

# Pharmacy Action Pharmisil

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

### 1. Why am I using Pharmacy Action Pharmisil?

Pharmacy Action Pharmisil contains the active ingredient terbinafine hydrochloride. Pharmacy Action Pharmisil is used to treat tinea of the feet, body, groin region and treat to candida (yeast) infections of the skin.

For more information, see Section [1. Why am I using Pharmacy Action Pharmisil?](#) in the full CMI.

### 2. What should I know before I use Pharmacy Action Pharmisil?

Do not use if you have ever had an allergic reaction to terbinafine hydrochloride or any of the ingredients listed at the end of the CMI.

Do not use Pharmacy Action Pharmisil on children under the age of 12 years old.

Do not use Pharmacy Action Pharmisil if the tube seal has been broken or is missing.

**Talk to your doctor or pharmacist if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I use Pharmacy Action Pharmisil?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with Pharmacy Action Pharmisil and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How do I use Pharmacy Action Pharmisil?

- Apply Pharmacy Action Pharmisil once daily.
- Apply a sufficient amount of the cream on the affected skin and surrounding area. Use only a thin layer of cream and rub in gently.

More instructions can be found in Section [4. How do I use Pharmacy Action Pharmisil ?](#) in the full CMI.

### 5. What should I know while using Pharmacy Action Pharmisil?

Things you should do	<ul style="list-style-type: none"><li>• While the signs of the infection may disappear after only using Pharmacy Action Pharmisil for a few days, it is important to continue use for the recommended period. The reason is that, if you use it for only a few days, you may not remove all of the fungi from the affected areas. And as a result, the infection may return soon after you stop using the product.</li><li>• Only apply the product externally, to the skin.</li></ul>
Looking after your medicine	<ul style="list-style-type: none"><li>• Store below 25°C.</li></ul>

For more information, see Section [5. What should I know while using Pharmacy Action Pharmisil?](#) in the full CMI.

### 6. Are there any side effects?

Common side effects are redness, itchiness or a stinging sensation in the areas where the cream has been applied.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

# Pharmacy Action Pharmisil

Active ingredient(s): *terbinafine hydrochloride*

## Consumer Medicine Information (CMI)

This leaflet provides important information about using Pharmacy Action Pharmisil. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Pharmacy Action Pharmisil.**

**Where to find information in this leaflet:**

- [1. Why am I using Pharmacy Action Pharmisil?](#)
- [2. What should I know before I use Pharmacy Action Pharmisil?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use Pharmacy Action Pharmisil?](#)
- [5. What should I know while using Pharmacy Action Pharmisil?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

## 1. Why am I using Pharmacy Action Pharmisil?

Pharmacy Action Pharmisil contains the active ingredient **terbinafine hydrochloride**. Pharmacy Action Pharmisil is a topical antifungal.

Pharmacy Action Pharmisil is used to treat tinea of the feet, body and groin region. Tinea, commonly known as ringworm, is an infection of the skin caused by a type of fungi called dermatophytes. Tinea between the toes is commonly known as athlete's foot.

Terbinafine is also useful to treat candida (yeast) infections of the skin. Yeasts are another type of fungus.

## 2. What should I know before I use Pharmacy Action Pharmisil?

### Warnings

**Do not use Pharmacy Action Pharmisil:**

- if you are allergic to terbinafine hydrochloride, or any of the ingredients listed at the end of this leaflet. Always check the ingredients to make sure you can use this medicine.
- if you find that the tube seal has been broken or missing. The product has tamper-evident packaging to help protect you from product tampering.
- on children under the age of 12 years old.

**Check with your doctor or pharmacist if you:**

- have any other medical conditions.
- take any medicines for any other conditions.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

## Pregnancy and breastfeeding

Do not use this product if you are pregnant or may become pregnant or if you are breastfeeding.

## 3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

**Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Pharmacy Action Pharmisil.**

## 4. How do I use Pharmacy Action Pharmisil?

### How much to use

- Apply Pharmacy Action Pharmisil once daily.
- Clean and thoroughly dry the affected areas on your skin.
- Apply a sufficient amount of the cream on the affected skin and surrounding area. Use only a thin layer of cream and rub in gently.
- If you need to apply Pharmacy Action Pharmisil between your toes, fingers or buttocks, under a breast or armpit, or in the groin region, cover the area with gauze after the cream has been applied. This is particularly useful at bedtime.
- How long you need to apply Pharmacy Action Pharmisil for depends on the type of infection you have:
  - Tinea (athlete's foot, ringworm, jock itch) – 7 days.
  - Tinea infection on the sole of the foot – 2-4 weeks.
  - Candida (yeast) infections – 1-2 weeks.
- You should apply Pharmacy Action Pharmisil only to the skin outside of the body. Wash your hands after use.

Avoid applying the cream near your eyes or touching your eyes while you still have the cream on your hands. In case of accidental contact with the eyes rinse the eyes

thoroughly with running water and if any symptoms persist see your doctor.

Follow the instructions provided with the medicine.

Do not exceed the recommended dosage.

## If you accidentally take Pharmacy Action Pharmisil

If Pharmacy Action Pharmisil has been accidentally swallowed, particularly by a child, you may need urgent medical attention.

**You should immediately:**

- phone the Poisons Information Centre (**by calling 13 11 26**); or
- contact your doctor; or
- go to the Emergency Department at your nearest hospital.

**You should do this even if there are no signs of discomfort or poisoning.**

## 5. What should I know while using Pharmacy Action Pharmisil?

### Things you should do

- While the signs of the infection may disappear after only using Pharmacy Action Pharmisil for a few days, it is important to continue use for the recommended period. The reason is that, if you use it for only a few days, you may not remove all of the fungi from the affected areas. And as a result, the infection may return soon after you stop using the product.
- If there is no improvement in your condition after using Pharmacy Action Pharmisil for the recommended time, see your doctor or pharmacist.

### Looking after your medicine

- Store below 25°C.

Follow the instructions in the carton on how to take care of your medicine properly.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink; or
- in the car or on window sills.

**Keep it where young children cannot reach it.**

### When to discard your medicine

- Do not use after the expiry date shown on the pack.

### Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

## 6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions.

### Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none"><li>• Redness.</li><li>• Itchiness.</li><li>• Stinging sensation.</li></ul>	<b>Speak to your doctor or pharmacist if you have any of these less serious side effects and they worry you.</b>

**Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

### Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side effects, you can help provide more information on the safety of this medicine.

## 7. Product details

This medicine is available over-the-counter without a doctor's prescription.

### What Pharmacy Action Pharmisil contains

<b>Active ingredient (main ingredient)</b>	Terbinafine hydrochloride
<b>Other ingredients (inactive ingredients)</b>	Sorbitan monostearate Cetyl palmitate Polysorbate 60 Cetyl alcohol Stearyl alcohol Isopropyl myristate Sodium hydroxide
<b>Potential allergens</b>	Benzyl alcohol

### What Pharmacy Action Pharmisil looks like

Pharmacy Action Pharmisil is a white to almost white cream (AUST R 407304).

### Who distributes Pharmacy Action Pharmisil

Generic Health Pty Ltd  
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