

# LIDOCAINE NORIDEM

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

### 1. Why am I using Lidocaine Noridem?

**Lidocaine Noridem** contains the active ingredient lidocaine(lignocaine) hydrochloride. **Lidocaine Noridem** is used to prevent or relieve pain, but it will not put you to sleep.

For more information, see Section [1. Why am I using Lidocaine Noridem?](#) in the full CMI.

### 2. What should I know before I use Lidocaine Noridem?

Do not use if you have ever had an allergic reaction to lidocaine (lignocaine) hydrochloride or any other local anaesthetics eg. Bupivacaine or any of the ingredients listed at the end of the CMI.

**Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I use Lidocaine Noridem?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with **Lidocaine Noridem** and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How do I use Lidocaine Noridem?

**Lidocaine Noridem** will be injected by your doctor into the skin, near a single nerve, or into an area which contains a large number of nerves. More information can be found in Section [4. How do I use Lidocaine Noridem?](#) in the full CMI.

### 5. What should I know while using Lidocaine Noridem?

|                             |  |
|-----------------------------|--|
| Things you should do        | <ul style="list-style-type: none"><li>Tell your Doctor if you have any of the medical conditions listed in Section 2 below. It may not be safe for you to take <b>Lidocaine Noridem</b> if you have any of these conditions.</li></ul> |
| Things you should not do    | <ul style="list-style-type: none"><li>Do not drink alcohol while you are being given <b>Lidocaine Noridem</b></li></ul>  |
| Driving or using machines   | <ul style="list-style-type: none"><li><b>Lidocaine Noridem</b> may cause drowsiness and your reflexes may be slow.</li></ul>   |
| Drinking alcohol            | If you drink alcohol while you are being given <b>Lidocaine Noridem</b> your blood pressure may drop making you feel dizzy and faint.  |
| Looking after your medicine | <b>Lidocaine Noridem</b> will be stored by your doctor or pharmacist under the recommended conditions.   |

For more information, see Section [5. What should I know while using Lidocaine Noridem?](#) in the full CMI.

### 6. Are there any side effects?

If **Lidocaine Noridem** is given wrongly, or you are very sensitive to it, it sometimes causes fits, unconsciousness, breathing problems, low blood pressure, slow heartbeat, collapse. Some mild side effects that may occur include tremors, nervousness, dizziness, blurred vision, numbness, nausea, vomiting.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

# LIDOCAINE NORIDEM

Active ingredient(s): *Lidocaine (Lignocaine) hydrochloride*

## Consumer Medicine Information (CMI)

This leaflet answers some of the common questions people ask about **Lidocaine Noridem**. It does not contain all the information that is known about **Lidocaine Noridem**.

It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor will have weighed the risks of you taking **Lidocaine Noridem** against the benefits they expect it will have for you.

**If you have any concerns about being given this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.**

You may need to read it again.

**You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using **Lidocaine Noridem**.**

**Where to find information in this leaflet:**

- [1. Why am I using \*\*Lidocaine Noridem\*\*?](#)
- [2. What should I know before I use \*\*Lidocaine Noridem\*\*?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use \*\*Lidocaine Noridem\*\*?](#)
- [5. What should I know while using \*\*Lidocaine Noridem\*\*?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

## 1. Why am I using LIDOCAINE NORIDEM INJECTION?

**Lidocaine Noridem** contains the active **lidocaine (lignocaine) hydrochloride**. **Lidocaine Noridem** belongs to a group of medicines called local anaesthetics. It is injected into the body where it makes the nerves unable to pass messages to the brain.

**Lidocaine Noridem** is used to prevent or relieve pain, but it will not put you to sleep.

**Lidocaine Noridem** is also used after surgery to relieve pain. It can also be used to make childbirth less painful.

Depending on the amount used, **Lidocaine Noridem** will either totally stop pain or will cause a partial loss of feeling.

