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**Stop Saying These 7 Things If You
Want To Speak English Fluently**

Hey in today's English lesson I am going To tell you seven things you must stop
Saying right now if your goal is to Speak English fluently like a native English
speaker you must stop saying These seven things right now Do you want to know
what these Seven Things Are Well then I'm teacher Tiffany let's Jump Right In the
first thing you must stop Saying is that you are not smart enough To speak English I
have taught thousands Upon thousands of English Learners Around the world how to
speak English With confidence but I have heard so many English Learners say this
and maybe you Said it before as well or maybe you've Thought it to yourself I'm just
not smart enough Tiffany it's So hard English is so difficult I I just Can't speak it like a
native I'm not Good enough I'm not smart enough let me Tell you something Right
now you're watching this lesson And I'm speaking English but your mother Tongue is
not English maybe it's Swahili Maybe it's Japanese maybe it's Korean Maybe it's
Portuguese or Spanish your Language is not my language but you're Still able to
understand what I'm saying That is proof that you my friend are Smart enough but you
must believe that Fact you're smart enough You can do it stop saying that you're Not
smart enough to speak English again If your goal is to speak English Fluently you
must stop saying this right Now The second thing you must stop saying is That you
don't know enough vocabulary I have literally spoken to students that Were beginners
that were intermediate And that were advanced and they all said The same thing Tiff I
don't know enough Vocabulary Stop saying this you see in reality you Find yourself
using the same vocabulary Words over and over again that's true That's a fact but it's
not that you Don't know enough vocabulary words Instead it's that you haven't put into
Practice the vocabulary words that you Have learned you get comfortable with a

Certain set even though in your brain There are tons and tons of English Vocabulary words that you've learned From me or other English teachers or Even learned by listening to different Podcasts or watching different movies or Drama programs you've learned them but You haven't had the opportunity to use Them yet so stop saying that you don't Know enough vocabulary change that and Start putting into practice the Vocabulary that is in your brain trust Me when you change the words you say You'll change the outcome you will start Speaking English fluently Stop saying you don't know enough Vocabulary and start using the Vocabulary you do know put it into Practice immediately again I want you to Speak English fluently and it's possible You have to stop saying certain things Again stop saying that you don't know Enough vocabulary The third thing that you must stop Saying Is that your pronunciation is bad I hear this all the time Tiff my Pronunciation is bad But I'm able to understand you as your English teacher I know what you're Saying when I speak to my students again Students that are in my program i'll Tell you about it later if you'd like to Join our family but students in my Program I can understand them and They've literally asked me Tiff how are You able to understand us and I said Listen in America America there are so many different Cultures we have Chinese Americans we Have African Americans we have Japanese Americans we have West Indians that are American but came from different West Indies Islands right so we have many Different accents in America so stop Saying that your pronunciation is bad Because what happens is when you Continue to say to yourself my Pronunciation is bad my pronunciation is Bad when you go to speak English when You're speaking with another native English speaker you'll get nervous In your brain you'll hear that voice you Know your pronunciation is bad you know They're not going to be able to Understand you you know dot dot dot dot And that takes away your confidence stop Saying that your

pronunciation is bad if There's something you'd like to work on Just change what you're saying for Example instead of saying my Pronunciation is bad say hey I'd like to Work on my pronunciation of the F sound That right there literally will affect Your ability to speak English fluently Instead of saying ah I'm horrible my Pronunciation is horrible now you're Saying hey There are some things I really want to Work on I'd like to improve my Pronunciation when I say the F uh the F Sound or when I when I pronounce th i'd Like to do that better makes sense right Change the words you say to yourself Listen speaking English confidently Speaking English fluently it's all about Speaking English confidently your Confidence is so important so stop Saying that your pronunciation is bad The fourth thing I need you right now to Stop saying is that English is too hard Listen I have students from all around The world in my program and these Students are not only improving their English they are enjoying the process I've had students tell me Tiff oh my Goodness like English is not that hard English is not an easy language to learn But you can study following a certain System or method that makes the process Enjoyable so stop telling yourself English is too hard because the moment You say to yourself English is too hard Your brain says okay I'm not going to Make any effort to help you conquer this Language I'm not going to help you Actually achieve your goal because you You said it's too hard Stop saying English is too hard instead Figure out what you can do to enjoy the Process follow a plan follow a teacher Again I'd love for you to be my student In my program following us with my Family but if not it's okay but you need To Simply find something that makes English enjoyable stop saying that English is too hard it's not too hard You just need to follow the right plan The fifth thing the fifth thing I need You to stop saying Is that you don't have enough time I have many people say tip I don't have Enough time to study English I want to Speak English fluently I want to speak English like a native English

