

Kings, Hants, Annapolis & Digby regions

<b>Principal Client Name:</b> Kashish Kumari <b>Principal Client email:</b> kashishverma.kv0327@gmail.com <b>Eligibility Documents:</b> <ul style="list-style-type: none"> <li>Completed Job Offer Form <input checked="" type="radio"/> Yes <input type="radio"/> No</li> <li>Confirmation of Designation <input type="radio"/> Yes <input type="radio"/> No</li> </ul> <b>Employer Business Name:</b> Windsor Pharmasave <b>Contact person:</b> Krista Trider	<b>Needs Assessment Session Date:</b> 07/21/2025 <b>Intake Counsellor:</b> Vimesh Desai <b>Intake Counsellor email:</b> vdesai@isans.ca <b>Intake Counsellor phone:</b> +1 (902) 406 0129
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SETTLEMENT PRIORITIES	
<b>Principal Client:</b>	The client and the employer can refer to links provided in this settlement plan. - The client came to Ca
<b>Spouse:</b>	The same settlement needs. - The Spouse came to Canada directly to NS (Port of Entry - Halifax) on
	 _____ Spouse Signature
<b>Dependents:</b>	N/A
<b>Signed:</b>	 _____ Employee
	_____ Employer

<b>Settlement Orientation:</b>
<b>General Information</b>
<p><b>Useful Links:</b></p> <ul style="list-style-type: none"> <li>• Directory of Agencies, etc.: <a href="http://valleytourism.ca/">http://valleytourism.ca/</a></li> <li>• Information &amp; Referrals Nova Scotia: <a href="http://www.ns.211.ca/">http://www.ns.211.ca/</a></li> <li>• First Steps: <a href="https://liveinnovascotia.com/">https://liveinnovascotia.com/</a></li> <li>• Social Insurance Number: <a href="https://www.canada.ca/en/employment-social-development/services/sin.html">https://www.canada.ca/en/employment-social-development/services/sin.html</a></li> <li>• Temporary Accommodation: <a href="http://www.booking.com/region/ca/nova-scotia.html">http://www.booking.com/region/ca/nova-scotia.html</a></li> <li>• Taxis (Cabs): <a href="https://downtownhalifax.ca/transit-taxis">https://downtownhalifax.ca/transit-taxis</a></li> <li>• Canada Post Offices: <a href="https://www.canadapost.ca/web/en/home.page">https://www.canadapost.ca/web/en/home.page</a></li> <li>• Nova Scotia News: <a href="https://novascotia.ca/">https://novascotia.ca/</a></li> <li>• General information about NS: <a href="https://beta.novascotia.ca/">https://beta.novascotia.ca/</a></li> <li>• Nova Scotia Government website: <a href="https://novascotia.ca/government/">https://novascotia.ca/government/</a></li> </ul>
<b>Additional Support Specifically for Immigrants</b>
<ul style="list-style-type: none"> <li>• YMCA: <a href="https://www.yishfx.ca/">https://www.yishfx.ca/</a></li> </ul>
<b>Transportation</b>
<p>Car Rentals-Halifax International Airport: <a href="https://halifaxstanfield.ca/parking-transport/rental-cars/">https://halifaxstanfield.ca/parking-transport/rental-cars/</a></p> <p>Taxis companies- Halifax: <a href="https://downtownhalifax.ca/transit-taxis">https://downtownhalifax.ca/transit-taxis</a></p> <p>Taxi rates and services to various areas in NS: <a href="https://www.taxifarefinder.com/main.php?city=Halifax">https://www.taxifarefinder.com/main.php?city=Halifax</a></p> <p>Access Nova Scotia (Driving License and registration): <a href="https://novascotia.ca/driving-and-road-safety/">https://novascotia.ca/driving-and-road-safety/</a></p>
<b>Health</b>
<ul style="list-style-type: none"> <li>• Medical Service Insurance(MSI): <a href="http://novascotia.ca/dhw/MSI/">http://novascotia.ca/dhw/MSI/</a></li> <li>• Family Pharmacare Program: <a href="https://novascotia.ca/dhw/pharmacare/contact.asp">https://novascotia.ca/dhw/pharmacare/contact.asp</a></li> <li>• General Information about Canadian Healthcare System: <a href="https://www.canada.ca/en/health-canada/topics/health-care-systems.html">https://www.canada.ca/en/health-canada/topics/health-care-systems.html</a></li> <li>• To find a Family Physician : <a href="https://novascotia.ca/dhw/physicians/">https://novascotia.ca/dhw/physicians/</a></li> </ul> <p>Until you find your own physician, you can...</p> <ul style="list-style-type: none"> <li>• YourHealthNS: <a href="https://www.yourhealthns.ca/services">https://www.yourhealthns.ca/services</a></li> <li>• Access 24 hours registered nurse line, phone# 811 <a href="http://811.novascotia.ca/">http://811.novascotia.ca/</a></li> <li>• Access Walk in Clinics: <a href="https://ns.skipthewaitingroom.com/">https://ns.skipthewaitingroom.com/</a></li> <li>• Nova Scotia Hospitals: <a href="https://www.nshealth.ca/locations-and-facilities">https://www.nshealth.ca/locations-and-facilities</a></li> </ul> <p><b>Kings County Walk-in Clinics</b></p> <ul style="list-style-type: none"> <li>• Eastern Kings Memorial Community Health Centre 23 Earnscliffe Avenue, Wolfville, NS Tel: (902) 542-0528</li> </ul>

