

## Biostatistics & Epidemiological Data Analysis using R

### 6

## Hypothesis testing

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# Content

| Block                               | Class | Content  | Date       |
|-------------------------------------|-------|--|------------|
| R, Data manipulation, Descriptives  | 1     | Overview & Introduction to R and data analysis | 2021.10.28 |
|                                     | 2     | First steps in data analysis using R           | 2021.11.04 |
|                                     | 3     | Second steps in data analysis using R          | 2021.11.11 |
| Epidemiology & Statistics: concepts | 4     | Epidemiological study designs                  | 2021.11.18 |
|                                     | 5     | Estimation                                     | 2021.11.25 |
|                                     | 6     | Hypothesis testing & study planning            | 2021.12.02 |
|                                     | 7     | Missing data                                   | 2021.12.09 |
| Data analysis w/ regression models  | 8     | Linear regression I                            | 2021.12.16 |
|                                     | 9     | Linear regression II                           | 2022.01.13 |
|                                     | 10    | Regression models for binary and count data    | 2022.01.20 |
|                                     | 11    | Analysis of variance & Linear mixed models I   | 2022.01.27 |
|                                     | 12    | Linear mixed models II & Meta analysis         | 2022.02.03 |
|                                     | 13    | Survival analysis                              | 2022.02.10 |
|                                     | 14    | Causal inference & Data analysis challenge     | 2022.02.17 |

(see full schedule online)

## 1 Review & Introduction

## 2 Hypothesis testing

- Overview
- Examples
- Details

## 3 Study planning

# Learning objectives

- Review content of last weeks class, probability concepts, and homework 5
- Understand the concept of statistical hypothesis testing theory, with selected examples.
- Get an overview about the statistical part in planning a study in form of sample size calculation.

## Review of class 5

### Estimation

- Point estimation (examples, properties)
- Standard errors (with, without bootstrap)
- Confidence intervals

# Review of homework 5

## Exercise 1: Probability distributions

- The functions `rnorm`, `rt`, `runif`, `rbinom` in R allow you to generate random numbers from the normal, t-, uniform, and binomial distribution.
- See file `R_5_homework_solutions.Rmd`.

# Review of homework 5

## Exercise 1: Probability distributions

- The functions `rnorm`, `rt`, `runif`, `rbinom` in R allow you to generate random numbers from the normal, t-, uniform, and binomial distribution.
- See file `R_5_homework_solutions.Rmd`.
- Remember: **The integral under the curve (= area of the bars in the histogram) is the probability!**
- To get the area under the curve (probability!) in the tails, the functions `qnorm` etc. can be used which computes the quantile (of the normal distribution).
- See file `R_5_homework_solutions.Rmd`.

## Review of class 5

### To remember

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- These estimators can be evaluated with respect to different desirable properties (e.g. on average correct, low variance).
- Standard error = precision of point estimate = standard deviation of point estimate (computable by bootstrap)
- 95% confidence interval = you get a CI with 95% probability that contains the true parameter.

Questions?

## Hypothesis testing - Overview

# Motivating simulation example

## Exercise 1

- Aim: Mimick the process of an empirical study.
- Let's consider the 17,640 children in the KiGGS dataset as the population of interest (children in Germany).
- Study question: Does the BMI of boys and girls differ?



# Motivating simulation example

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- Study question: Does the BMI of boys and girls differ?
- See `R_6_exercise_1.Rmd`.
- Load the KiGGS dataset.
- Take a random sample of 100 children.
- How can you answer the study question?

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→ How can we make a decision that the BMIs are different/same?

# Overview

## Goal

The goal of a hypothesis test is to make a decision between a null hypothesis and a (complementary) alternative hypothesis<sup>1</sup>.

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# Overview

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## Reasoning

- Evaluate the evidence that the (null) hypothesis is compatible with the empirical observations.
- Depending on this evidence, decide for the null hypothesis or the alternative hypothesis.

