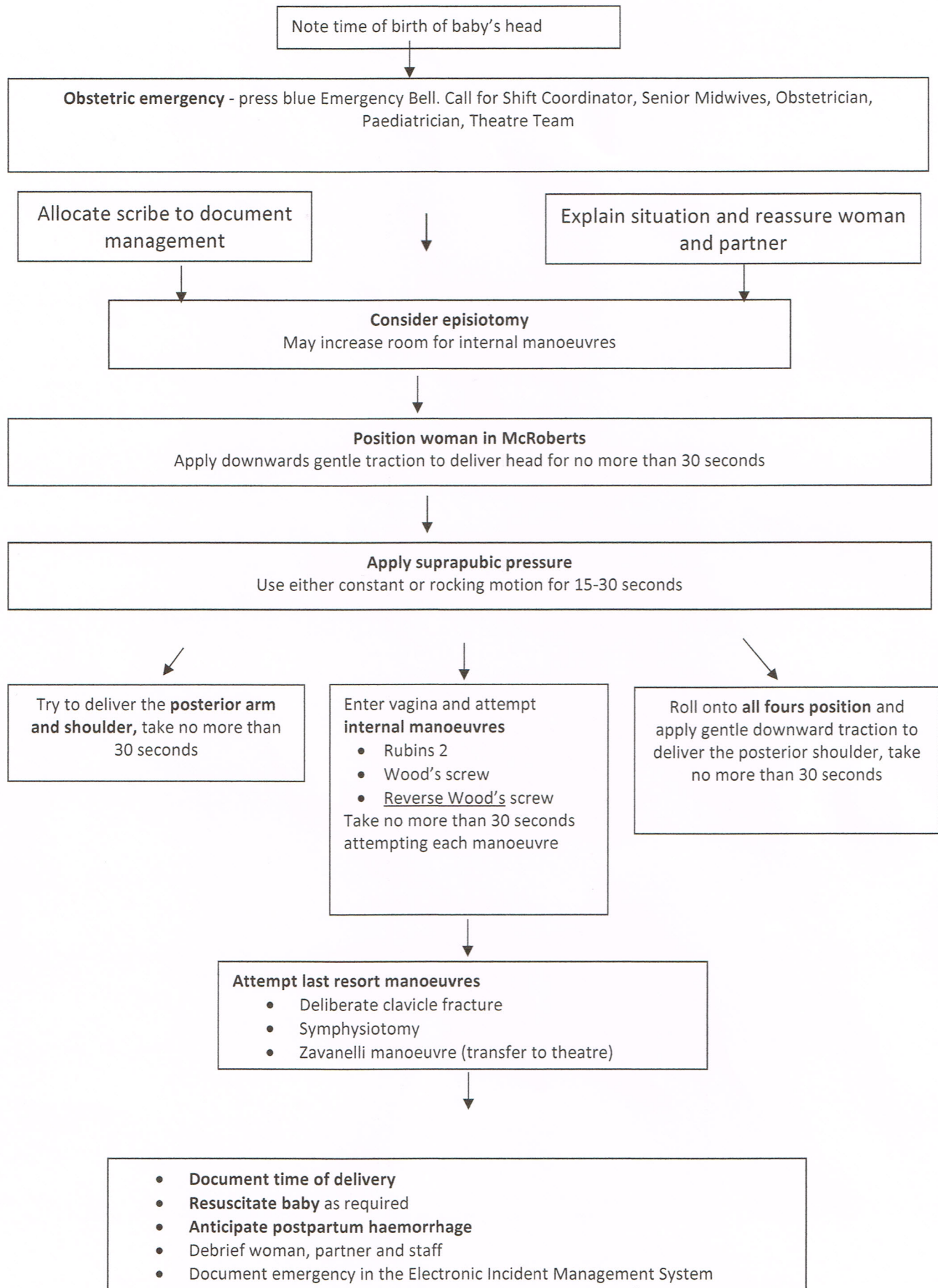


## Shoulder Dystocia Flow Chart





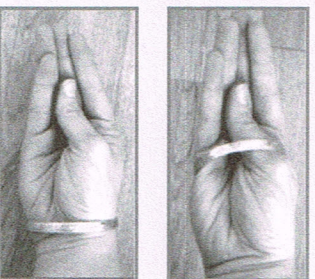
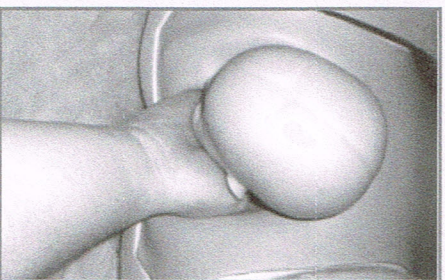
# Management of Shoulder Dystocia



