36.3	9:32
122		Claire Schadl	SR	Hempstead	29:42.0	9:34
123		Bailey Tonn	SR	Hempstead	29:46.9	9:35
124		Grace Becker	JR	Hempstead	29:47.9	9:35
125		Macy Denbeste	SR	Ankeny Centennial	29:52.6	9:37
126		Katelin Meier	SR	Ankeny Centennial	29:52.8	9:37
127		Gabby Manion	SR	Bettendorf JV	29:54.3	9:38
128		Allison Ehlinger	JR	Hempstead	29:54.7	9:38
129		Abby Kallaher	SR	Hempstead	29:55.0	9:38
130		Ashlynn Sherwood	SR	Ankeny Centennial	29:56.1	9:38
131		Rachel Lapaczonek	SR	Bettendorf JV	29:57.6	9:39
132		Athena Nelson	SO	North Scott	29:59.9	9:39
133	61	Francoise Swedi	JR	Cedar Rapids Washington	30:03.5	9:40
134		Claire Lahey	SO	Hempstead	30:04.4	9:41
135		Victoria Larson	SR	Hempstead	30:05.1	9:41
136		Emily Devereux	SO	Ankeny Centennial	30:07.9	9:42
137	62	Lennon Ruffner	FR	Muscatine	30:14.0	9:44
138		Chloe Brabant	SR	North Scott	30:19.9	9:46
139		Greta Solbrig	SR	Bettendorf JV	30:21.5	9:46
140		Emily Bahns	FR	North Scott	30:22.6	9:47
141		Ally Greving	SO	Iowa City Regina	30:29.3	9:49

# Iowa City West Invitational

JV Girls Ashton Cross Country Course - Iowa City, IA 10/1/2019 Partly Cloudy S 10MPH 84°

Place	Score	Name	Year	School	Time	Pace mpm
142		Marin Smith	FR	North Scott	30:29.5	9:49
143		Alexa Joss	SO	Iowa City Regina	30:42.9	9:53
144	63	Grace Fox	SO	Cedar Rapids Washington	30:51.1	9:56
145		Lexi Wentink	SO	Bettendorf JV	31:07.8	10:01
146		Lizzy Niehaus	JR	Mount Vernon-Lisbon	31:15.6	10:04
147		Hadley Anderson	SR	Mount Vernon-Lisbon	31:20.2	10:05
148		Jenna McClain	FR	Ankeny Centennial	31:21.2	10:05
149		Laura Bostwick	SO	Xavier	31:25.9	10:07
150		Macy Eskelsen	SO	Mount Vernon-Lisbon	31:34.1	10:10
151		Paige Hanson	SR	Hempstead	31:34.2	10:10
152		Mikayla Sash	SR	Ankeny Centennial	31:37.7	10:11
153		Clarisse Roscio	SO	Bettendorf JV	31:51.1	10:15
154		Amber Loney	JR	Hempstead	31:57.5	10:17
155		Maddie Serbousek	JR	Xavier	31:58.5	10:18
156		Callie Kyte	SR	Cedar Rapids Prairie	32:00.3	10:18
157		Hope Hansel	FR	North Scott	32:02.6	10:19
158		McKenna Santee	JR	North Scott	32:03.0	10:19
159		Aundrea Crain	JR	North Scott	32:03.5	10:19
160		Gillian Borden	SR	Bettendorf JV	32:11.1	10:22
161		Sydney Strief	SO	Bettendorf JV	32:11.2	10:22
162	64	Jennie Hilton	SO	Marion	32:14.5	10:23
163		Bailey Wuestenberg	JR	North Scott	32:17.2	10:24
164		Sam Greving	SR	Iowa City Regina	32:18.1	10:24
165		Katey Harrison	JR	Bettendorf JV	32:21.9	10:25
166		Lizzie Murcia	SO	Bettendorf JV	32:22.5	10:25
167		Amanda Jefferson	SO	Bettendorf JV	32:23.5	10:26
168		Anna Lenig	FR	Ankeny Centennial	32:58.3	10:37
169		Amanda Warren	SR	Ankeny Centennial	33:01.7	10:38
170		Mathilde Damgaard	SR	Bettendorf JV	33:07.3	10:40
171		Mallory Leazer	SR	Ankeny Centennial	33:17.1	10:43
172		Abby Housker	JR	Ankeny Centennial	33:20.6	10:44
173		Stefanie Lewis	FR	Cedar Rapids Prairie	33:21.7	10:44
174		Emily Rotert	SO	Ankeny Centennial	33:23.3	10:45
175		Mena Wagner	SO	Bettendorf JV	33:24.4	10:45
176		Macie Zimmerman	SO	Bettendorf JV	33:26.4	10:46
177		Olivia Schaeffer	JR	Ankeny Centennial	33:34.9	10:49
178		Abby Johnson	SR	Cedar Rapids Prairie	33:36.3	10:49
179		Olivia Sanders	FR	Ankeny Centennial	33:36.3	10:49
180		Paige Johnson	FR	Bettendorf JV	33:37.5	10:49
181		Chloe Amaya	FR	Ankeny Centennial	33:37.6	10:49
182		Devynn Johnson	SO	North Scott	33:38.3	10:50
183		Grace Gainer	SR	North Scott	33:41.5	10:51
184		Maddy White	SO	Bettendorf JV	33:45.3	10:52
185	65	Jamie Gomez	SO	Des Moines East	33:49.9	10:53
186	66	Jadira Gomez-Torres	SO	Des Moines East	33:55.3	10:55
187	67	Hailee Diaz	FR	Muscatine	34:00.3	10:57
188	68	Mayela Chavez	SR	Des Moines East	34:28.3	11:06
189		Madeline Nugent	SO	Iowa City Regina	34:30.2	11:06
190		Haley Brouillet	SR	Ankeny Centennial	34:42.9	11:10
191		Sarah Cunningham	SR	Xavier	34:57.5	11:15
192	69	Priscilla Macias	SR	Des Moines East	34:59.7	11:16
193		Sophia Hazelett	SR	Bettendorf JV	35:05.0	11:18
194		Skylynn Redding	SR	Hempstead	35:11.2	11:20
195		Ava Young	SR	Bettendorf JV	35:40.1	11:29
196		Reagan Light	SR	Mount Vernon-Lisbon	35:45.6	11:31
197		Lauren Kephart	JR	Mount Vernon-Lisbon	35:54.6	11:33
198	70	Bosena Smith	SO	Muscatine	36:03.5	11:36
199		Alexandra Heston	SR	Ankeny Centennial	36:15.0	11:40
200	71	Sarah Landon	SR	Des Moines East	36:31.9	11:46
201		Faith Weis	SR	Bettendorf JV	36:38.5	11:48
202		Jennifer Villanueva	JR	Hempstead	37:11.3	11:58
203		Hailey Duerkson	SR	Cedar Rapids Prairie	37:34.9	12:06
204		Erin Peck	SO	North Scott	37:53.0	12:12
205		Haley Rindfleifch	JR	Hempstead	38:02.9	12:15
206		Emilee Mitchell	SO	North Scott	38:32.1	12:24
207		Kaitlyn Gammon	SR	Cedar Rapids Prairie	38:33.5	12:25
208		Nicole Hasselbusch	FR	Mount Vernon-Lisbon	38:47.0	12:29
209		Juliana Schadel	SR	North Scott	39:55.9	12:51
210		Elizabeth Ernst	SO	Ankeny Centennial	41:15.1	13:17
211		Emma Calabro	FR	Ankeny Centennial	41:30.0	13:21
212		Abby Stegemoller	SR	Cedar Rapids Prairie	41:58.5	13:31
213		Addie Brooks	SR	Ankeny Centennial	43:03.6	13:52

