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OPTIMIZING SOLID WASTE MANAGEMENT IN MUMBAI TO MITIGATE ENVIRONMENTAL IMPACT AND PROMOTE PUBLIC HEALTH

Mr. Sabir Nasir Mujawar

ABSTRACT

Overflowing garbage remains a persistent challenge in Mumbai, necessitating a thorough examination of the solid waste management strategies employed by the Brihanmumbai Municipal Corporation (BMC). This research helps to evaluate the current state of BMC's waste management practices and their implications for the environment and public health. Primary data collection method utilizing the Likert scale questionnaire will be administered to Mumbai residents, aiming to gauge their perceptions regarding waste collection efficiency, environmental impact (including air and water pollution, as well as concerns related to stray animals), and public health risks (such as vector-borne diseases and respiratory issues). Additionally, the study explores potential solutions for optimizing waste management, encompassing enhanced collection methodologies, waste reduction strategies, and alternative disposal methods. Through data analysis and consideration of public feedback, this research will help to pinpoint key challenges and offer recommendations to BMC for establishing a more sustainable and effective solid waste management system that prioritizes environmental well-being and public health in Mumbai.

KEYWORDS: Mumbai Solid Waste Management, Sustainable Waste Disposal India & Public Health Impact of Waste Management

1. INTRODUCTION

In Mumbai, India's economic hub, a constant struggle persists: the issue of overflowing garbage. The Brihanmumbai Municipal Corporation (BMC) is confronted with a daunting endeavour of handling the continuously rising amount of solid waste produced by its massive population of over 20 million inhabitants. This study delves into the existing condition of solid waste management in Mumbai, examining its impacts on the environment and public health, and puts forward recommendations for improvement and enhancement.

1.1. CURRENT SITUATION (LATEST FACTS AND FIGURES):

1. **Waste Generation:** Mumbai generates an estimated 11,000 tonnes of solid waste daily according to a 2023 report by the Central Pollution Control Board (CPCB).
2. **Collection Efficiency:** The BMC collects around 80% of the generated waste, leaving a significant portion uncollected, as per a 2022 survey by the Mumbai Metropolitan Region Development Authority (MMRDA).
3. **Disposal Methods:** Landfills are the primary disposal method, with the Deonar dumping ground reaching critical capacity. A 2023 report by the BMC states that Deonar is nearing its lifespan.

2. ENVIRONMENTAL AND PUBLIC HEALTH IMPACTS:

Ineffective waste management has severe environmental and public health consequences:



1. **Air and Water Pollution:** Decomposing waste releases methane, a potent greenhouse gas, and pollutes nearby water bodies through leachate.
2. **Stray Animal Menace:** Open garbage attracts stray animals, posing safety threats and contributing to disease transmission.
3. **Vector-borne Diseases:** Overflowing garbage creates breeding grounds for mosquitoes, leading to the spread of diseases like dengue and malaria.
4. **Respiratory Issues:** Burning of waste releases harmful pollutants, causing respiratory problems like asthma and bronchitis.

3. REVIEW OF LITERATURE

In Mumbai, India's financial hub, the Brihanmumbai Municipal Corporation (BMC) faces a daunting challenge of handling the escalating volume of solid waste produced by its vast population exceeding 20 million (Brihanmumbai Municipal Corporation, 2023). This review investigates the current literature on solid waste management in Mumbai, shedding light on the obstacles, environmental and public health ramifications, and possible remedies. Additionally, it pinpoints critical research gaps to steer future exploration.

WASTE GENERATION AND CHALLENGES IN MUMBAI: Multiple studies highlight the increasing difficulty of managing solid waste in Mumbai. According to the Central Pollution Control Board (CPCB) report of 2023, the city produces approximately 11,000 tonnes of solid waste daily. Mishra et al. (2022) underscore the burden this places on the current system, advocating for optimization models to enhance efficiency. Furthermore, the Mumbai Metropolitan Region Development Authority's (MMRDA) 2022 survey echoes concerns about collection inefficiency, correlating with the focus of the proposed research.

ENVIRONMENTAL AND PUBLIC HEALTH IMPACT: The literature extensively documents the adverse environmental and public health impacts of improper waste management. Khanna et al. (2019) and Sarkar et al. (2020) investigate the correlation between improper waste management practices and air and water pollution in urban areas across India. Additionally, Nagpal et al. (2018) highlight how overflowing garbage serves as ideal breeding grounds for disease-carrying mosquitoes, contributing to the transmission of vector-borne diseases such as dengue and malaria, particularly in Mumbai.

