

activities


160.0 KB ^

```
CREATE TABLE `activities` (  
  `activityTypeId` bigint,  
  `activityName` text,  
  `calories` bigint,  
  `steps` double,  
  `averageHeartRate` bigint,  
  `duration` bigint,  
  `activeDuration` bigint,  
  `startTime` datetime,  
  `hrz_OutofRange_calories` double,  
  `hrz_FatBurn_calories` double,  
  `hrz_Cardio_calories` double,  
  `hrz_Peak_calories` double,  
  `hrz_OutofRange_minutes` bigint,  
  `hrz_FatBurn_minutes` bigint,  
  `hrz_Cardio_minutes` bigint,  
  `hrz_Peak_minutes` bigint,  
  `id` bigint NOT NULL AUTO_INCREMENT,  
  PRIMARY KEY (`id`)  
) ENGINE InnoDB,  
  CHARSET utf8mb4,  
  COLLATE utf8mb4_0900_ai_ci;
```

breathing\_rate


112.0 KB ^

```
CREATE TABLE `breathing_rate` (  
  `dateTime` datetime,  
  `value.breathingRate` double,  
  `id` bigint NOT NULL AUTO_INCREMENT,  
  PRIMARY KEY (`id`)  
) ENGINE InnoDB,  
  CHARSET utf8mb4,  
  COLLATE utf8mb4_0900_ai_ci;
```

 google\_form

112.0 KB ^

```
CREATE TABLE `google_form` (  
  `timestamp` datetime,  
  `date` date,  
  `last_sleep_feel` text,  
  `last_sleep_score` double,  
  `daily_particular_qualities` text,  
  `day_feel` text,  
  `ef_status` text,  
  `ef_description` text,  
  `dissatisfied_status` text,  
  `stress_mgmt_score` double,  
  `stress_responsiveness` double,  
  `stress_exertion` double,  
  `stress_sleep` double,  
  `id` bigint NOT NULL AUTO_INCREMENT,  
  PRIMARY KEY (`id`)  
) ENGINE InnoDB,  
  CHARSET utf8mb4,  
  COLLATE utf8mb4_0900_ai_ci;
```

 heart\_rate\_variability

112.0 KB ^

```
CREATE TABLE `heart_rate_variability` (  
  `dateTime` datetime,  
  `value.dailyRmssd` double,  
  `value.deepRmssd` double,  
  `id` bigint NOT NULL AUTO_INCREMENT,  
  PRIMARY KEY (`id`)  
) ENGINE InnoDB,  
  CHARSET utf8mb4,  
  COLLATE utf8mb4_0900_ai_ci;
```

```
CREATE TABLE `myfitnesspal` (  
  `date` date,  
  `meal` text,  
  `calories` double,  
  `fat_g` double,  
  `sat_fat` double,  
  `poly_fat` double,  
  `mono_fat` double,  
  `trans_fat` double,  
  `cholesterol` double,  
  `sodium_mg` double,  
  `potassium` double,  
  `carbohydrates_g` double,  
  `fiber_g` double,  
  `sugar` double,  
  `protein_g` double,  
  `vitamin_a` double,  
  `vitamin_c` double,  
  `calcium` double,  
  `iron` double,  
  `id` bigint NOT NULL AUTO_INCREMENT,  
  PRIMARY KEY (`id`)  
) ENGINE InnoDB,  
  CHARSET utf8mb4,  
  COLLATE utf8mb4_0900_ai_ci;
```

myfitnessplan

112.0 KB




```
CREATE TABLE `myfitnessplan` (  
  `date` date,  
  `meal` text,  
  `calories` double,  
  `fat_g` double,  
  `sat_fat` double,  
  `poly_fat` double,  
  `mono_fat` double,  
  `trans_fat` double,  
  `cholesterol` double,  
  `sodium_mg` double,  
  `potassium` double,  
  `carbohydrates_g` double,  
  `fiber_g` double,  
  `sugar` double,  
  `protein_g` double,  
  `vitamin_a` double,  
  `vitamin_c` double,  
  `calcium` double,  
  `iron` double,  
  `id` bigint NOT NULL AUTO_INCREMENT,  
  PRIMARY KEY (`id`)  
) ENGINE InnoDB,  
  CHARSET utf8mb4,  
  COLLATE utf8mb4_0900_ai_ci;
```

skin\_temp

112.0 KB



```
CREATE TABLE `skin_temp` (  
  `dateTime` datetime,  
  `value.nightlyRelative` double,  
  `id` bigint NOT NULL AUTO_INCREMENT,  
  PRIMARY KEY (`id`)  
) ENGINE InnoDB,  
  CHARSET utf8mb4,  
  COLLATE utf8mb4_0900_ai_ci;
```

 sleep\_levels

8.0 MB



```
CREATE TABLE `sleep_levels` (  
  `sleep_id` bigint,  
  `short` tinyint(1),  
  `dateTime` datetime,  
  `level` text,  
  `seconds` bigint,  
  `id` bigint NOT NULL AUTO_INCREMENT,  
  PRIMARY KEY (`id`)  
) ENGINE InnoDB,  
  CHARSET utf8mb4,  
  COLLATE utf8mb4_0900_ai_ci;
```

```
CREATE TABLE `sleep_session` (  
  `dateOfSleep` date,  
  `duration` bigint,  
  `efficiency` bigint,  
  `isMainSleep` tinyint(1),  
  `minutesAsleep` bigint,  
  `minutesAwake` bigint,  
  `startTime` datetime,  
  `timeInBed` bigint,  
  `sc_deep_count` double,  
  `sc_deep_minutes` double,  
  `sc_deep_thirtyDayAvgMinutes` double,  
  `sc_light_count` double,  
  `sc_light_minutes` double,  
  `sc_light_thirtyDayAvgMinutes` double,  
  `sc_rem_count` double,  
  `sc_rem_minutes` double,  
  `sc_rem_thirtyDayAvgMinutes` double,  
  `sc_wake_count` double,  
  `sc_wake_minutes` double,  
  `sc_wake_thirtyDayAvgMinutes` double,  
  `sc_asleep_count` double,  
  `sc_asleep_minutes` double,  
  `sc_awake_count` double,  
  `sc_awake_minutes` double,  
  `sc_restless_count` double,  
  `sc_restless_minutes` double,  
  `datetime_key` datetime,  
  `overall_score` double,  
  `composition_score` double,  
  `revitalization_score` double,  
  `duration_score` double,  
  `resting_heart_rate` double,  
  `restlessness` double,  
  `sleep_id` bigint NOT NULL,  
  PRIMARY KEY (`sleep_id`)  
) ENGINE InnoDB,  
  CHARSET utf8mb4,  
  COLLATE utf8mb4_0900_ai_ci;
```