# Iowa City West Invitational

JV Girls Ashton Cross Country Course - Iowa City, IA 10/1/2019 Partly Cloudy S 10MPH 84°

Place	Name	Time	mpm	Place	Name	Time	mpm
1)	Ankeny Centennial	Score =	20	2)	Bettendorf JV	Score =	45
2	Kate Hoogensen, SR	21:59.7	7:05	1	Ashlynn Whitcanack, SO	21:35.9	6:57
3	Grace Meador, JR	22:31.5	7:15	7	Amanda Scott, SO	22:43.7	7:19
4	MacIe Langstraat, JR	22:33.4	7:16	11	Peyton Bytnar, SR	23:09.9	7:27
5	Camden Hershberger, FR	22:36.0	7:16	12	Klara Skogman, FR	23:23.7	7:32
6	Hannah Nelson, SR	22:37.7	7:17	14	Stephanie Rice, JR	23:52.4	7:41
8	Allison Su, JR	22:48.1	7:20	20	Audrey Scarlett, FR	24:24.5	7:51
9	Kendall Jorgensen, SO	22:59.4	7:24	21	Madison Foht, SR	24:25.7	7:52
	Eliana Fritz, FR	23:12.3	7:28		Izzy Appel, SO	24:26.1	7:52
	Claire Anonson, SO	23:39.2	7:37		Kate McAleer, SO	24:37.4	7:56
	Taysia Bettis, SO	23:40.6	7:37		Kristine Elias, FR	24:40.9	7:57
	Celesta Cox, SR	23:49.0	7:40		Faye Blackman, SR	25:15.5	8:08
	Cailyn Wright, JR	24:59.5	8:03		Alyssa Newton, SR	25:28.2	8:12
	Julianne Stevens, SO	25:01.2	8:03		Delaney Ward, SO	25:36.2	8:14
	MacI Banyas, JR	25:06.6	8:05		Lily Teagarden, SR	25:44.5	8:17
	Emma Arends, SR	25:07.3	8:05		Eva Rasmer, SR	25:56.3	8:21
	Savannah Klingensmith, SO	25:51.3	8:19		Emmersen Haugland, JR	26:28.8	8:31
	Jenny Hagg, SR	26:02.0	8:23		Ceci Rasmer, SO	26:32.2	8:32
	Lexie Gunn, SO	26:12.7	8:26		Kristin Boyler, SR	27:02.1	8:42
	Raina Paeper, JR	26:30.8	8:32		Olivia Bert, SR	27:20.5	8:48
	Brianna Hynick, FR	26:33.8	8:33		Madalyn Champion, SO	28:13.0	9:05
	Ellie Wilson, SR	26:45.5	8:37		Olivia Vincent, SR	28:18.0	9:07
	Charlie Brink, FR	26:59.8	8:41		Gabby Manion, SR	29:54.3	9:38
	Ava Birchmier, FR	26:59.9	8:41		Rachel Lapaczonek, SR	29:57.6	9:39
	Lauryn Woerdeman, SR	27:13.0	8:46		Greta Solbrig, SR	30:21.5	9:46
	Miranda Pierce, SR	28:15.7	9:06		Lexi Wentink, SO	31:07.8	10:01
	Abby Matney, SR	28:16.2	9:06		Clarisso Roscio, SO	31:51.1	10:15
	Amukta Gantalamohini, JR	28:58.0	9:19		Gillian Borden, SR	32:11.1	10:22
	Sydney Madison, JR	29:03.1	9:21		Sydney Strief, SO	32:11.2	10:22
	Natalia Portal-Figueroa, JR	29:05.2	9:22		Katey Harrison, JR	32:21.9	10:25
	MacY Denbeste, SR	29:52.6	9:37		Lizzie Murcia, SO	32:22.5	10:25
	Katelin Meier, SR	29:52.8	9:37		Amanda Jefferson, SO	32:23.5	10:26
	Ashlynn Sherwood, SR	29:56.1	9:38		Mathilde Damgaard, SR	33:07.3	10:40
	Emily Devereux, SO	30:07.9	9:42		Mena Wagner, SO	33:24.4	10:45
	Jenna McClain, FR	31:21.2	10:05		MacIe Zimmerman, SO	33:26.4	10:46
	Mikayla Sash, SR	31:37.7	10:11		Paige Johnson, FR	33:37.5	10:49
	Anna Lenig, FR	32:58.3	10:37		Maddy White, SO	33:45.3	10:52
	Amanda Warren, SR	33:01.7	10:38		Sophia Hazelett, SR	35:05.0	11:18
	Mallory Leazer, SR	33:17.1	10:43		Ava Young, SR	35:40.1	11:29
	Abby Housker, JR	33:20.6	10:44		Faith Weis, SR	36:38.5	11:48
	Emily Rotert, SO	33:23.3	10:45				
	Olivia Schaeffer, JR	33:34.9	10:49	3)	North Scott	Score =	98
	Olivia Sanders, FR	33:36.3	10:49	10	Grace Sintd, JR	23:03.0	7:25
	Chloe Amaya, FR	33:37.6	10:49	13	Megan Smith, JR	23:28.0	7:33
	Haley Brouillet, SR	34:42.9	11:10	19	Bella Warm, FR	24:21.7	7:50
	Alexandra Heston, SR	36:15.0	11:40	26	Anna Nichols, FR	25:07.9	8:05
	Elizabeth Ernst, SO	41:15.1	13:17	30	Hattie Hagedorn, FR	25:54.5	8:20
	Emma Calabro, FR	41:30.0	13:21	32	Glory Hansel, JR	25:57.9	8:21
	Addie Brooks, SR	43:03.6	13:52	38	Natalie Naber, FR	26:20.3	8:29
					Elsie Rieck, JR	26:48.0	8:38
					Brenna Bullock, SR	28:15.5	9:06
					Ava Hagedorn, FR	28:44.0	9:15
					Abby Kayser, JR	29:15.7	9:25
					Athena Nelson, SO	29:59.9	9:39
					Chloe Brabant, SR	30:19.9	9:46
					Emily Bahns, FR	30:22.6	9:47
					Marin Smith, FR	30:29.5	9:49
					Hope Hansel, FR	32:02.6	10:19
					McKenna Santee, JR	32:03.0	10:19
					Aundrea Crain, JR	32:03.5	10:19
					Bailey Wuestenberg, JR	32:17.2	10:24
					Devynn Johnson, SO	33:38.3	10:50
					Grace Gainer, SR	33:41.5	10:51
					Erin Peck, SO	37:53.0	12:12
					Emilee Mitchell, SO	38:32.1	12:24
					Juliana Schadel, SR	39:55.9	12:51