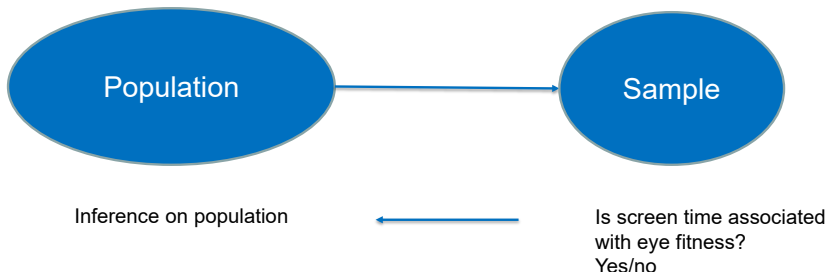
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- ② Calculate the probability (= p-value), that you obtain such (or more extreme) observations as you have in your sample, given that the null hypothesis is true.
- ③ If this probability ...
  - is small (e.g.  $< 5\% = \alpha$ ), then the empirical observations are hardly compatible with the assumption.
    - Assumption must be wrong
    - Reject null hypothesis
    - Accept alternative hypothesis
  - is not small (e.g. larger than  $\alpha$ ), then there is not a strong evidence against the null hypothesis, therefore don't reject the null hypothesis.

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- 5 The value of the test statistic can be computed from the data (e.g. you need sample mean and standard deviation) and compared to a theoretical distribution (e.g. using `qnorm` or automatically in R) to get the p-value.
- 6 Make a decision (based on p-value or test statistic).

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Examples of (1) and (2)?

## Hypothesis testing - Examples

## 2-sample t-test

### Introduction

- Reopen exercise 1.
- Study question: Does the BMI differ between boys and girls?
- Formulate this in terms of parameters.
- Which (test) statistic can you imagine that captures what you want to test?
- Which distribution does this test statistic have?
- How can you visualize this distribution and the p-value?

## 2-sample t-test

### Hypothesis

- 2-sided test:  $H_0 : \mu_1 = \mu_2$  vs.  $H_1 : \mu_1 \neq \mu_2$
- 1-sided test:  $H_0 : \mu_1 < \mu_2$  vs.  $H_1 : \mu_1 \geq \mu_2$
- where  $\mu_1$  and  $\mu_2$  are the expected values of a random variable  $X$  in each group, respectively.

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### Test statistic

... for comparing the expected values of two independent groups:

- $$T = \frac{\bar{x}_1 - \bar{x}_2}{s \cdot \sqrt{\frac{1}{n_1} + \frac{1}{n_2}}}$$
- with the pooled standard deviation  $s = \sqrt{\frac{(n_1-1) \cdot s_1^2 + (n_2-1) \cdot s_2^2}{n_1 + n_2 - 2}}$
- where  $n_1, n_2$  and  $s_1, s_2$  are the sample size and standard deviation (of  $X$ ) in the two groups, respectively.



## 2-sample t-test

### Distribution of test statistic

Statistical derivations tell you that  $T$  has a t-distribution with  $n_1 + n_2 - 2$  degrees of freedom.

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The p-value for a 2-sided test is then the area under the probability density function of the t-distribution with  $n_1 + n_2 - 2$  degrees of freedom, from (the absolute value of)  $T$  to infinity, multiplied by 2.

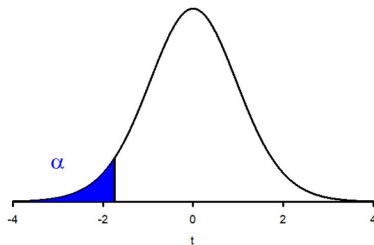
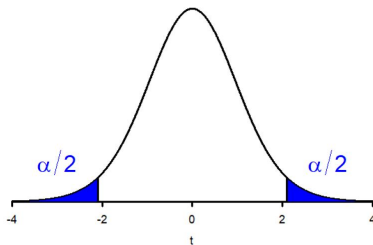
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- 1-sample t-test.
- 1-sample and 2-sample t-test for dependent groups.
- Mann-Whitney U-test based on ranks.

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### In R

- Use the `t.test` function for all t-tests.
- Use the `wilcox.test` function for the Mann-Whitney U-test.

