

"Saatva Classic:Twin: 11.5" = 90 lbs. 14.5" = 100 lbs.Twin XL: 11.5" = 95 lbs. 14.5" = 105 lbs.Full: 11.5" = 100 lbs. 14.5" = 110 lbs.Queen: 11.5" = 110 lbs. 14.5" = 120 lbs.King/Cal King: 11.5" = 130 lbs. 14.5" = 145 lbs.Loom & Leaf:Twin: 61 lbs.Twin XL: 70 lbs.Full: 79 lbs.Queen: 93 lbs.King/Cal King: 116 lbs.Zenhaven:Twin: 80 lbs.Twin XL: 82 lbs.Full: 100 lbs.Queen: 125 lbs.King/Cal King: 165 lbs.Solaire:Twin XL: 85 lbs.Full: 106 lbs.Queen/Queen Upper-Flex: 114 lbs.King/Cal King: 135 lbs.King Upper-Flex: 135 lbs.Saatva HD:Twin: 80 lbs.Twin XL: 85 lbs.Full: 110 lbs.Queen: 135 lbs.King/Cal King: 169 lbs.Latex Hybrid:Twin: 77 lbs.Twin XL: 85 lbs.Full: 101 lbs.Queen: 120 lbs.King/Cal King: 148 lbs.Memory Foam Hybrid:Twin: 43 lbs.Twin XL: 46 lbs.Full: 57 lbs.Queen: 70 lbs.King/Cal King: 86 lbs.Saatva Rx:Twin: 70 lbs.Twin XL: 76 lbs.Full: 99 lbs.Queen: 124 lbs.King/Cal King: 151 lbs.Saatva Youth:Twin: 45 lbs.Twin XL: 56 lbs.Full: 61 lbs.Saatva Crib mattress:19 lbs."

"The majority of Saatva mattresses are engineered so they do not need to be flipped. With proper care and normal use, they're designed to provide you with a great night's sleep for 10-15 years.Saatva does offer two mattresses that can be flipped to the other side. This is because each side has a different comfort level.The two dual-sided mattresses are the Zenhaven and the Saatva Youth.Zenhaven and Saatva YouthOur Zenhaven mattress uniquely features both comfort levels in one mattress — the Luxury Plush and the Gentle Firm. In the rare case that the comfort level originally decided on isn't right for you, the mattress can be flipped to the desired comfort level.The Saatva Youth is a dual-sided innerspring mattress engineered to provide exceptional comfort and support to children ages 3-12."

"Since everyone's needs and bed setups are different, all Saatva products are sold separately. Mattress and furniture purchases include free in-home white glove delivery. Bedding products include free delivery via FedEx.For related bedding items, such as mattress pads and toppers, visit: [Bedding](#)For foundations/box springs and other furniture, visit: [Furniture](#)"

"While we do not offer a fully split Queen mattress, we do offer an Upper-Flex Queen in our Solaire adjustable firmness mattress.Used with our Upper-Flex Saatva Adjustable Base Plus, the Upper-Flex Queen Solaire allows for each sleeper to adjust the position of the heads independently and the foot of the bed in unison.The split on the Upper-Flex mattress is 30" long.Shop the Solaire mattressShop the Upper-Flex Saatva Adjustable Base Plus"

"Our Zenhaven, Latex Hybrid, and Solaire mattresses do not need to be rotated from head to foot. This is due to the 5-zone alignment of the latex layer.Our other mattresses should be rotated. We recommend rotating the mattress after six months and then once a year after that. This will ensure that the surface of the mattress breaks in evenly."

"The certified organic New Zealand wool in our Latex Hybrid, Zenhaven, and Crib Mattress is washed five times with fresh water to remove lanolin allergens. Lanolin, a natural substance found in wool, is the most common cause of rare wool allergies. Additionally, the wool layer in our mattresses never actually comes into contact with the skin. It's underneath our soft cover made with naturally hypoallergenic organic cotton. "

"Saatva foundations are sold separately, as not all of our customers have the same needs.A foundation serves the same purpose as a box spring. The difference is that our foundation does not use springs but rather a more stable and durable slat system to support the mattress. Shop our mattress foundation here: <https://www.saatva.com/furniture/foundation> We also offer a line of bedroom furniture, including several bed frame options. Shop our bedroom furniture here: <https://www.saatva.com/furniture>

NOTE: Our platform bed frames do not require the use of a foundation. The mattress sits directly on the slats or solid platform surface."

"Picking the right mattress to help ease back pain starts with assessing your typical sleep position, then choosing a mattress firmness that best supports you in that position. All Saatva mattresses are designed with proprietary Lumbar Zone Technology. That means every Saatva mattress

has dedicated lumbar support in the center third of the mattress, where your body is heaviest. Benefits of this lumbar zone support include better spinal alignment, blood flow, and pressure relief. Studies show a 34% reduction in back pain for mattresses with containing our proprietary Lumbar Zone® Active Spinal Wire technology. If you're unsure where to start your mattress search, take our mattress quiz here:

<https://www.saatva.com/mattress-quiz> Guardin™ is our exclusive antimicrobial treatment, made with a proprietary blend of all-natural essential oils and minerals. This blend includes thyme, geranium, lemongrass, and mint, but is completely odorless and colorless. Added to Saatva's mattress ticking during the manufacturing process, Guardin™ naturally inhibits the growth of bacteria, mold, and mildew that can cause odors, stains, and product deterioration. Guardin™ antimicrobial treatment is biodegradable and does not contain any fluorocarbons, toxic heavy metals, triclosan, formaldehyde or phthalates. The Guardin™ fabric finish is made in the USA. All of our mattresses at Saatva are luxury quality; they're simply made with different components. Visit the following page to compare different Saatva mattresses side by side: <https://www.saatva.com/mattresses/compare> All-natural fiber materials need to be combined with a synthetic bonding agent to ensure their integrity and longevity. Ours is backed with 100% safe low-melt polyester. Laws in California, Connecticut, and Rhode Island require us to collect a small fee at checkout for every mattress, foundation, and adjustable base sold. The fees are used to fund recycling efforts in these states, as part of a program called Bye Bye Mattress. This program is operated by the Mattress Recycling Council, a nonprofit organization started by the mattress industry. The fees go toward the collection and processing of discarded mattresses and foundations. Per state laws, we have to collect the fee even if you don't plan on getting rid of your old mattress right now. Mattresses don't last forever—eventually, you'll have to discard your old one, and the fees will help cover the recycling costs when the time comes. About 20 million mattresses end up in U.S. landfills every year—that's about 55,000 per day—and that can take a toll on the environment. Since 2015, Bye Bye Mattress has helped reduce the number of mattresses that end up in landfills by recycling six million mattresses. Recycling a mattress has many benefits: It conserves resources, with recyclable materials such as foam padding, steel springs, and wooden frames being used to make new products; it creates recycling jobs; it reduces the number of illegally dumped mattresses; and it results in less reliance on landfills. Since Saatva launched in 2010, we've always put eco-consciousness at the heart of our business. Learn about the many ways we support the environment. The following Saatva mattresses use a natural, plant-based thistle flame retardant made of wood pulp bonded with a small amount of polyester: Saatva Classic Loom & Leaf Saatva HD Saatva Youth Memory Foam Hybrid (this mattress has a unique blend of natural plant thistle & wool as flame retardants) The following Saatva mattresses use 100% GOTS-certified organic New Zealand wool as a natural flame retardant: Zenhaven Latex Saatva Latex Hybrid Crib Mattress The following Saatva mattress uses a blend of natural, plant-based thistle and 100% GOTS-certified organic New Zealand wool Saatva Rx The following Saatva mattress uses Paladin, which is composed of flame-retardant rayon fibers blended with polyester fibers. Solaire Adjustable Air We do not use any harmful chemicals or sprays in our mattresses. At Saatva, we are proud to offer a collection of healthy non-toxic products. NOTE: We do not use fiberglass in our products. To learn more about our eco-friendly materials, see our blog post about Saatva green initiatives. Saatva mattresses come in standard U.S. sizes Twin: 38" x 75" Twin XL: 38" x 80" Full: 54" x 75" Queen: 60" x 80" King: 76" x 80" Split King: 76" x 80" (two Twin XL) Cal King: 72 x 84" NOTE: Split Cal King is only available in the Saatva Classic 11.5", Solaire, and Loom & Leaf mattresses. Split Cal

King is two mattresses placed side by side, each measuring 36" x 84". NOTE: Split King is two Twin XLs placed side by side. For more help choosing the right mattress, see ["What Mattress Size Is Right for Me?"](#) Using a mattress pad can help extend the life of your Saatva mattress. A mattress pad, sometimes called a mattress cover, is a thin piece of quilted material that fits over the surface of your mattress, much like a fitted sheet. It offers an extra layer of light cushioning and much-needed protection against stains and general wear and tear. Saatva offers a diamond-quilted organic mattress pad for a plush layer of added comfort and protection. Our mattress pad is made with 100% organic cotton that wicks away moisture. It has organic cotton side panels with an extra-wide elastic band to keep the mattress pad in place and fits mattresses up to 16" high. A mattress protector is another type of bedding you can use to extend the life of your Saatva mattress. A mattress protector is a thin sheet of fabric that's designed to safeguard your mattress from bacteria, fungi, bed bugs, and other unwanted contaminants. Mattress protectors can be waterproof, quilted, natural, or synthetic, and are typically washable. Saatva offers a waterproof mattress protector for breathable, undetectable protection from spills and moisture. It's made with organic cotton knit that wicks away moisture and a non-rubbery waterproof barrier that allows airflow while effectively blocking liquids. Personal and aesthetic preferences, along with your budget, are among the many factors to consider when choosing the ideal mattress thickness. As a rule, mattress thickness alone is not an indicator of quality; that's more a function of mattress material and construction. A thicker mattress might be right for you if: You have a larger body. You want to get on and off your bed with ease. Your bed or headboard demands it. You may want to stick to a thinner mattress if: You don't want to deal with a heavy mattress. You don't want to "climb" into bed. You don't want to purchase deep pocket or extra-deep pocket sheets. Below are the heights (or thicknesses) of our Saatva mattresses: Saatva Classic: 11.5" or 14.5" Loom & Leaf: 12" Latex Hybrid: 12" Zenhaven: 10" Saatva HD: 15.5" Solaire: 13" Memory Foam Hybrid: 11.5" Saatva Rx: 15" If you place your mattress on a foundation, Saatva foundations are available in standard height (8.75") and low profile (4.75"). You can mix and match the thickness of a mattress and foundation to get the overall bed height that works best for you. Read our blog to learn more about finding the perfect mattress height for you. Saatva mattresses come in a variety of comfort levels to suit every sleep style. Here's how to choose the right comfort level for your sleep position.