EXISTING INITIATIVES AND SOLUTIONS: Several studies explore solutions for optimizing waste management in Mumbai and similar megacities. Shah et al. (2021) analyze the effectiveness of waste segregation at source, a strategy you might consider incorporating in your research. Composting as a potential solution is explored by Bhattacharyya et al. (2022), which could be relevant to your waste reduction strategies section.

RESEARCH GAP: This study can address gaps by exploring social/economic factors influencing waste management (demographics, informal pickers, incentives) and long-term sustainability (financial, social, operational aspects) of implemented solutions in Mumbai.

4. RESEARCH OBJECTIVES:

1. To assess the current composition of solid waste generated in Mumbai
2. To evaluate the effectiveness of existing solid waste collection and disposal methods in Mumbai.



3. To understand the public's perception and behavior regarding waste management in Mumbai
4. To Examine the potential health risks associated with inadequate waste management

5. HYPOTHESIS:

H₁: There is a positive correlation between the level of education (highest educational attainment) and the reported frequency of waste segregation practices in Mumbai.

H₂: There is a positive correlation between residents' perception of poor waste management and reported respiratory problems in their household.

H₃: Residents living in areas with a higher frequency of reported overflowing garbage bins are less satisfied with the existing waste collection services in Mumbai.

6. RESEARCH METHODOLOGY:

1. **Primary Data:** The primary data of this research has been collected through a well-structured questionnaire, from the Mumbai suburb region.
2. **Sampling Method:** Convenience Sampling
3. **Sample Size:** 280
4. **Statistical Tool:** Percentage, Descriptive Analysis & Co-relation, T-Test using Excel Software
5. **Data Collection Tool:** Questionnaire
6. **Secondary Data:** The data is referred from available books, magazine, journals and internet

7. RESULTS

7.1. DEMOGRAPHIC ANALYSIS

		Frequency	Percentage
Age	18-25	56	20.00%
	26-35	56	20.00%
	36-45	32	11.43%
	46-55	96	34.29%
	56+	40	14.29%
	Grand Total	280	100.00%
Gender	Female	136	55.00%
	Male	144	70.00%
	Grand Total	280	100.00%
Occupation	Student	42	15.00%
	Employed	123	43.93%
	Housewife	63	22.50%
	Unemployed	52	18.57%
	Grand Total	280	100.00%



Educational Qualification	HSC/SSC	95	33.93%
	Graduate	77	27.50%
	Post Graduate	108	38.57%
	Grand Total	280	100.00%

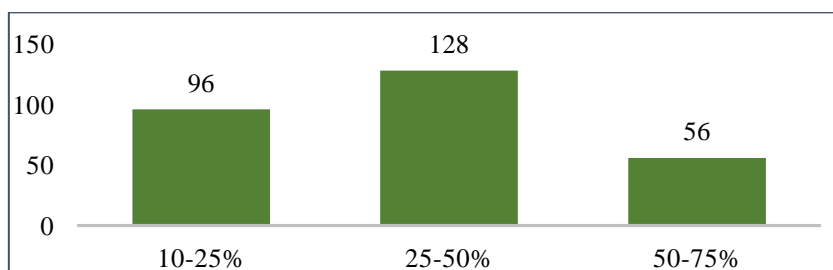
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The analysis reveals interesting insights across various demographics. The majority of respondents fall within the age groups of 46-55 (34.29%) and 26-35 (20.00%). Females represent a slight majority (55.00%) compared to males (45.00%). Employed individuals constitute the largest occupational group (43.93%), while Post Graduates are the most prevalent educational qualification (38.57%). This suggests a diverse demographic profile with significant representation from employed individuals and those with higher education qualifications.

