**高一英语周三晚练字材料（十六）**

（2017.3.15）

【请认真抄写这篇文章】

【书写要求】 1.字母大小一致； 2.字母间距均匀； 3.单词间隔一个字母距离； 4.所有单词倾斜度一致； 5.所有单词写在一条横线上； 6.文章左右竖直对成一条垂直线； 7.段落开头空出四个字母的距离； 8.用0.5黑色字迹的笔或签字笔书写，其他笔无效

**My leisure-time activity**

When I have free time, I usually go mountain climbing alone. The mountain where I go all the time isn't very high or rugged; therefore, it only takes me about half an hour to reach the top. The surrounding scenery is very charming. It's no doubt the best place to view the rough sea.

Moreover, when in high spirits, I'll sing several folk songs. Sometimes I'll bring a novel with me and do some leisure reading. After climbing the mountain, I'll be exhausted, but soon I'll feel energetic again because of the fresh air at the top of the mountain. What's more, it makes me forget all my worries. As mountain climbing is so much fun, it's really worthwhile doing this healthful activity on a regular basis.

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