

5-30

4.5 - 28

4-25

Topic Development 26% leng.

Organization 29% num.

Language 10%

Human rater

E-rater

Integrated Writing 5

Reading

阅读笔记是为了预判听力

P1 主旨

P2 分论点1 + 细节 (陌生noun: spell & pronunciation)

P3 分论点2+ 细节 (陌生noun: spell & pronunciation)

P4 分论点3+ 细节 (陌生noun: spell & pronunciation)

Listening : the more detail, the better

听力笔记是为了刺激回忆

记忆靠的是脑子

P1 主旨 = 内容同阅读, 观点不同

P2 分论点1 (同阅读分论点1) + 细节

P3 分论点2+ 细节

P4 分论点3+ 细节

## Writing

Miss a point = fair

5

- complete and accurate = 字数330+; 听力听到什么写什么
- Select important information from the lecture = 听力内容 230+; 阅读20个左右
- build relationship [反对] between reading and listening material

## Structure

P1 听力和阅读讨论了... 听力从以下几个方面反对了阅读观点。

P2 听力认为1... 这反对了阅读观点。

P3 阅读认为2, 这被听力反驳, 听力认为2... 这反对了阅读观点。

P4 为了反对阅读, 听力认为3... 这反对了阅读观点。

P5 总之, 听力从以上几个方面反对阅读观点。

## Language

听力: listening material, lecture, lecturer, speaker, professor, she, he

阅读: reading material, author, writer, the passage

观点: viewpoint/ view/ point/ point of view  
Standpoint/ assumption/ argument  
perspective/ perception

认为: assume, argue, perceive  
bring up/ put forward/ set forth/ point out

反对: be against, refute, retort, contort, rebut, rebuff  
overthrow, overturn  
cast doubt on, exhibit suspicion on

This set of materials focuses on the debate over whether elephants have the surprisingly fascinated behaviors. Through relevant reasons and examples, the lecture extensively refutes viewpoints stated in the reading material.

First, the speaker confutes the writer's deduction that elephants are aware of approaching death. She further points out that there are practical reasons for the elder to leave the herds. Because the elder elephants' teeth are wearing down and have difficulty in chewing, so they try to find the soft vegetations individually. Meanwhile the soft vegetations usually grows near the water. Consequently, the old elephant will graze and die near water. Obviously, this forms a sharp contradiction against what is put forward by the writer.

Second, the passage brings up that elephants are able to produce art. Again this is retorted by the lecture, which asserts that the elephants are only trained to do so. Elephants' ears are quite sensitive and touch them in certain ways can be used to train elephants to do tricks. The trainers teach the elephants to remember certain drawing patterns and encourage the elephants to repeat the pattern by touching the ears. In fact, the elephants do not understand the meaning of the strokes they draw. This further exhibit suspicion on the example in the reading.

Third, to render disproof, the lecture reveals that elephants' backing away from mice is not due to their fear of mice, but due to their unfamiliarity to the mice, and it is nature instinct for elephants to show cautions when they meet some strange animals. In fact, the elephants in the zoo, which confronts mice frequently, know that they will not be threatened by the mice and will consequently do not mind the mice. Thereupon, the lecture overthrows the notion of the passage again.

In sum, the professor extensively refutes viewpoints stated in the reading material and provides counterarguments in all corresponding aspects.

作业：

1. 模板记忆（下次写作课的时候默写）
2. 从**50-59 开始，每天一篇**；（对应的精听练习：**听写**）

**An essay at this level largely accomplishes all of the following:**

- Effectively addresses the topic and task
- Is well organized and well developed, using clearly appropriate explanations, exemplifications and/or details
- Displays unity, progression and coherence
- Displays consistent facility in the use of language, demonstrating syntactic variety, appropriate word choice and idiomaticity, though it may have minor lexical or grammatical errors

Organization

Beginning

P1S1 引入话题 = 题目怎么问就怎么答

Type 1 Statement

Do you agree or disagree with the following statement?

P1S1 The statement asserts that ... 题目改写

Type 2 非 statement = Choice (2/3/4)

P1S1 ... 题目改写 【连接词 (Which + noun// What// Whether) + 题目】 ... has triggered a discussion.

20201130在家考大作文

A high school that normally gives students about two months of time off from school during the summer is introducing new educational requirement for students in eleventh grade (ages16-17). Over the summer, students have the following two options to fulfill the new requirement:

They can attend classes each day for several weeks to complete a university-level course on a subject that they are considering selecting as their major field of study at university.

