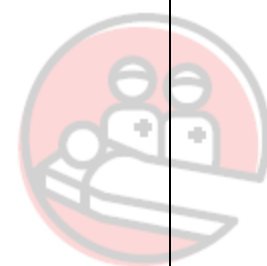


## CARDIOVASCULAR EXAMINATION GUIDE

Please note these guides are not necessarily the curriculum taught at the medical schools. They are basic templates to assist in structuring bedside teaching, for stimulating thought about clinical findings and aiding constructive feedback back from junior doctors to medical students.

**Instructions: Please exam this patient's cardiovascular system**

	Method	Observed/Comment
Introduction	Wash hands Introduce Asks for consent to examine	<input type="checkbox"/>
Exposure and positioning	45 degree Appropriate exposure	<input type="checkbox"/>
General Inspection	Dyspnoea Scars Syndromes: Marfan's, Down's	<input type="checkbox"/>
Hands	Nails: clubbing, splinter haemorrhages Tar Staining Osler's nodes (painful on pulps of fingers), Janeway Lesions (non-tender on palms) Xanthomata Peripheral cyanosis  Pulse: Radial Pulse: rate and rhythm Radial- radial delay Collapsing pulse (+/-radial- femoral delay)	<input type="checkbox"/>
Blood pressure	Appropriately complete or asked for	<input type="checkbox"/>
Face	Eyes: Conjunctival palor or erythema Xanthelasma  Mouth: High arches palate, pulsating uvula (AR)	<input type="checkbox"/>
Neck	JVP: 45 degrees, access and visualise, size Abdominojugular reflex Non-palpable  Carotids: Character	<input type="checkbox"/>
Praecordium	Inspect: Scars, pulsations, chest wall deformity  Palpate: Apex beat (5 <sup>th</sup> ICS mid-clavicular line) Thrills  Auscultate: Heart sounds Murmurs	<input type="checkbox"/>



**RPGM PGME**  
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## CARDIOVASCULAR EXAMINATION GUIDE

	<ul style="list-style-type: none"> <li>- ESM: AS, HOCM</li> <li>PSM: MR, TR</li> <li>Early diastolic: AR, PR</li> <li>Mid diastolic: MS, TS</li> <li>Added sounds: Pericardial rub</li>   <li>Dynamic manoeuvres:</li> <li>Right sided increased Inspiration</li> <li>Left sided increased Expiration (RILE)</li>   <li>Hand grip: MR increased</li> <li>Valsalva: HOCM increased</li> <li>Squatting: MR increased</li> </ul>	
Back	Percuss and auscultate lung bases	<input type="checkbox"/>
Abdomen	Hepatomegaly (pulsatile) – TR Ascites (RVF) Femoral Arteries	<input type="checkbox"/>
Lower limbs	Scars (CABG venous graft) Peripheral oedema	<input type="checkbox"/>

Comments:



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