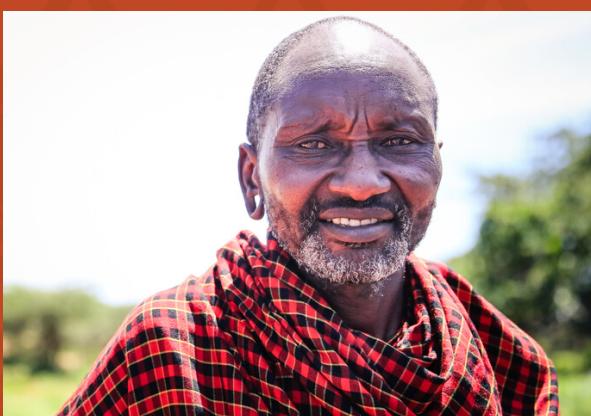


Empower Tanzania, Inc.

Annual Report

2019



www.empowertz.org

**EMPOWER
TANZANIA**

2019 HIGHLIGHTS

11,000 kids are learning about relationships and reproductive health

403 secondary school teachers have learned self-defense and are prepared to teach their students

Over \$10,000 was raised to scale-up our education programs

All 30 students who graduated from the Same Learning Center passed their Standard 7 exams and are heading to Secondary School!

6 acres of farm land is being prepared for future farmer-entrepreneur training

The village of Nadaruru has **clean water** and a project at Ruvu is underway

A close-up photograph of a young African boy with dark skin and short hair. He is wearing a blue shawl with yellow piping around the edges. His right hand is resting against his chin, and his gaze is directed towards the camera. The background is blurred, showing foliage and a colorful, patterned cloth.

Empower Tanzania

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Health for Life

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Staff & Volunteers

Thanks

Community-Hospital Alliance Program

This program has trained 34 Maasai women in 21 Maasai villages to serve as Community Health Workers (CHWs) who provide health education, timely life-saving treatments, patient referrals to healthcare facilities, disease surveillance and prevention, and vital events registration. The program began in 2014, now includes 34 Maasai men, and has provided life-saving health education, healthcare services, and hospital referrals to thousands of Maasai community members.



Improving Women's Health Program

The Improving Women's Health Program was established in 2013 and trained 33 Community Health Educators (CHEs) in various health topics and social concepts. Using battery-operated pico projectors and videos produced by Empower Tanzania, these women continue to give at least 12 presentations per month to the community members in their political ward of Same District reaching over 21,000 people each month.

Reproductive Health & Relationships Program

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The Reproductive Health and Relationships Program was established in 2018 and aims to (1) reduce the high pregnancy rate of Same District school girls, (2) lower the incidence of STDs (including HIV) in school children and young adults, (3) delay the age of sexual debut in Same District students, (4) improve the knowledge and attitudes of students about reproductive health and relationships.

BY THE NUMBERS

Primary & Secondary Participants	10,554
Trained Teachers	408
Participating Schools throughout Same District	19
Teachers & Students who View Monthly Newsletter	11,000+



EMPOWER TANZANIA [ABOUT](#) [PROGRAMS](#) [JOIN US](#) [NEWS & EVENTS](#) [DONATE](#)

REPRODUCTIVE HEALTH AND RELATIONSHIPS PROGRAM

The Reproductive Health & Relationships Program has a special page on the Empower Tanzania website where program members, volunteers, & donors can view photos, newsletters, & curriculum.

Empower Tanzania has garnered press in Tanzania highlighting this innovative and much-needed program.

ITV

A man in a blue shirt is speaking into a microphone. The background shows greenery and a building.



Beyond Gender-Based Violence Program

After two years of culturally appropriate counseling, 100 survivors of gender-based violence were trained on fabric and reusable menstrual pad production.

