

Emergency Action Plan

De Brus Playing Field



This document is intended to help deliver an effective medical response in the event of a player, member of staff, match official or spectator being injured or becoming ill whilst on our site(s).

Club Name : **SKELTON UNITED FOOTBALL CLUB**

Club Pitch : **TS12 2HA**, DeBrus Playing Field, Marske Lane, Skelton, Saltburn By The Sea.

First-Aider information

All Skelton United teams have a manager/coach with FA Emergency First Aid Certificate (as a minimum). They will be able to assist with a medical emergency. Please locate the nearest Skelton United manager or coach should you require assistance.

First Aid Equipment/Facilities

Item	Location
First Aid Kits	Every Skelton United team is issued with a First Aid kit, which must be brought to all training sessions and matches
Defibrillator	A Defibrillator is located outside of the DeBrus Centre main entrance.

Access Route 1.

For Ambulance: Car park in front of the DeBrus Centre. There is a vehicle access from the car park onto the field at the left hand side of the building (when viewed from front of building). If possible, a coach or volunteer should wait in the car park to direct the ambulance on its arrival.

Access Route 2. (For pick up of player with minor injuries)

There is a pedestrian access from the cul de sac, Thornthwaite Close (at the opposite side of the field to the DeBrus Centre).

Nearest Hospital (with A&E) - Open 24hrs

James Cook University Hospital, Marton Road, Middlesbrough, TS4 3BW. Tel: 01642 850 850

Directions to Hospital

Turn right out of the DeBrus car park onto Marske Lane. After 100 m, continue straight on at the roundabout. Continue along the A174 (Marske Lane) until the next roundabout. Turn left onto A174. Continue along A174 and take the exit onto A172 (signposted Middlesbrough Centre, Stokesley). Turn right at top of slip road onto A172. Continue along A172, hospital is on the right hand side.

There is a Minor Injury Unit at Redcar

Redcar Primary Care Hospital, West Dyke Road, Redcar, TS10 4NW Tel. 01642 511 000

What injuries can be treated at MIU?

Minor back, neck and shoulder injuries	Bruises, sprains or strains	Bumps, cuts and grazes
Fractures and splinting of minor broken bones	Cuts, open wounds and dressings	Minor burns and scalds
Minor head injuries	Minor eye injuries	Insect stings and animal bites Removal of splinters/thorns