# Iowa City West Invitational

JV Girls Ashton Cross Country Course - Iowa City, IA 10/1/2019 Partly Cloudy S 10MPH 84°

Place	Name	Time	mpm	Place	Name	Time	mpm
4) Hempstead		Score = 100		7) Xavier		Score = 201	
15	Natalie Schlichte, FR	23:58.9	7:43	17	Mary Clare Bean, SO	24:12.0	7:47
16	Jamie Weidemann, JR	24:04.6	7:45	29	Rilee Lansing, SR	25:52.3	8:20
22	Trinity Kessler, SO	24:54.5	8:01	42	Madelyn Dake, SO	26:35.1	8:33
23	Anna Besler, FR	24:55.3	8:01	56	Alma Cosgrove, FR	28:53.9	9:18
24	Maddie Digman, FR	24:56.1	8:02	57	Paige Denman, FR	28:57.6	9:19
34	Amelia Benham, JR	26:08.1	8:25	59	Avery Arens, JR	29:20.4	9:27
37	Samantha Schmitt, SO	26:15.1	8:27	60	Danielle Oberfoell, SR	29:25.7	9:28
	Chloe Timmerman, JR	27:02.1	8:42		Ella Kane, SR	29:36.3	9:32
	Madeline Winger, FR	27:12.2	8:45		Laura Bostwick, SO	31:25.9	10:07
	Kamille Berns, SO	27:18.1	8:47		Maddie Serbousek, JR	31:58.5	10:18
	Emily Onken, SO	28:03.1	9:02		Sarah Cunningham, SR	34:57.5	11:15
	Ava Bergquist, SO	28:11.5	9:04				
	Lexi Lonning, SR	28:37.5	9:13				
	Ceccelia Darter, SO	29:21.5	9:27				
	Anna Gehl, SO	29:22.4	9:27				
	Claire Schadl, SR	29:42.0	9:34				
	Bailey Tonn, SR	29:46.9	9:35				
	Grace Becker, JR	29:47.9	9:35				
	Allison Ehlinger, JR	29:54.7	9:38				
	Abby Kallaher, SR	29:55.0	9:38				
	Claire Lahey, SO	30:04.4	9:41				
	Victoria Larson, SR	30:05.1	9:41				
	Paige Hanson, SR	31:34.2	10:10				
	Amber Loney, JR	31:57.5	10:17				
	Skylynn Redding, SR	35:11.2	11:20				
	Jennifer Villanueva, JR	37:11.3	11:58				
	Haley Rindfleifch, JR	38:02.9	12:15				
5) Mount Vernon-Lisbon		Score = 152					
18	Emma Bock, SR	24:18.9	7:50				
25	Alice Conroy, JR	24:58.8	8:02				
31	Annie Leopold, SR	25:55.7	8:21				
35	Karly Connolly, SR	26:10.3	8:25				
43	Claire Gaffney, FR	26:41.3	8:35				
45	Addisen Santee, SR	26:53.4	8:39				
46	Ranae Hasselbusch, SR	26:56.3	8:40				
	Lily Booth, SO	27:07.7	8:44				
	Tori Oelrich, FR	27:40.7	8:55				
	Kambree Hultquist, SO	28:33.1	9:11				
	Paige Beck, SR	28:34.6	9:12				
	Elizabeth Barns, FR	29:00.1	9:20				
	Ryley Hoffman, SR	29:01.6	9:21				
	Quinlan Denes, SO	29:22.6	9:27				
	Shannon Beck, SR	29:31.7	9:30				
	Lizzy Niehaus, JR	31:15.6	10:04				
	Hadley Anderson, SR	31:20.2	10:05				
	MacY Eskelsen, SO	31:34.1	10:10				
	Reagan Light, SR	35:45.6	11:31				
	Lauren Kephart, JR	35:54.6	11:33				
	Nicole Hasselbusch, FR	38:47.0	12:29				
6) Cedar Rapids Prairie		Score = 181					
27	Julianne Hodges, JR	25:31.0	8:13				
28	Emilee Horak, JR	25:47.7	8:18				
39	Natalie Bennett, JR	26:20.9	8:29				
40	Hannah Roe, SO	26:27.2	8:31				
47	Katelyn Leitheiser, SO	27:18.8	8:47				
48	Marisa Kelsey, SO	27:23.1	8:49				
49	Taylor Kenny, SR	27:42.3	8:55				
	Anna Boller, SR	27:43.3	8:55				
	Josie Dalton, JR	27:46.5	8:56				
	Audrey Sellon, FR	28:18.7	9:07				
	Megan Fear, SR	29:17.1	9:26				
	Callie Kyte, SR	32:00.3	10:18				
	Stefanie Lewis, FR	33:21.7	10:44				
	Abby Johnson, SR	33:36.3	10:49				
	Hailey Duerkson, SR	37:34.9	12:06				
	Kaitlyn Gammon, SR	38:33.5	12:25				
	Abby Stegemoller, SR	41:58.5	13:31				

### Incomplete Teams:

#### Iowa City Regina

141	Ally Greving, SO	30:29.3	9:49
143	Alexa Joss, SO	30:42.9	9:53
164	Sam Greving, SR	32:18.1	10:24
189	Madeline Nugent, SO	34:30.2	11:06