Or

They can spend several weeks traveling to museums and historic places in their area with a group of students guided by a teacher, and then write a paper about their experience.

Which ONE of these options do you think would be most beneficial for students, and why?

Which option is more suitable for high school students has triggered a discussion.

P1S2 表明态度 = 概括中间段落态度

P1S2 While some people think that ... 让步, I contend that ... 观点

20201222在家考大作文

Do you agree or **disagree** with the following statement?

Online classes, in which you communicate with your professors and other students only by computer, offer more advantages and benefits to students than traditional classes on a college campus.

The **statement** asserts that traditional offline classes are less effective than the online classes. While conventional wisdom has it that remote learning **is more flexible**, I contend that traditional classroom offers **more direct interaction between students and teachers which betters students' learning experience**.

// While conventional wisdom may side with the statement, I do not think it can hold up.

如果总观点是同意: While conventional wisdom may be against the statement, I hold a positive view about it.

online classes, in which you communicate with your professors and other students only by computer, offer more advantages and benefits to students than traditional classes on a college campus.

20201125在家考大作文

Imagine that you own a company and that you are interviewing people who applied for a job at the company. Three candidates applied for the job. **Which one of the three candidates below would you choose to work at your company?** Why would the candidate be the best choice for you company?

1. the candidate with the most experience
2. the candidate with the most creative ideas
- 3. the candidate who is most motivated and enthusiastic about working for your company**

Which candidate is the most ideal one for a company **has triggered a discussion**. While **some people subscribe to the belief that** candidates with experience and creative ideas are more contributive to a company, **I contend that** the energetic and self-motivated candidate carries more merits to the development of a company.

20201124在家考大作文

When you give money to the charitable organizations, would you prefer to choose how the donation will be used (for example, donate money on food, service or advertisement for organizations) or **leave the decision to the organizations?**

Body

**Group** vs. individual

150words P2 让步 individual + 1) focus 2) independent skill

150words P3 反让步 individual - 1) heavy workload 2) procrastinate

150words P4 观点 **Group + 1) diverse perspectives 2) communication skill**

Ending

重复态度 = 概括中间段落态度

In sum, based on the aforementioned discussion, I admit ...让步; nevertheless, I maintain that... 观点

**In sum, grounded on the above discussion, I admit that** leaving the decision making right to the donors has certain windfalls; **nevertheless**, the charities have more experience and are more professional and thus they should have more autonomies in the process concerning the distribution of donations.

Language

Run-on

S V O. S V O. right

S V O, S V O. wrong

S V O, S V O, and S V O. right

S V O, and S V O. right

S V O, but S V O. right

S V O; however, S V O. right

S V O, however S V O. wrong

S V O, thus S V O. Thus 是副词

S V O, and thus S V O.

**Pronoun** 一段话里面的某个代词只能指代一个名词 they - parents

## An essay at this level largely accomplishes all of the following:

- Effectively 【11 = B\*1 + B\*3\*3 + E\*1】 addresses the topic and task 【点题：出现题目里面的单词】
- Is well organized and well developed, using clearly appropriate explanations, exemplifications and/or details

### Organization

- Passage

P2 让步

P3 反让步

P4 观点

极端词

20201222在家考大作文 = 20201031 = 20150110

Do you agree or disagree with the following statement? All university students should be required to take basic science courses even if science is not a part of their field of study.

P2 To be sure/fair, basic science courses are important to university students.

P3 However, it goes too far to require all university students to take basic science courses.

P4 Moreover, it is impractical for the university to have the basic science courses compulsory for all university students.

- Paragraph

Topic Sentence = 第一句 + Topic (出现题目里面的单词) + Point (概括段落后面句子内容)

Supporting Sentences = 中间句 + Reason + Example

Concluding Sentence = 最后句 (From this lens// In this regard// Simply put // Put together,... 重复T.S.)

developed = reason // example // detail

Reason = restate +

compare & contrast

[government vs. corporation (Facebook/ Google // SpaceX (Elon Musk)/ Blue Origin (Jeff Bezos ))] [government vs. personal (job// food price/ affordable housing)]

[school vs. parents ]

Cause & consequence

Example = anecdote // research // newspaper

- Displays unity(统一性), progression (递进性) and coherence (连接词)



- Displays consistent facility in the use of language, demonstrating syntactic variety, appropriate word choice and idiomaticity, though it may have minor lexical or grammatical errors 【清楚、少错】

## Topic Development

500 +

20180106 上午

Do you agree or **disagree** with the following statement?

