Assumptions

monitors (relationship between staff and EquipmentMaintenance)
- All equipment must be monitered by staff
- Not all staff need to moniter equipment

process (relationship between staff and Bills)
- All Bills must be processed by staff
- Not all staff process Bills

manages (relationship between staff and RoomBookings)
- All RoomBookings must be managed by staff
- Not all staff manage RoomBookings

updates (relationship between staff and Classes)
- All Classes can only update by staff
- Not all staff update Classes

generate (relationship between Members and Bills)
- All Bills must generate from a member
- Not all members generate Bills

register (relationship between Members and Classes)
- All classes must register members
- Not all members register for classes

make (relationship between Members and ExerciseRoutines)
- Exercise routines are made from a member
- Not all members make exercise routines

book (relationship between Members and sessions)
- All sessions must be booked from a member
- Not all members book sessions

build (relationship between Members and FitnessGoals)
- All fitness goals must be build from a member
- Not all members build fitness goals

input (relationship between Members and Health Metrics)
- All health metrics are inputted from a member
- Not all members input health metrics

create (relationship between Trainers and sessions)
- All sessions are created from a trainer
- Not all trainers create sessions