Sangten Lama
Senior Writer and Composer

More than 10 years of experience in the music industry and junior programmer.

✉ np03cs4a220436@heraldcollege.edu.np

📍 Kathmandu, Nepal

📷 instagram.com/p/CbopdVkDB-2x5AFsVp5qkMSJto1oQslmKVEm000

📱 +9779818318691

in linkedin.com/in/sangten-lama-9a348325a

EDUCATION

Business Studies
Xavier International College

05/2013 - 09/2015   *Kathmandu, Nepal*

Study Program
Herald College Kathmandu

11/2022 - Present   *Kathmandu , Nepal*

BSc (Hons) Computer Science

- Academic Skills and Team Bases Learning
- Fundamentals of Computing
- Web Technology
- Introductory Programming and Problem Solving

WORK EXPERIENCE

Technician
Universal Dental Hospital

11/2022 - Present   *Kathmandu, Nepal*

The best dental service and well qualitative hospital

Abhishek Ghimire : 9851053793 - CEO

Art/Artist
Manzil Maia

10/2022 - Present   *Kathmandu, Nepal*

Nepal's first music residency ever. Musicians from various backgrounds to collab, share and learn.

Non profit Organization

- To preserve and promote lama culture worldwide.

Abhishek Ghimire : +9779849540493 - Manager/Curator

REFEREES

Herald College Kathmandu (11/2022 - Present)
Tutor- Manish Deuja- manish.deuja@heraldcollege.edu.np

SKILLS

Microsoft Word | Communication Skill | Critical Thinking | JAVA | HTML | Leadership | Dental Technician | Composer | Writer | Story Telling | Public Speaking | Recording | Sound Engineer

PERSONAL PROJECTS

Cultural Album (10/2022 - Present)
- Have worked on a full ethical experimental album including 8 songs in the lama language.

CERTIFICATES

Mitini Barista (11/2017 - 02/2018)
Trained Full course Barista at Mitini located at Boudha.

LANGUAGES

English
Professional Working Proficiency

Nepali
Full Professional Proficiency

Lama (Tamang)
Full Professional Proficiency

Hindi
Professional Working Proficiency

INTERESTS

Boxing | Music | Baseball | Travelling | Singing | Reading | Other Martial arts | Fashion designing