# Iowa City West Invitational

JV Boys Ashton Cross Country Course - Iowa City, IA 10/1/2019 Partly Cloudy S 10MPH 84°

Place	School	1	2	3	4	5	6	7	Total	TT1	Time	Ave Time	Spread
1	Johnston JV	1	2	3	5	7	8	10	= 18	1:29:58.5	17:59.7	0:36.3	
2	Iowa City West	4	6	11	14	15	22	26	= 50	1:32:34.1	18:30.8	0:46.1	
3	Bettendorf	12	16	21	23	24	44	51	= 96	1:35:33.4	19:06.7	0:34.5	
4	Ankeny Centennial	9	19	27	31	32	33	41	= 118	1:35:54.8	19:11.0	1:15.6	
5	Mount Vernon-Lisbon	13	20	25	35	37	43	47	= 130	1:36:37.0	19:19.4	0:55.0	
6	Cedar Rapids Prairie	17	18	28	52	54	56	57	= 169	1:38:42.2	19:44.4	1:30.3	
7	Cedar Rapids Washington	29	30	36	42	53	62	65	= 190	1:38:57.4	19:47.5	1:05.0	
8	North Scott	34	39	40	50	55	58	66	= 218	1:40:00.0	20:00.0	0:56.7	
9	Marion	38	48	49	59	64	69	74	= 258	1:41:41.5	20:20.3	1:22.1	
10	Muscatine	45	46	63	68	71	72	75	= 293	1:43:46.4	20:45.3	1:28.9	
11	Des Moines East	60	61	73	78	79	83	85	= 351	1:47:01.9	21:24.4	1:18.1	
12	Xavier	67	76	77	81	82	87	89	= 383	1:49:45.2	21:57.0	1:25.9	
13	Iowa City Regina	70	80	84	86	88	90	91	= 408	1:54:05.4	22:49.1	2:44.4	

Incomplete Teams:

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Matt Borgmeier	JR	Johnston JV	17:38.9	5:41
2	2	Aidan O'Connor	FR	Johnston JV	17:55.7	5:46
3	3	Jared Meyer	SO	Johnston JV	17:58.5	5:47
4	4	Alex Wang	JR	Iowa City West	18:04.6	5:49
5	5	Will Morlock	SR	Johnston JV	18:10.2	5:51
6	6	Julian Wemmie	SR	Iowa City West	18:13.4	5:52
7	7	Josh Meyer	SR	Johnston JV	18:15.2	5:52
8	8	Charlie Pattinson	SR	Johnston JV	18:16.6	5:53
9	9	Nate Burns	JR	Ankeny Centennial	18:18.4	5:54
10	10	Jonah Frey	FR	Johnston JV	18:22.9	5:55
11		Zach Harvey	JR	Johnston JV	18:31.6	5:58
12	11	Tosh Klever	JR	Iowa City West	18:35.0	5:59
13		Stephen Beaman	SO	Johnston JV	18:39.8	6:00
14		Matthew Kliegl	SR	Johnston JV	18:42.4	6:01
15	12	Jonny Swarm	SR	Bettendorf	18:43.8	6:02
16		Alex Wear	FR	Johnston JV	18:43.9	6:02
17		Noah Madison	SO	Johnston JV	18:44.6	6:02
18	13	Kode Banwart	SR	Mount Vernon-Lisbon	18:46.2	6:03
19		Joe Kerber	SO	Johnston JV	18:46.3	6:03
20		Jake Sterling	SR	Johnston JV	18:49.7	6:04
21	14	Sebastian Cochran	JR	Iowa City West	18:50.4	6:04
22	15	Riley Bridges	SR	Iowa City West	18:50.8	6:04
23		Michael Pfister	SO	Johnston JV	18:54.0	6:05
24		Konrad Rohlf	SO	Johnston JV	18:54.4	6:05
25	16	Xavier Potts	FR	Bettendorf	19:02.5	6:08
26	17	Harrison Allard	FR	Cedar Rapids Prairie	19:04.5	6:08
27	18	Anson Fourcier	FR	Cedar Rapids Prairie	19:07.4	6:09
28		Jake Wagner	SO	Johnston JV	19:07.9	6:09
29	19	Ryland Kramer	SR	Ankeny Centennial	19:08.4	6:10
30	20	Ashton Hunt	JR	Mount Vernon-Lisbon	19:10.4	6:10
31	21	Trey Miller	JR	Bettendorf	19:11.6	6:11
32	22	Carlo Tran	FR	Iowa City West	19:12.3	6:11
33		Cooper Vercauturen	FR	Johnston JV	19:17.2	6:12
34	23	Jackson Stradt	SO	Bettendorf	19:17.3	6:12
35	24	Walter Blackman	SO	Bettendorf	19:18.3	6:13
36	25	Kolby Volesky	SR	Mount Vernon-Lisbon	19:19.3	6:13
37	26	Jack Gray	SR	Iowa City West	19:19.5	6:13
38	27	Abe Brink	SR	Ankeny Centennial	19:22.7	6:14
39	28	Michael Guckenberger	JR	Cedar Rapids Prairie	19:24.2	6:15
40		Ayden Lyon	SO	Johnston JV	19:25.5	6:15
41	29	Kobe Chindlund	JR	Cedar Rapids Washington	19:26.9	6:16
42		Ethan Holter	SO	Johnston JV	19:27.4	6:16
43		Drew Peterson	JR	Iowa City West	19:27.7	6:16
44	30	Sam Arkenberg	JR	Cedar Rapids Washington	19:28.6	6:16
45	31	Cameron Larson	SO	Ankeny Centennial	19:31.2	6:17
46		Jamison Cunningham	JR	Johnston JV	19:32.9	6:18
47	32	Andrew Stapleton	JR	Ankeny Centennial	19:34.0	6:18
48	33	Noah Segar	SO	Ankeny Centennial	19:37.9	6:19
49	34	Chris Tague	SR	North Scott	19:38.7	6:19
50	35	Jensen Meeker	FR	Mount Vernon-Lisbon	19:39.9	6:20
51	36	Seamus Thompson	SR	Cedar Rapids Washington	19:40.4	6:20
52		Ike Taylor	SO	Iowa City West	19:40.6	6:20
53	37	Alex Fencl	SO	Mount Vernon-Lisbon	19:41.2	6:20
54	38	Reid Coates	SR	Marion	19:42.0	6:20
55	39	Cael Straley	SO	North Scott	19:43.8	6:21
56	40	Bryce Golden	SR	North Scott	19:48.3	6:22
57	41	Kade Van Meeteren	SR	Ankeny Centennial	19:48.4	6:23
58	42	Lucas McCarley	SO	Cedar Rapids Washington	19:49.6	6:23
59		Riley Oshirak	SR	Ankeny Centennial	19:51.6	6:24
60	43	Ryne Moeller	FR	Mount Vernon-Lisbon	19:53.9	6:24
61	44	Keaton Weaver	FR	Bettendorf	19:55.2	6:25

