

COACHING AGREEMENT

Lana Amawi Coaching Services
Professional Life & Wellness Coaching
Agreement Date: August 26, 2025

Client Information

Name: Cheryl Henson
Email: wapeny@mailinator.com
Phone: +1 (533) 871-1551
Preferred Date: August 26, 2025
Preferred Time: 2:00 PM
Session Goals/Notes: Ratione ad adipisici

1. SERVICES PROVIDED

Lana Amawi agrees to provide professional coaching services to Cheryl Henson ("Client") in accordance with the terms outlined in this agreement. Coaching services may include but are not limited to:

- Life coaching and personal development
- Career guidance and professional development
- Relationship and wellness coaching
- Goal setting and achievement strategies
- Personal accountability and support

2. SESSION DETAILS

Session Date: August 26, 2025
Session Time: 2:00 PM
Session Duration: 60 minutes (unless otherwise specified)
Session Format: Video call, phone call, or in-person (as agreed upon)

3. CLIENT RESPONSIBILITIES

The Client agrees to:

- Attend scheduled sessions on time and prepared
- Complete any agreed-upon assignments or exercises
- Communicate openly and honestly during sessions
- Provide 24-hour notice for session cancellations or rescheduling
- Take responsibility for implementing coaching insights and strategies

4. COACH RESPONSIBILITIES

Lana Amawi agrees to:

- Provide professional coaching services in a safe and supportive environment
- Maintain confidentiality as outlined in the privacy policy
- Be punctual and prepared for all scheduled sessions
- Provide 24-hour notice for any session cancellations or rescheduling
- Maintain professional boundaries and ethical standards

5. CONFIDENTIALITY

All information shared during coaching sessions is confidential, except where disclosure is required by law or where there is a risk of harm to the client or others. The coach will maintain the highest standards of confidentiality and privacy.

6. CANCELLATION POLICY

Both parties agree to provide at least 24 hours' notice for session cancellations or rescheduling. Late cancellations may result in session fees being charged. Emergency situations will be handled on a case-by-case basis.

7. LIMITATIONS

Coaching is not a substitute for professional medical, psychological, or legal advice. If the client requires such services, they should seek appropriate professional help. The coach will refer clients to appropriate professionals when necessary.

8. AGREEMENT

By signing this agreement, both parties acknowledge that they have read, understood, and agree to the terms and conditions outlined above.

Client Signature:

Coach Signature:

Date:

Date:

Lana Amawi Coaching Services

This agreement is valid for the session scheduled on August 26, 2025

For questions or concerns, please contact: wapeny@mailinator.com