Further education focused on supply acquisition, quality, marketing, and production techniques. Payments were made to each group for their production and some groups earned over \$500 for several months of work! Most entrepreneurs sell fabrics and reusable menstrual pad (RMP) kits at local markets. Tanzania sales of RMP kits are increasing through schools, private purchases, and other NGOs. This program continues to grow and to improve the quality of life and financial security of the remaining 99 survivors-turned-entrepreneurs. As newly verified members of the Fair Trade Federation, we look forward to watching this program flourish!



Empower Tanzania is a proud member of the Fair Trade Federation

Empower Tanzania spent much of 2019 completing a rigorous application process to become a verified member of the Fair Trade Federation and met success in December. Membership will provide important connections and the recognition that will help bolster the financial future of our GBV survivors-turned-entrepreneurs.

FAIR TRADE PRINCIPLES

Create Opportunities for economically and socially marginalized farmers and artisans. Fair trade is a strategy for poverty alleviation and sustainable development achieved through long-term trading partnerships.

Develop Transparent and Accountable Relationships with artisans and farmers to ensure that relationships are open, fair, consistent, and respectful.

Build Capacity of farmers, artisans, and their communities. FTF members invest time and resources to help producers build their businesses and create sustainable supply chains.

Promote Fair Trade by raising awareness about fair trade, educating customers and producers, and inspiring other businesses to adopt fair trade practices.

Pay Promptly and Fairly by discussing costs and pricing openly and honestly so that producers are able to earn a fair wage.

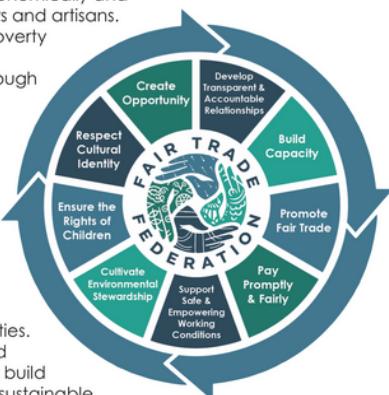
Support Safe and Empowering Working Conditions that are free of discrimination and forced labor. Healthy workplaces empower producers to participate in decision-making.

Cultivate Environmental Stewardship by encouraging responsible use of resources and eco-friendly production. FTF members reduce, reuse, reclaim, and recycle materials whenever possible.

Ensure the Rights of Children by never using exploitative child labor. FTF members support children's right to security, education, and play and respect the UN Convention on the Rights of the Child.

Respect the Cultural Identity of the farmers and artisans and celebrate diversity. Fair trade products and production methods respect the traditions of the local communities.

Learn more about the FTF principles at www.FairTradeFederation.org/Principles





Integrated Farming Program

In 2019, the Integrated Farming Program prospered in the village of Lambo thanks to the participation of 33 farmers. Five farmers received modern sheep, five farmers received modern goats, and 23 farmers received seeds and were trained in growing amaranth with expertise lent by Empower Tanzania's Country Director Elibariki Kisimbo. The project was managed by staff member Joseph Kimbwereza and Lambo participant/chairperson William Obeid Mritah, and was supervised by livestock officer Steven Kihoko.

EMPOWER TANZANIA OWNS TWO NEW PLOTS OF LAND

Kisiwani 20-acre plot: This plot of land is located just south of the town of Kisiwani in Same District. Eight acres of land were cleared of bush and trees and four acres were cultivated in 2019. We look forward to generating income through the growth, harvest, and sale of corn, beans, and sunflowers.

Kirinjiko 6-acre plot: This plot of land is located seven kilometers south of Same Town, right along the main Dar-Arusha Highway. The land has been surveyed and markers are in place that identify each corner of the rectangular plot. In 2020, we will begin to grow cash crops and create a farmer training facility on this plot of land.



Water Projects



**MORE THAN 1,500
PEOPLE IN NADARURU
NOW HAVE ACCESS TO
CLEAN WATER!**

Empower Tanzania was the recipient of the over \$76,000 raised at Water Party 2018 in Davenport, Iowa. With those funds, we completed a project ensuring that the community of Nadaruru has a functioning water system complete with solar panels, storage tanks, and seven distribution points.





