《名师指津·2017高效备考新模式》

话题10文娱活动

Entertainment

**Recreations**

**Recreation is an important part of people’s life**. For example, after hours of *attentive*(专心的) study students feel like having a football game to relax their nerves. Workers, too, find it very satisfying to sit in front of a TV set for an hour or two when they come back from a day’s tiring work. Besides, recreation serves as a pleasing way for the retired people to pass their *leisure time*(闲暇时光). Everywhere you go, you will find that during their spare time, people are engaged in recreational activities of one kind or another.

Generally speaking, **there are two kinds of recreation: physical activities and intellectual activities**. Physical activities, on the one hand, keep one fit and develop team spirit. Basketball is an example. On the other hand, intellectual activities such as playing chess and reading novels can train one’s brains and provide temporary escape from one’s troubles.

In my opinion, there should be a balance between the two forms of activities. This is because physical activities are necessary for good health while intellectual activities are beneficial to one’s mind. Therefore, in order to make his life enjoyable, one should *go in for*(参加;喜欢) both kinds of recreation.

**高考作文**

Expression Bank

1 梦想

2 参加；参与

3 想要做某事

4 向某人征求建议

5 喜欢；喜爱

6 想出；提出

7 创作歌曲

8 坚持

9 报名；签订合同

10 实现

11 组建乐队

12 爱好

13 浪费时间

14 打碎；解体

15 提高创造力

16 认真对待

指望；依赖

某人对……熟悉

此外;另外 vs. 除了…之外; 还

分类;整理；挑出来

老实说；说实话

Expression Bank

**1 dream of**

**2 take part in**

**3 would like to do**

**4 ask sb for advice**

**5 be fond of = be keen on = be enthusiastic about**

**like/ love /enjoy / cherish = go in for… fall for…**

**= have an appetite for…= have a taste for…**

**= have a mark on…**

**6 come up with = think up = think out**

**7 compose a song = write/ create / make up**

**8 stick to = insist on = persist in**

**9 sign up (for…)**

**10 come true**

**11 form a band**

**12 have an appetite for…**

**13 a waste of time**

**14 break up**

**15 improve creativity**

**16 be serious about…= take… seriously**

**rely on = depend on = count on relies; relied; reliance**

**be/get familiar with sth = sth be familiar to sb.**

**in addition = moreover /furthermore adv.**

**in addition to … = besides… prep.**

**sort out**

**to be honest**

Dictation

1 简短的 adj & 摘要 n.

如今，大部分家长都认为教育很重要。

1 brief briefly = in brief

Nowadays, most parents attach great importance to education.

= most parents think education is very important.

潮湿的

Dictation

1 humid

ow.