

RESPIRATORY EXAMINATION GUIDE

Please note these guides are not necessarily the curriculum taught at the medical schools. They are basic templates to assist in structuring bedside teaching, for stimulating thought about clinical findings and aiding constructive feedback back from junior doctors to medical students.

	Method	Observed/Comment
Introduction	Wash hands Introduce Asks for consent to examine	<input type="checkbox"/>
Exposure and positioning	Sitting upright	<input type="checkbox"/>
Inspection	Dyspnoea, use of accessory Oxygen requirements Scars, Frail Bedside: CPAP, sputum cup Cough	<input type="checkbox"/>
Hands	Nails: clubbing Tar staining Peripheral cyanosis Wasting hand muscles Asterixis- CO2 narcosis Pulse	<input type="checkbox"/>
Face	Eyes: Horner's, jaundice, anaemia Mouth: central cyanosis Voice: hoarseness	<input type="checkbox"/>
Trachea	Midline or deviated	<input type="checkbox"/>
Precordium	<u>Anterior</u> Inspect: Scars, deformity Palpate: Chest expansion Percuss: Dull or resonant Auscultate: Apex of lung Crackles, other added sounds	<input type="checkbox"/>
	<u>Posterior</u> Inspect: same as above Palpate: Lymph nodes in neck, Chest expansion – Normal >5cm, Percuss: Back and axilla Auscultate: same as above (vocal fremitus)	<input type="checkbox"/>
Comments:		

