



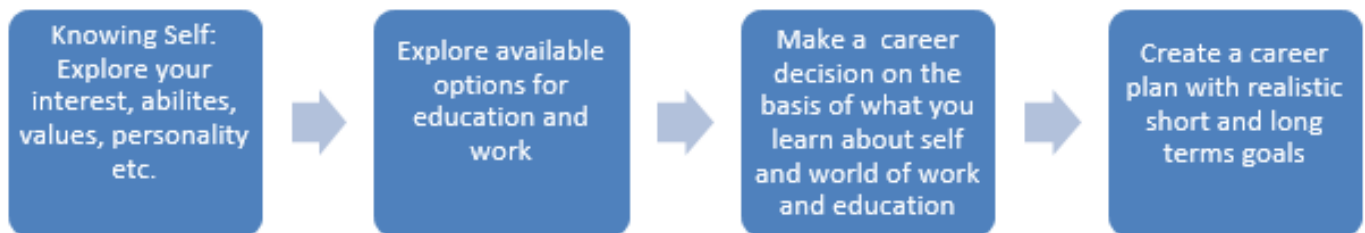
National Career Advice Portal Career Decision Questionnaire Results

SAADIQAH
HENDRICKS
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12/05/2025

Hi Saadiqah,

Thank you for embarking on this journey of self-exploration which will assist you to make a career decision based on your interests, abilities and values. A quality career decision is one that is based on a deeper understanding of self. The goal of this report is not to tell you which career to choose but to help you develop a deeper understanding of your interest, abilities and values and how that affects career decision making.

A sound career decision will follow a pattern like this one below:



We encourage that you start the process of thinking about your career early, so as to avoid having to make the decision under pressure. Your results are based on your answers on these three questionnaires: NCAP Interest Questionnaire, NCAP Abilities Questionnaire and NCAP Values Questionnaire.

1. NCAP Interest Questionnaire

The NCAP Interest Questionnaire will help you identify careers that are of interest to you by looking at activities or tasks that you would prefer doing (those you like) and those you would not prefer doing (those you dislike). These activities or tasks are grouped into career/study fields from where you will find details about careers that may be of interest to you. The table below uses your answers to rank these study fields from the highest scores to lowest scores in line with your interests.

PERCENTAGE	CAREER/STUDY FIELD	Rank
57%	Education, Training and Development	1
56%	Physical, Mathematical, Computer and Life Sciences	2
53%	Business, Commerce and Management Studies	3
44%	Law, Military Science and Security	4
40%	Human and Social Studies	5
34%	Health Sciences and Social Services	6

PERCENTAGE	CAREER/STUDY FIELD	Rank
31%	Services	7
27%	Agriculture and Nature Conservation	8
10%	Arts and Culture	9
5%	Manufacturing, Construction, Engineering and Technology	10

1.1 Top 3 Career Fields

Below we provide you more information on your top 3 career/study fields. Each career/study field provides you with information on various careers grouped within that field. Click on the link under Possible Careers to see a comprehensive list of careers listed in that field and to obtain more information on careers within that field. Now go through these careers and consider each carefully.

Study Field	Description	Possible Subjects	Possible Careers
Education, Training and Development	The study fields refers to careers that are aimed at elevating and developing people through the process of acquiring information ad skills via teaching and learning. A careers within the education and training field differ according to the subject of specialization, level or grade. There are different careers that can be followed such as being teachers i.e. educators in primary/high schools, lecturers at universities or Technical Vocational Education and Training colleges (TVET), Community Educational Training (CET) college. There are different specialisations offered in this study field . Special interest fields exist for people who wish to specialise , for instance a person in general education may wish to specialise in remedial education. Please note subjects differ according to the specialisation offered at institutions of higher learning.	-English First Additional or English Second Additional	Click here to view careers

Study Field	Description	Possible Subjects	Possible Careers
Physical, Mathematical, Computer and Life Sciences	The Study field involves careers that require the use of analytical skills to solve complex problems. Students are also equipped with skills that will assist them to be independent, abstract thinkers who seek to explain complex phenomenon in a complex world. They have efficient minds, which rely on logical deductive approaches to understanding the natural world. They often have a natural aptitude and interest in science and mathematics which relates to careers in the computer and IT industry. People who are well suited to these careers have a fascination with computers and express this interest by spending much of their time and spare time exploring its many functions and applications.	-Life Sciences -Physical Science -Mathematics	Click here to view careers
Business, Commerce and Management Studies	The Study field prepares students for the business and management environments. It equips students with financial management principles, marketing strategies as well as the administrative support systems that are needed in the sector. The qualification will provide knowledge and skills needed to assume management positions in a wide range of organisation. Qualifications in this field are offered by many institutions. Please note you require Mathematics for careers in accounting and finance or Mathematical literacy at a high level (5-7) for other business related careers.	-Accounting -Economics -Business Studies -Mathematics	Click here to view careers

1.2 Top 3 Careers: Interests

Below write down 3 careers that most appeal to you from any of the career/study fields you considered above.

1.
2.
3.