**Nowadays**, it is not important for families to regularly eat their meals together.

今昔对比 (今+)

1. 突出对比    2. 写过去的时候用一般过去时

Technology    + convenience    - digital distraction // distant

Globalization    + diverse    - competition - busy

P2 今 -

P3 今+

P4 今+

今+: economy + well-educated

Topic Sentence

P2 To be sure, on one side are people who argue that it is not vital for families to regularly eat their meals together.

- Busy
- Previously, dinner table served as a scenario for sharing recent developments

P3 However,...

- De-stress
- Online communication cannot take the role of in person connection.

P4 Moreover,... [children' development ]

- academic development
- health

20170610

Some people like to buy and eat their meals at restaurants frequently, while others like to do this at home. Which do you prefer? Why?

P2 restaurants +

- more choices
- Convenience

P3 restaurants -

- \$
- If not \$, food safety

P4 home +

- no rush
- More privacy

# Session 3

## 03 Diverse & Focus

Diverse + = find one's interest // boost creative thinking // expand social circle

Diverse - = tired // master of one

Focus + = easier to have sense of success // #10,000 hours theory ( Outliers, Malcolm Gladwell

Expert/ master - practice 10,000 hours )

Focus - = boring // bias

20171029

Do you agree or **disagree** with the following statement? A university should require all students to take public speaking class. Use specific reasons and examples to support your answer.

P2 To be sure, Speaking +

- confidence
- Learn a useful skill for future academic and professional development

P3 However, Speaking - (\$)

- speaking skill may be not that usual for some students: computer science
- Students are learn the speaking skills online

P4 Moreover, requiring all students is impractical

- requiring all students to attend the class will cost the university considerable amount of budget which will further cut the funding in other more essential areas
- The teaching quality cannot be guaranteed

20171104

Some believe that teachers (for students from age 14-18) should focus on **lecturing and asking students to take notes** during lectures. Others believe that teachers should get students involved **in discussion and encourage them to exchange ideas** in class. Which way of teaching do you think is more effective for students' learning?

Teacher- center vs. Student-center

P2 - progress

- accurate info

P3 - most students might not engage in the class

- teachers cannot tell whether students have kept up with the class

P4 discussion +

- diverse perspectives
- Communication skill

20170702

A city wants to help teachers of its high school students (age14-18) **improve their teaching**. It is considering two plans:

**1. Choose a small group of excellent teachers; these teachers will attend a class led by an expert for additional training in how to teach effectively, and they will then come back to their schools and provide that training for other teachers in school.**

2. Provide additional training in teaching effectively for high school teachers, using online material that each teacher will study individually.

Group vs. Individual

Offline vs. online

Indirect vs. direct

Whether to improve teachers' professional expertise through offline group training or online individual study has triggered a discussion. While conventional ....

P2S1 To be sure, online individual study carries certain merits in enhancing teachers' performance.

- direct

- Flexible
- Review the materials at own pace

P3S1 However, online training also ensues certain demerits.

- digital distraction
- Procrastinate

P4S1 Moreover, off-line group training has its advantages in improving teachers' professional skills.

- diverse - innovative teaching methods
- Expert/ excellent teachers have more experience, knowing how to integrate the abstract pedagogies into the real life classroom

20170715 PM:

**Children aged 12-16 are taught different subjects** by different teachers while younger children always stay with one teacher all the time, do you agree that younger children today should be equipped with more than one teacher?

P2 one +

- the teacher will know more about every student
- Students will be more familiar who the teacher's teaching methods

P3 one -

- the one teacher cannot be good at each subject
- Students may be influenced by the teacher's bias

P4 different +

- diverse teaching/ learning approaches
- Communication skill
- Prepare for future study

20170909

Your friends have the opportunity to choose either one of two types of major field of study, which one would you suggest your friend to choose and why?

1. A major that would allow him to complete and get a degree faster (so that your friend could start working full-time sooner).

or

2. A major that requires many years of study but would provide him with more employment opportunities and job offers in the future.

