



EMPOWER TANZANIA

ANNUAL REPORT 2016

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Effective aid does not need our bursts of passion; it requires a long obedience in the same direction. For nearly a decade, **Empower Tanzania** has been working alongside **Tanzanians** to help create **sustainable change** in under-served areas.



GREETINGS!

I read recently that a major challenge today is for people of different views to agree on the definition of a single word. It wasn't long ago that we all accepted the definitions found in a dictionary. "Empower" is a popular word these days, from my observations. The use of this word in the name of our organization guides who we are, what we do, and how we relate to the people of Tanzania. We stand by this word and what it means.

If you know a little about how we start any project or initiative, you know that we begin by engaging with and listening to people. By the very act of engagement and patient listening, a relationship begins. We cannot do it any other way.

If I told you about our organization and the activities we are doing in Tanzania, and about our plans for the future, it would take a lot of writing on my part and reading on your part. So, instead what I hope you get a chance to do is thumb through this annual report, get to know us better, and remember to check out our website, blog, Instagram, and Facebook page to find incredible stories of human-to-human contact and relationship building. It's through these stories that you'll find out who we are as well as what we are doing.

We've had some incredible things happen in the past year. I am continually reminded how very fortunate we are to be in relation with the people of Tanzania. They are genuinely humble and good, and are a stable and peaceful neighbor in East Africa.

Yours,

**TODD R. BYERLY
PRESIDENT,
BOARD OF DIRECTORS**

MISSION STATEMENT

Empower Tanzania works in partnership with Tanzanians to develop models to sustainably improve quality of life and resilience of rural areas through health improvements, education, and economic empowerment.



HEALTH

IMPROVING WOMEN'S HEALTH PROGRAMS

A COMMUNITY-BASED APPROACH IN IMPROVING HEALTH KNOWLEDGE,
MOTIVATING SOCIAL CHANGE AND IMPROVING HEALTH.

In 2013, 31 political wards in the Same District each elected a woman to be a Community Health Educator (CHE). The rural Maasai community also selected two Maasai CHEs. Empower Tanzania arranged for six days of training and has hosted refresher trainings to introduce new topics.

CHEs work as health educators, teaching people and communities about common diseases, disease prevention measures, and healthy lifestyle choices. They also serve as liaisons and provide information links between community members, government representatives, healthcare providers, traditional healers, educators, religious leaders, NGOs, and other potential supporting organizations. This promotes an exchange of community health concerns and data between villagers, the healthcare system, and the government.

Currently in the fifth and final year of the program, the CHEs have developed their presentation skills and activism for public health. This is evident in the increasing political involvement of these women, with over half serving on various government committees and in elected positions.

Empower Tanzania has also arranged for the CHEs to receive training in financial literacy including budgeting, saving, interest, loans, and banking. We are now introducing a program of health-related equipment and product sales relating to their public health education topics.

PROGRAM HIGHLIGHTS

Presentations are reaching over 17,000 attendees per month

700,000 people have attended 16,000 meetings conducted by the CHEs

Surveys of presentation participants and district-wide surveys reveal significant increases in knowledge on presentation topics

Preliminary government health data found lower rates of malaria, diarrheal diseases, intestinal parasites, and acute respiratory infection in Same District compared with neighboring control districts



A group of CHEs, along with staff member Efrancia Nzota, were trained by partnering organization, Days for Girls, in Uganda. The Tanzanian women joined those from Sierra Leone, Democratic Republic of Congo, Uganda, and Kenya to learn new skills that will make a tangible difference in the lives of women in their communities.

Improving Women's Health Program manager Efrancia Nzota presented new material to CHEs during a refresher course.



Monika Togolani uses her small, portable projector to give 12 presentations each month to different community groups on topics such as safe water handling, family planning, and nutrition. Like her CHE counterparts, Monika receives a stipend for her work and respect from her community.

The videos presented by the CHEs in Tanzania are produced by a team in Iowa. The 50 videos cover a wide range of topics including malaria, banking, and family planning and have been viewed by 750,000 and counting!

