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<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>Document</title>
  <link rel="stylesheet" href="day eleven.css">
</head>
<body>
  <div class="heading">
    <h1>Bodyweight exercises</h1>
  </div>
  <div class="container">

    <div class="element">
      
      <h2>Pushups</h2>
    </div>
    <div class="element">
      
      <h2>Lunges</h2>
    </div>
    <div class="element">
      
      <h2>Squats</h2>
    </div>
    <div class="element">
      
      <h2>Burpees</h2>
    </div>
    <div class="element">
      
      <h2>Tricep Dips </h2>
    </div>
    <div class="element">
      
      <h2>Plank</h2>
    </div>
  </div>

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        <div class="element">
            
            <h2>Running</h2>
        </div>
        <div class="element">
            
            <h2>Inchworms</h2>
        </div>
        <div class="element">
            
            <h2>Cat-Cow pose</h2>
        </div>

    </div>

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</body>
</html>

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*{
    margin: 0px;
    padding: 0px;
    background-color: gray;
}
.container{
    width: 60vw;
    margin: auto;
    margin-top: 10px;
    margin-bottom: 40px;
    border-color: red;
    background-color: white;
    justify-content: center;
    align-items: center;
    padding: 40px 40px 10px 40px;
    border-radius: 25px;
    display: grid;
    grid-template-columns: 1fr 1fr 1fr;
}
.element{
    justify-content: center;

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    align-items: center;
    margin: auto;
    padding: 10px;
    margin-bottom: 30px;
    box-shadow: 15px 15px 5px rgb(167, 167, 167);
}
.element img{
    height: 180px;
    width: 200px;
object-fit: cover;
}
.element h2{
    text-align: center;
    color: white;
}
.heading{
    width: 65vw;
    margin: auto;
    margin-top: 20px;
    margin-bottom: 20px;
}
.heading h1{
    text-align: center;
    background-color: gray;
    padding: 30px;
    border-radius: 15px;
    color: white;
    border: 4px solid white;
}
.heading h1:hover{
    background-color: white;
    color: gray;
}
.element:hover{
    padding: 5px;
    border: 5px solid gray;
    box-shadow: 20px 20px 5px rgb(98, 98, 98);
}
.element img:hover{
    width: 205px;
}
```