Back sleepers Back sleepers have more flexibility when deciding on the kind of mattress to buy. As a general rule, back sleepers do best on a slightly firmer mattress, which will help support the spine and hips in proper alignment while providing enough cushioning on top to conform to the natural arch in the lumbar region. Ideal for back sleepers: Saatva Classic (in Firm or Luxury Firm) Loom & Leaf (in Firm or Relaxed Firm) Saatva Latex Hybrid Zenhaven (dual-sided with Gentle Firm and Firm) Solaire (50 firmness settings) Saatva HD Memory Foam Hybrid Saatva Rx

Side sleepers Side sleepers should choose a slightly softer mattress to help maintain the natural curvature of the spine throughout the night. Ideal for side sleepers:

- Saatva Classic (in Plush Soft)
- Loom & Leaf (in Relaxed Firm)
- Zenhaven (dual-sided with Gentle Firm and Firm)
- Solaire (50 firmness settings)
- Saatva HD
- Memory Foam Hybrid
- Saatva Rx

Stomach sleepers The ideal mattress for stomach sleepers is one that is medium-firm to firm, as this will provide you with enough give to accommodate your body's contours and reduce pressure on the ribs and hipbones. Ideal for stomach sleepers:

- Saatva Classic (in Firm)
- Loom & Leaf (in Firm)
- Saatva Latex Hybrid
- Zenhaven (dual-sided with Gentle Firm and Firm)
- Solaire (50 firmness settings)
- Saatva HD

Combination sleepers Those who change sleep positions throughout the night will be most comfortable in a medium-firm mattress to accommodate a wide range of positions. Ideal for

combination sleepers: • Saatva Classic (in Luxury Firm) • Loom & Leaf (in Relaxed Firm) • Saatva Latex Hybrid • Zenhaven • Solaire (50 firmness settings) • Saatva HD • Memory Foam Hybrid

If you're unsure where to start your mattress search, it will be beneficial to take our mattress quiz here: <https://www.saatva.com/mattress-quiz>

Yes! Our Saatva Viewing Rooms are inviting, pressure-free spaces to experience Saatva comfort in real life. Open Viewing Rooms New York Washington DC San Francisco Los Angeles Boston Chicago Dallas Charlotte Portland Philadelphia Seattle San Diego

From day one, our mission has always been to offer high-quality luxury mattresses online without the luxury markups. We believe the best way to know if a mattress is right for you is by sleeping on it. Literally. That's why all of our mattresses come with a 365-night home trial and a no-hassle return policy. That way, you have a full year to decide, from the comfort of your own home.

Stay tuned for more Saatva Viewing Room openings across the U.S. Note: No appointments are required to visit the viewing room

Off-gassing is the term for what happens when volatile organic compounds (VOCs) created during mattress manufacturing are released into the air. Those VOCs can carry unpleasant chemical smells, respiratory irritants, and other health risks. Saatva mattress foams will never off-gas in your home. Here's why: All Saatva foams are Certi-PUR certified, which means they are low-VOC and do not contain any harmful chemicals. Our foams are eco-friendly. We remove 30% to 40% of the petroleum and replace it with natural derivatives from corn and soybean oil. By the time the foam goes into your mattress, any off-gassing has already happened at the facility where the foam is made. We don't ship any foams to our factories until they are 100% stable.

Learn more about Saatva's green initiatives.

The name Saatva was inspired by the Sanskrit word sattva, the quality of "purity, wholesomeness and virtue." For us, the name represents a mission as much as an identity—it's our blueprint for an ethical, compassionate, and sustainable business. Every day we strive to live up to its principles, by always being honest and transparent in our policies; by prioritizing service above selling; and by showing respect for our customers, our employees, and the environment.

Yes! We offer luxurious bed sheets in organic sateen cotton, organic percale cotton, and OEKO-TEX® certified Belgian linen. We also carry a collection of organic bedding products like duvet covers, pillows, blankets, and much more. We're always adding new bedding to our collection. Sign up for our emails to learn about our latest product launches. To shop, visit our bedding page.

While every Saatva mattress is made fresh when you place your order, we do not offer custom sizes. Saatva mattresses come in all standard U.S. dimensions: Twin: 38" x 75" Twin XL: 38" x 80" Full: 54" x 75" Queen: 60" x 80" King: 76" x 80" Split King: 76" x 80" (two Twin XL) Cal King: 72 x 84"

For more help choosing the right mattress, see "What Mattress Size Is Right for Me?"

Yes, the cotton in Saatva mattresses is 100% organic and GMO-free. The farmers we work with use no genetically modified plants, and our cotton mattress covers never contain pesticides or other harsh chemicals. (Learn more about the benefits of organic cotton.) You may see natural markings on the 100% organic cotton cover of your Saatva mattress. That's because we don't use chemicals to erase minor markings that remain on the fabric after it has been thoroughly cleaned during the manufacturing process. Those harmless imperfections are simply a sign that your Saatva has been made with natural, organic materials.

All of the main components for Saatva mattresses are sourced and handcrafted in the U.S. Every Saatva mattress is made to order and arrives "factory fresh." You'll never receive old inventory, boxed and stored in a warehouse for months at a time. In fact, we make more than 2,500 brand-new mattresses every week!

We currently do not offer promo codes or coupons. However, we occasionally offer promotional sales for limited time periods on our products on Saatva.com and Saatva Viewing Rooms. The details of the promotion can be seen by

clicking on the banner at the top of the website. To be one of the first to learn about our latest sales, sign up for our mailing list at our site footer or text BED to SAATVA (722882). You can unsubscribe at any time. Discounts are automatically applied to your cart when your cart total is eligible. We offer a year-round \$225 discount off orders of \$1,000 or more to active military, veterans, first responders, government employees, nurses, teachers, senior citizens & students. To apply the discount, simply click on the ""Discount for first responders & more"" box at checkout. You will be prompted to register with ID.me to verify your status and receive the discount. Note that your cart will automatically apply the larger discount if there is a promotional sale on Saatva.com that is better than your ID.me discount. If you're an interior design professional, check out our Design Trade Program to get 14% cash back on all your Saatva orders. At Saatva, we're committed to offering you the best quality mattresses at the best price. Selling directly to customers means we can offer our premium products for a much lower price than traditional retail mattress brands every day of the year. We pledged from day one to always be transparent in our pricing, so our customers never have to scramble to get a great value. ""We only use nontoxic CertiPUR-US® certified foams in our mattresses. This means that the foams are made without CFCs and other ozone depleters. They also don't use PBDEs, TDCPP, or TCEP (""Tris""), which are flame retardants that have been identified by the Globally Harmonized System (GHS) as substances that may cause cancer, genetic defects, or damage fertility. CertiPUR-US® compliant foams are free of phthalates, formaldehyde, and mercury, lead, or other heavy metals. They're also tested to verify low VOC (volatile organic compound) emissions, so your mattress won't off-gas in your home."" Memory Foam Hybrid is a hybrid foam mattress that combines the deep, body-contouring support of memory foam with the responsive support and ""bouncy"" feel of an innerspring mattress. They're great for just about all types of sleepers, whether you're a back sleeper, side sleeper, or a combination of both. ""All of our mattresses are made to order and arrive to you factory fresh. That means the high-quality materials inside them need a little bit of time to soften up. You should notice your new mattress begin to conform to your body after a few days. You may even notice continuing improvement for up to a month. Remember that your body will need some time to adjust to a brand new mattress. If you've been sleeping on an old mattress, your body likely got used to it, even if it didn't provide you with adequate support. That's why we give you a generous 365-night home trial to give you time to acclimate to your new mattress. If after a month or so, you still feel that your mattress is too firm (or too soft), give us a call at 1-877-303-0438 and one of our friendly sleep guides will be happy to help you."" Saatva Memory Foam Hybrid is compatible with any bed frame, including our Saatva bed frames. It's also compatible with the Saatva Adjustable Base and Saatva Adjustable Base PLUS. ""The Saatva Memory Foam Hybrid is built to last 10-15 years with normal use. Read our full warranty." You can use your existing box spring or foundation if: You purchased your box spring or foundation within the last 7 years. Your existing box spring or foundation is in good condition and provides sturdy center support. You don't mind not having a matching foundation. ""Absolutely! The Saatva Memory Foam Hybrid mattress is compatible with motorized adjustable bed frames, including our Saatva Adjustable Base and Saatva Adjustable Base Plus."" Saatva Memory Foam Hybrid is designed to give optimal support for sleepers weighing up to 300 pounds. Twin and Twin XL Memory Foam Hybrid mattresses can support up to a total of 300 pounds. Full, Queen, King, Cal King, and split King mattresses can support up to 300 pounds on each side. ""Height : 11.5" Weight: Twin: 43 lbs. Twin XL: 46 lbs. Full: 57 lbs. Queen: 70 lbs. King/Cal King: 86 lbs. Coil Count: Twin: 338 Twin XL: 364 Full: 494 Queen: 616 King/Cal King: 784 Weight Limit: Up to 300 lbs. per sleeper Comfort Level: Medium firm ""Height: 11.5" or 14.5" Weight: Twin: 11.5" =