- **Western Kings Memorial Health Centre**  
121 Orchard Street, RR3, P.O. Box 490 Berwick,  
NS, B0P 1E0  
Tel: (902) 538-3111

### Government & Finance

- Revenue Canada: Income Tax, HST Credit, Canada Child Benefit: <http://www.cra-arc.gc.ca/menu-eng.html>
- Exchange Foreign Money: <http://www.cic.gc.ca/english/newcomers/after-money.asp>

#### Bank Account:

List of banks and credit unions in Canada: [https://en.wikipedia.org/wiki/List\\_of\\_banks\\_and\\_credit\\_unions\\_in\\_Canada](https://en.wikipedia.org/wiki/List_of_banks_and_credit_unions_in_Canada)

There are five large Canadian chartered banks:

- Scotiabank - [www.scotiabank.com](http://www.scotiabank.com)
- The Royal Bank of Canada (RBC) - [www.rbc.com](http://www.rbc.com)
- Canadian Imperial Bank of Commerce (CIBC) - [www.cibc.com](http://www.cibc.com)
- TD Canada Trust - [www.tdcanadatrust.com](http://www.tdcanadatrust.com)
- Bank of Montreal (BMO) - [www.bmo.com](http://www.bmo.com)

There are also foreign banks, credit unions and savings banks.

- Credit Unions: <https://www.ccu.com>

#### Insurance

- Get Auto Insurance Quotes in Nova Scotia <https://www.surex.com/Insurance/auto-car/halifax>
- Insurance Brokers Association Of Nova Scotia: <http://www.ibans.com/brokersmap.html>

### Housing & Accommodations

- Housing for Newcomers- Buying and Renting: <https://housing.novascotia.ca/>
- Residential Tenancies Act- Nova Scotia: <https://beta.novascotia.ca/programs-and-services/residential-tenancies-program>
- Renting a home in Canada: <https://www.canada.ca/en/immigration-refugees-citizenship/services/new-immigrants/new-life-canada/housing/renting.html>

#### Accommodations:

- Home away vacation rentals - Houses , cottages and more: <https://www.vrbo.com/en-ca/>
- Places to Stay: <http://www.novascotia.com/places-to-stay/accommodations>
- Trip Advisor Canada (Across Canada-hotels, motels, restaurants and more): <http://www.tripadvisor.ca/>

#### Where to search for permanent housing:

- The Saltwire - <https://www.saltwire.com/nova-scotia/>
- Kijiji ( Across Canada )-renting and buying: <http://www.kijiji.ca/b-apartments-condos/nova-scotia/c3719002>
- Universal Reality Group ( Halifax, NS )- rental: <https://universalgroup.ca/commercial/spring-garden-place?BonshawCPC>