# Iowa City West Invitational

JV Boys Ashton Cross Country Course - Iowa City, IA 10/1/2019 Partly Cloudy S 10MPH 84°

Place	Score	Name	Year	School	Time	Pace	ppm
62		Parker Lundberg	FR	Ankeny Centennial	19:56.2	6:25	
63		Josh Corrigan	SO	Johnston JV	19:56.7	6:25	
64	45	Lukkarinen Ryan	SR	Muscatine	19:58.6	6:26	
65		Jackson Harris	SR	Ankeny Centennial	20:01.0	6:27	
66	46	Shiloh Morter	FR	Muscatine	20:04.7	6:28	
67	47	Aden Grudzinski	SO	Mount Vernon-Lisbon	20:04.8	6:28	
68	48	Chris Oberbrockling	FR	Marion	20:05.6	6:28	
69		Abdul Wahab Muhammed	JR	Iowa City West	20:06.7	6:28	
70		Joel Kellar	JR	Johnston JV	20:06.9	6:28	
71		Carter Hall	SO	Mount Vernon-Lisbon	20:08.4	6:29	
72		Ty Fall	SR	Mount Vernon-Lisbon	20:08.9	6:29	
73		Joel McCleary	SO	Ankeny Centennial	20:09.4	6:29	
74	49	Jarred Regenitter	FR	Marion	20:10.0	6:29	
75		Luke Auderer	FR	Ankeny Centennial	20:10.6	6:30	
76	50	Dylan Dufloth	SO	North Scott	20:13.8	6:31	
77		Logan Becker	SO	Johnston JV	20:14.2	6:31	
78		Curren Johnson	FR	Johnston JV	20:15.0	6:31	
79		Juan Mendoza	JR	Mount Vernon-Lisbon	20:16.7	6:32	
80		Eli Erickson	SO	Johnston JV	20:20.8	6:33	
81		Marek Ghabel	JR	Iowa City West	20:21.2	6:33	
82	51	Conner Good	JR	Bettendorf	20:21.8	6:33	
83		Dom Tornabane	FR	Johnston JV	20:22.0	6:33	
84		Calvin Greene	JR	Iowa City West	20:22.4	6:33	
85		Coen Gibson	FR	Johnston JV	20:23.0	6:34	
86		Ty Rounds	SO	Ankeny Centennial	20:24.4	6:34	
87		Micah Knapp	FR	Mount Vernon-Lisbon	20:25.8	6:35	
88		Ethan Hauschmidt	JR	Ankeny Centennial	20:29.9	6:36	
89		Bennett Blakeslee	FR	Ankeny Centennial	20:30.0	6:36	
90		Clay Bopp	SO	Iowa City West	20:30.3	6:36	
91		Thomas Pierce	SO	Iowa City West	20:30.7	6:36	
92		Isaac Kronberg	SO	Johnston JV	20:30.8	6:36	
93	52	Michael Reyes	FR	Cedar Rapids Prairie	20:31.5	6:36	
94	53	Jeffrey Abraham	SR	Cedar Rapids Washington	20:31.9	6:37	
95		Cullen McDermott	SR	Bettendorf	20:32.4	6:37	
96		Caleb Dausener	FR	Mount Vernon-Lisbon	20:33.0	6:37	
97		Simone Maggio	SR	Bettendorf	20:34.4	6:37	
98	54	Reese Hermanson	SR	Cedar Rapids Prairie	20:34.7	6:37	
99	55	Jake Blowers	SR	North Scott	20:35.5	6:38	
100		Peter Dengler	SR	Ankeny Centennial	20:37.5	6:38	
101	56	Luka Elges	SR	Cedar Rapids Prairie	20:38.5	6:39	
102	57	Nathan Alldredge	SO	Cedar Rapids Prairie	20:39.3	6:39	
103	58	Nikolas Davis	FR	North Scott	20:39.5	6:39	
104	59	Jace Fopma	FR	Marion	20:39.9	6:39	
105		Joel Nelson	SO	Ankeny Centennial	20:40.3	6:39	
106		Jacob Russell	SO	Mount Vernon-Lisbon	20:41.4	6:40	
107		Caden Miller	FR	Ankeny Centennial	20:41.9	6:40	
108		Connor Wilson	SR	Ankeny Centennial	20:42.5	6:40	
109		Ethan Ver Helst	SO	Ankeny Centennial	20:42.6	6:40	
110		Caden Templeman	FR	Johnston JV	20:42.6	6:40	
111		Isaac Liao	SR	Iowa City West	20:42.7	6:40	
112		John Young	FR	Ankeny Centennial	20:43.9	6:40	
113	60	Kade Dolphin	SR	Des Moines East	20:44.2	6:40	
114		Tyler Hannon	SO	Johnston JV	20:44.6	6:41	
115		Zach Corsbie	SO	Johnston JV	20:48.2	6:42	
116		Braden Miller	SO	Ankeny Centennial	20:48.5	6:42	
117		London Hershberger	SO	Ankeny Centennial	20:49.0	6:42	
118		Brogan Heefner	SR	Cedar Rapids Prairie	20:49.5	6:42	
119		Graham Randell	SO	Ankeny Centennial	20:51.2	6:43	
120	61	Zach Wallace	SR	Des Moines East	20:51.6	6:43	
121	62	Perry Lindeman	JR	Cedar Rapids Washington	20:54.8	6:44	
122		Henry Streuber	SO	Mount Vernon-Lisbon	20:56.4	6:44	
123	63	Reece Eberhard	FR	Muscatine	20:56.5	6:44	
124	64	Jacob Northway	SO	Marion	21:04.0	6:47	
125		Niko Kenyon	SR	Bettendorf	21:05.0	6:47	
126		Jorge Boland	JR	Cedar Rapids Prairie	21:05.8	6:47	
127		Alexander Nelson	SR	Iowa City West	21:06.7	6:48	
128		Dylan Schwarz	FR	Cedar Rapids Prairie	21:06.7	6:48	
129		Derek Marsh	SO	Johnston JV	21:08.2	6:48	
130	65	Jack Rogers	SO	Cedar Rapids Washington	21:08.7	6:48	
131	66	Alec Harris	FR	North Scott	21:09.0	6:48	
132		James Dickens	FR	Iowa City West	21:09.8	6:49	
133		Carson Frazee	SR	Cedar Rapids Prairie	21:10.3	6:49	
134		Luke Wiley	SO	Bettendorf	21:11.0	6:49	
135		Gavin Mally	SO	Johnston JV	21:11.7	6:49	
136	67	Will Karl	FR	Xavier	21:11.7	6:49	
137		Zachary Zinn	SO	Ankeny Centennial	21:12.0	6:49	
138		Ryan Harris	JR	Bettendorf	21:13.9	6:50	
139		Brett Ehler	SO	Cedar Rapids Prairie	21:17.0	6:51	