90 lbs. 14.5" = 100 lbs. Twin XL: 11.5" = 95 lbs. 14.5" = 105 lbs. Full: 11.5" = 100 lbs. 14.5" = 110 lbs. Queen: 11.5" = 110 lbs. 14.5" = 120 lbs. King/Cal King: 11.5" = 130 lbs. 14.5" = 145 lbs. Coil Count: Twin: 752 total coils; 240 support base coils and 512 comfort coils. Twin XL: 804 total coils; 260 support base coils and 544 comfort coils. Full: 1040 total coils; 336 support base coils and 704 comfort coils. Queen: 1300 total coils; 416 support base coils and 884 comfort coils. King/Cal King: 1608 total coils; 520 support base coils and 1088 comfort coils. Weight Limit: Up to 300 lbs per sleeper Comfort Level: Plush Soft, Luxury Firm, or Firm

The coil count varies by size: TWIN: Pocketed coils: 512 Support coils (base): 240 TOTAL: 752 TWIN XL: Pocketed coils: 544 Support coils (base): 260 TOTAL: 804 FULL: Pocketed coils: 704 Support coils (base): 336 TOTAL: 1,040 QUEEN: Pocketed coils: 884 Support coils (base): 416 TOTAL: 1,300 KING: Pocketed coils: 1,088 Support coils (base): 520 TOTAL: 1,608 CAL KING & SPLIT KING: Pocketed coils: 1,088 Support coils (base): 520 TOTAL: 1,608

Short for Impression Load Deflection, ILD is a measure of the softness or firmness of mattress foam. If you really want to get technical, it's the amount of pressure needed to indent a 4-inch piece of foam by 25%. The higher the ILD, the firmer the foam. While you'd be unlikely to make a mattress choice based on ILD, it can be useful as a way of comparing how different products might feel. This information should be listed in the mattress specs or on the manufacturer's website. Saatva's foams have an ILD between 18 and 30.

A conventional pillow top is sewn onto the top surface of the mattress, with a gap between the pillow top and the mattress itself. A Euro pillow top (also called a Euro top), by contrast, has the padding underneath the top cover and is flush with the mattress edges, so it doesn't look like an extra layer sitting on top of the mattress. In addition to creating a cleaner look, the other major benefit of a Euro pillow top is that, because it is stitched underneath the cover, it won't shift or lose shape the way a conventional pillow top can. Euro top fillings also tend to be denser than their standard counterparts, making them somewhat more durable as well.

The Saatva Classic 11.5" is compatible with the Saatva Adjustable Base and most other adjustable bases. The thicker 14.5" Saatva Classic mattress does not have the flexibility required to work with adjustable bases. There's absolutely no difference in feel and durability between the two Saatva classic height options. The two options are mainly aesthetic and based on your bed height preference or if you plan to use your mattress with an adjustable base. Learn more about the best mattresses for adjustable bases.

The Saatva Classic mattress supports up to 300 pounds per side. For sleepers who weigh more than 300 pounds, we offer the Saatva HD, the first luxury mattress designed exclusively for the bigger body. Learn more about the needs of high-weight sleepers.

You bet. The Saatva Classic mattress is specifically designed to help relieve pain and pressure points in your back, neck, and shoulders. We do it with additional support in the center third (the lumbar zone), where your body is heaviest, to help keep hips elevated and maintain healthy spinal alignment. The Saatva Classic also includes a layer of contouring memory foam and a cushioned Euro pillow top to take stress off sensitive joints. That's why our mattress has earned the Seal of Approval from the Congress of Chiropractic State Associations. Learn more about how to choose a mattress when you have back pain.

While a mattress protector isn't required, it's a great barrier against spills, stains, humidity, and sweat. If you do choose to use a mattress protector with your Saatva mattress, choose one that's made from a soft, breathable material like cotton—like our Waterproof Mattress Protector. Maintaining air flow will prolong the life of the mattress and assure a cool, comfortable night's sleep. Learn more about mattress protectors, pads, and toppers.

The Saatva Classic mattress is covered in 100% organic cotton, grown from non-GMO plants without the use of chemical fertilizers or pesticides. As a result, it is soft to the touch,

breathable, and durable, as well as gentler on the environment."Yes, you can put your Saatva Classic on a platform bed, as long as it has a solid surface or horizontal slats spaced less than 4 inches apart. Queen and larger sizes also need proper center support (a center leg making contact with the floor).Either the 11.5" or 14.5" height can be used with a platform. We recommend the 11.5" version if your platform has a low headboard, so that more of the headboard remains visible. But the decision is purely aesthetic; both mattresses have the same coil count and deliver the same level of comfort and quality. Need more help choosing a mattress height? See [How to Choose the Right Mattress Height for You](#)."Everflex coils are an industry standard for mattress coils. The Everflex coils that form the base support unit of the Saatva Classic are made of 13-gauge tempered steel, the strongest and most durable available. They provide an ideal foundation for the upper comfort coils in our dual-coil system and offer long-lasting, sag-free support. Everflex coils are made in the U.S.A. by Leggett & Platt."Most innerspring mattresses are built with a single base layer of coils, covered by foam, fabric, or other padding. Coil-on-coil mattresses like the Saatva Classic, on the other hand, have two layers of coils. On top of the support core is a thinner, more flexible layer of individually wrapped comfort coils. (See the details of our construction.)Coil-on-coil construction has a couple of advantages. First, dual-coil systems are more durable and less likely to sag over time. Second, the extra layer of contouring coils provides added pressure relief and targeted support where you need it most, for a comfortable, supportive night's sleep."The Saatva Classic innerspring mattress is built to last 10 to 15 years with normal use. We engineer our products with durability in mind, using high-gauge tempered steel for the support coils; high-density foams; sturdy coil-on-coil construction; and organic cotton treated with Guardin, a natural antimicrobial that keeps the fabric fresher longer. Then we back it all up with an industry-leading Friends for Life warranty. (For details, see our [full warranty page](#).)"The Saatva Classic innerspring mattress comes in two heights: 11.5" and 14.5". Both provide the same comfort, quality, and durability. The choice comes down to personal preference. Some people prefer the look of a high-profile mattress, while others are more comfortable with a lower sleep surface.For our 14.5" mattress we add two turns in the lower coil unit, which raises the height of the mattress by 3". The support, comfort, and durability are exactly the same. Warranties on both heights are the same. There are a couple of important differences to note. The 11.5" Saatva Classic takes standard pocket sheets, while the 14.5" model requires deep pocket sheets like our Organic Sateen Sheet Set. The 11.5" does not have handles, so it would be lifted from underneath to move or shift. The 14.5" has handles to assist in shifting but they cannot be used to lift the mattress. If you're pairing your mattress with an adjustable base, you will need to select the 11.5" option.""At Saatva, we believe true luxury can't be stuffed in a box. That's why every one of our mattresses comes with white glove delivery—we hand-deliver your mattress, set it up in the room of your choice, and take away your old mattress, all for free. No boxes to lug or packaging to discard. Don't get us wrong—beds in a box make sense for some people some of the time. But if you're looking for a high-quality innerspring mattress, handcrafted with premium materials and engineered to provide years of comfort and support, you won't find it squashed, folded, rolled, and left on your doorstep. Don't just take our word for it, read what our customers have to say.""Saatva Classic comes in three comfort levels: Plush Soft, Luxury Firm, and Firm. All are designed with the same quality materials and engineered with our Lumbar Zone® Technology for great back support, but each one feels very different. Plush Soft: With softer foams and extra pillow top cushioning, the Plush Soft has a deep, body-hugging feel. It's great for side sleepers, lighter weight people, and anyone who prefers a softer mattress. On a scale of 1-10 (with 10 being