If you have not been able to narrow down your decision to 3, do not be alarmed. You can do the following; go back and look through the information again, watch the videos on those careers (if available) or you may speak to a Career Professional.

1.3 Action plan: Refine your top 3 careers

Now that you have identified your top-three possible career options, do the following:

Check list

ACTION	Mark each step with a tick once completed
a. Find out more information on each of the careers you are considering. Consult NCAP for more information on job description, tasks and learning pathways leading to those careers. Consult other resources as well.	
b. Watch career videos on NCAP and elsewhere to develop a deeper understanding of the work environment.	
c. Identify and talk to individuals that are doing similar work, so that you get a feel of what it may be like in that career on a daily basis.	
d. Find out about more information about what qualifications and admission requirements are required to study for the career you are considering.	
e. Consider whether these careers are in high demand in the labour market. Although a studying for a career is does not offer a guarantee of a job, it increases the chances of finding a job considerably. See the list of occupations in high demand on NCAP. Link to DHET occupations in high demand	
f. For further assistance and guidance on making an informed decision, you can click on “contact advisor “or press the button below on your screen to request a Career Development Practitioner’s/Advisor.	

2. NCAP Ability questionnaire

The NCAP Abilities Questionnaire will help you identify talents, skills or abilities that you may or may not have. These talents, skills or abilities are linked to relevant career/study fields. The table below uses your answers to the NCAP Abilities Questionnaire to rank these study fields from the highest to lowest scores in line with your abilities.

PERCENTAGE	CAREER/STUDY FIELD	Rank
57%	Education, Training and Development	1
56%	Physical, Mathematical, Computer and Life Sciences	2
53%	Business, Commerce and Management Studies	3
44%	Law, Military Science and Security	4
40%	Human and Social Studies	5
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2.1. Top 3 Career Fields

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2.2. Top 3 Careers: Abilities

Now see if there are any new careers, you would like to add to the list of careers you are considering given the results above. Try to keep your list of options low – additional space is provided should you wish to add new careers. In the table below, indicate the careers of choice and the career/study fields from which they have been grouped.

Career	Rank of Career Field (according to table above)
1.	
2.	
3.	
4.	
5.	

2.3. Own assessment of abilities

In the space below, rank the above mentioned preferred careers of choice according to your own assessment of your abilities:

Own rank
1.
2.
3.
4.
5.

2.4. Action plan: abilities

ACTION	Mark each step with a tick (✓) once completed
Find out what other skills may be required to succeed in each of the career you are considering.	
Find out how important people skills, management skills and technical skills are for each of these careers.	
Find out what are the school subjects and levels required for the careers	
Identify areas that you may need to develop your skills	
In case your current school subjects do not meet the requirements for your careers of choice, you can check the possibility of changing subjects	
Find out what other skills may be required to succeed in each of the career you are considering.	

3. NCAP Values Questionnaire

The NCAP Values Questionnaire will help you think about the effect of the working environment on a career decision. It will help you identify working environments you would prefer the most and the one you prefer the least.

Based on your answers from the questionnaire, please see the top 3 preferred working environment and 3 least preferred environment ranked in the order of preference.

3.1. Top three most preferred working environments:

ITEM	DESCRIPTION
Flexibility	It is important for you to have a job that allows you to also focus on other important things outside your work.
Spirituality	It seems important for you to work in an environment that allows you to practice your spiritual beliefs without judgment. You would like to also have your belief system be acknowledged in your daily work.
Challenge	It is important for you to work in a place that allows you to solve complex problems and there is little room for error.

3.2. Top three least preferred working environments:

ITEM	DESCRIPTION
Adventure	You prefer to work in an environment where you are secured of your physical safety and do not have to engage in activities that require you to protect yourself.

3.3. Questions to ask yourself

How does knowing your preferred/ least preferred working environments affect the ranking of your careers which you have identified from the interest and ability questionnaires?

Careers (list your careers)	Reasons (write your comments next to each career)
1.	
2.	
3.	
4.	
5.	

3.4. Check list

ACTION	Mark each step with a tick (✓) once completed
Now that you are aware of your values, you can watch the career videos and evaluate the most preferred working environment.	
Now that you know these about yourself you can decide to apply for the preferred qualifications at the institution of choice.	
For further assistance and guidance on making an informed decision, you can click on "contact advisor "or press the button below on your screen to request a Career Development Practitioner's/Advisor.	

4. Additional resources to use

Career Plan Guide and A Guide to the Post-School Education and Training which are downloadable @ <https://www.careerhelp.org.za/publications> or just visit the CDS website @ www.careerhelp.org.za for more information.

Career Development Services

Send an SMS with your question or send a "please call me" to 072 204 5056,
Phone: 086 999 0123 (Monday to Friday: 8:00 – 16:30)

Email to careerhelp@dhet.gov.za
Website www.careerhelp.org.za

NATIONAL CAREER ADVICE PORTAL
ncap.careerhelp.org.za

WALK-IN CENTRE
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Twitter at
[rsacareerhelp](https://twitter.com/rsacareerhelp)
Make the right choice. Decide your future