## 18.445 Introduction to Stochastic Processes

Lecture 4: Introduction to Markov chain mixing

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## **Announcement**

Midterm : April 6th.(on class)

Final: May 18th.

The tests are closed book, closed notes, no calculators.

## Recall

If  $(X_n)_n$  is an irreducible Markov chain with stationary distribution  $\pi$ , then

$$\lim_{n\to\infty}\frac{1}{n}\sum_{i=0}^n 1_{[X_j=x]}=\pi(x),\quad \mathbb{P}_{\mu}-a.s.$$

**Today's goal** We will show that  $X_n$  converges to  $\pi$  under some "strong sense".

- total variation distance
- the convergence theorem
- mixing times



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## Three ways to characterize the total variation distance

 $\mu$  and  $\nu$  : probability measures on  $\Omega$ .

$$||\mu - \nu||_{TV} = \max_{A \subset \Omega} |\mu(A) - \nu(A)|.$$

### Lemma

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$$||\mu - \nu||_{TV} = \frac{1}{2} \sum_{x \in \Omega} |\mu(x) - \nu(x)|.$$

•

$$||\mu - \nu||_{TV} = \frac{1}{2} \sup\{\mu f - \nu f : f \text{ satisfying } \max_{x \in \Omega} |f(x)| \le 1\}.$$

•

$$||\mu - \nu||_{TV} = \inf\{\mathbb{P}[X \neq Y] : (X, Y) \text{ is a coupling of } \mu, \nu\}.$$

## Definition

We call (X, Y) the optimal coupling if  $\mathbb{P}[X \neq Y] = ||\mu - \nu||_{TV}$ .

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# The Convergence Theorem

Suppose that  $(X_n)_n$  is a Markov chain with transition matrix P. Assume that P is irreducible and aperiodic, then

- there exists r such that  $P^r(x, y) > 0$  for all  $x, y \in \Omega$ ;
- there exists a unique stationary distribution  $\pi$  and  $\pi(x) > 0$  for all  $x \in \Omega$ .

### **Theorem**

Suppose that P is irreducible, aperiodic, with stationary distribution  $\pi$ . Then there exist constants  $\alpha \in (0,1)$  and C>0 such that

$$\max_{\mathbf{x}\in\Omega}||P^n(\mathbf{x},\cdot)-\pi||_{TV}\leq C\alpha^n\quad\forall n\geq 1.$$

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# Mixing time

## **Definition**

$$d(n) = \max_{x \in \Omega} ||P^n(x, \cdot) - \pi||_{TV}$$

$$\bar{d}(n) = \max_{x,y \in \Omega} ||P^n(x,\cdot) - P^n(y,\cdot)||_{TV}$$

### Lemma

$$d(n) \leq \bar{d}(n) \leq 2d(n)$$

### Lemma

$$\bar{d}(m+n) \leq \bar{d}(m) \cdot \bar{d}(n)$$

## Corollary

$$\bar{d}(mn) \leq \bar{d}(n)^m$$

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# Mixing time

### Definition

$$t_{mix} = \min\{n : d(n) \le 1/4\}, \quad t_{mix}(\epsilon) = \min\{n : d(n) \le \epsilon\}$$

### Lemma

$$t_{mix}(\epsilon) \leq \log(\frac{1}{\epsilon}) \frac{t_{mix}}{\log 2}$$

**Questions:** How long does it take the Markov chain to be close to the stationary measure?

Lecture 5 : Upper bounds on  $t_{mix}$ ; Lecture 6 : Lower bounds on  $t_{mix}$ ; Lecture 7 : Interesting models.

# Couple two Markov chains

## Definition

A coupling of two Markov chains with transition matrix P is a process  $(X_n, Y_n)_{n>0}$  with the following two properties.

- Both  $(X_n)$  and  $(Y_n)$  are Markov chains with transition matrix P.
- They stay together after their first meet.

**Notation**: If  $(X_n)_{n\geq 0}$  and  $(Y_n)_{n\geq 0}$  are coupled Markov chains with  $X_0=x, Y_0=y$ , then we denote by  $\mathbb{P}_{x,y}$  the law of  $(X_n,Y_n)_{n\geq 0}$ .

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# Couple two Markov chains

## **Theorem**

Suppose that P is irreducible with stationary distribution  $\pi$ . Let  $(X_n, Y_n)_{n\geq 0}$  be a coupling of Markov chains with transition matrix P for which  $X_0=x$ ,  $Y_0=y$ . Define  $\tau$  to be their first meet time :

$$\tau=\min\{n\geq 0: X_n=Y_n\}.$$

Then

$$||P^n(x,\cdot)-P^n(y,\cdot)||_{TV}\leq \mathbb{P}_{x,y}[\tau>n].$$

In particular,

$$d(n) \leq \max_{x,y} \mathbb{P}_{x,y}[\tau > n].$$

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# Random walk on N-cycle : Upper bound on $t_{mix}$

**Lazy walk:** it remains in current position with probability 1/2, moves left with probability 1/4, right with probability 1/4.

- It is irreducible.
- The stationary measure is the uniform measure.

## **Theorem**

For the lazy walk on N-cycle, we have

$$t_{mix} \leq N^2$$
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