



Mehwish Tariq

Human Resource Executive

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EDUCATION

MS-Human Resource Management (HRM)

Institute of Administrative Sciences, University of the Punjab, Lahore.

2022 - Present

3.50 CGPA

Courses

- Talent Management, Performance Management, Strategic HR, Training and Development, Compensation and Reward, Research, and Contemporary Issues in HRM.

BS-Applied Psychology

Institute of Applied Psychology, University of the Punjab, Lahore.

2014 - 2019

3.50 CGPA

WORK EXPERIENCE

Content Creation

YouTube

2020 - Present

Mental Health Awareness Channel "Mindful Mehwish"

Research

Freelancer.com

2016 - Present

Start-Up

Hayya Modest Clothing Online Store

2020 - 2023

Team Lead, Social Media Manager, Content Creation

SKILLS

Research

Counseling

MS Office

SPSS

Asana

Interpersonal Communication

Networking

Leadership

Event Managing

Attention to Detail

Time Management

PERSONAL PROJECTS

Ongoing Research Projects

- Qualitative Research on "Menstrual Leave Policy in Pakistan's Corporate Sector"
- Mixed Method Research on "Exploring The Impact of Gender Differences between Leadership Styles, Personality Traits, Organizational Citizenship behavior and Workplace Incivility in Pakistan's Health Sector"
- Consultancy Project

Research Projects

- Case Studies on "NetSol Technologies and Pakistan Institute of Living and Learning (PILL)"
- Mixed Method Research on "Compulsory Citizenship behavior, Person Organization fit, Job Satisfaction and Work-Life Balance in Pakistan's IT Sector."

LANGUAGES

English

Professional Working Proficiency

Turkish

Limited Working Proficiency

Urdu

Native or Bilingual Proficiency

Punjabi

Professional Working Proficiency

INTERESTS

Content Creation

Psychology

History

Interest