Epics
1. User needs to plan meals for the week so they know what they are going to need to purchase
2. User needs to be able to look through meals so then can plan what they want to eat

Stories for epic 1
1. User needs to be able to scroll through meals they would like to eat and pick their favorites
2. User needs to be able to pick ingredients out of selected meals that they already possess
3. Users need to see a full list of ingredients they need to buy with the ability to tick them off a list of export the list
4. Users need to be able to see their weekly plan of when to cook and how to store each meal for each day of the week
5.