the firmest), Plush Soft is a 3. Luxury Firm. Our best seller, Luxury Firm strikes a perfect balance between comfort and uplifting support. It's great for back, stomach, and side sleepers, or couples who have different firmness preferences. On a scale of 1-10, Luxury Firm is a 5-7. Firm. With firmer foams for balanced resistance, the Saatva Firm is designed to feel like you're lying on top of the mattress rather than sinking in. It's ideal for heavier body types or stomach sleepers who want extra support, or anyone who likes a very firm mattress. On a scale of 1-10, Firm is an 8. "In a word, yes. The term "hybrid" may be a relatively new one, but Saatva Classic has met the definition—a mattress that combines a coil support system with other materials, typically layers of memory foam or latex—since the beginning. The Saatva Classic hybrid brings together the best of both worlds: innersprings for responsive support and pressure-relieving memory foam for contouring comfort, all wrapped in a plush Euro pillow top. Take a closer look at the layers of our hybrid mattress. "While not 100% organic, the Saatva Classic mattress incorporates organic components and other eco-friendly features, including a 100% organic cotton cover with a plant-based antimicrobial treatment; Certi-PUR foams that are certified to be low-VOC and contain natural ingredients derived from soybean and corn oil; a natural thistle flame barrier in place of chemical flame retardants; and recycled steel in the support coils. Learn more about what goes into an eco-friendly mattress. "Our best-selling firmness option, the Saatva Classic Luxury Firm is a perfect balance of comfort and uplifting support. A true medium-firm mattress, it provides pressure-relieving comfort and healthy spinal alignment whether you sleep on your back, side, or stomach. Luxury Firm is best for people who want a cushioned feel with balanced resistance, those with back or neck pain, and couples who may have different sleep preferences. On a firmness scale of 1-10 (with 10 being the firmest), Luxury Firm falls within a 5-7. "With firmer foams for balanced resistance, the Saatva Classic Firm is designed to feel like you're floating on top of the mattress rather than sinking in. The Firm comfort level is ideal for stomach sleepers who want extra support, those with bigger body types, those looking for an extra firm mattress based on their doctor's suggestion, or anyone who prefers a mattress with a very firm feel. On a scale of 1-10 (with 10 being the firmest), Saatva Classic Firm is about a 8. "With softer foams and extra pillow top wadding for more cushion, the Saatva Classic Plush Soft has a deep, body-hugging feel while still providing optimal spinal support. It's best for side sleepers, lighter weight people, or anyone who prefers a soft mattress. The Saatva Classic Plush Soft is great for relieving pressure points, such as the shoulders, hips, and knees. On a firmness scale of 1 to 10 (with 10 being tabletop hard), Saatva Plush Soft is about a 3. "This type of mattress uses memory foam as its main support layer. Memory foam, also known as viscoelastic foam, is a type of high-density polyurethane foam. Its distinguishing feature is that it softens in response to heat and pressure. That's what gives memory foam mattresses their body-hugging, body-contouring feel. "A latex mattress consists (either partially or entirely) of layers made from natural latex from the sap of the rubber tree. A natural latex mattress can last up to 20 years, making it one of the longest-lasting mattress types on the market. "Technically, the term "hybrid mattress" can be used for any mattress that is made from more than one material. It's most often associated with innerspring mattresses that contain a coil support system along with another material such as memory foam or latex. "A pillow top refers to the extra layer of cushioning on the top surface of a mattress. These are most commonly found on innerspring or innerspring hybrid mattresses. Pillow top cushioning can be made from memory foam, latex, foam, fibers, gel, or other materials. A conventional pillow top is sewn onto the top surface of the mattress. A Euro pillow top (also called a Euro top), by contrast, has the padding built in underneath the top cover and is flush with the mattress edges, so it doesn't look like an extra layer sitting on

top of the mattress. Our Saatva Classic, Saatva HD, and Solaire mattresses all feature a 3" Euro pillow top for added cushioning."The innerspring mattress gets its name from the metal support coil (also called springs) that form the core of the bed. This traditional mattress type is known for its classic springy, bouncy feel. A basic innerspring mattress will last you about 7-8 years."A split king mattress has the exact same dimensions as a king mattress, but made up of two separate Twin XL mattresses. This is a great option for those who have narrow entryways and staircases.Split King is also a great option for couples who want a king size mattress, but have different firmness preferences. Simply order two separate Twin XL mattresses in different comfort options. Saatva Classic is available in three comfort options, Loom & Leaf Memory Foam is available in two. If ordering two different mattress styles, be mindful of the mattress heights for each mattress.""A mattress in a box (also known as a bed in a box, BIAB) is a mattress that's been compressed, vacuum-sealed in plastic, and rolled into a shipping box. They are typically made of some type of foam because it's the easiest material to compress, but there are also some innerspring and hybrid BIAB options out there.A bed in a box is typically made with lower-quality, less durable materials that are easier to compress. Stronger, more durable materials, like thicker coils and premium high-density memory foams, cannot be compressed into a box.One of the possible downsides of a bed in a box is uneven firmness and sinking support in some areas over time due to compression, resulting in a shorter mattress lifespan overall. Learn more about why we never stuff our mattresses in a small box for shipping.""The following Saatva mattresses use a natural, plant-based thistle flame retardant made of wood pulp bonded with a small amount of polyester: Saatva ClassicLoom & LeafSaatva HDSaatva YouthMemory Foam Hybrid (also contains natural wool as a flame retardant)The following Saatva mattresses use 100% GOTS certified organic New Zealand wool as a natural flame retardant:Zenhaven LatexSaatva Latex HybridCrib MattressThe following Saatva mattress uses Paladin, which is composed of flame retardant rayon fibers blended with polyester fibers.Solaire Adjustable AirWe do not use any harmful chemicals or sprays in our mattresses. To learn more about our eco-friendly materials, see our blog post about Saatva green initiatives.""Height:12" Weight:Twin: 77 lbs.Twin XL: 85 lbs.Full: 101 lbs.Queen: 120 lbs.King/Cal King: 150 lbs.Coil Count:Twin: 536Twin XL: 572Full: 681Queen: 789King/Cal King: 975Weight Limit:Up to 300 lbs. per sleeperComfort Level:Medium-firm""Saatva Latex Hybrid is designed to give optimal support for sleepers weighing up to 300 pounds.Twin and twin XL Latex Hybrid mattresses can support up to a total of 300 pounds. Full, queen, king, Cal king, and split king mattresses can support up to 300 pounds on each side."Absolutely! Saatva Latex Hybrid pairs perfectly with the Saatva Adjustable Base. In fact, the Saatva Adjustable Base enhances the weightless feel associated with the uplifting, pressure-free support latex mattresses are known for. It allows you to customize the head and foot position of your bed for the most comfortable angle. "You can use your existing box spring or foundation if:You purchased your box spring or foundation within the last 7 years.Your existing box spring or foundation is in good condition and provides sturdy center support.You don't mind not having a matching foundation."No. Saatva Latex Hybrid is made from natural latex, which does not produce the volatile organic compounds (VOCs) responsible for mattress off-gassing and odors."Sometimes it takes a while for you and your new mattress to adjust to each other, especially if it's a material you haven't slept on before. That's why every mattress comes with a no-pressure, 365-night home trial.If after you've slept on your new mattress for a few weeks you still feel that it is too soft, give us a call at 877-672-2882 and one of our sleep guides will work with you on a solution.""All of our mattresses are made to order and arrive to you factory fresh. That means the high-quality materials inside them need

a little bit of time to soften up. You should notice your new mattress begin to conform to your body after a few days. You may even notice continuing improvement for up to a month. Remember that your body will need some time to adjust to a brand new mattress. If you've been sleeping on an old mattress, your body likely got used to it, even if it didn't provide you with adequate support. That's why we give you a generous 365-night home trial to give you time to acclimate to your new mattress. If after a month or so, you still feel that your mattress is too firm (or too soft), give us a call at 1-877-303-0438 and one of our friendly sleep guides will be happy to help you. "Natural latex is extremely durable, and for that reason, latex mattresses have a longer average life span than other types of beds. Latex hybrid mattresses can last for 15 years or more with normal use. Saatva Latex Hybrid comes with a lifetime warranty. (Read our full mattress lifetime warranty.)" Saatva Latex hybrid is compatible with any bed frame, including our Saatva bed frames. It's also compatible with the Saatva Adjustable Base and Saatva Adjustable Base PLUS. " Saatva Latex Hybrid mattress is crafted with only natural latex, organic New Zealand wool, individually pocketed recycled steel coils, and a cover made with organic cotton. Latex Hybrid mattress is GREENGUARD Gold certified to be free of potentially harmful substances like volatile organic compounds (VOCs), phthalates, and formaldehyde. It's also eco-INSTITUT certified free of pollutants and emissions so you never have to worry about off-gassing. We chose natural, certified nontoxic latex foam because it helps reduce your risk of daily chemical exposure and indoor air pollution. Natural latex is also hypoallergenic and resists mold, mildew, and dust mites, resulting in a healthier sleep environment. "

Saatva Rx specs are:

Height:

15"

Weight:

Twin: 70 lbs.

Twin XL: 76 lbs.

Full: 99 lbs.

Queen: 124 lbs.

King/Cal King: 151 lbs.

Coil Count:

Twin: 1,294 total coils; 328 Therapeutic Support Core Unit and 966 Micro coils.

Twin XL: 1,368 total coils; 356 Therapeutic Support Core Unit and 1,012 Micro coils.

Full: 1,816 total coils; 472 Therapeutic Support Core Unit and 1,344 Micro coils.

Queen: 2,192 total coils; 564 Therapeutic Support Core Unit and 1,628 Micro coils.

King: 2,740 total coils; 716 Therapeutic Support Core Unit and 2,024 Micro coils.

Cal King: 2,718 total coils; 678 Therapeutic Support Core Unit and 2,040 Micro coils.

Weight Limit:

Up to 300 lbs. per sleeper

Comfort Level:

Supportive Plush

The Saatva Rx features a new & groundbreaking coil core system called the Therapeutic Support Core. It's made up of our proprietary Rx Foam Module encased on top of individually pocketed coils.

The result is a mattress that automatically adjusts and contours to every curve and movement better than any single-layer foam ever could. This virtually eliminates pressure points in problem areas to allow for therapeutic relief and more restorative sleep.