HEALTH

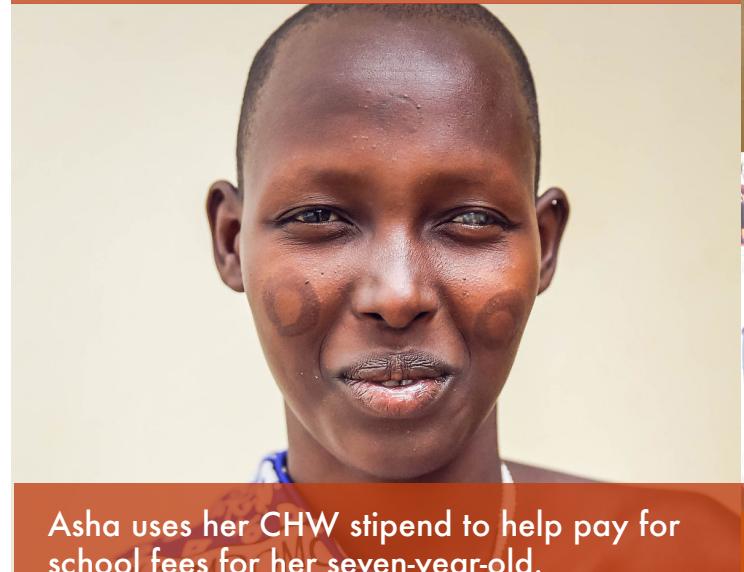
COMMUNITY HOSPITAL ALLIANCE PROGRAM

Empower Tanzania's 30 Community Health Workers (CHWs) continue to integrate the 21 remote and underserved Maasai villages with the formal health system to reduce the significant disease burden and high mortality rates in their community. Empower Tanzania's CHWs provide timely life-saving treatments such as newborn resuscitation or control of post-partum hemorrhage, recognize when someone with an illness needs to be referred to a health facility, and treat minor wounds and injuries. The CHWs also provide preventive health education presentations to their fellow community members and in 2015 were given iPads preloaded with health education videos to facilitate these presentations.



The CHWs requested that Maasai men be allowed to participate in training since Maasai culture permits only men to build latrines and adheres to other health-related cultural restrictions. Men also have significant influence on the issues of female genital mutilation, contraception, and gender-based violence. In 2015 and 2016, ETI held a three-day training program for 30 men, who were instructed on basic public health topics and had one day of overlap with the CHW refresher program for joint training on female genital mutilation, gender-based violence, and family planning.

In addition to life-saving skills and supplies, further education, and respect from their community, CHWs earn a monthly stipend for their work. Here's a glimpse of what these women spend their earnings on:



Asha uses her CHW stipend to help pay for school fees for her seven-year-old.



Rahema saves her monthly stipend until she has enough to invest in a bag of sugar. She then divides the sugar into portions and sells each portion for a profit.



Teresia proudly wears a necklace she purchased with her stipend...because she loves pretty things!



The women in the BGBV program were once called "Survivors" and are now called "Entrepreneurs." What was once a program of survival is now one of complete empowerment.

BEYOND GENDER-BASED VIOLENCE PROGRAM

The Beyond Gender-Based Violence (BGBV) Program works with 100 survivors of gender-based violence at 10 sites throughout the district. For two years, each survivor received group and individual counseling services by a professional mental health counselor. As the survivors recovered from the initial psychological aspects of their trauma, they have been trained in business principles, entrepreneurship, and specific skills to help them ensure greater economic security to meet the new challenges of their life.

Production of reusable menstrual pad kits, batik fabric, and liquid soap began in November, and, using the network of Empower Tanzania CHEs and CHWs, will be sold beginning in March 2017. Inexpensive local sources for almost all the construction materials have been identified to improve the profit margin and program sustainability potential. The Beyond GBV women are enthusiastic about the opportunity this program provides. The improvement in their confidence and self-esteem is evident in their work and commitment.

Each survivor's psychological status and counseling progress was monitored using a culturally specific psychological assessment tool for depression and anxiety, and data was recorded and monitored with a software program designed specifically for this counseling program.

WOMAN & CHILDREN CLINICS PROGRAM

The Empower Tanzania Women and Children Clinics Program was designed to improve healthcare access and quality for the people in the Maasai communities of Pangaro and Nadururu. The remoteness of many Maasai villages in northern Tanzania results in limitations in healthcare quality and access, particularly of pregnant women and children. The program involves two components: periodic local access to healthcare professionals and daily access to basic healthcare by trained lay providers.

Ten lay healthcare workers were trained at each site as birth attendants with follow-up training on urgent care, general medicine, family planning, reproductive health, and female genital mutilation issues. They provide timely life-saving treatments, patient referrals to health facilities, health education, vital events registration, and disease surveillance and prevention to their fellow community members.

