

Tremor

Who is affected?

- Age – more common in ages 40 or above
- Both men and women affected equally
- 50-70% of cases result due to an inherited condition (Essential Tremor, the most common form of Tremor, often occurs early in life)

Neuroscience of Tremor

Movement coordination is controlled by the brain region Cerebellum. Essential Tremor (ET), has been identified to be accompanied with a mild degeneration of a brain area known as Cerebellum. More research is needed to shed light on the exact cause of ET.