Yes. Mattresses that contour and conform to the body's curves help relieve pressure points, which help improve circulation and alleviate joint pain.

Saatva Rx is designed with multiple layers of body-contouring foams, including our proprietary Rx foam modules which relieve pressure points unlike any other type of mattress.

Saatva Rx is the first mattress on the market specifically designed to help sleepers dealing with serious & chronic joint and back conditions*. Its' unique construction was designed to support, cradle, and contour to the body like no other mattress, which may help alleviate the daily aches & discomfort associated with these chronic conditions.

**Please note that products and claims on this site and any Company linked sites have not been evaluated by any official institution and are not meant to diagnose, prevent, treat, or cure any illness or disease nor do we promise or guarantee that it will give you relief from any injury or ailment.*

Zenhaven specs:

Height:

10"

Weight:

Twin: 80 lbs.

Twin XL: 82 lbs.

Full: 100 lbs.

Queen: 125 lbs.

King/Cal King: 165 lbs.

ILD:

14-34

Comfort Level:

Gentle Firm and Luxury Plush

Zenhaven is designed to give optimal support for all sleepers.

The Zenhaven mattress does not have a weight limit, it can support any individual regardless of their weight.

Yes, you can use Zenhaven on a platform bed, as long as the platform is solid. If the platform has slats, you must cover them with a layer of plywood or other material to create a solid surface.

Zenhaven is compatible with the Saatva Adjustable Base because of its natural flexibility, the Zenhaven latex mattress pairs perfectly with the Saatva Adjustable Base. In fact, the Saatva Adjustable Base enhances the weightless feel associated with Zenhaven's uplifting, pressure-free support. It allows you to customize the head and foot position of your bed for the most comfortable angle.

You can use your existing box spring or foundation if:

You purchased your box spring or foundation within the last 7 years.

Your existing box spring or foundation is in good condition and provides sturdy center support. You don't mind not having a matching foundation.

Zenhaven is made from natural latex, which does not produce the volatile organic compounds (VOCs) responsible for mattress off-gassing and odors.

Our dual-sided Zenhaven mattress is crafted with only natural latex, organic New Zealand wool, and a cover made with organic cotton for the purest sleep luxury imaginable.

Our Zenhaven all-latex mattress is GREENGUARD Gold certified to be free of potentially harmful substances like volatile organic compounds (VOCs), phthalates, and formaldehyde. It's also eco-INSTITUT certified free of pollutants and emissions so you never have to worry about off-gassing.

We chose natural, certified nontoxic latex foam because it helps reduce your risk of daily chemical exposure and indoor air pollution. Natural latex is also hypoallergenic and resists mold, mildew, and dust mites, resulting in a healthier sleep environment.

Short for Impression Load Deflection, ILD is a measure of the softness or firmness of mattress foam. If you really want to get technical, it's the amount of pressure needed to indent a 4-inch piece of foam by 25%. The higher the ILD, the firmer the foam.

While you'd be unlikely to make a mattress choice based on ILD, it can be useful as a way of comparing how different products might feel. This information should be listed in the mattress specs or on the manufacturer's website. Zenhaven's foams have an ILD between 14 and 34.

Sometimes it takes a while for you and your new mattress to adjust to each other, especially if it's a material you haven't slept on before. That's why every Zenhaven mattress comes with a no-pressure, 365-night home trial.

Every Zenhaven is dual-sided: one side is luxury plush, the other is gentle firm. If you prefer a different comfort level, simply flip the mattress over.

If after you've slept on your new Zenhaven for a few weeks you still feel that it is too soft, give us a call at 877-672-2882 and one of our sleep guides will work with you on a solution.

All of our mattresses are made to order and arrive to you factory fresh. That means the high-quality materials inside them need a little bit of time to soften up. You should notice your new mattress begin to conform to your body after a few days. You may even notice continuing improvement for up to a month.

Remember that your body will need some time to adjust to a brand new mattress. If you've been sleeping on an old mattress, your body likely got used to it, even if it didn't provide you with adequate support. That's why we give you a generous 365-night home trial to give you time to acclimate to your new mattress.

Every Zenhaven is dual-sided: one side is luxury plush, the other is gentle firm. If you prefer a different comfort level, simply flip the mattress over.

If after a month or so, you still feel that your mattress is too firm (or too soft), give us a call at 1-877-303-0438 and one of our friendly sleep guides will be happy to help you.

Natural latex is extremely durable, and for that reason, latex mattresses have a longer average life span than other types of beds. Latex mattresses can last for 15 years or more with normal use. The Zenhaven mattress is made with all-natural latex and carries a lifetime warranty.

Saatva Youth specs:

Height:

10"

Weight:

Twin: 45 lbs.

Twin XL: 56 lbs.

Full: 61 lbs.

Coil Count:

Twin: 330

Twin XL: 380

Full: 462

Weight Limit:

250 lbs.

the Saatva Youth mattress can be used with bunk or loft beds, as long as the upper edge of the guardrail is at least five inches above the mattress for maximum safety. Because the Saatva Youth mattress is made with multilayer support, it is thicker than standard bunk bed mattresses, so please check with the manufacturer of your bunk bed.

The Saatva Youth mattress is 10" tall.

guide on how to activate the upper-flex (split top) function of your Saatva Adjustable Base Plus: Please press the Head Down and Foot Down buttons on only one remote for 5 seconds and 3 audible beeps are heard.

Disclaimer: The Upperflex bases must be synced together with the included sync cable.

The OEKO-TEX® Standard 100 is the internationally accepted standard for certifying textiles and home furnishings. Products that carry the OEKO-TEX® Standard 100 seal have been tested to ensure they're free of toxic chemicals.

Machine wash in cold water with like-color towels and bedding. Do not wash with clothing, especially ones with zippers and other hardware as these can snag the fibers of your towels.

Tumble dry in low or medium heat.

Saatva towels come in the following standard sizes:

Face towel* 13" x 13"

Hand towel* 20" x 30"

Bath towel 30" x 58"

Bath sheet 40" x 66"

*Face towel & hand towel are only available in the 3-pc Bath Towel Set

We recommend tumble drying towels in a low temperature and drying with other towels or bedding. Do not throw in the dryer with clothing, especially ones with zippers and other hardware as these can snag the fibers of your towels.

At this time we do not have an exchange policy for Saatva bedding. If you would like to exchange your merchandise, simply return your order and repurchase the item of your choice.

Bath products returned within 45 days of the delivery date will get a full refund to the original form of payment. There are no restocking or penalty fees for used products, but we do ask that you wash your used towel before returning.

To make a bedding return, simply call 1-877-672-2882 or email

info@saatvamattress.com. If you received our bedding as a gift, please call us for help with your return.

The GoodWeave label is the best assurance that no child, forced or bonded labor was used in the making of a certified product. It also ensures that your purchase helps support programs that educate children and improve working conditions for adults in producer communities.

SMETA (Sedex Members Ethical Trade Audit) is the world's leading ethical audit methodology that assesses factory standards of labor, health & safety, environmental, and business ethics.

Factories that have been certified compliant by SMETA meet (or exceed) their guidelines for healthy & fair working conditions and environmental performance throughout their business and supply chain.

It simply comes down to choosing a rug size that complements the size of your bed and your bedroom layout.

A queen size bed sits perfectly on an 8' x 10' area rug. A king size bed or two twin beds work great on a larger 9' x 12' rug, but you can also go for an extra-large 10' by 14' rug to accommodate larger bedroom furniture or pieces like a bedroom bench at the end of the bed.

A Cal king bed also pairs best with a roomy 10' x 14' bedroom rug.

An area rug under the bed is the most common placement, but depending on your room size and furniture layout, you have room to get creative!

Placing an area rug under your bed gives a nice focal point to a bedroom. It instantly makes the space feel more cohesive. You can either place the rug all the way up against the wall to the headboard, or stop short of the side tables. It depends on how much space you have and other bedroom furniture you want to place over the rug.

Bedroom rugs are a great way to tie a bedroom together. On hard floors, they give your feet something warm and soft to land on and they also help muffle downstairs sounds in upstairs bedrooms.

Look for bedroom rugs woven from soft, high-quality fibers like PET yarn, wool (or wool blends), and cotton.

Bedrooms typically see less foot traffic than living rooms or hallways, but a rug designed for use in medium or high-traffic areas will ensure your bedroom rug will last for years to come, even if you decide to move the rug to the living room.

Blot stains immediately and clean with mild soap and cold water. Blot dry with a clean, absorbent towel. Avoid prolonged exposure to moisture. Shedding is normal; vacuum regularly with beater bar off, and shedding will reduce over time.

PET (Polyethylene terephthalate) yarn is a type of polyester yarn made of recycled plastics such as water bottles. This type of yarn is not only a more eco-friendly alternative, it also adds durability and softness to natural materials like wool.

All natural wool rugs, no matter the price point, shed to some degree. The good news is there are ways to reduce shedding, starting with choosing a high-quality wool rug.

The higher the quality of the wool, the less the rug will shed overall. The amount of shedding also depends on the way the rug is crafted.

Lastly, newer rugs tend to experience more shedding because during the rug making process, the fibers are cut down to the desired pile height, leaving some pieces of fiber stuck in the rug. Vacuum your wool rug regularly (with the vacuum's beater bar off, if possible) to reduce shedding. You can expect shedding to subside after a few months with regular care and vacuuming.

