

- Today's agenda: 19/03/2022
- Here is the agenda for 2.5 hours for tomorrow.
- 1. Welcome & Sharing from previous week assignment - 45 mins
- 2. Facts, Perceived Reality and Only Perception - Work and Sharing - 60 mins
 - 1 video
- 3. Practise & Discipline - 30 mins
 - 1 Audio, 1 video.

~~Practise~~ as if life depends on it,
 while play, forget about it.

→ GM ?
 why ?

→ No one does it

Life is Not real

→ Be Real:

1 ^

Try vs act

A lot

Subjective re

Subjective Reality

→ 2nd order reality

try not to
→ don't trigger

Ex: sub diffn
State / Python

Since ~~there~~

but ~~X~~

too much

almost ~~X~~

Objective Reality

→ 1st order reality

