

Welcome to YogAI

your AI yoga companion

Learn

Practice

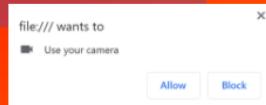
About yogAI



Instructions

1.

Accept camera access
and wait for the
webcam to load.



2.

Perform the same pose
as the image on the
right, making sure to
face the same direction.



3.

Hold for 10 seconds.
The timer will restart if
you make a mistake.
Make sure to complete
all six poses. Enjoy!



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Start →

Learn



Mountain



00:10

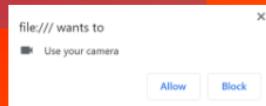
seconds left to hold

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Instructions

1.

Accept camera access
and wait for the
webcam to load.



2.

Perform the pose and
hold for 30 seconds

3.

The timer will restart if
you make a mistake.



Remember to breathe!

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Practice



Mountain
00:30

seconds left to hold

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About yogAI

[GitHub](#)

Hey there! Welcome to yogAI, developed in 2020 by Rohit Jaiswar, Sahil Jaju, Tanisha Katyal, Ishita kulkarni .

I created yogAI inspired by various Machine Learning models for visual recognition I experimented with during my internship. This is my first Machine Learning model and my first attempt at Web Development. I have loved (almost) every second of this project and I have learnt more than I could have imagined.

YogAI uses Pose.Net, developed by Google's TensorFlow, and ml5.js, a JavaScript library for Machine Learning on the browser. Most of my learning was following The Coding Train's YouTube playlist on Pose Estimation.



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