Education Programs

Though education is a component of every single one of our programs, we have two initiatives that serve under-resourced children in particular, the Most Vulnerable Children's Club at Msindo and the Same Learning Center. • • • • • • • • • • • •



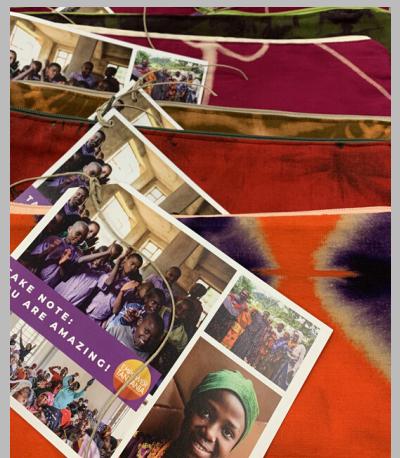
After four years of activities of the **MOST VULNERABLE CHILDREN'S CLUB** in the village of Msindo, the program is stronger by the day! We were grateful for the continued support of students of the Empower Tanzania Club at Newton High School in Newton, Iowa and were pleased to see other students from around the country show interest in learning about and supporting this program as well. A special fundraising letter by president of the board Jodi Morgan-Peters raised additional funds and our #GivingTuesday project also benefited the children at Msindo.

Talented volunteers in Iowa made pencil pouches out of the fabric produced by Beyond Gender-Based Violence survivors-turned-entrepreneurs in Tanzania to thank donors who contributed \$100 or more to the semi-annual fundraiser.



#GIVINGTUESDAY
WITH EMPOWER TANZANIA

Supporters received a hand-beaded ornament for every \$25 donation they made in support of our education programs before the holiday season!



Same Learning Center

The **SAME LEARNING CENTER** (SLC) continues to make an impact on the most vulnerable children in and around Same Town. Students meet twice a week after school to receive tutoring in English by our staff of English teachers. On Saturdays they meet again for additional tutoring and projects to develop social skills. They are fed nutritious snacks and meals to help them attain good health status. Each of the families of these students is visited periodically by education program director Yoeza Mnzava to determine if there are other factors in the home life of the students that can be facilitated to support the students, such as supportive parenting, good nutrition, and a clean environment.



Our first graduation took place in 2019! All 30 of the graduating students were selected to join Form One in secondary schools!

2019 SLC Highlights:

- Empower Tanzania provides school uniform (shirts and shorts or skirts), shoes, and stationary to all 80 Same Learning Center students. We also provide other basic necessities monthly: soap, shoe-polish, toothpaste, oil gel, and menstrual pads.
- Each student receives lunch at their primary school in Same Town. Students also receive bread with porridge every Saturday at the SLC.
- We teach life skills like gardening, sports and games, cooking, computers, and phone skills. In 2019, we reviewed our curriculum and added NEW topics, which include personal hygiene, self-defense techniques, balanced diet, and mathematics.
- In 2019, we introduced students score cards, which have the potential to track student performance. We were thrilled to see that students performed well in their final examination.
- We help students struggling with mental health issues by giving them the care and assistance they need to succeed academically.



60 SLC primary school students receive 30kg of corn, 12kg of beans and 30,000Tsh for cooking and additional ingredients per year.

"...These students are vulnerable and some are orphans. Helping the needy is our responsibility."

*Yoeza Mnzava
Education Program Director*

Our mission is to work in partnership with the people of rural Tanzania.

Tanzania Team



TOP, L-R: Eli Kisimbo, Efrancia Nzota, Joseph Kimbwereza, Yoeza Mbonea Mnzava
MIDDLE, L-R: Flora Mmbaga, Nteghenjwa Mjema, Catherine John Wales, Meshack Henry Mkongo
BOTTOM, L-R: Riziki Joseph Kimbwereza, Lilian Karani, Mary Mrutu



Hundreds of volunteer hours were spent on behalf of our programs in both the United States and Tanzania in 2019.
We are so grateful!