Faster +

- realize financial independent earlier
- Less tuition fee (student loan)
- Clear career goal

Faster -

- slower career development progress
- Not mature enough

Many years +

- solid background (knowledge in the professional area)
- more employment opportunities - less anxious



# 01 Environment

Government = enhance people's environment protection awards

+ research and develop alternative energy

Tax cannot change individual or corporations behaviors effectively.

20171216 = 20160604

Do you agree or disagree with the following statement? **The most important** thing for governments to protect health care is to clean environment.

Disagree

P2S1 clean environment - health

- physical health: air pollution - PM 2.5
- Mental health

P3S1 it goes too far to say cleaning environment is the most vital thing the government can do to protect people's health.

- some health issue has little to do with environment (working pressure)
- Cleaning environment is too ambitious for the government to put on the top priority

P4S1 Some other measures can protect people's health care more efficiently.

- build more hospitals (chronic diseases)
- Train more physicians
- Lower drug prices

20170805

Some people think the best way to stop environmental damage is to ask companies to pay penalty such as higher tax, some other people think there is a better way, what's your opinion?

**[TPO 53]**

P2 tax +

1. Warn against environmental damage behaviors
2. Additional tax income can be used to ameliorate the current damage

P3 tax - (not practical)

1. Large corporation
2. Small companies -bankrupt - unemployment

P4 better way

- environmental friendly - reward
- Enhance consumers' environment protection awareness

20171118 = 20160625

What is the most important action for the government to take for the protection of environmental problems?

1. Fund researches on new energy sources such as solar and wind power?
2. Protect forests and natural wildlife species?
- 3. Pass and enforce laws to reduce the pollution.**

P2 1&2 important

1+

2+

P3 1&2 not the most important

1-

2-

P4 3+

3+

3+

20170826 PM = 20141011

Do you agree or disagree with the following statement?

Modern agriculture methods damage the environment, but providing food for the growing population around the world is more important than protecting the environment.

P2 food +

- starving
- Not people are hungry, they will have not interest in protecting environment

P3 it is not rational to provide food at the expense of the environment.

- environment - lower food yields (global warming - wheat)
- Damaging environment - poisonous food (water/ oil)

P4 environment +

- physical health - PM2.5
- Mental health

## 02 Exercise

不等于sports （不等于social） 只有team sports 才有可能有social的因素

好处

1. Keep fit
2. Boost cognitive skill

20170423

For the young people, which of the following is the most beneficial?

1. Learn to play musical instruments
2. Gain work experience
- 3. Do some sports**

P2 1+ 2

1+ patience

2+ \$

P3 1-2-

1- expensive // need talents

2- not mature enough

P4 sports +

- keep fit
- Teamwork spirit

20171202 = 20151220

Out of the following three things, which one would you prefer to regulate in order to improve your health?

1. The kind of food you eat
2. The amount of exercise
3. The amount of stress in your life

P2 1&3 +

Food - saturated fat/ oily/ salty/sugar

Stress -

P3 1&3 - (practical/ ambitious)

- food (\$; intense modern life pace does not afford people enough time to formally enjoy balanced diet)
- Stress most comes from ambitious goals

P4 exercise +

- keep fit// mental
- Easier to persist

# 07 Friends

- confidence // healthy
- Make better decision

20170415

Do you agree or disagree with the following statement? It is better to make friends with intelligent people than with the people who have a good sense of humor.

P2 Intelligent +

- help solve problems
- Learn from them (role model)

P3 Intelligent -

- high pressure
- Stricter requirement on friends - more likely to have conflicts

P4 humor +

- willing to share emotions with them - intimate relationship
- Solve the conflicts in a smoother way - long-lasting relationship

20170401

Do you **agree** or disagree with the following statement?

When you have been friends with someone for a long time, it is important to continue your friendship with that person **even if he or she does something you do not like.**

P2 not continue +

- less bothering
- Friends will take the issue seriously

P3 not continue -

- friends should can solve the problem in a smoother way
- Friends have shared many precious moments

P4 continue +

- learn how to forgive is the prerequisite of long-term friendship
- Friends who have gone through ups and downs are more likely to build intimate and solid relationship

20170506

Do you **agree** or disagree with the following statement? It is impossible to always be completely honest with your friends.

P2 possible to be honest to each other

- if not honest - guarded - less contact - friendship fades away
- If honest - intimate connection

P3 not possible to be completely honest

- digital friends - not safe
- People need privacy in any relationship: score, salary ....

