I DARE YOU TO DISAPPEAR FOR A YEAR



I dare you to disappear for a year no posting no boasting just focusing on you working on you improving you creating the best version of yourself I dare you I don't want to be here the same time next year so I'm gonna disappear focus on me work on me improve me create the best version of me I'm gonna let go of everything that is negative in my life and work and work until my life is a representation of who I want to be someone I am proud to be sacrifice behind closed doors so more doors will open for you in the future

work like crazy in silence and let success be your noise I'm going to be quiet put my hand down and work until my results can speak for me in every area of my life if you are not where you want to be in life

maybe it is about time you started talking less and working more lock the world out for a week a month a year however long it takes shut out everything all distractions all drama all negativity and focus on you do the work you need to do

the future you will be where you need to be

on you so in

do the work you do not want to do now so

you will be where you want to be in the future

you have to learn how to say no you have to learn how to say no to everything that is taking you further

away from the life you want the parties the drinking the bad influences social media whatever it is for you

if you are not where you want to be don't complain about it you can do something about it it's all on you

you decide how you spend your time every

day and how you spend that time is what determines the quality of your future

you have the power to create your future because you decide how you spend every

minute of every day of your life will

you spend it on social media or in self-development will you spend it complaining or improving yourself will you spend your time talking about what you're going to do or

actually doing it will you spend your time like most people do wasting it away getting through the day waiting for the weekend or will you make sacrifices now for a better tomorrow there's a quote I heard recently that sums it up for people want your spots until they realize what it takes to play your position people think I'm lucky they think I live a blessed life but they got no idea how hard I work every day to be here I work my ass off to be here I work my ass off every day to be here I put in the work every single day to be where i am and to get to where I want to

go and the truth is most people aren't willing to put in that amount of work I dare you to disappear for a year no posting no boasting just focusing on you working on you improving you creating the best version of yourself I don't need attention I need to improve me and that's what I'm going to do if you don't see me for a while just know I am good I'm better than good I am working I am improving I'm becoming someone I am proud of success is not given it is earned it doesn't come cheap you have to pay the price if you want a great life the sacrifice the hard work the

dedication the discipline you have to miss out on a

lot but because of that you will gain more the thing is most people aren't willing to sacrifice their comfort now for that pride later most people choose the easy road now and then they get mad because that road took them to a harder life later you got to take the hard road now if you want the easier life later if you are seeking attention you're not paying attention to the right things become a ghost don't talk about what you're up to shock the world with your improvements over time remain humble and dedicated

to your

ultimate vision sacrifice behind closed doors so more doors can be opened in your future your life in 10 years your improvements in one year they are the results of the sacrifices you make the work you put in today put in that work the rewards in your life come from the work you put in behind closed doors put in that work change your life you

ENGLISH PODCASTS