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## Data

|                  | Tall              | Short             | Total             |
|------------------|-------------------|-------------------|-------------------|
| Hypertensive     | $n_{11}$          | $n_{12}$          | $n_{11} + n_{12}$ |
| Not Hypertensive | $n_{21}$          | $n_{22}$          | $n_{21} + n_{22}$ |
| Total            | $n_{11} + n_{21}$ | $n_{12} + n_{22}$ | Total $n$         |



$\chi^2$  Test of independence

## Data

|                  | Tall     | Short    | Total    |
|------------------|----------|----------|----------|
| Hypertensive     | $n_{11}$ | $n_{12}$ | $n_{1.}$ |
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| Total            | $n_{.1}$ | $n_{.2}$ | $n$      |

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## Hypothesis

- $H_0 : N_{ij} = N_{i.} \cdot N_{.j} / N$  for all  $i, j$
- $H_1 : N_{ij} \neq N_{i.} \cdot N_{.j} / N$  for at least one  $i, j$
- where  $N_{..}$  are the (unknown) frequencies underlying the table.
- Note: This is here equivalent to testing that the OR = 1.

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## Test statistic

- $\chi^2 = \sum_i \frac{(\text{Observed}_i - \text{Expected}_i)^2}{\text{Expected}_i}$  for all cells  $i$
- $\chi^2 = \frac{(n_{11} - n_{.1} \cdot n_{1.} / n)^2}{n_{.1} \cdot n_{1.} / n} + \frac{(n_{21} - n_{.1} \cdot n_{2.} / n)^2}{n_{.1} \cdot n_{2.} / n} + \dots + \frac{(n_{22} - n_{.2} \cdot n_{2.} / n)^2}{n_{.2} \cdot n_{2.} / n}$
- has a  $\chi^2$  distribution with  $(k - 1) \cdot (l - 1)$  degrees of freedom, where  $k, l$  are the number of categories of the two variables.

# $\chi^2$ Test of independence

In R

- Use the `chisq.test` function for  $\chi^2$ -tests.

# Overview of tests

## Association between two categorical variables

- $\chi^2$ -test or Fisher's exact test for independent samples.
- McNemar's test for dependent samples.

## Association between binary and ordinal/metric variable

- Respective t-test for dependent/independent samples and normally-distributed outcome variable.
- Mann-Whitney U-test or Wilcoxon test for ordinal/not-normally-distributed outcome variable and dependent/independent samples.

## Association between ordinal or metric variable

- Respective correlation coefficient.

# Decisions and errors

## Goal

When testing a null hypothesis  $H_0$  versus an alternative hypothesis  $H_1$ , there can be 4 different scenarios:

|          |       | Truth   |         |
|----------|-------|---------|---------|
|          |       | $H_0$   | $H_1$   |
| Decision | $H_0$ | correct | wrong   |
|          | $H_1$ | wrong   | correct |

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|          | $H_1$ | $\alpha$     | $1 - \beta$ |

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| Decision | $H_0$ | $1 - \alpha$ | $\beta$     |
|          | $H_1$ | $\alpha$     | $1 - \beta$ |

- $\alpha$ : type I error, significance level
- $\beta$ : type II error
- $(1 - \beta)$ : power



# Summary - how do you do a hypothesis test?

- Formulate your study question, set  $\alpha$ .
- Translate this into a testable (null and alternative) hypothesis, i.e. formulate this in terms of parameters.
- Determine which test is appropriate (variable scales).
- Test the assumptions of the respective test.
- Perform the test i.e. compute the test statistic and p-value.
- Make a decision.
- Depending on goal of study: look at effect size, do multiple testing correction, perform other tests.
- Remember: statistical significance  $\neq$  clinical significance.

## Exercise 2

- In the KiGGS dataset, select one metric and one binary variable (or create one) and perform a 2-sample t-test.
- In the KiGGS dataset, select two categorical variables (or create them) and perform a  $\chi^2$  test.

## Hypothesis testing - Details

# Construction of hypothesis tests

How are the underlying test statistics derived?

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## Which test do you use?

- Parametric, if you know the distribution of the test statistic from theory (Wald test, Score test, likelihood ratio test, etc.)
- Nonparametric: using rank or permutation tests



# Comparison of nonparametric & parametric tests

Nonparametric tests generally:

- don't make any assumption on the distribution of the variables.
- can be used for different measuring scales.
- don't need theoretical derivations of the distribution of the test statistic.
- are more robust against outliers (parametric tests, too, sometimes).
- are computationally more intensive.
- have lower power compared to parametric tests, if their assumptions are satisfied.

