

Main activity

Welcome to Sleep APPnea!

This app aims to provide preliminary Obstructive Sleep Apnea diagnosis based on audio analysis of your sleep and a short questionnaire. Please complete both of these before checking results.

1. Questionnaire

2. Analyse Sound

3. Results

Questionnaire

Do you have a BMI greater than 35kg/m²?
☒ Yes
☐ No

Are you over 50 years old?
☒ Yes
☐ No

Do you have a neck circumference greater than 40cm?
☒ Yes
☐ No

Are you male?
☒ Yes
☐ No

Submit

Results Activity

Questionnaire Results:
Sound Analysis Results:
Sound Data Results

Analyse Sound Activity