**Lidocaine Noridem** is sometimes combined with adrenaline (epinephrine) to make it last longer. Adrenaline (epinephrine) makes the blood vessels at the site of injection narrower, which keeps the **Lidocaine Noridem** where it is needed for a longer time.

Your doctor will have explained why you are being treated with **Lidocaine Noridem** and told you what dose you will be given.

Your doctor may prescribe this medicine for another use. Ask your doctor if you want more information.

**Lidocaine Noridem** is not addictive.

## 2. What should I know before I use LIDOCAINE NORIDEM INJECTION?

### Warnings

**Do not use **Lidocaine Noridem** if:**

- you are allergic to **Lidocaine (Lignocaine) hydrochloride** or any of the ingredients listed at the end of this leaflet.
- If you have allergies to other local anaesthetics eg bupivacaine
- Always check the ingredients to make sure you can use this medicine.
- If you are pregnant or breastfeeding do not use **Lidocaine Noridem** unless your doctor says so.
- **Lidocaine Noridem** will only be used if the solution is clear, the package is undamaged and the use by (expiry) date marked on the pack has not been passed.
- you have any of these medical conditions
  - problems with your blood pressure or circulation
  - blood poisoning
  - problems with the clotting of your blood
  - nerve problems, e.g. epilepsy
  - heart, liver or kidney problems
  - thyroid problems
  - malignant hyperthermia
  - diabetes
  - skin infections

It may not be safe for you to take **Lidocaine Noridem** if you have any of these conditions.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

### Pregnancy and breastfeeding

**If you are pregnant or breastfeeding do not use **Lidocaine Noridem** unless your doctor says so. Ask your doctor about the risks and benefits of using this medicine while you are pregnant or breastfeeding.**

**Lidocaine Noridem** has been widely used during pregnancy and there have been no reports of any ill effects on the baby. It can be used during childbirth.

Your baby can take in very small amounts of **Lidocaine Noridem** from breast milk if you are breastfeeding, but it is unlikely that the amount available to the baby will do any harm.

### 3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

**Tell your doctor if you are taking any other medicines, including**

- ones to control your heart beat
- ones for blood pressure (anti- hypertensives)
- ones for epilepsy or fits
- ones for depression
- cimetidine
- any medicines that you buy at the chemist, supermarket or health food shop.

These medicines may affect the way **Lidocaine Noridem** works.

Your doctor or pharmacist can tell you what to do if you are taking any of these medicines.

**If you have not told your doctor about any of these things, tell them before you are given any Lidocaine Noridem**

**Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Lidocaine Noridem.**

### 4. How do I use LIDOCAINE NORIDEM INJECTION?

**Lidocaine Noridem** will be injected by your doctor into the skin, near a single nerve, or into an area which contains a large number of nerves.

This will result in an area of numbness at the site of injection, near the site of injection or in an area that may seem unrelated to the site of injection. The last will be the case if you are given an EPIDURAL injection (an injection around the spinal cord).

**Lidocaine Noridem** should not be injected directly into the blood.

The dosage you will be given will depend on your body size, age and the type of pain relief required. Your doctor will have had a lot of experience injecting **Lidocaine Noridem** or other local anaesthetics and will choose the best dose for you. They will be willing to discuss this decision with you.

### Overdose

**The doctor giving you Lidocaine Noridem will be experienced in the use of local anaesthetics, so it is unlikely that you will be given an overdose.**

However, if you are particularly sensitive to Xylocaine **Lidocaine Noridem**, or the dose is accidentally injected directly into your blood, you may develop problems for a short time with your sight or hearing. You may get a numb feeling in or around the mouth, feel dizzy or stiff, or have twitchy muscles.

Whenever you are given **Lidocaine Noridem**, equipment will be available to care for you if an overdose happens.

### 5. What should I know while using LIDOCAINE NORIDEM INJECTION?

#### Driving or using machines

**Be careful before you drive or use any machines or tools until you know how Lidocaine Noridem affects you.**

**Lidocaine Noridem** may cause drowsiness and your reflexes may be slow

#### Drinking alcohol

**Do not drink alcohol while you are being given Lidocaine Noridem.**

If you drink alcohol while you are being given **Lidocaine Noridem** your blood pressure may drop making you feel dizzy and faint.