# Tests

Aim: test  $H_0 : \theta = 0$  vs.  $H_1 : \theta \neq 0$  for a parameter  $\theta$  in a model.

## Wald Test

The Wald test statistic  $\frac{\hat{\theta}}{\widehat{SE}(\hat{\theta})}$  has a standard normal distribution (if  $\hat{\theta}$  is asymptotically normally distributed).

## Likelihood ratio test

- The likelihood ratio test (LRT) is based on the likelihood function.
- In more detail: the LRT statistic is based on the ratio of the unrestricted likelihood function, divided by the likelihood function restricted to the null hypothesis.

# Which test is best?

best = highest power

## Neyman-Pearson lemma

To answer this question, the Neyman-Pearson lemma can be used in certain situations, which guarantees that a test has the highest power (for a specified  $\alpha$ ).

## In general

- Compare the power function of the tests.
- Compare the power of tests empirically.

# Which test should you use for your analysis?

Look at recommendations in textbooks, or look at papers that have compared different tests empirically

# Multiple testing

## Problem description

- If you perform (multiple) hypothesis tests each to the level  $\alpha$ , the error level  $\alpha$  does not hold anymore over all tests.
- That means, the probability that the null hypothesis is falsely rejected in one or more tests (= family-wise error rate, FWER) is larger than  $\alpha$ .
- There are different approaches how to adjust the tests in order to keep the FWER intact so that it is at most  $\alpha$ .

# Multiple testing

## Methods to adjust for multiple testing

- Bonferroni correction: for  $k$  tests, multiply each p-value by  $k$ .
- Benjamini-Hochberg correction: Control the FDR (False Discovery Rate) instead of the FWER, which results in a more liberal correction.
- ...

## Study planning

# Relevant aspects of study planning

- Study question
- Study design
- Study population and sampling
- Measurement of variables
- Statistical analysis plan (SAP)
- Sample size
- Ethics approval, data protection, ...

→ Focus here on calculation of sample size.



# Sample size computation - overview

## Background

An important part of every study plan (i.e. before conducting the study!) is the question: How large should the sample size be?

How do you choose the sample size?

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An important part of every study plan (i.e. before conducting the study!) is the question: How large should the sample size be?

## How do you choose the sample size?

Determine the sample size by answering the question: How large should the sample size be so that you will find an association (between  $X$  and  $Y$ ) in the statistical test of your main hypothesis with probability ..%, given that there actually is an effect?

## Power of a statistical test

Power =  $P(\text{conclude that there is an association} \mid \text{there really is an association})$

# Sample size computation - overview

## Sample size

- The necessary sample size for finding a true association with power ..% is, among others, dependent on the chosen statistical test, the significance level  $\alpha$ , and the size of the true effect.
- It is also dependent on the study design (e.g. of the respective sample size of the treatment arms), on how the groups are sampled, and if a 2-sided (equivalence/difference) or 1-sided (superiority) hypothesis should be tested etc.

## Effect size

- ... describes how large an observed effect is.
- ... has to be specified to compute the optimal sample size.
- Example: Mean difference between groups.

# Optimal sample size

## Optimal sample size

Minimal sample size which is necessary so that an effect, which is at least as large as the specified effect size, will be identified with probability  $(1 - \beta)$  for the significance level  $\alpha$ .<sup>2</sup>

## How to do this in practice?

- 1 Choose the study question, study design, statistical test.
- 2 Specify the possible effect size(s) (expected, min, max) through literature search or own thinking.
- 3 Compute the necessary sample size to achieve a certain power (which might depend on your study goal), e.g. 80% - by hand or using software.

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<sup>2</sup>or: Minimal sample size to estimate an effect with at least the specified precision.

