

# Karthik Sir Day 3

Discipline , A mindset

# Discipline

- what does it ~~like~~ look like to operate with

D at work.  
 - like law of gravity, law of disorder

w/o Discipline **NOTHING** works

law → always applicable Ex: Fan

lack **DISCIPLINE**

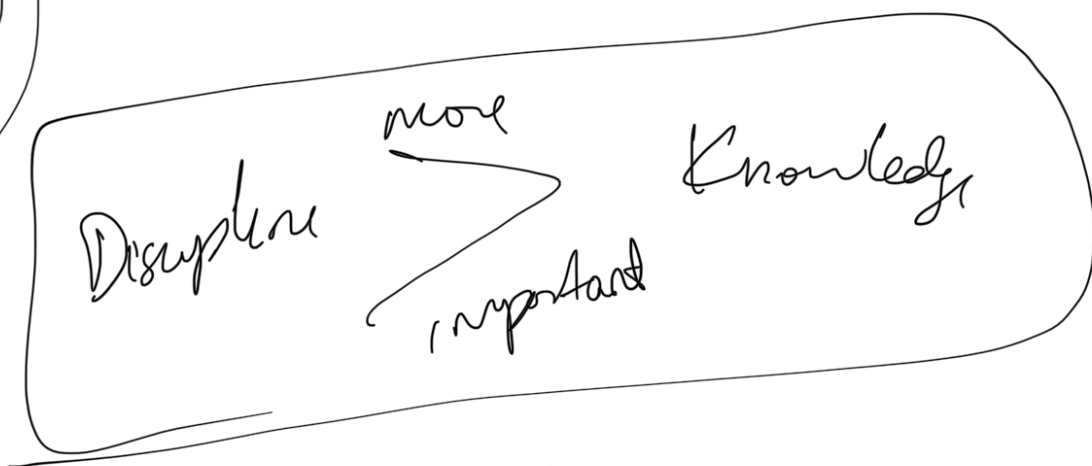
13 reason for less marks  
 not lack of knowledge

Left down: 5 areas		NOT Work	
1	maintaining my consistency	UPSC	Effective Communication
2			Being more social
3	Log. Think		UPSC
4			(Timid fear)
5			<del>Rel. life</del>

TALK  
LOUD

3 L

Many Time &  
multiple turns



When was the last time you  
operated with discipline in life?

D - Practice vs <sup>not</sup> Virtue ⇒  
↳ Di means ~~perform~~ practice to obey rule / code of behaviour  
Pract mean perf an exercise repeatedly ~ to improve proficiency  
Virtue - behavior with high moral standards  
Acquire

21 - skill  
42 - master  
120 - you

84/11

Disc not needed discipline  
Ex: Vacation

Disc needed for workability

Virtue → clarity not in need  
: Good partiality, honesty (not discipline) Ex: Sinner  
practice → habit ✓  
                  ↳ not virtue ✗

Discipline → leads to Virtue

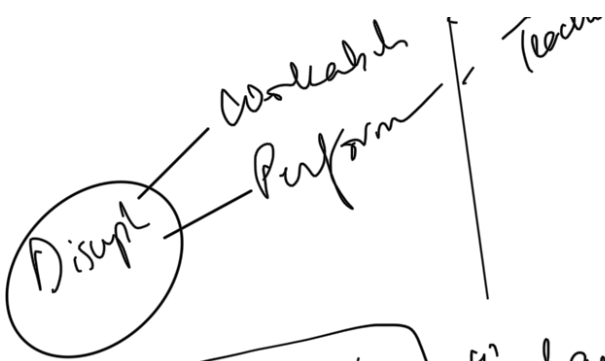
→ Improve practice: repeatedly,

"But Practice of Senior Management"

(late) → indiscipline  
                  ↳ disrespect

Gossip → Group

↳ Police not using helmet  
    "now come late"



