

## BREAKFAST *Strictly till 11 am*

Bread choices: white/brown/stone  
ground white/40% rye sour dough

### Sunrise

60

2 Slices back bacon rashers, one egg, fried tomato, one slice toast

### English Breakfast

75

3 Slices back bacon rashers, two eggs, fresh tomato, grilled mushrooms, chips and 2 slices of toast

### Pomodoro Breakfast

115

3 Slices of back bacon rashers, two eggs, fresh tomato, grilled mushrooms, sausage, beef fillet strips, chips and 2 slices of toast

### French Toast (2 slices)

50

with honey and mozzarella

with fig and blue cheese

70

### Toast (2 slices)

35

with jam or marmite

Add cheese

25

### Health Breakfast

72

Fresh fruit salad, muesli, yoghurt and honey served with toasted bread

### Capo Frittata

75

A basic frittata topped with parmesan cheese and three toppings  
*Ask about selection*

## LIGHT MEALS *Till 5 pm*

### Tramezzinis

Served with chips and a small salad

Tomato, mozzarella, herbs, alioli (garlic and herb mayo)

70

Fried mushrooms, roasted peppers, onion, tomato, mozzarella

80

Caramelised chicken strips, tomato, mozzarella

90

Caramelised chicken strips, bacon, cheddar cheese

95

Brie cheese, salami, olives

95

Parma ham, parmesan cheese, tomato, basil pesto

105

### Beef Burger Tramezzini

110

Homemade beef patty served on a tramezzini with our special burger sauce served with chips and salad



# PRIMI

<b>Focaccia</b> With garlic and herbs or feta and herbs or garlic, feta and herbs	<b>75</b>
<b>Pomodoro Focaccia</b> Garlic or feta focaccia with fresh tomato and basil pesto	<b>95</b>
<b>Mozzarella Focaccia</b> Garlic, mozzarella and herbs	<b>80</b>
<b>Capo Focaccia</b> Garlic or feta focaccia with gorgonzola and parma ham	<b>105</b>
<b>Pomodoro Fillet Strips</b> Fillet strips with garlic and chilli in a creamy tomato sauce served with small focaccia	<b>90</b>
<b>Fegato</b> Chicken livers with garlic and chilli in a creamy tomato sauce served with small focaccia	<b>80</b>
<b>Smoked Salmon and Hake Fish Cakes</b> 1 Fish Cake 2 Fish Cakes Served with red pepper pesto, lemon and a green salad	<b>65</b> <b>100</b>
<b>Garlic Butter Snails</b>	<b>85</b>
<b>Gorgonzola Snails</b>	<b>90</b>
<b>Meat and Cheese Platter</b> Parma ham, salami, ham, brie, gorgonzola, parmesan, cherry tomatoes and olives Served with small focaccia	<b>160</b>
<b>Oysters</b>	<b>SQ</b>





# PIZZA Available from 11am

*\*All pizza's contain mozzarella*

*Complimentary Chilli and Garlic. Salami and parma ham served fresh.*

*We use speciality Italian ingredients and Molino Grassi flour*

*Any pizza is also available in medium size, accompanied by a mixed salad with olives and feta at the same price. (Gluten free add £20, comes with salad, please note smaller size.)*

*\*in season*

<b>Margherita</b> cheese and tomato	85
<b>Regina</b> ham and mushroom	100
<b>Hawaiian</b> ham and pineapple	100
<b>Romana</b> salami, green pepper and garlic	100
<b>Peppe</b> salami, mushrooms and feta	100
<b>Alla Mama</b> bacon, banana, onion, chilli and garlic	105
<b>Gondola</b> caramelised onions, salami, olives and feta (no tomato base)	110
<b>La Nonna</b> caramelised chicken strips, mushrooms and roasted peppers	125
<b>Legumi</b> roasted peppers, sun-dried tomatoes, butternut, feta and rocket	125
<b>Amore</b> bacon, feta and *avo	135
<b>Vegetariano</b> basil pesto base, spinach, onion, garlic, tomato, feta cheese and toasted seeds	140
<b>Pollo</b> caramelised chicken strips, peppadew, feta	140
<b>Siciliana</b> anchovies, olives and capers (for the salt lovers)	155
<b>Del Cuoco</b> salami, parma ham and olives	155
<b>Mexicana</b> beef mince, chilli, green peppers, cream cheese and *avo	165
<b>Neptune</b> mussels, prawns, hake and clams (mussels and prawns in shell for taste)	165
<b>Parma</b> parma ham, feta and fresh rocket	160
<b>Prezzo</b> parma ham, mushrooms and artichokes	160
<b>Quattro Stagioni</b> parma ham, mushrooms, olives and asparagus	160
<b>Miss Piggy</b> salami, bacon and caramelised chicken strips	160
<b>Calzone folded</b> tomato sauce, parma ham, artichokes, olives, mozzarella and herbs	165
<b>Sorpreso</b> beef fillet strips, roasted peppers, tomato, chilli, mushroom, caramelised onion and garlic	170
<b>Fico</b> parma ham, preserved green figs and brie cheese (no tomato base)	170

## EXTRA TOPPINGS & FILLINGS

<b>Banana, Butternut, Fresh Tomato, Green Pepper, Onion</b>	30
<b>Asparagus, Capers, Feta, Mushrooms, Olives, Peppadew,</b> Pineapple, Rocket Leaves, Spinach	32
<b>Artichokes, Bacon, Cream Cheese, Ham, Roasted Peppers,</b> <b>Sun-Dried Tomatoes, Imported Mozzarella</b>	38
<b>*Avo, Brie, Gorgonzola, Parmesan</b>	38
<b>Basil Pesto, Caramelised Chicken, Prawn Meat, Preserved Figs,</b> Red Pepper Pesto, Salami	45
<b>Bolognese, Parma Ham, Anchovies</b>	55
<b>Seafood Mix, Fillet Strips</b>	85