At this time we do not have an exchange policy for Saatva rugs. If you would like to exchange your merchandise, simply return your order and repurchase the item of your choice.

Rugs returned within 45 days of the delivery date will get a full refund to the original form of payment.

To return your rug, simply call 1-877-672-2882 or email info@saatvamattress.com.

some bed frames require the use of a foundation (box spring) and some don't. Platform bed frames and adjustable bases do not typically require the use of a foundation.

Please note that for proper support, bed frames that are Queen size or larger require a center support leg that is in contact with the floor.

Foundation weigh:

Twin: 4.75" - 30 lbs. 8.75" - 40 lbs.

Twin XL: 4.75" - 40 lbs. 8.75" - 45 lbs.

Full: 4.75" - 50 lbs. 8.75" - 60 lbs.

Queen: 4.75" - 55 lbs. 8.75" - 65 lbs.

King (split into two pieces): 4.75" - 80 lbs. 8.75" - 90 lbs.

Cal King (split into two pieces): 4.75" - 80 lbs. 8.75" - 90 lbs.

A Murphy bed (also known as a pull-down bed, fold-down bed, or wall bed) is a bed that is hinged at one end to store vertically against the wall, or inside a closet or cabinet.

The Saatva mattresses that are compatible with Murphy bed frames are the 11.5" Saatva Classic, Loom & Leaf, Memory Foam Hybrid, and Latex Hybrid.

We ask that you double-check the dimensions and the weight capacity of your Murphy bed frame to ensure that the mattress would work.

Saatva offers two foundation heights, 4.75 inches and 8.75 inches. There is no difference in quality or performance between the two heights; the choice is a matter of personal preference and the overall height of the bed setup you want. One consideration is whether you plan to use your existing bed skirt. The "drop" on a standard bed skirt is 14 to 15 inches, which works with the 8.75-inch foundation and a standard 7-inch bed frame.

The Saatva metal bed frame is a universally compatible standard metal bed frame. It is designed to work with the Saatva box foundation or any standard box spring and comes in all standard bed sizes. The bed frame comes with headboard slots to accommodate a headboard attachment.

Saatva metal bed frame Specs:

Height: 7.5"

Legs: 4 legs for twin, twin XL, and full sizes. Comes with an additional 3-leg center support for queen, king, and Cal king sizes.

Gliders: 2" diameter, 2" high

Weight: 42.7 lbs.

Saatva's box foundation serves the same purpose as a traditional box spring: it elevates the mattress to a comfortable height, keeps it from sagging, and prolongs its life. The Saatva foundation works with all of our mattress styles, except for the Saatva HD. We highly recommend you pair our HD mattress with our HD foundation.

See the foundation here: [Foundation](#)

Our foundation is available in either 8.75" height or low profile 4.75"

While you don't have to purchase a foundation from us if you currently have a box spring that's in good condition, note that Saatva's warranty requires that king and queen mattresses have proper center support.

The Saatva foundation comes in all standard U.S. sizes:

Twin: 38" x 75"

Twin XL: 38" x 80"

Full: 54" x 75"

Queen: 60" x 80"

King/Split King: 76" x 80"

Cal King/Split Cal King: 72 x 84"

The Saatva foundation comes in two heights:

4.75" - pairs well with lower profile mattresses (11.5" or lower)

8.75" - pairs well with standard profile or higher mattresses* (12" or higher)

*Note: the combination of a 14.5" Saatva Classic mattress and 8.75" foundation may be too tall for some people.

Each slat is 3" wide.

Twin, Twin XL, and Full foundations have 5 slats evenly spaced apart.

Queen, King and Cal King foundations have 7 slats evenly spaced apart.

King and Cal King foundations come as a split design for ease of delivery and setup.

This does not affect the feel or performance of the foundation under your mattress.

If you need help choosing the right combination of mattress and foundation for your bed setup, call one of our sleep guides 877-672-2882.

Deciding whether you need a Saatva foundation or box spring for your new mattress depends on the kind of bed you plan on using (platform beds, for example, don't need a foundation), your existing mattress foundation or box spring, and whether or not you plan to use an adjustable base.

You will need the Saatva box foundation if:

Your existing foundation or support system is more than 7 years old.

Your existing support creaks, has soft spots, or is damaged in any way.

You want a foundation designed to support your specific mattress.

Our Saatva HD, for example, requires pairing with our HD foundation for optimal support.

You want a foundation that matches your mattress. We use the same organic cotton blend cover for the Saatva box foundation as we do for our mattresses.

You won't need the Saatva box foundation if:

You purchased a mattress support system within the last 7 years.

Your existing foundation is in good condition and provides sturdy center support.

You don't mind not having matching foundation.

You have a platform bed, which does not require a foundation.

You have an adjustable base, which takes the place of a foundation or box spring.

To learn more about choosing the right support system for your mattress, see our article on mattress foundations

You can use your existing box spring or foundation if:

- You purchased your box spring or foundation within the last 7 years.
- Your existing box spring or foundation is in good condition and provides sturdy center support.
- You don't mind not having a matching foundation.

NOTE: Saatva HD requires pairing with the HD Foundation for adequate support.

Saatva mattresses also work with platform beds, without the need for a foundation.

Please make sure your existing platform bed has:

- A solid, durable surface. If your platform has a slatted support system, make sure the slats are spaced less than 4" apart. If they're not, you can add a 1/2" thick piece of plywood to place on top. This extra layer of support is needed because Saatva mattresses are heavier due to their premium quality materials.

- A proper center support. Proper center support means you must have a center leg in the middle of your platform bed frame.

- Must add a solid surface over platform slats such as plywood, masonite board, or bunkie board, when used with Saatva HD or Zenhaven Latex.

If you have any questions, you can reach one of our sleep guides 24/7 at 877-672-2882.

You can order a split queen foundation to make delivery easier if you have an especially narrow staircase or hallway in your home. There is no difference in comfort or quality between a split queen foundation and regular foundation.

Note: A split foundation is standard on King and California King sizes.

Loom & Leaf specs:

Height:

12"

Weight:

Twin: 61 lbs.

Twin XL: 70 lbs.

Full: 79 lbs.

Queen: 93 lbs.

King/Cal King: 116 lbs.

Weight Limit:

Up to 300 lbs. per sleeper

It depends on your current bed frame. If you have a platform bed with either a solid surface or slats spaced less than 4" apart and a center support for queen and larger sizes, a foundation is not required.

If you don't have a platform bed frame, we generally recommend purchasing one of our foundations to go along with your new Saatva mattress. But if your box spring or foundation is in very good condition—meaning it's sturdy and has absolutely no

sagging—it should work fine. Your mattress warranty remains in place even when using your existing foundation or box spring.

Loom & Leaf mattresses are compatible with motorized adjustable bed frames, including our Saatva Adjustable Base

you can use an electric blanket or heated mattress pad with your Loom & Leaf mattress, as long as you keep some caveats in mind. Memory foam responds to heat and pressure, so placing a heating pad directly on the mattress may compromise the foam's ability to contour to your body. Long periods of exposure to heat from an electric blanket or heating pad may damage the mattress.

Loom & Leaf's memory foam is infused with our patented Spinal Zone gel for a cool and comfortable night's sleep. Nontoxic cooling gel is swirled throughout the top layer of the mattress, with a higher concentration in the center third lumbar zone, to provide optimal spinal support. Take a closer look at the layers of the Loom & Leaf mattress. Short for Impression Load Deflection, ILD is a measure of the softness or firmness of mattress foam. If you really want to get technical, it's the amount of pressure needed to indent a 4-inch piece of foam by 25%. The higher the ILD, the firmer the foam.

While you'd be unlikely to make a mattress choice based on ILD, it can be useful as a way of comparing how different products might feel. This information should be listed in the mattress specs or on the manufacturer's website. Loom & Leaf's foams have an ILD between 14 and 44.

A multi-layer, high-density foam mattress like Loom & Leaf simply can't be flattened and shipped in a box. Loom & Leaf's premium components include a 5-lb. memory foam comfort layer and a gel-infused 4-lb. memory foam cooling layer, on top of multiple layers of high-density support foam. You could try to compress that into a 16-by-42-inch shipping box, but you'd break the machine!

Like all Saatva's luxury mattresses, Loom & Leaf comes with free white-glove delivery: We hand-deliver and set up the mattress in the room of your choice, plus take away your old mattress. That's the Saatva service standard.

Sometimes it takes a while for you and your new mattress to adjust to each other. That's why every Loom & Leaf mattress comes with a no-pressure, 365-day home trial. Loom & Leaf premium memory foam mattress is built to last 10-15 years with normal use. Loom & Leaf memory foam is 100% hypoallergenic and non-toxic and will never off-gas or smell in your home. We use eco-friendly foams that are certified to be low-VOC and free of harmful chemicals, an organic cotton cover, and natural thistle flame retardant. Our cooling Spinal Zone Gel is made from non-toxic, water-based materials that contain no chemicals or irritants. As a final step, we treat the cotton cover with Guardin, a natural antimicrobial that inhibits bacteria and extends the life of the material. The Loom & Leaf Firm delivers balanced support for back and stomach sleepers, or anyone who prefers the feel of a very firm mattress. It features firmer foam, so you'll feel like you're floating on top of the mattress. On a scale of 1-10 (with 10 being tabletop hard), Loom & Leaf firm is about an 8. For more help finding the right comfort level for you, take a look at our

Comfort Levels information. A new luxury mattress is a bit like a pair of fine Italian leather loafers: it can take a little while for the materials to relax and conform to your unique shape. When your Loom & Leaf arrives from the factory, the foams might feel a little stiff at first. It sometimes takes a couple of weeks for you and the mattress to adjust to each other. That's why every Loom & Leaf mattress comes with a 365-day home trial.

