

SITAGLIN

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about taking this medicine, speak to your doctor or pharmacist.

1. Why am I taking SITAGLIN?

SITAGLIN contains the active ingredient Sitagliptin hydrochloride monohydrate. SITAGLIN is used to lower blood sugar levels in adults with type 2 diabetes mellitus.

For more information, see Section [1. Why am I taking SITAGLIN?](#) in the full CMI.

2. What should I know before I take SITAGLIN?

Do not use if you have ever had an allergic reaction to SITAGLIN or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I take SITAGLIN?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with SITAGLIN and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I take SITAGLIN?

- Take SITAGLIN once a day by mouth, with or without food.

More instructions can be found in Section [4. How do I take SITAGLIN?](#) in the full CMI.

5. What should I know while taking SITAGLIN?

| | |
|------------------------------------|---|
| Things you should do | <ul style="list-style-type: none">• Remind any doctor, dentist or pharmacist you visit that you are taking SITAGLIN.• Call your doctor straight away if you become pregnant while taking SITAGLIN. |
| Things you should not do | <ul style="list-style-type: none">• Do not stop taking this medicine suddenly• Do not give SITAGLIN to anyone else, even if they have the same condition as you. |
| Driving or using machines | <ul style="list-style-type: none">• There is no information to suggest that SITAGLIN affects your ability to drive or use machines. |
| Drinking alcohol | <ul style="list-style-type: none">• There are no information available. |
| Looking after your medicine | <ul style="list-style-type: none">• Keep your tablets in the blister pack until it is time to take them.• Store SITAGLIN in a cool dry place away from moisture, heat or sunlight. |

For more information, see Section [5. What should I know while taking SITAGLIN?](#) in the full CMI.

6. Are there any side effects?

Serious side effects in particular that need to be noted are:

- Allergic reactions including rash, hives, swelling of the face, lips, tongue, and throat with difficulty in breathing or swallowing.
- Severe and persistent stomach pain, often with nausea and vomiting.
- Low blood sugar when used in combination with a sulfonylurea medicine or with insulin.
- Blisters or the breakdown of your skin (erosion).
- Kidney problems.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

SITAGLIN (sit-ah-GLEN)

Active ingredient(s): *[Sitagliptin hydrochloride monohydrate]*

Consumer Medicine Information (CMI)

This leaflet provides important information about taking SITAGLIN. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about taking SITAGLIN.**

Where to find information in this leaflet:

- [1. Why am I taking SITAGLIN?](#)
- [2. What should I know before I take SITAGLIN?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I take SITAGLIN?](#)
- [5. What should I know while taking SITAGLIN?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I taking SITAGLIN?

SITAGLIN contains the active ingredient Sitagliptin hydrochloride monohydrate. SITAGLIN is a member of a class of medicines you take by mouth called DPP-4 inhibitors (dipeptidyl peptidase-4 inhibitors) that lowers blood sugar levels in adults with type 2 diabetes mellitus.

SITAGLIN is used to lower blood sugar levels in adults with type 2 diabetes mellitus. SITAGLIN can be used alone or in combination with certain other medicines that lower blood sugar along with a recommended diet and exercise program.

2. What should I know before I take SITAGLIN?

Warnings

Do not take SITAGLIN if:

- you are allergic to Sitagliptin hydrochloride monohydrate, or any of the ingredients listed at the end of this leaflet.
- Always check the ingredients to make sure you can take this medicine.

Check with your doctor if you:

- have or have had type 1 diabetes mellitus.
- have or have had increased ketones in the blood or urine (diabetic ketoacidosis).
- have or have had any kidney problems or any past or present medical problems.
- take any medicines for any other condition.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant. SITAGLIN is not recommended for use during pregnancy.

Talk to your doctor if you are breastfeeding or intend to breastfeed. You should not take SITAGLIN while breastfeeding or if planning to breastfeed.

Children

Children and adolescents below 18 years should not use this medicine. SITAGLIN is not effective in children and adolescents 10 to 17 years of age with type 2 diabetes. SITAGLIN has not been studied in children younger than 10 years of age.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with SITAGLIN and affect how it works.

Medicines that may cause low blood sugar when used in combination with SITAGLIN include:

- Sulfonylurea
- Insulin

A reduction in the amount of the sulfonylurea or insulin may be required.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect SITAGLIN.