DESCRIPTIVE ANALYSIS

OBJECTIVE 01: TO ASSESS THE CURRENT COMPOSITION OF SOLID WASTE GENERATED IN MUMBAI

Waste generated by household per day	
Less than 1 kg	119
1-2 kg	101
2-3 kg	41
More than 3 kg	19

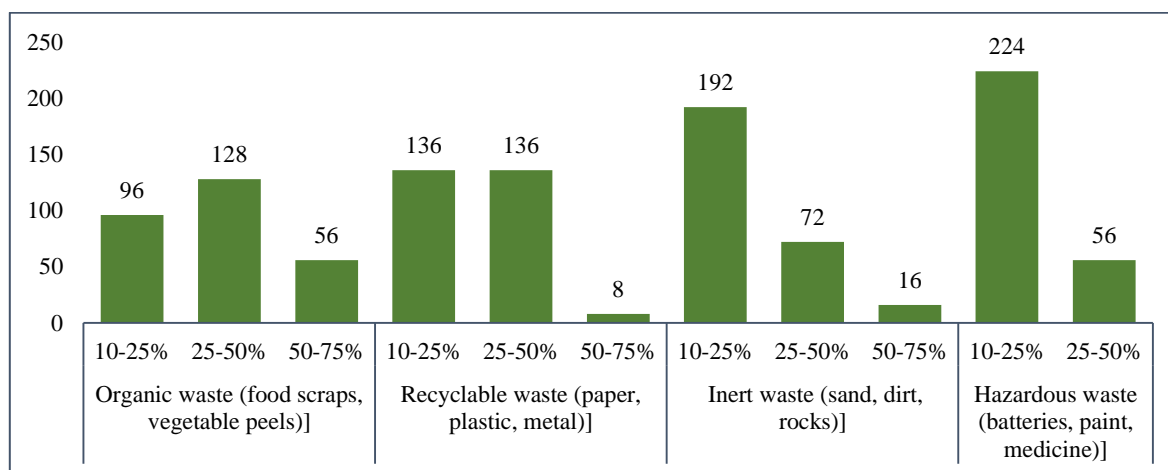


INFERENCE

The data shows the amount of waste generated by households per day, with 119 households producing less than 1 kg, 101 households producing 1-2 kg, 41 households producing 2-3 kg, and 19 households producing more than 3 kg. This indicates a significant portion of households generating a moderate amount of waste (1-2 kg), while fewer households produce either less or more. The findings suggest a need for waste management strategies tailored to varying household waste production levels for efficient resource allocation and environmental sustainability.

Percentage of Type of Waste Generated Daily by the Household		
		Frequency
Organic waste (food scraps, vegetable peels)]	10-25%	96
	25-50%	128
	50-75%	56
Recyclable waste (paper, plastic, metal)]	10-25%	136
	25-50%	136

Inert (sand, dirt, rocks)]	waste	50-75%	8
		10-25%	192
		25-50%	72
		50-75%	16
Hazardous (batteries, paint, medicine)]	waste	10-25%	224
		25-50%	56

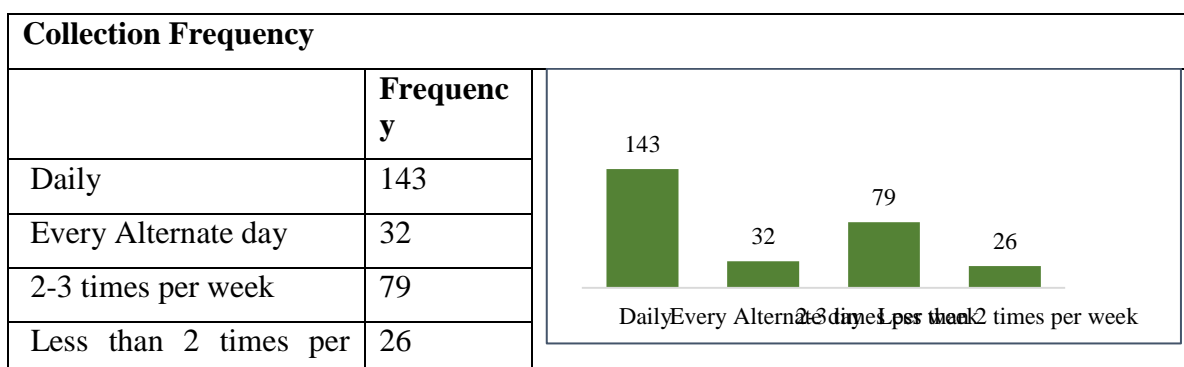


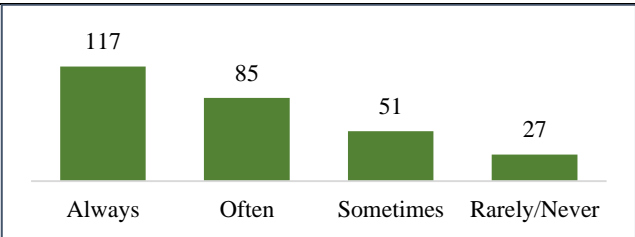
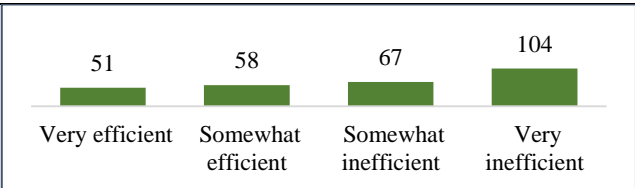
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The data illustrates the percentage of different types of waste generated daily by households:

1. Organic waste (food scraps, vegetable peels) is the most generated type, with 96 households (out of the total) generating 10-25%.
2. Recyclable waste (paper, plastic, metal) follows closely, with 136 households generating 10-25%.
3. Hazardous waste (batteries, paint, medicine) shows the highest proportion within the 10-25% range, with 224 households.
4. Inert waste (sand, dirt, rocks) has a significant presence, with 192 households generating 10-25%.
5. Across all waste types, the 50-75% range shows the least amount of waste generated by households.

Objective 02: To evaluate the effectiveness of existing solid waste collection and disposal methods in Mumbai.



week												
Overflowing Bins												
	Frequency	 <table><thead><tr><th>Frequency</th><th>Count</th></tr></thead><tbody><tr><td>Always</td><td>117</td></tr><tr><td>Often</td><td>85</td></tr><tr><td>Sometimes</td><td>51</td></tr><tr><td>Rarely/Never</td><td>27</td></tr></tbody></table>	Frequency	Count	Always	117	Often	85	Sometimes	51	Rarely/Never	27
Frequency	Count											
Always	117											
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Collection Efficiency												
	Frequency	 <table><thead><tr><th>Efficiency</th><th>Count</th></tr></thead><tbody><tr><td>Very efficient</td><td>51</td></tr><tr><td>Somewhat efficient</td><td>58</td></tr><tr><td>Somewhat inefficient</td><td>67</td></tr><tr><td>Very inefficient</td><td>104</td></tr></tbody></table>	Efficiency	Count	Very efficient	51	Somewhat efficient	58	Somewhat inefficient	67	Very inefficient	104
Efficiency	Count											
Very efficient	51											
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Somewhat inefficient	67											
Very inefficient	104											

INFERENCE

The data provides valuable insights into the effectiveness of solid waste collection and disposal methods in Mumbai. It is evident that **daily collection frequency is the most common practice**, indicating a proactive approach to waste management. However, despite frequent collection, **overflowing bins remain a prevalent issue**, with **bins always overflowing in 117 instances**. This suggests a gap between collection frequency and the actual capacity to manage generated waste. Additionally, the **majority of respondents perceive collection efficiency as somewhat or very inefficient (58 and 104 instances, respectively)**, indicating a need for improvement in waste management practices to address overflowing bins and enhance overall efficiency.

Objective 03: To understand the public's perception and behavior regarding waste management in Mumbai

Familiarity of Respondents with Waste Segregation at Source		Frequency	Percentage
Student 42	Not Familiar at All	8	19%
	Slightly Familiar	1	2%
	Moderately Familiar	5	12%
	Very Familiar	17	40%
	Extremely Familiar	11	26%
Employed 123	Not Familiar at All	8	7%
	Slightly Familiar	6	5%
	Moderately Familiar	13	11%
	Very Familiar	43	35%

	Extremely Familiar	53	43%
House wife 63	Not Familiar at All	2	3%
	Slightly Familiar	18	29%
	Moderately Familiar	17	27%
	Very Familiar	1	2%
	Extremely Familiar	25	40%
Unemployed 52	Not Familiar at All	32	62%
	Slightly Familiar	12	23%
	Moderately Familiar	1	2%
	Very Familiar	7	13%

The data reveals varying levels of familiarity with waste segregation at source among different demographic groups in Mumbai. While students and employed individuals demonstrate higher familiarity, housewives and the unemployed exhibit comparatively lower levels of awareness.