speaker But I don't have the time stop saying That Stop saying you don't have enough time And let me explain why we make time for The things that are important to us if You're married you make time for your Spouse if you work you make sure you're At work you get to work on time and you Work the full day right we make time for The things that are important to us so Stop saying you don't have enough time Instead realize English hasn't become Important enough to you to make time for It I know you want to speak English Fluently so stop saying you don't have Enough time and find the time even if It's five minutes a day Five minutes can make a difference even If it's 10 minutes a day find the time But English has to be important enough To you what's your goal why do you want To speak English fluently I have a Student named Fred and he was actually He joined me for one of the workshop Classes I taught a few weeks ago And Fred started learning English Because he wanted to get International Clients that was his why that was the Reason right so because of that English Became important and Fred made time now Fred speaks like a native English Speaker he has International clients He's making more money his business is Thriving why because instead of saying That he didn't have enough time he made Time because English became important so Figure out for yourself why do you want To speak English fluently why is it Important to you and then you will find The time Stop saying you don't have enough time The sixth thing I need you to stop Saying is that you can't speak English Because you don't live in America It's not true it's not true I had a Student when I was in South Korea His English was so good I pulled him to the side and I said Where did you study what college did you Attend in America how long did you live In America remember I'm an English Teacher at that time I had already Taught thousands upon thousands of Korean students But I pulled him to the side and I said Where did you study he said teacher i've Never been to America i've never been

to Europe i've never been to an English-speaking country i've only been In Korea and i've studied English here He sounded like me so stop saying you Can't speak English because you don't Live in America he was the first Individual I met that had actually done It but then I started to see more Students before I developed my program Fred I told you about him a few moments Ago Fred speaks English like a native Other Learners they asked me tip is he a Native English speaker No but he sounds like me now why because He found the time as we learned in the Last thing you should stop saying he Found the time and it is possible You can speak English like a native you Can speak English even if you never get The opportunity to go to another country But you must believe this and stop Saying you can't speak English because You don't live in America Seventh thing that I need you to stop Saying is that your English is not good Stop starting conversations hey i'm Sorry my English is not good don't say That stop saying it completely because What happens when you say sorry my English is not good You Hinder yourself From speaking with confidence you're Telling yourself you're bad you're not Good and then you're telling the person Listening to you hey don't pay attention To what I'm saying because it's not Going to be good and that person Immediately kind of shuts off one side Of their brain uh their English is not Good so they're going to make mistakes Instead just start speaking don't say my English is not good don't say it anymore Just start speaking Why am I telling you these things why am I encouraging you to stop saying these Seven things because my goal is to help You speak English with confidence But in order to speak English with Confidence you have to remember it's not Just about learning words learning Expressions no you literally have to Change the way you think Encourage Yourself believe in yourself Know that you can do it Listen to me Stop saying the seven things I told you Today in today's lesson and instead Encourage Yourself believe in yourself

And know that you can do it I told you Earlier again if you want to study with Me I mentioned it before all you have to Do is go to [Englishfluencyplan.com](https://www.englishfluencyplan.com) I teach students All around the world how to speak English like a native and I'd love to do The same for you so come join us hope You enjoyed today's lesson and i'll talk To you next time Do do You still there haha you know what time It is here we go it's

Story Time hey I Said it's story time all right so Today's story is about an animal

Actually was it multiple animals no one Animal A cat so I love people I love helping

