

Empower Tanzania, Inc.

# Annual Report

## 2018



[www.empowertz.org](http://www.empowertz.org)

**EMPOWER  
TANZANIA**



# Happy Birthday, Empower Tanzania!

*Empower Tanzania celebrated  
10 years of empowerment  
throughout 2018!*



We've spent the last decade working in partnership with rural Tanzanians to improve their quality of life.

We continue to address the underlying issues that hinder resiliency in rural areas, such as healthcare, education, agriculture practices, markets for products, and increasing water supply and quality.



Empower Tanzania

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# Reproductive Health & Relationships Program

*Our newest health program, established this year, aims to (1) reduce the high pregnancy rate of Same District school girls, (2) lower the incidence of STDs (including HIV) in school children and young adults, (3) delay the age of sexual debut in Same District students, (4) improve the knowledge and attitudes of students about reproductive health and relationships.*

## 19

SCHOOLS THROUGHOUT THE SAME DISTRICT PIOTED THE PROGRAM.

## 128

TEACHERS COMPLETED CURRICULUM TRAINING DURING A 4-DAY COURSE IN SEPTEMBER.

## 11,000

PRIMARY AND SECONDARY STUDENTS PIOTED THE PROGRAM, WHICH INCLUDED VIDEOS PRODUCED IN SWAHILI ON PUBERTY, MENSTRUAL PERIODS, REPRODUCTIVE HEALTH AND RELATIONSHIPS.



Same Primary School Officer Marietha Shayo speaking to teachers.



Secondary school teachers learning how to operate a pico projector during training.



# Community-Hospital Alliance Program

*This program has trained 34 Maasai women in 21 Maasai villages to serve as Community Health Workers (CHWs) who provide health education, timely life-saving treatments, patient referrals to healthcare facilities, disease surveillance and prevention, and vital events registration. The program began in 2014, now includes 34 Maasai men, and has provided life-saving health education, healthcare services, and hospital referrals to thousands of Maasai community members.*

In 2018, funds were raised from private donors for bicycles and helmets for the CHWs to improve their geographic coverage, speed of service, and efficiency!



# Improving Women's Health Program

*Communicable, maternal, newborn and nutritional causes are the top drivers of disability-adjusted life years in sub-Saharan Africa, a pattern that is exemplified in Tanzania where they represented 70% of total disease burden in 2010. Healthcare systems commonly focus on treatment, but do little to prevent disease or address important social determinants of health. The Improving Women's Health Program was established in 2013 and trained 33 Community Health Educators (CHEs) in various health topics and social concepts. Using battery-operated pico projectors and videos produced by Empower Tanzania, they give at least 12 presentations per month to the community members in their political ward of Same District.*

## 19,000

IS THE AVERAGE MONTHLY NUMBER OF PEOPLE WHO ATTEND PRESENTATIONS COVERING INDIVIDUAL PUBLIC HEALTH TOPICS

## 23,549

PRESENTATIONS HAVE BEEN CONDUCTED SINCE PROGRAM INCEPTION

## 1,056,750

SIGNED PARTICIPANTS HAVE ATTENDED THESE PROGRAMS OVER TIME!





# Beyond Gender-Based Violence Program



This program continues to improve the quality of life and financial security of 100 survivors of gender-based violence.



## Stay tuned...

Work on the Fair Trade Federation (FTF) application is underway with the ultimate goal being FTF designation. U.S. retail outlets for batik and tie-dye fabrics are being developed and U.S. shipping and customs options are being explored, as well as legal ramifications for Empower Tanzania.

# Women & Children Clinics Program

The remoteness of many Maasai villages in northern Tanzania exacerbates the limitations in healthcare quality and access experienced by other Tanzanians, resulting in high levels of morbidity and mortality, particularly of pregnant women and children. This program was designed to improve healthcare access and quality for the people in the communities of Pangaro and Nadaruru. The program involves two components: periodic local access to healthcare professionals and daily access to basic healthcare by trained lay providers to the Maasai and Pare people who live in the service area of clinics built in each community.