Loom & Leaf is great for side sleepers, who need some softness to cushion sensitive hips and shoulders. Loom & Leaf's high-density memory foam provides just the right mix of contouring comfort and support. What's more, the foam is infused with cooling Spinal Zone Gel to reinforce the lumbar region and provide extra support for the lower back and hips. That keeps a side sleeper's spine properly aligned. The Loom & Leaf Relaxed Firm, our most popular comfort level, offers the ideal combination of plush comfort and contouring support. It provides healthy spinal alignment for back, side, or stomach sleepers. On a scale of 1-10 (with 10 being tabletop hard), Loom & Leaf's Relaxed Firm is about a 6.

Saatva HD specs:

Height:

15.5"

Weight:

Twin: 80 lbs.

Twin XL: 85 lbs.

Full: 110 lbs.

Queen: 135 lbs.

King/Cal King: 169 lbs.

Coil Count:

Twin: 200

Twin XL: 242

Full: 300

Queen: 374

King/Cal King: 484

Weight Limit:

Up to 500 lbs. per sleeper

Comfort Level:

Medium Firm

The Saatva HD's high-durability coil base contains our patented Spinal Zone active wire technology for added lumbar support. The mattress is also engineered with a layer of 5-zone natural latex, which provides targeted support for your back and under your shoulders and hips.

The Saatva HD is a hybrid innerspring mattress specifically engineered to provide optimal support and a luxury sleep experience to people weighing between 300 and 500 pounds. The durable coil base is engaged only when a high-weight person lies on the mattress, resulting in a firm, responsive feel comparable to our Saatva Classic Luxury Firm comfort level. A person weighing less than 300 pounds will experience only the plush upper layers of the Saatva HD for a feel similar to that of a luxury memory foam mattress.

No, the Saatva HD mattress is not designed to be used with an adjustable base. Because it is 15.5 inches thick and engineered for maximum durability and support, with 12.5-gauge tempered steel coils, the Saatva HD will not flex on an adjustable base. For best performance, we recommend pairing the HD mattress with the HD foundation, which is stronger than a typical foundation or box spring. The HD mattress can also be used on a solid platform bed with vertical center support.

Yes, you can pair the Saatva HD with a platform bed. Your warranty remains in place when using a platform bed, so long as it has a solid surface and vertical center support. If your platform bed has slats, you must cover the slats with a solid material, such as plywood, to ensure the longevity of the mattress. A highly durable hybrid mattress like Saatva HD can't be flattened and shipped in a box. Saatva HD's premium components include a 12.5-gauge tempered steel coil base, a layer of 100% natural latex with 5-zone support, and contouring comfort layers made of high-density foam. You could try to compress that into a 16-by-42-inch shipping box, but you'd break the machine!

Like all Saatva's luxury mattresses, Saatva HD comes with free white-glove delivery: We hand-deliver and set up the mattress in the room of your choice, plus take away your old mattress. That's the Saatva service standard.

For optimal performance, we strongly recommend pairing the HD mattress with our HD foundation, but you can also use a solid platform bed with vertical center support. If your platform bed has slats, you must cover the slats with a solid material, such as plywood, to ensure the longevity of the mattress.. Your warranty remains in place when using your existing platform bed, so long as it has a solid surface and vertical center support. The same is true of an existing metal bed frame, provided it has four legs for twin or full size beds and five or six legs for queen and larger size mattresses.

For best performance, we strongly recommend pairing the HD mattress with our HD foundation, which is specially designed to provide optimal support and durability. The HD foundation is made with high-durability wood slats and is stronger than a typical foundation or box spring. The HD foundation is available in two heights: 4.75 inches and 8.75 inches. The HD mattress can also be paired with a solid platform bed with vertical center support.

Hand tufting is a hallmark of a high-quality mattress. It is a method of securing the layers by inserting a lace from top to bottom while the mattress is under compression. Tufting keeps the layers in place and prevents shifting that can ultimately lead to sagging. It makes for a durable, long-lasting mattress also provides the sleeper with an even, more comfortable sleeping surface. A queen size Saatva HD has 30 hand tufts.

The Saatva HD mattress is constructed with a single layer of offset coils. Like traditional mattress coils, these are shaped like an hourglass, but the bottom is slightly offset. That creates a hinging effect when the coil is compressed, making them better able to conform to the body's curves.

The Saatva HD coil unit is made with 12.5-gauge tempered steel, the strongest in the industry, for maximum durability and resistance to sagging. The coils are then threaded with a 17-gauge helical wire for added contouring ability and reduced motion transfer. Saatva HD is specifically designed to support individuals between 300 and 500 pounds. Twin and twin XL mattresses can accommodate up to 500 pounds. Full, queen, king, California king, and split king mattresses can accommodate up to 500 pounds on each side. The Saatva HD mattress is built to last 15-20 years with normal use. We engineer our products with durability in mind, using tempered steel coils that are 25% stronger than the industry standard; 100% natural latex with 5-zone support; high-density foams; and organic cotton treated with Guardin, a natural antimicrobial that keeps the fabric fresher longer. Then we back it all up with an industry-leading Friends for Life warranty.

Solaire specs:

Height:

13"

Weight:

Twin XL: 85 lbs.

Full: 106 lbs.

Queen: 114 lbs.

King/Cal King: 135 lbs.

Upper-Flex Queen: 114 lbs.

Upper-Flex King: 135 lbs.

Weight Limit:

Up to 800 lbs. per sleeper

Upper-Flex Queen and Upper-Flex King are options for our Solaire adjustable firmness mattress. When paired with our Saatva Adjustable Base Plus in the Upper-Flex option, it gives each sleeper the freedom to raise the head of the bed independently and raise the foot of bed in unison.

Shop the Saatva Adjustable Base Plus with the Upper-Flex option here:

<https://www.saatva.com/furniture/adjustable-base-plus>

The split on an Upper-Flex measures 30" down from the head.

NOTE: The Upper-Flex is different from split king, which is two separate twin XLs placed side by side. A split king or split Cal king Solaire gives each sleeper the freedom to raise the head and the foot of the mattress independently, making it our most customizable mattress.

the Solaire's all-in-one design means you don't have to find a place to store the pump.

The air inflator is fully contained within the Power Edge enclosure, so there are no external pumps or hoses outside the bed.

It is normal to hear a slight sound when you increase or decrease the firmness of the mattress. But you will only hear this sound while changing the comfort level; the system will never engage on its own.

Solaire comes fully assembled and ready to inflate. Our professional delivery team will set up your new Solaire mattress in about 20 minutes as part of our white glove delivery service. Then it's ready for you to set your ideal comfort level.

the number on the remote may fluctuate slightly, because the display is a real-time pressure readout. Several factors, such as the temperature of the room and whether or not there is a person on the bed, can cause the readout to change, but these subtle

variations will not affect the firmness or comfort of the mattress. Solaire is built to last 25 years with normal usage. We back it up with one of the best warranties in the industry: all parts are fully covered for the first five years, and all labor for the first 15 years. Solaire can be purchased as a set with a matching foundation. We generally recommend purchasing our entire system, but if your box spring or foundation is less than seven years old and in very good condition, meaning it's sturdy and does not sag or have any soft spots, it should work fine. Your mattress warranty remains in place even when using your existing foundation or box spring. You can also use your existing bed frame with your new Solaire, provided it has vertical center support for queen and larger size mattresses.

We offer luxurious pillows made with hypoallergenic materials like natural latex, down alternative fibers, and CertiPUR-US® memory foam. All of our pillow covers are made with organic cotton, making them naturally breathable and cooling.

The height of your pillow, also known as the pillow loft, is important in maintaining proper spinal alignment while you sleep. Your preferred pillow height will depend on factors such as your sleeping position, body type, mattress firmness, and pillow firmness. The right pillow height should ensure that your head is aligned with your spine so you can avoid neck and back pain. Generally, for optimal spinal alignment, your ears should be at the same level as your shoulders.

Below are the links for our four ultra-premium pillows along with the loft (height) and descriptions of each.

Saatva Latex Pillow - Standard Loft 4-5" or High Loft 6-7"

Down Alternative Pillow - 7"

Graphite Memory Foam Pillow - 6.5"

Cloud Memory Foam Pillow - 6"

Our Saatva Latex Pillow is an ultra-luxury pillow that offers the perfect balance of supportive, yet plush comfort. Its design is directly modeled in weight and quality of pillows found only in luxury hotels. Our unique 3-layer pillow is designed to promote proper spinal alignment for most sleep styles. The inner layer of shredded natural latex adjusts to almost any sleep position and with our two lofts, we offer this pillow for any sleeper preference.

Our Standard Loft Saatva Latex Pillow is 4-5" high and excellent for back and stomach sleepers or anyone who prefers a lower pillow. Our High Loft Saatva Latex Pillow is 6-7" high and ideal for side and combination sleepers or anyone who prefers a plusher pillow.

