

# App Guide Drop Land 1

SageMotion  
Wearable Biofeedback System





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# Components



Hub



Nodes (8x)



Battery



Node Straps: *Medium (8x), Short (4x), Long (2x)*



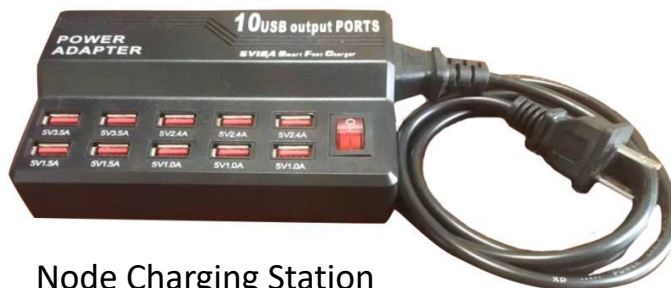
Cable A (10x)

-Connect Hub to Battery  
-Charge Nodes & Battery



Cable B (*optional use*)

-Connect Hub to Computer



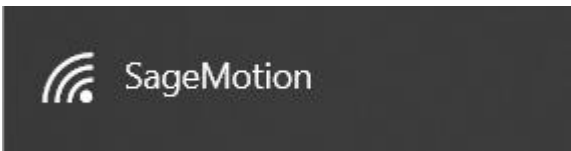
Node Charging Station

# Wirelessly Connect to Computer or Cellphone

## 1) Connect Cable A to Battery and to Hub



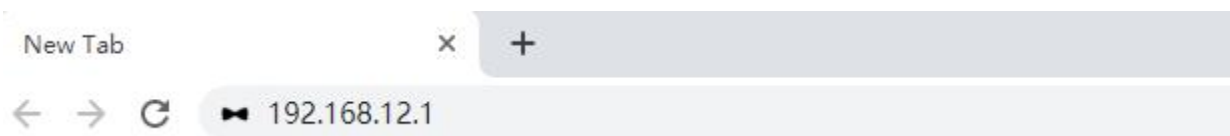
## 2) On Computer/Cellphone, Connect to Wi-Fi: "SageMotion"



*Note 1: Need to wait for up to 1 minute for "SageMotion" to appear in Wi-Fi list. If it doesn't appear, try turning the Wi-Fi off and then on again on the computer/cellphone.*

*Note 2: Hub is connected after clicking "Connect" even if in Windows it shows "Connecting" or "No internet, open".*

## 3) On Computer/Cellphone, in Chrome Address Bar, Go To <http://192.168.12.1>



**[Note] If Computer Doesn't Have Wi-Fi:** *plug in Cable B to the Hub and to the ethernet port of your computer, then in chrome address bar, go to **<http://192.168.137.1>***

# Drop Land 1 App

*The purpose of the Drop Land 1 App is to record, analyze, and provide feedback for knee and trunk angles while subjects perform single and double leg drop lands and jump cutting tasks.*

## 1) Turn on 5 Nodes

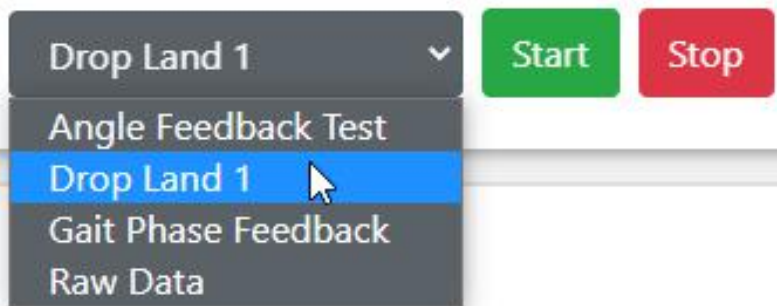


*Slide switch toward middle to turn node on*



*Green light will blink after the node is on and running*

## 2) Select “Drop Land 1” App



## 3) Click “Search”

**Node List**








# Drop Land 1 App (cont.)

4) Configure 3 Sensor Nodes and 2 Feedback Nodes as Shown Below:

Node List

Search

Connect

| Type       | Position       | MAC               |   |
|------------|----------------|-------------------|---|
| sensor ▼   | trunk ▼        | 88:6B:0F:E1:D8:9F |  |
| sensor ▼   | thigh_right ▼  | 88:6B:0F:E1:D8:96 |  |
| sensor ▼   | shank_right ▼  | 88:6B:0F:E1:D8:A6 |  |
| feedback ▼ | feedback_min ▼ | 88:6B:0F:E1:D8:9E |  |
| feedback ▼ | feedback_max ▼ | 88:6B:0F:E1:D8:A2 |  |

5) Click “Connect”