Utilities - Nova Scotia Power: <http://www.nspower.ca/en/home/default.aspx>

<b>Childcare, Primary &amp; Secondary Education</b>
<ul style="list-style-type: none"> <li>• Guide to Nova Scotia Schools: <a href="https://novascotiainmigration.com/wp-content/uploads/2013/03/Newcomers-Guide.pdf">https://novascotiainmigration.com/wp-content/uploads/2013/03/Newcomers-Guide.pdf</a></li> <li>• NS Child Care Directory : <a href="http://www.ednet.ns.ca/earlyyears/families/">http://www.ednet.ns.ca/earlyyears/families/</a></li> <li>• Child Care Subsidy: <a href="https://www.ednet.ns.ca/earlyyears/families/childcaresubsidy.shtml">https://www.ednet.ns.ca/earlyyears/families/childcaresubsidy.shtml</a></li> <li>• The public school boards in your region are:             <ul style="list-style-type: none"> <li>– <b>West Hants, Kings, Annapolis Counties</b> – Annapolis Valley Regional School Board - <a href="http://www.avrsb.ca">www.avrsb.ca</a></li> <li>– <b>East Hants County</b> - Chignecto-Central Regional School Board - <a href="http://www.ccrsb.ca">www.ccrsb.ca</a></li> <li>– <b>Digby County</b> - Tri-County School Board - <a href="http://www.tcrsb.ca">www.tcrsb.ca</a></li> </ul> </li> </ul>
<b>Recreation &amp; Community Resources</b>
<p><u>Communities:</u></p> <ul style="list-style-type: none"> <li>• Annapolis Valley Nova Scotia: <a href="http://www.valleytourism.ca/">http://www.valleytourism.ca/</a></li> <li>• Digby Nova Scotia: <a href="http://www.digby.ca/">http://www.digby.ca/</a></li> </ul> <p><u>Libraries:</u></p> <ul style="list-style-type: none"> <li>• Kings, West Hants, Annapolis Counties – Annapolis Valley Public Library - <a href="http://www.valleylibrary.ca">www.valleylibrary.ca</a>, locations: Annapolis Royal, Berwick, Bridgetown, Hantsport, Kentville, Kingston, Lawrencetown, Middleton, Port Williams, Wolfville and Windsor</li> <li>• East Hants County - Colchester–East Hants Public Library - <a href="http://cehlibrary.ednet.ns.ca">http://cehlibrary.ednet.ns.ca</a>, locations: Elmsdale, Mount Uniacke</li> <li>• Digby County – Western Counties Regional Libraries - <a href="http://www.westerncounties.ca">www.westerncounties.ca</a>, locations: Digby, Westport, Weymouth, Meteghan (Clare)</li> </ul> <p><u>Recreation:</u></p> <ul style="list-style-type: none"> <li>• Canada Travel Guide-Things to do for fun: <a href="https://www.novascotia.com/trip-ideas/itineraries?gclid=EAIaIQobChMI4_zljPw9QIVy8mUCR1QlwR0EAAAYASAAEgJKt_D_BwE">https://www.novascotia.com/trip-ideas/itineraries?gclid=EAIaIQobChMI4_zljPw9QIVy8mUCR1QlwR0EAAAYASAAEgJKt_D_BwE</a></li> <li>• Visit Nova Scotia and Explore: <a href="https://www.novascotia.com/trip-ideas">https://www.novascotia.com/trip-ideas</a></li> <li>• Parks in Nova Scotia: <a href="https://parks.novascotia.ca/content/parks-by-region">https://parks.novascotia.ca/content/parks-by-region</a></li> <li>• Gardens in Nova Scotia: <a href="http://www.gardenvisit.com/gardens/in/canada/nova_scotia">http://www.gardenvisit.com/gardens/in/canada/nova_scotia</a></li> <li>• Beaches in Nova Scotia: <a href="http://nsbeaches.com/">http://nsbeaches.com/</a></li> </ul>
<b>The Law</b>
<ul style="list-style-type: none"> <li>• Nova Scotia Legal Aid Services: <a href="https://www.nslegalaid.ca/contact-us/">https://www.nslegalaid.ca/contact-us/</a></li> <li>• Legal Information Society of NS: <a href="https://www.legalinfo.org/i-have-a-legal-question/lawyers-legal-help/#free-and-low-cost-legal-help-in-nova-scotia">https://www.legalinfo.org/i-have-a-legal-question/lawyers-legal-help/#free-and-low-cost-legal-help-in-nova-scotia</a></li> </ul>
<b>Employment &amp; Career Supports:</b>
<b>Language Assessment</b>
<ul style="list-style-type: none"> <li>• Language Assessment Services of Nova Scotia: <a href="https://www.learnenglishns.org/">https://www.learnenglishns.org/</a></li> </ul>
<b>English Language Training</b>
<ul style="list-style-type: none"> <li>• Find a language school in your area: <a href="http://www.languagescanada.ca/en">http://www.languagescanada.ca/en</a></li> </ul>