Our Down Alternative Pillow is completely hypoallergenic and specially designed to mimic the lofty feel of traditional down pillows with our custom down alternative blend that offers both comfort as well as durability. The Saatva Down-Alternative Pillow is a hybrid construction using a proprietary blend of down-like micro-denier fibers with a highly supportive polyester memory cluster base. The micro-denier fibers, which are also used in our Saatva Pillow, offer a luxuriously silky soft, and airy feel to the pillow, while

the memory clusters provide both a supportive base to the pillow, and help ensure that the pillow retains its shape over extended use.

Our Down Alternative Pillow is highly moldable, meaning it suits most sleep styles. It's a particularly good pick for people who like to cuddle with their pillow at night.

Our Graphite Memory Foam Pillow is made of 100% CertiPUR-US certified memory foam and natural latex along with advanced graphite technology which draws heat away to keep you cooler as the memory foam contours to your head and neck for responsive support. The Graphite Memory Foam pillow offers a dense, contouring support that's expected from a memory foam pillow while providing unmatched cooling as every feature in this pillow has been constructed with keeping a cool sleep surface.

Our uniquely constructed memory foam pillow is designed to contour to the head and neck for optimal comfort and support in all sleep positions, and its thicker height is particularly great for side sleepers.

Our Cloud Memory Foam Pillow offers a specially engineered blend of shredded gel-infused 100% CertiPUR-certified memory foam and natural latex fill. Shredded gel-infused memory foam offers best-in-class shape-ability and contouring comfort, while also pulling heat away from the sleeper's head, neck, and shoulders, to help the pillow feel temperature neutral. The addition of latex allows the pillow to be more responsive, breathable and helps retain its shape better than other shredded memory foam pillows on the market.

The Cloud Memory Foam Pillow contours and conforms to your head and neck in any sleep position.

We also carry a collection of ultra-premium bedding products like bed sheets, duvet covers, blankets, and much more.

We're always adding new bedding to our collection. Sign up for our emails to learn about our latest product launches!

The recycled steel coils in our micro-coil topper are 18 gauge.

The coil count in the 1" micro-coil layer of our Micro-Coil Topper varies by size:

Twin: 966

Twin XL: 1,012

Full: 1,344

Queen: 1,628

King: 2,024

California King: 2,040

Mattress toppers are more substantial than mattress pads and protectors, typically around 1" to 4" in thickness. Rather than protect your mattress, they're designed purely to add an extra layer of comfort and support to new or older mattresses.

A mattress pad is a thin quilted layer designed to protect your mattress from light stains and general wear & tear.

Mattress protectors are thinner like fitted sheets. They're primarily used to protect your mattress from spills and humidity, making them a great choice for kids, homes with pets, and humid climates. They're also great at keeping contaminants like mold, bacteria, and bed bugs out of your mattress.

Mattress toppers are designed to add a layer of cushioning, support, or softness to the surface of a mattress.

- The High-density foam topper provides more of a traditional comfort foam feel.
- The Graphite memory foam topper will provide a bit more of a contouring feel.
- The Latex topper is more responsive and is meant to provide a gentle uplifting feel.
- The Micro-coil topper is a combination of micro-coils and gel-infused comfort foam, to provide a responsive feel while offering body contouring and pressure relief.

The Global Organic Textile Standard (GOTS) is the leading textile processing standard for organic fibers. Fabrics that carry the GOTS symbol must be made with at least 95% organic fiber, free of toxic chemicals, colored with nontoxic dyes, and meet strict social and environmental criteria.

Weighted blankets help relieve stress through “deep pressure stimulation,” the type of pressure a baby feels when swaddled.

We’ve designed our weighted blanket for adults of all body sizes and types. Our weighted blanket is not recommended for children. As a general guideline, a weighted blanket should be about 10% to 15% of your body weight.

We’re glad you asked! Due to its high weight and the fact that our weighted blanket is comprised of 100% all-natural materials, we recommend dry-cleaning when necessary.

Due to its high weight and the fact that our weighted blanket is comprised of 100% all-natural materials, we recommend dry-cleaning when necessary.

The Saatva Memory Foam Pillow is made in the U.S. of 100% Certi-PUR foams, which are free of harmful chemicals and will not off-gas in your home.

The Saatva Memory Foam Pillow’s three layers work together for cool sleep: The soft, breathable organic cotton cover is quilted with phase-change material that stays cool to the touch; the memory foam layer features advanced graphite technology that draws heat away; and the proprietary blend of gel-infused memory foams ensures maximum airflow and absorbs heat.

Washing the Saatva Memory Foam Pillow is simple. Unzip and remove the graphite memory foam inner pillow. The outer cooling organic cotton cover can be machine washed. We recommend spot cleaning the surface of the graphite inner pillow if you feel it’s necessary.

Saatva pillows are available in Queen and King sizes.

Below are the dimensions of our pillows:

Saatva Latex Pillows

Queen 28" x 18"

King 34" x 18"

Saatva Memory Foam Pillows & Down Alternative Pillows

Queen 28" x 16"

King 34" x 16"

Please note that our pillows are slightly larger than standard queen and king sizes. We recommend using our Saatva pillowcases with your Saatva pillow.

Absolutely. We use hypoallergenic microdenier fiber and hypoallergenic 100% shredded Talalay latex, all encased in 100% organic cotton.

The 100% natural latex in our Saatva pillow is hypoallergenic. During the manufacturing process, the latex is washed five times with fresh water, which removes any of the latex proteins that cause allergies.

Our three color options—white, ivory, and grey—are in keeping with Saatva's ethos of pure, organic, chemical-free simplicity. Our GOTS-certified organic sheets are made with low-impact dyes, which are gentler on the environment and on skin.

Saatva's sateen sheets are woven with long-staple organic cotton yarn using a satin weave structure. This method creates a silky-soft fabric known for its luster and drape. Thread count is the number of horizontal (warp) and vertical (weft) threads in one square inch of cotton fabric. The higher the thread count, the warmer the fabric becomes.

Our organic sateen cotton is made of a 300 thread count weave, which gives them the perfect balance of breathability and softness. Our organic percale cotton is made of a 200 thread count weave, giving it even more breathability.

Washing the Saatva pillow is simple. Unzip and remove the core of shredded Talalay latex. The outer cover and pillow of microdenier fiber can be washed. Machine wash your bedding in cold water, with like colors, on a gentle cycle. Do not bleach. Tumble dry low and remove promptly—we've made our bedding slightly larger to account for natural shrinkage after first wash. Mild, organic detergents work best.

Saatva bedding is slightly oversized to account for natural shrinkage that occurs after the first wash. On our furniture pages, you'll have the ability to request material swatches. Simply click "Request swatches" under "Fabric & finish details", select the fabric you want a sample of, and enter your name and mailing address. We'll send out the swatches within 10 business days.

Specs of the upholstered bed frames:

Amalfi:

On the Amalfi bed frame, the slats where the foundations would sit are 7" off the floor. When pairing this frame with the 4.75" foundation, that would bring the surface of the foundation up to 11.75". The mattress would then sit on the foundation.

Please note, this is different than the Amalfi platform bed frame, as the Amalfi Platform does not require the use of a foundation

Copenhagen:

On the Copenhagen bed frame, the slats where the mattress would sit are 12.25" off the floor. The mattress will sit directly on the slats.

Halle:

On the Halle bed frame, the slats where the mattress would sit are 11.5" off the floor. The mattress will sit directly on the slats.

Lucerne:

On the Lucerne bed frame, the slats where the mattress would sit are 10" off the floor. The mattress will sit directly on the slats.

Marbella:

On the Marbella bed frame, the slats where the foundations would sit are 8" off the floor. When pairing this frame with the 4.75" foundation, that would bring the surface of the foundation up to 12.75". The mattress would then sit on the foundation.

Marseille:

On the Marseille bed frame, the slats where the foundations would sit are 11.1" off the floor. When pairing this frame with the 4.75" foundation, that would bring the surface of the foundation up to 15.85". The mattress would then sit on the foundation.

Minori:

On the Minori bed frame, the slats where the foundations would sit are 9" off the floor. When pairing this frame with the 4.75" foundation, that would bring the surface of the foundation up to 13.75". The mattress would then sit on the foundation.

Porto:

On the Porto bed frame, the slats where the mattress would sit are 11.5" off the floor. The mattress will sit directly on the slats.

Santorini/Santorini Platform:

On the Santorini and Santorini Platform bed frames, the slats where the mattress would sit are 12" off the floor. The mattress will sit directly on the slats.

Siena:

On the Siena bed frame, the slats where the mattress would sit are 11" off the floor. The mattress will sit directly on the slats.

Sydney:

On the Sydney bed frame, the flat platform where the mattress would sit is 12" off the floor. The mattress will sit directly on the flat platform.

Valencia:

On the Valencia bed frame, the slats where the mattress would sit are 12" off the floor. The mattress will sit directly on the slats.

Weight Capacity:

600 lbs.

Remove stains, spills, and dirt as soon as possible by treating with a mild, water-free dry-cleaning solvent. Vacuum to remove dust and dirt.

Our platform bed frames can be used with any Saatva mattress, but they cannot be used alone with Saatva HD or Zenhaven mattresses, as these mattresses require solid

support. In order to pair the platform bed frame with Saatva HD or Zenhaven, you must cover the slats with a solid material, such as plywood.

Our non-platform bed frames require a foundation and can be paired with any mattress. Note that Saatva HD requires pairing with the HD foundation, which is specifically designed to give it optimal support.

All of our non-platform bed frames are compatible with our 4.75" to 5" foundations. We do not recommend pairing any of our bed frames with a foundation taller than 5", as a taller foundation will be visible above the side rails.

Our platform beds do not require a foundation.