







confinement (**b**) as a function of the size of the nanocrystal relative to the Bohr radius of an electron (L/a_e) , for the three materials studied; m_e and m_h are the electron and hole effective masses, respectively. The inset in **b** shows the square modulus of I_{\parallel} in the strong-confinement regime for several different dielectric constants, $\varepsilon_{\rm in}/\varepsilon_{\rm out}$. See Supplementary Information section 3.D for details.