**Tell your doctor if you drink alcohol.**

**Please talk to your doctor or pharmacist about these possibilities if you think they may bother you. Looking after your medicine**

#### Storage

**Lidocaine Noridem** will be stored by your doctor or pharmacist under the recommended conditions.

**Lidocaine Noridem should be kept in a cool dry place where the temperature stays below 25 °C and protected from light.**

#### Getting rid of any unwanted medicine

Any **Lidocaine Noridem** from a single dose preparation which is not used, will be disposed of in a safe manner by your doctor or pharmacist.

### 6. Are there any side effects?

**Tell your doctor or nurse as soon as possible if you do not feel well while you are being given Lidocaine Noridem.**

**Lidocaine Noridem** will help relieve pain in most people, but it may have unwanted side-effects.

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

### Less serious side effects

| Less serious side effects   | What to do   |
|---|--|
| <b>Gastrointestinal-related:</b> <ul style="list-style-type: none"><li>nausea (feeling sick)</li><li>vomiting</li></ul> <b>Nervous system-related:</b> <ul style="list-style-type: none"><li>nervousness</li><li>dizziness</li><li>blurred vision</li><li>drowsiness</li><li>ringing in the ears</li><li>tremors</li><li>numbness</li><li>feeling strange (disoriented)</li></ul> | <b>Tell your doctor or nurse if you notice any of these less serious side effects and they worry you</b> |

These are all mild side effects of **Lidocaine Noridem**

After an epidural injection you may develop a headache or backache which is not related to the medicine used. These can, on rare occasions, last for some months after the injection is given.

### Serious side effects

If **Lidocaine Noridem** is given wrongly, or you are very sensitive to it, it sometimes causes:

| Serious side effects   | What to do  |
|--|---|
| <b>Nervous system-related:</b> <ul style="list-style-type: none"><li>fits</li><li>unconsciousness</li><li>collapse</li></ul> <b>Respiratory-related:</b> <ul style="list-style-type: none"><li>breathing problems</li></ul> <b>Cardiovascular system-related:</b> <ul style="list-style-type: none"><li>low blood pressure</li><li>slow heart beat</li></ul> | <b>These are all serious side effects. You may need urgent medical attention.</b> |

**Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

### Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side effects, you can help provide more information on the safety of this medicine.

## 7. Product details

**Lidocaine Noridem** solutions are clear and colourless.

This medicine is only available with a doctor's prescription.

### What Lidocaine Noridem solution contains

|   |   |
|---|---|
| <b>Active ingredient (main ingredient)</b>      | lidocaine (lignocaine) hydrochloride <b>monohydrate</b>     |
| <b>Other ingredients (inactive ingredients)</b> | sodium chloride<br>sodium hydroxide<br>water for Injections |

### What LIDOCAINE NORIDEM looks like

#### LIDOCAINE NORIDEM 1%

contains lidocaine (lignocaine) hydrochloride 10 mg/mL  
in 5 X 2 mL polypropylene ampoules  
AUST R 375334

5 x 5 mL polypropylene ampoules  
AUST R 375332

5 x 20 mL polypropylene ampoules  
AUST R 375331

#### LIDOCAINE NORIDEM 2%

contains lidocaine (lignocaine) hydrochloride 20 mg/mL  
in 5 x 2 mL polypropylene ampoules  
AUST R 375333  
5 x 5mL polypropylene ampoules  
AUST R 375330  
5 x 20 mL polypropylene ampoules  
AUST R 375335

### Who distributes Lidocaine Noridem

Interpharma Pty Ltd  
Suite 103/39 East Esplanade,  
Manly NSW 2095, Sydney,  
Australia  
Ph: 02 9976 6876  
[admin@interpharma.com.au](mailto:admin@interpharma.com.au)

This leaflet was revised in July 2022