

Cristiano Ronaldo's Advice Will Change Your Life Cris- tiano Ronaldo Motivational Speech 2022

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INFINITY PODCASTS 804

You have to work i try to do it almost every day this is why i'm in the top level many many years i think it's not it's not my confidence it's a because i do it extra outside the pitch when i'm 12 years old most of the people told me christian you are very very good talent player but you are very skinny very slim and i put in my mind the body we can improve you can improve you've got gym dedication and not work you can improve so i've improved myself you spend a lot of time hard work on improving your technique and your speed with the ball but what is the key to get better at dribbling i'm always say it's it's all package you know first of all it's the talent helps a lot of course but of course

the ethic of work you have to put
in your mind ethic of work when
you are professional so since day
one when i start with a professional
let's say with 16 17 18 i'm always
having epic to be the best to train
hard to listen to all the players
experienced players and um of
course my dream is coming true i
was professional i played the best
clubs in the world i won the most
important trophies so i'm glad to be
in this position but of course this is
not coming from the sky i dedicate
myself and now working hard and
this is why the goals and all the
achievements that i get coming
from dedication and hard work as
human beings we're driven a lot of
times by other human beings what
other player or players make you

the best you that's a good question
to mention one it's hard but you
know the level that i am is like in
other sports formula one nba the
best players always follow the best
players they want to be in the top
of the the game because they are
the ones they are there you know
you cannot rest or sleep because
the other one can pass you of
course we fight with everyone with
the neymar with the messi with
lewandowski with iguain you
know with the top of the best
players in the world so i mean this
is not fighting but it's it's it's hard
it's healthy you know comparisons
is healthy and we fight you know
to be the best this is why it's my
my main point it's my motivation
it's to be better than them than

them year after year what makes you feel fulfilled and the football law and everything all of it all of it i care more about the man than i do the game so what makes you feel fulfilled uh i speak with the i have a i was yesterday with the with the peter peter lim and uh you know the owner of valencia and he said to me cristiano the most important thing i knew it and everyone know that and he said cristiano we have money we have everything we have fame and they say i have millions and billions but the most important thing it's the family keep your family healthy good and take care of your family because this is the most important thing in the world a part of that of course you have your life your private life you

have your girlfriend you have your cars your houses your fame but in the beginning your family it's always you for the good moments and for the bad moments for me the most important thing is the mentality for you to be professional help the team the right mentality uh self-talk positive i think it's all the details depend of you not the coaches the fans the press depends on you if you are proud of yourself and you have some dignity i think you you have to do it much more start with me new year i try to improve even different things and better things and to help if i give you advice even if you are younger than me and you've if you're not implant that during your daily life will be

difficult you can speak all day with
with that person if it's not coming
from inside of you it's it's
impossible i remember when i was
18 19 20 some old players speak
with me but i put that as a christian
you have to improve they know
more than you they are more
experienced than you they pass
through many bad moments but the
other people they don't accept that
if you criticize you i don't say this
generation the the our players but
in general i have kids i know
sometimes when you be a little bit
harder they do it the opposite you
have to find the right balance to
speak with them but in my opinion
the the main point it's the coming
from inside you you should be
proud of yourself and look in the

mirror and say listen i give
everything and i think all of us we
should do that because new year
we change the page we have many
things to win we have to believe on
that if not it will be will be a
nightmare are you the best
footballer in the world right now i
think so yes in my mind i'm always
the best i don't care what the
people thinking what they say in
my mind not just this year but
always i'm always the best i'm
always going to say that because i
think we have to thinking we are
the best in our area so in my area i
think i'm the best is there anything
that leonard messi is better than
you and it's opinions i respect the
opinions maybe in your opinion
miss is better than me but in my

mind i'm better than him so it's simple is that rivalry a good thing for me rival don't exist the means of this world is not done exists rivals is in war this is it we have our rivals in football now it's it's just a game i think the numbers they say everything i don't need to say i'm a minister of football i'm a legend the numbers say everything so this is i'm very comfortable we see a lot of your early life and we hear a lot about that how difficult was it to cope with being away from home at such a young age but still remain focused on your football i'm always say it was the toughest time in my life it was when i left my family with 11 years old to live in a different world which is lisbon in the same

country but look like it's a different part of the world i was cry almost every day to miss my family but i'm not i'm not regret uh because it was probably the more intense more intense moments on in my life that i that i lived through so without sacrifice we cannot win nothing so i did unbelievable sacrifice my family too and i think it was i think i have i did a good option when you had those tough times could you ever have imagined being in the place that you are today of course no of course no but i always i always thinking when i take that decision i will be a professional player i will be something in football this is i feel because i i was feeling from the beginning that i was different than the other ones i

was more special i was a special
kid you've played under some
amazing football managers as well
what have you learned from each
of them i learn everything with i
learn many things with everyone
not only one but with everyone i
think it's good and uh this is make
me feel happy because all the
coaches that i had i learned
something so i'm great i'm i'm
happy person i'm a lucky person to
share my football the way i am the
trainings with these great coaches
that i had in the past and now
having someone to who is
constantly compared to you does
that make you more motivated to
be even better but i'm always
motivated and i don't need i don't
need other players to motivate

myself but of course messi's is a unbelievable player and maybe in end of of me maybe it pushed me more harder to be better and better probably yes you say you're here to win that's very simple but have you still got the same motivation the same desire because you're 36 years of age you've won virtually everything possible in the game how have you still got the same motivation well i still are still capable and happy and motivated you know to to wake up in the morning and coming for the training to play games which is the most easy things to play but the the background it's the most difficult is the preparation to train every day to do it that's tough to repeat the same stuff that i start to do it with

16 17 18 years old but i'm still motivated i think it's the main word is that i'm still happy and enjoy the football doesn't matter how much things that i won in my career so i win everything as you say but i'm still motivated i'm in a new chapter of my life even with my with my age and this is why i'm here
[Music] you.