

# PROGRAM AGREEMENT

Lana Amawi Coaching Services

Professional Development Programs for Healthcare Professionals

Agreement Date: September 16, 2025

## Client Information

**Name:** Mufutau Castillo

**Email:** cyboperof@mailinator.com

**Institution:** Aut maxime laborum

**Position:** Fuga Nemo voluptate

**Specialty:** Pariatur Alias omni

## Selected Program: Life Coaching Program

**Description:** Comprehensive life coaching program designed to help healthcare professionals achieve personal and professional goals, improve work-life balance, and enhance overall well-being.

**Duration:** 8 weeks

**Sessions Included:** 6 sessions included

**Program Fee:** \$299.00

### Program Features:

- One-on-one coaching sessions
- Personalized action plans
- Goal setting and tracking
- Work-life balance strategies
- Stress management techniques
- Career development guidance
- Email support between sessions
- Progress assessment reports

## 1. PROGRAM TERMS

This agreement covers the participation of Mufutau Castillo ("Client") in the Life Coaching Program provided by Lana Amawi Coaching Services ("Coach"). The program includes 6 coaching sessions over a period of 8 weeks.

## 2. PAYMENT TERMS

The total program fee is \$299.00. Payment is due upon program approval and before the first session. Payment can be made via bank transfer, credit card, or other agreed-upon methods.

### 3. PROGRAM STRUCTURE

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The program includes:

- 6 one-on-one coaching sessions
- Personalized action plans and goal setting
- Email support between sessions
- Progress tracking and assessment
- Access to program resources and materials

### 4. CLIENT RESPONSIBILITIES

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The Client agrees to:

- Attend all scheduled sessions on time and prepared
- Complete any agreed-upon assignments or exercises
- Communicate openly and honestly during sessions
- Provide 24-hour notice for session cancellations or rescheduling
- Take responsibility for implementing coaching insights and strategies
- Maintain confidentiality of program materials and discussions

### 5. COACH RESPONSIBILITIES

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Lana Amawi agrees to:

- Provide professional coaching services in a safe and supportive environment
- Maintain confidentiality as outlined in the privacy policy
- Be punctual and prepared for all scheduled sessions
- Provide 24-hour notice for any session cancellations or rescheduling
- Maintain professional boundaries and ethical standards
- Provide program materials and resources as outlined

### 6. CONFIDENTIALITY

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All information shared during program sessions is confidential, except where disclosure is required by law or where there is a risk of harm to the client or others. The coach will maintain the highest standards of confidentiality and privacy.

### 7. CANCELLATION POLICY

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Both parties agree to provide at least 24 hours' notice for session cancellations or rescheduling. Late cancellations may result in session fees being charged. Emergency situations will be handled on a case-by-case basis.

Program cancellation after commencement will be handled according to the following terms:

- Before first session: Full refund minus administrative fee
- After first session: Pro-rated refund based on sessions completed
- After 50% completion: No refund available

## 8. LIMITATIONS

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Coaching is not a substitute for professional medical, psychological, or legal advice. If the client requires such services, they should seek appropriate professional help. The coach will refer clients to appropriate professionals when necessary.

## 9. AGREEMENT

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By signing this agreement, both parties acknowledge that they have read, understood, and agree to the terms and conditions outlined above.

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**Client Signature:**

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**Coach Signature:**

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**Date:**

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**Date:**

**Lana Amawi Coaching Services**

This agreement is valid for the Life Coaching Program program

For questions or concerns, please contact: [cyboperof@mailinator.com](mailto:cyboperof@mailinator.com)