SUCCESS BY THE NUMBERS:

917 patients were treated by Gonja Lutheran Hospital healthcare staff at the Nadururu Clinic in 2016

862 children were vaccinated and weighed at the Pangaro Clinic in 2016

194 pregnant women received medical care at the Pangaro Clinic in 2016

ONGOING CLINIC CHALLENGES:
No laboratory services

No child scale or adult scale for proper weighing

Number of patients continues to increase, resulting in an ongoing shortage of medicine



INTEGRATED FARMING



Lightness Thomas, Bakari Juma, Nietiwe Hemedi, Tunzo Simon—all farmers in our Integrated Farming Program—were trained as para-veterinarians in Tengeru at the Village Animal Health Workers Training. They completed the training and reported that they felt "very, very happy and thankful" to have this additional layer of education.



A chicken shed and a rainwater harvesting system and tank were constructed and installed with gutters at the Korehema Orphange Center.



Twenty new farmers from Hedaru and ten from Masandare were trained in dairy goats and chickens. Refresher trainings, visits, and inspections were conducted regularly and some of the farmers were able to visit and learn from a demonstration farm. Farmers also received further training in entrepreneurship skills, bookkeeping, life skills, and capacity building.

The Integrated Farming Program (IFP)

began as a way to give farmers skills to grow more nutritious food in larger quantities on small pieces of land around their homes. What began with 20 people trained in animal husbandry and gardening and each given two pregnant dairy goats has grown to a system of over 100 farmers throughout Same District. The project continues to require each new farmer to pass an animal forward to help someone else begin a farm, and pass an animal backward to help support the cost of the ongoing training. The success of this project has led some of the farmers to add bio-gas cooking systems, build new latrines for their families, remodel their homes, install clean water systems, introduce other kinds of animals, and purchase motorcycles to use in gathering grasses to feed the animals. Farmers have started tracking profit and loss, and, as a result of the program, now farm as a business, not just to feed their own families.

WHAT IS INTEGRATED FARMING?

It is a mixed farming system where by crops and animal activities are carried out together. This combination includes:

1. DAIRY GOAT, DAIRY CATTLE, POULTRY HUSBANDRY
2. BIO-GAS PROMOTION
3. GARDENING AND OTHER AGRICULTURAL ACTIVITIES
4. RAINWATER HARVESTING SYSTEMS
5. NUTRITION EDUCATION
6. EDUCATION ON SAFE WATER HANDLING AND WISE WATER PRESERVATION
7. CAPACITY BUILDING AND ENTREPRENEURSHIP SKILLS
8. RECYCLING OF PLANT AND ANIMAL WASTE
9. COMPOSTING
10. AFFORESTATION, PLANTING TREES, ENVIRONMENTAL CONSERVATION & PREVENTION

MOST VULNERABLE CHILDREN'S CLUB AT MSINDO

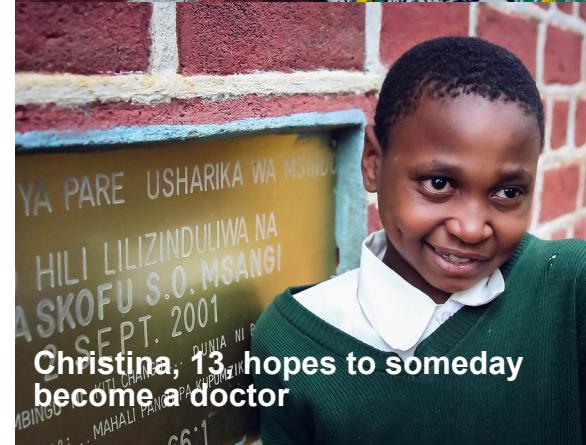
Fifty of the poorest children of the Msindo community (many of whom are orphans) meet each Saturday with three trained teachers employed by ETI. Even though there is no fee to attend primary school in Tanzania, there is a requirement that children must have a school uniform, which effectively eliminates children from attending school. The program purchased uniforms and shoes for all 50 children so that they are able to attend school. This access will be life changing for the children, all of whom will now have a chance to become productive members of society. Grace Lutheran Church in Des Moines is a partner in this project.

AS A PART OF THE MOST VULNERABLE CHILDREN'S CLUB, CHILDREN RECEIVE:

- SHOES
- A SCHOOL UNIFORM
- GARDENING SKILLS
- ANIMAL HUSBANDRY SKILLS
- BASIC LIFE SKILLS
- PERSONAL HYGIENE
- TWO NUTRITIOUS MEALS



Frida, 12, hopes to someday become a teacher



Peter, age 9, hopes to someday become a doctor



WATER PROJECTS

The men and women we work with in Tanzania often tell us that “WATER IS LIFE.” They say this with a seriousness that is sometimes difficult for Westerners to comprehend due to our oft-taken-for-granted infrastructure. “MAJI NI UHAI,” one of our program managers, farmers, educators, or students might exclaim in Swahili. Too many Tanzanian women and children walk miles upon miles—spending a good portion of their day that could be devoted to work or school—collecting water that may or may not be clean. We take this challenge seriously and work hard to find sustainable solutions to this very basic human need at every level of our programming.