- Clinics were constructed in Nadaruru (2011) and Pangaro (2012).
- Ten birth attendants were trained for each clinic to provide full-time staffing.
- Birth attendants provide timely life-saving treatments, patient referrals to health facilities, health education, vital events registration, disease surveillance and prevention services to their fellow community members.
- Monthly healthcare staffing of clinics by Gonja Lutheran Hospital (Nadaruru) and Mwanga government healthcare staff (Pangaro) is provided.
- Approximately 1,000 patients are seen per year in each clinic by healthcare staff during periodic visits for various healthcare issues and vaccinations. Many more are seen on a daily basis by clinic Birth Attendants.
- Solar panels, rain water collection systems, and latrines have been installed for each clinic.
- Chief Isaiah and Mama Maria visited six Maasai villages for outreach to discuss the dangers of female genital mutilation.

In July, the government healthcare providers for Mwanga and Same assumed operational responsibility and monthly healthcare professional staffing of Pangaro and Nadaruru Clinics, therefore Empower Tanzania has transferred this successful health care development project to local control! (Pictured below.)





# Education Programs

*Though education is a component of every single one of our programs, we have two initiatives that serve under-resourced children in particular, The Same Learning Center and the Most Vulnerable Children's Club at Msindo.*

Year three of activities of the **MOST VULNERABLE CHILDREN'S CLUB** continued at the local Lutheran church in the community of Msindo. With the support of students of the Empower Tanzania Club at Newton High School, uniforms and shoes were purchased allowing the 50 children to attend school. We are so grateful for students in Iowa supporting students in Tanzania!



The **SAME LEARNING CENTER** expanded to serve 80 kids in 2018! This program continues to make a huge impact on the most vulnerable children in Same. Students meet twice a week after school to receive intense tutoring in English by our staff of English teachers. On Saturdays they meet again for additional tutoring and projects to develop social skills. They are fed nutritious snacks and meals to help them attain good health status. Each of the families of these students is visited periodically by the program manager to determine if there are other factors in the home life of the students that can be facilitated to support the students, such as supportive parenting, good nutrition, and a clean environment.

# Integrated Farming Program

## *A new project site and a graduation!*

A crop failure in the town of **Lambo** led to a request for a farming project there. Representatives from the successful Hedaru project and staff met with community leaders in Lambo and made plans. Farmer-entrepreneurs were selected to be trained by Hedaru and Massandare farmers, along with agricultural specialists from the district government. Zion Lutheran Church in Iowa City, IA funded the training and the initial animals (goats and sheep) for the farmers. Another group of farmers will grow amaranth, a high-protein grain to be added to the diet in the community. These modifications of the Integrated Farming model in Lambo will allow it to be done for much less expense and with more local management.



By 2018, the Integrated Farming Program included over 100 farm families in **Hedaru and Massandare** after beginning with 10 farms in each community. The policy of passing forward a baby goat to a new farmer led to this rapid increase in the number of farm families. After the training for the first groups of farmers was completed at Tumaini University, local farmers already involved in the program conducted training for additional farmers. Routine visits by veterinarians and Empower Tanzania staff led to a series of recommendations to improve the health of the animals and increase yields of milk. Farmers steadily improved their procedures for caring for their goats and some began raising chickens. The success has been tremendous! Thus...

**...in June, the programs at Hedaru and Massandare were turned over to local control. We celebrate this great success as a nod to our commitment to sustainability and the true empowerment of Tanzanians!**

# Water Projects

*We continue our clean water initiatives knowing that "Maji ni Uhai" (Water is Life) and that when basic needs are met, communities thrive in ways previously impossible.*

## 1,750

PEOPLE IN NJIRO NOW HAVE  
ACCESS TO CLEAN WATER!

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Empower Tanzania was the recipient of funds raised at Water Party 2017 in Davenport, IA. With those funds, we completed a project ensuring that the community of Njiro has a functioning water system complete with solar panels, storage tanks, and seven distribution points.

## 76,134

DOLLARS RAISED IN ONE NIGHT  
AT WATER PARTY 2018

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500 party-goers gathered in Davenport, IA, in support of Empower Tanzania in November. With these funds, a well rehabilitation project has begun in Nadaruru where over 1,500 people currently collect water from an unsafe, dirty source.



Empower Tanzania, Inc.