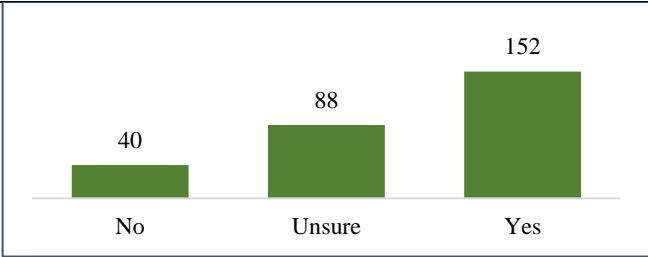
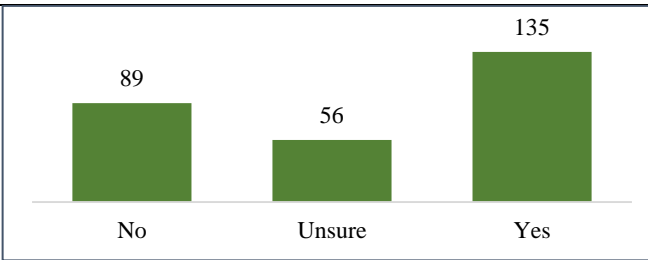
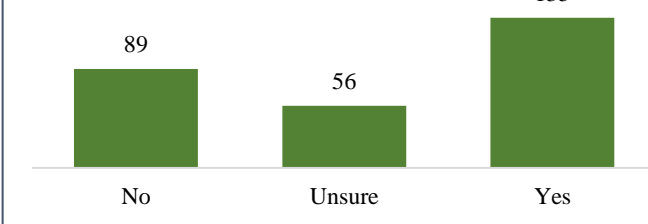
Segregation of Waste By Respondents at Home		Frequency	Percentage
Employed	Always	48	8.22%
	Sometime	84	14.38%
	Never	99	16.95%
Housewife	Always	17	2.91%
	Sometime	42	7.19%
	Never	75	12.84%
Student	Always	9	14.55%
	Sometime	46	1.54%
	Never	30	7.88%
Unemployed	Always	6	5.14%
	Sometime	20	22.95%
	Never	108	1.03%

The data showcases varying levels of waste segregation behaviour among different demographic groups in Mumbai. While some respondents consistently segregate waste, others do so only occasionally or never. This suggests a need for targeted waste management education and interventions to promote sustainable practices citywide.

INFERENCE

The analysis of waste segregation behaviour among different demographic groups in Mumbai reveals a diverse range of practices. Employed individuals tend to segregate waste intermittently or never, with 8.22% always segregating. Housewives display similar patterns, albeit to a lesser extent, while students exhibit higher rates of consistent segregation, with 14.55% reporting always segregating waste. Interestingly, the unemployed segment demonstrates mixed behaviour, with 5.14% always segregating and 22.95% doing so sometimes. These findings underscore the complexity of waste management perceptions and behaviours in Mumbai, highlighting the importance of targeted interventions to enhance public understanding and engagement in sustainable waste practices.

Objective 04: Examine the potential health risks associated with inadequate waste management

Perception of Negative Environmental Impacts ((air pollution, water pollution) from BMC Waste Management practices		
No	40	
Unsure	88	
Yes	152	
Grand Total	280	
Health Problems (mosquito-borne diseases, respiratory problems) Linked to Improper Waste Disposal		
No	89	
Unsure	56	
Yes	135	
Grand Total	280	
Perception of BMC's Overflowing Garbage Management on Public Health		
Needs improvement	153	
Somewhat well	79	
Very well	48	
Grand Total	280	

Inference

The survey findings reveal widespread concern among respondents (152 out of 280) regarding negative environmental impacts stemming from Mumbai's waste management practices, including air and water pollution. Additionally, a significant portion (135 out of 280) reported experiencing health problems attributed to improper waste disposal, such as mosquito-borne diseases and respiratory issues. Most respondents (153 out of 280) expressed dissatisfaction with the Brihanmumbai Municipal Corporation's (BMC) management of overflowing garbage. Although not establishing causal links, the data suggests a perceived association between inadequate waste management and public health risks, emphasizing the need for improved waste management strategies in Mumbai.

8. HYPOTHESES TESTING

H₁: There is a positive correlation between the level of education (highest educational attainment) and the reported frequency of waste segregation practices in Mumbai.

**Table Correlation between Education Qualification and Waste Segregation Practices in Mumbai**

	Education Qualification	Segregation of waste into different bins (organic, recyclable, etc.)?
Education Qualification	1	
Segregation of waste into different bins (organic, recyclable, etc.)?	0.002656743	1

INFERENCE

The correlation coefficient of 0.0027 suggests a negligible positive correlation between education level and reported frequency of waste segregation practices in Mumbai. This indicates that as education level increases, there might be a slight tendency for individuals to engage more in waste segregation, although the relationship is very weak. However, further analysis is needed to ascertain the significance of this correlation and its implications for waste management policies and public education initiatives in Mumbai.

