

### suggestion section

provides necessary suggestions and examples when users do not know how to deal stress and emotion



## time management

users are able to plan out their time for the day and poppy the parrot will pop out your screen signalling that it is time for the next task

# parrot patrol

SINGAPORE CHINESE GIRLS' SCHOOL



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### why parrot patrol?

they are unique as they can vocalize with humans. this is thus a friendly companion for those who feel alone as they can talk to the parrot and feel a sense of comfort.



#### communication zone

safe place for users to have heart to heart conversations with people who are facing simliar problems as them. users can choose to remain annonymous