

Based on the ingredients you have provided, here are some meal suggestions you can prepare:

1. Chicken stir-fry with broccoli for 5 servings.
2. Broccoli and beef stir-fry for 6 servings.
3. Grilled chicken with a side of steamed broccoli for 5 servings.
4. Beef steaks with a broccoli salad for 6 servings.
5. Chicken broccoli casserole for 5 servings.
6. Meaty broccoli pasta for 6 servings.
7. Sautéed chicken and broccoli for 5 servings.
8. Beef and broccoli wraps for 6 servings.