# Financials

**Empower Tanzania, Inc  
Statement of Financial Position  
As of December 31, 2018**

**ASSETS**

**Current Assets**

Cash and Cash Equivalents	193,711.02
Prepaid Expense	27,532.79
Cash Surrender Value of Life Insurance Policy	27,939.71
<b>Total Current Assets</b>	<b>\$ 249,183.52</b>

**LIABILITIES AND NET ASSETS**

**Total Liabilities**

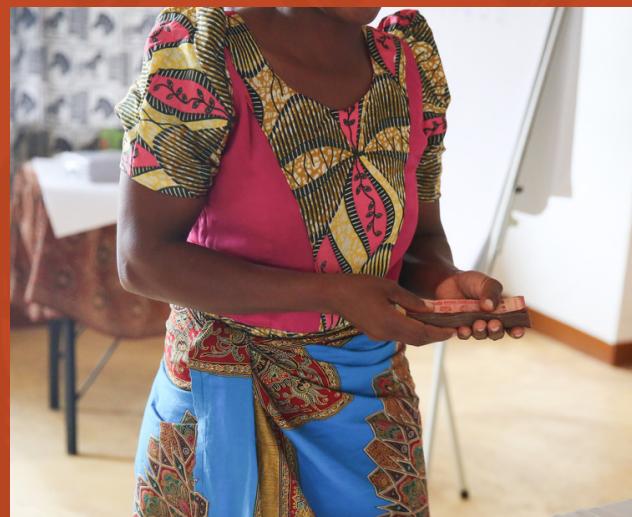
\$ 0.00

**Net Assets**

Unrestricted	46,072.08
Temporarily Restricted	203,111.40
<b>Total Equity</b>	<b>\$ 249,183.48</b>

**TOTAL LIABILITIES AND NET ASSETS**

\$ 249,183.48



^^ Payday for the Gender-Based Violence Survivors-turned-Entrepreneurs! (May 2018) ^^



We are grateful for the hundreds of volunteer hours we benefited from in 2018!

# Board of Directors

*Jodi Morgan-Peters (president), Jake Klipsch (vice president), Mike Gaul (secretary), Michael Welsch (treasurer), Andrew Bice, Charles Bursch, Jill June, Frank Klipsch, John Meyer, Carol Putz, Jennie Peakin, Kip Peters, Holly Bzdega, Rob Craig, Rebecca Gerke, Chip Lowe*

## U.S. Team

*Todd Byerly, Phil Latessa, Jeffrey Carithers, Sheri Krumm, Carol Putz, Leslie Klipsch, Amy Sivertsen*

## Tanzania Team

*Eli Kisimbo, Joseph Kimbwereza, Efrancia Nzota, Nteghenjwa Mjema, Flora Mmbaga, Yoeza Mbonea Mnzava, Meshack Henry Mkongo, Riziki Joseph Kimbwereza, Mary Mrutu, Catherine John Wales, Lilian Karani*

## Wezesha Circle

*Kindra Jacobsen, Mike & Deborah Welsch, Denise Murray Edwards, Robert Craig, Penny Dickey, Heide Bursch, Amy & Andrew Sivertsen, Glen Rippke, Niruba Gopinathan, Mark & Jan Burnham, John & Anne Hartson, Sara Olson-Smith, Frederic & Martha Hoerr, Eric & Rebecca Gerke, Elaine Olson, Patty Johannessen, Jaymie & Jason Wilson, Karen Clark, Jill Hook, Linda & Joe Coen, Susan Ekstrom, Matthew Seberger, Phil Latessa*



# Join us

*We are so grateful to partner with individuals, groups, business, and other organizations to raise funds and awareness. We appreciate the support of the work we do. Donors can most effectively help further our mission by engaging in one of the following:*

- Make a contribution via our secure website:  
[www.empowertz.org/donate](http://www.empowertz.org/donate)
- Write a Check to Empower Tanzania. We will gratefully receive your contribution at PO Box 1121, Ames, Iowa 50014.
- Join the Wezesha Circle. In Swahili, “wezesha” means to “empower” and it’s what we believe in! Join the Wezesha Circle by committing to a tax-deductible monthly donation at [www.empowertz.org/donate](http://www.empowertz.org/donate) or by emailing [leslie@empowertz.org](mailto:leslie@empowertz.org).



Empower Tanzania

# Thank you.

In 2018, we impacted thousands of lives in rural Tanzania. Thanks to every single one of you who help make this work possible.



**EMPOWER  
TANZANIA**

*Be sure to follow along online! [www.empowertz.org](http://www.empowertz.org) / Facebook @EmpowerTZ / Twitter @empowertanzania / Insta @empower\_tanzania  
Empower Tanzania, Inc. / PO BOX 1121 / Ames, Iowa 50014*