Drillers, water technicians, citizens from the Same and Mwanga districts, and representatives from the Pangani Water Board Authority gathered in 2016 to learn about drilling in viable wells in thanks to a training made possible by Empower Tanzania, the Ames Rotary Club, and Rewerts Drilling Company.



The seminar centered on basic drilling techniques that are not common in dry areas of Tanzania. Over 25 people from all different locations and backgrounds were there for the two-day seminar led by Iowa driller and ETI volunteer Justin Rewerts.



"We are an NGO that plans for sustainability," says president of the Empower Tanzania board of directors Todd Byerly. He's pictured here with the Water Committee elected in the village of Pangaro. After training well mechanics and providing support for the cost of drilling, we know that the real work is up to the people who live in this village and will use the clean water source every single day. In everything we do, we educate and empower because we believe it's the only way that will create worthwhile change that will endure.



Water projects are ongoing and will reach completion in 2017. Clean water solutions in these villages will create tremendous opportunity for the surrounding communities. Members will be able to use private showers and latrines, won't have to compete with the surrounding wildlife for water, or share their drinking water with their livestock. The infrastructures created from the wells will also keep the Pangaro Clinic open, a necessary resource for the surrounding community.



Training also covered topics such as ways to effectively work together, Tanzania governmental regulations, and grout management techniques. Attendees were given as much information as possible about drilling, including instructions and materials about the wells and related topics. Hours were spent teaching local people about borehole development, which is the process of locating the water needed to build a well.





LEADERSHIP & STAFF

BOARD OF DIRECTORS:

Todd Byerly (president), Erik Goodale (secretary), Michael L. Welsch (treasurer), Andrew Bice, Charles Bursch, Kindra Jacobsen, Jill June, Frank J. Klipsch, Jake Klipsch, John Meyer, Jodi Morgan-Peters, Carol Putz, Mike Gaul

US STAFF:

Phil Latessa, Leslie Klipsch, Becky Lopez

TZ STAFF:

Eli Kisimbo, Joseph Kimbwereza, Efrancia Nzota, Nteghenjwa Mjemba, Flora Mmbaga, Johnny Mrutu,

WEZESHA CIRCLE:

Jessica and Dan Bishop, Jake and Leslie Klipsch, Phil Latessa, Mike and Deborah Welsch, Denise Murray Edwards, Penny Dickey, Robert Craig, Heide Bursch, Glen Rippke, Jill June, Andrew and Amy Sivertsen



FINANCIALS

EMPOWER TANZANIA, INC.

Statement of Financial Position

December 31, 2015

Assets

Current Assets

Cash and Cash Equivalents	\$ 238,576
Cash Surrender Value of Life Insurance Policy	25,975
Accounts Receivable	--
Prepaid Expense	15,618
Total Current Assets	<u>280,169</u>

Property & Equipment

Vehicles	16,460
Equipment	2,762
Less Accumulated Depreciation	(15,954)
Property and Equipment - Net	<u>3,268</u>

Total Assets

\$ 283,437

Liabilities and Net Assets

Current Liabilities

Accounts Payable	\$ --
Donor Deposits	9,000
Total Current Liabilities	<u>9,000</u>

Net Assets

Unrestricted	82,438
Temporarily Restricted	191,999
Total Net Assets	<u>274,437</u>

Total Liabilities and Net Assets

\$ 283,437

	<u>Unrestricted</u>	<u>Temporarily Restricted</u>	<u>Total</u>
Revenue and Support			
Grant Income	\$ --	84,473	84,473
Individual Contributions	79,377	137,353	216,730
Non-Cash Donations	1,885	--	1,885
Handling Fees	19,063	(18,513)	550
Investment Income	1,448	--	1,448
Other	330	--	330
Total Revenue	102,103	203,313	305,416
Net Assets Released from Restrictions	194,215	(194,215)	--
Total Revenue and Support	296,318	9,098	305,416
Expenses			
Program Expenses			
Health Programs	4,642	--	4,642
PEPFAR	18,657	--	18,657
Gender-Based Violence	9,252	--	9,252
Women and Children	8,792	--	8,792
Improving Women's Health	33,571	--	33,571
Pangaro - Well Project	5	--	5
Water Projects	24,577	--	24,577
Education Projects	6,894	--	6,894
Mramba - Vulnerable Children	3,746	--	3,746
Msindo - Vulnerable Children	5,395	--	5,395
Milk Plant	5,946	--	5,946
Integrated Farming	19,326	--	19,326
CHAP	33,665	--	33,665
Staffing	24,026	--	24,026
Total Program Expenses	198,494	--	198,494
Supporting Services			
Management and General	61,994	--	61,994
Fund Raising	1,915	--	1,915
Total Expenses	262,403	--	262,403
Increase in Net Assets	33,915	9,098	43,013
Net Assets at Beginning of Year	48,523	182,901	231,424
Net Assets at End of Year	\$ 82,438	191,999	274,437