Post-Secondary Education
<ul style="list-style-type: none"> <li>Live and Study in Nova Scotia: <a href="http://studynovascotia.ca">http://studynovascotia.ca</a></li> <li>School Boards and Public Schools- Nova Scotia: <a href="https://www.ednet.ns.ca/contact/schools.shtml">https://www.ednet.ns.ca/contact/schools.shtml</a></li> <li>Directory of Canadian colleges and universities: <a href="https://univcan.ca/universities/member-universities/">https://univcan.ca/universities/member-universities/</a></li> </ul>
Job Search & Job Maintenance Supports
<ul style="list-style-type: none"> <li>Finding a Job: “Work Here” info and job-search portals: <a href="https://liveinnovascotia.com/finding-job">https://liveinnovascotia.com/finding-job</a></li> <li>National Occupational Classification <a href="https://noc.esdc.gc.ca/Structure/Noc2021">https://noc.esdc.gc.ca/Structure/Noc2021</a></li> <li>Regulated and Non-Regulated Occupations <a href="https://www.cicic.ca/928/find_out_if_your_occupation_is_regulated_or_not.canada">https://www.cicic.ca/928/find_out_if_your_occupation_is_regulated_or_not.canada</a></li> </ul>
Service Providing Organizations in Nova Scotia
<ul style="list-style-type: none"> <li> <a href="#">Antigonish Women’s Resource Centre &amp; Sexual Assault Service Association</a>  <b>Program Name: Antigonish Guysborough Immigrant Support Program (AGISP)</b>            219 Main Street            Antigonish, NS, B2G 1V8            Services available in Antigonish and Guysborough counties            Telephone #: 902-318-3985            Email: <a href="mailto:jubanti@awrcsasa.ca">jubanti@awrcsasa.ca</a>            Website: <a href="http://www.awrcsasa.ca">www.awrcsasa.ca</a>            Services provided:            Advertising on the AIP            Partnership with Government organization working directly with employers such as the Chamber of Commerce, Atlantic Canada Opportunities Agency etc.            Information &amp; Support with navigating the NSOI website            Referrals to the right services as per the expressed need            Information sessions for community, potential candidates, employers and students.         </li> </ul>

- [Fédération acadienne de la Nouvelle-Écosse \(FANE\)](#)

54 Queen St

Dartmouth, NS, B2Y 1G3

Services available in Atlantic Canada

Telephone #: 902-433-0065

Email: [avantarrivee@immigrationfrancophonene.ca](mailto:avantarrivee@immigrationfrancophonene.ca)

Website: <https://www.acadiene.ca/>

Services provided:

Settlement

- Needs assessment and settlement plan
- Information and orientation sessions
- Referrals and individual pre-arrival follow-up

Community connections

- Community services discovery
- Mentorship and support programs
- Information on Atlantic Acadian and Francophone communities

Support in seeking employment

- Employment needs assessment
- Information on the Canadian labour market
- Workshops on tools and strategies for employment search
- Individual pre-arrival follow-up

- [Cape Breton Island Centre for Immigration \(CBICI\)](#)

319 Charlotte St

Sydney, NS, B1P 1E1

Services available in Cape Breton Island

Telephone #: 902-270-5772

Email: [nparuch@newdawn.ca](mailto:nparuch@newdawn.ca)

Website: <https://cbici.ca/>

Services provided:

Needs Assessments

Case Management

Referrals: language classes, license, health services, employment readiness (connections and support) community services/organizations

Orientation to public services: school, hospitals, public transportation

Workshops and information sessions

Community outreach and education

- [YMCA Centre for Immigrant Programs](#)

104-7071 Bayers Road  
Halifax, NS, B3L 2C2

Services available in HRM and province wide in NS

Telephone #: 902-457-9622  
Email: [ysis@halifax.ymca.ca](mailto:ysis@halifax.ymca.ca)  
Website: <https://ymcahfx.ca/>

Services provided:

Intake and Needs Assessment AIP  
AIP Settlement Plans  
Settlement Services  
On-site School Settlement  
Academic Support  
Language Learning  
Active Living  
Youth Outreach  
Community Connections  
Day trips and Outings  
Employment and Education consulting  
Provincial Wide Settlement Services  
Yreach program—***settlement and language services*** to newcomers outside of HRM

- [Immigrant Services Association of Nova Scotia](#)

6960 Mumford Road, Suite 2120  
Halifax, NS, B3L 4P1

Services available in HRM and province wide in NS

Telephone #: 902-423-3607  
Email: [intake@isans.ca](mailto:intake@isans.ca)  
Website: <http://www.isans.ca/>

Services provided:

Intake and Needs Assessment AIP  
Settlement Plans  
English Language Training  
Employment Support (Pre-arrival and Post-arrival)  
Business Support (Pre-arrival and Post-arrival)  
Employer Support Services  
Community Integration Services