# Iowa City West Invitational

JV Boys Ashton Cross Country Course - Iowa City, IA 10/1/2019 Partly Cloudy S 10MPH 84°

Place	Score	Name	Year	School	Time	Pace	ppm
140		Robert Schwan	SO	Bettendorf	21:17.5	6:51	
141		Keegan Smith	JR	Ankeny Centennial	21:18.3	6:51	
142	68	Noah Steffen	SO	Muscatine	21:19.2	6:52	
143		Joey Koehler	SO	Johnston JV	21:22.6	6:53	
144	69	Gunnar Lacy	JR	Marion	21:22.8	6:53	
145		Dylan Winkler	FR	Mount Vernon-Lisbon	21:24.2	6:53	
146		Trent Allen	FR	Bettendorf	21:24.2	6:53	
147		Jordan Schroeder	SR	Cedar Rapids Prairie	21:25.6	6:54	
148	70	Jacob Barnett	SO	Iowa City Regina	21:25.8	6:54	
149	71	Julien Galloway	FR	Muscatine	21:27.5	6:54	
150		Caleb Wilshusen	FR	North Scott	21:27.6	6:54	
151		Joe Foreman	JR	Cedar Rapids Washington	21:27.8	6:55	
152		Tyler Hurd	SO	Bettendorf	21:28.7	6:55	
153		Paxton Bagby	SO	Bettendorf	21:29.0	6:55	
154		Nick Cox	FR	Ankeny Centennial	21:30.0	6:55	
155		Zach Abbey	SR	Johnston JV	21:30.4	6:55	
156		Preston Van Blair	JR	Ankeny Centennial	21:30.6	6:55	
157		Campbell Mitvalsky	SR	Cedar Rapids Washington	21:31.0	6:56	
158	72	Nathan Sharar	FR	Muscatine	21:32.6	6:56	
159		James Frohlich	FR	Bettendorf	21:33.6	6:56	
160		Will Blackmore	SO	Ankeny Centennial	21:33.6	6:56	
161		Matthew He	SO	Johnston JV	21:34.5	6:57	
162		Mason Herrington	FR	North Scott	21:34.7	6:57	
163		Jack Compton	FR	Ankeny Centennial	21:35.9	6:57	
164	73	Brady Gordon	SO	Des Moines East	21:36.5	6:57	
165	74	Eliot Sharp	SO	Marion	21:37.6	6:58	
166		Daniel Hughes	JR	Cedar Rapids Washington	21:37.7	6:58	
167		Kaiden Power	FR	North Scott	21:37.8	6:58	
168	75	Nichols Isaac	SR	Muscatine	21:38.5	6:58	
169		Noah Gossman	FR	Ankeny Centennial	21:39.5	6:58	
170		Inesh Gogineni	SO	Johnston JV	21:40.0	6:58	
171		Will Upper	FR	Johnston JV	21:40.0	6:58	
172		Paxton Foor	JR	Muscatine	21:40.4	6:59	
173		Hudson Jaques	FR	Johnston JV	21:40.5	6:59	
174		Keegan Strub	FR	Johnston JV	21:41.0	6:59	
175	76	Lucas Lowder	JR	Xavier	21:42.2	6:59	
176	77	Alec Battien	FR	Xavier	21:42.3	6:59	
177	78	Christian Roberts	SR	Des Moines East	21:47.4	7:01	
178		Austin Beam	SO	Ankeny Centennial	21:48.0	7:01	
179		Cameron Bunch	SR	Marion	21:48.9	7:01	
180		Keagan Jarchow	JR	Mount Vernon-Lisbon	21:49.9	7:02	
181		Ryan Vig	FR	Mount Vernon-Lisbon	21:51.0	7:02	
182		Ben Nydegger	FR	Mount Vernon-Lisbon	21:51.3	7:02	
183		Logan Keenan	JR	Ankeny Centennial	21:51.4	7:02	
184		Brad Vu	SR	Johnston JV	21:52.4	7:02	
185		Cameron Capalbo	FR	Johnston JV	21:52.7	7:03	
186		Roman Keahna-Harris	SO	Ankeny Centennial	21:52.7	7:03	
187		Jon Hight	FR	Muscatine	21:52.9	7:03	
188		Luke Bullock	SO	North Scott	21:53.6	7:03	
189		Jacobi Butler	JR	Cedar Rapids Washington	21:53.6	7:03	
190		Jonah Sterling	SO	Johnston JV	21:57.2	7:04	
191		Charlie Hoffman	SO	Ankeny Centennial	21:58.0	7:04	
192		Grant Harris	FR	Ankeny Centennial	21:58.5	7:04	
193		Chris Pigge	JR	Iowa City West	22:02.0	7:06	
194	79	Symon Yates	SO	Des Moines East	22:02.3	7:06	
195		Gabe Hadley	FR	Ankeny Centennial	22:02.6	7:06	
196		Kyle Geerts	SR	Johnston JV	22:02.6	7:06	
197		Mitch Mess	SO	North Scott	22:03.3	7:06	
198		John Lorenz	FR	Cedar Rapids Washington	22:04.8	7:06	
199		Kyle Goben	SR	Johnston JV	22:07.4	7:07	
200		Daniel Hollinger	JR	Cedar Rapids Prairie	22:08.0	7:07	
201		Andrew Smith	FR	Ankeny Centennial	22:08.5	7:08	
202		Nathan Fageroos	FR	Johnston JV	22:09.6	7:08	
203		Paul Ode	FR	Iowa City West	22:10.9	7:08	
204		Sai Khu Htoo	SR	Cedar Rapids Washington	22:11.7	7:09	
205		Finley Bagby	SO	Bettendorf	22:12.2	7:09	
206		Krystof Doubeck	SR	Cedar Rapids Washington	22:13.0	7:09	
207		Nathan Waters	JR	Johnston JV	22:13.6	7:09	
208		Ericson Morris	SO	Mount Vernon-Lisbon	22:14.6	7:10	
209		Luke Amspaugh	JR	Johnston JV	22:14.9	7:10	
210		Jack Lacey	SO	Ankeny Centennial	22:16.0	7:10	
211		Ian Lucas	FR	Cedar Rapids Washington	22:16.6	7:10	
212		Avery Carlson	SO	Ankeny Centennial	22:17.4	7:10	
213		Connor McMann	FR	North Scott	22:18.5	7:11	
214		August Cowie	FR	Ankeny Centennial	22:19.2	7:11	
215		Ben Herbst	FR	Johnston JV	22:20.6	7:12	
216		Brandon Ness	SO	Johnston JV	22:21.7	7:12	
217	80	Henry May	SR	Iowa City Regina	22:27.7	7:14	