ON BEHALF OF THE THOUSANDS OF
PEOPLE WHOSE LIVES HAVE BEEN
TRANSFORMED THROUGH OUR
PROGRAMS, THANK YOU FOR
YOUR GENEROUS SUPPORT.



EVENTS ACTIVITIES & PARTNERS

We partner with businesses, individuals, and groups to raise funds and awareness.

HERE ARE JUST A FEW OF OUR MANY GENEROUS BUSINESS SPONSORS & PARTNERS:

PETERSON PLUMBING
DOLAND JEWELERS
MANDALA INTEGRATIVE MEDICINE
THE RUBY SLIPPER
CHARMED
FLUTTER OF THE QUAD CITIES
THE CREPE GUY
CRAFTED QC
MISSISSIPPI RIVER DISTILLING COMPANY
SCOTT COUNTY YMCA
THE TABLE
+39 ITALIAN RESTAURANT
MANDLE DESIGN
ST. ANDREW'S LUTHERAN CHURCH, AMES
REWERTS WELL CO. INC.
BETHESDA LUTHERAN CHURCH, AMES
GLENANDY MARKETING, INC.



In November, the Davenport Water Party raised over \$40,000 for Empower Tanzania water projects. Pictured here is artist Jennifer Rikkers creating a piece for the art auction.



A late-summer fundraiser at Plus 39 in Des Moines raised over \$12,000 for Empower Tanzania water projects in August.



The Empower Tanzania Club led by Newton High School teacher and ETI board member Jodi Morgan-Peters engages in awareness and fundraising activities through each school year.



ETI volunteer and photographer Jennie Peakin hosted an exhibit of photographs she captured in Tanzania in the spring of 2016. She told the Dispatch-Argus in an article featuring the event that she's "always known about the struggles many people around the world face, but to see it first-hand ... to meet the people who are struggling and be welcomed into their homes, makes it so much more real."



In partnership with the people of Pangaro, Tanzania, stacks of three bracelets were sold for \$30 a set as a part of the Eastern Iowa Water Party and the #GivingTuesday campaign.

WHAT'S NEXT

Empower Tanzania has reached another crossroads in its development. Our model programs are ready to be disseminated across Tanzania and we will be looking to major grant making sources and other NGOs to partner with us to expand these offerings.

Initial support for many of our projects will soon be ending. We have made plans for many of these programs to transition to permanent, local funding, but resources in Tanzania are very limited. We plan to fundraise in order to cover an extended period of time at the critical minimum of financial support for the most important programs until local sources are available to sustain them. This fund will include a component to pay for stipends, local travel, and Tanzanian staff costs. We are obliged to assist our Tanzanian colleagues as much as possible as they transition these important programs that so much time and effort has gone into creating.

We will continue to seek major new initiatives in our areas of interest—health, education, and development. Our focus will continue to be empowering women and helping them achieve their potential as members of the Tanzanian society and contributors to the Tanzanian economy.

Internally, we are making changes that will improve our efficiency in raising funds and in accounting for them. Our communications will be crisper and more frequent, keeping our donors informed. We are training our Tanzania staff to be effective managers and to develop skills in data collection and evaluation, which will facilitate reporting to our donors.

WE APPRECIATE THE SUPPORT OF THE WORK WE DO. DONORS CAN MOST EFFECTIVELY HELP FURTHER OUR MISSION BY ENGAGING IN ONE OF THE FOLLOWING:

- Make a contribution via our secure website: www.empowertz.org/donate
- Write a check to Empower Tanzania. We will gratefully receive your contribution at **5414 Cervantes Drive, Ames, Iowa 50014**.
- Join the Wezesha Circle. In Swahili, “wezesha” means to “empower” and it’s what we believe in. Join the Wezesha Circle by committing to a tax-deductible monthly donation at www.empowertz.org/donate or by emailing leslie@empowertz.org.



EMPOWER TANZANIA, INC.
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AMES, IA 50014

WWW.EMPOWERTZ.ORG