Node List

Search

Connect



6) “Ready to collect data” Will Appear after Node Connection is Complete

Drop Land 1 ▼

Start

Stop


✓ *Ready to collect data*



# Drop Land 1 App (cont.)

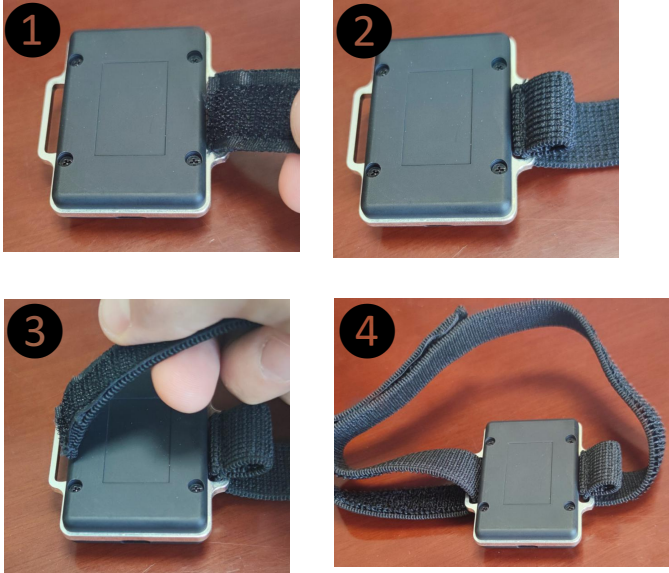
7) Thread Straps through Nodes and Attach at Locations Shown Below:

*All 5 node sensor orientations on/off switch must point upwards*













trunk node placed on the back of the torso

### How to Thread Straps



**[Note]** feedback\_min and feedback\_max nodes can be placed at any location

8) Click “Blink” for each Node to Confirm Correct Locations (red LED for given node blinks 3 times on click)

| Type     | Position     | MAC               |   |   |                        |
|----------|--------------|-------------------|---|---|------------------------|
| sensor   | shank_right  | 88:6B:0F:E1:D8:A6 |  |  | <button>Blink</button> |
| sensor   | thigh_right  | 88:6B:0F:E1:D8:96 |  |  | <button>Blink</button> |
| sensor   | trunk        | 88:6B:0F:E1:D8:9F |  |  | <button>Blink</button> |
| feedback | feedback_min | 88:6B:0F:E1:D8:9E |  |  | <button>Blink</button> |
| feedback | feedback_max | 88:6B:0F:E1:D8:A2 |  |  | <button>Blink</button> |



# Drop Land 1 App (cont.)

## 9) In App Configuration, Enter Settings (Example Below)

### App Configuration

|                                  |                     |
|----------------------------------|---------------------|
| Trial Name                       | drop1               |
| <b>Feedback Setting</b>          |                     |
| Feedback On?                     | No ▼                |
| Which Feedback Measurement?      | Trunk Front Angle ▼ |
| When Measured?                   | Initial Contact ▼   |
| Min Threshold Angle              | 5                   |
| Max Threshold Angle              | 10                  |
| Delay Time before Feedback (sec) | 0.05                |
| <b>Save Options</b>              |                     |
| Save Mode                        | xlsx ▼              |

**[Note]** “Delay Time before Feedback” is the amount of delay between the time when the land task is complete and when vibration starts. This can be configured as needed.

# Drop Land 1 App (cont.)

10) Click “Start” to Start Running the App





11) After the Trial is Finished, Click “Stop”



12) After Clicking “Stop”, a File from that Trial will Appear under Download Data. Click the File (e.g. drop1) to Download it to the Computer or Phone.

## Data Management

 Download Selected

 Delete Selected

| <input type="checkbox"/>            | Name         | Date▲               | Duration | App         | Type  | Size   | Rename  | Delete  |
|-------------------------------------|--------------|---------------------|----------|-------------|-------|--------|---|---|
| <input checked="" type="checkbox"/> | <u>drop1</u> | 2021-09-18-20-58-31 | 0:00:12  | Drop Land 1 | .xlsx | 2.3 MB |  |  |

# Drop Land 1 App (*cont.*)

## Description of Data in Downloaded File

**time** (sec): time since trial start

**landphase**: pre\_land (before initial contact), land (after initial contact during land task),  
post\_land (after land task is complete)

**TSA** (deg): trunk side angle (medial-lateral), positive is to the right

**TFA** (deg): trunk forward angle (anterior-posterior), positive is forward

**KFA\_right** (deg): knee flexion angle for the right leg

**KAA\_right** (deg): knee adduction angle for the right leg

**Feedback\_min**: feedback status for Feedback\_min node. 0 is “feedback off”; 1 is “feedback on”

**Feedback\_max**: feedback status for Feedback\_max node. 0 is “feedback off”; 1 is “feedback on”

**SensorIndex\_1/2/3**: index of raw sensor data

**AccelX/Y/Z\_1/2/3** (m/s<sup>2</sup>): raw acceleration data

**GyroX/Y/Z\_1/2/3** (deg/s): raw gyroscope data

**MagX/Y/Z\_1/2/3** (μT): raw magnetometer data

**Quat1/2/3/4\_1/2/3** : quaternion data

**Sampletime\_1/2/3**: timestamp of each sensor

**Package\_1/2/3**: package number of each sensor