P4 sometimes, it is more rational to be dishonest

- white lie (taste)
- The essence of friendship is mutual support, not telling each other the brutal truth ( competition - not well-prepared)

20170603

Do you agree or **disagree** with the following statement? One can learn a lot about a person from the type of friends the person has.

P2 can learn

- friendship usually based on similar interests and tastes e.g. film
- Friends make decision together

P3 cannot learn a lot

- only share small amount of interests
- friends made at different periods of time are disparate to each other

P4 sometimes, we cannot learn about people from their friends

- people deliberately make friends with those with quite different backgrounds

20170225

Do you agree or **disagree** with the following statement?

The way a person dresses is a good indication of his or her personality or character.

P2 indicate +

- suit - serious
- Color (colorful - optimistic )

P3 cannot indicate

- too busy to spend time on their clothes
- Comfortable, not personality indication

P4 cannot indicate

- uniform
- Social scenario (event: concert; sports game)



# 13条思路

#social	#62 Happiness is other people <b>#68 Facebook</b>
#diverse - creativity	#19
#focus - expert	#10,000 hours theory
# happiness	Social - happiness Environment - happiness #32
# parenting (independent )	P2 independent P3 not help - P4 help + - parents know more about their children - children will trust their parents more
#friends	#22 #82
# <b>今</b> 昔对比	突出对比； 写过去用一般过去时
#忙 - <b>rest</b>	#35 burnout #37
# digital technologies	<b>#68 Facebook</b> <b>#73</b>
# teachers	#44 #46
# leader & organization	#107 #109 Positive working environment - boost collaborative and creative thinking - Buffer against negative emotion - Retain and attract talents
#environment	Physical health #31 #28 Mental health - happiness #32 Plastic bag #90
# physical exercise	- keep fit - Boost cognitive skill - #103

# 2018

## #diverse & focus

20180826 Imagine you need to improve your performance in order to get better **grades** or higher **work** payment. Which way would you choose?

1. Do more extra work or assignments that are required

**2. Participate more actively or contributing your own idea more frequently in the group discussion**

is a rational choice

contribute more to...

P2 To be sure, 1 +

- Study : more familiar
- work: finish the task more efficiently

P3 1- (downsides)

- Study: merely doing more extra work does not necessary mean students will have a deeper and thorough understanding about the course : blind
- work: tired - worse performance

P4 2+

- study : diverse perspectives - learn from other classmates
- work: higher efficiency // better relationship with colleagues - more likely to be promoted - maintaining position....

20180324 = 20140706

Do you **agree** or disagree with the following statement? People should take time to relax with hobbies or physical activities that are very different from what they do at work.

P2S1 To be sure, the naysayer of the statement might argue that....

Similar +

P2S1 To be sure, the defender of the statement might argue that...

- hone over the skill
- No need to overcome the learning curve to build a habit

P3 Similar -

- blurring the line between work and life
- Less passion in the work ( not that professional in the work )

P4 Different +

- extend social circle; enriching one's life
- Innovative ideas in work (C.S. & literature)

## #Happiness & Family

20181013 = 20160924=20141123

Do you agree or disagree with the statement?

Your job has a greater effect on your overall happiness than your **social activity** does.

P2 job +

- \$ - material life
- Sense of success

P3 It goes too far to say job has a greater effect...

- happiness has little to do with material goods
- Some people work merely for the sake of money

P4 social activity +

- social life accounts for larger proportion of people's daily life: data
- Social life has a longer-lasting influence on people's emotion

20181125 Do you **agree** or disagree with the following statement?  
It is easier for parents to raise children today than it was 50 years ago.

P2 now-

P3 now +

P4 now +

P2S1 To be sure, the naysayer of the statement would argue that modern parents face more challenges compared with their counterparts in the past.  
~~now-demanding~~

- \$ (simply toy vs. iPad)
- Time (parents nowadays are busier than those in the past )

P3S1 However, the modern trends, ~~from the technological development to the academic progress~~, also ease modern parents' efforts in raising children.

- technology: Youtube video on child raising
- Pedagogical and psychological development
- Social service - child care

P4S1 Moreover, the development of the modern **society** also leaves parents easier to raise children.

- government - high-quality public school, lower cost
- Social service - child care
- Medical service

## #Teachers &Facilities

20180908

Do you agree or **disagree** with the statement?

