

## LOWER LIMB NEUROLOGY EXAMINATION GUIDE

Please note these guides are not necessarily the curriculum taught at the medical schools. They are basic templates to assist in structuring bedside teaching, for stimulating thought about clinical findings and aiding constructive feedback back from junior doctors to medical students.

Instructions: Please examine this patient's Lower limbs

	Method	Observed/Comment
Introduction	Wash hands Introduce Asks for consent to examine	<input type="checkbox"/>
Exposure and positioning	Lying flat as possible Appropriate exposure	<input type="checkbox"/>
Gait	Walk and turn On toes (S1) On heels (L5) Heel to toe Squat to stand  Rhomberg: Feet together, eyes closed	<input type="checkbox"/>
Inspect	Pes Cavus (feet) Muscle wasting Fasciculations Aids and special shoes	<input type="checkbox"/>
Tone	Knee: abrupt pull knee up Clonus: with knee bent, dorsiflex foot	<input type="checkbox"/>
Power	Hip flexion, extension, abduction and adduction Knee flexion and extension Ankle dorsiflex and plantarflex, inversion and eversion	<input type="checkbox"/>
Reflex	Knee (L3/4) Ankle (S1/2) Plantar (S1)	<input type="checkbox"/>
Coordination	Heel- shin Foot tapping	<input type="checkbox"/>
Sensation	Pain and temperature Vibration Proprioception	<input type="checkbox"/>
Comments:		<input type="checkbox"/>



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