```
template <class ItemType>
void Sorted<ItemType> :: InsertItem(ItemType item)
{
  if(IsFull())
    cout<< "Out of space in the heap." <<endl;
    throw ListLimitExceed();
  else
    {
       NodeType* newNode = new NodeType;
       newNode->info=item;
                                                            O(n)
       if(head==NULL)
            newNode->next=NULL;
            head =newNode;
            foot =newNode;
       else if(item>foot->info)
            newNode->next=NULL;
            foot->next=newNode;
           foot=newNode;
       else if(item<head->info)
         {
            newNode->next=head;
            head =newNode;
       else
         {
           NodeType* ptr = new NodeType;
            ptr = head;
            while(item>ptr->next->info)
                ptr=ptr->next;
            newNode->next=ptr->next;
            ptr->next=newNode;
       length++;
}
```