

	Sprints	Seconds	Pace
2	Freestyle Swim	50m 00:31	1'02"/56
2	Mixed Swim	50m 00:32	1'05"/52
2	Mixed Swim	50m 00:33	1'06"/48
3	Mixed Swim	50m 00:28	0'56"/50
2	Mixed Swim	50m 00:29	0'58"/52
3	Butterfly Swim	25m 00:12	0'49"/76
3	Butterfly Swim	25m 00:18	1'12"/100
3	Butterfly Swim	25m 00:17	1'08"/84