# Compute the sample size manually

For 2-sided tests with significance level  $\alpha$  and power  $1 - \beta$ :

## Examples

- Test  $H_0 : \mu = \mu_0$  vs.  $H_1 : \mu = \mu_1$  of  $X \sim N(\mu, \sigma^2)$ :

$$n \approx 2 \cdot \frac{\sigma^2}{(\mu_1 - \mu_0)^2} \cdot (z_{1-\alpha/2} + z_{1-\beta})^2$$

- Test  $H_0 : \mu_1 = \mu_2$  vs.  $H_1 : \mu_1 \neq \mu_2$  of  $X_1 \sim N(\mu_1, \sigma_1^2)$ ,  $X_2 \sim N(\mu_2, \sigma_2^2)$  with same sample size:

$$n \approx 2 \cdot \frac{\sigma_1^2 + \sigma_2^2}{(\mu_1 - \mu_2)^2} \cdot (z_{1-\alpha/2} + z_{1-\beta})^2$$

- Compare two binomial proportions  $p_1$  and  $p_2$  with same sample size:

$$n \approx \frac{\left( z_{1-\alpha/2} \cdot \sqrt{2 \left( \frac{p_1 + p_2}{2} \right) \left( 1 - \left( \frac{p_1 + p_2}{2} \right) \right)} + z_{1-\beta} \cdot \sqrt{p_1(1-p_1) + p_2(1-p_2)} \right)^2}{(p_1 - p_2)^2}$$

# Compute the sample size using R

The R Package `pwr`<sup>3</sup> contains functions to compute the power/sample size for the following tests:

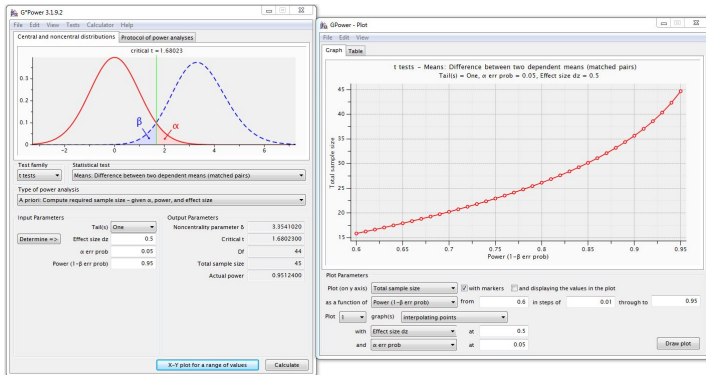
- 2 proportions (equal n): `pwr.2p.test`
- 2 proportions (unequal n): `pwr.2p2n.test`
- Balanced 1-way ANOVA: `pwr.anova.test`
- $\chi^2$  test: `pwr.chisq.test`
- Linear model: `pwr.f2.test`
- Proportion (1 group): `pwr.p.test`
- Correlation: `pwr.r.test`
- t-test (one group, 2 groups, dependent/independent):  
`pwr.t.test`
- t-test (2 groups, unequal n): `pwr.t2n.test`

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<sup>3</sup><https://cran.r-project.org/web/packages/pwr>

# Compute the sample size using G\*Power

G\*Power<sup>4</sup> contains a graphical interface to compute the power and sample size of different tests:



<sup>4</sup><http://www.gpower.hhu.de/>

## Exercise 3

- Aim: Compute the sample size using R or G\*Power.
- Study question: investigate if a new drug has the side effect that it increases blood pressure.
- Study design: investigate one group that all get the drug, comparison of blood pressure before/after.
- Statistical test: Analyze using a t-test for two dependent groups.
- Question: Which sample size is necessary, to find a clinically relevant true effect with 80% power at  $\alpha = 0.05$ ?



## Exercise 4

- Aim: Compute the sample size using R or G\*Power.
- Study question: investigate if biking to the HPI is associated with concentration in class or not.
- Study design: ?
- Statistical test: ?
- Question: Which sample size is necessary, to find a true effect with 80% power at  $\alpha = 0.05$ ?

Questions?

# References

## Statistical fundamentals

- Knight K (1999). Mathematical statistics. CRC Press
- Rosner B (2010). Fundamentals of biostatistics. Brooks/Cole, Cengage Learning
- Wasserman L (2010). All of statistics. A concise course in statistical inference. Springer.

## Benjamini-Hochberg Correction

- Benjamini Y, Hochberg Y (1995) Controlling the false discovery rate: a practical and powerful approach to multiple testing. J R Statist Soc B 57, 289-300.

## Homework

# Homework

See file `R_6_homework.Rmd`.