Hibernate is an ORM(Object relational Mapping) framework

It is a wrapper over JDBC

Advantages of Hibernate

* It reduces boiler code and provide the concept of ORM
* It provides Lazy loading, this means the data will be fetched from the database when it is needed by the user
* It also provides caching
* Hibernate supports Inheritance, Associations, Collections
* Hibernate supports Relationships like one to one, one to many, many to many
* It supports HQL which is independent of any database, So we have flexibility and Scalability in our code

Disadvantages of Hibernate

* It is a heavy framework which reduces performance of the code