H₁: There is a positive correlation between residents' perception of poor waste management and reported respiratory problems in their household.

	Perception of poor waste management	Reported respiratory problems in the household
perception of poor waste management	1	
Reported respiratory problems in the household	0.220281183	1

Analysis: The correlation coefficient between residents' perception of poor waste management and reported respiratory problems in their household is 0.220, indicating a positive correlation. This suggests that as perception of poor waste management increases, there is a tendency for a higher incidence of reported respiratory problems in households.

Interpretation: The positive correlation ($r = 0.220$) supports hypothesis H₁, indicating that there is indeed a relationship between residents' perception of poor waste management and the occurrence of respiratory problems in their households. This suggests that addressing issues related to waste management may potentially lead to improvements in respiratory health outcomes among residents.

H₁: Residents living in areas with a higher frequency of reported overflowing garbage bins are less satisfied with the existing waste collection services in Mumbai

t-Test: Two-Sample Assuming Unequal Variances		
	Satisfaction with waste collection services	Frequency of reported overflowing garbage bins
Mean	2.307142857	1.957142857
Variance	1.245826933	0.987403994
Observations	280	280
Hypothesized Mean Difference	0	



df	551	
t Stat	3.919044937	
P(T<=t) one-tail	5.00441E-05	
t Critical one-tail	1.647623772	
P(T<=t) two-tail	0.000100088	
t Critical two-tail	1.964278689	

ANALYSIS

The t-test results reveal a significant difference between the mean satisfaction levels with waste collection services among residents living in areas with varying frequencies of reported overflowing garbage bins. The calculated t-statistic of 3.919 exceeds the critical value at a 95% confidence level (t Critical two-tail = 1.964), indicating a statistically significant difference.

INTERPRETATION

The findings support the hypothesis that residents living in areas with a higher frequency of reported overflowing garbage bins are indeed less satisfied with the existing waste collection services in Mumbai. This highlights the importance of addressing issues related to overflowing garbage bins to improve overall satisfaction with waste management services.

9. FINDINGS

1. **Demographic Profile:** The majority of respondents are aged between 26-55, with a slight female majority. Employed individuals, particularly postgraduates, are well represented, indicating a diverse demographic profile.
2. **Waste Generation:** A significant portion of households generate 1-2 kg of waste per day. Organic waste is most prevalent, followed by recyclable waste. Hazardous waste and inert waste also contribute substantially to the waste stream.
3. **Collection and Disposal:** Daily waste collection is common, but overflowing bins remain a prevalent issue, with many respondents perceiving collection efficiency as inefficient.
4. **Waste Segregation:** Segregation practices vary among demographic groups, with employed individuals and housewives segregating intermittently or never, while students demonstrate higher rates of consistent segregation.
5. **Environmental and Health Concerns:** A large proportion of respondents express concerns about negative environmental impacts and health problems associated with improper waste management, highlighting the urgency for improved strategies to address these issues.

10. CONCLUSION

Optimizing solid waste management in Mumbai is vital for mitigating environmental impact and promoting public health. While there is a slight positive correlation between education level and waste segregation practices, further analysis is required to assess its significance. However, strong correlations exist between residents' perception of poor waste management, respiratory problems, and dissatisfaction with waste collection services. Addressing issues like overflowing bins is crucial for enhancing overall satisfaction and fostering a healthier environment. These findings underscore the urgency of implementing effective waste



management strategies tailored to Mumbai's unique challenges to safeguard both the environment and public well-being.

11. RECOMMENDATIONS

1. Enhance Public Awareness: Conduct targeted awareness campaigns on waste management.
2. Improve Segregation Infrastructure: Invest in accessible segregation facilities.
3. Strengthen Collection Systems: Increase frequency in areas with overflowing bins.
4. Enforce Regulations: Implement strict enforcement and penalties for violations.
5. Foster Collaboration: Encourage partnerships between stakeholders for holistic solutions.
6. Monitor and Evaluate: Establish a robust monitoring system for continual improvement.
7. Implementing these measures will optimize solid waste management in Mumbai, mitigating environmental impact and promoting public health sustainably.

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