# PASTA

*Imported Italian durum wheat semolina pasta (grano duro)  
Gluten free add R20 (when available)*

		Light	Main
Pomodoro	Tomato, garlic, herbs and lots of patience	75	90
Arrabiata	Tomato, herbs and chilli	75	90
Boscaiola	Mushrooms, artichokes and chickpeas in a creamy tomato sauce	95	125
Zucca	Roasted butternut, basil pesto and caramelised onion in a cream and herb sauce	95	125
Pesto	Basil, garlic, nuts, parmesan and olive oil sauce	95	125
Alfredo	Bacon and mushrooms in a creamy sauce	95	125
Chicken Liver	Chicken livers, garlic, sage, onion and chilli in a creamy tomato sauce	95	125
Bolognese	Traditional minced beef in a tomato, herbs and red wine sauce	110	135
Puttanesca	Anchovies, garlic, chilli, capers, tomato and olives (for the salt lover)	110	135
Gorgonzola	Bacon, creamy italian blue cheese sauce topped with pangrattata	110	135
Brandied Prawns	Prawn meat out of the shell, spring onions and basil pesto in a brandy, white wine and tomato sauce		150
Pollo	Caramelised chicken strips, roasted peppers, mushrooms in our pomodoro sauce	110	135
Filetto Sorpreso	Beef fillet, caramelised onion, mushroom, garlic, herbs, roasted peppers, pomodoro sauce, white sauce and chilli	115	150
Frutti Di Mare	Mussels, prawns and hake - in a creamy tomato and white wine sauce (mussels and prawns in shell for taste)		165





## INSALATE

	Single	Table
<b>Mixed Italian Salad</b> Tomato, peppers, onion, cucumber, carrot, olives, parmesan and salad greens	80	110
<b>Apple Salad</b> Apple, gorgonzola, toasted nuts and rocket	100	135
<b>Pomodoro Salad</b> Tomato, cucumber, artichokes, capers, *avo, chickpeas, toasted seeds and chopped lettuce	90	125
<b>Caramelised Chicken Salad</b> Balsamic and caramel syrup chicken strips with artichokes, feta, *avo, rocket, toasted seeds, sun-dried tomatoes and salad greens	100	135
<b>Filetto Sorpresa</b> Beef fillet strips with caramelised onion, tomato, chilli, cucumber, artichokes, chickpeas, toasted seeds and chopped lettuce	125	150

## SPECIALITY DISHES (HAND MADE)

	Main
<b>Porcini Ravioli (Subject to availability)</b> Mushroom and ricotta ravioli with creamy garlic and parsley sauce	160
<b>Spinach and Ricotta Ravioli (Subject to availability)</b> with creamy basil pesto and cherry tomato sauce	160
<b>Beef Lasagna</b> A classic Italian dish made with layers of pasta sheets, bolognese, white sauce and cheese	160
<b>Gnocchi</b> with creamy Gorgonzola or Bolognese sauce	155

## PIATTI DI PESCE

*All fish dishes are served with grilled polenta or potato wedges or mashed potatoes & seasonal vegetables*

<b>Gamberi Siciliana</b> Succulent pan-fried prawns in a fennel, garlic and caper butter sauce	190
<b>Hake Erbette</b> Fillet of hake baked with parsley, lemon, garlic and parmesan crusting	155



# PIATTI DI CARNE

*All meat dishes are served with grilled polenta or potato wedges  
or mashed potatoes and seasonal vegetables*

<b>Chicken Ripiene</b>	<b>155</b>
Filled chicken breast with mozzarella, pesto and fresh tomato or Parma ham, figs & brie cheese	<b>175</b>
<b>Cotoletta di Pollo</b>	<b>145</b>
Crumbed chicken fillet served with a lemon wedge	
<b>Cotoletta al Funghi</b>	<b>190</b>
Crumbed chicken fillet topped with sliced, grilled mushrooms served on a mushroom and sherry sauce	
<b>Saltimbocca alla Romana</b>	<b>200</b>
Veal escalopes dusted in flour topped with parma ham and sage in a butter & white wine sauce	
<b>Bistecca alla Fiorentina</b>	<b>230</b>
500g T-bone grilled to perfection. Topped with garlic, fennel and caper butter	
<b>Lamb Shank Arrosto*</b>	<b>255</b>
Slow roasted in our pizza oven in red wine with its succulent cooking juices	
<b>Grilled Beef Fillet</b>	<b>200g 220 300g 240</b>
Served with back bacon, grilled brie cheese and *avo	
<b>Grilled Beef Fillet</b>	<b>200g 220 300g 240</b>
Served with creamy Madagascan green peppercorn, bacon & mushroom sauce	

## SAUCES

<b>Mushroom &amp; sherry, black pepper &amp; brandy, garlic butter, gorgonzola, madagascan green peppercorn sauce</b>	<b>30</b>
All sauces made fresh with cream	



**\*Subject to availability**



# DOLCI

## Gelato Italiano

Ask your waitron for flavours of the day  
Two scoops in a cup

60

## Affogato

One scoop of Gelato with a shot of hot  
espresso

55

## Panna Cotta al limoncello

Decadent cooked cream dessert  
with home-made lemon liqueur

70

## Waffle

with syrup and ice cream

73

## Tiramisu 'Pick me up'

Decadent Italian classic

73

## Chocolate Semifreddo

A truly indulgent chocolate and  
toasted nut frozen dessert

73

## Dom Pedro or Irish Coffee

Single  
or

60

Double

80

Amarula, Kahlua, Whisky,  
Frangelico or Limoncello

## Chocolate Torte

Flourless, silky smooth and sinfully chocolately

50