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JV Boys Ashton Cross Country Course - Iowa City, IA 10/1/2019 Partly Cloudy S 10MPH 84°

Place	Score	Name	Year	School	Time	Pace	ppm
218		Logan Soedt	SO	North Scott	22:28.4	7:14	
219	81	Aidan Bostwick	SR	Xavier	22:31.3	7:15	
220		Kyle Melcher	FR	Ankeny Centennial	22:34.5	7:16	
221		Ryan Doty	SO	North Scott	22:36.3	7:17	
222	82	Hank Esker	JR	Xavier	22:37.7	7:17	
223		Austin Lee	SO	North Scott	22:38.6	7:17	
224		Zigament Ben	SR	Muscatine	22:42.7	7:19	
225		Matthew Monsivais	SO	Ankeny Centennial	22:45.6	7:20	
226		Luke Thompson	FR	Ankeny Centennial	22:47.4	7:20	
227		Callan Mefford	SO	Ankeny Centennial	22:48.8	7:21	
228		Ryan Mentzer	SR	North Scott	22:49.3	7:21	
229	83	Hayden Young	SO	Des Moines East	22:50.8	7:21	
230		Iahn Shim	SO	Iowa City West	22:51.3	7:21	
231		Lincoln Holub	SO	Mount Vernon-Lisbon	22:51.5	7:21	
232		Arrick Rinke	SR	Cedar Rapids Prairie	22:51.9	7:22	
233		Ben Hanson	FR	Johnston JV	22:52.5	7:22	
234		Isaac Simmons	SO	North Scott	22:54.3	7:22	
235		Theo Housker	SR	Ankeny Centennial	22:54.5	7:22	
236		Ben Johnson	SO	Mount Vernon-Lisbon	22:55.2	7:23	
237		Kellen Jones	SO	Ankeny Centennial	22:58.5	7:24	
238	84	Peter Chen	JR	Iowa City Regina	22:58.9	7:24	
239	85	Isaiah Loaisiga	SO	Des Moines East	22:59.2	7:24	
240		Cody Vansylalom	JR	Des Moines East	22:59.5	7:24	
241		Go Benesh	FR	Cedar Rapids Prairie	23:00.0	7:24	
242		Colin Howard	FR	Muscatine	23:00.9	7:24	
243		Chase Colton	FR	Johnston JV	23:01.2	7:25	
244		Ethan Sherwood	JR	Johnston JV	23:01.3	7:25	
245		Andrew Ritchie	SR	Johnston JV	23:01.8	7:25	
246	86	Jack Keating	JR	Iowa City Regina	23:02.8	7:25	
247		Austin Foor	FR	Muscatine	23:03.3	7:25	
248		Silas Hoffman	SO	Muscatine	23:07.5	7:27	
249		Alex Wittnebel	FR	Cedar Rapids Washington	23:09.8	7:27	
250		Landon Castle	FR	Muscatine	23:11.2	7:28	
251		Nick Lueder	FR	Des Moines East	23:12.8	7:28	
252		James Clark	SO	Johnston JV	23:16.0	7:29	
253		Bongain Mazibo	JR	Iowa City West	23:21.9	7:31	
254		Ryan Sloan	JR	Marion	23:22.3	7:31	
255		Tyler Millard	FR	Ankeny Centennial	23:22.7	7:31	
256		Austin Humphrey	JR	Cedar Rapids Prairie	23:25.4	7:32	
257		Kyan Ross	FR	Marion	23:26.2	7:33	
258		Ross Willerth	SO	North Scott	23:26.3	7:33	
259		Jacob Cuppy	SR	Ankeny Centennial	23:26.3	7:33	
260		Tom Giampolo	SR	Johnston JV	23:26.5	7:33	
261		Luke Trca	SO	Marion	23:27.3	7:33	
262		Jean-Paul Kahiku	SO	Cedar Rapids Washington	23:28.5	7:33	
263		Jack Bierbaum	SO	Cedar Rapids Washington	23:30.8	7:34	
264		Zach Fare	SO	Cedar Rapids Prairie	23:31.3	7:34	
265		Nathan Berg	SO	Bettendorf	23:33.0	7:35	
266		Karson Lee	SR	Johnston JV	23:33.2	7:35	
267		Kalvin Loss	SR	Cedar Rapids Washington	23:33.4	7:35	
268	87	Blake Kellison	JR	Xavier	23:33.6	7:35	
269		Kaleb Hilton	JR	Marion	23:34.6	7:35	
270		Adam Vig	JR	Mount Vernon-Lisbon	23:34.9	7:35	
271		Chris Caruthers	SR	Iowa City West	23:35.5	7:36	
272		Nick Cassady	SR	Cedar Rapids Prairie	23:35.8	7:36	
273		Johnny Broulik	FR	Mount Vernon-Lisbon	23:37.9	7:36	
274		Anyaar Mayom	FR	Johnston JV	23:41.9	7:38	
275		Allen Liao	SR	Iowa City West	23:42.9	7:38	
276		Wyatt Kacmarynski	SR	Johnston JV	23:47.6	7:40	
277		Luke Lacey	SR	Ankeny Centennial	23:48.3	7:40	
278		Simon Janelle	SO	Ankeny Centennial	23:50.0	7:40	
279		Parker Coffman	SR	Cedar Rapids Prairie	23:51.4	7:41	
280		Levin Manley	JR	Johnston JV	23:59.5	7:43	
281		Noah Rue	FR	Cedar Rapids Prairie	24:00.9	7:44	
282		Joe Skaala	FR	North Scott	24:02.0	7:44	
283		Brady Carr	FR	Ankeny Centennial	24:05.8	7:45	
284		Cole Townsend	JR	Mount Vernon-Lisbon	24:07.9	7:46	
285		Jacob Cannon	FR	Mount Vernon-Lisbon	24:10.2	7:47	
286		Carter Prull	SO	Cedar Rapids Prairie	24:10.2	7:47	
287	88	Jack Meyer	JR	Iowa City Regina	24:10.2	7:47	
288		Nathan Elbe	FR	North Scott	24:10.8	7:47	
289		Nathan Riche	FR	Mount Vernon-Lisbon	24:11.7	7:47	
290	89	Quinn Laurent	SO	Xavier	24:17.9	7:49	
291		Evan Eggland	SO	Ankeny Centennial	24:21.2	7:50	
292		Kalvin Bell	FR	Cedar Rapids Washington	24:27.7	7:52	
293		Andrew Polgreen	FR	Iowa City West	24:28.8	7:53	
294		Evan Wahlstrom	FR	Marion	24:28.9	7:53	
295		Xander Poock	FR	Johnston JV	24:30.6	7:53	

