```
<!DOCTYPE html>
<html lang="en">
    <meta charset="UTF-8">
    <meta name="viewport" content="width=device-width, initial-scale=1.0">
    <title>Document</title>
    <link rel="stylesheet" href="day eleven.css">
</head>
    <div class="heading">
    <h1>Bodyweight exercises</h1>
    </div>
    <div class="container">
            <div class="element">
            <img src="https://www.shutterstock.com/image-vector/man-doing-</pre>
plank-push-ups-260nw-2088036730.jpg" alt="">
            <h2>Pushups</h2>
            </div>
            <div class="element">
src="https://static.vecteezy.com/system/resources/thumbnails/005/580/040/small
/woman-doing-front-and-back-lunges-exercise-flat-illustration-isolated-on-
white-background-free-vector.jpg" alt="">
            <h2>Lunges</h2>
            </div>
            <div class="element">
            <img src="https://www.shutterstock.com/image-photo/smiling-fit-</pre>
man-black-shorts-260nw-509751625.jpg" alt="">
            <h2>Squats</h2>
            </div>
            <div class="element">
src="https://static.vecteezy.com/system/resources/previews/008/572/869/origina
1/man-doing-the-squat-thrust-burpee-position-in-3-steps-exercise-flat-
illustration-isolated-on-white-background-vector.jpg" alt="">
                <h2>Burpees</h2>
                </div>
                <div class="element">
                <img src="https://www.shutterstock.com/image-vector/man-doing-</pre>
chair-bench-tricep-260nw-1999116869.jpg" alt="">
                <h2>Tricep Dips </h2>
                </div>
                <div class="element">
                <img src="https://www.shutterstock.com/image-vector/man-doing-</pre>
plank-get-ups-260nw-2169479483.jpg" alt="">
                <h2>Plank</h2>
                </div>
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<div class="element">
                <img
src="https://media.istockphoto.com/id/1205223535/vector/jogging-
man.jpg?s=612x612&w=0&k=20&c=bVDJ34IArr-KqnSSClp996w3Rs4b80Cefk0v7aux100="
alt="">
                <h2>Running</h2>
                </div>
                <div class="element">
src="https://www.shutterstock.com/shutterstock/photos/1989504371/display_1500/
stock-vector-man-doing-inchworms-walkouts-exercise-flat-vector-illustration-
isolated-on-white-background-1989504371.jpg" alt="">
                <h2>Inchworms</h2>
                </div>
                <div class="element">
src="https://i.pinimg.com/736x/31/38/ab/3138abef718f430e12bffe755a3df8cc.jpg"
alt="">
                <h2>Cat-Cow pose</h2>
                </div>
    </div>
</body>
</html>
   margin: 0px;
    padding: 0px;
    background-color: gray;
.container{
   width: 60vw;
   margin: auto;
   margin-top: 10px;
   margin-bottom: 40px;
   border-color: red;
   background-color: white;
   justify-content: center;
   align-items: center;
    padding: 40px 40px 10px 40px;
    border-radius: 25px;
    display: grid;
    grid-template-columns: 1fr 1fr 1fr;
.element{
    justify-content: center;
```

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align-items: center;
    margin: auto;
    padding: 10px;
    margin-bottom: 30px;
    box-shadow: 15px 15px 5px rgb(167, 167, 167);
.element img{
   height: 180px;
   width: 200px;
object-fit: cover;
.element h2{
   text-align: center;
    color: white;
.heading{
   width: 65vw;
   margin: auto;
margin-top: 20px;
 margin-bottom: 20px;
.heading h1{
   text-align: center;
   background-color: gray;
    padding: 30px;
   border-radius:15px ;
    color: white;
   border: 4px solid white;
.heading h1:hover{
    background-color: white;
    color: gray;
.element:hover{
   padding: 5px;
   border: 5px solid gray;
  box-shadow: 20px 20px 5px rgb(98, 98, 98);
.element img:hover{
   width: 205px;
```