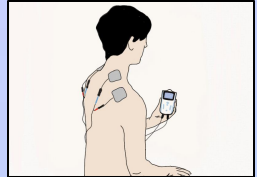


Transcutaneous Electrical Nerve Stimulation

What is this useful for?

- Migraines
- Neuropathic pain
- Fibromyalgia



Risks

Although TENS, being a non-implantable device, doesn't pose any complications associated with surgical procedures or implantation, there can still be minor (reversible) risks to watch out for:

- Mild electrical burns resulting from inappropriate use
- Prickling, tingling sensations
- Dizziness, headache, pain at the site of stimulation
- Minor skin irritations due to the adhesive on the pads
- Seizures in post-stroke patients

TENS as a treatment option?

Are there any other questions that you may want to ask a clinician to weigh in the pros and cons of TENS? What other clarifications could you seek for the risks mentioned above to make an informed decision?