

Trigonometric Substitution

Dr. Nijat Aliyev

BHOS

Calculus

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If we change the variable from x to θ by the substitution $x = a \sin \theta$, then the identity $1 - \sin^2 \theta = \cos^2 \theta$ leads us to get rid off the root sign since

$$\sqrt{a^2 - x^2} = \sqrt{a^2 - a^2 \sin^2 \theta} = \sqrt{a^2(1 - \sin^2 \theta)} = \sqrt{a^2 \cos^2 \theta} = a |\cos \theta|$$

We can make the inverse substitution $x = a \sin \theta$ provided that it defines a one-to-one function. This can be accomplished by restricting θ to lie in the interval $[-\pi/2, \pi/2]$.

TABLE OF TRIGONOMETRIC SUBSTITUTIONS

Expression	Substitution	Identity
$\sqrt{a^2 - x^2}$	$x = a \sin \theta, \quad -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$	$1 - \sin^2 \theta = \cos^2 \theta$
$\sqrt{a^2 + x^2}$	$x = a \tan \theta, \quad -\frac{\pi}{2} < \theta < \frac{\pi}{2}$	$1 + \tan^2 \theta = \sec^2 \theta$
$\sqrt{x^2 - a^2}$	$x = a \sec \theta, \quad 0 \leq \theta < \frac{\pi}{2} \text{ or } \pi \leq \theta < \frac{3\pi}{2}$	$\sec^2 \theta - 1 = \tan^2 \theta$

Trigonometric Subst.

EXAMPLE I Evaluate $\int \frac{\sqrt{9-x^2}}{x^2} dx$.

SOLUTION Let $x = 3 \sin \theta$, where $-\pi/2 \leq \theta \leq \pi/2$. Then $dx = 3 \cos \theta d\theta$ and

$$\sqrt{9-x^2} = \sqrt{9-9\sin^2\theta} = \sqrt{9\cos^2\theta} = 3|\cos\theta| = 3\cos\theta$$

(Note that $\cos \theta \geq 0$ because $-\pi/2 \leq \theta \leq \pi/2$.) Thus the Inverse Substitution Rule gives

$$\begin{aligned}\int \frac{\sqrt{9-x^2}}{x^2} dx &= \int \frac{3\cos\theta}{9\sin^2\theta} 3\cos\theta d\theta \\ &= \int \frac{\cos^2\theta}{\sin^2\theta} d\theta = \int \cot^2\theta d\theta \\ &= \int (\csc^2\theta - 1) d\theta \\ &= -\cot\theta - \theta + C\end{aligned}$$

Trigonometric Subst.

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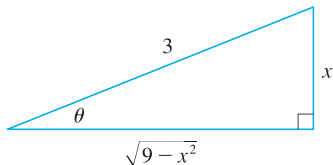
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Or by the diagram



From the diagram

$\cot \theta = \frac{\sqrt{9-x^2}}{x}$ and $\theta = \sin^{-1}(x/3)$. So,

$$\int \frac{\sqrt{9-x^2}}{x^2} dx = -\frac{\sqrt{9-x^2}}{x} - \sin^{-1}\left(\frac{x}{3}\right) + C$$

Trigonometric Subst.

V EXAMPLE 2 Find the area enclosed by the ellipse

$$\frac{x^2}{a^2} + \frac{y^2}{b^2} = 1$$

SOLUTION Solving the equation of the ellipse for y , we get

$$\frac{y^2}{b^2} = 1 - \frac{x^2}{a^2} = \frac{a^2 - x^2}{a^2} \quad \text{or} \quad y = \pm \frac{b}{a} \sqrt{a^2 - x^2}$$

Because the ellipse is symmetric with respect to both axes, the total area A is four times the area in the first quadrant (see Figure 2). The part of the ellipse in the first quadrant is given by the function

$$y = \frac{b}{a} \sqrt{a^2 - x^2} \quad 0 \leq x \leq a$$

and so

$$\frac{1}{4}A = \int_0^a \frac{b}{a} \sqrt{a^2 - x^2} \, dx$$

To evaluate this integral we substitute $x = a \sin \theta$. Then $dx = a \cos \theta d\theta$. To change the limits of integration we note that when $x = 0$, $\sin \theta = 0$, so $\theta = 0$; when $x = a$, $\sin \theta = 1$, so $\theta = \pi/2$. Also

$$\sqrt{a^2 - x^2} = \sqrt{a^2 - a^2 \sin^2 \theta} = \sqrt{a^2 \cos^2 \theta} = a |\cos \theta| = a \cos \theta$$

since $0 \leq \theta \leq \pi/2$. Therefore

$$\begin{aligned} A &= 4 \frac{b}{a} \int_0^a \sqrt{a^2 - x^2} dx = 4 \frac{b}{a} \int_0^{\pi/2} a \cos \theta \cdot a \cos \theta d\theta \\ &= 4ab \int_0^{\pi/2} \cos^2 \theta d\theta = 4ab \int_0^{\pi/2} \frac{1}{2} (1 + \cos 2\theta) d\theta \\ &= 2ab \left[\theta + \frac{1}{2} \sin 2\theta \right]_0^{\pi/2} = 2ab \left(\frac{\pi}{2} + 0 - 0 \right) = \pi ab \end{aligned}$$

We have shown that the area of an ellipse with semiaxes a and b is πab . In particular, taking $a = b = r$, we have proved the famous formula that the area of a circle with radius r is πr^2 .

EXAMPLE 3 Find $\int \frac{1}{x^2 \sqrt{x^2 + 4}} dx$.