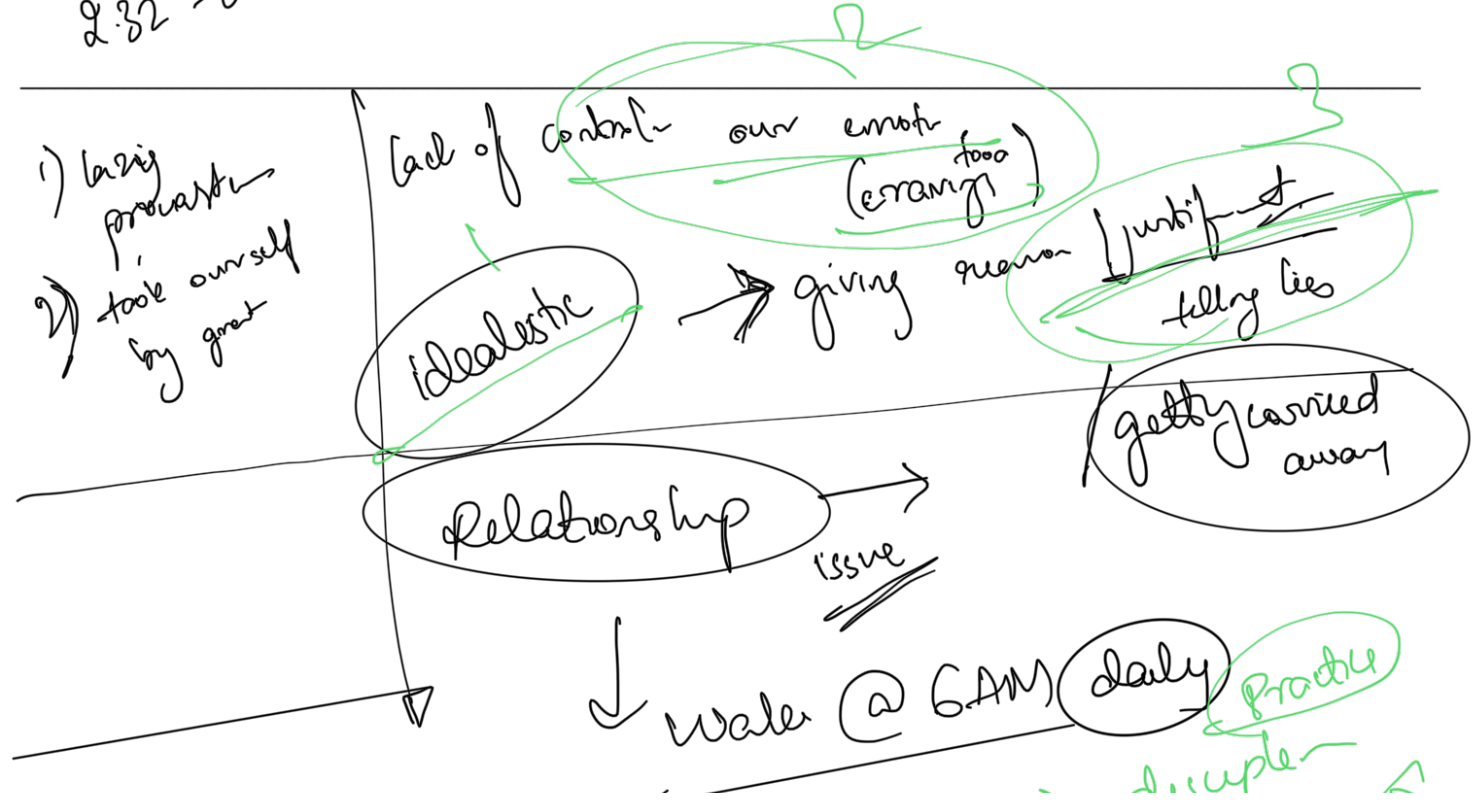
Ingrain the law  
 w/o Discipline Nothing Works

effect of lack of discipline  
 - Unfit  
 - ~~Underperform~~  
 - UPSC  
 - EPSC  
 → Career struggle

- no focus  
 -

- Lack of commitment  
 - Lack of focus → ~~guy~~

2:32 - 2:42



Listening

$f(\text{success}) = \text{know-}$   
 $= (\text{Knowledge})$

Zen monks

What makes life work

1) Discipline

Compens. is killing

Life is Discipline (2nd Discipline)

Difference b/w

Moral Standards

Discipline

Do Not Do

Good person.

Do

workability  
Performance  
Communion

1) Success  
Mastery (is)

$f(\text{Discipline})$

not knowledge  
talent

even in personal life ---!

$\rho(\text{mastery})$

Talent =  $f(\text{Disrupt})$

Disrupt

can improve

Person  
self & others