

# Obsessive Compulsive Disorder

## Who is affected?

- Symptoms usually start between late childhood and young adulthood
- Can run in families (10-20% of children who have a parent with OCD end up developing OCD)
- About 1 to 3 % of the global population suffers from OCD

## Neuroscience of OCD

There is a lack of evidence pointing out the exact brain mechanisms behind OCD. Certain brain areas have been identified to be overactive in people with OCD. While brain imaging has revealed differences between someone who has OCD and someone who doesn't, the exact cause is still not clear.