But I like animals too so this happened When I was in South Korea I had the Early morning class so I would teach Early in the morning that I'd have a Long break and

then I'd come back in the Evening and teach the late classes so One day I was coming back home from Teaching and I heard the sound of a cat It sounded like a kitten and I

could Tell that it was hungry so I said you Know what I'm gonna get some food for

This cat so I dropped off my things at My apartment and I walked to the store It was like a corner store a Corner Supermarket not too far from my Apartment and I bought

some cat food so I went back to my apartment opened up The can and then I set it

outside for The cat now my apartment was behind the Gate right so I had opened the

gate and My apartment was right up the steps so You had to open the gate then close it

Back and then go up to my apartment door So again I opened the can came out of my

Apartment down the steps opened the gate Put the can right outside the gate for The

cat to eat and then I shut the gate Because there were other apartments you Know you

kept going up the steps so I Didn't want the cat coming in to the Stairwell now I did

this for about two Or three days you know I'd come out i'd Put the cat food out and the

cat would Come and eat the food About the fourth day I didn't see the Cat so I just

came in and I went to Sleep remember it was late it's about 10 30 I think so I fell

asleep and at about Midnight It sounded like a baby screaming to the Top of its lungs

and it woke me up out Of my sleep now I sleep really good Usually I don't wake up if there's Something going on I'm okay I can sleep Through anything but it was so loud they Were shrieking I said what is going on So I I came out of my bedroom and I Looked out the window from my kitchen And I saw the cat the cat was basically Screaming like hey hey yo Tiff I'm gonna Need you to bring my food I'm a little Late tonight I'm sorry but I need you to Bring my food I said you have got to be kidding me now I couldn't go back to sleep because the Cat was so loud it was waking up other People so I decided to get the cat food And I was coming down the steps out of My apartment again it's after midnight I'm sleepy and I'm walking down the Stairs I left my door cracked to my Apartment because I was just going to Put it out and come right back up to go To bed So I came to the gate and I had the cat Food in one hand and I was about to open The gate and I slowly opened the gate And the cat ran in the cat ran between Me the me and the gate door and went Flying up the steps now I saw that the Cat was going towards my apartment so I Swung around ran up and I slammed my Door I said uh-uh what you're not going To do is get in my apartment cat uh-uh Because this cat was feral again it Didn't belong to anyone to my knowledge It was just a cat that was always in the Alleyway right in the street I said I Can't allow this cat in my apartment I Don't know what this cat has so the cat Is looking at me like what's going on I Mean I thought we you know we had Developed a relationship you feeding me I want to come into your Abode can I get A place to sleep tonight so I'm looking At the cat like this is not how it's Gonna be so I said how am I going to get This cat to go down the steps I remember I had the food in my hands I looked at The cat Remember it's after midnight cat what we Not gonna do you're not gonna go into my Apartment so I said look at this food Yummy yummy yummy yummy let the cat look At it smell it and I stepped down the Stairs had the cat follow me he walked

Toward the gate remember cats are smart Though he's looking at me looking at the Gate looking at the food looking at me Gate food gate food me I said you want The food come on now I'm trying to be Quiet everyone else asleep so I get to The gate I'm the doors open the gates Open I'm outside of the gate now I said Cat if you want this food he's at the Top of the steps still still So he comes down the steps slowly I said That's right come on down so then I kind Of walked behind the gate and I put the Food on the ground I said here you go Baby yeah baby come on and get it so he Came out through the gate came to where The food was as soon as he was on the Other side I ran and slammed the gate I Said yeah I'm not doing this again nope Went back up for the next two or three Nights he came every night and was Screaming after the third time he Realized oh she's not feeding me anymore And he didn't come back but listen after That time I said I'm never feeding a Stray cat again only because They want it all the time they're not Bad but I couldn't do that and I didn't Want my neighbors to wake up every night Maybe you've had an experience as well With a wild animal or a stray animal and They wanted you to feed them over and Over again I started out the goodest of My heart but I had to stop I didn't want My my Neighbors who were teachers as well to Wake up all right guys I hope you Enjoyed this story don't forget if you Want to join me go to [Englishfluencyplan.com](https://www.englishfluencyplan.com) and i'll talk to You in the next lesson