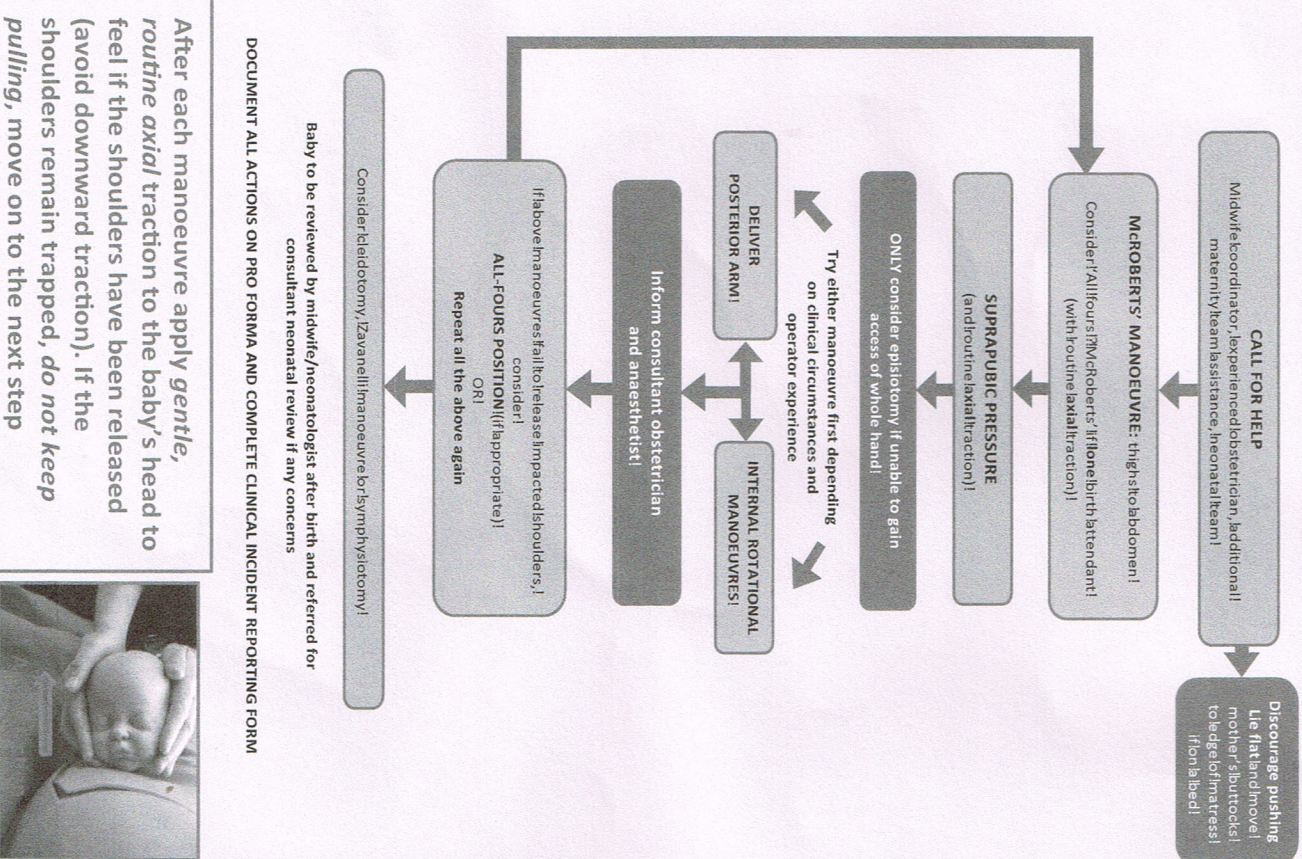
1. Lie flat and hold legs in McRoberts



2. Supra-pubic pressure from side of baby's back



3. For internal manoeuvres insert whole hand



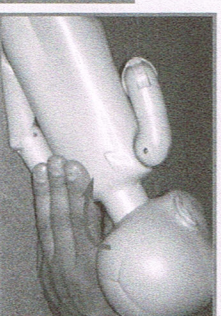
4. Reach for posterior arm



5. Grasp wrist of posterior hand and deliver arm in straight line



6. Internal rotation of shoulders



7. Press on the front or the back of the baby's bottom shoulder to achieve rotation