



PINKY KUPPUSWAMY

NUTRITIONIST

PERSONAL PROFILE

An organized and creative professional focused on conducting detailed nutritional consultations and creating personalized meal plans to meet the needs of each client, with proven Sales & Marketing skills seeking a challenging and dynamic position with a growing firm to add some value for the better growth and profit of the organization along with developing my knowledge.

WORK EXPERIENCE

Dietitian

Altius Customer Services Pvt Ltd | June 2021 - present

- Assess clients over the phone by providing them appropriate solution related to nutritional and health needs.
- Counseling clients and guiding them on a nutritional program as per their goals

Dietitian Intern

Sushrut Hospital & Research Centre | Mar 2021 - May 2021

- Assessment of patients' nutritional status and Determining nutritional needs of patients
- Taking ward rounds to meet in-patients
- Diet counselling during hospitalization and on discharge, based on patient's condition
- Nutrition counselling, dietary recommendation, food selection and preparation of nutrition guidelines for out-patients both individuals and their families
- Tasting the food prepared by the kitchen and giving feedback


EDUCATIONAL HISTORY

Post Graduate Diploma in Dietetics & Applied Nutrition
University of Mumbai | Jun 2019 - Jan 2021


Post Graduate Diploma in Healthcare Management
Welingkar Institute of Management | Oct 2018 - Oct 2020

Bachelors in Science, Microbiology
University of Mumbai | Jun 2014 - Mar 2017

CONTACT ME AT

 Chembur, Mumbai,
Maharashtra 400074

 pinkykani75@gmail.com

 <https://www.linkedin.com/in/pinky-kuppuswamy-b3b5b4172/>

SKILLS SUMMARY

- Diet Planning
- Nutritional Counselling
- Strong Communication
- Analytical and Problem solving
- Convincing Ability
- Taking initiative and willingness to learn

CERTIFICATION

National Diabetes Educator Program, 2021

- Certified Diabetes Educator

International Diabetes Federation, 2019

- Certification in Prevention of Type 2 Diabetes
- Certification in Diabetes and Retinopathy
- Certification in Diabetes and CVD