4. How do I take SITAGLIN?

How much to take

- Take once a day by mouth, with or without food.
- If you have kidney problems, your doctor may prescribe lower doses, and monitor your kidney function. Your doctor may prescribe on its own, or with certain other medicines that lower blood sugar.
- Follow the instructions provided and take SITAGLIN until your doctor tells you to stop.

When to take SITAGLIN

- SITAGLIN should be taken at about the same time each day.

If you forget to take SITAGLIN

SITAGLIN should be taken regularly at the same time each day. If you miss your dose at the usual time, take it as soon as you remember.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose you missed.

If you take too much SITAGLIN

If you think that you have taken too much SITAGLIN, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling **13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while taking SITAGLIN?

Things you should do

Diet and exercise can help your body use its blood sugar better. It is important to stay on your doctor's recommended diet, exercise and weight loss program while taking SITAGLIN.

Call your doctor straight away if you:

- If you become pregnant while taking SITAGLIN.
- If you are about to be started on any new medicine, tell your doctor and pharmacist that you are taking SITAGLIN.

Remind any doctor, dentist or pharmacist you visit that you are taking SITAGLIN.

Things you should not do

- Do not stop taking this medicine suddenly. Continue to take SITAGLIN as long as your doctor prescribes it so it can continue to help control your blood sugar.
- Do not give to anyone else, even if they have the same condition as you.

Driving or using machines

There is no information to suggest that SITAGLIN affects your ability to drive a car or operate machinery.

Drinking alcohol

Tell your doctor if you drink alcohol.

No information available about the use of Alcohol.

Looking after your medicine

- Keep your tablets in the blister pack until it is time to take them.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Keep it where young children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

| Less serious side effects | What to do |
|---|--|
| <ul style="list-style-type: none">Signs of an infection of the breathing passages including runny nose, sore throat, cough, soreness in the back of the nose and throat and discomfort when swallowing, headache, flu-like symptoms:- Stomach discomfort and vomiting, diarrhea or constipation.- Muscle aches or pain in the joints, back, arm, or leg- Itching, or blisters or the breakdown of your skin (erosion). | Speak to your doctor if you have any of these less serious side effects and they worry you. |

Serious side effects

| Serious side effects | What to do |
|--|--|
| <ul style="list-style-type: none">Allergic reactions including rash, hives, and swelling of the face, lips, tongue, and throat that may cause difficulty in breathing or swallowing. | Stop taking SITAGLIN. Call your doctor straight away, |

| | |
|--|---|
| <ul style="list-style-type: none"> • Severe and persistent stomach pain, often with nausea and vomiting. These may be symptoms of pancreatitis. Pancreatitis can be a serious, potentially life-threatening medical condition. • Low blood sugar when SITAGLIN is used in combination with a sulfonylurea medicine or with insulin. • Severe blistering or the breakdown of your skin (erosion). • Kidney problems (sometimes requiring dialysis). | or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects. |
|--|---|

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What SITAGLIN contains

| | |
|---|---|
| Active ingredient (main ingredient) | Sitagliptin hydrochloride monohydrate 25, 50 or 100mg per tablet |
| Other ingredients (inactive ingredients) | Microcrystalline cellulose Calcium hydrogen phosphate Croscarmellose sodium Magnesium stearate Sodium stearyl fumarate Film coating <u>25mg tablet strength</u> Lactose monohydrate Hypromellose Titanium dioxide Triacetin Iron oxide red <u>50mg and 100mg tablet strength</u> |

| | |
|----------------------------|--|
| | Polyvinyl alcohol Macrogol 3350 Purified talc Titanium dioxide Iron oxide red Iron oxide yellow |
| Potential allergens | - |

Do not take this medicine if you are allergic to any of these ingredients.

What SITAGLIN looks like

SITAGLIN 25mg is a round shaped, biconvex pink film coated tablets debossed with "LC" on one side and plain on other side. (AUST R 384757)

SITAGLIN 50 mg is a round shaped, biconvex orange film coated tablets debossed with "C" on one side and plain other side. (AUST R 384798)

SITAGLIN 100 mg is a round shaped, biconvex beige film coated tablets debossed with "L" on one side and plain on other side. (AUST R 384799)

Who distributes SITAGLIN

Maple Healthcare Pty Ltd

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Australia

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This leaflet was prepared in April 2023.