

EXHIBIT C-1

DECLARATION BY LANDLORD AND TENANT
AS TO DATE OF DELIVERY AND ACCEPTANCE OF
POSSESSION, NEW PREMISES COMMENCEMENT DATE, ETC.

THIS DECLARATION is hereby attached to and made a part of the First Amendment to Deed of Lease (the "First Amendment") dated December 4, 2012 entered into by and between JBG/OLD DOMINION OFFICE, L.L.C., a Delaware limited liability company, as Landlord, and PRO MOTION PHYSICAL THERAPY, LLC, a Virginia limited liability company, as Tenant, which amends that certain Deed of Lease dated September 1, 2007 between the parties, as amended (collectively, the "Original Lease"). All terms used in this Declaration shall have the same meanings as they have in the Original Lease, as modified by the First Amendment (collectively, the "Lease").

(i) Landlord and Tenant do hereby declare that possession of the New Premises was accepted by Tenant on June 1, 2013;

(ii) The New Premises Commencement Date is hereby established to be November 1, 2012;

(iii) As of the date hereof, the Lease is in full force and effect, and Landlord has fulfilled all of its obligations under the Lease required to be fulfilled by Landlord on or prior to said date;

(iv) The expiration date of the New Premises Term is hereby established to be May 31, 2018, unless the Lease or the New Premises Term is sooner terminated pursuant to any provision of the Lease or pursuant to law.

[Signatures appear on the following page.]

WITNESS:

LANDLORD:

JBG/OLD DOMINION OFFICE, L.L.C., a
Delaware limited liability company

By: JBG/Company Manager III,
L.L.C., a Delaware limited
liability company,
Its Managing Member

By: Aufowall

By: [Signature]
Name: Steve Bonacci
Its: Authorized Signatory

WITNESS:

TENANT:

PRO MOTION PHYSICAL THERAPY, LLC,
a Delaware limited liability
company

By: Pro Motion PT
Name: Tina Singh
Its: Tina Singh

By: Pro Motion PT
Name: [Signature]
Its: Scott Wagner