SOLUTION Let $x = 2 \tan \theta$, $-\pi/2 < \theta < \pi/2$. Then $dx = 2 \sec^2 \theta d\theta$ and

$$\sqrt{x^2 + 4} = \sqrt{4(\tan^2 \theta + 1)} = \sqrt{4 \sec^2 \theta} = 2 |\sec \theta| = 2 \sec \theta$$

Thus we have

$$\int \frac{dx}{x^2 \sqrt{x^2 + 4}} = \int \frac{2 \sec^2 \theta d\theta}{4 \tan^2 \theta \cdot 2 \sec \theta} = \frac{1}{4} \int \frac{\sec \theta}{\tan^2 \theta} d\theta$$

To evaluate this trigonometric integral we put everything in terms of $\sin \theta$ and $\cos \theta$:

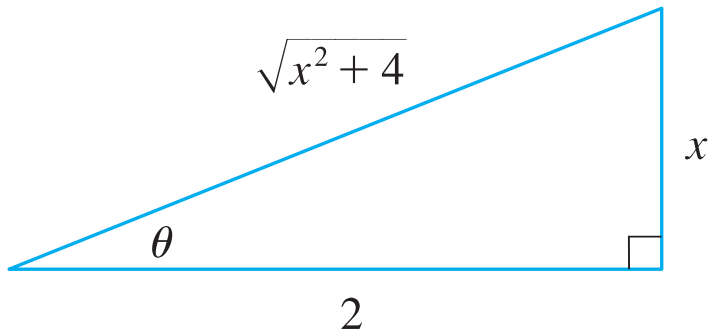
$$\frac{\sec \theta}{\tan^2 \theta} = \frac{1}{\cos \theta} \cdot \frac{\cos^2 \theta}{\sin^2 \theta} = \frac{\cos \theta}{\sin^2 \theta}$$

Therefore, making the substitution $u = \sin \theta$, we have

$$\begin{aligned}\int \frac{dx}{x^2 \sqrt{x^2 + 4}} &= \frac{1}{4} \int \frac{\cos \theta}{\sin^2 \theta} d\theta = \frac{1}{4} \int \frac{du}{u^2} \\ &= \frac{1}{4} \left(-\frac{1}{u} \right) + C = -\frac{1}{4 \sin \theta} + C \\ &= -\frac{\csc \theta}{4} + C\end{aligned}$$

We use Figure 3 to determine that $\csc \theta = \sqrt{x^2 + 4}/x$ and so

$$\int \frac{dx}{x^2 \sqrt{x^2 + 4}} = -\frac{\sqrt{x^2 + 4}}{4x} + C$$



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EXAMPLE 5 Evaluate $\int \frac{dx}{\sqrt{x^2 - a^2}}$, where $a > 0$.

SOLUTION I We let $x = a \sec \theta$, where $0 < \theta < \pi/2$ or $\pi < \theta < 3\pi/2$. Then $dx = a \sec \theta \tan \theta d\theta$ and

$$\sqrt{x^2 - a^2} = \sqrt{a^2(\sec^2 \theta - 1)} = \sqrt{a^2 \tan^2 \theta} = a |\tan \theta| = a \tan \theta$$

Therefore

$$\begin{aligned} \int \frac{dx}{\sqrt{x^2 - a^2}} &= \int \frac{a \sec \theta \tan \theta}{a \tan \theta} d\theta \\ &= \int \sec \theta d\theta = \ln |\sec \theta + \tan \theta| + C \end{aligned}$$

The triangle in Figure 4 gives $\tan \theta = \sqrt{x^2 - a^2}/a$, so we have

$$\begin{aligned} \int \frac{dx}{\sqrt{x^2 - a^2}} &= \ln \left| \frac{x}{a} + \frac{\sqrt{x^2 - a^2}}{a} \right| + C \\ &= \ln |x + \sqrt{x^2 - a^2}| - \ln a + C \end{aligned}$$

Writing $C_1 = C - \ln a$, we have

$$\boxed{\text{I}} \quad \int \frac{dx}{\sqrt{x^2 - a^2}} = \ln |x + \sqrt{x^2 - a^2}| + C_1$$

EXAMPLE 7 Evaluate $\int \frac{x}{\sqrt{3 - 2x - x^2}} dx$.

SOLUTION We can transform the integrand into a function for which trigonometric substitution is appropriate by first completing the square under the root sign:

$$\begin{aligned} 3 - 2x - x^2 &= 3 - (x^2 + 2x) = 3 + 1 - (x^2 + 2x + 1) \\ &= 4 - (x + 1)^2 \end{aligned}$$

This suggests that we make the substitution $u = x + 1$. Then $du = dx$ and $x = u - 1$, so

$$\int \frac{x}{\sqrt{3 - 2x - x^2}} dx = \int \frac{u - 1}{\sqrt{4 - u^2}} du$$

We now substitute $u = 2 \sin \theta$, giving $du = 2 \cos \theta d\theta$ and $\sqrt{4 - u^2} = 2 \cos \theta$, so

$$\begin{aligned}\int \frac{x}{\sqrt{3 - 2x - x^2}} dx &= \int \frac{2 \sin \theta - 1}{2 \cos \theta} 2 \cos \theta d\theta \\&= \int (2 \sin \theta - 1) d\theta \\&= -2 \cos \theta - \theta + C \\&= -\sqrt{4 - u^2} - \sin^{-1}\left(\frac{u}{2}\right) + C \\&= -\sqrt{3 - 2x - x^2} - \sin^{-1}\left(\frac{x + 1}{2}\right) + C\end{aligned}$$