

## SOAP Note

**S:** Patient reports 1 week history of discomfort on lower left side; mild swelling noted when chewing. No reported bleeding. **O:** Clinical exam reveals early gingival infection/gingivitis localized to tooth #19 (lower left second molar). No suppuration or significant periodontal pocket noted. **A:** Early localized gingival infection (gingivitis) around tooth #19. **P:** - Prescribe antibiotic (e.g., Amoxicillin 500 mg PO TID x 7 days) – patient educated on course and possible side effects. - Schedule prophylactic dental cleaning in 2 weeks to reduce plaque accumulation. - Advise patient to monitor pain/swelling; call office if pain intensifies or swelling spreads. - Return visit for reevaluation postantibiotic and cleaning.

## Patient Summary

I'm sorry you've been feeling uncomfortable in your mouth. Here's a simple recap of what we talked about at your visit. --- **What we did** - Checked your teeth and gums – I saw early signs of a gum infection around the lower left back tooth (tooth #19). - Prescribed an antibiotic – this medicine will help fight the infection. - Set up a cleaning appointment – we'll see you again in two weeks for a professional cleaning to remove plaque and keep the area healthy. --- **What to expect** - The antibiotic should start making the infection better in a few days. - Swelling and pain should lessen as the medicine works. - The cleaning in two weeks will help prevent the infection from coming back. --- **Do's and Don'ts** **Do** - Take the antibiotic exactly as the label says (usually every 8–12 hours). - Keep up good oral hygiene: brush twice a day and floss gently around the sore area. - Eat soft foods (soups, yogurt, mashed potatoes) while the area is tender. **Don't** - Skip any doses of the antibiotic. - Use a hard-bristled brush or scrub the infected gum too hard. - Smoke or use tobacco products, as they can slow healing. --- **When to call** - The pain gets worse instead of better. - Swelling spreads to other parts of your face or jaw. - You notice any new bleeding, pus, or fever. - You have trouble taking the antibiotic (allergic reaction, stomach upset, etc.). --- **Next steps** 1. Start the antibiotic today as prescribed. 2. Follow the home care tips above for the next few days. 3. Come back for the cleaning in two weeks (we'll call you to confirm the date). 4. Contact us right away if any of the warning signs above appear. Feel free to call the office with any questions. We're here to help you get back to feeling comfortable!