Professors should prohibit the use of devices that can connect to the **internet** in class.

- Distract
- Confuse - different from the professor has taught

P3

exchange students

20180602 = 20131123

Schools always collect information about teachers' teaching performance and give rewards to those teachers who perform well. Which way do you think is more useful and why?

1. To evaluate teachers' performance by students.
2. To evaluate teachers' performance by teachers.

P2 1+

- students : direct
- Teachers : show more concern on students' feedback

P3 1-

- students
- Teachers

P4 2+

- teachers have a more professional understanding about what is good teaching

- **Teachers can learn from each other through the whole process**

## Friends & Relationship

20181117 Which one of the following factors do you think is the most important in terms of affecting the lasting time of friendship?

1. Always helping each other
2. Having same interests and views on important things

### **3. Trusting each other completely**

#### **P2 1&2 are/ is important**

1+ whenever encountering difficulties, people will turn to their friends for help and thus will have much shared time

2+ less conflicts

P3 1&2 is not the most important

1. People will forgive if...
2. Sometimes people will make friends with someone totally different from their own so as to learn from their friends

P4 3+

- if not trust, friends will guard against each other
- If trust, sharing more emotions

20181110=20160702 Do you agree or **disagree** with the following statement? Competition between friends usually negatively impacts friendships.

P2 competition can sometimes harm the relationship

- competition runs counter to the essence of friendship
- Competition - self-focus
- The essence of friendship is mutual support

- Conflicts

P3 not necessary negative

- friends in a competition will also help each other
- Competition as to friends is not a zero-sum, but a win-win situation.

P4 positive

- see the strengthen of the friends
- More shared time with friends (otherwise people are all busy with their own tasks)

### #Government & Well-being

20180331= 20160903 People in communities can make decisions that protect and improve the natural environment. Which ONE of the following three actions is **MOST** useful for **people** to do if they want to help the environment in their local community? Why?

- 1.Plant trees and create parks
- 2.Persuade local shops to stop providing **plastic bags** to customers
- 3.Increase access to public transportation (for example, buses or trains) to reduce the number of automobiles on local roads**

20181028= 20160522

As the leader of a country, what would you do to ensure the **prosperity and success** of the country?

1. Creating **job opportunities** for the unemployed;
2. Lowering food price;
3. Providing affordable housing

Government's role

P2 2&3

2 health

3. Less financial burden

P3 2&3

2- add government budget pressure, cannot last long

3- only a small number of people can live in affordable houses



P4 1

1- residents - income - material life

2. Government - tax income

20181111= 20131116 Do you agree or disagree with the following statement?

Government is not doing enough work to educate people the importance of nutrition and healthy eating. (LAB 53 Integrated Writing)

P2 already do something

- newspaper/ magazine ads
- Food package - ingredients

P3 not enough

- social media, apart from the traditional media
- Restaurants menu also need to list the ingredients

P4 can do more

- Tax
- nutriology (subjects on nutrition) should be compulsory

20181104

A government should spend money on all adults after 25-year-old on a training course for the up-to-date skills. Do you think it is an effective payment for the government? Why or why not?

Whether ...

P2 should

- employed : learn new skill - promote
- Unemployed : find new jobs

P3 It goes too far to require all

- employed: already tired
- Unemployed: the skill trains may not meet the companies' requirements

P4 not practical

- too ambitious - large budget
- Cannot guarantee the training effectiveness

Exercise & Health

20180415 = 20150614

Do you **agree** or disagree with the following statement? Playing sports teaches people lessons about life.

P2 sports -

- some children play sports merely for the sake of application
- Some people indulge in the result of the sports game

P3 sports +

- children learn sportsmanship
- People learn how to face win or lose

P4 sports +

-Teamwork

-Practice makes perfect

Perseverance

20180310

Which one is the most important factor to help you work productively?

1. Having an environment which is free of noise and distractions

2. Knowing that you will receive a reward

**3. Doing something you are interested in**

P2 1&2 +

1+ concentrate

2+ impetus to work harder

P3 1&2 not the most effective

1- boring - no innovative ideas

2- in the long term, the impetus will fade gradually

P4 3+

- engaging

- Deeper understanding - quality

任务：

小作文模板记忆 + 写15篇（50-68）

大作文：17/18 复习；另外19/20 过一下

不同话题各两篇，完整写20+

中间模考，一周1-2次