Board of Directors

Jodi Morgan-Peters (president), Jake Klipsch (vice president), Mike Gaul (secretary), Michael Welsch (treasurer), Andrew Bice, Nahana Mjema, Charles Bursch, Jill June, Frank Klipsch, Carol Putz, Jennie Peakin, Kip Peters, Holly Bzdega, Rob Craig, Rebecca Gerke, Chip Lowe, Ed Bell

U.S. Team

Todd Byerly, Phil Latessa, Jeffrey Carithers, Holley Bzdega, Leslie Klipsch, Amy Sivertsen

Wezesha Circle*



Kindra Jacobsen, Mike & Deborah Welsch, Denise Murray Edwards, Robert Craig, Heide & Charles Bursch, Hanne Dalmut, Amy & Andrew Sivertsen, Glen Rippke, Mark & Jan Burnham, John & Anne Hartson, Sara Olson-Smith, Frederic & Martha Hoerr, Eric & Rebecca Gerke, Elaine Olson, Patty Johannessen, Jaymie & Jason Wilson, Karen Clark, Jill Hook, Linda & Joe Coen, Susan Ekstrom, Matthew Seberger, Phil Latessa, Jennie & Sean Peakin, Ali Carithers, Dr. Jeff Carithers, Kent & Sara Johnson, Chad & Andrea McKenna, Frank Klipsch, Eric Dreibelbeis & Candice Schlafmann, Denise Charter-Jones, Mike Gaul, Andrew Bice, Dave King, Bonnie & Dick Ekse, Mike Roselli, Noelle & Aaron Fultz, Rachel Stauffer, Debra Parrott, Jill June, Chip Lowe, Ed Bell, Mark Tucker, Sarah Peakin, Lisa Veach, Ryan Schneider & Lindsey Mack, Carolyn Schnell, Sandy Scotton, Jake & Leslie Klipsch, Marta Ford, Dennis Ullom, Elisabeth Ullom, Dr. Holley & Ted Bzdega, Kip Peters & Jodi Morgan-Peters, Don Wolfe, Marlene Marolf, Lenore Metrick-Chen, Garrett Ullom, Stacie & Tom Franklin, Jean Morgan

*In 2019, we gained 25 new Wezesha Circle members and their collective contribution was matched by a generous gift made by Jeff & Ali Carithers. We continue to work to complete our goal and fully capitalize on this opportunity for sustained growth by widening the Wezesha Circle even further in 2020!

Be the change with Empower Tanzania.

We are honored to partner with individuals, groups, businesses, and other organizations to raise funds and awareness. We appreciate the support of the work we do. We believe donors can most effectively help further our mission by engaging in one of the following:

- Make a contribution via our secure website:
www.empowertz.org/donate
- Write a check to Empower Tanzania. We will gratefully receive your contribution at P.O. Box 1121, Ames, Iowa 50014.
- Join the Wezesha Circle. In Swahili “wezesha” means to “empower” and it’s what we believe in! Join the Wezesha Circle by committing to a planned monthly or yearly donation at www.empowertz.org/donate or by emailing information@empowertz.org.



OTHER WAYS TO HELP:

- Go to our website and sign up for our monthly e-newsletter
- Choose Empower Tanzania on AmazonSmile
- Follow Empower Tanzania on Facebook, Instagram, & Twitter
- Volunteer with us
- Read and share our blog posts
- Invite us to speak at your next group meeting
- Shop our store

Empower Tanzania

Thank you.

We ended the decade proud of our impact in rural Tanzania. We are grateful to every single one of you who help make this work possible.



**EMPOWER
TANZANIA**

*Be sure to follow along online! www.empowertz.org / Facebook @EmpowerTZ / Twitter @empowertanzania / Insta @empower_tanzania
Empower Tanzania, Inc. / PO BOX 1121 / Ames, Iowa 50014*