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JV Boys Ashton Cross Country Course - Iowa City, IA 10/1/2019 Partly Cloudy S 10MPH 84°

Place	Score	Name	Year	School	Time	Pace	mpm
296		Tyler Thomsen	SR	Bettendorf	24:32.2	7:54	
297		Keegan Overton	SO	Ankeny Centennial	24:37.0	7:55	
298		Owen Fiedorowicz	SO	Iowa City West	24:47.2	7:59	
299		Aidan Sellon	FR	Cedar Rapids Prairie	24:53.4	8:01	
300		Rohan Devadas	FR	Johnston JV	24:55.7	8:01	
301		Cameron Smeby	SO	Cedar Rapids Washington	24:58.2	8:02	
302		Hoffman Seth	SR	Muscatine	24:59.7	8:03	
303		Nolan Blodig	JR	North Scott	25:04.9	8:04	
304		Ben Tokheim	FR	Johnston JV	25:11.4	8:06	
305		Vibu Gantalamohini	FR	Ankeny Centennial	25:13.9	8:07	
306		Carter Winterlin	SR	North Scott	25:16.3	8:08	
307		Jon Duncan	SO	Bettendorf	25:18.4	8:09	
308		Caleb Fuller	JR	Des Moines East	25:19.5	8:09	
309		Alex Berkenbosh	SO	Bettendorf	25:23.2	8:10	
310		Thomas Yang	SO	Des Moines East	25:28.5	8:12	
311		Adam Loos	FR	Ankeny Centennial	25:33.0	8:13	
312		Patrick Mooney	SO	Bettendorf	25:33.9	8:14	
313		Wyatt Jones	SO	Cedar Rapids Prairie	25:34.7	8:14	
314		John Keiper	SR	Cedar Rapids Prairie	25:37.8	8:15	
315		Logan Adamson	JR	Bettendorf	25:41.3	8:16	
316		Nick Kieffer	JR	Bettendorf	25:41.8	8:16	
317		Griffin Coates	FR	Marion	25:43.3	8:17	
318		James Le	FR	Xavier	25:48.3	8:18	
319		Jason Johnson	FR	Ankeny Centennial	25:51.3	8:19	
320		Noah Schafer	FR	Ankeny Centennial	25:57.7	8:21	
321		Colin Yuska	SO	Johnston JV	25:58.9	8:22	
322		Joe Devereux	JR	Ankeny Centennial	26:08.0	8:25	
323		Charles Duffy	JR	Iowa City West	26:12.8	8:26	
324		Kaden Ingram	JR	Ankeny Centennial	26:14.4	8:27	
325		Aidan Fredericks	FR	Johnston JV	26:20.7	8:29	
326		Preston Martens	SO	Bettendorf	26:25.4	8:30	
327		Eli Chow	SO	Johnston JV	26:35.6	8:34	
328		Adam Ehler	SO	Johnston JV	26:38.2	8:34	
329	90	Dane Christians	SO	Iowa City Regina	26:44.7	8:36	
330		Jake Hitchcock	SO	Johnston JV	26:59.5	8:41	
331	91	Jack Kelly	SO	Iowa City Regina	27:06.8	8:44	
332		Peter Evans	SO	Bettendorf	27:17.0	8:47	
333		Shawn Kundel	SO	North Scott	27:22.7	8:49	
334		Zachary Clark	FR	Ankeny Centennial	27:31.6	8:52	
335		Daniel Knapp	FR	Marion	27:50.5	8:58	
336		Blake Elgin	SR	North Scott	27:54.4	8:59	
337		Anthony Carter	SO	North Scott	28:01.8	9:01	
338		Tyler Moore	FR	Johnston JV	28:02.6	9:02	
339		Jonathan Stanley	FR	Johnston JV	28:02.9	9:02	
340		Matt Mize	SO	North Scott	28:06.2	9:03	
341		Andrew Wempen	SO	Ankeny Centennial	28:07.5	9:03	
342		Ethan Farber	SR	North Scott	28:16.7	9:06	
343		Luke Wedemeyer	FR	Johnston JV	28:31.2	9:11	
344		William Wagner	SR	Des Moines East	28:39.7	9:14	
345		Andrew Wedemeyer	JR	Johnston JV	28:46.3	9:16	
346		Collin Cincola	SR	Bettendorf	29:03.8	9:21	
347		Carlos Pena	SR	Des Moines East	29:05.4	9:22	
348		Erik Whittaker	FR	Iowa City West	29:42.7	9:34	
349		Kunal Singhal	SO	Johnston JV	29:57.9	9:39	
350		Jake Skaala	SO	North Scott	29:59.3	9:39	
351		Jarret Claeys	SO	North Scott	30:08.9	9:42	
352		Brandon Lampe	FR	Johnston JV	31:06.5	10:01	
353		Cody Johnston	SR	North Scott	31:08.0	10:01	
354		Eli Karnavas	JR	Bettendorf	31:51.2	10:15	
355		Matthew Tijerina	SO	Mount Vernon-Lisbon	31:55.9	10:17	
356		Dalton Johnson	SO	Johnston JV	32:02.7	10:19	
357		Jonathan Carrick	JR	Cedar Rapids Washington	32:56.9	10:36	
358		Gracin Morrow	FR	Marion	33:27.0	10:46	
359		Isaiah Fisher	SO	Des Moines East	35:27.7	11:25	
360		Sam Wagner	FR	Des Moines East	36:00.0	11:35	
361		Isaac Young	JR	Iowa City West	36:47.9	11:51	
362		Sam Dolde	SR	Johnston JV	38:51.4	12:30	